

## Mt. Rainier backcountry

**Thursday morning, March 25, as we headed to Mt. Rainier**

we heard that there had been new snow overnight. We had to wait for the National Park Service to open the roads. We sat at Longmire, eating our lunches in our cars until noon, as the eight inches of snow in the Paradise parking lot was plowed. Once we got to the Narada Falls viewpoint, we had a great time skiing down, with the new snow slowing our decent.

Friday, with a light fog and a little mist in the air, we skied from the Paradise Lodge lot; the snow was a bit heavier. We skied around the Paradise Valley Road  
continued on page 3



Ken Wenzel

## Shelter Cove—COVID-safe

**Eight ONC-PDX skiers enjoyed a COVID-safe ski trip to Shelter Cove at Willamette Pass, the first week of February.** To ensure a safe trip, we allowed only half the number that could have been accommodated in the two large condos—every person or couple had their own room! For our potlucks, we prepared food in advance, only allowing one person at a time to serve themselves using their own clean utensils. We sat appropriate distances apart and wore masks where appropriate. Everyone felt safe.

But we came to ski and ski we did! We were treated to sunshine every day of the trip, but because of clear cold nights, we started skiing later than normal—about 10:00 a.m. Still, with few other skiers on the trails, we had a wonderful time, skiing past Bechtel Shelter (which was closed for COVID reasons) the first day; on the second, we skied to and mostly around Gold Lake; and third day some relaxed and others skied at Odell Lake Resort, where the trails were groomed (for a change). All had a wonderful time and plan to return next year.

**Ted Scheinman, Trip Leader**



Ted Scheinman

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## The Not John Craig 2021

**The John Craig trip happened this year, March, 19–21, but it was more of a “Not John Craig.”** We had 14 people sign up, but due to a variety of injuries and day job responsibilities, we ended up with eight participants staying in hotel rooms.

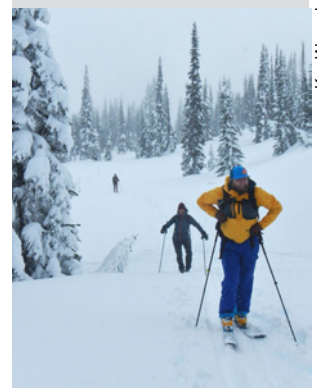
The official John Craig event was cancelled, but ONC-PDX was there for a pleasant day of skiing. The wind packed powder made a blanket of pure delight on both days. Speaking of wind, it was pretty windy heading up the road to the Dee Wright Observatory. Only the brave made it past windy point. The snow made for such fast skiing on the way down that we had to stop and rest our calf muscles.

On Sunday we skied from Benson Sno-Park. Again, incredible snow conditions—wind packed powder under clear blue skies. Speaking of wind, check this video ([youtube.com/watch?v=iHkQLveyBBY](https://www.youtube.com/watch?v=iHkQLveyBBY)) Catherine took of Tim on the trail.

Participants: Sam Digard, Tim and Catherine Keith, Johanna Lovell, Kathleen Walsh, Hindi Iserhott, and Ken and Debby Wenzel.

**Sam Digard, Trip Leader**

Ken’s Mt. Rainier trip



Ken Wenzel

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## EDITORIAL NOTES

**The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.**

Send submissions to oncnnewsletter@gmail.com

as a Microsoft Word

document, or

compatible program

(no formatting i.e., no

bold text, all caps

text, tabs or other

settings) as a

attachment (preferred);

compatible text files

as an attachment; and

put text in an email

with no formatting.

Photos: send as jpg

attachment.

**Corrections:** email

corrections and/or

additions to the editor.

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# U P C O M I N G E V E N T S

**May 4 ▶ TUESDAY**

**New Hikes in NW Oregon and SW Washington**

7:00 p.m. Lets talk skiing—share ski adventures and where to ski!

7:30 p.m. Program Online, via Zoom.



**May 13 ▶ THURSDAY**

**Women's Info Session Q&A with PMR**

6:00 p.m. If you are interested in learning about the PMR mission and potentially joining their team, please join us as we host some of the female faces of the organization! We will cover the mission and role of PMR in the community, walk through the application and tryout process, and answer any questions you might have. Open to everyone but will have a focus on the female, female identifying, and non-binary people interested in joining PMR.

Register here: [us02web.zoom.us/join/1116192272821/WN\\_Ewroy-\\_VQkuu9sMqal8c7g](https://us02web.zoom.us/join/1116192272821/WN_Ewroy-_VQkuu9sMqal8c7g)

**May 18 ▶ TUESDAY**

**Virtual Views & Brews: Shake Alert Earthquake Early Warning in the PNW**

6:00 p.m.–7:00 p.m.

Info and sign in: [mshinstitute.org/learn/volcano-](https://mshinstitute.org/learn/volcano-views-brews.html)

[views-brews.html](https://mshinstitute.org/learn/volcano-views-brews.html)

**May 19 ▶ WEDNESDAY**

**Solve Downtown Cleanups**

8:45 a.m.–11:30 a.m. SW Morrison St. & 18th Ave., Tom McCall Waterfront Park, The Benson Hotel, and I-405 Corridor

Info and sign up: [solveoregon.org/solvecalendar](https://solveoregon.org/solvecalendar)

**May ▶ EVERY DAY**

**Backpacking 101 virtual presentation**

If you missed the program last month you can watch it here: [youtube.com/watch?v=2WKIk3rg1nE&t=58s](https://youtube.com/watch?v=2WKIk3rg1nE&t=58s) sponsored by Mt. Shop

## Clinics and Training

**Dec 2–11 ▶ THURSDAY–SATURDAY** (tentative dates)

**2021 Oregon Fall Camp**

**Mt. Bachelor, OR**

Select any date combination and any 1-5 days you like from a choice of 10 total days!

Recognized since 2001 by skiers around the world as one of the best ski education events for adult skiers you'll find in the XC ski world.

Fall Camp Registration

Anticipated registration opening September 2021.

Info: [xcoregon.org/oregon-fall-camp](https://xcoregon.org/oregon-fall-camp)

## VOLUNTEER OPPORTUNITIES

**ONC-PDX Historian** This person would manage photo and video sharing from trips and activities, and manage and arrange storage of past and future ONC-PDX photo files. Contact Ken.

**Leadership Training** Help organize and put on a leader training clinic, so we can have more day tours. Contact Ken [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

### Day Tours Leaders

Day tour leaders contact ONC-PDX Day Tours Committee to volunteer to lead day tours:

[oncdayoutours@gmail.com](mailto:oncdayoutours@gmail.com)

### Publications/Articles

Are you a writer, have other skills to help with the newsletter? Contact [oncnnewsletter@gmail.com](mailto:oncnnewsletter@gmail.com)

**Oregon Nordic Club Portland Chapter**  
Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, for members only.
- ▶ Free travel programs at monthly member meetings
- ▶ **Discounts at selected merchants (see p. 11)**
- ▶ Member rates on Mazama activities (excludes classes) and reduced rates on use of Mazama Lodge: day use, overnight, and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: [nwskiers.org](https://nwskiers.org) [fwsa.org](https://fwsa.org) [federationofwesternoutdoorclub.org](https://federationofwesternoutdoorclub.org)

Memberships are renewed September 1 each year: \$30 for single, \$40 for family/household. \$10 for paper newsletter. Info: [oncmembership@gmail.com](mailto:oncmembership@gmail.com)

## BOARD SKI TRACKS

### Wow, what a year it has been. Many

members enjoyed overnight trips with the club following socially distanced COVID-19 safety rules. Please join me in thanking the leaders for both the overnight and day tours for the trips offered during this ski season. Now that spring has sprung and the flowers are blooming and temperatures are riding into the 70's and perhaps beyond; many of us start to move into hiking, biking, and water sports. Please take time to contribute to the club's efforts to help people get outdoors and experience the beauty of the area in which we live.

What can you do? Lead a day tour to one of your favorite places. One of the benefits of being a leader is that you choose the destination! Volunteer for a trail maintenance trip so that we will continue to have fun ski trails to play on in the winter. Help with the maintenance of the Tilly Jane cabins in July and the wood haul this fall. Volunteer for a presentation at our monthly meetings or help find someone with good information to share. Give feedback to the board on what you want to see the club doing and actively help us make it happen.

I know that staying socially distanced and not being able to carpool with friends both new and old is difficult. We will be updating the carpool policy to address those who are fully vaccinated for COVID-19 by the end of the month. Personally I had to learn to drive in the snow this year, which has been great for my dog Onyx, but makes for a long day for me. I can't wait to be able to carpool once more.

Get outside. Have fun. Explore the beauty of the world around us. And most importantly stay safe. ♦

**Tere Enburg, Board Member**

**Mt. Rainier backcountry** continued from page 1 and over to Reflection Lakes taking the Bypass Trail. On the return I decided that the snow was stable and we skied back on the Stevens Canyon Road. We all got a great view of some big avalanche slopes, which made everyone ski a little faster to get across it. We had a great view of the lakes and the valley with an impressive 20 feet of snow covering Paradise Lodge.

Saturday we headed up to the Mt. Tahoma north side trails and skied up toward the Copper Creek Hut to a vantage point, but were still in the clouds until we almost finished lunch. Then as if on cue the clouds burned away and gave us our first look at Mt. Rainier. We went a little further for a better view, which we finally decided was with views of Rainier, Adams, Mt. St. Helens, and the Goat Rocks. Everyone had a smile on their face during happy hour.

Sunday we skied at White Pass going north along the PCT into the wilderness and the land of lakes and meadows. The weather was fine on arrival, but the wind was picking up and you could see the gray clouds moving in. We had a nice tour and some fun skiing going out on the spring snow. Getting back down just as the snow started to fly and the wind increased. Everyone was happy to be in their cars and driving down off the pass as the storm hit. It made for some white knuckle driving further down I-5 as the storm hit with curtains of rain. But everyone survived and enjoyed the adventures. Later we found out that Camp Muir had recorded winds in excess of 100 mph that Sunday at 10,000 feet. Our roster included Rommel de Leon, Kate McPherson, Marie Dion, Susan Watt, Kevin and Karen Dye, Russ Pascoe, John Maroney, Ben Hoover and Ken Wenzel (trip leader). ♦

**Ken Wenzel, Trip Leader**

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### Oregon Nordic Club

### Portland Chapter

(ONC-PDX) is one of

11 Chapters of the

ONC state organiza-

tion, Oregon Nordic

Club (ONC).

### ONC-PDX:

**onc-pdx.org**

### ONC:

**onc.org**

## ONC-PDX election results

### Board of directors increases to nine members

#### The 2021 board of directors election results were ratified at the April 6, 2021

virtual Zoom meeting. We now have a full board of nine directors who will serve a two-year commitment and who are responsible for conducting and addressing general club business.

Congratulations to the new directors: Phillip Vincent, Barbara Schulz, Michele Gunness, Ted Scheinman, and Christine Bierman. They will be joined by re-elected directors Tere Enburg and Laurel Dickie, along with continuing board members Ken Wenzel and Don Erickson.

The club would like to thank outgoing director Mary Bourret for her six years of leadership on the ONC-PDX board. Mary is not going far as she will continue to serve as the Oregon Nordic Club (ONC) state president. ♦

**Linda Wilson and Steve McCabe, Elections Committee**

## DAY TOURS OVERVIEW

**RSVP:** It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

**Tour Difficulty:** It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

**What to Bring:** Let's start with the 10 Essentials. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: [onc-pdx.org/resources/wear](http://onc-pdx.org/resources/wear) For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

**Carpooling:** ONC-PDX encourages carpooling as a means to reducing environmental impact, sharing costs, and socializing during travel. The cost share and liability is between you and the driver. Below are suggested donations, but it is your responsibility to set the donation amount and any other expectations for the trip with the driver before  
cont. on sidebar page 5

## NORDIC ISSUES/NEWS

### Columbia Gorge

#### Columbia River Highway reopens A

portion of the Historic Columbia River Highway, neighboring trails and waterfalls that have been closed since January due to landslides have reopened. The section of the highway between Bridal Veil and Ainsworth, known as the Waterfall Corridor includes popular sites such as Wahkeena Falls, Horsetail Falls and Multnomah Fall. ODOT crews have completed temporary slope repairs, but expect additional work will continue throughout the summer. Along the corridor, crews removed landslide debris, repaved and put in temporary barriers to replace the damaged white wooden railing.

**Trails open** ODOT also announced some trail openings. The lower portion of the Oneonta Trail is open to the Horsetail Falls Trail junction. The Oneonta Trail remains closed south of the Horsetail Falls junction. The Gorge 400 trail is now open between Multnomah Falls and the Oneonta Trail.

### Mt. Hood National

#### AT&T FirstNet Communication Facility

The new communication facility (tower and associated infrastructure) is proposed and would be located on the Hood River Ranger District off of National Forest System (NFS) Road 4400630, east of Highway 35. It would provide FirstNet coverage to first responders and improved wireless coverage to those

### Around Crater Lake (private trip)

#### On April 9-11, Ken, Scott, Susan and

Ben spent three sunny days mostly skiing around Crater Lake! Our fears of a grueling slog through deep powder were replaced by the reality of three-week old ice. The only people plowing through it were on a crew of heavy tractors and snow blowers, who had already cleared around two miles of road from the rim lodge. They graciously let us pass.

This crusty snowscape demanded courage and metal edges to traverse a few, short sections with steep side slopes and long runouts. Skis were helpful on a few of the steeper morning climbs. The brilliant sunlight managed to soften the crust by mid-afternoons, but never enough to frustrate our progress. Even a gear malfunction around the half-way mark didn't manage to slow us down. We grew so confident enough in the stability of the hard pack that we chose to cross the avalanche zones, bypassing the bypasses. Descents demanded constant attention, not only because the stiff, crumpled

in the area.

Watch this website for more info: [fs.usda.gov/project/?project=59865](http://fs.usda.gov/project/?project=59865)

### Deschutes NF

**Paved Path** The Deschutes National Forest released a draft environmental assessment on a proposed paved path from Knott Road to Lava Lands Visitor Center for a 30-day public comment period. The proposed 6.1-mile paved path was developed in collaboration with the Oregon Department of Transportation (ODOT) and will parallel U.S. Highway 97 from Knott Road to Lava Lands Visitor Center south of Bend. The draft assessment only analyzes the impacts from where the paved path crosses the National Forest boundary and goes south to Lava Lands, which is 4.1 miles of the proposed 6.1 miles. The proposed path would be built using funds from the Federal Lands Access Program (FLAP), which is administered by the Federal Highway Administration. The purpose of the paved path is to provide connections between high use visitor attractions and recreation sites including the High Desert Museum, Lava Butte, Lava Lands Visitor Center, and the Deschutes River. The proposed paved path would also connect to the Sun Lava path which was completed in 2014. That paved path connects Sunriver to Lava Lands Visitor Center.

Info: [fs.usda.gov/project/?project=57665](http://fs.usda.gov/project/?project=57665) ♦

Pam Rigor, Editor

surface constantly tried to whip skis out from under you, but also because of the obstacles strewn across the road. In a particularly rock-strewn descent into Sun Notch, we slid down the trail like conscious pinballs determined never to hit a pin on the way back to the gates.

Our first camp, on the North rim, warmed our spirits and bodies with sunshine until bedtime and a warm night. The new moon even gave us a starscape worthy of leaving the tent for a midnight pee. These comforts didn't extend to our second camp, at Sun Notch. A night with temperatures dipping from 25 to 17 degrees F left us with more pride at surviving than fond memories. At least we were rewarded with crater bowl full of whipped fog for breakfast. Overall, the trip left us feeling accomplished and grateful for the spectacular weather and new friends. ♦

Photos: [photos.app.goo.gl/3snNW4w4kMLouLgq6](https://photos.app.goo.gl/3snNW4w4kMLouLgq6)

Scott Diamond

# DAY TOURS

**Note: if weather or road conditions are dangerous, please contact the tour leader.**

**More tours may be listed here:**

◆ [onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)

◆ [onc-pdx.org/forums](http://onc-pdx.org/forums)

◆ [meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)

**Note: dogs are only allowed on tours designated as “dog tours”**

Pam Rigor



## Join the tour leader team

### Pick your favorite trail/route and take

some ONC-PDX friends on a day tour—hike or bike. Leading a tour is not too difficult and it is always nice to meet new people and share a day in the outdoors. Submit tour descriptions with the Day Tour Input Form (on our website click on “Activities and Events” then click on “Day Tours”) or send an email with the tour description (by May 14, 8 p.m. for the June newsletter) to [oncdaytours@gmail.com](mailto:oncdaytours@gmail.com) and [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com). Tour descriptions sent after the newsletter deadline will be posted on the website, can be sent out on the forum, and, if you wish on posted on MeetUp. Last minute tours can be added. Leaders can cancel tours, if the snow condition or roads are not safe.

New to leading, need more info on what you need to know? Check the website for Leader Information ([onc-pdx.org/day-tour-info-leaders](http://onc-pdx.org/day-tour-info-leaders)) and contact us with questions or more info?

◆ Day Tours Committee

## Virtual Portland Sunday Parkways cycling events

For the Second Year in a row, Sunday Parkways Won't Operate as Normal

Starting May 1, Sunday Parkways will release biking and walking routes.

Info: [portland.gov/sunday-parkways](http://portland.gov/sunday-parkways)

# Trail Tending

## Below is our list of our summer trail

tending parties. If you have skied on any trails that need blue diamond markers and/or brush cleaned from them to make them easier to ski, let me know and we can add them to our list. We hope you will plan to come out and help with to improve our winter trails. If you would like to lead a trail tending party—it is fairly easy—let me know and we can work out a day and trail for you to take charge of. For more info contact: Ken Wenzel 503.297.2958 (h) 503.729.6571 (cell) [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

### June 16, Wed, Trail Tending Party Kalama Trail, Mt. St. Helens, WA

We will be working on the trail in the trail between the Climbers Road and Red Rock Pass.

For more info contact the leader: Ken Wenzel 503.729.6571 (cell) [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

### June 26–27, Sat–Sun, Trail Tending Party Weekend

#### Sasquatch Trail, Mt. St. Helens, WA

We will be removing small trees that are growing in the trail.

For more info contact the leader: Ken Wenzel 503.729.6571 (cell) [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

#### Dates not yet finalized for the following:

#### Teacup Tie Trail, Mt. Hood, OR

We will be limbing, brushing, and putting up blue diamond trail markers on the trail.

#### Pocket Creek Tie Trail, Mt. Hood, OR

We will be limbing and brushing the trail.

#### Pipeline Trail, Mt. Adams, WA

We will be limbing, brushing, and putting up blue diamond trail markers on the trail.

#### High Divide Trail, Ochoco Mt., OR

Diamonds and Limbing on High Divide Trail

#### Horseshoe Prairie, Oregon

We will be assisting Blues Crew with the trails in this area the they have been reviving.

Ken Wenzel



cont. from sidebar p. 4 departing. ONC-PDX suggests a donation amount on overnight trips of 10 to 15 cents per mile per person, depending on length of trip and anticipated road conditions. Again the rate set by the driver should reflect the number of passengers being transported.

For local day tours a recommended donation amount to the driver is as follows: for a large capacity vehicle, rate determined by driver. Otherwise for normal cars, our suggested donation per person round trip from Portland is: Westside of Mt. Hood (Government Camp area) \$8/ person, Barlow Pass or Timberline Lodge, White River \$10/ person, Teacup or Pocket Creek or Mt. Saint Helens \$12/ person, Mt. Adams \$15 per person. [onc-pdx.org](http://onc-pdx.org)/carpooling

**Dogs:** Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

**FS Dog Policy:** Dogs must be on a leash in all snow-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

#### TOUR/TRIP

##### RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination.

cont. on sidebar page 6

cont. from sidebar p. 5

**Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.**

**Novice Ski**

2-5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as possible.

**Easy**

**Ski:** 4-6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate**

**Ski:** 6-12 miles.

Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees).

Moderate pace. Trail turning skills required, if there are hills. Consult tour/trip description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8-10 miles; 200 to 400 ft. per mile elev. gain. **Backpack:** 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced**

**Ski:** > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

cont. column to right

# OVERNIGHT TRIPS

## SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under "Membership") before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies on sidebar page 7 or on website: [onc-pdx.org/activities/trip-policies/overnight-trip-policies](http://onc-pdx.org/activities/trip-policies/overnight-trip-policies)
- ◆ Sign up online; paper applications are available
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full online, join the wait list. Last minute openings do occur!
- ◆ Purchase trip insurance (some trips include it). Please note the cancellation policy should you need to cancel for any reason. Info: [oncpdx.org/resources/trip-insurance](http://oncpdx.org/resources/trip-insurance)

### May 26-June 8, 2022 Thur-Wed, Inter. Bike Trip full wait list open

We'll be biking, on moderate terrain, about 15 to 35 miles a day with an English-speaking guide in flat to moderate terrain. Every day you have the option to ride with the group or your own discretionary itinerary. Bikes, locks, helmets, panier, etc. are all included. E-bikes are available if you like.

continued from sidebar to the left

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15-18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout). **Backpack:** > 7 miles/day; 400-600 ft./mile elevation gain.

### TOUR/TRIP ESSENTIALS

Pack these essentials on any ONC-PDX activity, "just in case." Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

#### Skiing and Hiking

■ First aid kit ■ Matches (in waterproof case) and fire starter ■ Rain gear and extra clothes, including

We start by flying from Portland to Paris, with a short stop in Iceland. From Paris, we catch the train to Aigues-Mortes on the Mediterranean coast. We'll spend our first night here which allows a day to adjust and tour the ancient Roman infrastructure in this medieval city. This also allows a buffer day in case of travel mishaps. The bike leg begins as we board the Caprice to sail up the Rhone river, biking the countryside every day. The trip begins in the Camargue region which inspired Van Gough. Six days biking (yes, with an English-speaking guide) through red wine country where the last day is a bike ride through Chateauneuf-du-Pape. And of course, we'll have time there to stop and visit the shops. After breakfast on the eighty day, we disembark the bike/boat tour and will explore Avignon for a while. After this, we travel to the historical castle region in central France for a couple of days. From there we make our way back to Paris and stay for two nights. Our hotel is just a couple blocks from the Louvre. Trip includes roundtrip airfare to Paris from Portland and all ground transportation, river transport, bike rental, all lodging, some partial laundry service, and a few other amenities. All meals while on the boat, and a sack lunch are also included. You might want to bring your own helmet but they are provided.

Cost is expected to be \$3850 and will include trip insurance. Details will be confirmed by October trip sign up.

Trip limit: 8-10 participants including trip leader.

Cost: \$3850/member, per person. Includes airfare, trip insurance, ground and river transport, double occupancy lodging and a lot of meals. Trip deposit of \$900 on signup, balance due later in April.

Trip Leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com) ◆

a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sunglasses, lip balm and sun screen ■ Foam sit pad

#### Biking

■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

### OVERNIGHT TRIP POLICIES

ONC-PDX Overnight trip policies are located here: [onc-pdx.org/activities/trip-policies/overnight-trip-policies](http://onc-pdx.org/activities/trip-policies/overnight-trip-policies)

**Welcome new members!** Scott Auble, Lauren Bruce, Conor Butkus, Bob Davee, Amad Doratotaj, Jimmy DuSablou, Karen Fife-Rapp, Colleen Gilroy, Katy Hagert, Tim Harkins, Ben Hoselton, Anupama Kurpad, Matthew Miller, Jenn Pesut, Mark Rutledge-Gorman, Vivian Schoung, Janice Snyder, Miel Steele, Chris Stewart, Charles Sweeney, and Ankush Varma

**April membership report:** 310 total memberships (222 single and 88 family), includes 22 new. Last year at this time there were 341 memberships.

# BOARD MEETING MINUTES

## Minutes of March 9 ONC-PDX Board Meeting

**Present:** Ken Wenzel, Tere Enburg, Laurel Dickie, and Don Erickson

continued on page 7

Guests: Richard Crimi, Patrice Fromweiler, and Ted Scheinman

Minutes: February 2021 minutes approved.

**Overnight Trips:** The President’s Weekend trip was cancelled due to severe weather. ■ Around 4 trips booked for 2021/2022 season and several more in the works. Shaping up to be a full schedule.

**Covid-19 Policy:** Any update needed? No issues with our policy.

**Day Tours:** Some “official” trips have been offered. Most everyone else has been finding ski buddies.

**Tilly Jane:** The TJAF toilet conveyor belt stopped working in mid Feb. We didn’t find out about it for a week or so but headed up Feb 20 for an emergency work party. Unfortunately, we needed access to the pit area which took three people 3 hours to dig out 15ft of snow that covered the pit. Once that was done, it was a simple fix by tightening a couple of bolts. The cabin gave each of the workers a \$100 gift card for their efforts. ■ The permit renewal process has begun. We’ll be working with Allison Sweeney on this. ■ The club treasurer would like a timeline of expected expenses.

**Nordic Issues:** Mt. Hood Cooper Spur Land Trade Update - Thrive Hood River:

Ken has sent in a club letter expressing our viewpoint on this trade.

Thrive has disputes to voice as well and will be submitting a letter over objections of how the land assessments were done.

**Membership:** 285 total memberships, 198 single memberships and 87 family memberships. ■ One instructor from Mazamas asked for a free membership. We agree this would be a good way to get the word out to Mazama members. ■ Should we have verbiage somewhere on our website about diversity and all inclusiveness? Topic tabled until the Board’s summer retreat. ■ Possibly have a welcome session at Mt. Hood Meadows Nordic area? ■ Portland Parks and Rec discontinued ski outings. Patrice is working on ways to do outreach. ■ A new Welcome Letter has been created and will be updated on the web.

**Elections:** Website is all set up for voting and will become active March 15. The elections committee is concerned about an even number of people on the Board. This is not an issue because the Board doesn’t have many voting opportunities.

**Trail Tending:** Ken has started a list of places he feels needs attention.

Ted asks about creating snowshoe trails in the Mt. Hood District. Ken mentions he hasn’t gotten far with the FS on this issue. He had proposed a test situation at Trillium Lake, but the FS says they don’t have enough manpower to maintain more new trails.

**ONC State Report:** None at this time. The State Board will meet March 21.

**ONC-PDX Financial Report:** Everything is in line for what we budgeted.

**Publications:** Ski Tracks newsletter articles—Tere will write May topics and Ken will do June topics.

**Next meeting:** Tuesday, April 13, 9 a.m. As new board members arrive we need to check to see if the meeting time needs to be changed to evenings.

Laurel Dickie, Secretary

## MEMBER BENEFITS

**Columbia Sports-wear** 911 SW Broadway—15% discount on purchases. Access to Columbia Sports-wear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. [columbia.com](http://columbia.com)

**The Mountain Shop** 2975 NE Sandy Blvd, 10% discount for members and 15% discount for leaders on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

**Next Adventure** 426 SE Grand Ave., 15% discount, current club membership card required. [nextadventure.net](http://nextadventure.net)

**Oregon Mountain Community Online** store. Subscribe to OMC e-newsletter and receive: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto’s Ski & Bike Shop** 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy’East Nordic** 10% discount on cross-country ski and telemark lessons. [weastnordic.com](http://weastnordic.com)

## CLASSIFIED ADS

**FOR SALE:** ▶ **Bike Rack** Yakima KingJoe 3-Bike. Used only a few times. [yakima.com/products/kingjoe-3-three-bike](http://yakima.com/products/kingjoe-3-three-bike) **\$100 OBO Christine 971.325.2874 call/text [sisu1956@gmail.com](mailto:sisu1956@gmail.com)** 6/21

**FREE:** ▶ **Skis** Fischer BC Crown skis 200 cm, SNS bindings Salomon backcountry 6 boots, men’s, size EU 42. **Free. Steve [steve.acker.pnw@gmail.com](mailto:steve.acker.pnw@gmail.com)** 6/21

**FOR SALE:** ▶ **Skate Skis** like-new Salomon RS7 skate skis, 191cm, Salomon Prolink procombi bindings. Skis were poorly fitted to me by a retailer in Kelowna, BC, used twice. Will need to be tuned for Oregon conditions. Retail \$247. **\$150 ▶ Ski poles** like-new Rossignol XT-600 poles, 160cm. Retail for \$55. **\$30 Mace [dmv4@cornell.edu](mailto:dmv4@cornell.edu)** 4/21

**FOR SALE:** ▶ **Telemark Skis** K2 Helestinx 169mm telemark skis. Good condition. Excellent on ice/hardpack. Cable bindings alone worth the asking price of **\$50.** **Steve 503.244.4262** 4/21

**FOR SALE:** ▶ **Cross-country Ski Boots** Nearly new, perfect condition, Alpina, fits NNN-BC bindings, size 43, **\$25 OBO ▶ Cross-country Ski Boots** Good condition, Alpina, fits NNC-BC bindings, Model 50, size 43, **\$15 OBO ▶ Cross-country Ski Boots** Former rental, Rossignol, fits NNC-BC binding. **Ted 503.914.9584 [tedskier@gmail.com](mailto:tedskier@gmail.com)** 4/21

**Deadline: 15th of the month for the next month’s publication. Free ads for members only,** placed on a first come basis, and may be edited depending on space availability. Send to: **[oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

# New Hikes in NW Oregon and SW Washington

Oregon's hiking guru takes us on an illustrated tour of a dozen new hikes he discovered while researching the just-released fifth edition of his book, "100 Hikes in NW Oregon & SW Washington." Come discover a new waterfall trail near Hood River, an overlooked wildflower hike on the permit-free side of Mt. Adams, and a new kids' hike along the Columbia River near Portland. Along the way get the latest news about fire-damaged trails, as well as anecdotes about history, wildflowers, and more.



William Sullivan has written 21 books about the Northwest, including "Hiking Oregon's History," "Oregon Favorites," and "The Case of D.B. Cooper's Parachute."

His journal of a 1000-mile hike he took across Oregon, "Listening for Coyote," was chosen by the Oregon Cultural Heritage Commission as one of Oregon's "100 Books," the most significant books in the state's history.



Virtual space via Zoom  
Tuesday, April 6  
7:00 p.m. Lets talk skiing—share ski adventures and where to ski!  
7:30 p.m. Brief general meeting followed by program

## Upcoming programs July TBD—ONC-PDX Annual Picnic



Oregon Nordic Club  
**P O R T L A N D**  
C H A P T E R

Oregon Nordic Club, Inc., Portland Chapter  
P.O. Box 3906  
Portland, OR 97208-3906