



# Oregon Nordic Club PORTLAND CHAPTER

OCTOBER

2020

## ONC-PDX annual Overnight Trips Extravaganza

**Hey, skiers, summer is over. 'Snow doubt about it! To** prove it, we are continuing the time-honored tradition of the annual Overnight Trips Extravaganza. Yes, a few things will be different this year. Hear more about the changes and about the trips planned for the upcoming winter season—Methow Valley, Mt. Rainier, Yellowstone (tentative), and Glacier National Park, as well as many others closer to home—at the presentation of the ONC-PDX overnight trip schedule on October 6 at 7:00 p.m. online, via Zoom.

Join us online with the overnight trips committee, who will walk you through the changes that were adopted to address the COVID-19 requirements, including the no-risk cancellation arrangements for some of the trips. Trip leaders will be on hand to talk about their trips and answer your questions. We will go through a demo trip sign-up using the club website and answer any questions you have about the trips and this season's challenges. On October 11, a few days after the Extravaganza, the online trip sign-ups will commence.

**Sam Digard (Chair), Richard Crimi, Steve McCabe, Overnight Trips Committee**



Glacier National Park, MT—Ted Scheinman



Yellowstone—Ted Scheinman



Methow Valley, WA—Ken Wenzel

## Yellowjacket work

**On August 26 our amazing group of six** meet up with two Forest Service staff at Barlow Pass. We went over our plan for the day and shuttled to the White River Sno-Park and to the start of the Yellowjacket Trail. I was blown away that the first creek crossing had a real steel bridge over it. Many thanks to PGE who was doing an upgrade to the power line and wanted a better crossing. We worked hard on brushing, limbing, continued on page 2



Ken Wenzel

## Annual picnic in the time of COVID-19

**On September 1, the ONC-PDX annual picnic** was held at Laurelhurst Park. It was a wonderful summer evening, the park was busy with people enjoying the outdoors. The ONC-PDX group of about 20 set up a circle that we had to keep expanding as the evening went on.

Laurel Dickie noted that, "Everyone was great about

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Ken Wenzel

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Eike Schoen

## Board Members

**Ken Wenzel,**

*President*

503.297.2958

skiwenzel@hotmail.com

oncpdxpresident@gmail.com

**Mary Bourret,**

*Vice-President*

503.201.3940

marylbouret@gmail.com

**Don Erickson, Treasurer**

dnssn@comcast.net

**Laurel Dickie, Secretary**

laureldickie@hotmail.com

**Tere Enburg**

Tereskier@gmail.com

**Mary Hepokoski,**

*Bookkeeper*

503.245.1618

# U P C O M I N G E V E N T S

**Oct ▶ ALL MONTH**

## **Donate a Bike to the Community Cycling Center**

Bring in a bike (kids and adults) in good condition and help the Community Cycling Center broaden access to bicycling and its benefits.

Info: [communitycyclingcenter.org/get-involved/donate/donate-a-bike](http://communitycyclingcenter.org/get-involved/donate/donate-a-bike)

**Oct 1–17 ▶ THURSDAY–SATURDAY**

## **Virtual Banff Mountain Film Festival**

View from anywhere with streaming access—available until October 17. Choose from three curated programs (red, blue, or green) for \$15 each or all three programs for only \$40, unlimited viewing for a 72 hour rental period after purchase.

Info: [awlooutdoors.org/banff](http://awlooutdoors.org/banff)

A portion of proceeds from using their link will directly benefit Adventures Without Limits.

**Oct 6 ▶ TUESDAY**

## **ONC-PDX**

### **Overnight Trips Extravaganza**

7:00 p.m. online, via Zoom. Members will be sent a link so they can connect.



**Oct 10 ▶ SATURDAY**

## **SOLVE South Waterfront Fall Cleanup**

9:45 a.m.–Noon. SWCR Office at 3715 SW River Parkway. Preregistration required. Wear a mask, close toed shoes, and dress for the weather. Bring a water bottle. SOLVE will supply trash bags, safety vests, and latex gloves. Questions: [pete@southwaterfront.com](mailto:pete@southwaterfront.com) Sign-up info: [solveoregon.org/opportunity/a0C1100000RZsbuUAD](http://solveoregon.org/opportunity/a0C1100000RZsbuUAD)

## **Clinics and Training**

**Oct and Nov ▶ SATURDAYS**

### **2020 Fall XC Training Series PDX**

(locations, times, and dates subject to change so check before any session!)

Oct 24, Sat—9:30–11:00 a.m., Location TBD

Oct 31, Sat—9:30–11:00 a.m., Location TBD

Nov 7, Sat—9:30–11:00 a.m., Location TBD

Nov 14, Sat—9:30–11:00 a.m., Location TBD

Check the website for updates and COVID-19 mitigations: [xcoregon.org](http://xcoregon.org)

**Dec 3–12 ▶ THURSDAY–SATURDAY**

### **2020 Oregon Fall Camp Mt. Bachelor, OR**

Date and locations are being modified, check website for updates. Select any date combination and any 1–5 days you like from a choice of 10 total days. Registration opens in mid-October Info: [xcoregon.org/oregon-fall-camp](http://xcoregon.org/oregon-fall-camp)

## EDITORIAL NOTES

**The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.**

Send submissions to [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as a attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment.

**Corrections:** email corrections and/or additions to the editor.

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**Yellowjacket work** continued from page 1

and installing blue diamonds before having lunch at the wonderful meadow just before the PCT. I had been complaining about the PCT to the Forest Service and we decided to follow the PCT south and limb and brush our way back to our cars at Barlow Pass. We arrived back at our cars at 3:30 p.m. It was a productive day, but as with almost all my projects there is always more that can be done. Many thanks to the trail tending volunteers: Richard Crimi, Ben Hoover, Gretchen and Jason Hinton, and Mary Hepokoski, for a hard day's work on our ski trails. I look forward to skiing these trails this winter.

**Ken Wenzel, Trail Tending Coordinator**

## **Oregon Nordic Club Portland Chapter**

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## **Member Benefits**

- ▶ Free day tours; overnight trips, for members only.
- ▶ Free travel programs at monthly member meetings
- ▶ **Discounts at selected merchants (see p. 7)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: [nwskiers.org](http://nwskiers.org) [fwsa.org](http://fwsa.org) [federationofwesternoutdoorclub.org](http://federationofwesternoutdoorclub.org)

Memberships are renewed September 1 each year: \$30 for single, \$40 for family/household. \$10 for paper newsletter. Info: [oncmembership@gmail.com](mailto:oncmembership@gmail.com)

## BOARD SKI TRACKS

### This is for a year that could be scripted

after the movie *The Princess Bride* “UNBELIEVABLE.....!” First we have a ski season cut short by the COVID-19. Then pretty much everything we plan has to be changed or modified because of COVID-19 causing a drastic cutting back on trail tending and trips along with changes in scheduling. Now we have forest fires and a fire storm that is beyond description shutting down the forests again until we get some much needed rain and our fire danger down to an acceptable risk level. What we see ahead for the ski season may be altered by these raging wild fires. Time will tell! Pray for some rain to put out the fires and clean up the air! Pray for all the people suffering property losses and lives! Please donate to help those that have lost everything. ♦

Ken Wenzel, *ONC-PDX President*

## Nordic Bypass Trail work

### Our second trail tender for the year,

August 12, was on the Timberline Nordic Bypass Trail starting just below Timberline Lodge and working downhill restoring blue diamonds, limbing and brushing. The last mile still needs some more diamonds and limbing, but we did make good progress on restoring this great route. Many thanks to the Forest Service personnel Paul and Rachel, and club members Richard Crimi, Barbara Schulz, Clayton Hawkes, Laurel Dickie and Kate McPherson. ♦

Ken Wenzel, *Trail Tending Coordinator*

### The annual picnic in COVID times continued from page 1

following the rules: bring your own everything and no sharing food (one attendee grumbled he normally comes for the good homemade food—this year he brought take-out), wear a mask, and stay six feet apart. One person was taking an online course to learn Spanish. Another took her longest backpack trip ever, a goal

Don Erickson two on left, David Blanchard right



she had always wanted to attempt. On the whole, many members have been keeping busy and healthy with hiking and biking, and reading many books. We look forward to next year when we can truly/hopefully get back to sharing food and conversation in a ‘normal’ manner.” Everyone enjoyed catching up on what people were or were not doing this crazy summer. A good time was had by all attending. ♦

Ken Wenzel, *ONC-PDX President*

## NORDIC ISSUES/NEWS

### Columbia Gorge

**Eagle Creek Trail Restored Video** Three years ago a fire swept through the Columbia Gorge, driven by a strong wind, much as the fires this year were. This video ([vimeo.com/453506664](https://vimeo.com/453506664)) created by Green Oregon shows how volunteers have worked to restore the trails in the Gorge—removing rock slides, debris, trees, and restoring the trail tread—in the healing forest. A aerial view of parts of the Gorge show this recovery.

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## VOLUNTEER OPPORTUNITIES

**To help contact: Ken Wenzel**  
[skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

**ONC-PDX Historian** This person would manage photo and video sharing from trips and activities, and manage and arrange storage of past and future ONC-PDX photo files.

**Leadership Training** Help us increase the number of day tour leaders, so we can have more day tours.

### Day Tours Leaders

Day tour leaders contact ONC-PDX Day Tours Committee to volunteer:  
[oncdaysitours@gmail.com](mailto:oncdaysitours@gmail.com)

**Publications/Articles** Are you a writer, have other skills to help with the newsletter? Contact [oncnnewsletter@gmail.com](mailto:oncnnewsletter@gmail.com)

## Committees

### Day Tours:

[oncdaysitours@gmail.com](mailto:oncdaysitours@gmail.com)  
Laurel Dickie  
503.287.6290  
[laureldickie@hotmail.com](mailto:laureldickie@hotmail.com)

Barbara Hayman  
[bh13@att.net](mailto:bh13@att.net)

### Membership:

[oncmembership@gmail.com](mailto:oncmembership@gmail.com)  
Patrice Fromwiller,  
*Membership Database*  
Susan Kelly  
503.706.6463  
[susankilduffkelly@gmail.com](mailto:susankilduffkelly@gmail.com)

Ted Scheinman

[tedskier@gmail.com](mailto:tedskier@gmail.com)

Barbara Sack

Pam Rigor

### Nordic Issues:

Susan Watt  
[susniam@gmail.com](mailto:susniam@gmail.com)

Pam Rigor

### Overnight Trips:

[oncpdx.ontrip@gmail.com](mailto:oncpdx.ontrip@gmail.com)

Sam Digard, Chair  
[sam.digard@gmail.com](mailto:sam.digard@gmail.com)

Richard Crimi

Steve McCabe

### Programs:

Ron Bekey  
503.475.0084  
[rbekey@gmail.com](mailto:rbekey@gmail.com)

### Publications:

Pam Rigor,  
*Newsletter Editor*  
[oncnnewsletter@gmail.com](mailto:oncnnewsletter@gmail.com)

### Publicity: vacant

Tilly Jane: André Fortin  
[reservations@tillyjanecabins.org](mailto:reservations@tillyjanecabins.org)

### Trail Maintenance:

Ken Wenzel  
503.297.2958  
[skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

### Website:

Nick Appelmans  
[oncpdxwebsite@gmail.com](mailto:oncpdxwebsite@gmail.com)  
Richard Crimi



Oregon Nordic Club  
Portland Chapter  
(ONC-PDX) is one of  
11 Chapters of the  
ONC state organiza-  
tion, Oregon Nordic  
Club (ONC).

ONC-PDX:  
[onc-pdx.org](http://onc-pdx.org)  
ONC:  
[onc.org](http://onc.org)

## DAY TOURS OVERVIEW

**RSVP:** It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

**Tour Difficulty:** It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

**What to Bring:** Let's start with the 10 Essentials. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: [onc-pdx.org/resources/wear](http://onc-pdx.org/resources/wear) For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

**Carpooling:** ONC-PDX encourages carpooling as a means to reducing environmental impact, sharing costs, and socializing during travel. The cost share and liability is between you and the driver. Below are suggested donations, but it is your responsibility to set the donation amount and any other expectations for the trip with the driver before  
cont. on sidebar page 5

**Nordic Issues/News** continued from page 3

**Hiking trails** Open trails: [readyssetgorge.com](http://readyssetgorge.com)

## Fire info and Air Quality

Here are two websites with info about the fires:

[experience.arcgis.com/experience/6329d5e4e13748b9b9f7f33f06a3c376/](http://experience.arcgis.com/experience/6329d5e4e13748b9b9f7f33f06a3c376/)

[inciweb.nwcg.gov/](http://inciweb.nwcg.gov/)

Info about air quality: [gispub.epa.gov/airnow](http://gispub.epa.gov/airnow)

## Mt. Hood National Forest

**Forest Opened/Damaged** Parts of the Mt.

Hood Forest reopened on September 26, including most of Barlow and Hood River Ranger District and part of Zigzag Ranger District. The Forest did suffer extensive damage during the historic Labor Day windstorm. Downed trees, loose rocks, and hanging limbs are widespread, and trails may be impassable. Many areas are still closed due to active fires and wind damage. A map of the closed areas can be found here: [fs.usda.gov/Internet/FSE\\_DOCUMENTS/fseprd811299.pdf](http://fs.usda.gov/Internet/FSE_DOCUMENTS/fseprd811299.pdf)

Info on closures and photos of the damage:

[fs.usda.gov/main/mthood/home](http://fs.usda.gov/main/mthood/home)

[fs.usda.gov/detail/mthood/news-events/?cid=FSEPRD811247](http://fs.usda.gov/detail/mthood/news-events/?cid=FSEPRD811247)

## Government Camp-Cooper Spur Land

**Exchange** This project was listed as "On Hold" until recently on the Mt. Hood Forest website, but is now the Planning status as "In Progress" with the Draft Environmental Impact Statement (DEIS) in the Federal Register as of September 28, 2016. It is estimated that the Final Environmental Impact Statement (FEIS) Notice of Availability (NOA) will be in Federal Register in January 2020. In this project the Forest Service would exchange approximately and up to 107 acres of National Forest System lands in Clackamas County, adjacent to Government Camp, on the Zigzag Ranger District for private lands and interest in lands, with an area approximately and up to 764 acres in Hood River County; and personal property and improvements associated with and located at the Cooper Spur Ski Resort, and personal property located at the Cooper Spur Mountain Resort. The land exchange is directed in the Omnibus Public Land Management Act of March 30, 2009 and the Mount Hood Cooper Spur Land Exchange Clarification Act of January 10, 2018.

Info about this project can be found at: [fs.usda.gov/project/?project=33072](http://fs.usda.gov/project/?project=33072)

A history of this issue can be found at: [cooperspurdev.ambiguousscales.com/mt-hoodland-exchange](http://cooperspurdev.ambiguousscales.com/mt-hoodland-exchange)

**Zigzag Draft Decision Notice** The Environmental Assessment of the Zigzag Integrated Resource Project was published on September 24:

[fs.usda.gov/nfs/11558/www/nepa/112557\\_FSPLT3\\_5357909.pdf](http://fs.usda.gov/nfs/11558/www/nepa/112557_FSPLT3_5357909.pdf)

The draft Decision Notice and finding of no significant impact was published the same day: [fs.usda.gov/nfs/11558/www/nepa/112557\\_FSPLT3\\_5357910.pdf](http://fs.usda.gov/nfs/11558/www/nepa/112557_FSPLT3_5357910.pdf) Specialist Reports and consideration of comments were released: [fs.usda.gov/project/?project=57109](http://fs.usda.gov/project/?project=57109)

## Gifford Pinchot National Forest

**Road closures and fire restrictions** Alerts and fire restrictions can be found here: [fs.usda.gov/alerts/giffordpinchot/alerts-notice](http://fs.usda.gov/alerts/giffordpinchot/alerts-notice)

**Big Hollow Fire** Wind River Highway/Forest Road 30 is now open after being closed due to the Big Hollow fire. Electronic road signs are visible to warn drivers to be cautious of potential smoke. Do not to stop along the highway, drive slow, and be careful in the area. This fire burned over the Observation Peak, Siouxon Creek, and Siouxon Peak Trails, the amount of damage is not yet know. The Government Mineral Springs Cabins were protected.

## Willamette National Forest

**Beachie Creek Fire** In the Opal Creek area, at least one cabin at Jawbone Flats survived the fire, but the fire burned over the trails and full damage in the area is not yet know.

**Lionshead Fire** Some brave local firefighters stayed to fight the fire saving the Breitenbush lodge and a few other buildings, but the all of the guest cabins that ONC-PDX used for past overnight trips burned, as well as the Sanctuary, Vista (massage house), the foot bridge, Well House 4, the maintenance bay and wood shop, and several community cabins are completely destroyed. They plan to rebuild and donations can be made at: [breitenbush.com](http://breitenbush.com)

In the Mt. Jefferson area the fire burned through Jefferson Park, damage unknown, but there probably is damage to the hiking trails.

## Deschutes National Forest

Alerts and fire restrictions can be found here:

[fs.usda.gov/alerts/deschutes/alerts-notice](http://fs.usda.gov/alerts/deschutes/alerts-notice)

## Yellowstone National Park

**Lone Star Fire** This fire in the National Park was close to trails that ONC-PDX has skied on Yellowstone overnight trips. The Lone Star fire was halted less than a mile from the top of the Divide Trail and did not make it to the Spring Creek Trail. Sept. 15 map: <http://inciweb.nwcg.gov/incident/map/7077/0/106670> As of September 23, it was 90% contained: <http://experience.arcgis.com/experience/6329d5e4e13748b9b9f7f33f06a3c376/>

**Pam Rigor**, *Nordic Issues*

## NEWS FROM TILLY JANE

### As I write, it's been a strange year with

the COVID-19 pandemic and a huge fire season taking shape. As in the past, we'll get through this too, and the cabin will still be there for you! To this end, the cabin remains functional only with the help of volunteers like you to keep it open and available for public use. And now it's time for the annual wood haul to finish preparations for the upcoming high use winter season.

In fact, the cabins haven't looked better in many years because of folks like you. This year we finished lots of smaller projects including painting both the Guard Station garage and the interior of the A-Frame. They look amazing and are almost ready for the winter season.

A few updates have been made to support the COVID19 pandemic and keep the cabins open for the winter season. The A-Frame user capacity has been reduced to one party of up to 10 people. Rental rates have been reduced as well in conjunction with the decrease in available spots

### Oct 3, Sat, Tilly Jane Wood Haul Tilly Jane, East side of Mt. Hood, OR

As we do every year, we'll be putting up the annual firewood supply and preparing the cabins for the upcoming winter season. Meet at the Tilly Jane Guard Station, park at the campground. We plan to work 9:00 a.m.–4:00 p.m. Wear sturdy work boots and clothing appropriate for expected conditions, bring gloves and a face mask.

In the past we've held a potluck.....due to COVID-

19, we're putting this on pause. Bring your own lunch and we will provide drinking water. Beverages

will be provided by Solera Brewing out of Parkdale. Gerber Tools and Next Adventure will be giving away lots of gear.

Plan on wearing a face mask if you're working indoors or are in close proximity to your fellow volunteers.

The cabins and camping options will be open for those wanting to stay over Friday and Saturday night. Cabin space is limited to first come, first served out of COVID-19 respect.

There's no need to sign up to attend. Come up and help keep the cabins open!

**Info contact:** [reservations@tillyjanecabins.org](mailto:reservations@tillyjanecabins.org) ♦  
**Andr  Fortin, Tilly Jane**

Andr  Fortin



## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under "Membership") before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies on sidebar page 7 or on website: [onc-pdx.org/activities/trip-policies/overnight-trip-policies](http://onc-pdx.org/activities/trip-policies/overnight-trip-policies)
- ◆ Sign up online; paper applications are available
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full online, join the wait list. Last minute openings do occur!
- ◆ Purchase trip insurance (some trips include it). Please note the cancellation policy should you need to cancel for any reason.  
Info: [oncpdx.org/resources/trip-insurance](http://oncpdx.org/resources/trip-insurance)

Note: Members may sign up for overnight trips using the paper ONC-PDX overnight trip application and a check sent to the trip leader. However, signups by mail will not be accepted until online sign up opens and some trips may fill prior to receipt and processing.

Dec 27–Jan 1, Sun–Fri, All Abilities Ski  
(classic/skate on groomed trails)  
**Methow Valley New Year's**  
Winthrop, WA

Methow Valley is an outstanding, unique area that is ideally suited for both classic track skiing and skate skiing. The Methow Valley Association grooms over 200 kilometers of trail through the

Elke Schoen



communities of Winthrop and Mazama. Trail elevations range from 2,000 to 4,000 feet. The snow conditions and trail quality make the Methow Valley a classic and skate skiers Mecca. We'll stay in two luxury condominiums in Winthrop with full accommodations. Plan for dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and are within skiing or walking distance along with grocery and convenience stores. If you have considered learning to skate ski, lessons are available at Sun Mountain and in

cont. from sidebar p. 4 departing.  
ONC-PDX suggests a donation amount on overnight trips of 10 to 15 cents per mile per person, depending on length of trip and anticipated road conditions. Again the rate set by the driver should reflect the number of passengers being transported.  
For local day tours a recommended donation amount to the driver is as follows: for a large capacity vehicle, rate determined by driver. Otherwise for normal cars, our suggested donation per person round trip from Portland is: Westside of Mt. Hood (Government Camp area) \$8/ person, Barlow Pass or Timberline Lodge, White River \$10/ person, Teacup or Pocket Creek or Mt. Saint Helens \$12/ person, Mt. Adams \$15 per person. [onc-pdx.org/carpooling](http://onc-pdx.org/carpooling)  
**Dogs:** Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).  
**FS Dog Policy:** Dogs must be on a leash in all snow-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.  
**TOUR/TRIP RATINGS**  
All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination.

cont. on sidebar page 6

cont. from sidebar p. 5

**Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.**

**Novice Ski**

2-5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as possible.

**Easy**

**Ski:** 4-6 miles over gentle terrain at a pace comfortable for all participants. **Bike:** Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate**

**Ski:** 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). **Moderate pace.** Trail turning skills required, if there are hills. Consult tour/trip description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8-10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced**

**Ski:** > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

cont. on sidebar page 7

Mazama. In the past, several participants liked their new-found skill so much they decided to keep the rented skate skis for the entire trip. Speaking of skating, there is even an ice skating rink in town.

If online sign-up (in October) shows the trip as full, please sign up for the wait list. There are almost always several cancellations so chances are very good you will be able to get on the trip. Ring in the New Year's in Winthrop!

**Trip limit: 10 participants including trip leader.**

**Cost: \$310/member, per person. Includes five nights lodging. Groomed trail pass not included (approx. \$84 for four days, 2020 season).**

**Travel miles: 800 miles round-trip from Portland plus excursions to trailheads.**

**Trip leader: Ted Scheinman teds skier@gmail.com**

**Jan 8-10, Fri-Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin-Club Weekend Mt. Hood, OR**

This trip also available the following weekends: February 5-7, March 5-7, and April 2-4

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own

gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS required. Climbing skins are required.

**Trip limit: 10 (max.) participants. Open to all ONC-PDX members and Tilly Jane (TJ) cabin volunteers.**

**Cost: Free (another club benefit). You must be an ONC-PDX member or TJ volunteer before signing up for this trip.**

**For more info contact: reservations@tillyjanecabins.org We'll forward your request to the appropriate trip leader. Leaders TBD.**

**Jan 15-18, Fri-Mon, All Ability Ski MLK Weekend at Lake Creek Lodge Camp Sherman, OR**

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full

kitchens, a creek coursing through the grounds, and the ideal ambience for a cross-country ski holiday. Ski options are many—Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky, right out the door of our cabins. Check out the website: lakecreeklodge.com

The trip has been re-structured to allow people to COVID-19 era. Cabins accommodating two, four, and four have been reserved, along with one larger cabin. Those interested should, if possible, attempt to arrange their own four-person (two couple or a couple and two singles) bubble. Singles may also apply, but may not be able to participate, depending on the structure of sign-ups. For example, we might have two singles in a cabin for four, if the trip is under-enrolled, provided those individuals are in agreement. Those applying should understand the need for flexibility as we try to keep our overnight trips functioning and keep people safe. The order of sign-up might not dictate who can participate.

**Trip limit: 16 participants including trip leader. Cost: \$180/member, per person. Includes three nights lodging.**

**Travel miles: 300 miles round-trip from Portland plus excursions to trailheads.**

**Trip leader: Steve Levy slevy@pacifier.com**

**Jan 20-24, Wed-Sun, All Abilities Ski Anthony Lakes and Horseshoe Prairie La Grande, OR**

Wednesday we will drive on I-84 to Meacham Divide and do some trail skiing on our way to La Grande, OR. This is a COVID-19 reduced risk trip so everyone will decide on their own car options and book their own motel room. We will be staying at the Super 8 Motel in La Grande. Food will be on



Scott Diamond

Ken Wenzel

your own, (restaurant, take out or microwave at hotel). Thursday we will drive to Anthony Lakes and we can break up

into groups of like interest, (track, tour, backcountry, or lift). Lunch will be at the lodge or car or on trail. Friday is a repeat of Thursday. Saturday we will drive to Horseshoe Prairie and trail ski the network of trails and roads in the area of open pine forest and meadows. Sunday we will return to this area and try to ski at the Spout Springs ski area (backcountry) or Horseshoe Prairie (trail ski) or Meacham Divide depending on skier's choice, and then drive home. Please research the COVID-19 Bubble concept, if thinking

of sharing rooms and cars.

**Trip limit: 14 participants including trip leader, but flexible.**

**Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging: \$300-\$352 plus taxes, one and two beds available, for four nights. Not included: transportation, trail fees, and meals.**

**Travel miles: 600 miles round-trip from Portland plus travel to trailheads.**

**Trip leader: Ken Wenzel  
skiwenzel@hotmail.com**

Jan 22–24, Fri–Sun, Intermediate Backcountry Ski  
**Tilly Jane Guard Station**  
Mt. Hood, OR

This trip also available the following weekends:  
February 19–21, March 19–21, and April 16–18

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are required, too.

**Trip limit: 4 participants (max.), Open to ONC-PDX members with preference given to Tilly Jane (TJ) volunteers.**

**Cost: Free (another club benefit). You must be an ONC-PDX member, or TJ volunteer to sign up for this trip.**

**For more info contact:**

**reservations@tillyjanecabins.org**

**We'll forward your request to the appropriate trip leader. Leaders TBD.**

Feb 5–7, Fri–Sun, Inter. Backcountry Ski/Tele  
**Tilly Jane A-Frame Cabin—Club Weekend**  
Mt. Hood, OR

(See Jan 8–10 Tilly Jane A-Frame trip description)

Feb 5–8, Fri–Mon, All Abilities Ski  
**Shelter Cove Resort at Odell Lake**  
Odell Lake, OR

High up in the Cascades east of Eugene lies Willamette Pass and the beautiful Odell Lake. Odell Lake is situated at 4,800 feet, so there is plenty of snow plus great scenery. We stay at Shelter Cove Resort in two large cabins in the Kokanee Lodge with plenty of room for us. Beautiful views right on the shore of Odell Lake. There are a number of good ski routes near: the Pengra ski area, the trails to Gold Lake, smaller trails right around Shelter

Cove Resort and at Odell Lake Resort. Willamette Pass ski area has 22 km of beautifully groomed trails, however trail fees apply. Come experience a real winter in this beautiful snow-laden resort on a gorgeous high mountain lake. We will cook on Saturday and Sunday evenings. On Friday you can eat in on your own, or there are restaurants in Oakridge on your way and a couple small country pubs within 10 miles of the resort. Bring your own breakfast and lunch foods. The kitchens come equipped with most items and include microwaves, but some supplies are in short supply.

**Trip limit: 10 participants including trip leader. Cost: \$235/member, per person. Includes three nights lodging.**

**Travel miles: 360 miles round-trip from Portland plus excursions to trailheads.**

**Trip leader: Ted Scheinman teds skier@gmail.com**

Feb 12–15, Fri–Mon, All Abilities Ski (mostly groomed trails)/Snowshoe  
**Presidents' Day Weekend in Bend**  
Bend area, OR

Join us for two days of skiing over the President's weekend. This is prime time skiing in the Central Cascades. Weather permitting we have options to ski the groomed trails at Mount Bachelor Nordic Center (56 km of groomed trails) or Virginia Meissner (40 km of groomed trails) in addition to the ungroomed trails around Swampy Lakes. Both Virginia Meissner and Swampy Lakes offer snowshoeing opportunities. This trip requires a minimum of two people for snowshoeing to ensure safety. This trip is using the new hotel model for accommodations. We will be staying in Bend and have dinners out, or if preferred the hotel has both a refrigerator and microwave in suite for those who are interested in eating in their room. A block of rooms has been reserved for this trip and participants will pay the hotel directly. For those who can leave Portland Friday morning, there is an option to ski before we check into the hotel as well as skiing on Monday before returning home.

**Trip limit: 8 participants, single occupancy, including trip leader.**

**Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging \$243 single occupancy for three nights lodging. You will have a room to yourself or arrange to share with someone and split the price. Trail pass fees, sno-park permit and meals not included, except free breakfast from the hotel.**

**Travel miles: 350 miles round-trip from Portland to Bend downtown, plus excursions to trailheads.**

**Trip leader: Linda Wilson wilsonln@msn.com**

cont. from sidebar p. 6

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, re-grouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

## **TOUR/TRIP ESSENTIALS**

Pack these essentials on any ONC-PDX activity, "just in case." Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

### **Skiing and Hiking**

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

### **Biking**

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

## **OVERNIGHT TRIP POLICIES**

### **Trip Participation**

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing

cont. on sidebar page 8

cont. from sidebar p. 7  
up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.

2. Overnight trip sign-ups are done online at the club website ([onc-pdx.org/activities/overnight-trips](http://onc-pdx.org/activities/overnight-trips)). The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed Overnight Trip Application to the trip leader, including their signed waiver and release of liability as required by the club.

3. If a trip appears to be full during the registration process, applicants should contact the trip leader directly to: (i) confirm that the trip is actually full; and (ii) if full, to be placed on the trip wait list as cancellations are relatively common.

4. Trip leaders have the authority to not accept a trip participant application if the applicant does not appear to have the appropriate level of skiing ability for the trip; or (ii) bed availability does not match the a participant's circumstances, e.g., the applicant will be traveling alone, does not want to share a bed, and

cont. on sidebar page 9

## Feb 13–21, Sat–Sun, All Abilities Ski **Yellowstone National Park Dream Trip** Yellowstone, WY

**Note: The Yellowstone will not happen as planned due to changes by the Park Service. The Snow Lodgeat Old Faithful will not be open this winter season. A possible alternate trip is being investigated and the trip description will be updated on the website.**

You may have been there in the summer with all the tourists. You probably have heard about it from others who have been there in the winter. Now it is your opportunity to experience the dream: Yellowstone in Winter! Twenty lucky ONC members will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip. We'll carpool from Portland on Saturday, February 13, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in newly remodeled rooms with two queen beds per room and private baths. On Monday morning, a snow-coach ride at 7:45 a.m. takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday morning, we plan to travel a charter snow-coach ride to the Grand Canyon of the Yellowstone to ski for several hours. In the afternoon, we will return to Mammoth Hot Springs for three more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area—either Tower, Indian Creek areas, or the famous Lamar Valley. Sunday morning after breakfast, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced—something for every desire.

For those who wish, there is the possibility for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive. Please contact the trip leader for info.

If online sign up (in October 2020) shows the trip as full, please sign up for the wait list. There are almost always cancellations so chances are very good you will be able to get on the trip. Contact the leader for more info.

**Trip limit: 10-20 participants including trip leaders (two participants per room).**

**Cost: \$TBD/member, per person. Includes seven**

nights lodging (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful, Canyon, and return to Mammoth. **Not included:** meals, travel, lodging en-route, and National Park entry fees (or passes). Breakfasts, lunches, and dinners are available in the dining rooms; we have reservations for dinners (costs not included for meals) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Special rates available for children under 12 sharing a room with parents. Trip deposit of \$500 with the balance due end of October.

**Travel miles: Approximately 1,800 miles round-trip from Portland.**

**Trip leader: Ted Scheinman [tedskier@gmail.com](mailto:tedskier@gmail.com)**

**Co-leader: Mark Fitzsimmons  
[mfitzsimpica@gmail.com](mailto:mfitzsimpica@gmail.com)**

## Feb 19–21, Fri–Sun, Intermediate Backcountry Ski **Tilly Jane Guard Station** Mt. Hood, OR

(See Jan 22–24 TJ Guard Station trip description)

## Feb 23–27, Tue–Sat, All Abilities Ski/Snowshoe **Glacier National Park Train and Terrain** Izaak Walton Inn, Essex, Montana

We will take Amtrak overnight to Essex, Montana, adjacent to Glacier National Park for a wonderful ski vacation! Leave Portland on Tuesday afternoon, February 23 and arrive Wednesday morning to sparkling snow and the cozy Izaak Walton Inn. On Wednesday through Friday,



we can ski or snowshoe on the 30 km of groomed trails, ski to Dickey Bowl, other trails near the Inn, or relax in the Finnish sauna. There may also be an opportunity to ski at Marias Pass (extra cost) on the Continental Divide for some true off-trail skiing, with magnificent views.

Each night, we can enjoy a gourmet meal in the restaurant, read a good book by the fire, participate in exciting board games, or relax. After skiing on Friday night, February 26, we will board the westbound overnight train back to Portland. As we pull back into the train station in Portland on Saturday morning, you will wonder why you waited so long to take this trip.

**Trip limit: 10–20 participants including trip leaders.**

**Cost: \$370/member, per person subject to confirmation in October. Includes Amtrak coach rail fare, three days of skiing (trail passes included), two nights lodging double occupancy at**



Izaak Walton Inn. Meals on the train and at Izaak Walton Inn, and also (depending on availability) Amtrak sleeper accommodations available for purchase at an additional cost.

Travel miles: Amtrak excursions to trailheads.

Trip leader: Ted Scheinman tedskier@gmail.com

Co-leader: Jessica Park bodhicitta0@yahoo.com

Feb 25–March 1, Thur–Mon, Advanced Intermediate/Advanced Ski

### **Wallowa Mountains—Eastern Oregon**

Joseph, OR

Spend four days skiing Eastern Oregon's Wallowa Mountains where the mountains are steep and the snow is dry! There are opportunities for different levels of skiing on this trip, but there are no groomed trails in the Wallowas. Bring your Telemark or AT gear and challenge yourself climbing up Wing Ridge and skiing the backcountry powder. Depending on group desires, we can hire a guide for a day or two of backcountry adventure. The group will split up and intermediate skiers will find lots of fun (without the climb) on easier cross-country trails at Salt Creek Summit, the beautiful Wagon Rd. trail, McCully Creek Trail, or the Canal road to explore. There's also Ferguson Ridge ski area where lift tickets are \$20/day at this small community built and operated ski area. Since there's no groomed trails, very skinny skis are not appropriate for this trip and skins may be needed, depending on snow conditions.

We'll stay in one large house in Joseph and we will share potluck dinners. There are also lots of restaurants and beer pubs in Joseph and nearby Enterprise. Carpools will leave Portland on Thursday, arriving in Joseph early that evening. Skiing can be enjoyed on Friday, Saturday, Sunday, and return to Portland Monday afternoon. Joseph is walking distance from the house so it can easily be explored in the evenings along with the scenic Wallowa Lake.

The house has five bedrooms with queen beds and a bunkroom with 10 bunks. It has two kitchens and living rooms and five bathrooms. Pricing is based on your choice of a private room or a bunk in the bunkroom. For the bunkroom, you will have to furnish your own sleeping bag, pillow, and towel. Please note: Bunkroom will be a mixed gender room.

Anyone who plans to ski steeper slopes and possibly use a guide is required to bring their own avalanche gear, (beacon, probe, shovel). No exceptions for this. Guide services will be optional and additional to the cost of the trip.

**Trip limit: 12 participants including trip leader .**

**Cost: \$225/member, per person in private room. \$450/two members sharing bed in private room. \$175/member, per person in mixed gender**

**bunkroom. Includes four nights lodging.**

**Travel miles: 660 miles round-trip from Portland plus excursions to trailheads.**

**Trip leader: Susan Watt 503.201.3977  
susniam@gmail.com**

March 5–8, Fri–Mon, All Abilities Ski (groomed trails and backcountry)

### **Women's Ski Weekend in Bend**

Come and join an all women's ski weekend in beautiful Bend, Oregon. We'll have numerous skiing choices, both groomed and backcountry: Mt. Bachelor, Virginia Meissner, a number of area sno-parks. Depending on the weather and ski conditions, there will be opportunities for hiking, biking, walking the paths at the Deschutes River as well as shopping in Bend, Sisters, or Sunriver, Oregon. Trail fees apply at Mt. Bachelor and Virginia Meissner, Sno-Park permits for all others. We will be staying at The Best Western Plus Bend North. The rooms consist of two queen beds (two persons per room unless a request for their own room). Amenities are: breakfast included, microwave, refrigerator, coffee maker, free WI-FI and TV. [https://www.bestwestern.com/en\\_US/book/bend/hotel-rooms/best-western-plus-bend-north/propertyCode.38178.html](https://www.bestwestern.com/en_US/book/bend/hotel-rooms/best-western-plus-bend-north/propertyCode.38178.html)

Each person will be responsible for their own meals. Eat in, take-out or restaurants close by.

**Trip limit: 8 participants including trip leader.**

**Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging: \$145-\$165 depending if AARP or other discount applies, plus 11% approximate room tax. for three nights, based on shared room. Not include: trail fees at Mt. Bachelor and Meissner, travel costs and meals.**

**Travel miles: 350 miles round-trip from Portland plus daily excursions to trailheads.**

**Trip leader: Nancy Neuman nanc0301@yahoo.com**

March 5–7, Fri–Sun, Inter. Backcountry Ski/Tele  
**Tilly Jane A-Frame Cabin—Club Weekend**  
Mt. Hood, OR

(See Jan 8–10 TJ A-Frame Cabin trip description)

March 19–21, Fri–Sun, All Abilities Ski  
**John Craig Tour Weekend**  
Sisters, OR

All abilities are welcome on this trip. On Saturday the strong skiers will ski Highway 242 from the Sno-Park to Dee Wright observatory and back. The views of the lava flows are spectacular a few miles out of the Sno-Park so people that want to take it easy and not go all the way up to the Dee Wright should have stunning views. We plan for a groomed trail but anything can change. On Sunday we will stop at another sno-park after checking out

cont. from sidebar p. 8  
only one double bed remains available, which is better suited for another couple that has applied for the trip.  
5. Trip leaders, after consulting with the ONC-PDX Board and Overnight Trip Committee (OTC), may also deny a trip application based on an applicant's behavior on previous ONC trips.

#### **Wait List Procedures**

1. To be placed on a trip wait list, applicants must submit a completed trip application to the designated trip leader, along with a check for the full amount of the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline.

2. Wait list checks will not be cashed until the wait list applicant has been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

#### **Trip Cancellation Policy**

1. Trip fees and deposits are non-refundable, unless the trip leader is able to make a reasonable substitution for the canceling participants.

2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster.

3. If a wait list exists, the trip leader will determine whether wait-listed appli-

cont. on sidebar p. 10

cont. from sidebar p. 9  
 cants can be reasonably substituted for the canceling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter.

4. If the leader is able to make a reasonable substitution for the canceling participant, the canceling participant will receive a refund of amounts paid, minus \$10 for each participant associated with the cancellation plus any fees associated with the booking. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as needed, to ensure the proper handling of the cancellation notice and refund request.

5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC. Travel Insurance. To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. Please see [onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance) for the current listing of some trip insurance companies.

Policy and Procedure Waivers. The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so.

of the hotel and ski until returning to Portland. This sno-park will depend on conditions but most likely Three Creeks or Ray Benson. These areas are ungroomed but the trails are marked and possibly broken in. This is one of the trips using the new hotel model. We won't potluck for diners, but will eat at restaurants or participants may choose to microwave popcorn in their rooms.

**Trip limit: 6 to 12 participants including trip leader, depending on COVID-19 room sharing restrictions.**

**Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging \$137/person, double occupancy rooms. Additional small donation requested to participate in the John Craig ski. Sno-Park permit required.**

**Travel miles: 300 miles round-trip from Portland plus excursions to trailheads.**

**Trip leader: Sam Digard, [sam.digard@gmail.com](mailto:sam.digard@gmail.com)**

March 19–21, Fri–Sun, Intermediate Backcountry Ski  
**Tilly Jane Guard Station**  
 Mt. Hood, OR

(See Jan 22–24 TJ Guard Station trip description)

March 25–28, Thur–Sun, Strong Intermediate/  
 Advanced Backcountry Ski

**Mt. Rainier Backcountry**  
 Ashford, WA

This is a COVID-19 reduced risk trip plan. I plan on driving up on Thursday and skiing the North Mt. Tahoma trail network, which is mostly road ski tour, Thursday and about 12 miles. We will stay at Whittaker Motel in Ashford, WA. Rooms are about \$75 per night plus taxes, one and two beds available. Everyone is required to book their own rooms and is on their own for food, (restaurant, takeout or eat in). Friday we will plan on skiing in the Mazama Ridge area and Reflection Lakes.

Which is a backcountry tour with some telemark options. Skins are required. Saturday, if conditions are good, we will backcountry tour in the Tatoosh range or higher on Rainier with telemark options. Sunday we will do a backcountry ski tour into the South Tahoma Huts area then drive home. Breakfast is available at Whittaker Café daily. You should carry Avalanche gear and skins in your pack. Please research the COVID-19 Bubble concept, if thinking of sharing rooms and cars.

**Trip Limit: 10 participants, including leader.**

**Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your**



Ken Wenzel

**room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging: three nights in motel and food on your own.**

**Travel miles: 270 miles round-trip to Ashford, WA plus daily driving. Need AWD or chains and park fee or pass.**

**Trip leader: Ken Wenzel [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)**

April 2–4, Fri–Sun, Inter. Backcountry Ski/Tele  
**Tilly Jane A-Frame Cabin—Club Weekend**  
 Mt. Hood, OR

(See Jan 8–10 TJ A-Frame Cabin trip description)

April 16–18, Fri–Sun, Intermediate Backcountry Ski  
**Tilly Jane Guard Station**  
 Mt. Hood, OR

(See Jan 22–24 TJ Guard Station trip description)

May 27–June 9, Thur–Wed, Intermediate Bike  
**Biking, Art, French Cuisine, History, and Really Good Wine 2021**  
 France

France

**Five spaces available**

Two weeks in France biking moderate terrain. Biking is 15 to 35 miles a day with an English-speaking guide in flat to moderate terrain. Every day you have the option to ride with the group or your own discretionary itinerary. Bikes, locks, helmets, pannier, etc. are all included. E-bikes are available if you like.

We start by flying from Portland to Paris, with a short stop in Iceland. From Paris, we catch the train to Aigues-Mortes on the Mediterranean coast. We'll spend our first night here which allows a day to adjust and tour the ancient Roman infrastructure in this medieval city. This also allows a buffer day in case of travel mishaps. The bike leg begins as we board the Caprice to sail up the Rhone river, biking the countryside every day. The trip begins in the Camargue region which inspired Van Gough. Six days biking (yes, with an English-speaking guide) through red wine country where the last day is a bike ride through Chateauneuf-du-Pape. And of course, we'll have time there to stop and visit the shops. After breakfast we disembark on the eighth day of the bike/boat tour and will explore Avignon for a while. After this, we travel to the historical castle region in central France for a couple of days. From there we make our way back to Paris and stay for two nights. Our hotel is just a couple blocks from the Louvre.

**Trip limit: 10 participants including leader.**

**Cost: approx. \$3,900/member, per person. Includes round-trip airfare to Paris from Portland, all ground transportation, river transport, bike rental, all lodging, some partial laundry service, and a few other amenities. All meals while on the boat, and a sack lunch included too. Details will be confirmed by October trip sign up**

**\*Check with leader for availability**

## Welcome new members! Josette Katcha and Deborah Honthaner

September membership report: 356 total memberships (246 single and 110 family), includes 2 new and 120 renewals (non-renewals are still included in this count). Last year at this time there were 369 memberships.

## BOARD MEETING MINUTES

### Minutes of ONC-PDX July 21 Board Meeting correction:

Don Erickson' name was spelled incorrectly

Next meeting: October 13, Ken's house if weather permits, otherwise it will be held by Zoom, 10:00 a.m. ♦  
Laurel Dickie, Secretary

## CLASSIFIED ADS

**FOR SALE:** ▶ **2017-2019 Honda CRV Cargo Mat** CRV Cargo mat for low position. Used only one month. \$30

**FOR SALE:** ▶ **Yakima Locking Bedhead #01133 Truck Bed Rail Fork Bike** Mounted on truck but never used. \$70.

Linda wilsonln@msn.com text 503.705.1823 12/20

**FOR SALE:** ▶ **Ski Boots** Rossignol BCX12 3-pin boots size 44 (used once). **\$70** **Ski** Rossignol BC70 skis, full metal edges, 180cm w/3-pin bindings \$30 Karhu Kinetic skis, full metal edges, 200 cm w/3-pin bindings **\$20** ▶ **Ski poles** 120 cm fiberglass and 140 cm metal **\$10 per pair** **4 Bindings** Various 3-pin binding sets **\$5** ▶ **Ski Tip** Spare ski tips can accommodate 57mm or 68 mm after break for emergency repairs

Al levitreberg@frontier.com 11/20

**FOR SALE:** ▶ **Bike Trainer** Blackburn Mag 6 bicycle home trainer, excellent condition. Solid, stable 29.8 lbs. Six magnetic flywheel resistance settings on handlebar mounted remote for convenient, quiet, smooth resistance. Photos:

portland.craigslist.org/mlt/spo/d/portland-blackburn-mag-6-trainer/7166588582.html **\$75** (listed for \$80 on Craigs List mention ONC-PDX for \$5 off) **Amy 503.891.3689** 11/20

**FOR SALE:** ▶ **Cycling Rain Shell** This Bontrager Commuter Stormshell is a stylish, high performance women's specific rain shell in excellent, size medium, almost new condition with original tags. 100% waterproof with cycling-specific cut designed for commuting by bike in cold/wet weather. Multiple secure storage pockets; pit zips; reflectivity Fabulous color and graphic/pattern. Perfect for cycling in the Pacific NW! Photo:

portland.craigslist.org/mlt/clo/d/portland-bontrager-commuter-stormshell/7172700452.html **\$45** (retail price was \$115) (\$50 on craigslist mention ONC-PDX for \$5 off) **Amy 503.891.3689** 11/20

**FOR SALE:** ▶ **Nordic/Cross Country Ski Waxing Profile** Easily adjustable to fit most skis, with knobs for length and secure clamping of skis. Provides excellent support for the entire length of your ski, making waxing and scraping super easy. Easily mounts to a table, saw horse, or work bench with C clamps. Quality construction - made of oak and pine. Like new condition.

Photos: portland.craigslist.org/mlt/spo/d/portland-nordic-cross-country-ski/7163629331.html

**\$75 Amy or Chris 503.241.2768** 11/20

**FOR SALE:** ▶ **Skis** Fischer Country Crown XC Skis 205 cm long 60 x 55 x 58 mm width. Full metal edges. Fits groomed tracks. Drilled for NNN or NNN BC Bindings, other bindings could be fit. **\$25 OBO** ▶ **Snowboard and ski helmet** Medium. **\$25** **4 Boot liners** New Scarpa therma fit liners (never been used or fit). Mondo size 30.5 fits shell 29.5 to 30.5 plastic boots from any manufacturer **\$75 OBO** **4 Boots** Karhu XCD Traverse Boots 3 pin good backcountry performance, off trail or on. Women size 7 **\$20** **4 Binding** Rottefella ultralight backcountry, telemark, tele or cross country 3-pin bindings. **\$35** Karhu 3-pin bindings **\$20** **OBO** **4 Car rail and rack set** Yakima rail Grabber **\$135 OBO** **4 Car Kayak Saddles/Rollers** Yakima kayak saddles and roller set with straps, can used on Thule racks also. **\$120** **4 Rain Gutter Towers** Yakima Rain 1A Gutter Towers for bar mount set of 4 and includes lock cores. (retails \$219 without locks) **\$119** **4 Kayak Stacker** Yakima kayak stacker, straight, single bar towers, can used on Thule racks also. **\$35** **4 Bike rack set** Yakima Car top bike bicycle rack mounts set, can used on Thule racks also. **\$99** **4 Canoe brackets** Yakima canoe, ladder gunwale brackets, can used on Thule racks also. Set of 4. **\$45** **4 Lock** Yakima lock core SKS set of 4, 2 keys. New in box, never used and sells for \$60 yours for **\$35** **4 Clips** Yakima Q Clips new in boxes never used pair of #51 and pair of #52 list for \$35 asking **\$20 OBO** Russ russ.bec@gmail.com 10/20

**Deadline: 15th of the month** (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: **oncnewsletter@gmail.com as attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

## MEMBER BENEFITS

**Columbia Sports-wear** 911 SW Broadway—15% discount on purchases. Access to Columbia Sports-wear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. columbia.com

**Mountain Hardware** 722 SW Taylor Street—15% discount on purchases. Current membership card required. mountainhardware.com

**Mt. Hood Outfitters** 88661 East Government Camp Loop, Government Camp, OR. 25% off rentals and tours. Current membership card required. mthoodoutfitters.com

**The Mountain Shop** 2975 NE Sandy Blvd, 10% discount for members and 15% discount for leaders on purchases and 15% discount on rentals. mountainshop.net

**Next Adventure** 426 SE Grand Ave., 15% discount, current club membership card required. nextadventure.net

**Oregon Mountain Community** Online store. Subscribe to OMC e-newsletter and receive: 15% discount on purchase price. omcgear.com

**Otto's Ski & Bike Shop** 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

**Wy'East Nordic** 10% discount on cross-country ski and telemark lessons. weeastnordic.com

# ONC-PDX Overnight Trips Extravaganza

Join us for a showcase of the 2020-21 ONC-PDX overnight ski/snowshoe trips. We'll be going to places in Oregon like the east side of Mt. Hood at Tilly Jane—A-Frame and Guard Station, Lake Creek Lodge in Camp Sherman, Anthony Lakes and Wallowa Mountains in the eastern part of the state, Shelter Cove Resort at Odell Lake, Bend, and Sisters for the John Craig Tour. In Washington we'll be off to the renowned Methow Valley and Mt. Rainier. Further afield, we'll be skiing at Yellowstone National Park (tentative), and Glacier National Park. Next summer we'll bike in the Rhone Valley in France.

Join us online, with ONC-PDX friends, the overnight trip committee, and trip leaders, via Zoom.



Virtual space via Zoom  
Tuesday, October 6  
7:00 p.m. Overnight Trips Extravaganza  
Sign up for trips online starting Sunday Oct 11

## Upcoming programs

November 10—Tanzania (via Zoom)  
December 1—TBD



Oregon Nordic Club  
**P O R T L A N D**  
**C H A P T E R**

Oregon Nordic Club, Inc., Portland Chapter  
P.O. Box 3906  
Portland, OR 97208-3906

Monthly meeting:  
Lucky Labrador Brewing Company (1945 NW Quimby St.) located between NW 20th Ave. and NW 19 Ave. in Northwest Portland.

