

A lovely day in the woods

On August 2 we had our first Trail Tending since

COVID-19 appeared. I was pleasantly surprised to have eight people sign up for our work party. I had planned on working on Pocket Creek since it gets a lot of use and was starting to get a little overgrown especially on some of the alder thickets that creeks flow thru. Our new Forest Service trails lead, Paul Bach, was able to join us for the day. With nine people I decided to spread everyone out and work in three groups. This worked well and we covered most of the roads and some of the trails. We had a lovely lunch spot at the bridge by the river and enjoyed catching up on people's activities during these crazy times. We worked until 3:00 p.m. then called it a day so everyone could get home in time for supper. Many thanks to Richard Crimi, Ann Truax, Clayton Hawkes, Gregg Wenneson, John Maroney, Linda Wilson, Ken and Nancy Barker for giving a day for the trails. Great job everyone, it was a lovely day to be in the woods!



Ken Wenzel

Ken Wenzel, Trail Tending Coordinator

This year is different

It goes without saying that 2020 has been an

usual year for all of us. And just as the COVID-19 virus has upended our lives with a lot of ups and downs, so has been the overnight trip planning for the upcoming ski season. But we think we have a good plan to provide fun and safe times, as much as can be under the circumstances.

With help from our stalwart trip leaders, we are offering some hotel-based trips. We will still get to some of our favorite ski areas, we'll still get to ski in small groups (at safe social distances), and we'll still have a lot of fun gliding along in the great outdoors. We also have some classic trips arranged to places near and far that are sure to delight.

continued on page 2



Russ Pascoe

New Member Spotlight: Keith MacLaren

It is rather rare to feature a new member of the

Portland Chapter of the Oregon Nordic Club (ONC-PDX) in the monthly newsletter who has a lot more skiing ahead of him, than, perhaps, behind him. We all would agree that 2020 is a most-unique year in which to join the Club—the year of the shortened ski season and social distancing due to the COVID-19 pandemic. But new member Keith MacLaren looks forward to a season when he can enjoy the full benefits of day outings and overnight trips

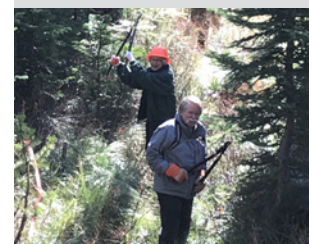
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Keith MacLaren

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EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as an attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment.

Corrections: email corrections and/or additions to the editor.

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U P C O M I N G E V E N T S

Aug 31 ▶ MONDAY

Online Views & Brews: Volcanic Sublime: Mount St. Helens in the History of Art

Livestream:

mshinstitute.org/learn/volcano-views-brews.html/event/2020/08/31/online-views-brews-volcanic-sublime-mount-st-helens-in-the-history-of-art/295725

Sept 19 ▶ SATURDAY

2nd Annual All Mountain Cleanup

9:00 a.m. – 1:00 p.m. Government Camp, OR
Check in at Government Camp at Summit Ski Resort and then choose area to cleanup. Location options: Government Camp, Timberline's Salmon Headwaters Canyon, or Mt. Hood Meadows.

Mt. Hood Institute mthoodinstitute.org

Info and sign up: solveoregon.org/opportunity/a0C1I00000RM21KUAT

SOLVE Beach & Riverside South

Waterfront Cleanup

10:00 a.m. – Noon. Staggered check in between 9:45 a.m. – 10:45 a.m. Preregistration required.

Info and sign up: solveoregon.org/opportunity/a0C1I00000PEPTpUAP

Stay Close to Home: only sign up for an event in

your community. See website for more events: solveoregon.org

Forest Park No Ivy League

9:00 a.m. – Noon. Forest Park

Invasive species removal. Face coverings required.

Short hike (up to 1 mile) to the site and work on uneven ground. Info: Mary Verrilli 503.823.8367

Sign up: solveoregon.org/opportunity/a0C1I00000R01mNUAR

Sept 26 ▶ SATURDAY

Sept 26 ▶ SATURDAY

**Sauvie Island Walton Beach Cleanup—
Fall Beach and Riverside Cleanup!**

9:00 a.m. – Noon. Self directed cleanup on Sauvie Island. Meet at Walton Beach at 9:00 a.m.

Info and sign up: solveoregon.org/opportunity/a0C1I00000RMxrIUAD

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Clinics and Training

Dec 3–12 ▶ THURSDAY–SATURDAY

2020 Oregon Fall Camp

Mt. Bachelor, OR

Select any date combination and any 1–5 days you like from a choice of 10 total days.

Registration opens in October

Info: xcoregon.org/oregon-fall-camp

This year is different continued from page 1

OK, here's how the "hotel trips" will work. Trip leaders have reserved a block of rooms or selected motels that members will book on their own. We will still do on-line sign up in October so they know who's coming and limit the trip size to a manageable level. Trips participants register on the ONC-PDX website (\$10 registration fee) and then book their room and pay the hotel directly. Members will arrange their own transportation. Meals will be at restaurants, take-out, or in-room. But we'll still ski during the day as a group observing the precautions and limitations we've come to expect. The skiing, that's the best part anyway, isn't it?

So if anyone has any comments or suggestions or trip ideas, as always, please email your friendly, trusty Trips Committee: oncpdx.ontrip@gmail.com. And save the dates; October 6 for the annual Overnight Trips Extravaganza (on Zoom) and Oct. 11 for opening of on-line signups.

Sam Digard (Chair), Richard Crimi, Steve McCabe, Overnight Trips Committee

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, for members only.
- ▶ Free travel programs at monthly member meetings
- ▶ **Discounts at selected merchants (see p. 7)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$30 for single, \$40 for family/household. \$10 for paper newsletter. Info: oncmembership@gmail.com

BOARD SKI TRACKS

No article this month

Renew your ONC-PDX membership

It's that time of year, renew your ONC-

PDX memberships now. You can renew by going online: onc-pdx.org, login, click on "Membership" then on "Renew." A paper membership renewal form is available there too.

Support your club and enjoy your club benefits. ♦
Membership Committee

New Member Spotlight: Keith continued from p. 1 that come with club membership.

It was an ad at Next Adventure promoting the ONC-PDX that led Keith to the clubhouse door last ski season. Having skied a bit as a kid and reviving his interest in the sport more recently, Keith had been relearning how to use a new pair of skis he had bought and going out on Mt. Hood's trails last winter. Bennett Pass became his local favorite trail.

"My big hope when joining was to be able to tap into the local knowledge base, learn about fun, new trails, and hopefully meet some like-minded folks," Keith says.

One reason that Keith enjoys skiing is for the views. He was drawn back to the occasional family activity of cross-country skiing that he recalls fondly as a child. Keith says that it is difficult to choose just one reason that he enjoys the sport: "But if I had to pick one, I like the feeling of moving quietly along across the snow with a good view."

Looking ahead, Keith wants to add very mild backcountry skiing to his activities and sometimes venture into Central Oregon's mountains. He also hopes that circumstances at last will allow him to follow his own advice for new club members: "Try to get in on some of the group day trips... at least that's what I wish I'd been able to do. And what I'll be going out of my way to do next year." Other goals are to learn more about nearby trails from ONC-PDX members and his hiking trail maps (he's a hiker and a runner) and eventually to get his wife and four sons out cross-country skiing. The older three boys do downhill skiing; their youngest is one year old. The family has lived in Southwest Portland since 2016, conveniently near running trails. Oh, Keith also flies, as a 747 pilot. Wryly, he says about his piloting career that he "hauls freight in an 18 wheeler."

Christine Bierman

NORDIC ISSUES/NEWS

Columbia Gorge

Hiking trails Check here for a list of the trails that are open: readyssetgorge.com

Mt. Hood National Forest

Mt. Hood Recreation Sites For a complete list of open and closed recreation sites, please check the Mt. Hood National Forest's website: fs.usda.gov/goto/mthood/conditions

Gifford Pinchot National Forest

Road closures and fire restrictions Alerts and fire restrictions can be found here: fs.usda.gov/alerts/giffordpinchot/alerts-notices

Deschutes National Forest

Alerts and fire restrictions can be found here: fs.usda.gov/alerts/deschutes/alerts-notices ♦
Pam Rigor, Nordic Issues

NEWS FROM TILLY JANE

Join us on the Tilly Jane Wood Haul.

Come up and see the improvements on the A-Frame interior and Guard Station. The cabins will be open Friday and Saturday nights too. All volunteers earn a free weekend at one of the club/volunteer weekends during the winter season.

Oct 3, Sat, Tilly Jane Wood Haul Tilly Jane, East side of Mt. Hood, OR

More details will be posted on the website and in next month newsletter. ♦

Andr  Fortin, Tilly Jane

VOLUNTEER OPPORTUNITIES

To help contact: Ken Wenzel
skiwenzel@hotmail.com

ONC-PDX Historian This person would manage photo and video sharing from trips and activities, and manage and arrange storage of past and future ONC-PDX photo files.

Leadership Training Help us increase the number of day tour leaders, so we can have more day tours.

Day Tours Leaders

Day tour leaders contact ONC-PDX Day Tours Committee to volunteer:
oncdaytours@gmail.com

Publications/Articles Are you a writer, have other skills to help with the newsletter? Contact oncnewsletter@gmail.com

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**Oregon Nordic Club
Portland Chapter
(ONC-PDX) is one of
11 Chapters of the
ONC state organiza-
tion, Oregon Nordic
Club (ONC).**

**ONC-PDX:
onc-pdx.org
ONC:
onc.org**

DAY TOURS OVERVIEW

RSVP: It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

Tour Difficulty: It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

What to Bring: Let's start with the 10 Essentials. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: onc-pdx.org/resources/wear For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

Carpooling: ONC-PDX encourages carpooling as a means to reducing environmental impact, sharing costs, and socializing during travel. The cost share and liability is between you and the driver. Below are suggested donations, but it is your responsibility to set the donation amount and any other expectations for the trip with the driver before
cont. on sidebar page 5

Trail tending schedule

Join us for a trail tending party, no experience necessary. Sign up on our website to participate; there is a limit of ten people per party.

What to bring: A comfortable pair of gloves to protect your hands (gardening gloves work). Wear long pants, a long sleeved shirt, and hiking boots. We provide the tools and hard hats. Finally, bring a lunch, snacks, lots of water, bug repellent, and sunscreen. **Note: bring masks and glasses.**

Sept 12, Sat, Trail Tending Party Government Camp Ski Trails, Mt. Hood, OR

We'll be working on a number of trails in the area, limbing, brushing, and posting blue diamond. Meet at 9:30 a.m. at the Government Camp Rest Area; we'll work until about 3:00 p.m. See list above on what to bring.

Sign up on the website (onc-pdx.org/trail-tending-parties). For more info contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com

Sept 26, Sat, Trail Tending Party Marble Mt. Ski Trails, Mt. St. Helens, WA

We'll be working on trail 244B at Marble Mt. Sno-Park limbing, brushing, and posting blue diamond. Meet at the Sno-Park at 9:30 a.m.; we'll work until 2:30 p.m. See list above on what to bring.

Sign up on the website (onc-pdx.org/trail-tending-parties). For more info contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com

COVID-19 plan for trail tending

Pre-screening questionnaire: Prior to any ONC-PDX activity participants will be asked to verify they do not have any of the symptoms of COVID-19 as provided by CDC: [cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) Anyone with symptoms will not be allowed to participate.

Travel: Participants will arrange their own transportation and will not carpool except with members of their own household.

PPE Requirements: All participants will maintain a minimum of six feet between each other. Participants will wear masks covering their mouth and nose. Participants will provide their mask. Protective eye coverings will be worn. Disinfectant wipes will be provided for wiping down tools before and after use. Tools will not be shared unless properly disinfected. Hand sanitizer will be provided. Participants will wear work gloves which they provide. Participants will provide their own food and beverages which will not be shared. Hard hats will be worn during trail maintenance activities and will be sanitized before being issued. The leader will carry extra masks in case of unforeseen circumstances.

Evacuation plan for a person showing symptoms of COVID-19. Person will be escorted back to their car. If unable to drive safely emergency services will be contacted. ◆

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under "Membership") before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies on sidebar page 7 or on website: onc-pdx.org/activities/trip-policies/overnight-trip-policies
- ◆ Sign up online; paper applications are available
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full online, join the wait list. Last minute openings do occur!
- ◆ Purchase trip insurance (some trips include it). Please note the cancellation policy should you need to cancel for any reason.

Note: Members may sign up for overnight trips using the paper ONC-PDX overnight trip application and a check sent to the trip leader. However, signups by mail will not be accepted until online sign up opens and some trips may fill prior to receipt and processing.

Dec 27–Jan 1, Sun–Fri, All Abilities Ski (classic/skate on groomed trails)

Methow Valley New Year's Winthrop, WA

Methow Valley is an outstanding, unique area that is ideally suited for both classic track skiing and skate skiing. The Methow Valley Association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. Trail elevations range from 2,000 to 4,000 feet. The snow conditions and trail quality make the Methow Valley a classic and skate skiers Mecca. We'll stay in two luxury condominiums in Winthrop with full accommodations. Plan for dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and are within skiing or walking distance along with grocery and convenience stores. If you have considered learning to skate ski, lessons are available at Sun Mountain and in Mazama. In the past, several participants liked their new-found skill so much they decided to keep the rented skate skis for the entire trip. Speaking of skating, there is even an ice skating rink in town.

If online sign-up (in October) shows the trip as full, please sign up for the wait list. There are almost always several cancellations so chances are very good you will be able to get on the trip. Ring in the New Year's in Winthrop!

Trip limit: 10 participants including trip leader.
Cost: \$310/member, per person. Includes five nights lodging. Groomed trail pass not included (approx. \$84 for four days, 2020 season).

Travel miles: 800 miles round-trip from Portland plus excursions to trailheads.
Trip leader: Ted Scheinman teds skier@gmail.com

Jan 8–10, Fri–Sun, Inter. Backcountry Ski/Tele
Tilly Jane A-Frame Cabin—Club Weekend
Mt. Hood, OR

This trip also available the following weekends:
February 5–7, March 5–7, and April 2–4

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS required. Climbing skins are required.

Trip limit: 10 (max.) participants. Open to all ONC-PDX members and Tilly Jane (TJ) cabin volunteers.

Cost: Free (another club benefit). You must be an ONC-PDX member or TJ volunteer before signing up for this trip.

For more info contact:
reservations@tillyjanecabins.org

We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 15–18, Fri–Mon, All Ability Ski
MLK Weekend at Lake Creek Lodge
Camp Sherman, OR

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins panelled in knotty pine, fireplaces, full kitchens, a creek coursing through the grounds, and the ideal ambience for a cross-country ski holiday. Check out the website at: lakecreeklodge.com. We'll travel over on Friday; cook dinner on Saturday and have leftovers and a slideshow on Sunday. Ski options are many—Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky, right out the door of our cabins. There are separate rooms for couples/genders.

Trip limit: 16 participants including trip leader.

Cost: \$195/member, per person. Includes three nights lodging.

Travel miles: 300 miles round-trip from Portland plus excursions to trailheads.

Trip leader: Steve Levy slevy@pacifier.com

Jan 20–24, Wed–Sun, All Abilities Ski
Anthony Lakes and Horseshoe Prairie
La Grande, OR

Wednesday we will drive on I-84 to Meacham Divide and do some trail skiing on our way to La Grande, OR. This is a COVID-19 reduced risk trip so

Ken Wenzel



everyone will decide on their own car options and book their own motel room. We will be staying at the Super 8 Motel in La Grande. Food will be on your own,

(restaurant, take out or microwave at hotel). Thursday we will drive to Anthony Lakes and we can break up into groups of like interest, (track, tour, backcountry, or lift). Lunch will be at the lodge or car or on trail. Friday is a repeat of Thursday. Saturday we will drive to Horseshoe Prairie and trail ski the network of trails and roads in the area of open pine forest and meadows. Sunday we will return to this area and try to ski at the Spout Springs ski area (backcountry) or Horseshoe Prairie (trail ski) or Meacham Divide depending on skier's choice, and then drive home. Please research the COVID-19 Bubble concept, if thinking of sharing rooms and cars.

Trip limit: 14 participants including trip leader, but flexible.

Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging: \$300–\$352 plus taxes, one and two beds available, for four nights. Not included: transportation, trail fees, and meals.

Travel miles: 600 miles round-trip from Portland plus travel to trailheads.

Trip leader: Ken Wenzel
skiwenzel@hotmail.com

Jan 22–24, Fri–Sun, Intermediate Backcountry Ski
Tilly Jane Guard Station
Mt. Hood, OR

This trip also available the following weekends:
February 19–21, March 19–21, and April 16–18

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are required, too.

Trip limit: 4 participants (max.), Open to ONC-PDX members with preference given to Tilly Jane (TJ) volunteers.

Cost: Free (another club benefit). You must be an

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departing. ONC-PDX suggests a donation amount on overnight trips of 10 to 15 cents per mile per person, depending on length of trip and anticipated road conditions. Again the rate set by the driver should reflect the number of passengers being transported.

For local day tours a recommended donation amount to the driver is as follows: for a large capacity vehicle, rate determined by driver. Otherwise for normal cars, our suggested donation per person round trip from Portland is: Westside of Mt. Hood (Government Camp area) \$8/ person, Barlow Pass or Timberline Lodge, White River \$10/ person, Teacup or Pocket Creek or Mt. Saint Helens \$12/ person, Mt. Adams \$15 per person. onc-pdx.org/ carpooling

Dogs: Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).
FS Dog Policy: Dogs must be on a leash in all snow-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR/TRIP RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination.

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Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.

Novice Ski

2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as possible.

Easy

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate

Ski: 6–12 miles.

Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees).

Moderate pace. Trail turning skills required, if there are hills. Consult tour/trip description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced

Ski: > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

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ONC-PDX member, or TJ volunteer to sign up for this trip.

For more info contact:

reservations@tillyjanecabins.org

We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 26–31, Tue–Sun, All Abilities Ski/Snowshoe
Methow Valley in Winter
Mazama, WA

The Methow Valley in North Central Washington always provides the best skiing in the Northwest, according to me (so it must be true). We will have perfect snow, sunshine, wide open spaces, and views of peaks while skiing on 200 km of expertly-groomed trails. Between the gentle valley floor, Sun Mountain, and the challenging Rendezvous Traverse, there are trails to appeal to skiers of all abilities. Snowshoeing is possible as well. Ski lessons and rentals are available in Mazama and Sun Mountain. We will plan our day's activities the night before and probably divide into two groups.

In these COVID-19 times, we will be staying in Mazama, a short walk from the Mazama Country Store, trailhead, and ski shop at the Mazama Ranch House. Check it out online:

mazamaranchhouse.com. I have booked five "wing rooms" adjacent to the main ranch house and to each other, with a covered walkway connecting them. We have three rooms with two queen beds (about \$150/night) and two rooms with one queen bed (about \$140/night). All have well-equipped kitchenettes. The ranch also offers access to the Chicken Coop, a room suitable for gathering under normal circumstances. My goal was to find lodging that fosters the ONC camaraderie we love despite the restrictions of the times.

Trip limit: 10 to 12 participants including trip leader, depending on COVID-19 room sharing restrictions.

Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging \$350-375 for five nights lodging, depending on room sharing. Not included: trail passes approx. \$63 for three days, 2020 season, food/meals, and travel costs.

Travel miles: 820 miles round-trip from Portland plus excursions to trailheads.

Trip leader: Elke Schoen elkeschoen@msn.com

Feb 5–7, Fri–Sun, Inter. Backcountry Ski/Tele
Tilly Jane A-Frame Cabin—Club Weekend
Mt. Hood, OR

(See Jan 8–10 Tilly Jane A-Frame trip description)

Feb 5–8, Fri–Mon, All Abilities Ski

Shelter Cove Resort at Odell Lake

Odell Lake, OR

High up in the Cascades east of Eugene lies Willamette Pass and the beautiful Odell Lake. Odell Lake is situated at 4,800 feet, so there is plenty of snow plus great scenery. We stay at Shelter Cove Resort in two large cabins in the Kokanee Lodge with plenty of room for us. Beautiful views right on the shore of Odell Lake. There are a number of good ski routes near: the Pengra ski area, the trails to Gold Lake, smaller trails right around Shelter Cove Resort and at Odell Lake Resort. Willamette Pass ski area has 22 km of beautifully groomed trails, however trail fees apply. Come experience a real winter in this beautiful snow-laden resort on a gorgeous high mountain lake. We will cook on Saturday and Sunday evenings. On Friday you can eat in on your own, or there are restaurants in Oakridge on your way and a couple small country pubs within 10 miles of the resort. Bring your own breakfast and lunch foods. The kitchens come equipped with most items and include microwaves, but some supplies are in short supply.

Trip limit: 10 participants including trip leader. Cost: \$235/member, per person. Includes three nights lodging.

Travel miles: 360 miles round-trip from Portland plus excursions to trailheads.

Trip leader: Ted Scheinman teds skier@gmail.com

Feb 12–15, Fri–Mon, All Abilities Ski (mostly groomed trails)/Snowshoe

Presidents' Day Weekend in Bend

Bend area, OR

Join us for two days of skiing over the President's weekend. This is prime time skiing in the Central Cascades. Weather permitting we have options to ski the groomed trails at Mount Bachelor Nordic Center (56 km of groomed trails) or Virginia Meissner (40 km of groomed trails) in addition to the ungroomed trails around Swampy Lakes. Both Virginia Meissner and Swampy Lakes offer snowshoeing opportunities. This trip requires a minimum of two people for snowshoeing to ensure safety. This trip is using the new hotel model for accommodations. We will be staying in Bend and have dinners out, or if preferred the hotel has both a refrigerator and microwave in suite for those who are interested in eating in their room. A block of rooms has been reserved for this trip and participants will pay the hotel directly. For those who can leave Portland Friday morning, there is an option to ski before we check into the hotel as well as skiing on Monday before returning home.

Trip limit: 8 participants, single occupancy, including trip leader.

Cost: \$10/member registration fee. Register on

the **ONC-PDX website (\$10)** and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging \$243 single occupancy for three nights lodging. You will have a room to yourself or arrange to share with someone and split the price. Trail pass fees, sno-park permit and meals not included, except free breakfast from the hotel.

Travel miles: 350 miles round-trip from Portland to Bend downtown, plus excursions to trailheads.

Trip leader: Linda Wilson wilsonln@msn.com

Feb 13–21, Sat–Sun, All Abilities Ski

Yellowstone National Park Dream Trip Yellowstone, WY

You may have been there in the summer with all the tourists. You probably have heard about it from others who have been there in the winter. Now it is your opportunity to experience the dream:

Yellowstone in Winter! Twenty lucky ONC members will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip. We'll carpool from Portland on Saturday, February 13, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in newly remodeled rooms with two queen beds per room and private baths. On Monday morning, a snow-coach ride at 7:45 a.m. takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday morning, we plan to travel a charter snow-coach ride to the Grand Canyon of the Yellowstone to ski for several hours. In the afternoon, we will return to Mammoth Hot Springs for three more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area—either Tower, Indian Creek areas, or the famous Lamar Valley. Sunday morning after breakfast, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced—something for every desire.

For those who wish, there is the possibility for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive. Please contact the trip leader for info.

If online sign up (in October 2020) shows the trip as full, please sign up for the wait list. There are

almost always cancellations so chances are very good you will be able to get on the trip. Contact the leader for more info.

Trip limit: 10-20 participants including trip leaders (two participants per room).

Cost: \$1,575/member, per person. Includes seven nights lodging (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful, Canyon, and return to Mammoth. Not included: meals, travel, lodging en-route, and National Park entry fees (or passes). Breakfasts, lunches, and dinners are available in the dining rooms; we have reservations for dinners (costs not included for meals) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Special rates available for children under 12 sharing a room with parents. Trip deposit of \$500 with the balance due end of October.

Travel miles: Approximately 1,800 miles round-trip from Portland.

Trip leader: Ted Scheinman tedskier@gmail.com

Co-leader: Mark Fitzsimmons
mfitzsimpica@gmail.com

Feb 19–21, Fri–Sun, Intermediate Backcountry Ski
Tilly Jane Guard Station
Mt. Hood, OR

(See Jan 22–24 TJ Guard Station trip description)

Feb 23–27, Tue–Sat, All Abilities Ski or Snowshoe
Glacier National Park Train and Terrain
Izaak Walton Inn, Essex, Montana

We will take Amtrak overnight to Essex, Montana, adjacent to Glacier National Park for a wonderful ski vacation! Leave Portland on Tuesday afternoon, February 23, and arrive Wednesday morning to sparkling snow and the cozy Izaak Walton Inn. On Wednesday, ski or snowshoe on the 30 km of groomed trails, or relax in the Finnish sauna or Olympic size hot tub. On Thursday, we will take a van up to Marias Pass on the Continental Divide for some true off-trail skiing, with magnificent views. On Friday, we will travel to the Going to the Sun Highway, which is not plowed in the winter. Or on Friday, we can ski the magnificent Dickey Bowl, the groomed trails, or other ski trails in the area. Each night, we can enjoy a gourmet meal in the restaurant, read a good book by the fire, participate in exciting ONC board games, or relax. On Friday night, February 26, we will board the westbound overnight train back to Portland. As we pull back into the train station in Portland on Saturday morning, you will wonder why you waited so long to take this trip.

Trip limit: 10–20 participants including trip leaders.

Cost: \$375/member, per person; Includes four days of skiing (trail passes included), all transportation, three nights lodging double occupancy at Izaak Walton Inn. Not included: meals on the

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Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, re-grouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR/TRIP ESSENTIALS

Pack these essentials on any ONC-PDX activity, "just in case." Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

Skiing and Hiking

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

Trip Participation

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing

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up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.

2. Overnight trip sign-ups are done online at the club website (onc-pdx.org/activities/overnight-trips). The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed Overnight Trip Application to the trip leader, including their signed waiver and release of liability as required by the club.

3. If a trip appears to be full during the registration process, applicants should contact the trip leader directly to: (i) confirm that the trip is actually full; and (ii) if full, to be placed on the trip wait list as cancellations are relatively common.

4. Trip leaders have the authority to not accept a trip participant application if the applicant does not appear to have the appropriate level of skiing ability for the trip; or (ii) bed availability does not match the a participant's circumstances, e.g., the applicant will be traveling alone, does not want to share a bed, and

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train and at the Izaak Walton Inn available for purchase. Sleeper accommodations may also be available on Amtrak for an additional cost.

Travel miles: Amtrak excursions to trailheads.

Trip leader: Ted Scheinman tedskier@gmail.com

Co-leader: Jessica Park bodhicitta0@yahoo.com

Feb 25–March 1, Thur–Mon, Advanced Intermediate/Advanced Ski

Wallowa Mountains

Joseph, OR

Spend four days skiing Eastern Oregon's Wallowa Mountains where the mountains are steep and the snow is dry! There are opportunities for different levels of skiing on this trip, but there are no groomed trails in the Wallowas. Bring your Telemark or AT gear and challenge yourself climbing up Wing Ridge and skiing the backcountry powder. Depending on group desires, we can hire a guide for a day or two of backcountry adventure. The group will split up and intermediate skiers will find lots of fun (without the climb) on easier cross-country trails at Salt Creek Summit, the beautiful Wagon Rd. trail, McCully Creek Trail, or the Canal road to explore. There's also Ferguson Ridge ski area where lift tickets are \$20/day at this small community built and operated ski area. Since there's no groomed trails, very skinny skis are not appropriate for this trip and skins may be needed, depending on snow conditions.

We'll stay in one large house in Joseph and we will share potluck dinners. There are also lots of restaurants and beer pubs in Joseph and nearby Enterprise. Carpools will leave Portland on Thursday, arriving in Joseph early that evening. Skiing can be enjoyed on Friday, Saturday, Sunday, and return to Portland Monday afternoon. Joseph is walking distance from the house so it can easily be explored in the evenings along with the scenic Wallowa Lake.

The house has five bedrooms with queen beds and a bunkroom with 10 bunks. It has two kitchens and living rooms and five bathrooms. Pricing is based on your choice of a private room or a bunk in the bunkroom. For the bunkroom, you will have to furnish your own sleeping bag, pillow, and towel. Please note: Bunkroom will be a mixed gender room.

Anyone who plans to ski steeper slopes and possibly use a guide is required to bring their own avalanche gear, (beacon, probe, shovel). No exceptions for this. Guide services will be optional and additional to the cost of the trip.

Trip limit: 12 participants including trip leader .

Cost: \$225/member, per person in private room.

\$450/two members sharing bed in private room.

\$175/member, per person in mixed gender

bunkroom. Includes four nights lodging.

Travel miles: 660 miles round-trip from Portland plus excursions to trailheads.

Trip leader: Susan Watt 503.201.3977

susniam@gmail.com

March 5–8, Fri–Mon, All Abilities Ski (groomed trails and backcountry)

Women's Ski Weekend in Bend

Bend, OR

Come and join an all women's ski weekend in beautiful Bend, Oregon. We'll have numerous skiing choices, both groomed and backcountry: Mt. Bachelor, Virginia Meissner, a number of area sno-parks. Depending on the weather and ski conditions, there will be opportunities for hiking, biking, walking the paths at the Deschutes River as well as shopping in Bend, Sisters, or Sunriver, Oregon. Trail fees apply at Mt. Bachelor and Virginia Meissner, Sno-Park permits for all others. We will be staying at The Best Western Plus Bend North. The rooms consist of two queen beds (two persons per room unless a request for their own room). Amenities are: breakfast included, microwave, refrigerator, coffee maker, free WI-FI and TV. https://www.bestwestern.com/en_US/book/bend/hotel-rooms/best-western-plus-bend-north/propertyCode.38178.html

Each person will be responsible for their own meals. Eat in, take-out or restaurants close by.

Trip limit: 8 participants including trip leader.

Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging: \$145-\$165 depending if AARP or other discount applies, plus 11% approximate room tax. for three nights, based on shared room. Not include: trail fees at Mt. Bachelor and Meissner, travel costs and meals.

Travel miles: 350 miles round-trip from Portland plus daily excursions to trailheads.

Trip leader: Nancy Neuman nanc0301@yahoo.com

March 5–7, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend Mt. Hood, OR

(See Jan 8–10 TJ A-Frame Cabin trip description)

March 19–21, Fri–Sun, All Abilities Ski

John Craig Tour Weekend

Sisters, OR

All abilities are welcome on this trip. On Saturday the strong skiers will ski Highway 242 from the Sno-Park to Dee Wright observatory and back. The views of the lava flows are spectacular a few miles out of the Sno-Park so people that want to take it easy and not go all the way up to the Dee Wright should have stunning views. We plan for a groomed trail but anything can change. On Sunday we will stop at another sno-park after checking out of the hotel and ski until returning to Portland.

This sno-park will depend on conditions but most likely Three Creeks or Ray Benson. These areas are ungroomed but the trails are marked and possibly broken in. This is one of the trips using the new hotel model. We won't potluck for dinners, but will eat at restaurants or participants may choose to microwave popcorn in their rooms.

Trip limit: 6 to 12 participants including trip leader, depending on COVID-19 room sharing restrictions.

Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader for info about booking the rooms. Lodging \$137/person, double occupancy rooms. Additional small donation requested to participate in the John Craig ski. Sno-Park permit required.

Travel miles: 300 miles round-trip from Portland plus excursions to trailheads.

Trip leader: Sam Digard, sam.digard@gmail.com

March 19–21, Fri–Sun, Intermediate Backcountry Ski
Tilly Jane Guard Station
Mt. Hood, OR

(See Jan 22–24 TJ Guard Station trip description)

March 25–28, Thur–Sun, Strong Intermediate/
Advanced Backcountry Ski
Mt Rainier Backcountry
Ashford, WA

This is a COVID-19 reduced risk trip plan. I plan on driving up on Thursday and skiing the North Mt. Tahoma trail network, which is mostly road ski tour, Thursday and about 12 miles. We will stay at Whittaker Motel in Ashford, WA. Rooms are about \$75 per night plus taxes, one and two beds available.

Everyone is required to book their own rooms and is on their own for food, (restaurant, takeout or eat in). Friday we will plan on skiing in the Mazama Ridge area and Reflection Lakes. Which is a backcountry tour with some telemark options. Skins are required. Saturday, if conditions are good, we will backcountry tour in the Tatoosh range or higher on Rainier with telemark options. Sunday we will do a backcountry ski tour into the South Tahoma Huts area then drive home. Breakfast is available at Whittaker Café daily. You should carry Avalanche gear and skins in your pack. Please research the COVID-19 Bubble concept, if thinking of sharing rooms and cars.

Trip Limit: 10 participants, including leader.

Cost: \$10/member registration fee. Register on the ONC-PDX website (\$10) and then book your room and pay the hotel directly; contact the leader

for info about booking the rooms. Lodging: three nights in motel and food on your own.

Travel miles: 270 miles round-trip to Ashford, WA plus daily driving. Need AWD or chains and park fee or pass.

Trip leader: Ken Wenzel skiwenzel@hotmail.com

April 2–4, Fri–Sun, Inter. Backcountry Ski/Tele
Tilly Jane A-Frame Cabin—Club Weekend
Mt. Hood, OR

(See Jan 8–10 TJ A-Frame Cabin trip description)

April 16–18, Fri–Sun, Intermediate Backcountry Ski
Tilly Jane Guard Station
Mt. Hood, OR

(See Jan 22–24 TJ Guard Station trip description)

May 27–June 9, Thur–Wed, Intermediate Bike
Biking, Art, French Cuisine, History, and Really Good Wine 2021
France

Five spaces available

Two weeks in France biking moderate terrain. Biking is 15 to 35 miles a day with an English-speaking guide in flat to moderate terrain. Every day you have the option to ride with the group or your own discretionary itinerary. Bikes, locks, helmets, pannier, etc. are all included. E-bikes are available if you like.

We start by flying from Portland to Paris, with a short stop in Iceland. From Paris, we catch the train to Aigues-Mortes on the Mediterranean coast. We'll spend our first night here which allows a day to adjust and tour the ancient Roman infrastructure in this medieval city. This also allows a buffer day in case of travel mishaps. The bike leg begins as we board the Caprice to sail up the Rhone river, biking the countryside every day. The trip begins in the Camargue region which inspired Van Gough. Six days biking (yes, with an English-speaking guide) through red wine country where the last day is a bike ride through Chateauneuf-du-Pape. And of course, we'll have time there to stop and visit the shops. After breakfast we disembark on the eighth day of the bike/boat tour and will explore Avignon for a while. After this, we travel to the historical castle region in central France for a couple of days. From there we make our way back to Paris and stay for two nights. Our hotel is just a couple blocks from the Louvre.

Trip limit: 10 participants including leader.

Cost: approx. \$3,900/member, per person. Includes round-trip airfare to Paris from Portland, all ground transportation, river transport, bike rental, all lodging, some partial laundry service, and a few other amenities. All meals while on the boat, and a sack lunch included too. Details will be confirmed by October trip sign up

Trip leader: Sam Digard sam.digard@gmail.com ♦

***Check with leader for availability**

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only one double bed remains available, which is better suited for another couple that has applied for the trip.
5. Trip leaders, after consulting with the ONC-PDX Board and Overnight Trip Committee (OTC), may also deny a trip application based on an applicant's behavior on previous ONC trips.

Wait List Procedures

1. To be placed on a trip wait list, applicants must submit a completed trip application to the designated trip leader, along with a check for the full amount of the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline.

2. Wait list checks will not be cashed until the wait list applicant has been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

Trip Cancellation Policy

1. Trip fees and deposits are non-refundable, unless the trip leader is able to make a reasonable substitution for the canceling participants.

2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster.

3. If a wait list exists, the trip leader will determine whether wait-listed appli-

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Ken Wenzel



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cants can be reasonably substituted for the canceling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter.

4. If the leader is able to make a reasonable substitution for the cancelling participant, the cancelling participant will receive a refund of amounts paid, minus \$10 for each participant associated with the cancellation plus any fees associated with the booking. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as needed, to ensure the proper handling of the cancellation notice and refund request.

5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC. Travel Insurance. To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. Please see onc-pdx.org/resources/trip-insurance for the current listing of some trip insurance companies.

Policy and Procedure Waivers. The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so.

Welcome new members! No new members this month

August membership report: 354 total memberships (244 single and 110 family). Last year at this time there were 360 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX July 21 Board Meeting

Present: Ken Wenzel, Don Ericson, Tere Enburg, Laurel Dickie, Andrè Fortin

Meeting Minutes: Tere motions, Don seconded that the minutes from the May 12, 2020 board meeting be approved. Motion passes.

Programs: Summer picnic–Sept. 1 at Laurelhurst Park with everyone social distancing and bringing their own food. ■ September Meeting–We continue to do monthly meetings via Zoom.

Tilly Jane Report: The A-frame cabin was closed through June but opened July 1 with COVID-19 appropriate restrictions in place. ■ The rentals are restricted to one party so rental price has been lowered. Since the cabin is unmanaged, cleaning supplies have been supplied. The expectation is the parties will clean before and after their stay. ■ The guard station will open later with similar parameters. ■ We are booked for about 6 reservations through December. ■ Revenue for both cabins are around \$20-\$24k per year but as COVID-19 required cancellations, we are about \$12k in the hole currently. ■ Soon we'll be working with a new permit coordinator. The current coordinator is working on a 10 year permit. ■ A work party is being set up of August 15 & 16 with a limit of 10 people to meet COVID-19 guidelines. Most upgrades have been made and now the cabins are at the maintenance level. ■ The wood haul work party will be Oct. 3. ■ Andrè will set up an endowment to take care of the cabin when ONC-PDX is no longer the caretaker. ■ Josh Lawrence is being mentored by Andrè to gradually take over running of the cabins but he's probably not going to be active in the club. ■ Andrè would like to see a sub-group for Tilly Jane activities without having to be members of a ski club. He proposes the cabin fund all TJ subcommittee members ONC-PDX yearly membership dues. Right now it's just 2 people and he's working on having 2 additional people assist with the cabin operations. These folks will sign up during the ONC-PDX member renewal period and then the cabin will reimburse for ONC-PDX club dues. ■ The guard station outhouse was pumped this year. Apparently folks have been dumping wood ash in there. The company will need to return to put more water and detergent in the pit to help reduce this sludge.

Nordic Issues: Timberline Lodge Expansion–No ski trails that go through the area are impacted. Ken asked the Timberline folks about ski routes because when he reviewed the documents it seemed as though a lift ticket was required. ■ They agreed to change the document. But they don't want skiers to ride the ski bus up and ski down, defeating the purpose of purchasing ski lift tickets.

Mt. Hood Land Exchange–The FS is sticking with their appraisals and is ready to make the trade. ■ There are citizen groups who question giving so much land to Meadows Ski Resort. ■ Ken will do the Zoom meeting to officially tell the ONC-PDX viewpoint.

Treasurer's Report: The initial budget for next year Don has developed indicates a shortfall of about \$3,000. However it still needs more input from the overnight trips committee and Tilly Jane staff before it can be finalized. Once that information is obtained, then a revised 2020-21 budget can show where we stand and what actions may be necessary. ■ He forecasts there will have less membership, probably break-even on overnight trips. ■ The ski bus will probably be off the table due to corona virus parameters. Conversely we won't have as much PayPal expenses. ■ Printing costs will go down as we have switched to e-newsletters. ■ He has adjusted rental costs for our meeting place because we probably won't meet in person until January 2021. ■ There are still about \$160k in the bank; at least \$120k from Tilly Jane.

Trail Tending: Ken received emails back from FS with the all clear to do tending in August and September.

Overnight Trip Committee: 2020 season wrapped up with 23 trips offered. The end of the season trips were cancelled due to COVID-19 restrictions.

Membership: As of 7/13/2020 we have: Total memberships: 354. Single memberships: 244 Family memberships: 110 ■ There was one renewed membership in June. We will ask Patrice F. to track the number of members who wish a hardcopy of the club newsletter.

New Business

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ONC-PDX Board Meeting Minutes continued from page 10

Proposed COVID-19 response document: Ken presented the multifaceted document to the Board. Contact tracing information is on the wavier forms as folks preregister online before trail tendings and trips. ■ A suggestion was made to put the version date at the top of the document. Tere proposes we put this policy in place, Don seconds, motion passed.

Member benefits updates listed on the website: Eliminate “free lessons and low cost clinics”

First Aid Training: A short discussion ensued on what amount to reimburse for taking First Aid, Wilderness First Aid, and Avalanche Safety classes for potential leaders. The club will reimburse \$100 of the class cost for any Leader or Co-Leader for one class for a period of a year or within one year of being a leader. Tere proposes this policy, Don seconds, motioned passed.

New Topics of Discussion: Shall we limit “unofficial” trips posted through the forum? It's a consensus this isn't an issue at this time.

COVID-19 Supplies: Ken asks our thoughts on using thermometers for COVID-19 testing? It was decided we would not purchase thermometers at this time. If we follow Mazama guidelines, then members self-monitor their health.

Next meeting: September 15, Ken's house, 9:00 a.m.

Laurel Dickie, Secretary

CLASSIFIED ADS

FOR SALE: ▶ **Ski Boots** Rossignol BCX12 3-pin boots size 44 (used once). **\$704** **Ski** Rossignol BC70 skis, full metal edges, 180cm w/3-pin bindings \$30 Karhu Kinetic skis, full metal edges, 200 cm w/3-pin bindings **\$20** ▶ **Ski poles** 120 cm fiberglass and 140 cm metal **\$10 per pair** **4 Bindings** Various 3-pin binding sets **\$5** ▶ **Ski Tip** Spare ski tips can accommodate 57mm or 68 mm after break for emergency repairs
Al levitrehberg@frontier.com 11/20

FOR SALE: ▶ **Bike Trainer** Blackburn Mag 6 bicycle home trainer, excellent condition. Solid, stable 29.8 lbs. Six magnetic flywheel resistance settings on handlebar mounted remote for convenient, quiet, smooth resistance. Photos: portland.craigslist.org/mlt/spo/d/portland-blackburn-mag-6-trainer/7166588582.html **\$75** (listed for \$80 on Craigs List mention ONC-PDX for \$5 off) **Amy 503.891.3689** 11/20

FOR SALE: ▶ **Cycling Rain Shell** This Bontrager Commuter Stormshell is a stylish, high performance women's specific rain shell in excellent, size medium, almost new condition with original tags. 100% waterproof with cycling-specific cut designed for commuting by bike in cold/wet weather. Multiple secure storage pockets; pit zips; reflectivity Fabulous color and graphic/pattern. Perfect for cycling in the Pacific NW! Photo: portland.craigslist.org/mlt/clo/d/portland-bontrager-commuter-stormshell/7172700452.html **\$45** (retail price was \$115) (\$50 on craigslist mention ONC-PDX for \$5 off) **Amy 503.891.3689** 11/20

FOR SALE: ▶ **Nordic/Cross Country Ski Waxing Profile** Easily adjustable to fit most skis, with knobs for length and secure clamping of skis. Provides excellent support for the entire length of your ski, making waxing and scraping super easy. Easily mounts to a table, saw horse, or work bench with C clamps. Quality construction - made of oak and pine. Like new condition. Photos: portland.craigslist.org/mlt/spo/d/portland-nordic-cross-country-ski/7163629331.html **\$75** **Amy or Chris 503.241.2768** 11/20

FOR SALE: ▶ **Skis** Fischer Country Crown XC Skis 205 cm long 60 x 55 x 58 mm width. Full metal edges. Fits groomed tracks. Drilled for NNN or NNN BC Bindings, other bindings could

be fit. **\$25 OBO** ▶ **Snowboard and ski helmet** Medium. **\$25** ▶ **Boot liners** New Scarpa therma fit liners (never been used or fit). Mondo size 30.5 fits shell 29.5 to 30.5 plastic boots from any manufacturer **\$75 OBO** ▶ **Boots** Karhu XCD Traverse Boots 3 pin good backcountry performance, off trail or on. Women size 7 **\$20** ▶ **Binding** Rottefella ultralight backcountry, telemark, tele or cross country 3-pin bindings. **\$35** Karhu 3-pin bindings **\$20 OBO** ▶ **Car rail and rack set** Yakima rail Grabber **\$135 OBO** ▶ **Car Kayak Saddles/Rollers** Yakima kayak saddles and roller set with straps, can used on Thule racks also. **\$120** ▶ **Rain Gutter Towers** Yakima Rain 1A Gutter Towers for bar mount set of 4 and includes lock cores. (retails \$219 without locks) **\$1194** **Kayak Stacker** Yakima kayak stacker, straight, single bar towers, can used on Thule racks also. **\$35** ▶ **Bike rack set** Yakima Car top bike bicycle rack mounts set, can used on Thule racks also. **\$994** ▶ **Canoe brackets** Yakima canoe, ladder gunwale brackets, can used on Thule racks also. Set of 4. **\$454** ▶ **Lock** Yakima lock core SKS set of 4, 2 keys. New in box, never used and sells for \$60 yours for **\$35** ▶ **Clips** Yakima Q Clips new in boxes never used pair of #51 and pair of #52 list for **\$35** asking **\$20 OBO** **Russ russ.bec@gmail.com** 10/20

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: **onnewsletter@gmail.com as attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

MEMBER BENEFITS

Columbia Sports-wear 911 SW Broadway—15% discount on purchases. Access to Columbia Sports-wear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. columbia.com

Mountain Hardware 722 SW Taylor Street—15% discount on purchases. Current membership card required. mountainhardware.com

Mt. Hood Outfitters 88661 East Government Camp Loop, Government Camp, OR. 25% off rentals and tours. Current membership card required. mthoodoutfitters.com

The Mountain Shop 2975 NE Sandy Blvd, 10% discount for members and 15% discount for leaders on purchases and 15% discount on rentals. mountainshop.net

Next Adventure 426 SE Grand Ave., 15% discount, current club membership card required. nextadventure.net

Oregon Mountain Community Online store. Subscribe to OMC e-newsletter and receive: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic 10% discount on cross-country ski and telemark lessons. weeastnordic.com

