



Update on trail tending

Our trail tending has been held back because of the Forest Service trying to create new policies to deal with Covid-19. Each Forest District is creating different policies to deal with it. Most Forest Service personal are working from home or in the field, creating waiting time for policy approval.

There will be no carpooling; only family units may ride together. Each person who is assigned a tool, must use that tool the whole day or it needs to be sanitized with a wipe before another person can use it. The same would holds true for ladders, hammers, and blue diamonds. The trail tending party can not be larger than ten people. Everyone must register ahead of time on our website. Masks or face covering must be worn when within six feet of another worker—avoid needing to be closer than six feet of another person. Plan and talk about your trail tending activity before doing it to improve the flow and keep apart. Ladder safety is a concern, everyone must wear masks when using or holding a ladder when hanging diamonds. Extra face masks will be carried incase a mask is lost or first aid is needed. We require social distancing during breaks or lunch. If you are unsure of your health on a trail tending day—please stay home. You need to check in and out with the leader for the day. Never leave without checking out with the leader.

Updates will be sent out by email and include when and where trail tending will occur as we get the Forest Service approval. Mt. Saint Helens work may occur in September.

Ken Wenzel, *Trail Tending Coordinating*

Need a break from the crowded hiking trails?

Yesterday while doing some recon for trail tending, my train of thought

switched. Everyone is wanting to get out and go for a hike, but trailheads are packed every day of the week, parking lots are full, and road shoulders are being used. On my walk on Mt. Saint Helens ski trails, we saw only four people. If you need a break from the mask on, mask off drill and want some space to yourself, try walking the ski trails, amazing vistas may be missing, but the green dark forest is wonderful on its own, and late season flowers and fungi are frosting on the cake. In the summer heat the shade of the forest is a wonderful retreat. Try these ski trails at Mt. Saint Helens: the Kalama Ski Trail, Trails 244, 245, 245A, 245B. At Mt. Hood try: Pocket Creek, if you are adventurous walk the Yellowjacket, or upper Pocket Creek Rd. Even the Camptown/Crosstown are nice, but a bit busier.

Ken Wenzel, *President*

Tilly Jane A-Frame now open The A-Frame is now open for overnight

rentals with reduced reservation capacities and pricing. The Guard Station is currently closed for summer/fall but will open for the 2020-21 winter season. Please note when inquiring on the website reservations.gov, the rules have been updated and are subject to change based on Covid-19, CDC guidelines, and Governor Kate Brown's opening requirements/updates.

Andr  Fortin, *Tilly Jane*

Renew your membership It's that time of year, ONC-PDX mem-

berships renew on September 1. An email reminder will be sent to you this month. You can renew your membership anytime by going on-line: onc-pdx.org, login, click on "Membership" then on "Renew."

Support your club and enjoy your club benefits. We look forward to the upcoming ski season.

Membership Committee



Ken Wenzel

INSIDE

- 3 Nordic Issues/News Mt. Hood NF**
Recreation Sites open
Campfires prohibited
Assessment of Current Conditions
- Gifford Pinchot NF**
Road closures and fire restrictions
Campfires prohibited
- 4 Tilly Jane**
- 6 Trail Tending**
- 7 Overnight Trips**
Biking the Rhone Valley
- Member Benefits**
- Classified Ads**



Cutting wood for the Tilly Jane Cabin

Andr  Fortin

Board Members

Ken Wenzel,

President

503.297.2958

skiwenzel@hotmail.com

oncpdxpresident@gmail.com

Mary Bourret,

Vice-President

503.201.3940

marylbouret@gmail.com

Don Erickson, Treasurer

dnssn@comcast.net

Laurel Dickie, Secretary

503.287.6290

laureldickie@hotmail.com

Tere Enburg

Tereskier@gmail.com

Mary Hepokoski,

Bookkeeper

503.245.1618

EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as an attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment.

Corrections: email corrections and/or additions to the editor.

This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.**
P.O. Box 3906
Portland, OR 97208

U P C O M I N G E V E N T S

Aug 12 ▶ WEDNESDAY

Downtown Cleanup

11:30 a.m. – 1:30 p.m. Staggered check in between 11:30 a.m. and 12:00 p.m. Preregistration required. Join SOLVE to clean up the park and nearby streets in Downtown and Goose Hollow.

Sign up/info: solveoregon.org/opportunity/a0C1100000RDGGuUAP

Info contact: larissa@solveoregon.org

Aug 15 ▶ SATURDAY

Forest Park No Ivy League Volunteer Event

9:00 a.m. – Noon Join Portland Parks & Recreation's No Ivy League and SOLVE for a morning of invasive species removal in Forest Park.

Sign up/info: solveoregon.org/opportunity/a0C1100000R011FUAR

Info contact: Mary Verrilli 503.823.8367 call or text

Aug 19 ▶ WEDNESDAY

Central East Side Cleanup

11:30 a.m. – Noon Staggered check in between 10:00 a.m.-10:30 a.m. Preregistration required.

Join SOLVE to clean up on the east side of the river.

Sign up/info: solveoregon.org/opportunity/a0C1100000RDGSMUA5

Info contact: larissa@solveoregon.org

Aug 22 ▶ SATURDAY

Johnson Creek Cleanup—Small Teams Come Together

9:00 a.m. – 1:00 p.m. Join Johnson Creek Watershed

Council for our annual creek clean up!

Sign up/info: solveoregon.org/opportunity/a0C1100000R4vpOUAR

Info contact: larissa@solveoregon.org

Aug 26 ▶ SATURDAY

Northwest Neighborhood Cleanup

10:00 a.m. – Noon Staggered check in between 10:00 a.m.-10:30 a.m. Preregistration required.

Sign up/info: solveoregon.org/opportunity/a0C1100000RDGSWUA5

Info contact: larissa@solveoregon.org

Aug 29 ▶ SATURDAY

Social History Happy Hour

7:00 p.m. – 8:00 p.m

Mt. Hood Cultural Center and Museum 88900 Government Camp Loop Government Camp, OR Barlow Road, Mt. Hood area Ruts and Sites—Attend Saturday to get instructions for driving field trip on Sunday, following the Barlow Road from Wamic to Tollgate at Rhododendron. Lloyd Musser
Info: mthoodmuseum.org/events

Clinics and Training

Dec 3–12 ▶ THURSDAY–SATURDAY

(Tentative dates)

2020 Oregon Fall Camp, Mt.

Bachelor, OR Select any date combination and any 1–5 days you like from a choice of 10 total days. Info: xcoregon.org/oregon-fall-camp

VOLUNTEER OPPORTUNITIES

To help contact: Ken Wenzel

skiwenzel@hotmail.com

Leadership Training Help us increase the number of day tour leaders, so we can have more day tours.

Day Tours Leaders

Day tour leaders contact ONC-PDX Day Tours Committee to volunteer: oncdaytours@gmail.com

Publications/Articles Are you a writer, have other skills to help with the newsletter? Contact oncnnewsletter@gmail.com

Oregon Nordic Club Portland Chapter
Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, for members only.
- ▶ Free travel programs at monthly member meetings
- ▶ **Discounts at selected merchants (see p. 7)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$30 for single, \$40 for family/household. Join on the website. Info: oncmembership@gmail.com

BOARD SKI TRACKS

Here it is a hot July afternoon and I

am writing about skiing this winter. Tuesday our ONC-PDX board meets and our number one topic is skiing and keeping our members safe while in the middle of the Covid-19 pandemic. It will not be a normal year, if there is such a thing anymore. But I feel that if everyone plans wisely and follows Federal and State health recommendations, we will be able to still enjoy skiing and the outdoors.

I have heard from Matt of Channel 8, the weather forecaster, they are predicting a better than normal ski year, cooler, and wetter.

Cross your fingers and hope they are right. If you have a chance, please read up on Covid bubbles, and see if they sound like it would make you more confident leaving your house this winter on ski trips. Start talking to your friends that are skiers and see if they agree with the concept and if they have the same risk tolerance as you and what your rules will be. I plan to use the concept with my close friends, don't let the virus win!

We did have some good news from the Forest Service. The Timberline–Summit area boundary was agreed to and our cross-country ski trails are protected at this time. No changes to the Camptown/Crosstown and Alpine trails that run thru the Summit expansion area. The expansion area is just in name only, no other changes at the Timberline resort are planned at this time other than Timberline is giving uphill skiers a better route from Government Camp to Timberline to avoid downhill traffic and allowing one downhill run on the return.

Keep cool and enjoy the summer! See you at the ONC-PDX Picnic September 1 unless gatherings are restricted again.

◆
Ken Wenzel, President

Volcano Views and Brews

This popular lecture series about

Pacific Northwest natural and cultural history began in 2007 and continues (nearly) every month. Fascinating topics, lively speakers as well as excellent food and libations make for an enjoyable and horizon-widening evening.

Past lectures can be accessed on this website: mshinstitute.org/learn/volcano-views-brews.html ◆

NORDIC ISSUES/NEWS

Columbia Gorge

Hiking trails Check here for a list of the trails that are open: readyssetgorge.com

Mt. Hood National Forest

Mt. Hood Recreation Sites The Mt. Hood National Forest has reopened most developed day-use and trailhead sites to recreational users. Forest staff are returning to fieldwork and welcome back visitors to developed recreation sites. For a complete list of open and closed recreation sites, please check the Mt. Hood National Forest's website: fs.usda.gov/goto/mthood/conditions

Campfires prohibited on Mt. Hood

National Forest Due to dry and hot conditions, campfires, including charcoal or briquette fires, pellet fires, or any other open fires, are now prohibited across the Mt. Hood National Forest, including developed campgrounds. Portable cooking stoves and lanterns using liquefied or bottled fuel are still allowed as long as they can be quickly turned off. The full text of this Forest Order can be found here: fs.usda.gov/main/mthood/fire

Forest Service Assessment of Current Conditions

The U.S. Department of Agriculture's Forest Service released a Bioregional Assessment evaluating the social, economic and ecological conditions and trends covering 19 units across WA, OR and northern CA. More info can be found at: fs.usda.gov/detail/giffordpinchot/news-events/?cid=FSEPRD764006

The Assessment uses the best available science and focuses on capturing current conditions and changes on the national forests and grasslands. It provides recommendations on how the Forest Service could address the challenges facing forests, grasslands and communities in the plans that govern how land management decisions are made.

The Assessment is not a decision document and does not impact current forest management. Instead, it will be used to shape ongoing engagement with stakeholders, state, county, Tribal governments and Forest Service staff as they prepare for the next steps in the planning process together.

The Assessment can be found at: fs.usda.gov/detail/r6/landmanagement/planning/?cid=fseprd677501

Zigzag Integrated Resource Project

Comments Many comments were received
continued on page 4

Committees

Day Tours:

oncdaytours@gmail.com

Laurel Dickie

503.287.6290

laureldickie@hotmail.com

Barbara Hayman

bh13@att.net

Membership:

oncmembership@gmail.com

Patrice Fromwiller,

Membership Database

Susan Kelly

503.706.6463

susankilduffkelly@gmail.com

Ted Scheinman

tedskier@gmail.com

Barbara Sack

Pam Rigor

Nordic Issues:

Susan Watt

susniam@gmail.com

Pam Rigor

Overnight Trips:

oncpxd.ontrip@gmail.com

Sam Digard, Chair

sam.digard@gmail.com

Richard Crimi

Programs:

Ron Bekey

503.475.0084

rbekey@gmail.com

Publications:

Pam Rigor,

Newsletter Editor

oncnewsletter@gmail.com

Publicity: vacant

Tilly Jane: André Fortin

reservations@tillyjanecabins.org

Trail Maintenance:

Ken Wenzel

503.297.2958

skiwenzel@hotmail.com

Website:

Nick Appelmans

oncpxdwebsite@gmail.com

Richard Crimi



Oregon Nordic Club

Portland Chapter

(ONC-PDX) is one of

11 Chapters of the

ONC state organiza-

tion, Oregon Nordic

Club (ONC).

ONC-PDX:

onc-pdx.org

ONC:

onc.org

DAY TOURS OVERVIEW

RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

What to Bring

Let's start with the *10 Essentials*. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: onc-pdx.org/resources/wear/ For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

Carpooling

ONC-PDX encourages carpooling as a means to reducing environmental impact, sharing costs, and socializing during travel. The cost share and liability is between you and the driver. Below are suggested donations, but it is your responsibility to set the donation amount and any other expectations for the trip with the driver before departing.

ONC-PDX suggests a donation amount on overnight trips of 10 to 15 cents per mile per person, depending on length of trip and anticipated road

cont. on sidebar page 5

NEWS FROM TILLY JANE

Greetings from the Cabin I'm writing to share some updates and to request your help to join the all-volunteer, non-profit, Oregon Nordic Club Portland Chapter, for our summer Cabin Maintenance Work Party. As most of you know, together we completed the restoration project last year, and while the cabin looks great, there is ongoing annual maintenance plus a few extra projects which will wrap up the restoration work before the winter season.

How you can help? The Work Party is set for August 15–16. We will need ten volunteers each day for full day shifts (9:00 a.m. to 4:00 p.m.). No special skills are needed, just a willingness to come out and help. All volunteers will earn a free weekend stay at the A-Frame on a winter club/volunteer weekend. While the bulk of the work will be outside, please bring your masks for any interior projects. ♦

Andr  Fortin, Tilly Jane

Nordic Issues/News continued from page 3 through scoping, field trips, and open house meetings. Some comments expressed support others did not like it or certain aspects of it. Comments were considered and used in various ways. Some generated incremental changes to the proposed action, others are addressed as alternatives that were considered but not fully developed, and some resulted in additional analysis and discussion in specialist reports. Info: fs.usda.gov/nfs/11558/www/nepa/112557_FSPLT3_5327617.pdf

Gifford Pinchot National Forest

Road closures and fire restrictions Alerts and fire restrictions can be found here: fs.usda.gov/alerts/giffordpinchot/alerts-notice

Deschutes National Forest

Campfires prohibited in Deschutes National Forest Open fires, including wood stoves and charcoal briquette fires, are prohibited, except in designated campgrounds. These restrictions do not apply to Wildernesses on the Deschutes NF.

Traveling off developed forest roads and trails also is not allowed, except for the purpose of going to and from a campsite located within 300 feet of the open developed road.

Alerts and fire restrictions can be found here: fs.usda.gov/alerts/deschutes/alerts-notice ♦

Pam Rigor, Nordic Issues

Aug 15–16, Sat–Sun, Work Party Tilly Jane A-Frame, east side of Mt. Hood, OR

What we will be working from 9:00 a.m. to 4:00 p.m. on: A-Frame interior wall repairs and replacement, A-Frame toilet vent installation, Guard Station French drain, deep cleaning of both cabins, bucking firewood (bring your chainsaws), and other tasks as needed.

Meet at the Tilly Jane Guard Station, free parking is available at the Tilly Jane Campground. The road is open.

Bring: a lunch, water, work gloves, sturdy boots, face mask and appropriate clothing for the conditions at elevation. We do have cleaning supplies and hand sanitizer onsite. Bring your camping gear if you would like to stay over.

Sign up online: onc-pdx.org/events/categories/tj-summer-work-party

Please share the word and gather your circle of family/friends and sign up for a volunteer shift! For more info contact us at: reservations@tillyjanecabins.org

Timberline revising policy

I recently met with the Forest Service

and Timberline Lodge by Zoom. I had been taking issue that Timberline had taken away the rights, over time, of the Nordic community for travel thru the ski area without a ticket. After reading their policy on uphill travel the general manager did agree with me and we worked on solutions and ways to improve our relations.

They have revised their approved uphill travel routes for cross-country skiers to include the Westleg Road inside the downhill ski area, the Nordic Bypass route, and the west side of the Glade trail to the top of the Mile Lift. You can travel above the Lodge, but they are asking you keep to the east of the Mile Run and use the climber's route. You are allowed to ski down, but only for one run when you exit, this protects their ticket sales, and avoids boot packing up the ski runs by snowboarders.

Please don't ride the bus up to Timberline and yoyo up and down the Glade or Alpine as a way to get a cheap day.

I am glad that we can preserve our uphill rights in the Timberline downhill ski area, when many of the ski areas are taking them away. ♦

Ken Wenzel, President



WHAT

Annual Cabin Maintenance & Projects

- ✓ A-Frame interior wall repair/replace
- ✓ A-Frame toilet venting
- ✓ Guard Station French drain install
- ✓ Deep cleaning both cabins
- ✓ Bucking downed trees* and clearing the area

LOGISTICS

Aug 15 & 16
2020

Tilly Jane Guard Station 9am-4pm

Bring lunch, water, work gloves, sturdy boots, mask, and appropriate clothing for WEATHER at elevation

Overnight camping permitted

**bring your chainsaw if you have one*

SIGN UP: www.onc-pdx.org/events/categories/tj-summer-work-party/

Questions? Email reservations@tillyjanecabins.org



@tillyjanecabin



@TillyJaneAFrame

cont. from sidebar page 4

conditions. Again the rate set by the driver should reflect the number of passengers being transported.

For local day tours a recommended donation amount to the driver is as follows: for a large capacity vehicle, rate determined by driver. Otherwise for normal cars, our suggested donation per person round trip from Portland is:

Westside of Mt. Hood (Government Camp area) \$8/person, Barlow Pass or Timberline Lodge, White River \$10/person, Teacup or Pocket Creek or Mt. Saint Helens \$12/person, Mt. Adams \$15 per person.

onc-pdx.org/carpooling
Dogs

Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

FS Dog Policy

Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR/TRIP RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.

Novice Ski

2-5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis).

cont. on sidebar page 6

cont. from sidebar page 5
Leaders will not teach skiers how to ski, but will help them as much as possible.

Easy

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain. Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees).

Moderate pace. Trail turning skills required, if there are hills. Consult tour/trip description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced

Ski: > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR/TRIP ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet.; choose wool or synthetics for continued in column to the left

Revised trail tending schedule

Join us to improve our winter trails. Volunteer to join a trail tending party, no experience necessary, or lead one of these trail tending parties. Sign up on our website to participate in these trail tending parties; there is a limit of ten people per work party. For more info contact: Ken Wenzel 503.297.2958 (h) 503.729.6571 (cell–call or text) skiwenzel@hotmail.com.

What to bring: Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt, and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don’t mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

Note: bring masks and glasses.

August 2, Sun, Trail Tending Party Pocket Creek/Teacup Tie Trail, Mt. Hood, OR

Enjoy a day in the Mt. Hood Forest limbing, brushing on the Pocket Creek/Teacup Tie Trails near Teacup Lake. Working on trails in the summer is a great way to become familiar with them so you can ski them in winter.

Meet at 9:30 a.m. at the Pocket Creek Sno-Park. We will be working until about 3:00 p.m. See list above on what to bring as well as bug repellent, sunscreen, plenty of water, snacks, and lunch. ONC-PDX will provide tools and hard hats. Masks and glasses required.

Sign up on the website (onc-pdx.org/trail-tending-parties). For more info contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com

August 12, Wed, Trail Tending Party Timberline Nordic Bypass Trail, Mt. Hood, OR

We’ll be limbing, brushing, and posting blue diamond. Meet at 9:30 a.m. at the Government Camp Rest Area. We will be working until about 3:00 p.m. See list above on what to bring as well as bug repellent, sunscreen, plenty of water, snacks, and lunch. ONC-PDX will provide tools and hard hats. Masks and glasses required.

Sign up on the website (onc-pdx.org/trail-tending-parties). For more info contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com

August 26, Wed, Trail Tending Party Yellowjacket Trail, Mt. Hood, OR

We’ll be limbing, brushing, and posting blue diamond. Meet at 9:30 a.m. at the White River Sno-Park. We will be working until about 3:00 p.m. See list above on what to bring as well as bug repellent, sunscreen, plenty of water, snacks, and lunch. ONC-PDX will provide tools and hard hats. Masks and glasses required.

Sign up on the website (onc-pdx.org/trail-tending-parties). For more info contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com

September 12, Sat, Trail Tending Party Government Camp Ski Trails, Mt. Hood, OR

We’ll be working on a number of trails in the area, limbing, brushing, and posting blue diamond. Meet at 9:30 a.m. at the Government Camp Rest Area. We will be working until about 3:00 p.m. See list above on what to bring as well as bug repellent, sunscreen, plenty of water, snacks, and lunch. ONC-PDX will provide tools and hard hats. Masks and glasses required.

Sign up on the website (onc-pdx.org/trail-tending-parties). For more info contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com ♦

Covid-19 plan for trail maintenance activities

Pre-screening questionnaire: Prior to any ONC-PDX activity participants will be asked to verify they do not have any of the symptoms of Covid-19 as provided by CDC: cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

Anyone with symptoms will not be allowed to participate in trail tending

Travel: Participants will arrange their own transportation and will not carpool except with members of their own household.

PPE Requirements All participants will maintain a minimum of six feet between each other. Participants will wear masks covering their mouth and nose. Participants will provide their mask. Protective eye coverings will be worn. Disinfectant wipes will be provided for wiping down tools before and after use. Tools will not be shared unless properly disinfected. Hand sanitizer will be provided. Participants will wear work gloves which they provide. Participants will provide their own food and beverages which will not be shared. Hard hats will be worn during trail maintenance activities and will be sanitized before being issued. The leader will carry extra masks in case of unforeseen circumstances.

Evacuation plan for a person showing symptoms of Covid-19

Person will be escorted back to their car. If unable to drive safely emergency services will be contacted. ♦

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under "Membership") before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies: onc-pdx.org/activities/trip-policies/overnight-trip-policies
- ◆ Sign up online; paper applications are available
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full online, join the wait list. Last minute openings do occur!
- ◆ Purchase trip insurance (some trips include it). Please note the cancellation policy should you need to cancel for any reason. Info: oncpdx.org/resources/trip-insurance

May 27–June 9, 2021, Thur–Wed, Intermediate Bike Biking the Rohne Valley in France Spaces available

Riding on moderate terrain about 35 miles a day.

The details of this trip will be modified in the future and will be in future newsletters and on the

website. We start by flying from Portland to Paris, where we catch the train south to Aigues-Mortes on the Mediterranean coast, where we'll spend our first night to allow a day to adjust and tour the ancient Roman infrastructure in this walled city. The bike leg begins as we board the Caprice to sail up the Rhone river, biking the countryside every day. Six days biking (with an English-speaking guide) through red wine country where the last day is a bike ride through Chateaufort-du-Pape. And of course, we'll have time while there to stop and visit the shops.

Trip limit: 8 participants including trip leader. Cost: \$TBD/member, per person and will include trip insurance. Includes round trip airfare to Paris from Portland and ground transportation, river transport, bike rental, all lodging, some partial laundry service, and a few other amenities. You might want to bring your own helmet, but they are provided. All meals while on the boat, and a sack lunch are also included. Exact cost will depend on air travel charge.

For more info contact the trip leader: Sam Digard sam.digard@gmail.com ◆

Welcome new members! No new members this month

July membership report: 354 total memberships (244 single and 110 family). Last year at this time there were 359 memberships.

CLASSIFIED ADS

FOR SALE: ▶ Skis Fischer Country Crown XC Skis 205 cm long 60 x 55 x 58 mm width. Full metal edges. Fits groomed tracks. Drilled for NNN or NNN BC Bindings, other bindings could be fit. **\$25 OBO** ▶ Snowboard and ski helmet Medium. **\$25**

▶ Boot liners New Scarpa therma fit liners (never been used or fit). Mondo size 30.5 fits shell 29.5 to 30.5 plastic boots from any manufacturer **\$75 OBO** ▶ Boots Karhu XCD Traverse Boots 3 pin good backcountry performance, off trail or on. Women size 7 **\$20** ▶ Binding Rottefella ultralight backcountry, telemark, tele or cross country 3-pin bindings. **\$35** Karhu 3-pin bindings **\$20 OBO** ▶ Car rail and rack set Yakima rail Grabber **\$135 OBO**

▶ Car Kayak Saddles/Rollers Yakima kayak saddles and roller set with straps, can used on Thule racks also. **\$120**

▶ Rain Gutter Towers Yakima Rain 1A Gutter Towers for bar mount set of 4 and includes lock cores. (retails \$219 without locks) **\$1194** Kayak Stacker Yakima kayak stacker, straight, single bar towers, can used on Thule racks also. **\$35** ▶ Bike rack set Yakima Car top bike bicycle rack mounts set, can used on Thule

racks also. **\$994** ▶ Canoe brackets Yakima canoe, ladder gunwale brackets, can used on Thule racks also. Set of 4.

\$454 ▶ Lock Yakima lock core SKS set of 4, 2 keys. New in box, never used and sells for \$60 yours for **\$35** ▶ Clips Yakima Q Clips new in boxes never used pair of #51 and pair of #52 list for \$35 asking **\$20 OBO** Russ russ.bec@gmail.com 8/20

▶ Ski Boots Alpina womens boots, NNNBC, Model BC 50L, Size 38. Used only 6 times: still in box. Unfortunately, they don't fit my feet properly. **\$50** Michele michelegunness236@gmail.com 8/20

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

MEMBER BENEFITS

Columbia Sportswear 911 SW Broadway—15% discount on purchases. Access to Columbia Sportswear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. columbia.com

Mountain Hardware 722 SW Taylor Street—15% discount on purchases. Current membership card required. mountainhardware.com

Mt. Hood Outfitters 88661 East Government Camp Loop, Government Camp, OR. 25% off rentals and tours. Current membership card required. mthoodoutfitters.com

The Mountain Shop 2975 NE Sandy Blvd, 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Next Adventure 426 SE Grand Ave., 15% discount, current club membership card required. nextadventure.net

Oregon Mountain Community Online store. Subscribe to OMC e-newsletter and receive: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic 10% discount on cross-country ski and telemark lessons. weastnordic.com

Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906



Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.) located between NW 20th Ave. and NW 19 Ave. in Northwest Portland.

Upcoming programs

September 1-ONC-PDX Annual Picnic



Oregon Nordic Club
PORTLAND
CHAPTER

