

Winter ski trails ready thanks to ONC-PDX

In mid-December Debby and I drove to Mt. Hood to enjoy the wonderful fall weather and hike the Trillium Lake Trail. As we drove around the area and hiked, I kept noticing the many places that ONC-PDX has done trail work projects—the nice skiing we have in the area that goes unnoticed most of the time. When skiing at Trillium Lake go beyond the normal road. Ski down the Red Top Meadow Trail then down the Trillium Bike Trail and connect back to the Trillium Lake Trail. These trails have all been brushed and limbed, and make a wonderful ski away from the crowds.

If you want a longer tour in Trillium Basin, add on the Quarry Trail or the Lostman Trail off the Mud Creek Road they have both been brushed, limbed, and marked. Going in the other direction by the Still Creek Campground, ski the Historic Barlow Trail and down the Hemlock Trail, or connect to the Summit Trail. Across the road at Snow Bunny, if you want a little more adventure, ski up the White Away Trail connect to the Yellowjacket Trail going east and connect back to the Snow Bunny Trail for your way back. The Snow Bunny Trail going east has also been brushed and cleared for some wonderful views on a clear day.

Another great area worth skiing is the Crosstown and Camp Creek Trails, they have been brushed and limbed and the Forest Service is promising after heavy snow to have it groomed by a tow behind groomer this season.

I am excited about reopening the West Yellowjacket Trail this past summer. It is a demanding ski trail, but it opens up a lot of options for loop tours around Government Camp area.

When the snow builds up (which is happening), get out there and take advantage of the trails we have worked at maintaining for you to ski! Happy Ski Trails!

Ken Wenzel, President



Ken Wenzel

ONC-PDX XC Ski Clinic at Next Adventure

Join the Oregon Nordic Club Portland Chapter (ONC-PDX) and Next Adventure for Cross-Country Night at Next Adventure. ONC-PDX will give you the run down on the club and all the Nordic activities it sponsors and Next Adventure will talk XC skiing gear and clothing.

Next Adventure be staying open late for a special 20% off



Pam Rigor

continued on page 3

Reserve your spot on a Ski Bus to Teacup

You will be able to leave your cars at

home and enjoy the ride on the ONC-PDX Ski Bus on four days:

- Sunday January 19,
- Saturday January 25,
- Saturday February 1,
- Saturday February 8.

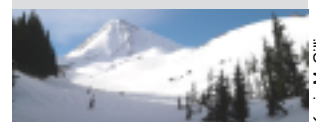
See the listing in the day tours schedule. You can purchase your tickets for the Buses for the bus and optional lessons on-line: onc-pdx.org/xc-ski-bus



Christine Bierman

Inside

- 2 Upcoming Events**
- 3 Nordic Issues/News**
 - Mt. Hood NF**
 - Zigzag Open House
 - Gifford Pinchot NF**
 - Meeting report
 - Deschutes NF and Willamette NF**
 - Deadline for public input on Recreation Fee extended
- 4 Day Tours**
 - Ski and Ski Bus
 - Overnight Trips**
 - Trips with openings:
 - Methow, Dec 27–Jan 1
 - T J A-Frame, Jan 3–5
 - BC Mega Ski 2020
 - Anthony L., Feb 8–13
 - Summit Meadow Cabins Methow, Feb 8–13
 - Mt. Rainier
 - Sisters Hut, Feb 18–20
 - Austria and Italy
 - Black Butte, Feb 28–Mar 1
 - Methow, Feb 29–Mar 5
 - T J A-Frame, April 3–5
 - T J Guard St., April 17–19
 - Biking the Rhone Valley
 - Tilly Jane News**
- 11 Member Benefits**
- Classified Ads**



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cont. on sidebar page 3

EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as a attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment.

Corrections: email corrections and/or additions to the editor.

This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.**
P.O. Box 3906
Portland, OR 97208

U P C O M I N G E V E N T S

Dec 3 ▶ TUESDAY

Rajalta Rajalle Hihhto (Border to Border ski) in Finland
ONC-PDX monthly program
7:30 p.m.–9:00 p.m. Lucky Lab, 1945 NW Quimby St.



Dec 4 ▶ WEDNESDAY

Pre-Season Nordic Ski Care and Waxing Seminar
5:00 p.m.–7:00 p.m. Mt. Shop, 2975 NE Sandy Blvd.
As a part of Nordic Week, Mt. Shop welcomes you into the shop for a Nordic focused workshop.
Tickets \$15, includes \$5 off a full tune, \$10 off a Custom Race tune, 10% off on all DIY wax and tuning gear purchased that evening.
Tickets: eventbrite.com/e/pre-season-ski-care-and-waxing-seminar-tickets-83145573649

Non-ONC-PDX members, who buy a package (skis, boots, bindings, and poles) will get an ONC-PDX membership!

Info: mountainshop.net

Dec 6 ▶ FRIDAY

Avalanche Awareness with Northwest Avalanche Center (NWAC)
6:30 p.m.–8:00 p.m. Portland REI.
Free! Info/sign-up: rei.com/learn.html

Dec 10 ▶ TUESDAY

Cross-Country Night at Next Adventure: ONC-PDX XC Ski Clinic
7:30 p.m.–8:30 p.m. Presentation
8:30 p.m.–9:00 p.m. Q&A/Shopping
Next Adventure, Stark/Grand store, 426 SE Grand Ave. Attendees will receive 20% off.
Snacks and Beverages provided by Next Adventure.
\$5 registration fee (register on-line)
Free ONC-PDX memberships for non-ONC members during the clinic.
Info: nextadventure.net

Dec 28 ▶ SATURDAY

Social History Happy Hour: Vintage Ski movie outtakes

Doors pen at 6:30 p.m., 7:00–9:00 p.m. Mt. Hood Cultural Center & Museum, 88900 Hwy. 26, Government Camp, OR
Oregon beer and wine offered, donations accepted.
Info: 503.272.3301 mthoodmuseum.org
Proceeds benefit the non-profit Museum.

Jan 7 ▶ TUESDAY

Avalanche Awareness
6:30 p.m.–8:00 p.m. Clackamas REI.
Free! Info/sign-up: rei.com/learn.html

Clinics and Training

Dec 5–14 ▶ THURSDAY–SUNDAY
2019 Oregon Fall Camp at Mt. Bachelor, OR

Sign up for any date combination or any number of days. Morning sessions on snow every day (usually from 8:45 to noon), groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more!
Info: xcoregon.org/oregon-spring-camp

Dec 8 ▶ SUNDAY

Teacup Tea Party and ski lessons
10:00 a.m. Teacup Nordic groomed area, Mt. Hood
Start the season off right with free ski lessons! You must be a Teacup Season Pass holder or purchase a Day Pass to participate. Lessons begin at 10:00 a.m. at the Ray Garey Cabin. Food, camaraderie, and ski demos to follow. Try out the new, fast stuff.
Bring cookies to share! Tea provided by Stash Tea. Soup provided by Pine Street Bakery. Demos provided by Mountain Shop, Fischer, Madshus, and Rossignol.
Info and to register: teacupnordic.org

Oregon Nordic Club Portland Chapter
Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, for members only.
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see p. 11)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$30 for single, \$40 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

Ken's article is on the front page this month.

ONC-PDX XC Ski Clinic... continued from page 1 shopping spree for all attendees. Snacks and beverages will be provided by Next Adventure.

\$5 registration fee will be donated to the ONC-PDX to help with trail maintenance and upkeep. See the video and register for the clinic: nextadventure.net/events-classes/detail/view/id/10265/ More info about the event is listed in Upcoming Events on page 2.

Ted Scheinman, Board Member

Columbia store open

Columbia Sportswear employee store is open to current ONC-PDX members until December 6–15 and the store hours are 10:00 a.m. to 8:00 p.m., Monday through Sunday. Prices are 40-50% off regular retail prices. Bring the invite that was linked with your e-newsletter (also available on our website under “Membership” then under “Membership Benefits” at the bottom of the page) or show it on your mobile devices, your membership card, and photo ID. You're welcome to bring four guests with you. Offer good in store only. Their employee store is located at 14100 NW Science Park Dr.

VOLUNTEER OPPORTUNITIES

To help contact: Ken Wenzel skiwenzel@hotmail.com

Board Member Some seats open every year in April. Its a great way to get involved with the club.

Leadership Training Help us increase the number of day tour leaders.

Day Tours Leaders/Ski Bus Hosts

Day tour leaders/ hosts needed for Snow Bus (Jan 19 and 25), contact ONC-PDX Day tours committee to volunteer and receive a free bus ride.

Contact: oncdaytours@gmail.com

Day Tours Leaders

Day tour leaders needed for ski and snowshoe tours. Contact: oncdaytours@gmail.com

Wednesday Ski Tours Coordinator

A new Wednesday ski tour coordinator is needed starting in the 2020-21 ski season. The up coming 2019-20 ski season will be the last season Terry Owen will do the coordination for the Wednesday ski tours. The current Wednesday ski tour email list will be available to the new coordinator. The position could be shared between two coordinators. Terry is available for any required training. Contact: Terry terryowen1@gmail.com

Publicity/Articles Are you a writer, help with articles on cross-country skiing.

NORDIC ISSUES/NEWS

Mt. Hood NF

Open House in Zigzag: Integrated Vegetation Management Project The Zigzag Ranger District invites the public to an Open House on Tuesday, December 10, 2019 from 6:00–8:00 p.m., at the district's ranger station, 70220 E Hwy. 26 in Zigzag, to introduce the proposed Zigzag Integrated Vegetation Management Project. This proposed project would thin about 2,700 acres on the district to create defensible space around residences and other valuable resources and thin overstocked stands to increase resiliency and produce forest products.

Gifford Pinchot NF

Winter Partnership Meeting Report Ken Wenzel attended the Winter Partnership Meeting with GP National Forest and Mt. St. Helens on November 7 and submitted this report: The passing of the reduced registration car and snowmobile fees in Washington could lead to a budget shortfall for grooming of trails in 2021. The 2020 year will have the same level of grooming as last year.

Old Man Pass and Curley Creek Road will get plowed the same as last year. The road conditions will be posted on the Skamania County Road website. They plan on plowing all the normal snowparks at Old Man Pass.

Bird Creek Meadows plans to open again in late July of 2020.

The Cabin Fever Festival will occur on the first weekend in February on Friday and Saturday. Sunday is Super Bowl—so no activities that day.

Updates on snow grooming can be obtained from Facebook on Northwest Snow Grooming LLC for the G.P and Mt. Saint Helens area.

Deschutes NF and Willamette NF

Forests comment period for Special Recreation Permit Fee extended The Deschutes and Willamette National Forests are extending the deadline for public comment on a proposed special recreation permit fee as a part of the new limited entry system for day and overnight use in three Central Cascades wildernesses: Mt. Jefferson, Mt. Washington, Three Sisters. The original ending date of the public comment period was Nov. 25, 2019. The new ending date for the public comment period will be Jan. 10, 2020. Info: fs.fed.us/nepa/nepa_project_exp.php?project=49316

Comments on the special recreation permit fee can
continued on page 4

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Oregon Nordic Club
Portland Chapter
(ONC-PDX) is one of
11 Chapters of the
ONC state organiza-
tion, Oregon Nordic
Club (ONC).
ONC-PDX: onc-pdx.org
ONC: onc.org

DAY TOURS OVERVIEW RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

What to Bring

Let's start with the *10 Essentials*. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: onc-pdx.org/resources/wear/ For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

Carpooling

Lack of snow worthy vehicles is a growing issue for the club and board is reviewing options to change our policy. The ONC-PDX carpool policy is: Each passenger contributes 15 cents per mile. For three or more passengers, the maximum total contribution by all

cont. on sidebar page 5

DAY TOURS

Note: if weather or road conditions are dangerous, please contact the tour leader.

More tours may be listed here:

◆ onc-pdx.org/activities/day-tours

◆ onc-pdx.org/forums

◆ meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as "dog tours"

Dec 4, Wed, Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info contact: Terry Owen 503.590.5825** terryowen1@gmail.com.

Note: an email is sent out on Sundays before the Wednesday tours; join this email list for the Wednesday ski tours by sending your email to Terry.

Dec 11, Wed, Intermediate Ski Teacup Nordic, Mt. Hood, OR

We plan on going to Teacup, but we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, and to RSVP contact the leader: Mary Hepokoski 503.245.1618** hepomp8@comcast.net

Dec 18, Wed, Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is

Lets make tracks—the snow is coming down

Join the ONC-PDX tour leader team...

Pick your favorite trail/route and take some of your ONC-PDX friends on a ski or snowshoe tour. Submit tour descriptions with the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or send an email with the tour description (by **December 14, 8 p.m. for the January newsletter**) to oncdaytours@gmail.com. Tour descriptions sent after the deadline will be posted on the website and, if you wish on Meetup. Last minute tours can be added too.

New to leading? Contact us for more info? ◆

Laurel Dickie, Day Tours' Committee

Nordic Issues/News continued from page 3

be mailed to the Willamette National Forest, ATTN: Recreation Fees, 3106 Pierce Parkway, Suite D, Springfield, OR, 97477. Submitted comments by email to: WillametteRecFeeComments@usda.gov or dropped off at any Willamette or Deschutes National Forest office during business hours. ◆

Ken Wenzel, President Pam Rigor, Editor

good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info contact: Terry Owen 503.590.5825** terryowen1@gmail.com.

Jan 1, Wed, Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info contact: Laurel Dickie laureldickie@hotmail.com**

Jan 19, Sun; Jan 25, Sat; Feb 1, Sat; and Feb 8, Sat, All Abilities Ski Snow Bus from Portland to Teacup's groomed cross-country ski trails

Enjoy a relaxing bus trip to Teacup with 20 km of groomed tracks and learn new skills, meet new friends, get exercise and fresh air. Leave your car at home to avoid the stress of driving on congested roads and finding parking lots full. The Snow Bus departs Gateway Transit Center in Portland at 7:55 a.m. There is a Sandy pickup for January only Snow Bus dates. The Bus returns to Portland around 5:00 p.m. on each date.

Cost: \$18/ONC-PDX member, \$23/non-ONC member
Space is limited, so register early.

More info, registration, and additional pickups are listed at: onc-pdx.org/xc-ski-bus ◆

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

NEWS FROM TILLY JANE

With the completion of the phase 4

project, the Save Tilly Jane Restoration Project is winding down. The structures have been stabilized and should be good to go for another 80 years of continued public use. There are still some smaller project tasks that will need to be completed next summer but the heavy lifting is done. Going forward, the plan is to perform all needed repairs in a timely fashion which will avoid any deferred maintenance which caused this project to be so large. I'd also like to see an endowment created so future caretakers won't have to fundraise for needed repairs. There's also still talk of building a proper sleeping loft access stairwell to replace the current ladder system and fixing up the old amphitheater to the West of the AF cabin. More to come on these projects. For now, enjoy the winter season, check out the cabin, and I hope to see you on the hill. ◆

Andr  Fortin, Tilly Jane

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under "Membership") before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see side-bar page 7)!
- ◆ Sign-up online; paper applications will be available too.
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full online, join the wait list. Last minute openings do occur!
- ◆ Purchase trip insurance (some trips include it). You are responsible for finding someone to take your place, if you cancel. Info: oncpdx.org/resources/trip-insurance

Dec 27–Jan 1, Fri–Wed, All Abilities Classic and Skate Ski on Groomed Trails Methow Valley New Year's, Winthrop, WA One space available*

Washington's Methow Valley, on the West slope of the North Cascades Range, features over 200 km of groomed trails for classic and skate skiing at all levels, from riverside loops to steep and strenuous climbs and



Elke Schoen

descents. Enjoy four days of world class Nordic skiing ranging from 2,000 to 4,000 plus ft. elevation. Options include skate skiing or lessons for a day or more: the possibilities are endless with so much groomed terrain and

(typically) great snow conditions. Some might enjoy skiing from our condo in Winthrop for breakfast at Cinnamon Twisp Bakery, viewing bald eagles, deer, and elk en-route.

We have two luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners, that we'll prepare in fully equipped kitchens. Restaurants, groceries, and a good Nordic ski shop are close by. Winthrop is a charming replica frontier town, with museums, saloons, and festive open-air ice-skating rink surrounded by mountain peaks. All the trails are groomed for track skiing, skate skiing, and fat tire biking. You can leave your heavy backcountry skis and snowshoes home for this one. Trails range from easy to black diamond, but with the quality snow and impeccable grooming, even on the black trails, you'll have ample control.

Trip limit: 12 participants including trip leaders.
Cost: \$335/member, per person. Includes 5 nights lodging. Groomed trail pass not included (approx. \$80 for 4 days).

Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Sam Digard sam.digard@gmail.com

Co-leader: Kevin Dye kevind2020@gmail.com

Dec 28–Jan 1, Sat–Wed, All Ability Ski New Year's at Black Butte Ranch, OR Trip full, wait list open*

Celebrate the New Year in the peaceful setting of Black Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine, and interesting conversations after an invigorating day in the outdoors.

This Central Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters.

Check the website for full trip details.

Trip limit: 8 participants including trip leader.
Cost: \$345/member, per person. Includes 4 nights lodging.

Carpool miles: about 294 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ann Truax ann.truax@gmail.com

Jan 3–5, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR Spaces available*

This trip also available the following weekends:
February 7–9, March 6–8, and April 3–5

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation.

Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots.

Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS required. Climbing skins are required, too.

Trip limit: 15 (max.) participants. Open to all ONC-PDX members and Tilly Jane (TJ) cabin volunteers.
Cost: Free (another club benefit). You must be an ONC-PDX member or TJ volunteer before signing up for this trip.

For more info contact:

reservations@tillyjanecabins.org.

We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 11–20, Sat–Mon, Intermediate/Advanced Ski (strong skiers, groomed and ungroomed) BC Mega Ski 2020, British Columbia, Canada and Okanagan, WA Two spaces available*

Wanting some of the best cross-country skiing in the West? Come join us! We plan to carpool from Portland to Bellingham, stay overnight, depart and cross the border at Abbotsford, head east, and either ski at Manning Park or

cont. from sidebar page 4
passengers is limited to 45 cents per mile. Typical carpool cost per person for Mt. Hood is \$18 for Government camp to \$25 to Teacup (via Hood River). Please respect this policy by paying your drivers prior to their prompting.

Dogs

Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

FS Dog Policy

Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR/TRIP RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.

Novice Ski

2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as

cont. on sidebar page 6

*Check w/leader or overnight trip committee

cont. from sidebar page 5

possible.

Easy

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate

Ski: 6–12 miles.

Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills.

Consult tour/trip description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced

Ski: > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain;

steady pace and/or difficult terrain (a workout).

Backpack: > 7

cont. on sidebar page 7

Kane Valley Nordic depending on snow cover. We'll then drive to Kelowna and stay at a nice house with seven bedrooms and a hot tub for three nights. And ski Telemark Nordic and McCulloch Lakes Resort for three days. We will then transfer to Silver Star Mt. where we will stay in a deluxe condo (with hot tub) on the ski slope for three more nights. Then we will ski Sovereign Lakes and Silver Star Nordic before driving to Okanogan, WA for an overnight with a chance to ski in the afternoon at Methow Valley. In the morning we will ski Echo Ridge Nordic area in Chelan staying overnight then drive home.



Ken Wenzel

We will share cooking for six nights; food costs are included for this. We will eat out three nights while traveling at your expense. Food is included for breakfasts and lunches. Ski Passes not provided and average \$10, if we buy them as a group. Make sure your passport is current and valid, and bring a swimsuit for the hot tub.

We will carpool and share car costs. Plan on 10-20 mile ski days for eight days. Skate skiing is available at the groomed resorts and a few resorts have rentals.

Trip limit: 8 participants including trip leader.
Cost: \$750/member, per person. Includes 9 nights lodging and meals as described.

Carpool miles: Approximately 1,400 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ken Wenzel skiwenzel@hotmail.com

Jan 16–20, Thur–Mon, All Abilities Ski Deschutes NF, MLK Weekend, Bend, OR Trip full, wait list open*

Join us for four days of Nordic skiing in some of Oregon's best snow, at 5,000 plus ft. elevation in Deschutes National Forest, near Mt. Bachelor. We will ski from sno-parks north of Century Drive on both tracked and groomed trails, with plenty of backcountry options. Numerous gorgeous, powdery trails and tracks are just 10 minutes west of our luxury four bedroom, condo (near Inn of the Seventh Mountain), including Swampy Lakes, Meissner, and Vista Butte trails. We can also ski, skate, or take lessons at nearby Mt. Bachelor Nordic Center. Bend's great restaurants, brew pubs, etc. are just 10 minutes east.

Check the website for full trip details.

Trip limit: 8 participants including trip leaders.
Cost: \$280/member, per person. Includes 4 nights lodging.

Carpool miles: 360 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Kevin Dye kevind2020@gmail.com
Co-leader: Karen Dye kpetrich1@gmail.com

Jan 17–19, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR Trip full, wait list open*

This trip also available the following weekends:
March 20–23, and April 17–19

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Partici-

pants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are required, too.

Trip limit: 6 participants (max.), Open to ONC-PDX members with preference given to Tilly Jane (TJ) volunteers.

Cost: Free (another club benefit). You must be an ONC Chapter member, or TJ volunteer to sign up for this trip.

For more info contact: reservations@tillyjanecabins.org.

We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 17–20, Fri–Mon, All Ability Ski Lake Creek Lodge, MLK weekend, Camp Sherman, OR Trip full, wait list open*

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a XC ski holiday. Check out the website at: lakecreeklodge.com

Check the website for full trip details.

Trip limit: 16 participants including trip leader.
Cost: \$165/member, per person. Includes 3 nights lodging.

Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Steve Levy slevy@pacifier.com

Jan 23–27, Thur–Mon, Inter./Advanced Ski Anthony Lakes, Baker City OR One/two spaces available*

With 300 inches annual snowfall, the Anthony Lakes ski area near Baker City boasts the best powder skiing in the Northwest. Both downhill and Nordic skiers come to



Ken Wenzel

enjoy this pristine location at the north end of the Elkhorn mountains. The Nordic center (6,000 ft.) maintains 18 miles (30 km) of groomed trails at every level of difficulty. There's also easy access to

backcountry areas near the center, often by starting at the top of the lift (7,200 ft.). Another skiing possibility is Dooley Pass south of Baker City, showcasing panoramic views of the valleys below. Depending on time and weather, we could stop and ski the groomed trails on our way to Baker at Meacham Divide just west of La Grande.

Check the website for full trip details.

Trip limit: 16 participants including trip leaders.
Cost: \$275/member, per person. Includes 4 nights lodging.

Carpool miles: 600 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ann Truax ann.truax@gmail.com
Co-leader: Johanna Lovell joeielove@yahoo.com

Jan 27–30, Mon–Thur, All Ability Ski Summit Meadow Cabins,

***Check w/leader or overnight trip committee**

onc-pdx.org

Trillium Basin, Mt. Hood, OR Spaces available*

Here's your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at the end of the day. Skiing choices without driving include many of the trails in the Trillium basin and Government Camp area or driving to Bennett Pass, Twin Lakes, or others. While this is an all ability ski, the group usually divides into two ski groups, one doing intermediate to advanced backcountry skis and the other doing easy to intermediate skis. We will stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. You need to ski or snowshoe to the house about half-mile carrying your personal items. Bedding and towels are provided. We will cook communally for breakfasts and dinners and that food can go in on sleds.

Trip limit: 10 participants including trip leader.
Carpool miles: 110 miles roundtrip from Portland plus excursions to trailheads if any.
Cost: \$75/member, per person. Includes 3 nights lodging.

Trip leader: Mary Hepokoski hepomp8@comcast.net

Jan 30–Feb 2, Thur–Sun, Inter./Advanced Ski Ochoco High Country, Ochoco NF, OR Trip full, wait list open*

Backcountry skiing in the Oregon Ochoco Mountains—open, uncluttered ponderosa pine high country! A three night stay at rustic Ochoco Ranger Station (two queen beds, three twins). Arrive to the ranger station lunchtime Thursday with plans for an afternoon ski (Walton Lake or Bandit Springs ski trails) followed by two full days of up and down backcountry ski tours to Lookout, Round or Slide Summits with possibility of a Sunday morning farewell ski before the drive back to Portland.

Check the website for full trip details.
Trip limit: 5-7 participants (depending on sleeping arrangements) including trip leader.
Cost: \$75/member, per person. Includes 3 nights lodging.

Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Mike Fadden mikefaden@gmail.com

Feb 7–9, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

Trip full, wait list open*

(See January 3–5 Tilly Jane A-Frame Cabin description)

Feb 7–10, Fri–Mon, Easy Ski (groomed) Bend Area Easy Ski, Sunriver, OR Trip full, wait list open*

Easy skiing on groomed trail systems—with instruction! This trip is for cross-country skiers and skier wannabes who plan to take it easy. We will ski on gently rolling and flat trails which are groomed. Each day tour is accented with some skill building lessons for those who would like. Taking it easy on the trails allows us to maximize the amenities of our house.

Check the website for full trip details.
Trip limit: 10 participants including trip leader.
Cost: \$195/member, per person. Includes 3 nights lodging.
Carpool miles: 380 miles roundtrip from Portland

plus excursions to trailheads.

Trip leader: Sam Digard sam.digard@gmail.com

Feb 7–9, Fri–Sun, All Ability Ski Shelter Cove Resort at Odell Lake, OR Trip full, wait list open*

High up in the Cascades east of Eugene lies Willamette Pass and the beautiful Odell Lake. Odell Lake is situated at 4,800 feet, so there is plenty of snow plus great scenery. We stay at Shelter Cover Resort in two units: the large Kokanee Lodge with plenty of room for seven, plus a small cabin with room for four. Beautiful views right on the shore of Odell Lake. There are a number of good ski routes near: the Pengra ski area, the trails to Gold Lake, smaller trails right around Shelter Cove Resort and at Odell Lake Resort. Willamette Pass ski area has 22 km of beautifully groomed trails, however there are trail fees.

Check the website for full trip details.

Trip limit: 11 participants including trip leader.
Cost: \$120/member, per person. Includes 2 nights lodging.

Carpool miles: 360 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Bill Neuman wrn3200@yahoo.com

Feb 8–13, Sat–Thur, All Abilities Ski/Skate Ski Methow Valley, Winthrop, WA One/two spaces available*

What happens between the Methow New Year's Trip and the Methow March trip—the Methow February ski trip, of course! One can never get enough of the Methow Valley. We will glide across 200 km of reliably dry snow in sunshine and on terrain that is suitable for all skill levels. We have our choice of rolling or hilly Sun Mountain loops, the flat valley floor, the higher, more challenging Rendezvous Traverse, or a short walk to town for cultural or gastronomic pursuits. Ski/skate lessons and equip. rentals are available, and trails offer warm rest stops for lunch.

We will stay at the River Run Inn guest house, a lodge-like house with enough room for us all, no bunks(!) and an institutional-size kitchen for potluck chefs. Restaurants and a supermarket are available in town. We will discuss the next day's plans each day at dinner. The new management assures me that the pool and hot tub have been repaired since last year, so bring a swimsuit...again. Check it out at: riverrun-inn.com. Winthrop is an outdoor-oriented community in North Central Washington north of Lake Chelan, a 400-mile drive. We will carpool, and riders should expect to pay the driver. Three-day ski passes—\$63, an additional day—\$25, and daily snowshoe passes—\$5.

Trip limit: 12 participants including trip leaders.
Cost: \$235/member, per person. Includes 5 nights lodging.

Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Elke Schoen elkeschoen@msn.com

Co-leader: Linda Wilson wilsonln@msn.com

Feb 13–16, Thur–Sun, Intermediate Ski Big Pine Country in the Ochoco Mountains, Ochoco National Forest, OR Trip full, wait list open*

We will drive over on Thursday hoping to arrive in time for an evening ski before dinner. We will ski the Walton Lake and Bandit Springs Forest Service trails. The last few years ONC-PDX skiers have seen wild horses by Walton

***Check w/leader or overnight trip committee**

cont. from sidebar page 6
miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, "just in case." Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

■ First aid kit ■ Matches (in waterproof case) and fire starter
Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivy bag

■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sunglasses, lip balm and sun screen ■ Foam sit pad

Biking Essentials

■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

OVERNIGHT TRIP POLICIES

Trip Participation
1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.

2. Overnight trip sign-ups are done cont. on sidebar page 8

cont. from sidebar page 7

online at the club website: onc-pdx.org/ activities then click on "Overnight Trips." The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed Overnight Trip Application (onc-pdx.org then click on "Members Only" then on "Forms") to the trip leader, including their signed waiver and release of liability as required by the club. 3. If a trip appears to be full during the registration process, applicants should contact the trip leader directly to: (i) confirm that the trip is actually full; and (ii) if full, to be placed on the trip wait list as cancellations are relatively common. 4. Trip leaders have the authority to not accept a trip participant application if the applicant does not appear to have the appropriate level of skiing ability for the trip; or (ii) bed availability does not match the a participant's circumstances, e.g., the applicant will be traveling alone, does not want to share a bed, and only one double bed remains available, which is better suited for

cont. on sidebar page 9

Lake and by the cabin. We will be staying in an artfully constructed 1,145 square foot three-bedroom 1.5 bath two-story former ranger house, with a wonderful dining room table that accommodates our entire group, as well as large knotty-pine paneled living room with comfortable seating for evening reading and chats. If snow is lacking, we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds.

Check the website for full trip details.

Trip limit: 7 participants including trip leader.

Cost: \$75/member, per person. Includes 3 nights lodging.

Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Steve Planchon splanchon@gmail.com

Feb 14–17, Fri–Mon, Intermediate Ski

(Valentine's thru President's Day

Sunny, Snowy Sunriver, OR

Trip full, wait list open*

Sunriver is oft' described as being on the sunny side of the cascades. But in mid-February it can deliver on the fluffy white stuff! This is perhaps the prime time to hit multiple ski trails in and around Mt. Bachelor, all in a half day's drive from Portland. With multiple sno-parks plus the Bachelor Nordic Center, it gives us a lot to choose from, including groomed trails, skating, and backcountry terrain to test your ability. Perfect for all skiing styles. Keep the options open too because the area has great hiking, biking, and other sites nearby.

Check the website for full trip details.

Trip limit: 10 participants including trip leader.

Cost: \$195/member, per person. Includes 3 nights lodging

Carpool miles: 380 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Richard Crimi richard_crimi@hotmail.com

Feb 15–23, Sat–Sun, All Abilities Ski

Yellowstone National Park Dream Trip, WY

Trip full, wait list open*

Yellowstone in Winter!

We'll carpool from Portland arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and stay at the historic Mammoth Hot Springs Hotel. Accommodations are in newly remodeled rooms with two queen beds per room and private baths. On Monday morning, a snow-coach ride at 7:45 a.m. takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday afternoon, we will return to Mammoth Hot Springs for three more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area—either Tower, Indian Creek areas or the famous Lamar Valley. There is a wide selection of trails available, from beginning to advanced, something for every desire.

Trip limit: 20 participants including trip leaders.

Cost: \$1,295/member, per person. Includes 7 nights lodging (4 at Mammoth and 3 at Old Faithful) and

snow-coach to Old Faithful and return to Mammoth. Breakfasts, lunches, and dinners are available in the dining rooms; we have reservations for dinners (costs not included for meals) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling, and lodging en-route are not included.

Yellowstone National Park entry fees (or passes) required, but not included. There will be two people per room. Special rates are available for children under 12 sharing a room with parents.

Carpool miles: Approximately 1,800 miles roundtrip from Portland.

Trip leader: Ted Scheinman tedskier@gmail.com

Co-leader: Mark Fitzsimmons

mfitzsimpica@gmail.com

Feb 17–21, Mon–Fri, Intermediate/Advanced Ski

Mt. Rainier Skiing in Luxury, Ashford, WA

New trip this year, Five spaces available*

We will drive up Monday to Ashford, WA and check into our award-winning Dancing Bear Lodge with hot tub, pooltable, and heat. We will ski either at the Tahoma Hut trail system or drive into Mt. Rainier and ski to Refection Lakes and Mazama Ridge. The Tahoma Huts has trails on the North side of Ashford and to the South side of Ashford giving us lots of trail selection. We will adjust our trail selection based on the weather and snow conditions and park road conditions. Plan on shared meals and cooking duties during our stay. This is all ungroomed skiing on roads, trails or backcountry. The house does have WiFi and phone service, but no cell phone service within 20 miles. The house has six bedrooms, three baths, and four king beds so bring your spouse. Check in is 4:00 p.m. and check out is 11:00 a.m.

Trip limit: 10 participants including trip leader.

Cost: \$240/member, per person. Includes 4 nights lodging.

Carpool miles: 280 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ken Wenzel skiwenzel@hotmail.com

Feb 18–20, Tue–Thur, Advanced/Intermediate

Backcountry Ski

Sisters Backcountry Hut-Hut,

Deschutes National Forest, OR

One space available*

The scene: Central Cascades backcountry in mid-Feb. Think finding your way through a forest full of old growth in the snow with a friendly bunch. Away from the noise and bustle, we'll ski hut to hut for 22 miles over three days over terrain described as "ungroomed and rolling with gentle slopes." The ski is about eight miles a day at around 6,500 ft. elevation with variable snow conditions. Along the way are untrammeled views that most will never see. Each night we'll cook a communal dinner with the provided and supplemented supplies, get warm and dry from the wood stove, prepare for the next day's adventure, and crawl into our bunks with smiles from the day's experiences. So, you may be wondering, with two nights in the woods and staying in cabins, will I have to pack a lot? Not at all, the huts are fully stocked with food, cooking supplies, sleeping bags, everything we need to make the stay easy. You need only carry your lunches, snacks, and any supplementals we choose. A sleeping liner is recommended and you may carry your own sleeping bag if desired. What about equipment? This is from the huts

***Check w/leader or overnight trip committee**

company: "Bring Metal Edge Nordic skis with Scales or lightweight telemark skis with skins. Boots/Bindings: Beefy Nordic (NNN BC or 3-pin/duck bill) and coordinated binding. Alpine Touring and Telemark gear that is more suited for descending might be a bit too heavy and bulky. Skate skis and track classic skis will be too light and flimsy." We have a shuttle service from Three Sisters Sno-Park to Dutchman Flats the first morning. Since we must be at the shuttle at 8:00 a.m. there is an optional hotel stay the night before in Sisters, breakfast included. This makes for an easy transition to the shuttle point.

Special considerations: Skis with metal edges or skins, able to ski eight-plus miles at 6,500 ft. elev., on time for the shuttle, the rest... enjoy the deep woods in winter! Info: threesistersbackcountry.com/huts/nordic-traverse-huts

Trip limit: 8 participants including trip leader.

Cost: \$340/member, per person. Includes shuttle and hut stay with breakfast and dinner. Optional stay in Sisters on Mon., Feb. 17 @ \$65, breakfast included.

Carpool miles: 326 miles roundtrip from Portland

Trip leader: Richard Crimi
richard_crimi@hotmail.com

Feb 22–Mar 6, Sat–Fri, All Abilities Ski (groomed with downhill option)

Austria and Italy Skiing in the Alps
Four spaces available*

The trip is rated all abilities and is geared towards intermediate cross-country and optionally type three downhill skiing. The group will mainly be a mix of

intermediate through advanced, so slower skiers will probably be self-lead, but we have excellent maps. The groomed trails

are unparalleled experience for cross-country enthusiast. For the downhill aficionados, this is the trip of a lifetime where you can check off circumnavigating Sella Ronda from your bucket list.

Trip details: Days 1–2: Fly from Portland to Munich and take train to Seefeld in Tirol, Austria, Days 3–7: Ski, starting from the hotel or take a bus ride to the surrounding valleys (Optional: take a day off to visit Innsbruck's castles and museums), Days 8–12: Head to the Dolomites to ski within the valleys you see in the pictures and also consider taking the Sella Ronda downhill circuit. Stay in Ortisei Sankt Ulrich, Day 13: Spend the last day in Munich to tour, shop, and dine at the original Hofbrau Haus, Day 14: Fly from Munich to Portland.

Things to look forward to: European breakfast buffets, Alpine huts and hot lunch, Gluhwein (hot mulled wine perfect for warming up after a ski), German and Austrian style beer, kilometers upon kilometers of skiing on impeccably groomed trails, unparalleled views.

Trip limit: 16 participants including trip leaders.

Cost: \$2,510/member, per person. Trip deposit of \$700 on signup with the balance due later in December.

Includes: Roundtrip airfare from Portland to Munich, trip insurance, all ground transportation, lodging for 12 nights, dinner in Munich, trail passes and lift tickets for cross-country skiing.

Trip leader: Sam Digard sam.digard@gmail.com
Co-leader: Aimee Ritter ritter.aimee@outlook.com

Feb 27–Mar 2, Thur–Mon, Adv.-Inter./Advanced Ski
Wallowa Mountains, Joseph, OR
Trip full, wait list open*

Spend four days skiing Eastern Oregon's Wallowa Mountains, where the mountains are steep, and the snow is dry! There are opportunities for different levels of skiing on this trip, but there are no groomed trails in the Wallowas. Bring your Telemark or AT gear and challenge yourself climbing up Wing Ridge and skiing the backcountry powder. Depending on group desires, we can hire a guide for a day or two of backcountry adventure.

The group will split up and intermediate skiers will find lots of fun (without the climb) on easy cross-country trails at Salt Creek Summit, the beautiful Wagon Rd. trail, McCully Creek Trail, or the Canal road to explore. There's also Ferguson Ridge ski area where lift tickets are \$20/day at this small community built and operated ski area.

Check the website for full trip details.

Trip limit: 12 participants including trip leaders.

Cost: \$220/member, per person for a single private room. Includes 4 nights lodging. \$440/members, for two people sharing a bed in a private room. \$190/member, per person (mixed gender) in the bunkroom.
Carpool miles: 660 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Susan Watt susniam@gmail.com
Co-leader: Lauren Eaton laenla1@gmail.com

Feb 28–Mar 1, Fri–Sun, Intermediate Ski
Black Butte Ranch Quickie, OR
One space available*

Celebrate the weekend in the peaceful setting of Black Butte Ranch. This Central Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters.

The accommodations are a large house with three queen bedrooms and a bunk room with two bunk beds. Amenities at Black Butte include a hot tub, sauna, and swimming pool. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore, quilt shop and other shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the work week.

We'll celebrate Leap Year Saturday night with a Chocolate extravaganza; anything from molten lava cake to a fancy candy bar, is fair game!

Trip limit: 8 participants including trip leader.
Cost: \$140/member, per person. Includes 2 nights lodging.

Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Laurel Dickie laureldickie@hotmail.com
Co-leader: Alison Kean alisonrose729@gmail.com

Feb 28–Mar 8, Fri–Sun, Advanced-Beginner to Advanced Ski

Kootenay Nordic Adventure, Rossland BC,
Kimberley BC, Radium Hot Springs BC
Trip full, wait list open*

***Check w/leader or overnight trip committee**

cont. from sidebar page 8

another couple that has applied for the trip. 5. Trip leaders, after consulting with the ONC-PDX Board and Overnight Trip Committee (OTC), may also deny a trip application based on an applicant's behavior on previous ONC-PDX trips.

Wait list procedures

1. To be placed on a trip wait list, applicants must submit a completed trip application to the designated trip leader, along with a check for the full amount of the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. 2. Wait list checks will not be cashed until the wait list applicant has been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

Trip Cancellation Policy

1. Trip fees and deposits are non-refundable, unless the trip leader is able to make a reasonable substitution for the canceling participants. 2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster. 3. If a wait list exists, the trip leader will determine

cont. on sidebar p. 10

Sam Digard



cont. from sidebar page 9

whether wait-listed applicants can be reasonably substituted for the cancelling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter. 4. If the leader is able to make a reasonable substitution for the cancelling participant, the cancelling participant will receive a refund of amounts paid, minus \$10 for each participant associated with the cancellation. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as needed, to ensure the proper handling of the cancellation notice and refund request. 5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC. **Travel Insurance** To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. See: onc-pdx.org/resources/trip-insurance **Policy and Procedure Waivers** The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so. ♦

Ski three different location in the Kootenay area of SE British Columbia: Rossland, Kimberley, and Radium Hot Springs. Near Rossland, ski trails are groomed by the Black Jack Cross-country Ski Club or try ungroomed terrain in the nearby Rossland Range Recreation Site. In Kimberley the local Nordic club provides a first class network of 65 km groomed trails close to town. Ungroomed slopes are located nearby in the Kimberley Nature Park. Outside Radium Hot Springs, enjoy the solace and beauty of Nipika Mountain Resort on 50 km of groomed trails or venture into Kootenay National Park to do backcountry skiing. After a vigorous day of skiing, soak in the hot springs just outside of town.

Check the website for full trip details.

Trip limit: 10 skiers including trip leader.

Cost: \$520/member, per person. Includes 9 nights lodging.

Carpool miles: 1,400 miles roundtrip from Portland plus excursions to trailheads.

Trip Leader: Ann Truax ann.truax@gmail.com

Feb 29–Mar 5, Sat–Thur, All Levels Ski (groomed) Methow Valley Leap Year, Okanogan and Winthrop, WA

Spaces available*

We will stay our first night in Okanogan, WA at the Quality Inn. Then we will stay the rest of the time at the River Run Inn guest house. While at the River Run Inn we will share meals and cooking and clean up. With 200 km of groomed trails you can find trails for any ability. Trails passes cost \$24 per day. Rental equipment is available. We'll shared carpool costs.

Trip limit: 12 participants including trip leaders.

Cost: \$270/member, per person. Includes 5 nights lodging.

Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.

Trip leaders: Ken and Debby Wenzel skiwenzel@hotmail.com

Mar 6–8, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

Trip full, wait list open*

(See January 3–5 Tilly Jane A-Frame Cabin description)

Mar 9–12, Mon–Thur, Intermediate Ski Oh So Let's Go To The Ochoco's, Ochoco National Forest, OR

Trip full, wait list open*

We will drive over on Monday hoping to arrive in time for an evening ski before dinner. Two lovely areas to ski are the Walton Lake and Bandit Springs Forest Service trails. These areas have been maintained and marked with blue diamonds by ONC-PDX members in October 2018 and June 2019.

If snow is lacking, we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things do in that part of the state.

Check the website for full trip details.

Trip limit: 5-7 participants including trip leader.

Cost: \$75/member, per person. Includes 3 nights lodging.

Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Laurel Dickie laureldickie@hotmail.com

Mar 13–15, Fri–Sun, Advanced-Intermediate Backcountry Ski Sisters Backcountry Hut-Hut, Deschutes National Forest, OR
One space available*

This is a 22-mile Hut to Hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail at 6,500 ft., on the eastern edge of the Three Sisters Wilderness area. We meet our shuttle Friday at 8:00 a.m. at Three Creeks Sno-park and shuttle to Dutchman Flat, where we start the tour. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks.

The terrain is ungroomed, rolling to gentle slopes with some steeper climbs. The two huts are fully stocked with food, cooking equipment, wood stove, and bunks. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions can vary from untracked powder to icy and anything in-between.

Equipment needed is metal edge skis, preferably a backcountry ski and boot. Skins are not required but can be useful depending on conditions. Classic narrow Nordic skis are not really suitable, but that depends on the ability of the skier. Kicker skins are recommended in that case. Good physical condition is needed to ski the distance, climb the hills, and keep up with a group. The distance between huts is eight miles average, which leaves time for additional skiing, exploring, or relaxing in the huts.

Info about what is provided and photos of the huts: threesistersbackcountry.com/huts/nordic-traverse-huts

This trip begins early on Friday morning with a shuttle so you need to be in Sisters the night before. Carpooling will be arranged and shared lodging can also be coordinated among the group but that will be an additional expense.

Trip limit: 8 participants including trip leader.

Cost: \$340/member, per person. Includes a shuttle, 2 nights in huts, food for 2 days and 2 nights with beer included! Additional expenses will be carpool transportation expense and food and lodging in Sisters Thursday night.

Carpool miles: 320 miles roundtrip from Portland.

Trip Leader: Susan Watt susniam@gmail.com

Mar 20–22, Fri–Sun, All Abilities Ski John Craig Tour Weekend, Black Butte, OR
Trip full, wait list open*

The Annual John Craig Nordic Ski Tour will be held on March 21 on the McKenzie Pass Highway in Sisters, Oregon. People from all over the state participate in this fun, non-competitive event. The tour is an out and back on a gentle forest road through the beautiful Deschutes National Forest. In good weather an average skier can reach Dee Wright Observatory in about three hours. The return trip takes about half the amount of time. There is a suggested donation of \$10 for the John Craig Ski Tour.

***Check w/leader or overnight trip committee**

onc-pdx.org



Susan Watt

Check the website for full trip details.

Trip limit: 8 participants including trip leader.

Cost: \$140/member, per person. Includes 2 nights lodging plus a pizza party and ski tour donation.

Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.

Trip Leader: Mary Bourret MaryLBourret@gmail.com

Mar 21–23, Fri–Sun Intermediate Backcountry Ski

Tilly Jane Guard Station, Mt. Hood, OR

Trip full, wait list open*

(See Jan 17–19 Tilly Jane Guard Station description)

April 3–5, Fri–Sun, Inter. Backcountry Ski/Tele

Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

Spaces available*

(See January 3–5 Tilly Jane A-Frame Cabin description)

April 17–19, Fri–Sun Intermediate Backcountry Ski

Tilly Jane Guard Station, Mt. Hood, OR

Spaces available*

(See Jan 17–19 Tilly Jane Guard Station description)

June 25–July 6, Thur–Mon, Intermediate Bike

Biking the Rhone Valley in France

Spaces available*

Bike riding on moderate terrain

We'll be riding less than 35 miles a day in moderate terrain. Bikes and accessories are included with the trip.

We fly from Portland to Paris, where we catch the train south to Aigues-Mortes on the Mediterranean coast. We'll spend our first night here which allows a day to adjust and tour the ancient Roman infrastructure in this walled city.

The bike leg begins as we board the Caprice on June 27 to sail up the Rhone river, biking the countryside every day. Six days biking (yes, with an English-speaking guide) through red wine country where the last day is a bike ride through Chateauneuf-du-Pape. And of course, we'll have time while there to stop and visit the shops. On July 4, we take the train back to Paris and spend two nights before flying back to Portland on the July 6. Activities in Paris run the gamut of your bucket list. Our hotel is close to the Louvre so your call to visit it or make a plan B.

Trip limit: 14 participants including trip leader.

Cost: \$3220/member, per person and will include trip insurance. Includes roundtrip airfare to Paris from Portland and ground transportation, river transport, bike rental, all lodging, some partial laundry service, and a few other amenities. You might want to bring your own helmet, but they are provided. All meals while on the boat, and a sack lunch are also included. Exact cost will depend on air travel charge. Trip deposit of \$900 on signup, balance due in April.

Trip leader: Sam Digard sam.digard@gmail.com ♦

***Check w/leader or overnight trip committee**

Welcome new members!

Carla Bartow, Michael Bishopp family, Wendy Childs family,, Susan Fichter, David Gerson family, Sally Greer, Shawn Grossman family, Lisa Kirby family, Bill Ondrechen, Mike Morse, Joan Nolan, Nancy Siegel, Helina Spector, Leslie Strickland, Michelle Traver, Christopher Jordan Volpe, and Larry Zulch family

November membership report: 279 total memberships (188 single and 91 family), includes 17 new membership and 2 renewals. Last year at this time there were 277 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX October 15 Board Meeting were not received in time for publication.

Next meeting: Dec. 19 at 10:00 a.m.

CLASSIFIED ADS

FOR SALE: ▶ Skis and boots Brand new Rossignol OT 65 xc skis 185 length and Rossignol NNN binding boots to fit. Never used: sells for \$469+ **Selling set for \$200**

Kristin kaew5000@gmail.com

3/20

FOR SALE: ▶ Ski Set Women's Salomon (skis, bindings, poles, and boots). Like new, used 5 times. Skis: Salomon Madshus Beitostolen (touring) XC 177.8 cm – 70." Poles: Equipe 20 carbon/16-9 mm/20% carbon – 130 cm - 52." Boots: Salomon Vitane Pilot CF. Size UK 6, USA 7.5. **Complete package \$250, will sell individual items if price is right.**

Janice 503.309.6167 (text)

2/20

FOR SALE: ▶ Skis Rossignol Backcountry 65 (metal edges), 185 cm, with NNN BC bindings. Too light for them, hardly been used. Easy auto bindings. Great for backcountry, climbing, and groomed as well. ust tuned. **\$200, OBO**

Patty momshelp1234@gmail.com 503.504.9130 12/19

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

MEMBER

BENEFITS

Columbia Sportswear

911 SW Broadway—15% discount on purchases. Access to Columbia Sportswear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. columbia.com

Mountain Hardwear

722 SW Taylor Street—15% discount on purchases. Current membership card required. mountainhardwear.com

Mt. Hood Outfitters

88661 East Government Camp Loop, Government Camp, OR. 25% off rentals and tours. Current membership card required. mthoodoutfitters.com

The Mountain Shop

2975 NE Sandy Blvd, 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Next Adventure

426 SE Grand Ave., 15% discount, current club membership card required. nextadventure.net

Oregon Mountain

Community Online store. Subscribe to OMC e-newsletter and receive: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike

Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic

10% discount on cross-country ski and telemark lessons. weeastnordic.com

Jupiter Hotel PDX

and Hood River Hotel in Hood River give ONC-PDX members a 15% off online booking. jupiterhotel.com hoodriverhotel.com

Rajalta Rajalle Hihhto (Border to Border ski) in Finland

In 2018 Karl Andersson and friends participated in the Rajalta Rajalle Hihhto event in Finland, which, literally translated to: "Border to Border Ski." It is a seven day trip from the border with Sweden, 420 km. It was started in 1984 and draws participants from all over the world. The ski is on groomed tracks, classic style only. Much like Cycle Oregon, your gear is taken on a bus to the end of the day destination so that one only takes what one needs for the day. The distances range between 43km and 86 km. Given the distances, everyone uses "racing" skis, but that is an European thing since most people in Europe use racing skis even though they're not racing.



Lucky Labrador
Brewing Company
1945 NW Quimby St.
Tuesday, December 3
6:30 p.m. Social Hour
7:00 p.m. Rajalta Rajalle
Hihhto (Border to Border
ski) in Finland
Food/Beverages available \$

Upcoming programs

January 7 –Antactica: Penguins, whales, birds, seals, mountains and glaciers

February 4–Capturing the Moments: Photography with Vaqas Malik



Oregon Nordic Club
P O R T L A N D
C H A P T E R

Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906

Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.) located between NW 20th Ave. and NW 19 Ave. in Northwest Portland.

