



ONC-PDX Annual Overnight Ski Trips Extravaganza

Hey folks, it's that time of year to put away the

summer things and start thinking...snow. Or at least we can dream about the places we'll visit this winter and beyond... like Methow Valley, Central Cascades, Eastern Oregon, Mt. Rainer, Yellowstone, BC Canada, Austria, and Italy! That's where you'll find us on fabulous ski adventures while we romp and play to our hearts delight. We even have a bike trip to southern France to glide us into next summer.

With 25 overnight trips planned you'll find something for every style of skiing. And you can learn all about these at our annual ONC-PDX Overnight Trips Extravaganza. Trip leaders will be on hand to talk to and answer your questions. There are some changes for the signups that begin on Oct. 13 that you'll want to know about.

So please join us at the ONC-PDX member meeting on October 1 at the Lucky Lab, 1945 NW Quimby. Social time begins at 6:30 p.m., the program starts after 7:00 p.m. This is your chance to learn about the upcoming season and start dreaming.



Ted Scheinman

Ken Wenzel

Pam Rigor

♦ Sam Digard, Steve Planchon, Richard Crimi, *Overnight Trips Committee*

New Member Spotlight: Brian Lawrence

Social media and the internet increasingly light the path to the doorway of the Oregon Nordic Club Portland Chapter (ONC-PDX) membership. This, too, is how Brian Lawrence, a new member, came across the ONC-PDX—via a search for Meetup groups—when he was figuring out how to take his baby daughter, Isla, outside in the winter.

Brian doesn't just ski, but is one of those skiers whom I typically admire, pulls a child in a sled. As challenging as that might be, Brian is actually taking it relatively easy when he skis with his daughter in tow. His other interests include rock and mountain climbing, along with owning a business.



This writer asked Brian for tips on skiing with a sled, which, he said was easier than expected. "It pulled quite smoothly at low speeds, which was mostly the case as we are beginners," he said of their ski tours last season at Trillium Lake and Pocket Creek. "That first downhill section at Trillium, though, was a little tricky. As speed builds, the sled can develop a mind of its own. It's not unmanageable, but the weight is more apparent and herky-jerky." If you are wondering about skiing with a crying baby, Brian said that Isla is quite content in her "chariot."

Until joining ONC-PDX last winter, Brian hadn't skied cross-country, but his desire to have Isla grow up "where being outside is the norm and skiing is part of a normal life" led him to the club. Meanwhile, his wife has started showing interest in taking up cross-country skiing, too. He hopes that through skiing, he and Isla can share a mutual interest going forward. By the end of last season, continued on page 3

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EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as an attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment.

Corrections: email corrections and/or additions to the editor.

This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.** P.O. Box 3906 Portland, OR 97208

U P C O M I N G E V E N T S

Oct 1 ▶ TUESDAY

ONC-PDX Overnight

Trips Extravaganza

ONC-PDX monthly program

7:00 p.m. – 9:00 p.m. Lucky Lab,
1945 NW Quimby St.



Oct 2 ▶ WEDNESDAY

Wild Utah: America's Red Rock Wilderness

6:30 p.m. – 8:30 p.m. Tualatin REI

Info/sign-up: rei.com/learn.html

Oct 5 ▶ SATURDAY

Mountain Shop Grand Opening party

Noon – 4:30 p.m.
Live band (Outbound Traveler), grilled food, games, beverages, and a raffle. The raffle will be based on suggested donations to a nonprofit of our choice.

Info: facebook.com/events/2544857649173270/
mountainshop.net/community/calendar/2019-10-05/grand-opening-party.html

Oct 5–6 ▶ SATURDAY–SUNDAY

Community Cycling Center Bike Drive

10:00 a.m. (Sat) – 6:00 p.m. (Sun) Portland area REI stores. Donate your bike and make it a vehicle for change! Bring in a bike in good condition and help the Community Cycling Center broaden access to bicycling and its benefits. Donors will receive a 23% off REI coupon.

Info: rei.com/learn.html

Oct 15 ▶ TUESDAY

Dark Matters Concerning Mount St. Helen's National Volcanic Monument

5:30 p.m. – 9:00 p.m.

Loowit Brewing, 507 Columbia St, Vancouver, WA

Doors Open 5:00 p.m.

Presentation Begins 6:30 p.m.

Suggested Donation \$10

Info: mshinstitute.org/about-us/event-calendar.html
info@mshinstitute.org 360.449.7883

Oct 16 ▶ WEDNESDAY

Discover Oregon's Desert Rivers

6:30 p.m. – 8:30 p.m.

Mt. Shop, 2975 NE Sandy Blvd.

Hosted by Oregon Natural Desert Association and Mountain Shop

Oct 26 ▶ SATURDAY

Social History Happy Hour

7:00 p.m. – 9:00 p.m., Mt. Hood Museum, Government

Camp, OR. Info: mthoodmuseum.org/event/social-history-happy-hour-10 503.272.3301

Clinics and Training

Oct and Nov ▶ SATURDAYS 2019 Fall XC Training Series Portland, OR

(locations, times, and dates subject to change so check before any session!)

Oct 19, Sat — time tbd, Mt. Tabor Park

Oct 26, Sat — 9:30–11:00 a.m., Hoyt Arboretum/
Forest Park (above Zoo)

Nov 2, Sat — 9:30–11:00 a.m., Mt. Tabor Park

Nov 9, Sat — 9:30–11:00 a.m., Hoyt Arboretum/
Forest Park (above Zoo)

Info: teacupnordic.org xcoregon.org

Sponsor by: Oregon Nordic Club Teacup Chapter and XC Oregon race team

Dec 5–14 ▶ THURSDAY–SUNDAY 2019 Oregon Fall Camp Mt. Bachelor, OR

Sign up for any date combination or any number of days. Morning sessions on snow every day (usually from 8:45 to noon), groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more! Registration is open.

Info: xcoregon.org/oregon-spring-camp

Oregon Nordic Club Portland Chapter
Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, for members only.
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see p. 11)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$30 for single, \$40 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

I went up to help out on the Tilly Jane A-Frame (TJ) restoration and was totally blown away by the energy that our volunteers put into this project. André has been amazing with his patience, working with the Forest Service and selecting contractors to make happen. Mary Hepokoski has been outstanding in her willingness to oversee the project and live at TJ for a week, while André and Jennifer were on a vacation of a lifetime.

This summer a new composting toilet was installed at the A-Frame. The sewage vault and drain field were put in and backfilled. New shake siding was put on the outside of the A-Frame. There are now two new wood storage areas to increase storage space for firewood inside. Last year a new roof was put on the A-Frame. This year Tilly Jane Guard Station garage got its new roof and the foundation was fixed.

Both days while I was there, volunteers did hard labor shoveling, moving drainage rock and dirt, helping put together the 500 lb sewage vault and moving it into place and reinstalling the exterior rafter pole. Many times during our project we needed to brainstormed to find the best way to do things. Way to go ONC-PDX and all its volunteers, great job, well done! There is one more chance to help see page 4.

Come up and see the finished project—for a 1930s CCC construction it looks amazing and still meets its historic building standards. ♦

Ken Wenzel, President

NORDIC ISSUES/NEWS

Columbia Gorge

Since it's the end of summer and time to condition for the upcoming ski season here is some useful information to anyone wanting to hike in the gorge. You can even do it sustainably! Check out the Columbia Gorge Express for a way to get there without a car: columbiagorgeexpress.com

Gorge Hiking Trails Check this link for Gorge trails still closed (the list was updated in August): fs.usda.gov/Internet/FSE_DOCUMENTS/fseprd574101.pdf

Mt. Hood NF

The Elk Meadows Trailhead parking area was closed due to construction in the area but it is now open. ♦

Susan Watt, Nordic Issues, Pam Rigor, Editor

VOLUNTEER OPPORTUNITIES

Leadership Training Help us increase the number of day tour leaders. Contact Ken Wenzel: skiwenzel@hotmail.com

Day Tours Leaders Ski season day tours. Day tour leaders needed for Snow Bus dates (Jan 19 and 25, Feb 1 and 8), contact ONC Day tour committee to volunteer and receive a free bus ride. Contact oncdaytours@gmail.com

New Member Spotlight: Brian Lawrence continued from page 1

Brian had joined a couple of Wednesday ski tours, one with President Ken Wenzel and other strong skiers who slogged through deep, heavy snow on the Quarry Trail near Trillium Lake. Brian summed it up like this, "A beautiful day out and hard work when breaking trail." Brian praised the Wednesday ski outings for giving him a welcome midweek break from work while meeting people and learning more about technique. Someday, Brian hopes to go on overnight ski trips in the Sisters Wilderness and the Methow Valley.

Brian's first outdoor love is climbing. Asked about his favorite peaks, Brian calls the North Ridge "my ideal alpine climb"—and the inspiration for the name of his business, North Ridge Wealth Advisors. Located on Mt. Stuart in the Alpine Lakes Wilderness, the ridge provides a "complete experience" with a long approach hike, a glacier crossing, technical rock climbing, and "the requisite endurance, speed and planning to pull it off." Other favorites include Mt. Russell in the Sierras and Liberty Bell in the North Cascades. A broken leg from a serious fall off of a cliff in 2012 required 13 months of healing. "Yet, I came back to the sport. It somehow feeds my soul and there is nothing I've ever experienced like being on lead, totally focused, feeling strong (or scared but hopefully strong) and having no space in my mind for work stress or the small problems that plague us."

The New Member Spotlight is back after a summer break! If you are a new or newer member of the ONC-PDX, and would like to be featured, please contact Christine Bierman at sisu1956@gmail.com, 971.325.2874. Thank you. ♦

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Oregon Nordic Club Portland Chapter (ONC-PDX) is one of 11 Chapters of the ONC state organization, Oregon Nordic Club (ONC). ONC-PDX: onc-pdx.org ONC: onc.org

DAY TOURS OVERVIEW RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

What to Bring

Let's start with the **10 Essentials**. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: onc-pdx.org/resources/wear/ For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

Carpooling

Lack of snow worthy vehicles is a growing issue for the club and board is reviewing options to change our policy. The ONC-PDX carpool policy is: Each passenger contributes 15 cents per mile. For three or more passengers, the maximum total contribution by all

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DAY TOURS

Note: if weather or road conditions are dangerous, please contact the tour leader.

More tours may be listed here:

- ◆ onc-pdx.org/activities/day-tours
- ◆ onc-pdx.org/forums
- ◆ meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as "dog tours"

Oct 5, Sat, Tilly Jane Wood Haul Tilly Jane, East side of Mt. Hood, OR

As we do every year, we'll be putting up the annual firewood supply and preparing the cabins for the upcoming winter season.

Bring clothing appropriate to expected weather conditions, sturdy work boots, gloves, water and a willingness to help. If you have them, and wish to bring we could use splitting mauls and chain saws. Bring a potluck lunch item to share! Beverages provided by Base Camp Brewing.

Info contact: reservations@tillyjanecabins.org

Jan. 19, Sun, All Abilities Ski

Jan. 25, Sat, All Abilities Ski

Feb. 1, Sat, All Abilities Ski

Feb. 8, Sat, All Abilities Ski

Snow Bus from Portland to Teacup's groomed cross-country ski trails

Enjoy a relaxing bus trip to Teacup with 20 km of groomed tracks and learn new skills, meet new friends, get exercise and fresh air. Leave your car at home to avoid the stress of driving on congested roads and finding parking lots full. The Snow Bus departs Gateway Park and Ride in Portland at 7:55 a.m. There is a Sandy pickup for January only Snow Bus dates. The Bus returns to Portland around 5:00 pm on each date.

Cost: \$22/ONC-PDX member and \$27/non-ONC member

Space is limited, so register early. (bring your personal gear to the Snow Bus pickup).

More info, registration, and additional pickups are listed at: onc-pdx.org/xc-ski-bus ◆

Tilly Jane Wood Haul

Join us on the Tilly Jane Wood Haul.

It's been a busy summer season. Come up and see all the improvements including the addition of a new composting toilet and a newly resided cabin. We also rehabilitated the old Guard Station Garage. The cabins will be open Friday and Saturday nights too. All volunteers earn a free weekend at one of the club/volunteer weekends during the winter season.

Oct 5, Sat, Tilly Jane Wood Haul Tilly Jane, East side of Mt. Hood, OR

See day tours schedule above for details. ◆

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under "Membership") before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see side-bar page 7)!
- ◆ Sign-up online; paper applications will be available too.
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full online, join the wait list. Last minute openings do occur!
- ◆ Purchase trip insurance (some trips include it). You are responsible for finding someone to take your place, if you cancel. Info: oncpdx.org/resources/trip-insurance

Dec 27–Jan 1, Fri–Wed, All Abilities Classic and Skate Ski on Groomed Trails Methow Valley New Year's, Winthrop, WA

Washington's Methow Valley, on the West slope of the North Cascades Range, features over 200 km of groomed trails for classic and skate skiing at all levels, from riverside loops to steep and strenuous climbs and descents. Enjoy four days of world class Nordic skiing ranging from 2,000 to 4,000 plus ft. elevation. Options include skate skiing or lessons for a day or more: the possibilities are endless with so much groomed terrain and (typically) great snow conditions. Some might enjoy skiing from our condo in Winthrop for breakfast at Cinnamon Twisp Bakery, viewing bald eagles, deer, and elk en-route.

We have two luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners, that we'll prepare in fully equipped kitchens. Restaurants, groceries, and a good Nordic ski shop are close by. Winthrop is a charming replica frontier town, with museums, saloons, and festive open-air ice-skating rink surrounded by mountain peaks. All the trails are groomed for track skiing, skate skiing, and fat tire biking. You can leave your heavy backcountry skis and snowshoes home for this one. Trails range from easy to black diamond, but with the quality snow and impeccable grooming, even on the black trails, you'll have ample control.

If the trip appears to be full when using the online sign up, be sure to join the wait list. We seem to always have cancellations.

Trip limit: 12 participants including trip leaders.

Cost: \$335/member, per person. Includes 5 nights lodging. Groomed trail pass not included (approx. \$80 for 4 days).

Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Sam Digard sam.digard@gmail.com

Co-leader: Kevin Dye kevind2020@gmail.com

Dec 28–Jan 1, Sat–Wed, All Ability Ski New Year's at Black Butte Ranch, OR

Celebrate the New Year in the peaceful setting of Black

Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine, and interesting conversations after an invigorating day in the outdoors.

This Central Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters.

The accommodations are a large house with three queen bedrooms and a bunk room with two bunk beds. Amenities at Black Butte include a hot tub, sauna and a swimming pool. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore, and various shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the humdrum of daily life.

Trip limit: 8 participants including trip leader.
Cost: \$345/member, per person. Includes 4 nights lodging.

Carpool miles: about 294 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ann Truax ann.truax@gmail.com

Jan 3–5, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

This trip also available the following weekends: February 7–9, March 6–8, and April 3–5

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS required. Climbing skins are required, too.

Trip limit: 15 (max.) participants. Open to all ONC-PDX members and Tilly Jane (TJ) cabin volunteers.
Cost: Free (another club benefit). You must be an ONC-PDX member or TJ volunteer before signing up for this trip.

For more info contact:
reservations@tillyjanecabins.org.

We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 11–20, Sat–Mon, Intermediate/Advanced Ski (strong skiers, groomed and ungroomed)
BC Mega Ski 2020, British Columbia, Canada and Okanogan, WA

Wanting some of the best cross-country skiing in the West? Come join us! We plan to carpool from Portland to Bellingham, stay overnight, depart and cross the border at Abbotsford, head east, and either ski at Manning Park or Kane Valley Nordic depending on snow cover. We'll then drive to Kelowna and stay at a nice house with seven bedrooms and a hot tub for three nights. And ski Telemark Nordic and McCulloch Lakes Resort for three days. We will then transfer to Silver Star Mt. where we will stay in a deluxe condo (with hot tub) on the ski slope for three more

nights. Then we will ski Sovereign Lakes and Silver Star Nordic before driving to Okanogan, WA for an overnight with a chance to ski in the afternoon at Methow Valley. In the morning we will ski Echo Ridge Nordic area in Chelan staying overnight then drive home.

We will share cooking for six nights; food costs are included for this. We will eat out three nights while traveling at your expense. Food is included for breakfasts and lunches. Ski Passes not provided and average \$10, if we buy them as a group. Make sure your passport is current and valid, and bring a swimsuit for the hot tub.

We will carpool and share car costs. Plan on 10-20 mile ski days for eight days. Skate skiing is available at the groomed resorts and a few resorts have rentals.

Trip limit: 8 participants including trip leader.
Cost: \$750/member, per person. Includes 9 nights lodging and meals as described.

Carpool miles: Approximately 1,400 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ken Wenzel skiwenzel@hotmail.com

Jan 16–20, Thur–Mon, All Abilities Ski Deschutes National Forest, MLK Weekend, Bend, OR

Join us for four days of Nordic skiing in some of Oregon's best snow, at 5,000 plus ft. elevation in Deschutes National Forest, near Mt. Bachelor. We will ski from sno-parks north of Century Drive on both tracked and groomed trails, with plenty of backcountry options. Numerous gorgeous, powdery trails and tracks are just 10 minutes west of our luxury four bedroom, condo (near Inn of the Seventh Mountain), including Swampy Lakes, Meissner, and Vista Butte trails. We can also ski, skate, or take lessons at nearby Mt. Bachelor Nordic Center. Bend's great restaurants, brew pubs, etc. are just 10 minutes east. Besides the ideal location, the condo offers a roomy kitchen, large common area, three and a half bathrooms, and a hot tub. We'll prepare potluck dinners two or three nights, and perhaps head to town one evening for dinner.

Accommodations include two King bedrooms, one Queen bedroom, one twin bedroom with two singles. Ski rentals readily available nearby. Oregon Sno-Park Pass required; groomed trail fees possible. After trip fills, join the wait list.

Trip limit: 8 participants including trip leaders.
Cost: \$280/member, per person. Includes 4 nights lodging.

Carpool miles: 360 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Kevin Dye kevind2020@gmail.com
Co-leader: Karen Dye kpetrich1@gmail.com

Jan 17–19, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

This trip also available the following weekends:

February 21–23, March 20–23, and April 17–19

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are

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passengers is limited to 45 cents per mile. Typical carpool cost per person for Mt. Hood is \$18 for Government camp to \$25 to Teacup (via Hood River). Please respect this policy by paying your drivers prior to their prompting.

Dogs

Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

FS Dog Policy

Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR/TRIP RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.

Novice Ski

2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as

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possible.

Easy

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate

Ski: 6–12 miles.

Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees).

Moderate pace. Trail turning skills required, if there are hills.

Consult tour/trip description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced

Ski: > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

Backpack: > 7

required. Climbing skins are required, too.

Trip limit: 4 participants (max.), Open to ONC-PDX members with preference given to Tilly Jane (TJ) volunteers.

Cost: Free (another club benefit). You must be an ONC-PDX member, or TJ volunteer to sign up for this trip.

For more info contact: reservations@tillyjanecabins.org.

We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 17–20, Fri–Mon, All Ability Ski Lake Creek Lodge, MLK weekend, Camp Sherman, OR

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a XC ski holiday. Check out the website at: lakecreeklodge.com

We'll carpool over on Friday, have a traditional ONC-PDX potluck dinner on Saturday, with leftovers and a slideshow on Sunday. Ski options are many—Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky, right out the door of our cabins. Separate rooms for couples/genders.

Trip limit: 16 participants including trip leader. **Cost:** \$160/member, per person. Includes 3 nights lodging.

Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Steve Levy slevy@pacifier.com

Jan 23–27, Thur–Mon, Inter./Advanced Ski Anthony Lakes, Baker City, OR

With 300 inches annual snowfall, the Anthony Lakes ski area near Baker City boasts the best powder skiing in the Northwest. Both downhill and Nordic skiers come to enjoy this pristine location at the north end of the Elkhorn mountains. The Nordic center (6,000 ft.) maintains 18 miles (30 km) of groomed trails at every level of difficulty. There's also easy access to backcountry areas near the center, often by starting at the top of the lift (7,200 ft.). Another skiing possibility is Dooley Pass south of Baker City, showcasing panoramic views of the valleys below. Depending on time and weather, we could stop and ski the groomed trails on our way to Baker at Meacham Divide just west of La Grande. We will be staying at the luxurious Good Bear Ranch Resort, 12 miles from Baker and 45 minutes from Anthony Lakes. It is a 5,200 sq. ft. house with ample room for 16 people, five doubles and six singles. Breakfast and lunches will be on your own, but we'll share nightly potlucks. Trail passes for the groomed area and single ride lift tickets are extra but reasonable.

Trip limit: 16 participants including trip leaders. **Cost:** \$275/member, per person. Includes 4 nights lodging.

Carpool miles: 600 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ann Truax ann.truax@gmail.com

Co-leader: Johanna Lovell joeielove@yahoo.com

Jan 27–30, Mon–Thur, All Ability Ski Summit Meadow Cabins, Trillium Basin, Mt. Hood, OR

Here's your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at

the end of the day. Skiing choices without driving include many of the trails in the Trillium basin and Government Camp area or driving to Bennett Pass, Twin Lakes, or others. While this is an all ability ski, the group usually divides into two ski groups, one doing intermediate to advanced backcountry skis and the other doing easy to intermediate skis. We will stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. You need to ski or snowshoe to the house about half-mile carrying your personal items. Bedding and towels are provided. We will cook communally for breakfasts and dinners and that food can go in on sleds.

Trip limit: 10 participants including trip leader. **Carpool miles:** 110 miles roundtrip from Portland plus excursions to trailheads if any.

Cost: \$75/member, per person. Includes 3 nights lodging.

Trip leader: Mary Hepokoski hepomp8@comcast.net

Jan 30–Feb 2, Thur–Sun, Inter./Advanced Ski Ochoco High Country, Ochoco NF, OR

Backcountry skiing in the Oregon Ochoco Mountains—open, uncluttered ponderosa pine high country! A three night stay at rustic Ochoco Ranger Station (two queen beds, three twins). Arrive to the ranger station lunchtime Thursday with plans for an afternoon ski (Walton Lake or Bandit Springs ski trails) followed by two full days of up and down backcountry ski tours to Lookout, Round or Slide Summits with possibility of a Sunday morning farewell ski before the drive back to Portland.

Backcountry ski gear (NNN bindings or better) required as skiing will be done on trails and unprepared up and down terrain). Planned group dinners and breakfasts with lunches on the trail followed by après ski unwind! Participants are expected to carpool from Portland Thursday a.m., about a 3.5 hr. drive.

Info: fs.usda.gov/recarea/ochoco/recreation/camping-cabins/recarea/?recid=38722&actid=101

Please note: bring your own bedding or sleeping bag.

Trip limit: 5-7 participants (depending on sleeping arrangements) including trip leader.

Cost: \$75/member, per person. Includes 3 nights lodging.

Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: David Bath 503.819.8551

Dbath4@comcast.net

Feb 7–9, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

(See January 3–5 Tilly Jane A-Frame Cabin description)

Feb 7–10, Fri–Mon, Easy Ski (groomed) Bend Area Easy Ski, Sunriver, OR

Easy skiing on groomed trail systems—with instruction! This trip is for cross-country skiers and skier wannabes who plan to take it easy. We will ski on gently rolling and flat trails which are groomed. Each day tour is accented with some skill building lessons for those who would like. Taking it easy on the trails allows us to maximize the amenities of our house. It has two living rooms, a chef's dream kitchen, BBQ on the deck, hot tub, a piano in the upstairs game room for that famous ONC-PDX sing along, fireplace, TVs and electronic game stations, and laundry facilities. There are three king/queen bedrooms and two bedrooms with two twin beds each. There's more but you

get the picture by now. Plan for potluck dinners and lunch on the trail. We will arrive Friday evening for two and a half days skiing, returning home on Monday after another glide on the trail. We don't have to buy trail passes but donations are expected at Meissner/Swampy Lakes trail systems. If the trip appears to be full when using the online sign up, be sure to join the wait list. Cancellations do happen.

Trip limit: 10 participants including trip leader.
Cost: \$195/member, per person. Includes 3 nights lodging.

Carpool miles: 380 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Sam Digard sam.digard@gmail.com

Feb 7–9, Fri–Sun, All Ability Ski

Shelter Cove Resort at Odell Lake, OR

High up in the Cascades east of Eugene lies Willamette Pass and the beautiful Odell Lake. Odell Lake is situated at 4,800 feet, so there is plenty of snow plus great scenery. We stay at Shelter Cover Resort in two units: the large Kokanee Lodge with plenty of room for seven, plus a small cabin with room for four. Beautiful views right on the shore of Odell Lake. There are a number of good ski routes near: the Pengra ski area, the trails to Gold Lake, smaller trails right around Shelter Cove Resort and at Odell Lake Resort. Willamette Pass ski area has 22 km of beautifully groomed trails, however there are trail fees.

Come experience a real winter in this beautiful snow-laden resort on a gorgeous high mountain lake. We will potluck on Saturday evening. On Friday you can eat in on your own, or there are restaurants in Oakridge on your way and a couple small country pubs within 10 miles of the resort. Bring your own breakfast and lunch foods. The kitchens come equipped with most items and include microwaves, but some supplies are in short supply, so bring if in doubt.

2019 photos: photos.google.com/album/AF1QipPZD7HtOG7Yamo3Z3qePnCcbpkwO1CzYtT5FhOv

Trip limit: 11 participants including trip leader.

Cost: \$120/member, per person. Includes 2 nights lodging.

Carpool miles: 360 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Bill Neuman wrn3200@yahoo.com

Feb 8–13, Sat–Thur, All Abilities Ski/Skate Ski Methow Valley, Winthrop, WA

What happens between the Methow New Year's Trip and the Methow March trip—the Methow February ski trip, of course! One can never get enough of the Methow Valley. We will glide across 200 km of reliably dry snow in sunshine and on terrain that is suitable for all skill levels. We have our choice of rolling or hilly Sun Mountain loops, the flat valley floor, the higher, more challenging Rendezvous Traverse, or a short walk to town for cultural or gastronomic pursuits. Ski/skate lessons and equip. rentals are available, and trails offer warm rest stops for lunch.

We will stay at the River Run Inn guest house, a lodge-like house with enough room for us all, no bunks(!) and an institutional-size kitchen for potluck chefs. Restaurants and a supermarket are available in town. We will discuss the next day's plans each day at dinner. The new management assures me that the pool and hot tub have been repaired since last year, so bring a swimsuit...again. Check it out at: riverrun-inn.com. Winthrop is an outdoor-

oriented community in North Central Washington north of Lake Chelan, a 400-mile drive. We will carpool, and riders should expect to pay the driver. Three-day ski passes—\$63, an additional day—\$25, and daily snowshoe passes—\$5.

Trip limit: 12 participants including trip leaders.
Cost: \$235/member, per person. Includes 5 nights lodging.

Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Elke Schoen elkeschoen@msn.com

Co-leader: Linda Wilson wilsonln@msn.com

Feb 13–16, Thur–Sun, Intermediate Ski

Big Pine Country in the Ochoco Mountains, Ochoco National Forest, OR

We will drive over on Thursday hoping to arrive in time for an evening ski before dinner. We will ski the Walton Lake and Bandit Springs Forest Service trails. The last few years ONC-PDX skiers have seen wild horses by Walton Lake and by the cabin. We will be staying in an artfully constructed 1,145 square foot three-bedroom 1.5 bath two-story former ranger house, with a wonderful dining room table that accommodates our entire group, as well as large knotty-pine paneled living room with comfortable seating for evening reading and chats. If snow is lacking, we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things to do in that part of the state. Participants are responsible for their own breakfasts and lunches. Dinners will be potluck.

Backcountry ski gear (NNN bindings or better) required as skiing will be done on trails and ungroomed up and down terrain).

Available beds: one double and three singles (in one large room). Living room will not be available for alternate sleeping arrangements, (e.g., cot or sleeping pads) are possible in double bedrooms.

Trip limit: 7 participants including trip leader.

Cost: \$75/member, per person. Includes 3 nights lodging.

Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Steve Planchon scplanchon@gmail.com

Feb 14–17, Fri–Mon, Intermediate Ski

(Valentine's thru President's Day Sunny, Snowy Sunriver, OR

Sunriver is oft' described as being on the sunny side of the cascades. But in mid-February it can deliver on the fluffy white stuff! This is perhaps the prime time to hit multiple ski trails in and around Mt. Bachelor, all in a half day's drive from Portland. With multiple sno-parks plus the Bachelor Nordic Center, it gives us a lot to choose from, including groomed trails, skating, and backcountry terrain to test your ability. Perfect for all skiing styles. Keep the options open too because the area has great hiking, biking, and other sites nearby. Our spacious five bedroom, five bathroom accommodations feature a luxury kitchen, hot tub, fireplace, BBQ, washer/dryer, game room, and more. The resort itself offers restaurants, art and gift shops, ski and bike rentals, and local supermarkets. Explore the area with a walk or bike ride on the paved paths to the village center, watch the wildlife around the Deschutes River, catch a night light show at the Oregon Observatory, or just relax after a satisfying day on the trails. We will carpool from Portland and to the ski areas each day, about 20 miles from our house. Dinners are

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miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, "just in case." Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

■ First aid kit ■ Matches (in waterproof case) and fire starter
Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sunglasses, lip balm and sun screen ■ Foam sit pad

Biking Essentials

■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

OVERNIGHT TRIP POLICIES

Trip Participation

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.

2. Overnight trip sign-ups are done cont. on sidebar page 8

cont. from sidebar page 7

online at the club website: onc-pdx.org/ activities then click on "Overnight Trips." The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed Overnight Trip Application (onc-pdx.org then click on "Members Only" then on "Forms") to the trip leader, including their signed waiver and release of liability as required by the club. 3. If a trip appears to be full during the registration process, applicants should contact the trip leader directly to: (i) confirm that the trip is actually full; and (ii) if full, to be placed on the trip wait list as cancellations are relatively common. 4. Trip leaders have the authority to not accept a trip participant application if the applicant does not appear to have the appropriate level of skiing ability for the trip; or (ii) bed availability does not match the a participant's circumstances, e.g., the applicant will be traveling alone, does not want to share a bed, and only one double bed remains available, which is better suited for

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infamous ONC-PDX potluck style. Everyone does their own breakfast and lunch. Other than sno-park permits for drivers, we can ski for free on most of the trails, pay for the groomed trails at the Nordic Center, or by donation at Virginia Meisner.

Info: meredithlodging.com/vacation-rentals/oregon-loop-1

Trip limit: 10 participants including trip leader.

Cost: \$195/member, per person. Includes 3 nights lodging

Carpool miles: 380 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Richard Crimi

richard_crimi@hotmail.com

Feb 15–23, Sat–Sun, All Abilities Ski Yellowstone National Park Dream Trip, WY

You may have been there in the summer with all the tourists. You probably have heard about it from others who have been there in the winter. Now it is your opportunity to experience the dream: Yellowstone in Winter! Twenty lucky ONC-PDX members will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip.

We'll carpool from Portland on Saturday, February 15, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and stay at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in newly remodeled rooms with two queen beds per room and private baths. On Monday morning, a snow-coach ride at 7:45 a.m. takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday afternoon, we will return to Mammoth Hot Springs for three more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area—either Tower, Indian Creek areas or the famous Lamar Valley. Or you can book (individually) a trip to the Grand Canyon of the Yellowstone. Sunday morning after breakfast, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced, something for every desire.

For those who wish, there is the possibility for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive—contact the leader for info.

If online sign up shows the trip as full, please join the wait list. There are almost always several cancellations so chances are very good you will be able to get on the trip. **Trip limit: 20 participants including trip leaders. Cost: \$1,295/member, per person. Includes 7 nights lodging (4 at Mammoth and 3 at Old Faithful) and snow-coach to Old Faithful and return to Mammoth. Breakfasts, lunches, and dinners are available in the dining rooms; we have reservations for dinners (costs not included for meals) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling, and lodging en-route are not included. Yellowstone National Park entry fees (or passes) required, but not included. There will be two people**

per room. Special rates are available for children under 12 sharing a room with parents.

Carpool miles: Approximately 1,800 miles roundtrip from Portland.

Trip leader: Ted Scheinman tedskier@gmail.com

Co-leader: Mark Fitzsimmons

mfitzsimpica@gmail.com

Feb 17–21, Mon–Fri, Intermediate/Advanced Ski Mt. Rainier Skiing in Luxury, Ashford, WA

We will drive up Monday to Ashford, WA and check into our award-winning Dancing Bear Lodge with hot tub, pooltable, and heat. We will ski either at the Tahoma Hut trail system or drive into Mt. Rainier and ski to Refection Lakes and Mazama Ridge. The Tahoma Huts has trails on the North side of Ashford and to the South side of Ashford giving us lots of trail selection. We will adjust our trail selection based on the weather and snow conditions and park road conditions. Plan on shared meals and cooking duties during our stay. This is all ungroomed skiing on roads, trails or backcountry. The house does have WiFi and phone service, but no cell phone service within 20 miles. The house has six bedrooms, three baths, and four king beds so bring your spouse. Check in is 4:00 p.m. and check out is 11:00 a.m.

Trip limit: 10 participants including trip leader.

Cost: \$240/member, per person. Includes 4 nights lodging.

Carpool miles: 280 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Ken Wenzel skiwenzel@hotmail.com

Feb 18–20, Tue–Thur, Advanced/Intermediate Backcountry Ski

Sisters Backcountry Hut-Hut, Deschutes National Forest, OR

The scene: Central Cascades backcountry in mid-Feb. Think finding your way through a forest full of old growth in the snow with a friendly bunch. Away from the noise and bustle, we'll ski hut to hut for 22 miles over three days over terrain described as "ungroomed and rolling with gentle slopes." The ski is about eight miles a day at around 6,500 ft. elevation with variable snow conditions. Along the way are untrammeled views that most will never see. Each night we'll cook a communal dinner with the provided and supplemented supplies, get warm and dry from the wood stove, prepare for the next day's adventure, and crawl into our bunks with smiles from the day's experiences. So, you may be wondering, with two nights in the woods and staying in cabins, will I have to pack a lot? Not at all, the huts are fully stocked with food, cooking supplies, sleeping bags, everything we need to make the stay easy. You need only carry your lunches, snacks, and any supplementals we choose. A sleeping liner is recommended and you may carry your own sleeping bag if desired. What about equipment? This is from the huts company: "Bring Metal Edge Nordic skis with Scales or lightweight telemark skis with skins. Boots/Bindings: Beefy Nordic (NNN BC or 3-pin/duck bill) and coordinated binding. Alpine Touring and Telemark gear that is more suited for descending might be a bit too heavy and bulky. Skate skis and track classic skis will be too light and flimsy." We have a shuttle service from Three Sisters Sno-Park to Dutchman Flats the first morning. Since we must be at the shuttle at 8:00 a.m. there is an optional hotel stay the night before in Sisters, breakfast included. This makes

for an easy transition to the shuttle point.

Special considerations: Skis with metal edges or skins, able to ski eight-plus miles at 6,500 ft. elev., on time for the shuttle, the rest... enjoy the deep woods in winter!

Info: threesistersbackcountry.com/huts/nordic-traverse-huts

Trip limit: 8 participants including trip leader.

Cost: \$340/member, per person. Includes shuttle and hut stay with breakfast and dinner. Optional stay in Sisters on Mon., Feb. 17 @ \$65, breakfast included.

Carpool miles: 326 miles roundtrip from Portland

Trip leader: Richard Crimi

richard_crimi@hotmail.com

Feb 21–23, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

(See Jan 17–19 Tilly Jane Guard Station description)

Feb 22–Mar 6, Sat–Fri, All Abilities Ski (groomed with downhill option)

Austria and Italy Skiing in the Alps

The trip is rated all abilities and is geared towards intermediate cross-country and optionally type three downhill skiing. The group will mainly be a mix of intermediate through advanced, so slower skiers will probably be self-lead, but we have excellent maps. The groomed trails are unparalleled experience for cross-country enthusiast. For the downhill aficionados, this is the trip of a lifetime where you can check off circumnavigating Sella Ronda from your bucket list.

Trip details: Days 1–2: Fly from Portland to Munich and take train to Seefeld in Tirol, Austria, Days 3–7: Ski, starting from the hotel or take a bus ride to the surrounding valleys (Optional: take a day off to visit Innsbruck's castles and museums), Days 8–12: Head to the Dolomites to ski within the valleys you see in the pictures and also consider taking the Sella Ronda downhill circuit. Stay in Ortisei Sankt Ulrich, Day 13: Spend the last day in Munich to tour, shop, and dine at the original Hofbrau Haus, Day 14: Fly from Munich to Portland.

Things to look forward to: European breakfast buffets, Alpine huts and hot lunch, Gluhwein (hot mulled wine perfect for warming up after a ski), German and Austrian style beer, kilometers upon kilometers of skiing on impeccably groomed trails, unparalleled views.

Trip limit: 16 participants including trip leaders.

Cost: \$2,510/member, per person. Trip deposit of \$700 on signup with the balance due later in December.

Includes: Roundtrip airfare from Portland to Munich, trip insurance, all ground transportation, lodging for 12 nights, dinner in Munich, trail passes and lift tickets for cross-country skiing.

Trip leader: Sam Digard sam.digard@gmail.com

Co-leader: Aimee Ritter ritter.aimee@outlook.com

Feb 27–Mar 2, Thur–Mon, Adv.-Inter./Advanced Ski Wallowa Mountains, Joseph, OR

Spend four days skiing Eastern Oregon's Wallowa Mountains, where the mountains are steep, and the snow is dry! There are opportunities for different levels of skiing on this trip, but there are no groomed trails in the Wallowas. Bring your Telemark or AT gear and challenge yourself climbing up Wing Ridge and skiing the backcountry powder. Depending on group desires, we can hire a guide for a day or two of backcountry adventure. The group will split up and intermediate skiers will find lots of fun (without the climb) on easy cross-country trails at Salt Creek Summit, the beautiful Wagon Rd. trail,

McCully Creek Trail, or the Canal road to explore. There's also Ferguson Ridge ski area where lift tickets are \$20/day at this small community built and operated ski area.

We'll stay in one large house in Joseph and we will share potluck dinners. There are also lots of restaurants and pubs in Joseph and nearby Enterprise. Carpools will leave Portland on Thursday, arriving in Joseph early that evening. Skiing can be enjoyed on Friday, Saturday, Sunday, and return to Portland Monday afternoon. Joseph is walking distance from the house so it can easily be explored in the evenings along with the scenic Wallowa Lake.

The house has five bedrooms with queen beds and a bunkroom with 10 bunks. It has two kitchens and living rooms, and five bathrooms. Pricing is based on your choice of a private room or a bunk in the bunkroom. For the bunkroom, you will have to furnish your own sleeping bag and pillow. Please note: Bunkroom will be a mixed gender room.

Anyone who plans to ski steeper slopes and possibly use a guide is required to bring their own avalanche gear, (beacon, probe, shovel). No exceptions for this. Guide services will be optional and require additional costs.

Trip limit: 12 participants including trip leaders.

Cost: \$220/member, per person for a single private room. Includes 4 nights lodging. \$440/members, for two people sharing a bed in a private room. \$190/member, per person (mixed gender) in the bunkroom. Carpool miles: 660 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Susan Watt susniam@gmail.com

Co-leader: Lauren Eaton eatonla1@gmail.com

Feb 28–Mar 1, Fri–Sun, Intermediate Ski Black Butte Ranch Quickie, OR

Celebrate the weekend in the peaceful setting of Black Butte Ranch. This Central Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters.

The accommodations are a large house with three queen bedrooms and a bunk room with two bunk beds. Amenities at Black Butte include a hot tub, sauna, and swimming pool. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore, quilt shop and other shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the work week.

We'll celebrate Leap Year Saturday night with a Chocolate extravaganza; anything from molten lava cake to a fancy candy bar, is fair game!

Trip limit: 8 participants including trip leader.

Cost: \$140/member, per person. Includes 2 nights lodging.

Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Laurel Dickie laureldickie@hotmail.com

Co-leader: Alison Kean alisonrose729@gmail.com

Feb 28–Mar 8, Fri–Sun, Advanced-Beginner to Advanced Ski

Kootenay Nordic Adventure, Rossland BC, Kimberley BC, Radium Hot Springs BC

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another couple that has applied for the trip. 5. Trip leaders, after consulting with the ONC-PDX Board and Overnight Trip Committee (OTC), may also deny a trip application based on an applicant's behavior on previous ONC-PDX trips.

Wait list procedures

1. To be placed on a trip wait list, applicants must submit a completed trip application to the designated trip leader, along with a check for the full amount of the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. 2. Wait list checks will not be cashed until the wait list applicant has been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

Trip Cancellation Policy

1. Trip fees and deposits are non-refundable, unless the trip leader is able to make a reasonable substitution for the canceling participants. 2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster. 3. If a wait list exists, the trip leader will determine

cont. on sidebar p. 10

whether wait-listed applicants can be reasonably substituted for the cancelling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter. 4. If the leader is able to make a reasonable substitution for the cancelling participant, the cancelling participant will receive a refund of amounts paid, minus \$10 for each participant associated with the cancellation. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as needed, to ensure the proper handling of the cancellation notice and refund request. 5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC. **Travel Insurance** To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. See: onc-pdx.org/resources/trip-insurance **Policy and Procedure Waivers** The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so. ♦

Ski three different location in the Kootenay area of SE British Columbia: Rossland, Kimberley, and Radium Hot Springs. Near Rossland, ski trails are groomed by the Black Jack Cross-country Ski Club or try ungroomed terrain in the nearby Rossland Range Recreation Site. In Kimberley the local Nordic club provides a first class network of 65 km groomed trails close to town. Ungroomed slopes are located nearby in the Kimberley Nature Park. Outside Radium Hot Springs, enjoy the solace and beauty of Nipika Mountain Resort on 50 km of groomed trails or venture into Kootenay National Park to do backcountry skiing. After a vigorous day of skiing, soak in the hot springs just outside of town.

To find out more about these unparalleled areas, go to: kootenayxc.com. Note that groomed areas require a moderate daily fee (from \$12 to \$15 a day). Accommodations will vary: A motel in Rossland with breakfast provided, a well-appointed condo in Kimberley, and finally a whole house in Radium. Three couples and four singles.

Trip limit: 10 skiers including trip leader.
Cost: \$520/member, per person. Includes 9 nights lodging.

Carpool miles: 1,400 miles roundtrip from Portland plus excursions to trailheads.

Trip Leader: Ann Truax ann.truax@gmail.com

**Feb 29–Mar 5, Sat–Thur, All Levels Ski (groomed)
Methow Valley Leap Year, Okanogan and Winthrop, WA**

We will stay our first night in Okanogan, WA at the Quality Inn. Then we will stay the rest of the time at the River Run Inn guest house. While at the River Run Inn we will share meals and cooking and clean up. With 200 km of groomed trails you can find trails for any ability. Trails passes cost \$24 per day. Rental equipment is available. We'll shared carpool costs.

Trip limit: 12 participants including trip leaders.
Cost: \$270/member, per person. Includes 5 nights lodging.

Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.

Trip leaders: Ken and Debby Wenzel
skiwenzel@hotmail.com

**Mar 6–8, Fri–Sun, Inter. Backcountry Ski/Tele
Tilly Jane A-Frame Cabin—Club Weekend,
Mt. Hood, OR**

(See January 3–5 Tilly Jane A-Frame Cabin description)

**Mar 9–12, Mon–Thur, Intermediate Ski
Oh So Let's Go To The Ochoco's,
Ochoco National Forest, OR**

We will drive over on Monday hoping to arrive in time for an evening ski before dinner. Two lovely areas to ski are the Walton Lake and Bandit Springs Forest Service trails. These areas have been maintained and marked with blue diamonds by ONC-PDX members in October 2018 and June 2019.

We will be staying in an artfully constructed 1,145 square foot three-bedroom 1.5 bath two-story former ranger house, with a wonderful dining room table that accommodates our entire group, as well as large knotty-pine paneled living room with comfortable seating for evening reading and chats. If snow is lacking, we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things do

in that part of the state. Participants are responsible for their own breakfasts and lunches. Dinners will be potluck. There are two rooms with queen beds and one room with three single beds. Living room will not be available for alternate sleeping arrangements. Alternate sleeping arrangements (e.g., cot or sleeping pads) are possible in double bed rooms.

Trip limit: 5-7 participants including trip leader.
Cost: \$75/member, per person. Includes 3 nights lodging.

Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.

Trip leader: Laurel Dickie laureldickie@hotmail.com

**Mar 13–15, Fri–Sun, Advanced-Intermediate
Backcountry Ski
Sisters Backcountry Hut-Hut,
Deschutes National Forest, OR**

This is a 22 mile Hut to Hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail at 6,500 ft., on the eastern edge of the Three Sisters Wilderness area. We meet our shuttle Friday at 8:00 a.m. at Three Creeks Sno-park and shuttle to Dutchman Flat, where we start the tour. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks. The terrain is ungroomed, rolling to gentle slopes with some steeper climbs. The two huts are fully stocked with food, cooking equipment, wood stove, and bunks. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions can vary from untracked powder to icy and anything in-between.

Equipment needed is metal edge skis, preferably a backcountry ski and boot. Skins are not required but can be useful depending on conditions. Classic narrow Nordic skis are not really suitable, but that depends on the ability of the skier. Kicker skins are recommended in that case. Good physical condition is needed to ski the distance, climb the hills, and keep up with a group.

Info about what is provided and photos of the huts: threesistersbackcountry.com/huts/nordic-traverse-huts

The distance between huts is only eight miles average, which leaves time for additional skiing, exploring, or relaxing in the huts.

This trip begins early on Friday morning with a shuttle so you need to be in Sisters the night before. Carpooling will be arranged and shared lodging can also be coordinated among the group but that will be an additional expense. We usually rent rooms at the Best Western in Sisters which includes a hearty breakfast.

Trip limit: 8 participants including trip leader.
Cost: \$340/member, per person. Includes a shuttle, 2 nights in huts, food for 2 days and 2 nights with beer included! Additional expenses will be carpool transportation expense and food and lodging in Sisters Thursday night.

Carpool miles: 320 miles roundtrip from Portland.
Trip Leader: Susan Watt susniam@gmail.com

**Mar 20–22, Fri–Sun, All Abilities Ski
John Craig Tour Weekend, Black Butte, OR**

The Annual John Craig Nordic Ski Tour will be held on March 21 on the McKenzie Pass Highway in Sisters, Oregon. People from all over the state participate in this

fun, non-competitive event. The tour is an out and back on a gentle forest road through the beautiful Deschutes National Forest. In good weather an average skier can reach Dee Wright Observatory in about three hours. The return trip takes about half the amount of time they took to climb. There is a suggested donation of \$10 for the John Craig Ski Tour.

Sunday ski tour options include Santiam Pass Sno-Parks, Hoodoo Ski Area (fee/rentals available), or Three Creeks Sno-Park. Skiing on Friday is also possible for those willing and able to take Friday off from work.

The house at Black Butte Ranch has four bedrooms and three bathrooms. There is a hot tub, wood burning stove, and plenty of room for games, puzzles and relaxing.

Breakfasts on Saturday and Sunday plus Friday dinner will be potlucks.

The price for this weekend includes housing at Black Butte Ranch and pizza dinner on Saturday after the John Craig Tour. The pizza dinner, at the Best Western Ponderosa Lodge in Sisters, is held in conjunction with the presentation of the John Day Trophy for ONC Excellence in Leadership.

If the trip is full or the singles are full, please join the wait list. If we have more singles we juggle room arrangements to try and accommodate.

Trip limit: 8 participants including trip leader.

Cost: \$140/member, per person. Includes 2 nights lodging plus a pizza party and ski tour donation.

Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.

Trip Leader: Mary Bourret MaryLBourret@gmail.com

Mar 21–23, Fri–Sun Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

(See Jan 17–19 Tilly Jane Guard Station description)

April 3–5, Fri–Sun, Inter. Backcountry Ski/Tele

Tilly Jane A-Frame Cabin—Club Weekend,

Mt. Hood, OR

(See January 3–5 Tilly Jane A-Frame Cabin description)

April 17–19, Fri–Sun Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

(See Jan 17–19 Tilly Jane Guard Station description)

**June 25–July 6, Thur–Mon, Intermediate Bike Biking the Rhone Valley in France
Bike riding on moderate terrain**

We'll be riding less than 35 miles a day in moderate terrain. Bikes and accessories are included with the trip.

We fly from Portland to Paris, where we catch the train south to Aigues-Mortes on the Mediterranean coast. We'll spend our first night here which allows a day to adjust and tour the ancient Roman infrastructure in this walled city.

The bike leg begins as we board the Caprice on June 27 to sail up the Rhone river, biking the countryside every day. Six days biking (yes, with an English-speaking guide) through red wine country where the last day is a bike ride through Chateaufort-du-Pape. And of course, we'll have time while there to stop and visit the shops. On July 4, we take the train back to Paris and spend two nights before flying back to Portland on the July 6. Activities in Paris run the gamut of your bucket list. Our hotel is close to the Louvre so your call to visit it or make a plan B.

Trip limit: 14 participants including trip leader.

Cost: \$3220/member, per person and will include trip insurance. Includes roundtrip airfare to Paris from Portland and ground transportation, river transport, bike rental, all lodging, some partial laundry service, and a few other amenities. You might want to bring your own helmet, but they are provided. All meals while on the boat, and a sack lunch are also included. Exact cost will depend on air travel charge. Trip deposit of \$900 on signup with the balance due later in April.

Trip leader: Sam Digard sam.digard@gmail.com ♦

Welcome new members! Christine Aronson, Mary Ellen Fitzgerald, Karol Kochsmeier, Kip Krichk, John Peterson, Aimee Ritter, Debra Sankovitz.

September membership report: 369 total memberships (253 single and 116 family), includes 9 new membership (non-renewals are still included in this count). Last year at this time there were 322 memberships.

BOARD MEETING MINUTES

The September board meeting minutes were not received in time for publication.

Next Board Meetings: October 15, November 19, and December 17, all at 10:00 a.m. to Noon, at TVFR, NW Murray & Butner Rd.

CLASSIFIED ADS

FOR SALE: ▶ Skis Rossignol Backcountry 65 (metal edges), 185 cm, with NNN BC bindings. Too light for them, hardly been used. Easy auto bindings. Great for backcountry, climbing, and groomed as well. ust tuned. **\$200 OBO Patty momshelp1234@gmail.com 503.504.9130** 12/19

FOR SALE: ▶ Skis Silent Spider backcountry, 189 cm, with NNN BC bindings. These skis are too short for me (or rather I am too heavy for them!). Great for climbing and backcountry skiing. **\$100, obo. Ted tedskier@gmail.com 503.452.7432** 12/19

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

MEMBER BENEFITS

Columbia Sportswear 911 SW Broadway—15% discount on purchases. Access to Columbia Sportswear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. columbia.com

Mountain Hardware 722 SW Taylor Street—15% discount on purchases. Current membership card required. mountainhardware.com

Mt. Hood Outfitters 88661 East Government Camp Loop, Government Camp, OR. 25% off rentals and tours. Current membership card required. mthoodoutfitters.com

The Mountain Shop 2975 NE Sandy Blvd, 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Next Adventure 426 SE Grand Ave., 15% discount, current club membership card required. nextadventure.net

Oregon Mountain Community Online store. Subscribe to OMC e-newsletter and receive: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic 10% discount on cross-country ski and telemark lessons. weeastnordic.com

Jupiter Hotel PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off online booking. jupiterhotel.com hoodriverhotel.com

