

# Getting started with Telemark and AT skiing

Shelley Hakanson of Wy'East Nordic will be doing a "show and tell" presentation about Telemark and AT skiing. There will be a primer for those of you who haven't skied on Telemark or AT equipment yet, how skins are used, plus an update on the latest equipment for those of you who have previous experience. There will be plenty of time for question and answer also. For more about Shelley and the classes her company offers see: [wyeastnordic.com](http://wyeastnordic.com)



**Lucky Labrador  
Brewing Company**  
1945 NW Quimby St.  
**Tuesday, January 8  
(second Tuesday)**

**6:30 p.m. Social Hour**  
**7:30 p.m. Telemark and  
AT skiing**

Food and drink available \$

Door prize: Pick up a ticket at the meeting for the drawing—you must be present to win.

## Upcoming programs

**February 5—Ski Mountaineering: Circumnavigation of Mt. Baker**

**March 5—National Parks of SW Utah**

**April 2—The Magic of Madagascar**

**May 7—"Ever Wild: A Lifetime on Mount Adams" Darryl Lloyd**

[onc-pdx.org](http://onc-pdx.org)



Oregon Nordic Club  
**PORTLAND  
CHAPTER**