

## June Lake and Kalama Trails

### The idea to work on these trails started on a trip when several

ONC-PDX members and I climbed most of the way up Mt. Saint Helens and skied down. On the descent of the June Lake Trail we fought low hanging vine maple and I decided it definitely needed trimming. When I contacted the Forest Service to set a date for trail tending they asked if I would take a look at the Kalama Ski Trail. I had never heard of it so I looked at Klindt Vielbig's guide book from 1994, which had just a short statement that the Kalama Trail was too dangerous. I looked on the Internet and found a Longview newspaper story about a scout troop building an 11 mile ski trail in 1996 and calling it the Kalama Ski Trail. So I went to investigate the trail—11 miles each way sounded like more than a day ski tour. David Rogers and I did a recon trip, found it to be a lovely trail with old growth forest and lots of potential. The beginning needed cleaned up and some vine maple cut back, and diamonds added on the first 3.5 miles.

On Saturday August 3 our trail tending crew drove up to Marble Mt. Sno-Park to find 350 runners taking it over for a run around the mountain event. We readjusted our plans and continued to the June Lake trailhead and went to work to removing brush and limbs, and hang diamonds. We made it to June Lake for lunch enjoying the views and relaxing. Then we loaded up the gear and drove to a snowmobile road that crosses the Kalama Ski Trail. There four people headed up hill and three people headed down hill on the trail. We set a meet up time and went to work until it was time to find camp and dinner. We drove about eight miles to the Kalama Horse Camp and selected a good double site mostly away from the horses. It was time to replenish our fluids, relax, and enjoy our wonderful dinner and dessert.

Sunday morning after an early breakfast we packed up camp and drove off by 8:00 a.m. Soon we set to work, some working up the trail, and some working down the trail. At about 2:15 p.m. we all met up in the middle, and decided it was good enough for this trip. Maybe next year we will give it another touch up and continue down the trail further. For this trip we covered 3.5 miles and restored the trail to good ski conditions, with lots of loop options. I recommend this if you want a good intermediate ski or snowshoe. Cougar Sno-Park is before the Marble Mt. Sno-Park—try out the Kalama Ski Trail.

Many thanks to David Bath for coming up just for Saturday, many thanks to Richard Crimi, Greg Wesseson, David Rogers, John Maroney and Denise Brandt for two days of hard labor and a nice campout.

◆  
Ken Wenzel, *Trail Tending*



Ken Wenzel

## Inside

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## ONC-PDX overnight ski trips

The Oregon Nordic Club Portland Chapter (ONC-PDX) 2019-2020 ski season is almost here. Through the efforts of many, another fun and adventurous assortment of overnight ski trips has been planned for the upcoming season.

We will be returning to familiar places and trying out some new places. Some trips will be close to home (Summit Meadows at Trillium), while others will be a plane ride away (the Alps of Austria and Italy). You will be in good hands with trip leaders who are familiar with this season's destinations, and, in some cases, trip leaders will be joined by co-leaders who have been recruited under the Board's new trip leader recruitment initiative. And, if you are thinking beyond this year's ski season, you may want to consider signing up for a bike trip in France to kick off the summer next year.

Details about the upcoming season can be found in this newsletter and on ONC-PDX's webpage at [continued on page 3](#)



Karen Suher

Sunny Methow Valley, see overnight trips page 4

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cont. on sidebar page 3

## EDITORIAL NOTES

**The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.**

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as a attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment.

**Corrections:** email corrections and/or additions to the editor.

This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.**  
P.O. Box 3906  
Portland, OR 97208

# U P C O M I N G E V E N T S

## Sept 1 ▶ TUESDAY

**Whitewater Rivers from Grand Canyon to BC**  
ONC-PDX monthly program  
7:30 p.m. – 9:00 p.m. Lucky Lab,  
1945 NW Quimby St.



## Sept 7 ▶ WEDNESDAY

**Thru-Hike Basics**  
6:30 p.m. – 8:30 p.m. Portland REI.  
Info/sign-up: rei.com/learn.html

**Prepare for the Unexpected: Urban Emergency Preparedness**

6:30 p.m. – 8:30 p.m. Hillsboro REI.  
Info/sign-up: rei.com/learn.html

## Sept 10 ▶ TUESDAY

**Vancouver Views 'N Brews: Nature's Secret Pantry: Wild Edible Fungi from Patch to Plate**  
5:30 p.m. – 8:30 p.m.  
4600 SE Columbia Way, Vancouver, WA

## Sept 19 ▶ THURSDAY

**Wild Utah: America's Red Rock Wilderness**  
6:30 p.m. – 8:30 p.m. Portland REI.  
Info/sign-up: rei.com/learn.html

## Sept 21 ▶ SATURDAY

**SOLV Beach and Riverside Cleanup**  
10:00 a.m. – 1:00 p.m., Various locations  
Info: solveoregon.org/beach-riverside-cleanup

## Sept 25 ▶ WEDNESDAY

**Prepare for the Unexpected: Urban Emergency Preparedness**  
6:30 p.m. – 8:00 p.m. Tualatin REI  
Info/sign-up: rei.com/learn.html

## Thru-Hike Basics

6:30 p.m. – 8:00 p.m. Clackamas REI  
Info/sign-up: rei.com/learn.html

## Sept 28 ▶ SATURDAY

**National Public Lands Day: Connecting to Nature through Service**  
National Public Lands Day is the largest single-day volunteer effort for America's public lands. Visit a National Parks for free. Info: neefusa.org

## September It's a Blast

11:00 a.m. – 6:00 p.m.

Mount St. Helens Science and Learning Center (SLC)  
19000 Spirit Lake Hwy. Free guided walks, afternoon hike, trashcano demonstrations and science activities.

## Sept 28 ▶ SATURDAY

**Social History Happy Hour: Mt. Hood History Trivia – Lloyd Musser**  
7:00 p.m. – 9:00 p.m., Mt. Hood Museum, Government Camp, OR

## Oct 5 ▶ SATURDAY

**Mountain Shop Grand Opening party**  
Noon – 4:00 p.m.  
Live band (Outbound Traveler), grilled food, games, beverages, and a raffle. The raffle will be based on suggested donations to a nonprofit of our choice.  
Info: facebook.com/events/2544857649173270/  
mountainshop.net/community/calendar/2019-10-05/  
grand-opening-party.html

## Clinics and Training

**Dec 5–14 ▶ THURSDAY–SUNDAY**  
**2019 Oregon Fall Camp**  
**Mt. Bachelor, OR**

Sign up for any date combination or any number of days. Morning sessions on snow every day (usually from 8:45 to noon), groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more!  
Registration is open.

Info: xcoregon.org/oregon-spring-camp

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, for members only.
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see p. 11)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$30 for single, \$40 for family/household. Join on the website. Info: **oncmembership@gmail.com**

## ONC-PDX BOARD SKI TRACKS

The article, written by the Overnight Trips Committee, is on the front page this month. ♦

## Renew your ONC-PDX membership

**It's that time of year, renew your ONC PDX memberships now.** You can renew by going online: [onc-pdx.org](http://onc-pdx.org), login, click on "Membership" then on "Renew." A paper membership renewal form is available there too.

Support your club and enjoy your club benefits. ♦  
*Membership Committee*

## Columbia employee store

**Columbia Sportswear employee store is open to current ONC-PDX members until September 6–29 and the store hours are 10:00 a.m. to 8:00 p.m., Monday through Sunday. Prices are 40-50% off regular retail prices. Bring the invite that was linked with your e-newsletter (also available on our website under "Membership" then under "Membership Benefits" at the bottom of the page) or show it on your mobile devices, your membership card, and photo ID. You welcome to bring four guests with you. Offer good in store only. Their employee store is located at 14100 NW Science Park Dr. ♦**

**ONC-PDX overnight ski trips** continued from page 1

[onc-pdx.org/activities/overnight-trips](http://onc-pdx.org/activities/overnight-trips), with the online info to be revised from time to time over the next several weeks. Also, the overnight trips will be previewed at the Chapter's Tuesday, October 1 meeting. If you are interested in a trip, or trips, you should attend the meeting where you will have the opportunity to hear about trips directly from trip leaders, who will also be available to answer any questions you may have.

Like previous years, trip applications will be submitted online through the ONC-PDX's website, beginning on Sunday, October 13 at 5:00 p.m. But, for those who do not have access to a computer, paper applications will also be accepted. Additional details about the application process are being finalized and more information will be announced soon.

For those applying online, you will experience a smoother online process due to improvements made by the web host and by the use of staggered signup times (e.g., January trips the first hour, February trips the second hour, and remaining trips the third hour). Process improvements will also enable the ONC-PDX to create online wait lists for popular trips and will hopefully make trip leaders' administrative tasks less burdensome (e.g., easier to copy trip participant information onto other spreadsheets created by trip leaders).

Also, as the result of a post-season trip leaders meeting, the overnight trip application has been revised. The revisions are intended to help ensure that a trip applicant, as well as others skiing with the applicant, have a fun and safe trip. With this purpose in mind, questions were revised or added regarding the trip applicant's skiing ability, physical condition, and ski equipment. After reviewing an application, a trip leader may suggest that an applicant consider a different trip offered by the ONC-PDX, or recommend equipment modifications that will help make the trip more enjoyable for the applicant.

We look forward to seeing you on overnight ski trip this year. ♦

**Overnight Trips Committee**

## NORDIC ISSUES/NEWS

### Mt. Hood NF

**Volcano monitoring on Mt. Hood** The Forest Service (FS) approved the project to allow the installation of four volcano monitoring stations on the upper flanks of Mount Hood. They will be located in the Wilderness area, with minimal impact on the environment and located away from trails. The FS may now issue a 30-year special use permit to U.S. Geological Survey-Cascades Volcano Observatory (USGS-CVO) who will be responsible for installing and maintaining all monitoring equipment.

Info: [fs.usda.gov/projects/mthood/landmanagement/projects](http://fs.usda.gov/projects/mthood/landmanagement/projects); and information on the Mt. Hood volcano is available at: [volcanoes.usgs.gov/volcanoes/mount\\_hood](http://volcanoes.usgs.gov/volcanoes/mount_hood)

**Bus Shelter at Skibowl** The FS approved a new bus shelter located at Skibowl. A new special use authorization will be created for Clackamas County Social Services on behalf of the Mt. Hood Express bus service for the management and operation of the bus shelter.

Info: Amber Sprinkle, NEPA Planner  
[amber.sprinkle@usda.gov](mailto:amber.sprinkle@usda.gov)  
[fs.usda.gov/project/?project=56130](http://fs.usda.gov/project/?project=56130) ♦

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**Oregon Nordic Club Portland Chapter (ONC-PDX) is one of 11 Chapters of the ONC state organization, Oregon Nordic Club (ONC).**  
**ONC-PDX: [onc-pdx.org](http://onc-pdx.org)**  
**ONC: [onc.org](http://onc.org)**

## DAY TOURS OVERVIEW RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

### Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

### What to Bring

Let's start with the *10 Essentials*. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: [onc-pdx.org/resources/wear/](http://onc-pdx.org/resources/wear/) For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

### Carpooling

Lack of snow worthy vehicles is a growing issue for the club and board is reviewing options to change our policy. The ONC-PDX carpool policy is: Each passenger contributes 15 cents per mile. For three or more passengers, the maximum total contribution by all

cont. on sidebar page 5

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Pam Rigor, *Editor*

## DAY TOURS

**Note: if weather or road conditions are dangerous, please contact the tour leader.**

**More tours may be listed here:**

- ◆ [onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)
- ◆ [onc-pdx.org/forums](http://onc-pdx.org/forums)
- ◆ [meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)

**Note: dogs are only allowed on tours designated as "dog tours"**

Volunteer to lead day tours contact:  
[oncdaytours@gmail.com](mailto:oncdaytours@gmail.com)

### Portland Sunday Parkways

**Join other cyclist for family-friendly, car-free bicycling in Portland this summer thanks to the Portland's Department of Transportation.**

**Northeast Portland (7.6 miles)  
September 22, 11:00 a.m.–4:00 p.m.**

**Info and maps: [portlandoregon.gov/transportation/58929](http://portlandoregon.gov/transportation/58929)**

## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under "Membership") before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see side-bar page 7)!
- ◆ Sign-up online; paper applications will be available too.
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full online, join the wait list. Last minute openings do occur!
- ◆ Purchase trip insurance (some trips include it). You are responsible for finding someone to take your place, if you cancel. Info: [oncpdx.org/resources/trip-insurance](http://oncpdx.org/resources/trip-insurance)

### Dec 27–Jan 1, Fri–Wed, All Abilities Classic and Skate Ski on Groomed Trails Methow Valley New Year's, Winthrop, WA

Washington's Methow Valley, on the West slope of the North Cascades Range, features over 200 km of groomed trails for classic and skate skiing at all levels, from riverside loops to steep and strenuous climbs and descents. Enjoy four days of world class Nordic skiing ranging from 2,000 to 4,000 plus ft. elevation. Options include skate skiing or lessons for a day or more: the possibilities are endless with so much groomed terrain and (typically) great snow conditions. Some might enjoy skiing from our condo in Winthrop for breakfast at Cinnamon Twisp Bakery, viewing bald eagles, deer, and elk en-route.

We have two luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners, that we'll prepare in fully equipped kitchens. Restaurants, groceries, and a good Nordic ski shop are close by. Winthrop is a charming replica frontier town, with museums, saloons, and festive open-air ice-skating rink surrounded by mountain peaks. All the trails are groomed for track skiing, skate skiing, and fat tire biking. You can leave your heavy backcountry skis and snowshoes home for this one. Trails range from easy to black diamond, but with the quality snow and impeccable grooming, even on the black trails, you'll have ample control.

If the trip appears to be full when using the online sign up, be sure to join the wait list. We seem to always have cancellations.

**Trip limit: 12 participants including trip leaders.  
Cost: \$335/member, per person. Includes 5 nights lodging. Groomed trail pass not included (approx. \$80 for 4 days).**

**Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com)  
Co-leader: Kevin Dye [kevind2020@gmail.com](mailto:kevind2020@gmail.com)**

### Dec 28–Jan 1, Sat–Wed, All Ability Ski New Year's at Black Butte Ranch, OR

Celebrate the New Year in the peaceful setting of Black

Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine, and interesting conversations after an invigorating day in the outdoors.

This Central Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters.

The accommodations are a large house with three queen bedrooms and a bunk room with two bunk beds. Amenities at Black Butte include a hot tub, sauna and a swimming pool. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore, and various shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the humdrum of daily life.

**Trip limit: 8 participants including trip leader.**  
**Cost: \$345/member, per person. Includes 4 nights lodging.**

**Carpool miles: about 294 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Ann Truax ann.truax@gmail.com**

**Jan 11–20, Sat–Mon, Intermediate/Advanced Ski (strong skiers, groomed and ungroomed)**

**BC Mega Ski 2020, British Columbia, Canada and Okanogan, WA**

Wanting some of the best cross-country skiing in the West? Come join us! We plan to carpool from Portland to Bellingham, stay overnight, depart and cross the border at Abbotsford, head east, and either ski at Manning Park or Kane Valley Nordic depending on snow cover. We'll then drive to Kelowna and stay at a nice house with seven bedrooms and a hot tub for three nights. And ski Telemark Nordic and McCulloch Lakes Resort for three days. We will then transfer to Silver Star Mt. where we will stay in a deluxe condo (with hot tub) on the ski slope for three more nights. Then we will ski Sovereign Lakes and Silver Star Nordic before driving to Okanogan, WA for an overnight with a chance to ski in the afternoon at Methow Valley. In the morning we will ski Echo Ridge Nordic area in Chelan staying overnight then drive home.

We will share cooking for six nights; food costs are included for this. We will eat out three nights while traveling at your expense. Food is included for breakfasts and lunches. Ski Passes not provided and average \$10, if we buy them as a group. Make sure your passport is current and valid, and bring a swimsuit for the hot tub.

We will carpool and share car costs. Plan on 10-20 mile ski days for eight days. Skate skiing is available at the groomed resorts and a few resorts have rentals.

**Trip limit: 8 participants including trip leader.**  
**Cost: \$750/member, per person. Includes 9 nights lodging and meals as described.**

**Carpool miles: Approximately 1,400 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Ken Wenzel skiwenzel@hotmail.com**

**Jan 16–20, Thru–Mon, All Abilities Ski**

**Deschutes National Forest, MLK Weekend, Bend, OR**

Join us for four days of Nordic skiing in some of Oregon's best snow, at 5,000 plus ft. elevation in

Deschutes National Forest, near Mt. Bachelor. We will ski from sno-parks north of Century Drive on both tracked and groomed trails, with plenty of backcountry options. Numerous gorgeous, powdery trails and tracks are just 10 minutes west of our luxury four bedroom, condo (near Inn of the Seventh Mountain), including Swampy Lakes, Meissner, and Vista Butte trails. We can also ski, skate, or take lessons at nearby Mt. Bachelor Nordic Center. Bend's great restaurants, brew pubs, etc. are just 10 minutes east. Besides the ideal location, the condo offers a roomy kitchen, large common area, three and a half bathrooms, and a hot tub. We'll prepare potluck dinners two or three nights, and perhaps head to town one evening for dinner.

Accommodations include two King bedrooms, one Queen bedroom, one twin bedroom with two singles. Ski rentals readily available nearby. Oregon Sno-Park Pass required; groomed trail fees possible. After trip fills, join the wait list.

**Trip limit: 8 participants including trip leaders.**  
**Cost: \$280/member, per person. Includes 4 nights lodging.**

**Carpool miles: 360 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Kevin Dye kevind2020@gmail.com**

**Co-leader: Karen Dye kpetrich1@gmail.com**

**Jan 17–20, Fri–Mon, All Ability Ski**

**Lake Creek Lodge, MLK weekend, Camp Sherman, OR**

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a XC ski holiday. Check out the website at: lakecreeklodge.com

We'll carpool over on Friday, have a traditional ONC-PDX potluck dinner on Saturday, with leftovers and a slideshow on Sunday. Ski options are many—Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky, right out the door of our cabins. Separate rooms for couples/genders.

**Trip limit: 16 participants including trip leader.**  
**Cost: \$160/member, per person. Includes 3 nights lodging.**

**Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Steve Levy slevy@pacifier.com**

**Jan 23–27, Thur–Mon, Inter./Advanced Ski**

**Anthony Lakes, Baker City, OR**

With 300 inches annual snowfall, the Anthony Lakes ski area near Baker City boasts the best powder skiing in the Northwest. Both downhill and Nordic skiers come to enjoy this pristine location at the north end of the Elkhorn mountains. The Nordic center (6,000 ft.) maintains 18 miles (30 km) of groomed trails at every level of difficulty. There's also easy access to backcountry areas near the center, often by starting at the top of the lift (7,200 ft.). Another skiing possibility is Dooley Pass south of Baker City, showcasing panoramic views of the valleys below. Depending on time and weather, we could stop and ski the groomed trails on our way to Baker at Meacham Divide just west of La Grande. We will be staying at the luxurious Good Bear Ranch Resort, 12 miles from Baker and 45 minutes from Anthony Lakes. It is a 5,200 sq. ft. house with ample room for 16 people, five doubles and six singles. Breakfast and lunches will be on your own, but

cont. from sidebar page 4

**passengers is limited to 45 cents per mile. Typical carpool cost per person for Mt. Hood is \$18 for Government camp to \$25 to Teacup (via Hood River). Please respect this policy by paying your drivers prior to their prompting.**

#### **Dogs**

**Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).**

#### **FS Dog Policy**

**Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.**

#### **TOUR/TRIP RATINGS**

**All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.**

#### **Novice Ski**

**2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as**

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possible.

**Easy**

**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate**

**Ski:** 6–12 miles.

**Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour/trip description for specifics.**

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced**

**Ski:** > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

**Backpack:** > 7

we'll share nightly potlucks. Trail passes for the groomed area and single ride lift tickets are extra but reasonable.

**Trip limit:** 16 participants including trip leaders.

**Cost:** \$275/member, per person. Includes 4 nights lodging.

**Carpool miles:** 600 miles roundtrip from Portland plus excursions to trailheads.

**Trip leader:** Ann Truax ann.truax@gmail.com

**Co-leader:** Johanna Lovell joeielove@yahoo.com

**Jan 27–30, Mon–Thur, All Ability Ski**

**Summit Meadow Cabins, Trillium Basin, Mt. Hood, OR**

Here's your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at the end of the day. Skiing choices without driving include many of the trails in the Trillium basin and Government Camp area or driving to Bennett Pass, Twin Lakes, or others. While this is an all ability ski, the group usually divides into two ski groups, one doing intermediate to advanced backcountry skis and the other doing easy to intermediate skis. We will stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. You need to ski or snowshoe to the house about half-mile carrying your personal items. Bedding and towels are provided. We will cook communally for breakfasts and dinners and that food can go in on sleds.

**Trip limit:** 10 participants including trip leader.

**Carpool miles:** 110 miles roundtrip from Portland plus excursions to trailheads if any.

**Cost:** \$75/member, per person. Includes 3 nights lodging.

**Trip leader:** Mary Hepokoski hepomp8@comcast.net

**Jan 30–Feb 2, Thur–Sun, Inter./Advanced Ski**  
**Ochoco High Country, Ochoco NF, OR**

Backcountry skiing in the Oregon Ochoco Mountains—open, uncluttered ponderosa pine high country! A three night stay at rustic Ochoco Ranger Station (two queen beds, three twins). Arrive to the ranger station lunchtime Thursday with plans for an afternoon ski (Walton Lake or Bandit Springs ski trails) followed by two full days of up and down backcountry ski tours to Lookout, Round or Slide Summits with possibility of a Sunday morning farewell ski before the drive back to Portland.

Backcountry ski gear (NNN bindings or better) required as skiing will be done on trails and ungroomed up and down terrain). Planned group dinners and breakfasts with lunches on the trail followed by après ski unwind! Participants are expected to carpool from Portland Thursday a.m., about a 3.5 hr. drive.

Info: fs.usda.gov/recarea/ochoco/recreation/camping-cabins/recarea/?recid=38722&actid=101

Please note: bring your own bedding or sleeping bag.

**Trip limit:** 5-7 participants (depending on sleeping arrangements) including trip leader.

**Cost:** \$75/member, per person. Includes 3 nights lodging.

**Carpool miles:** 340 miles roundtrip from Portland plus excursions to trailheads.

**Trip leader:** David Bath 503.819.8551

**Dbath4@comcast.net**

**Feb 7–10, Fri–Mon, Easy Ski (groomed)**

**Bend Area Easy Ski, Sunriver, OR**

Easy skiing on groomed trail systems—with instruction! This trip is for cross-country skiers and skier wannabes

who plan to take it easy. We will ski on gently rolling and flat trails which are groomed. Each day tour is accented with some skill building lessons for those who would like. Taking it easy on the trails allows us to maximize the amenities of our house. It has two living rooms, a chef's dream kitchen, BBQ on the deck, hot tub, a piano in the upstairs game room for that famous ONC-PDX sing along, fireplace, TVs and electronic game stations, and laundry facilities. There are three king/queen bedrooms and two bedrooms with two twin beds each. There's more but you get the picture by now. Plan for potluck dinners and lunch on the trail. We will arrive Friday evening for two and a half days skiing, returning home on Monday after another glide on the trail. We don't have to buy trail passes but donations are expected at Meissner/Swampy Lakes trail systems. If the trip appears to be full when using the online sign up, be sure to join the wait list. Cancellations do happen.

**Trip limit:** 10 participants including trip leader.

**Cost:** \$195/member, per person. Includes 3 nights lodging.

**Carpool miles:** 380 miles roundtrip from Portland plus excursions to trailheads.

**Trip leader:** Sam Digard sam.digard@gmail.com

**Feb 7–9, Fri–Sun, All Ability Ski**

**Shelter Cove Resort at Odell Lake, OR**

High up in the Cascades east of Eugene lies Willamette Pass and the beautiful Odell Lake. Odell Lake is situated at 4,800 feet, so there is plenty of snow plus great scenery. We stay at Shelter Cover Resort in two units: the large Kokanee Lodge with plenty of room for seven, plus a small cabin with room for four. Beautiful views right on the shore of Odell Lake. There are a number of good ski routes near: the Pengra ski area, the trails to Gold Lake, smaller trails right around Shelter Cove Resort and at Odell Lake Resort. Willamette Pass ski area has 22 km of beautifully groomed trails, however there are trail fees.

Come experience a real winter in this beautiful snow-laden resort on a gorgeous high mountain lake. We will potluck on Saturday evening. On Friday you can eat in on your own, or there are restaurants in Oakridge on your way and a couple small country pubs within 10 miles of the resort. Bring your own breakfast and lunch foods. The kitchens come equipped with most items and include microwaves, but some supplies are in short supply, so bring if in doubt.

2019 photos: photos.google.com/album/AF1QipPZD7HtOG7Yamo3Z3qePnCcbpkwO1CzYt5FhOv

**Trip limit:** 11 participants including trip leader.

**Cost:** \$120/member, per person. Includes 2 nights lodging.

**Carpool miles:** 360 miles roundtrip from Portland plus excursions to trailheads.

**Trip leader:** Bill Neuman wrn3200@yahoo.com

**Feb 8–13, Sat–Thur, All Abilities Ski/Skate Ski**  
**Methow Valley, Winthrop, WA**

What happens between the Methow New Year's Trip and the Methow March trip—the Methow February ski trip, of course! One can never get enough of the Methow Valley. We will glide across 200 km of reliably dry snow in sunshine and on terrain that is suitable for all skill levels. We have our choice of rolling or hilly Sun Mountain loops, the flat valley floor, the higher, more challenging Rendezvous Traverse, or a short walk to town for cultural or

gastronomic pursuits. Ski/skate lessons and equip. rentals are available, and trails offer warm rest stops for lunch.

We will stay at the River Run Inn guest house, a lodge-like house with enough room for us all, no bunks(!) and an institutional-size kitchen for potluck chefs. Restaurants and a supermarket are available in town. We will discuss the next day's plans each day at dinner. The new management assures me that the pool and hot tub have been repaired since last year, so bring a swimsuit...again. Check it out at: [riverrun-inn.com](http://riverrun-inn.com). Winthrop is an outdoor-oriented community in North Central Washington north of Lake Chelan, a 400-mile drive. We will carpool, and riders should expect to pay the driver. Three-day ski passes—\$63, an additional day—\$25, and daily snowshoe passes—\$5.

**Trip limit: 12 participants including trip leaders.**

**Cost: \$235/member, per person. Includes 5 nights lodging.**

**Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Elke Schoen [elkeschoen@msn.com](mailto:elkeschoen@msn.com)**

**Co-leader: Linda Wilson [wilsonln@msn.com](mailto:wilsonln@msn.com)**

**Feb 13–16, Thur–Sun, Intermediate Ski**

**Big Pine Country in the Ochoco Mountains, Ochoco National Forest, OR**

We will drive over on Thursday hoping to arrive in time for an evening ski before dinner. We will ski the Walton Lake and Bandit Springs Forest Service trails. The last few years ONC-PDX skiers have seen wild horses by Walton Lake and by the cabin. We will be staying in an artfully constructed 1,145 square foot three-bedroom 1.5 bath two-story former ranger house, with a wonderful dining room table that accommodates our entire group, as well as large knotty-pine paneled living room with comfortable seating for evening reading and chats. If snow is lacking, we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things to do in that part of the state. Participants are responsible for their own breakfasts and lunches. Dinners will be potluck.

Backcountry ski gear (NNN bindings or better) required as skiing will be done on trails and ungroomed up and down terrain.

Available beds: one double and three singles (in one large room). Living room will not be available for alternate sleeping arrangements, (e.g., cot or sleeping pads) are possible in double bedrooms.

**Trip limit: 7 participants including trip leader.**

**Cost: \$75/member, per person. Includes 3 nights lodging.**

**Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Steve Planchon [splanchon@gmail.com](mailto:splanchon@gmail.com)**

**Feb 14–17, Fri–Mon, Intermediate Ski**

**(Valentine's thru President's Day)**

**Sunny, Snowy Sunriver, OR**

Sunriver is oft' described as being on the sunny side of the cascades. But in mid-February it can deliver on the fluffy white stuff! This is perhaps the prime time to hit multiple ski trails in and around Mt. Bachelor, all in a half day's drive from Portland. With multiple sno-parks plus the Bachelor Nordic Center, it gives us a lot to choose from, including groomed trails, skating, and backcountry terrain to test your ability. Perfect for all skiing styles. Keep the options open too because the area has great hiking, biking, and other sites nearby. Our spacious five

bedroom, five bathroom accommodations feature a luxury kitchen, hot tub, fireplace, BBQ, washer/dryer, game room, and more. The resort itself offers restaurants, art and gift shops, ski and bike rentals, and local supermarkets. Explore the area with a walk or bike ride on the paved paths to the village center, watch the wildlife around the Deschutes River, catch a night light show at the Oregon Observatory, or just relax after a satisfying day on the trails. We will carpool from Portland and to the ski areas each day, about 20 miles from our house. Dinners are infamous ONC-PDX potluck style. Everyone does their own breakfast and lunch. Other than sno-park permits for drivers, we can ski for free on most of the trails, pay for the groomed trails at the Nordic Center, or by donation at Virginia Meisner.

Info: [meredithlodging.com/vacation-rentals/oregon-loop-1](http://meredithlodging.com/vacation-rentals/oregon-loop-1)

**Trip limit: 10 participants including trip leader.**

**Cost: \$195/member, per person. Includes 3 nights lodging**

**Carpool miles: 380 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Richard Crimi**

**[richard\\_crimi@hotmail.com](mailto:richard_crimi@hotmail.com)**

**Feb 15–23, Sat–Sun, All Abilities Ski**

**Yellowstone National Park Dream Trip, WY**

You may have been there in the summer with all the tourists. You probably have heard about it from others who have been there in the winter. Now it is your opportunity to experience the dream: Yellowstone in Winter! Twenty lucky ONC-PDX members will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip.

We'll carpool from Portland on Saturday, February 15, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and stay at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in newly remodeled rooms with two queen beds per room and private baths. On Monday morning, a snow-coach ride at 7:45 a.m. takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday afternoon, we will return to Mammoth Hot Springs for three more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area—either Tower, Indian Creek areas or the famous Lamar Valley. Or you can book (individually) a trip to the Grand Canyon of the Yellowstone. Sunday morning after breakfast, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced, something for every desire.

For those who wish, there is the possibility for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive—contact the leader for info.

If online sign up shows the trip as full, please join the wait list. There are almost always several cancellations so chances are very good you will be able to get on the trip.

**Trip limit: 20 participants including trip leaders.**

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**miles/day; 400–600 ft./mile elevation gain.**

## **TOUR ESSENTIALS**

**Pack these essentials on any ONC-PDX activity, "just in case." Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.**

### **Skiing & Hiking Essentials**

■ First aid kit ■ Matches (in waterproof case) and fire starter  
Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sunglasses, lip balm and sun screen ■ Foam sit pad

### **Biking Essentials**

■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

## **OVERNIGHT TRIP POLICIES**

### **Trip Participation**

**1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.**

**2. Overnight trip sign-ups are done**

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online at the club website: [onc-pdx.org/](http://onc-pdx.org/) activities then click on "Overnight Trips." The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed an Overnight Trip Application ([onc-pdx.org](http://onc-pdx.org) then click on "Members Only" then on "Forms") to the trip leader, including their signed waiver and release of liability as required by the club. 3. If a trip appears to be full during the registration process, applicants should contact the trip leader directly to: (i) confirm that the trip is actually full; and (ii) if full, to be placed on the trip wait list as cancellations are relatively common. 4. Trip leaders have the authority to not accept a trip participant application if the applicant does not appear to have the appropriate level of skiing ability for the trip; or (ii) bed availability does not match the a participant's circumstances, e.g., the applicant will be traveling alone, does not want to share a bed, and only one double bed remains available, which is better suited for

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**Cost: \$1,295/member, per person. Includes 7 nights lodging (4 at Mammoth and 3 at Old Faithful) and snow-coach to Old Faithful and return to Mammoth. Breakfasts, lunches, and dinners are available in the dining rooms; we have reservations for dinners (costs not included for meals) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling, and lodging en-route are not included. Yellowstone National Park entry fees (or passes) required, but not included. There will be two people per room. Special rates are available for children under 12 sharing a room with parents.**

**Carpool miles: Approximately 1,800 miles roundtrip from Portland.**

**Trip leader: Ted Scheinman [tedskier@gmail.com](mailto:tedskier@gmail.com)**

**Co-leader: Mark Fitzsimmons**

**[mfitzsimpica@gmail.com](mailto:mfitzsimpica@gmail.com)**

### **Feb 17–21, Mon–Fri, Intermediate/Advanced Ski Mt. Rainier Skiing in Luxury, Ashford, WA**

We will drive up Monday to Ashford, WA and check into our award-winning Dancing Bear Lodge with hot tub, pooltable, and heat. We will ski either at the Tahoma Hut trail system or drive into Mt. Rainier and ski to Refection Lakes and Mazama Ridge. The Tahoma Huts has trails on the North side of Ashford and to the South side of Ashford giving us lots of trail selection. We will adjust our trail selection based on the weather and snow conditions and park road conditions. Plan on shared meals and cooking duties during our stay. This is all ungroomed skiing on roads, trails or backcountry. The house does have WiFi and phone service, but no cell phone service within 20 miles. The house has six bedrooms, three baths, and four king beds so bring your spouse. Check in is 4:00 p.m. and check out is 11:00 a.m.

**Trip limit: 10 participants including trip leader.**

**Cost: \$240/member, per person. Includes 4 nights lodging.**

**Carpool miles: 280 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Ken Wenzel [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)**

### **Feb 18–20, Tue–Thur, Advanced/Intermediate Backcountry Ski**

#### **Sisters Backcountry Hut-Hut, Deschutes National Forest, OR**

The scene: Central Cascades backcountry in mid-Feb. Think finding your way through a forest full of old growth in the snow with a friendly bunch. Away from the noise and bustle, we'll ski hut to hut for 22 miles over three days over terrain described as "ungroomed and rolling with gentle slopes." The ski is about eight miles a day at around 6,500 ft. elevation with variable snow conditions. Along the way are untrammled views that most will never see. Each night we'll cook a communal dinner with the provided and supplemented supplies, get warm and dry from the wood stove, prepare for the next day's adventure, and crawl into our bunks with smiles from the day's experiences. So, you may be wondering, with two nights in the woods and staying in cabins, will I have to pack a lot? Not at all, the huts are fully stocked with food, cooking supplies, sleeping bags, everything we need to make the stay easy. You need only carry your lunches, snacks, and any supplementals we choose. A sleeping liner is recommended and you may carry your own sleeping bag if desired. What about equipment? This is from the huts

company: "Bring Metal Edge Nordic skis with Scales or lightweight telemark skis with skins. Boots/Bindings: Beefy Nordic (NNN BC or 3-pin/duck bill) and coordinated binding. Alpine Touring and Telemark gear that is more suited for descending might be a bit too heavy and bulky. Skate skis and track classic skis will be too light and flimsy." We have a shuttle service from Three Sisters Sno-Park to Dutchman Flats the first morning. Since we must be at the shuttle at 8:00 a.m. there is an optional hotel stay the night before in Sisters, breakfast included. This makes for an easy transition to the shuttle point.

Special considerations: Skis with metal edges or skins, able to ski eight-plus miles at 6,500 ft. elev., on time for the shuttle, the rest... enjoy the deep woods in winter!

Info: [threesistersbackcountry.com/huts/nordic-traverse-huts](http://threesistersbackcountry.com/huts/nordic-traverse-huts)

**Trip limit: 8 participants including trip leader.**

**Cost: \$340/member, per person. Includes shuttle and hut stay with breakfast and dinner. Optional stay in Sisters on Mon., Feb. 17 @ \$65, breakfast included.**

**Carpool miles: 326 miles roundtrip from Portland**

**Trip leader: Richard Crimi**

**[richard\\_crimi@hotmail.com](mailto:richard_crimi@hotmail.com)**

### **Feb 22–Mar 6, Sat–Fri, All Abilities Ski (groomed with downhill option)**

#### **Austria and Italy Skiing in the Alps**

The trip is rated all abilities and is geared towards intermediate cross-country and optionally type three downhill skiing. The group will mainly be a mix of intermediate through advanced, so slower skiers will probably be self-lead, but we have excellent maps. The groomed trails are unparalleled experience for cross-country enthusiast. For the downhill aficionados, this is the trip of a lifetime where you can check off circumnavigating Sella Ronda from your bucket list.

Trip details: Days 1–2: Fly from Portland to Munich and take train to Seefeld in Tirol, Austria, Days 3–7: Ski, starting from the hotel or take a bus ride to the surrounding valleys (Optional: take a day off to visit Innsbruck's castles and museums), Days 8–12: Head to the Dolomites to ski within the valleys you see in the pictures and also consider taking the Sella Ronda downhill circuit. Stay in Ortisei Sankt Ulrich, Day 13: Spend the last day in Munich to tour, shop, and dine at the original Hofbrau Haus, Day 14: Fly from Munich to Portland.

Things to look forward to: European breakfast buffets, Alpine huts and hot lunch, Gluhwein (hot mulled wine perfect for warming up after a ski), German and Austrian style beer, kilometers upon kilometers of skiing on impeccably groomed trails, unparalleled views.

**Trip limit: 16 participants including trip leaders.**

**Cost: \$2,575/member, per person. Trip deposit of \$700 on signup with the balance due later in December.**

**Includes: Roundtrip airfare from Portland to Munich, trip insurance, all ground transportation, lodging for 12 nights, dinner in Munich, trail passes and lift tickets for cross-country skiing.**

**Trip leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com)**

**Co-leader: Aimee Ritter [ritter.aimee@outlook.com](mailto:ritter.aimee@outlook.com)**

### **Feb 27–Mar 2, Thur–Mon, Adv.-Inter./Advanced Ski Wallowa Mountains, Joseph, OR**

Spend four days skiing Eastern Oregon's Wallowa Mountains, where the mountains are steep, and the snow is dry! There are opportunities for different levels of skiing on this trip, but there are no groomed trails in the



Wallowas. Bring your Telemark or AT gear and challenge yourself climbing up Wing Ridge and skiing the backcountry powder. Depending on group desires, we can hire a guide for a day or two of backcountry adventure. The group will split up and intermediate skiers will find lots of fun (without the climb) on easy cross-country trails at Salt Creek Summit, the beautiful Wagon Rd. trail, McCully Creek Trail, or the Canal road to explore. There's also Ferguson Ridge ski area where lift tickets are \$20/day at this small community built and operated ski area.

We'll stay in one large house in Joseph and we will share potluck dinners. There are also lots of restaurants and pubs in Joseph and nearby Enterprise. Carpools will leave Portland on Thursday, arriving in Joseph early that evening. Skiing can be enjoyed on Friday, Saturday, Sunday, and return to Portland Monday afternoon. Joseph is walking distance from the house so it can easily be explored in the evenings along with the scenic Wallowa Lake.

The house has five bedrooms with queen beds and a bunkroom with 10 bunks. It has two kitchens and living rooms, and five bathrooms. Pricing is based on your choice of a private room or a bunk in the bunkroom. For the bunkroom, you will have to furnish your own sleeping bag and pillow. Please note: Bunkroom will be a mixed gender room.

Anyone who plans to ski steeper slopes and possibly use a guide is required to bring their own avalanche gear, (beacon, probe, shovel). No exceptions for this. Guide services will be optional and additional to the cost of the trip.

**Trip limit: 12 participants including trip leaders.**  
**Cost: \$220/member, per person for a single private room. Includes 4 nights lodging. \$440/members, for two people sharing a bed in a private room. \$190/member, per person (mixed gender) in the bunkroom.**  
**Carpool miles: 660 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Susan Watt susniam@gmail.com**  
**Co-leader: Lauren Eaton eatonla1@gmail.com**

### **Feb 28–Mar 1, Fri–Sun, Intermediate Ski Black Butte Ranch Quickie, OR**

Celebrate the weekend in the peaceful setting of Black Butte Ranch. This Central Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters.

The accommodations are a large house with three queen bedrooms and a bunk room with two bunk beds. Amenities at Black Butte include a hot tub, sauna, and swimming pool. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore, quilt shop and other shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the work week.

We'll celebrate Leap Year Saturday night with a Chocolate extravaganza; anything from molten lava cake to a fancy candy bar, is fair game!

**Trip limit: 8 participants including trip leader.**  
**Cost: \$140/member, per person. Includes 2 nights lodging.**  
**Carpool miles: 300 miles roundtrip from Portland**

**plus excursions to trailheads.**

**Trip leader: Laurel Dickie laureldickie@hotmail.com**  
**Co-leader: Alison Kean alisonrose729@gmail.com**

### **Feb 28–Mar 8, Fri–Sun, Advanced-Beginner to Advanced Ski**

### **Kootenay Nordic Adventure, Rossland BC, Kimberley BC, Radium Hot Springs BC**

Ski three different location in the Kootenay area of SE British Columbia: Rossland, Kimberley, and Radium Hot Springs. Near Rossland, ski trails are groomed by the Black Jack Cross-country Ski Club or try ungroomed terrain in the nearby Rossland Range Recreation Site. In Kimberley the local Nordic club provides a first class network of 65 km groomed trails close to town. Ungroomed slopes are located nearby in the Kimberley Nature Park. Outside Radium Hot Springs, enjoy the solace and beauty of Nipika Mountain Resort on 50 km of groomed trails or venture into Kootenay National Park to do backcountry skiing. After a vigorous day of skiing, soak in the hot springs just outside of town.

To find out more about these unparalleled areas, go to: kootenayxc.com. Note that groomed areas require a moderate daily fee (from \$12 to \$15 a day). Accommodations will vary: A motel in Rossland with breakfast provided, a well-appointed condo in Kimberley, and finally a whole house in Radium. Three couples and four singles.

**Trip limit: 10 skiers including trip leader.**  
**Cost: \$520/member, per person. Includes 9 nights lodging.**

**Carpool miles: 1,400 miles roundtrip from Portland plus excursions to trailheads.**

**Trip Leader: Ann Truax ann.truax@gmail.com**

### **Feb 29–Mar 5, Sat–Thur, All Levels Ski (groomed) Methow Valley Leap Year, Okanogan and Winthrop, WA**

We will stay our first night in Okanogan, WA at the Quality Inn. Then we will stay the rest of the time at the River Run Inn guest house. While at the River Run Inn we will share meals and cooking and clean up. With 200 km of groomed trails you can find trails for any ability. Trails passes cost \$24 per day. Rental equipment is available. We'll shared carpool costs.

**Trip limit: 12 participants including trip leaders.**  
**Cost: \$270/member, per person. Includes 5 nights lodging.**

**Carpool miles: 800 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leaders: Ken and Debby Wenzel  
skiwenzel@hotmail.com**

### **Mar 9–12, Mon–Thur, Intermediate Ski Oh So Let's Go To The Ochoco's, Ochoco National Forest, OR**

We will drive over on Monday hoping to arrive in time for an evening ski before dinner. Two lovely areas to ski are the Walton Lake and Bandit Springs Forest Service trails. These areas have been maintained and marked with blue diamonds by ONC-PDX members in October 2018 and June 2019.

We will be staying in an artfully constructed 1,145 square foot three-bedroom 1.5 bath two-story former ranger house, with a wonderful dining room table that accommodates our entire group, as well as large knotty-pine paneled living room with comfortable seating for

cont. from sidebar page 8

another couple that has applied for the trip. 5. Trip leaders, after consulting with the ONC-PDX Board and Overnight Trip Committee (OTC), may also deny a trip application based on an applicant's behavior on previous ONC-PDX trips.

### **Wait list procedures**

1. To be placed on a trip wait list, applicants must submit a completed trip application to the designated trip leader, along with a check for the full amount of the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. 2. Wait list checks will not be cashed until the wait list applicant has been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

### **Trip Cancellation Policy**

1. Trip fees and deposits are non-refundable, unless the trip leader is able to make a reasonable substitution for the canceling participants. 2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster. 3. If a wait list exists, the trip leader will determine

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**whether wait-listed applicants can be reasonably substituted for the cancelling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter. 4. If the leader is able to make a reasonable substitution for the cancelling participant, the cancelling participant will receive a refund of amounts paid, minus \$10 for each participant associated with the cancellation. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as needed, to ensure the proper handling of the cancellation notice and refund request. 5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC. **Travel Insurance** To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. See: [onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance) **Policy and Procedure Waivers** The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so. ♦**

evening reading and chats. If snow is lacking, we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things to do in that part of the state. Participants are responsible for their own breakfasts and lunches. Dinners will be potluck. There are two rooms with queen beds and one room with three single beds. Living room will not be available for alternate sleeping arrangements. Alternate sleeping arrangements (e.g., cot or sleeping pads) are possible in double bed rooms.

**Trip limit: 5-7 participants including trip leader. Cost: \$75/member, per person. Includes 3 nights lodging.**

**Carpool miles: 340 miles roundtrip from Portland plus excursions to trailheads.**

**Trip leader: Laurel Dickie laureldickie@hotmail.com**

### **Mar 13–15, Fri–Sun, Advanced-Intermediate Backcountry Ski Sisters Backcountry Hut-Hut, Deschutes National Forest, OR**

This is a 22 mile Hut to Hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail at 6,500 ft., on the eastern edge of the Three Sisters Wilderness area. We meet our shuttle Friday at 8:00 a.m. at Three Creeks Sno-park and shuttle to Dutchman Flat, where we start the tour. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks. The terrain is ungroomed, rolling to gentle slopes with some steeper climbs. The two huts are fully stocked with food, cooking equipment, wood stove, and bunks. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions can vary from untracked powder to icy and anything in-between.

Equipment needed is metal edge skis, preferably a backcountry ski and boot. Skins are not required but can be useful depending on conditions. Classic narrow Nordic skis are not really suitable, but that depends on the ability of the skier. Kicker skins are recommended in that case. Good physical condition is needed to ski the distance, climb the hills, and keep up with a group.

Info about what is provided and photos of the huts: [threesistersbackcountry.com/huts/nordic-traverse-huts](http://threesistersbackcountry.com/huts/nordic-traverse-huts)

The distance between huts is only eight miles average, which leaves time for additional skiing, exploring, or relaxing in the huts.

This trip begins early on Friday morning with a shuttle so you need to be in Sisters the night before. Carpooling

will be arranged and shared lodging can also be coordinated among the group but that will be an additional expense. We usually rent rooms at the Best Western in Sisters which includes a hearty breakfast.

**Trip limit: 8 participants including trip leader. Cost: \$340/member, per person. Includes a shuttle, 2 nights in huts, food for 2 days and 2 nights with beer included! Additional expenses will be carpool transportation expense and food and lodging in Sisters Thursday night.**

**Carpool miles: 320 miles roundtrip from Portland. Trip Leader: Susan Watt [susniam@gmail.com](mailto:susniam@gmail.com)**

### **Mar 20–22, Fri–Sun, All Abilities Ski John Craig Tour Weekend, Black Butte, OR**

The Annual John Craig Nordic Ski Tour will be held on March 21 on the McKenzie Pass Highway in Sisters, Oregon. People from all over the state participate in this fun, non-competitive event. The tour is an out and back on a gentle forest road through the beautiful Deschutes National Forest. In good weather an average skier can reach Dee Wright Observatory in about three hours. The return trip takes about half the amount of time they took to climb. There is a suggested donation of \$10 for the John Craig Ski Tour.

Sunday ski tour options include Santiam Pass Sno-Parks, Hoodoo Ski Area (fee/rentals available), or Three Creeks Sno-Park. Skiing on Friday is also possible for those willing and able to take Friday off from work.

The house at Black Butte Ranch has four bedrooms and three bathrooms. There is a hot tub, wood burning stove, and plenty of room for games, puzzles and relaxing.

Breakfasts on Saturday and Sunday plus Friday dinner will be potlucks.

The price for this weekend includes housing at Black Butte Ranch and pizza dinner on Saturday after the John Craig Tour. The pizza dinner, at the Best Western Ponderosa Lodge in Sisters, is held in conjunction with the presentation of the John Day Trophy for ONC Excellence in Leadership.

If the trip is full or the singles are full, please join the waitlist. If we have more singles we juggle room arrangements to try and accommodate.

**Trip limit: 8 participants including trip leader. Cost: \$140/member, per person. Includes 2 nights lodging plus a pizza party and ski tour donation. Carpool miles: 300 miles roundtrip from Portland plus excursions to trailheads.**

**Trip Leader: Mary Bourret [MaryLBourret@gmail.com](mailto:MaryLBourret@gmail.com)** ♦

## **Welcome new members! Gretchen and Jason Hinton**

**August membership report:** 360 total memberships (248 single and 112 family), includes one new membership. Last year at this time there were 322 memberships.

## **BOARD MEETING MINUTES**

### **Minutes of ONC-PDX August 13 Board Meeting at Ken W house**

**Board members present:** Ken Wenzel, Mary Bourret, Ted Scheinman, Bill Neuman, Laurel Dickie, Tere Enberg  
**Guest:** Patrice Fromweiler, Membership

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## Board Meeting Minutes continued from page 10

June 2019 meeting minutes approved.

**Overnight Trips Committee:** Sign-up proposal by the committee asks web sign-up, on Sunday, October 13 be as such: for January trips, 5:00 p.m., for February trips, 6:00 p.m. and for later trips, 7:00 p.m. Paper sign-up will be on October 14. Board approves. ■ The committee has created a form for potential overnight trip attendees so that leaders have more information about ski ability, equipment stability, etc. The board approves this form. ■ The Board approves the Overnight Trip schedule. ■ Do we want to promote our trips to other clubs? This will be passed on to the OTC.

**Nordic Issues:** Cascade Forest Conservancy—Russ Pascoe has asked the ONC-PDX for a donation for their annual banquet. ■ Ted questions whether this group's goals align with our club and we question whether the organization reaches their goals. ■ Ken proposes we make the standard \$250 donation for this year and then ask the Nordic Issues person to handle this in the future, letting the Conservancy know we'd like to have more involvement. Mary motions we make the \$250 donation and communicate that we'll have more involvement. Ted seconds. Motion passed.

**Ski Bus:** Ken Barker asks that we have more buses. ■ Treasurer Bill says last year we broke even on the cost. But, we received many renewals and new memberships as a result. ■

Ken W. proposes we have 2 buses in January and 2 buses in February. Ted thinks one of the bus dates should be during the annual Tea Party sponsored by Teacup Nordic. ■ Mary B. proposes we support 4 bus trips. Bill N. seconds. ■ The dates we've decided on is Jan 18, 25, Feb. 1 and Feb. 8. Shall we offer a 4 time package? Should we negotiate with Otto's to offer a rental package? Does Teacup Nordic want to sponsor a bus to their Tea Party?

**Membership Committee:** Patrice F. brought correspondence from Pam R so we could glean what info was pertinent. ■ Patrice will input new member info into the database. Members can now edit their profile info. ■ Patrice will send a welcome email as well as a printed letter and card to new members. ■ Once Patrice sets up the Membership database password, it needs to be shared with Nick A, Susan K and Richard C. ■ Patrice will send names of new members and total membership numbers to Pam R. ■ Mary B proposes Patrice gets membership cards to new people within a month of sign-up and send a "report" to the Board listing individuals, family members and new members for the month.

**Publicity:** Next Adventure The company asks we hold a seminar to educate their employees; Tere E is willing to help on this project. ■ They want to have an in-store clinic (6:30 p.m.-7:30 p.m.) in December 5 or 10 to draw in potential new members, offering 20% off that night and to promote our bus tours. ■ Tere proposes we ask Next Adventure to stay open an extra half hour for clinic shoppers. ■ They want us to create a flier advertising a free membership with ski purchase. Possibly a sticker on the skis? Post a 30 second ONC-PDX video on Next Adventure's website. (This will also promote our chapter on the statewide website)

**Tilly Jane:** Approval from Forest Service includes guard station roof, siding of A-frame. ■ The concrete foundation for the new garage is ready to go, and composting toilet.

**Trail Tending:** Ken W. would like to see some more trail tending in October to reopen the Yellowjacket trail and complete the Ochoco area trail marking.

### New Business

**Mileage reimbursement proposal:** Ted feels the current rates encourage enough drivers, especially for Day Trips. ■ The Board suggests we charge 35 cents/vehicle mile for passengers only. This is comparable to what other hiking groups charge based on passengers/drivers feedback. ■ The Board agrees these costs need to be posted as part of the trip costs. Right now the overnight trip info has been sent to the newsletter editor already so this cost will be communicated by trip leaders.

**Mazama Magazine ad:** Ken asks if we want to have an ad get cross membership with Mazamas. ■ We would not specifically advertise specific trips. Mary B says we need to get the ad in the bulletin quickly so these folks could sign up for overnight trips. ■ Ted proposes we do 2 quarter page ads: September and January. We'll have Denise B to design. Proposed, seconded and passed we pay \$230 for these ads in the Mazama Bulletin.

New ideas for club future? Promote snow shoe trips.

**Next Board Meetings:** Tuesday, Sept 17, 9:00 a.m., Tuesday, Oct 15, 9:00 a.m., Tuesday, Nov 12, 9:00 a.m., Tuesday, Dec 10, 9:00 a.m. All meetings at TVFR, NW Murray & Butner Rd. ◆

Laurel Dickie, Secretary

## MEMBER BENEFITS

**Columbia Sportswear**  
911 SW Broadway—15% discount on purchases. Access to Columbia Sportswear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. [columbia.com](http://columbia.com)

**Mountain Hardwear**  
722 SW Taylor Street—15% discount on purchases. Current membership card required. [mountainhardwear.com](http://mountainhardwear.com)

**Mt. Hood Outfitters**  
88661 East Government Camp Loop, Government Camp, OR. 25% off rentals and tours. Current membership card required. [mthoodoutfitters.com](http://mthoodoutfitters.com)

**The Mountain Shop**  
2975 NE Sandy Blvd, 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

**Next Adventure** 426 SE Grand Ave., 15% discount, current club membership card required. [nextadventure.net](http://nextadventure.net)

**Oregon Mountain Community Online**  
store. Subscribe to OMC e-newsletter and receive: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto's Ski & Bike Shop** 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy'East Nordic** 10% discount on cross-country ski and telemark lessons. [weeastnordic.com](http://weeastnordic.com)

**Jupiter Hotel PDX and Hood River Hotel in Hood River** give ONC-PDX members a 15% off online booking. [jupiterhotel.com](http://jupiterhotel.com) [hoodriverhotel.com](http://hoodriverhotel.com)

## CLASSIFIED ADS

### FOR SALE: ▶ Wooden Rowing Shell with Piantedosi

Oars. 23 ft. long, 18 inches wide, 42 pounds fully rigged. A nice ride for gentle exercise and soothing the soul. **\$1450 obo**  
**Chuck 503.516.1903** 9/19

**FREE: ▶ Ski Boots** Men's Fischer SNS Profil boots, size 8.5/9.0, adv. Beg. to Intermediate grade. Very good condition. Free to good home. **Bill Neuman 503.645.6547** 9/19

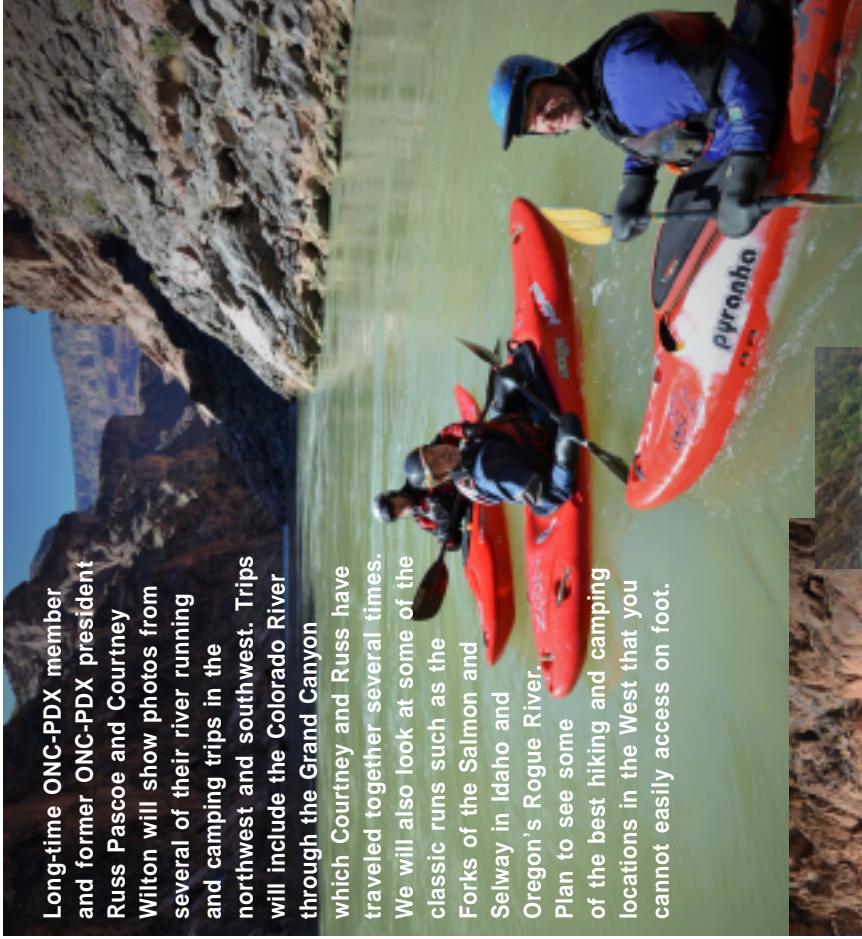
**FOR SALE: ▶ Skis** Silent Spider backcountry, 189 cm, with NNN BC bindings. These skis are too short for me (or rather I am too heavy for them!). Great for climbing and backcountry skiing. **\$100, obo. Ted tedskier@gmail.com 503.452.7432** 9/19

**FOR SALE: ▶ Ski Boots** Rossignol BC X6 Backcountry Nordic Boots, size 40. Like new, used twice. **\$150**  
**Sarah 707.495.9663** 9/19

**Deadline: 15th of the month** (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: **oncnewsletter@gmail.com as attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

# Whitewater Rivers from Grand Canyon to BC

Long-time ONC-PDX member and former ONC-PDX president Russ Pascoe and Courtney Wilton will show photos from several of their river running and camping trips in the northwest and southwest. Trips will include the Colorado River through the Grand Canyon which Courtney and Russ have traveled together several times. We will also look at some of the classic runs such as the Forks of the Salmon and Selway in Idaho and Oregon's Rogue River. Plan to see some of the best hiking and camping locations in the West that you cannot easily access on foot.

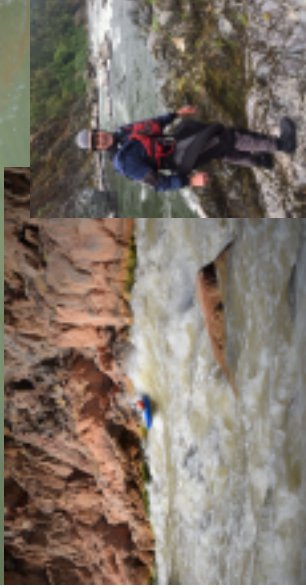


Monthly meeting:  
 Lucky Labrador Brewing Company (1945 NW Quimby St.) located between NW 20th Ave. and NW 19 Ave. in Northwest Portland.



**Oregon Nordic Club, Inc., Portland Chapter**  
**P.O. Box 3906**  
**Portland, OR 97208-3906**

**Lucky Labrador  
 Brewing Company**  
 1945 NW Quimby St.  
**Tuesday, September 3**  
**6:30 p.m. Social Hour**  
**7:30 p.m. Program**  
 Food/Beverages available \$



## Upcoming programs

**October 1-ONC-PDX Overnight Trip Extravaganza**  
**November 5-TBD**



Oregon Nordic Club  
**PORTLAND**  
**CHAPTER**