



Mt. Adams trail tending finds snow

On May 15 our gallant group of four headed to Trout

Lake in Washington to work on the Atkisson Sno-Park Ski Trails. The Forest Service this last year started grooming the Ice Caves Loop and wants to expand the grooming to the north. With a new power-limbing tool in hand we limbed and brushed 1.7 miles of road/ski trail. The gravel road was bare and drivable until the last quarter mile. It was a perfect day to work in the forest with cloud cover and wild flowers blooming along the road. We didn't have any mist until the last hour of trail tending. It was great to have Richard Crimi, Amie Evans, and John Maroney along to get the job done. It will be nice to have additional easy groomed skiing available in the Trout Lake area. When the snow comes next year, go check it out, here is some wonderful old growth forest to see!



Ken Wenzel

Join us this month on two trail tending parties: June 5 to work on the Teacup Tie Trail and June 22 on the Mud Ridge and Lost Man Trails in the Trillium Lake basin.

Ken Wenzel, *Trail Tending Coordinator*

New member spotlight: Amie Evans



Many Nordic skiers would agree that Nordic skiing

gives us freedom, freedom from long, chairlift lines; freedom from crowded hills; freedom from high ticket prices. For Amie Evans, a new member of the Portland Chapter, Nordic skiing is one way of celebrating her freedom as her nest at home starts to empty out with one child in college, another in high school. A downhill skier as well as a martial arts expert, a runner, and a bicyclist, Amie's introduction to Nordic skiing began like this: "I was at Timberline Lodge one Saturday in the winter of 2014 because my daughter had joined the St. Mary's High School Ski Club and had a race. While waiting for the race to be finished, I went for a short walk (toward the summit) and there I saw

someone climbing the hill with skis on his back and skiing down the hill a little after. There was something different and free about someone climbing up the snowy mountain hill (later I have learned that it's called Alpine Touring and couldn't help wanting to find out more). After some research, I was able to schedule a lesson with Shelly from Wy'East Nordic to begin classic skiing on groomed trails for a couple of winters. Once my daughter left home for college, I was finally ready for backcountry cross-country skiing, which I have been seeking—the real freedom on skis. I was seeking safe opportunities to ski with other skiers for off the tracks, day trips, and overnight trips. This was when I found the Nordic Club website on Google, so I joined."

Since joining, she has been on club trips to Crater Lake and Sunriver, among others, all of which she says have been equally wonderful for skiing and making new friends. Amie added, "One of the reasons that I love outdoor activities is making me feel alive when I am in nature, especially in the continued on page 3

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Ted Scheinman

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EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as an attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment. **Corrections:** email corrections and/or additions to the editor.

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P.O. Box 3906
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U P C O M I N G E V E N T S

June 1 ▶ SATURDAY

National Trails Day

9:00 a.m. – 12:00 p.m. Help clean up a trail or volunteering at a trail service project on National Trails Day®. Check website for various locations.
Info: americanhiking.org/national-trails-day/find-an-event

June 5 ▶ WEDNESDAY

Discover Portland's Urban Trails

6:30 p.m. – 8:00 p.m. Tualatin REI.
Info/sign-up: rei.com/learn.html

Hike Your Own PCT Adventure

6:30 p.m. – 8:30 p.m. Portland REI
Info/sign-up: rei.com/learn.html

June 6 ▶ THURSDAY

Discover Portland's Urban Trails

6:30 p.m. – 8:00 p.m. Clackamas REI.
Info/sign-up: rei.com/learn.html

Future NW Trails: The Salmonberry & Council Creek Trail

6:30 p.m. – 8:30 p.m. Portland REI
Info/sign-up: rei.com/learn.html

June 8 ▶ SATURDAY

National Get Outdoors Day and Brigade Encampment

10:00 a.m. – 3:00 p.m. Fort Vancouver National Historic Site, E 5th St., Vancouver, WA. Free! Event that brings together over 35 land management agencies, non-profits, and outdoor-based businesses to introduce the public to fun outdoor activities. Booths and food vendors.
Info: nationalparks.org/connect/blog/get-outdoors-day

June 10 ▶ MONDAY

Road Cycling Basics

6:30 p.m. – 8:00 p.m. Clackamas REI.
Info/sign-up: rei.com/learn.html

June 12 ▶ WEDNESDAY

Preparing for the Unexpected –

Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Tualatin REI.
Info/sign-up: rei.com/learn.html

Backpacking the Eagle Cap Wilderness

6:30 p.m. – 8:00 p.m. Tualatin REI.
Info/sign-up: rei.com/learn.html

June 22 ▶ SATURDAY

It's a Blast: Summer on the Mountain Series

11:00 a.m. – 6:00 p.m. Mount St. Helens Science and Learning Center, WA. Free!
Volcano exploration and fun for everyone. Guided hikes and strolls, science geo-caching, volcano arts and crafts, the explosive Trashcano and so much more. Guided Winds of Change Trail walk will be on the hour every hour. Guide Hummocks Trail hike in the afternoon. Trashcano demonstrations and science activities all day. Snacks will be available for purchase.
Info: mshinstitute.org/about_us/events/overview.html

June 26 ▶ WEDNESDAY

Backpacking the Eagle Cap Wilderness

6:30 p.m. – 8:00 p.m. Tualatin REI.
Info/sign-up: rei.com/learn.html

Hike Your Own PCT Adventure

6:30 p.m. – 8:30 p.m. Portland REI
Info/sign-up: rei.com/learn.html

Clinics and Training

Dec 5–14 ▶ THURSDAY–SUNDAY (Tentative dates)

2019 Oregon Fall Camp Mt. Bachelor, OR

Morning sessions on snow, groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more!
Registration opens my mid-July
Info: xcoregon.org/oregon-spring-camp

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 6)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

This last Thursday we had our monthly

board meeting. A couple of things I want to bring up to our membership that are important to know. We need to increase our dues slightly. It will be \$30 for a single and \$40 for a family an increase of a few dollars. Some people if they looked at the different chapters of ONC would notice that ONC-PDX is one of the most expensive ONC chapters in the state. But we also give you the most for your buck. We publish a monthly newsletter, we have monthly programs, and tend the trails, all of these programs cost money. We also rent a venue for meetings, provide quality AV equipment, and insurance covering the club. Costs for these have increased.

If you have ever thought you would be interested in becoming a trip leader, please read on. This year, on a trial basis, we are offering a co-leader discount to people interested in leading a trip and want to learn what it takes. By working with a trip leader to learn what to do before, during and after a trip. To be eligible you must not have previously been a leader with the club. The responsibilities are to assist the leader in the planning the trip, help lead activities, make alternate plans when weather or other circumstances require it during the trip, and post trip reporting. In exchange you would get a 50% discount on the trip cost. This is offered as way that ONC-PDX is trying to develop more trip leaders to expand our trip options making more trips available to our members. Hopefully the co-leader would lead a trip the following year. If you are interested please contact the Over Night Trip Committee at oncpdx.ontrip@gmail.com right away. The offer is first come/first serve subject to availability.

Enjoy the trails and summer!

◆
Ken Wenzel, *President*

Columbia employee store Columbia Sportswear employee store is

open to current ONC-PDX members until June 16 and the store hours are 10:00 a.m. to 8:00 p.m., Monday through Sunday. Prices are 40-50% off regular retail prices. Bring the invite that was linked with your e-newsletter (also available on our website under "Membership" then under "Membership Benefits" at the bottom of the page) or show it on your mobile devices, your membership card, and photo ID. You welcome to bring four guests with you. Their employee store is located at 14100 NW Science Park Dr. ◆

New member spotlight: Amie Evans continued from page 1

mountains. It wakes my soul up and puts me in present in a timeless zone."

Amie's skiing experiences began at age 18, when she left her native South Korea to attend college in the U.S. She still considers Lake Tahoe as her favorite skiing area, the place where she learned to ski. "I love being able to just wear short sleeves there" for spring skiing.

Yes, Amie enjoys a variety of interests. Martial arts were her passion in her teenage years, and continuing until she had children. With a black belt in Tae Kwon Do and Kendo (Japanese fencing), Amie says with a wink that, "Now my most effective method of self defense is running away, which I practice a few times a week to stay healthy."

Amie also belongs to the Portland Velo Club, and as with skiing, hopes to pursue even more of her love of cycling once her son leaves for college next year.

Truly a Renaissance personality, Amie spent a lot of time in the past with taking and even developing black and white photography. Digital photography has taken center stage temporarily in her photography life, but Amie plans to take up darkroom work once again. "I kept all of my equipment," she says.

Rounding out her activities is a keen interest in traveling overseas and experiencing a variety of food and cultures.

Amie's family also includes her husband of 20 years. They relocated from the Silicon Valley 17 years ago, seeking a greener place in which to raise their children.

Meeting Amie, one is struck by her brilliant smile, her energy, her warmth. She would be the last person to take herself too seriously. Consider this story of her first day skiing as proof:

"The first time when I went skiing, my girlfriends and I couldn't afford to take a ski lesson. (We had) just enough money for rentals and lift tickets so we watched and just went. (I am) remembering struggling with the ski lift over and over, not with skiing. (I recall) Not learning an efficient way (of) slowing down in downhill skiing: My friends and I just headed downhill, but away from each other to avoid any collision."

Writer's Note: If you are a newer member of the Portland Chapter of ONC, or know of a newer member, and would like to share your story in a future New Member Spotlight, please contact Christine Bierman at sisu1956@gmail.com, 971.325.2874 (phone or text). Thank you!

◆
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Oregon Nordic Club
Portland Chapter
(ONC-PDX) is one of 11
Chapters of the ONC state
organization, Oregon
Nordic Club (ONC).
ONC-PDX: onc-pdx.org
ONC: onc.org

DAY TOUR OVERVIEW RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

What to Bring

Let's start with the *10 Essentials*. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: onc-pdx.org/resources/wear/ For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

Carpooling

Lack of snow worthy vehicles is a growing issue for the club and board is reviewing options to change our policy. The ONC-PDX carpool policy is: Each passenger contributes 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile. Typical carpool cost per

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NORDIC ISSUES/NEWS

Mt. Hood NF

Timberline Bike Park The Timberline Bike Park is continuing construction of Phase 2 of the project. The opening of the park is expected to be in August. Info: timberlinelodge.com/mountain/bike-park

Deschutes NF

Seasonal limited entry permits at Wilderness trailheads The Forest Services's Central Cascades Wilderness Strategies 2017 resolved to require entry permits. A seasonal limited entry permit system will be implemented within the Mt. Jefferson, Mt. Washington, and Three Sisters Wilderness areas at 19 trailheads for day use and at all trailheads for overnight use; free self-issue permits would continue to be required at the remainder of the trailheads. There would be no limited entry permit system in Diamond Peak or Waldo Lake Wildernesses. There would be an elevation campfire ban at 5,700 feet for the same three Wildernesses, and 6,000 feet for Diamond Peak Wilderness. A number of site-specific restrictions, such as camping setbacks, are also included. The decision also includes an Adaptive Management Plan, which provides a means to modify the permit system in the future as needed, based on monitoring data. The expected implementation will be June 2020. Info: fs.usda.gov/project/?project=50578

Gifford Pinchot NF

Ice Caves Loop Forest Service will be grooming the 4.1-mile Ice Caves Loop out of Atkisson Sno-Park near Trout Lake. Map: fs.usda.gov/Internet/FSE_DOCUMENTS/fseprd568496.pdf

Susan Watt, *Nordic Issues* Pam Rigor, *Editor*

Portland Sunday Parkways

Join other cyclist for family-friendly, car-free bicycling in Portland this summer! Portland's Department of Transportation is hosting these free events through September.

North Portland (9.5 miles)

June 30, 11:00 a.m. – 4:00 p.m.

Outer Northeast Portland (4.8 miles)

July 21, 11:00 a.m. – 4:00 p.m.

Green Loop (Downtown/Inner SE) PDX (7 miles)

August 25, 11:00 a.m. – 4:00 p.m.

Northeast Portland (7.6 miles)

September 22, 11:00 a.m. – 4:00 p.m.

portlandoregon.gov/transportation/58929

Trail Tending

Set aside a day to work on the ski trails.

Help improve our winter trails. Volunteer for to join one or lead one of these trail tending parties. To sign up or info contact: Ken Wenzel 503.297.2958 (h) 503.729.6571 (cell) skiwenzel@hotmail.com

What to bring: Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt, and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

June 5, Wed, Trail Tending Party

Teacup Tie Trail, Teacup Lake, Mt. Hood

See day tours schedule for details

June 22, Sun, Trail Tending Party

Mud Ridge and Lost Man Trails, Mt. Hood

See day tours schedule for details

July 12–14, Fri–Sun, Trail Tending Party—Campout Bandit Springs and Walton Lake Trails , Ochoco Mountains, OR

We'll be limbing, posting blue diamonds, brushing and posting signs. The location is 30 miles east of Prineville and we'll carpool from Portland.

July 22, Sat, Trail Tending Party

Pocket Creek and Meadow Trail, Mt. Hood, OR

We'll be limbing and posting blue diamonds.

August 3–4, Sat–Sun, Trail Tending Party—Campout June Lake Trail and Kalama Trail, Mt. St. Helens, Southside, WA

We'll be brushing, limbing and posting blue diamonds.

VOLUNTEER OPPORTUNITIES

Contact Ken Wenzel to volunteer.

Leadership Training Help us increase the number of day tour and overnight trip leaders.

Publicity/Articles Are you a writer, help with articles on cross-country skiing.

Day Tours Lead spring, summer, and or fall day tours (hikes or bike tours). And season ski tours. Contact the day tours committee and help build the day tours schedule.

Trail Tending Work on the winter trails.

Tilly Jane Help with the A-Frame and/or Guard Station Cabins. Info: reservations@tillyjanecabins.org

Board Member Some seats open every year in April. It's a great way to get involved with the club. ♦

DAY TOURS

Note: if weather or road conditions are dangerous, please contact the tour leader.

More tours may be listed here:

- ◆ onc-pdx.org/activities/day-tours
- ◆ onc-pdx.org/forums
- ◆ meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as “dog tours”

June 5, Wed, Trail Tending Party Teacup Tie Trail, Teacup Lake, Mt. Hood, OR

Come out and help us on work on the Teacup Tie and the Meadow Creek Trails. We will be limbing and brushing along with putting put some blue diamonds trail markers. Please wear hiking boots, bring gloves and eye protection, water, and lunch, also maybe a rain coat. We will leave Troutdale about 8:00 a.m. and return about 4:00 p.m.

For more info and to RSVP contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com

June 22, Sun, Trail Tending Party Mud Ridge and Lost Man Trails, Trillium Lake basin, Mt. Hood, OR

We'll be limbing and posting blue diamonds. **For more info and to RSVP contact the leader: Ken Wenzel 503.729.6571 (call or text) skiwenzel@hotmail.com** ◆

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Lead a day tour

Join the ONC-PDX tour leader team...

Lead your ONC-PDX friends on a hike or bike. Submit tour descriptions with the Day Tour Input Form (on our website click on “Activities and Events” then click on “Day Tours”) or send an email with the tour description (by June 14, 8 p.m. for the July newsletter) to oncdaytours@gmail.com. Last minute tours can be posted on the website and, if you wish on Meetup. New to leading? Contact us for more info? ◆

Laurel Dickie, Scott Diamond, Barbara Hayman, *Day Tours' Committee*

OVERNIGHT TRIPS

Please read overnight trip policies before signing up for overnight trips: onc-pdx.org/activities/trip-policies/overnight-trip-policies

July 8–12, Mon–Fri, All Levels Bicycle Vancouver Island Bike Trip, Canada

Enjoy Biking Vancouver Island! This year, the famous annual summer bike trip will be held July 8–14, after the July 4th crowds have departed. We are going to Victoria, Canada! Plans are to drive to Port Angeles early on Monday, July 8, take the 12:15 p.m. ferry to Victoria with only our bicycles.

After we ride our bikes the short distance to our two houses near Oak Bay, we will spend the next four days riding bicycles on Vancouver Island—The Galloping Goose Trail, the Lochside Trail, the Interurban Rail Trail, Butchart Gardens, and more. We will stay in two houses that have a total of four

Ted Scheinman



queen beds (two persons per bed), and six single beds. Eating meals is available in the houses or we can enjoy the wonderful dining in Victoria. We may have some potlucks in the fully furnished kitchens. We will divide into several groups depending on skill levels, endurance, and interests. Then on Friday, we will take the 10:30 a.m. ferry back to Port Angeles and drive back to Portland.

Trip limit: 14 participants include leader.

Cost: \$175/member, per person. Includes four nights lodging. Not included, food and the ferry from Port Angeles to Victoria costs, approximately \$51 per person and bicycle roundtrip.

Sign-ups on the ONC-PDX website now (preferred) or send an ONC-PDX overnight trip application and a check payable to ONC-PDX for \$175 to Ted Scheinman, 36 SW Brugger St., Portland, OR 97219.

For more info contact the trip leader: Ted Scheinman 503.452.7432 tedskier@gmail.com ◆

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person for Mt. Hood is \$18 for Government camp to \$25 to Teacup (via Hood River). Please respect this policy by paying your drivers prior to their prompting.

Dogs

Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

FS Dog Policy

Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR/TRIP RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.

Novice Ski

2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as possible.

Easy

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

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cont. from sidebar page 5

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate

Ski: 6–12 miles.

Terrain flat to long hills that are no steeper than found on a road

(maximum 10 degrees).

Moderate pace. Trail turning skills required, if there are hills.

Consult tour/trip description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour

Ski: > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR

ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

■ First aid kit ■ Matches continued on sidebar on p. 7

Summer Overnight trips

Would you like to lead a club backpacking, biking or any other overnight trip this summer?

If you attended the winter trip planning meeting, you may be ready to take the lead, if not contact the overnight trip committee. Make your summer plans now!

Leading an ONC-PDX overnight trip comes with privileges. The leader goes for free and you get an ONC-PDX T-shirt as well as the opportunity to spend time with great people!

Ask the overnight trip committee for info oncpx.ontrip@gmail.com. More info and required forms can be download from the resources for trip leaders on the website: onc-pdx.org/activities/overnight-trips. ♦

ONC-PDX MEMBER BENEFITS

Columbia Sportswear 911 SW Broadway—15% discount on purchases. Access to Columbia Sportswear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. columbia.com

Mountain Hardwear 722 SW Taylor Street—15% discount on purchases. Current membership card required. mountainhardwear.com

Mt. Hood Outfitters 88661 East Government Camp Loop, Government Camp, OR. 25% off rentals and tours. Current membership card required. mthoodoutfitters.com

The Mountain Shop 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Next Adventure 426 SE Grand Ave., 15% discount at Next Adventure for ONC-PDX members, current club membership card required. nextadventure.net

Oregon Mountain Community 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Jupiter Hotel PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off online booking.

Welcome new members! Samuel, Lenna, Lola and Lenna Cope, and Jason Spieth and Amity Mead

May membership report: 360 total memberships (247 single and 108 family), includes 2 new membership. Last year at this time there were 315 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX April 22 Board Meeting at the MMC

Board Members Present: Ken Wenzel, Bill Neuman, Mary Bourret, Ken Wenzel, Laurel Dickie, Ted Scheinman. March minutes have been approved.

Treasurer's Report: Overnight trips netted around 3% profit. Small losses were for Anthony Lakes (because it was cancelled). Ted has suggestions for the improvement for the ONT spreadsheet's workability, especially as it involves large or complex trips. ONT will be reported to revamping the forms. To date (March) we're about 27k in the black, thanks to Tilly Jane fundraising activities.

Tilly Jane: Fundraiser Update This fundraiser had a goal of \$39k. This event raised \$18,636 leaving \$17,364 remaining to raise for the complete restoration funding goal. It's not too late to donate - just \$12 from each member could easily meet this goal. Phase IV of the restoration is planned for summer 2019 which André F is currently working on. ■ As the bond is coming due for the Tilly Jane complex, Ken W. feels we should choose the time to continued on page 7

coincide with our contract with the forest service. The current \$5000 bond will only cover clean-up of the ashes if one structure burns down.

Nordic Issues: The Forest Service in Trout Lake is grooming the Ice Caves Loop. We should schedule a day tour in that area.

Publicity: Christine Bierman is willing to be Facebook manager.

Programs: Ron Becky has reserved July 9 for the annual picnic in Laurelhurst Park.

New Business

Annual State Meeting: ONC State board meeting minutes are posted on the State website. There were 93 people who skied and raised \$510 in donations. ■ John Day award went to a skier in southern Oregon who got involved in Ashland Nordic. ■ Last year the state was in the red so this meeting raised the State dues from \$7.50 to \$10. Officers were elected. ■ Next year John Craig will take place March 21 and annual meeting March 22. There was a concern about having EMT personnel on hand. There are members in Bend who may be available to be on hand for this event. ■ Mary B would like ONC-PDX to ask volunteers to be available for 3 state meetings (2 on the phone and one in person). Meetings held in November and January. ■ The gorge chapter had their annual meeting, but as of this time we don't know if they're still an active group. ■ There is an enthusiastic member who would like to start a Camp Sherman chapter.

ONC-PDX Dues: Should we raise dues?

Membership: Teacup Chapter might be willing to include a trail pass coupon as part of ONC-PDX membership if we wished, as an added member benefit. We'll ask Membership Committee to investigate. ■ Nick A. is looking into updating the database before giving access to the Membership Committee. ■ Ted suggests this discussion be part of the board retreat. Are we raising enough money with our overnight trips that we don't need to raise dues? According to the Treasurer, no. ONC-PDX has the highest dues because of meeting place rental and printed newsletter.

Mary B suggests we look 5 years out to see what the benefits could be with the additional monies from increased dues. How about define what benefits come with membership rather than trying to recruit more members. Lets invite membership committee members to join us on this retreat discussion.

Miscellaneous: Ken Barker is looking for guides to help with his business part-time. Ken W. is concerned if we promote this are we tied in with his business. Mary B suggests Ken B write an article in the newsletter, post on the forum or write an ad and include a disclaimer.

Bylaws change: Mary B feels we should change the bylaws to increase time on finding candidates for elections. This was a concern of this year's Election Committeeperson.

Board Retreat dates: early August and possibly a weekday. Ken W will attend the Ski Club Council meeting April 23.

Next Board meeting: TBA (maybe May 10) at Cedar Mill Library to accommodate Board members who mostly live in the area. May 10 or 14 could be the next meeting? Mary B will check with Tere E. who must be to work by the afternoons.

◆
Laurel Dickie, Secretary

cont. from sidebar page 6
(in waterproof case) and fire starter ■ Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivvy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sun-glasses, lip balm and sun screen ■ Foam sit pad
Biking Essentials
■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

CLASSIFIED ADS

FREE: ► **Ski Wax** Klister ski wax, 2 blues, a violet, and a red, plus plastic application tool. Free.
Robert 541.740.4705 6/19

FOR SALE: ► **Ski Boots** Rossignol BC X6 Backcountry Nordic Boots, size 40. Like new, used twice. \$150
Sarah 707.495.9663 6/19

FREE: ► **Ski Boots** Men's Fischer SNS Profil boots, size 8.5/9.0, adv. Beg. to Intermediate grade. Very good condition. Free to good home. Bill Neuman 503.645.6547

FOR SALE: ► **2007 Subaru Outback** Almost 200,000 gentle miles, but meticulously maintained (service records available). This car has transported many of you on ski trips I have led!
\$3,900, obo. Ted tedskier@gmail.com 503.452.7432 6/19

FOR SALE: ► **Skis** Silent Spider backcountry, 189 cm, with NNN BC bindings. These skis are too short for me (or rather I am too heavy for them!). Great for climbing and backcountry skiing.
\$110, obo. Ted tedskier@gmail.com 503.452.7432 6/19

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: **oncnewsletter@gmail.com as attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

No meeting or program in June

**Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906**



Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.

Upcoming programs

July 9 – ONC-PDX Annual Picnic



Oregon Nordic Club
PORTLAND
CHAPTER

