

# Crater Lake group makes it to the rim

**Fifty-two ONC-PDX skiers were treated to a wonderful March weekend of skiing and snowshoeing at Crater Lake.**

The huge snowfall the week before closed many of the roads in the area, including the main road to the rim. But this snag in the plans did not deter the group.

On Saturday, Ranger Dave conducted a several hour interpretive snowshoe hike to the rim with views of the lake for almost half of the group, while nine determined skiers made it to the top to also enjoy the lake views and most of the rest broke trail in deep snow towards Sun Notch, some making the ten-mile round trip ski all under sunny skies.

After a gourmet dinner at Prospect Inn (prime rib, salmon, and veggie lasagna), on Saturday night, about thirty participants headed to the trophy room next door for a prearranged band for dancing, shuffleboard, and pool.

Sunday, sub-groups skied and snowshoed to the rim, while others used the perfect ski trail towards Sun Notch. Instructors Shelley and David Hakenson (from Wy-East Nordic) gave ski pointers to those who wanted helpful ski tips, again under warm and sunny skies.

Everyone relaxed on the charter bus back to Portland, to end a long weekend of perfect skiing and snowshoeing. As leader, at the end of the trip, I slept well that night.

*Ted Scheinman, Trip Leader*



Donella Russell

# “Oh-choke-ohs” says the GPS

**Four of us went on Ochoco trip three in two cars guided by GPS systems who**

pronounced the area “Oh-choke-ohs.” We giggled about it each time we saw the signs in the area. Arriving on Sunday afternoon we decided to drive up to Walton Lake for an afternoon quick ramble. The (so called) plowed road was more like a luge run with no room to turn back or pull to the side, if we met traffic in the opposite direction. Upon arriving in the sno-park there was plenty of sun and sparkling snow. Since the snow was a little sticky our trek on the Lake Trail was thwarted. Sadly we headed back to the car. Two of us took a wrong turn and got lost on part of the snowmobile trail (it was really more practice miles for Norway). Monday the road was plowed so we returned to the sno-park, where we were the only ones there all day in beautiful sunshine. We covered a nine miles making a figure-eight on the Lake and Corral Trails (alas, no wild horses).

Monday night was the designated Chocolate Extravaganza (oh! Choco) this leader proposed for all who signed up for the trip. The team pulled it together with chocolate stout, p-nut butter chocolate fudge balls, honey mama chocolate bars, fudgy s’mores brownies, and chocolate cupcakes with cherry sauce. The overnight tours are all about the food, right?

Tuesday we headed to the Bandit Springs area where we did exploring because of infrequent blue diamonds. We skied six miles, finding a nice sunny hillside for lunch.

Thank you Mary B, for breaking trail a majority of the time. Thanks Richard, for being the navigator with the downloaded trail maps. Thanks Carla, for being moral support behind me as I schlepped my (huge) pack as practice for Norway.

*Laurel Dickie, Trip Leader*

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Ski Ski Ski
- Overnight Trips**  
**Spaces available:**  
Tilly Jane A-Frame and Guard Station
- 7 Classified Ads**



Tilly Jane A-Frame and Guard Station trips, see page 5

Ken Wenzel

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## EDITORIAL NOTES

**The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.**

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as an attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment. **Corrections:** email corrections and/or additions to the editor.

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P.O. Box 3906  
Portland, OR 97208

# U P C O M I N G E V E N T S

## April 2 ▶ TUESDAY

**The Magic of Madagascar**  
ONC-PDX monthly program  
7:30 p.m. – 9:00 p.m. (After ONC-PDX Annual Membership Meeting). Lucky Lab, 1945 NW Quimby St.



## April 3 ▶ WEDNESDAY

**Discover Portland's Urban Trails**  
6:30 p.m. – 8:00 p.m. Hillsboro REI.  
Info/sign-up: rei.com/learn.html

## April 5 ▶ FRIDAY

**The Up North Loop: 2,600 miles through the inland Northwest**  
7:00 p.m. – 9:00 p.m. Mt. Shop, 1510 NE 37th Ave.  
Free! Info: mountainshop.net/community/calendar

## Woman's First Aid Essentials: What's in your kit?

6:30 p.m. – 8:30 p.m. Portland REI.  
Info/sign-up: rei.com/learn.html

## April 5–7 ▶ FRI–SUN

**Bannff Mountain Film Festival**  
7:00 p.m. – 9:30 p.m. Cinema 21, 704 NW 21st Ave. \$20  
Ticket available at REI stores. Doors open at 6:00 p.m.  
Proceeds benefit Adventures Without Limits

## April 6 ▶ SATURDAY

**Wy'Easter Ski Mountaineering Race #2**  
9:00 a.m. – 5:00 p.m., Skibowl. Pre-registration \$35 til April 4, day-of registration \$45. An introduction into the world of Ski Mountaineering (ski-mo) racing. Food, beverages, raffle, and prizes. Info: mountainshop.net/community/calendar  
Fundraiser for Northwest Avalanche Center

## April 7 ▶ SUNDAY

**Community Cycling Center Bike Drive**  
10:00 a.m. – 3:00 p.m. REI stores  
Donate your bike (in good condition); help the

Community Cycling Center broaden access to bicycling and its benefits. Donated bikes are refurbish and used for bike safety education programs for under-served youth and adults or sold and proceeds benefit the program. Donors will receive REI coupon and other incentives. Info: rei.com/learn.html communitycyclingcenter.org

## April 10 ▶ WEDNESDAY

**Camino de Santiago: A walk across Spain**  
6:30 p.m. – 8:30 p.m. Tualatin REI.  
Info/sign-up: rei.com/learn.html

## Prepare for the Unexpected: Urban Emergency Preparedness

6:30 p.m. – 8:00 p.m. Hillsboro REI.  
Info/sign-up: rei.com/learn.html

## April 15 ▶ MONDAY

**Discover Portland's Urban Trails**  
6:30 p.m. – 8:00 p.m. Portland REI.  
Info/sign-up: rei.com/learn.html

## April 20 ▶ SATURDAY

**Wy'Easter Ski Mountaineering Race #3**  
9:00 a.m. – 5:00 p.m., This first of a three-part series will be hosted at Timberline Lodge. Pre-registration \$35 til April 18, day-of registration \$50. An introduction into the world of Ski Mountaineering (ski-mo) racing. Food, beverages, raffle, and prizes. Info: mountainshop.net/community/calendar  
Fundraiser for Northwest Avalanche Center

## Clinics and Training

### April 11–14 ▶ THURSDAY–SUNDAY 2019 Oregon Spring Camp Mt. Bachelor, OR

Morning sessions on snow, groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more!  
Info: xcoregon.org/oregon-spring-camp

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 4)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: [oncmembership@gmail.com](mailto:oncmembership@gmail.com)

## ONC-PDX BOARD SKI TRACKS

### Why I served on the ONC-PDX board

Five years ago I retired and moved back to Portland from Salem, where my work kept me far too long. Returning to a more active life, I searched Meetup for opportunities and found the Portland Nordic club (ONC-PDX Meetup group) that winter. I was quickly impressed with the opportunities it offered, particularly as I was unfamiliar with area skiing trails and didn't feel comfortable venturing out alone. The club provided an economical and enjoyable way to get back into Nordic skiing.

As I had worked in the nonprofit sector for forty years, I knew that finding and keeping an involved membership, especially as committee chairs and board members, was critical (and sometimes difficult). The long history of the Nordic club attested to the volunteer efforts essential to a quality organization and so I soon volunteered to serve on the board, thinking that my years working with and for nonprofits could be useful.

The ONC-PDX board has made some significant improvements in our recent past, including: A major upgrading of the website (thanks to Bill Yaeger who passed away last year) and a smooth transition from Bill to Nick Appelmans and Richard Crimi; also the addition of board elections to electronic from paper; transitioning the arranging of overnight trips from Ted Scheinman, who single handled this herculean undertaking for many years, to a committee (now ably led by Sam Digard); major physical improvements to the Tilly Jane A-Frame (thanks to

Andrè Fortin, whose efforts likely saved this one-of-a-kind jewel from decay and demolition); improvements in member training (thanks to Scott Diamond and others); revising and improving our bylaws (kudos to Mary Bourret); creation of a membership committee and securing additional member benefits (Ted Scheinman); and creating an internet sign up for overnight trips to eliminate the annual melee for physical signing up (which had generating many negative member comments over the years).

The club also kept up its usual good efforts in trail tending (thanks to Ken Wenzel and his volunteers), day trips (thanks Terry Owens, Laurel Dickie, Scott Diamond and others), interesting monthly meeting presentations (yay Ron Bekey), an increase in overnight trips (Sam and committee again), and the monthly publication of a professional newsletter due to the ongoing efforts of editor Pam Rigor.

My board tenure has been engaging and fun and I have continued to be impressed by the quality and quantity of the efforts the club's volunteers in keeping the ONC-PDX a vital and thriving club. Serving under three able and invested board presidents (Ann Truax, Mary Bourret, and Ken Wenzel) has made board service quite easy and informative. I sincerely encourage others to give it a try. If board membership doesn't appeal, there are many club opportunities that depend upon volunteers and they are all rewarding in their own ways. ♦

Tim Kral, Board Member

## Ochoco cabin trip two

### Seven ONC-PDX skiers enjoyed wonderful skiing and social activities, February 14-17. The

wintery drive over to the Ochoco Ranger Station foreshadowed the excellent snow condition, found at both the Walton Lake and Bandit Springs trail systems, where we skied eight and six miles respectively on Friday and Saturday, breaking trail the whole way. At Walton Lake, we skied the Corral Loop and Butterfield trails. At Bandit Springs, we skied the Ponderosa, McGinnis Creek, Easy, Ridge Climb, and Woodpecker trails. For the most part, the trails were easy to locate, using trail maps and a downloaded Gaia map. But, from time to time we did spread out in search of an elusive blue diamond. In addition to the excellent snow and comfortable accommodations, we were treated to views of wild horses wandering through the ranger station area each evening. If you have not done this trip before, you should put it on your list for an upcoming season. Participants: Paul Breed, Dolores Kueffler, Marty Pike, Steve and Shannon Planchon, Peggy Samolindki, and Donna Wiench.

Steve Planchon



Steve Planchon, Trip Leader

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Oregon Nordic Club  
Portland Chapter  
(ONC-PDX) is one of 11  
Chapters of the ONC state  
organization, Oregon  
Nordic Club (ONC).  
ONC-PDX: [onc-pdx.org](http://onc-pdx.org)  
ONC: [onc.org](http://onc.org)

## DAY TOUR OVERVIEW RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

### Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

### What to Bring

Let's start with the *10 Essentials*. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: [onc-pdx.org/resources/wear/](http://onc-pdx.org/resources/wear/) For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

### Carpooling

Lack of snow worthy vehicles is a growing issue for the club and board is reviewing options to change our policy. The ONC-PDX carpool policy is: Each passenger contributes 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Typical carpool cost per

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## NEWS FROM TILLY JANE

### I'd like to take the opportunity to say,

"thank you" to the club members who have helped keep the cabins going. Many of you have been at the work parties, which is always greatly appreciated since the cabins couldn't operate without your support—please keep it up. To those who have thought about coming, but have not yet joined a party, put it on your calendar for next time. I guarantee, they're a lot of fun, the work isn't as hard as you might think, and there's always some kind of payoff. The club and the cabins would cease to exist without volunteerism.

There is a smaller group of people who deserve a, "bigger thank you." You've answered the volunteer call and have donated to the capital fundraising campaign to rehabilitate sustaining the cabins for now and future generations to enjoy and use. We are entering the final stages of the campaign—expect it to wrap up this year.

We're currently sitting at \$175k of the \$214k funding goal! It's amazing that it will have taken just three years to complete the funding portion of the rehabilitation process. As a reminder, beyond the initial \$10k and the donation of the current wood stove, no further ONC-PDX funds have been used to support this work. The main funding source has come from cabin rentals, along with grants, fundraisers, and individual donations.

If you haven't donated, please do so now! Visit the ONC-PDX website and check out the Tilly Jane A-Frame drop down. Donations are tax deductible and it just makes you feel good to know that the cabin will be around for another 80 years.

Andrè Fortin, *Tilly Jane*

## NORDIC ISSUES/NEWS

### Deschutes NF

#### New mountain bike trails near Sunriver

The U.S. Forest Service will be building some new mountain bike trails on the northwest side of Sunriver. The new mountain bike trails will connect with Wanoga Sno-Park and the Cascades Lakes Welcome Station areas. This project in the Ryan Ranch Key Elk area (KEA) will increase undisturbed elk habitat, which they use both winter and summer. Some roads will be decommissioned and user trails will be removed. There will also be some new horse and horse/bike trails. There will be three information kiosks added too. Info: [fs.usda.gov/?project=53951](http://fs.usda.gov/?project=53951)

Susan Watt, *Nordic Issues* Pam Rigor, *Editor*

## Trail tending plans

### On February 26, I skied with Scott,

Susan, and Steve R. at Mt. St. Helens; we all concurred that the June Lake Trail needs some limbing and brushing, maybe a few of the other trails too.

I talked to Jim Thornton recently and we talked about a new trail maps being printed for the Pocket Creek area. We also discussed the possibility of adding some new trails to help with snowshoe dispersion in the Meadows Creek Trail area.

The East Leg Trail could stand some limbing and brushing.

Also there will be some more work on the Upper Pocket Creek Trail, brushing and limbing. I also brought up the fact that the ONC Central Oregon chapter is building snowshoe trails at the Meisner Sno-Park. My suggestion was that the White River area would be good for snowshoe trails since it has a large parking lot. Jim said a two-to-three miles for snowshoes would be about the right length of a trail. He will give some thought about a snowshoe trail in that area.

Ken Wenzel, *Trail Tending*

## ONC-PDX MEMBER BENEFITS

**Columbia Sportswear** 911 SW Broadway—15% discount on purchases. Access to Columbia Sportswear Employee store, 4100 NW Science Park Drive, several times a year, store has large discounts. Current membership card and Columbia flier required. [columbia.com](http://columbia.com)

**Mountain Hardware** 722 SW Taylor Street—15% discount on purchases. Current membership card required. [mountainhardware.com](http://mountainhardware.com)

**The Mountain Shop** 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

**Next Adventure** 426 SE Grand Ave., 15% discount at Next Adventure for ONC-PDX members, current club membership card required. [nextadventure.net](http://nextadventure.net)

**Oregon Mountain Community** 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto's Ski & Bike Shop** 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy'East Nordic** offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. [wyeastnordic.com](http://wyeastnordic.com)

**Jupiter Hotel** PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off online booking.

## DAY TOURS

**Note: if weather or road conditions are dangerous, please contact the tour leader.**

**More tours may be listed here:**

- ◆ [onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)
- ◆ [onc-pdx.org/forums](http://onc-pdx.org/forums)
- ◆ [meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)

**Note: dogs are only allowed on tours designated as “dog tours”**

### April 3, Wed, Intermediate Ski Location TBD Leader Needed

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, and to volunteer to lead this tour contact: Terry Owen 503.590.5825 [terryowen1@gmail.com](mailto:terryowen1@gmail.com).**

Note: an email is sent out on Sundays before the Wednesday tours; to be added to this Wednesday ski tour email list please send your email to Terry.

### April 4, Thur, Beginning to Advanced Ski Mt. Hood (Timberline) via the Mt. Hood Express Bus

Come join us for a Thursday ski tour. We have lots of options from groomed trails to Black Diamond, or backcountry. We'll take the bus so no worries about driving. **For more info, and how to catch the Mt. Hood Express Bus contact: John Heaton [john.heatonskier@gmail.com](mailto:john.heatonskier@gmail.com).**

### April 10, Wed, Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, and to volunteer to contact: Laurel Dickie 503.415.1922 [laureldickie@hotmail.com](mailto:laureldickie@hotmail.com)**

### April 13, Sat, Intermediate Ski Goat Marsh, Mt. St. Helens, WA

We'll ski approximately six to eight miles round-trip on moderate terrain from Redrock Pass Sno-Park. Bring lunch. Meet at Gateway Transit Center, SE corner parking structure for an 8:30 a.m. carpool departure. Please note; drivers will need WA Sno-Park Pass. **For more info and to confirm attendance, contact the leader: Mike Dianich 971.344.1021.**

### April 11, Thur, Beginning to Advanced Ski Mt. Hood (Timberline) via the Express Bus

Same as Thursday April 4 trip, see description above.

### April 18, Thur, Beginning to Advanced Ski Mt. Hood (Timberline) via the Express Bus

Same as Thursday April 4 trip, see description above.

### April 25, Thur, Beginning to Advanced Ski Mt. Hood (Timberline) via the Express Bus

Same as Thursday April 4 trip, see description above. ◆

## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under “Membership”) before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see side-bar p. 7)!
- ◆ Sign-up online
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full, join the wait list, call the trip leader for info. Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check [onc-pdx.org/resources/tripinsurance](http://onc-pdx.org/resources/tripinsurance)

### Apr 5–7, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

#### Spaces available

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS required. Climbing skins are required, too.

**Trip limit: 15 (max.) participants. Open to all ONC-PDX members and Tilly Jane (TJ) cabin volunteers.**

**Cost: Free (another club benefit). You must be an ONC-PDX member/ TJ volunteer before signing up.**

**Info contact: [reservations@tillyjanecabins.org](mailto:reservations@tillyjanecabins.org).**

### Apr 12–14, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

#### One space available

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are required, too.

**Trip limit: 4 participants, Open to ONC members, preference given to Tilly Jane (TJ) volunteers.**

**Cost: Free (another club benefit). You must be an ONC-PDX member/TJ volunteer to sign up.**

**Info contact: [reservations@tillyjanecabins.org](mailto:reservations@tillyjanecabins.org).** ◆

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person for Mt. Hood is \$18 for Government camp to \$25 to Teacup (via Hood River). Please respect this policy by paying your drivers prior to their prompting.

#### Dogs

Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

#### FS Dog Policy

Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

### TOUR/TRIP RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.

#### Novice Ski

2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as possible.

#### Easy

**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

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**Hike:** < 8 miles; 200 ft. per mile elevation gain.  
**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate**

**Ski:** 6–12 miles.  
Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour/trip description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced Tour**

**Ski:** > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

**TOUR ESSENTIALS**

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

**Skiing & Hiking Essentials**

■ First aid kit ■ Matches continued on sidebar on p. 7

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pdx.org then click on “Members Only” then on “Forms”) to the trip leader, including their signed waiver and release of liability as required by the club. 3. If a trip appears to be full during the registration process, applicants should contact the trip leader directly to: (i) confirm that the trip is actually full; and (ii) if full, to be placed on the trip wait list as cancellations are relatively common. 4. Trip leaders have the authority to not accept a trip participant application if the applicant does not appear to have the appropriate level of skiing ability for the trip; or (ii) bed availability does not match the a participant’s circumstances, e.g., the applicant will be traveling alone, does not want to share a bed, and only one double bed remains available, which is better suited for another couple that has applied for the trip. 5. Trip leaders, after consulting with the ONC-PDX Board and Overnight Trip Committee (OTC), may also deny a trip application based on an applicant’s behavior on previous ONC-PDX trips.

**Wait list procedures**

1. To be placed on a trip wait list, applicants must submit a completed trip application to the designated trip leader, along with a check for the full amount of the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. 2. Wait list checks will not be cashed until the wait list applicant has been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

**Trip Cancellation Policy**

1. Trip fees and deposits are non-refundable, unless the

trip leader is able to make a reasonable substitution for the canceling participants. 2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster. 3. If a wait list exists, the trip leader will determine whether wait-listed applicants can be reasonably substituted for the cancelling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter. 4. If the leader is able to make a reasonable substitution for the cancelling participant, the cancelling participant will receive a refund of amounts paid, minus \$10 for each participant associated with the cancellation. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as needed, to ensure the proper handling of the cancellation notice and refund request. 5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC.

**Travel Insurance** To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. Please see ([onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance)) for the current listing of some trip insurance companies.

**Policy and Procedure Waivers**

The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so. ♦

**Welcome new members!** New members from March will be listed next month.

**March membership report:** 356 total memberships (248 single and 108 family), includes 20 new memberships, 1 past member renewed. Last year at this time there were 311 memberships.

**BOARD MEETING MINUTES**

**Minutes of ONC-PDX February 26 Board Meeting at the MMC**

**Board members present:** Mary Bourret, Laurel Dickie, Ken Wenzel (via phone), Ted Scheinman, Bill Neuman

**Board member absent:** Tim Krahl **Guest:** Richard Crimi, Overnight Trips

January meeting minutes approved.

**Reports**

**Treasurer report:** Bill Neuman passed around the treasurer’s report. All is good.

**Tilly Jane:** The Lagunitas fundraiser planning is going well. It’s going to be huge with tons of amazing gear and prizes to be included within the silent auction/raffle drawing. I’m beginning to ramp up the event advertising efforts. I’ll be asking all the sponsors to include the poster on their websites, in their stores and social media outlets. Please help me by talking about it with club members and encourage them to attend. We’ve sold 50 tickets and have 130 remaining. I need to sell this event out! I wrote an article and passed it on to Pam for inclusion in the next newsletter.

■ The Forest Service form 299 was completed and sent to the FS for processing. As a reminder, they are requiring this form be completed and approved for all additional rehabilitation work that needs to be completed at the cabins. ■ It’s been a slightly slow rental season at the A-Frame event with all the great snow in Feb. The wood supply is doing great at the AF. Guard Station rentals continue to be strong but the wood supply is going fast. I may have to offer refunds to renters as I’m expecting the wood supply to be exhausted sometime in late March or early April. Tilly Jane fundraiser will be announced/reminded at the March 5 club meeting.

**ONC State Organization:** Annual State Meeting is on March 24. We need representation. The John Craig race is

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looking great with good snow and six people attending.

**Web Committee:** A tracking device has been set up to track software issues; 37 have been identified. A menu of the web pages has been created to see who is responsible for the page, how often updated, outdated pages, etc. The committee will eventually send this document to the board. A concern about privacy is underlying a need to have the public view remove personal info, remembering there is a member view, which is more secure. Ted asks whether the website has the capacity to have emails, because his personal email box is getting slammed. ■ Ted asks there be a type of "mail merge" to glean overnight trip participant's info from the web forms with accuracy. Richard will bring these issues to the web committee. ■ The committee will be looking at the trip sign up process. Mary feels the bigger issue currently is that there isn't anyone dealing with new members who have signed up via the web. ■ The web committee feels our webmaster, Clint Sykes, will be asked to help with larger projects. The board will be asked for approval for this in the future.

**Overnight Trip Committee:** Dale Lantham has been suggested to join the overnight committee. Richard feels the committee is functional as is. Mary B suggests perhaps Dale can be tasked with summer trips. Richard will bring it up to his committee.

**Membership Committee:** Will meet after this meeting. There will be new and existing committee members to figure out how to proceed going forward.

**Trail Tending Committee:** Last week Ken W. skied with Scott, Susan and Steve R. at Mt. St. Helens. We all concurred the June Lake Trail needs some limbing and brushing. And maybe a few of the other trails in that area. He talked to Ranger Jim Thornton about new trail maps being printed for Pocket Creek. We also talked about possible addition of new trails to help with snowshoe dispersion, in the Meadow Trail area. ■ The East Leg Trail and Upper Pocket Creek Trail could stand some limbing and brushing. Ken W. also brought up the fact ONC Central Oregon is building Snow Shoe Trails at Meisner Sno-Park. Ken's suggestion was to try this at White River since it has a large parking lot. Jim said a two to three mile trail for snowshoes is about the right distance. He'll think about it.

**OLD BUSINESS**

**Ski bus:** We had a slight loss on paper but there were some adjustments/underwriting by Ken Barker. Ken W. says the club subsidized the cost as part of the Club's 50 year anniversary. The sign up for the bus coincided with membership renewal/sign up so funds need to be considered separate. Until we know the actual cost we won't know how much to subsidize for next time. When looking very closely at the numbers, in actuality we lost \$150. Ken W. proposes to run 4 busses next year. Bill Neuman seconds this. We are unanimous on getting someone to do the ski bus and sponsor it again in 2020. We would like to get Teacup to help sponsor as well.

**NEW BUSINESS**

**Ski bus for 2020:** Ken W. proposes to run 4 busses next year. Bill Neuman seconds this. We are unanimous on getting someone to do the ski bus and sponsor it again in 2020. We would like to get Teacup to help sponsor as well.

**Next board meeting: Tuesday, April 23, 1:00 p.m.**

Laurel Dickie, Secretary

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(in waterproof case) and fire starter ■ Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivvy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sun-glasses, lip balm and sun screen ■ Foam sit pad  
**Biking Essentials**  
■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

**OVERNIGHT TRIP POLICIES**

**Trip Participation**

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.

2. Overnight trip sign-ups are done *online* at the club website: [oncpdx.org/activities](http://oncpdx.org/activities) then click on "Overnight Trips." The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed Overnight Trip Application ([onc-pdx.org](http://onc-pdx.org))

**CLASSIFIED ADS**

**FREE: ► Ski Wax** Klistor ski wax, 2 blues, a violet, and a red, plus plastic application tool. Free.

**Robert 541.740.4705** 6/19

**FOR SALE: ► Ski Boots** Rossignol BC X6 Backcountry Nordic Boots, size 40. Like new, used twice. \$150

**Sarah 707.495.9663** 6/19

**WANTED: ► NNN touring ski bindings** If the bindings are on old, broken or trashed skis that is fine, I'll remove them from the skis. **FREE: ► Skis** Kazama 180 cm older skis made in Japan, NNN-BC bindings. **Terry terryowen1@gmail.com** 4/19

**FOR SALE: ► Ski bindings** Rottefella BC-Magnum Bindings Used only a few times. Had to swap out for Soloman bindings. **\$30 Terry terryedelstein2@gmail.com** 4/19

**FOR SALE: ► Skis** Rossignol BC 90 159 cm skis with Rotafella NNN-BC bindings. Appropriate for a smaller/lighter skier. Versatile ski; slightly wider than a classic Nordic ski with some side cut which helps turning. Normal amount of wear and tear.

**\$100 Susan susniam@gmail.com** 4/19

**FREE: ► Ski Boots** Men's Fischer SNS Profil boots, size 8.5/9.0, adv. Beg. to Intermediate grade. Very good condition. Free to good home. **Bill Neuman 503.645.6547** 4/19

**FOR SALE: ► 2007 Subaru Outback** Almost 200,000 gentle miles, but meticulously maintained (service records available). This car has transported many of you on ski trips I have led!

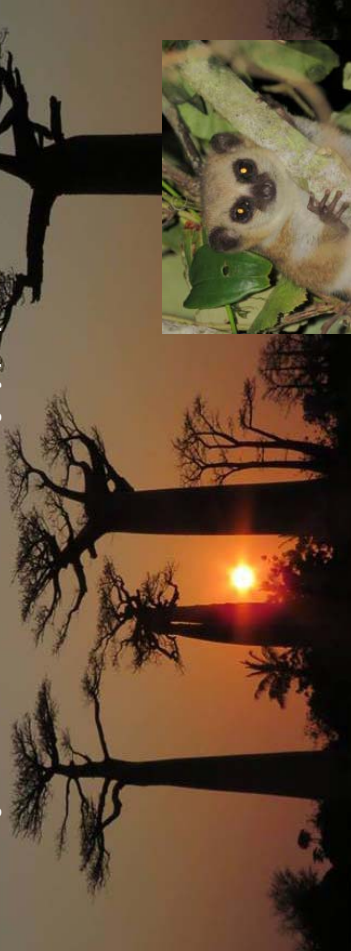
**\$3,900, obo. Ted tedskier@gmail.com 503.452.7432** 6/19

**FOR SALE: ► Skis** Silent Spider backcountry, 189 cm, with NNN BC bindings. These skis are too short for me (or rather I am too heavy for them!). Great for climbing and backcountry skiing. **\$110, obo. Ted tedskier@gmail.com 503.452.7432** 6/19

**Deadline: 15th of the month** (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

# The Magic of Madagascar

Join us for a multimedia adventure in Madagascar! ONC-PDX members Ron Bekey and Ramona Holmes will share their adventures from a three-week tour of this large, isolated island in Fall of 2018. They travel by foot, car, and boat to remote areas of the island and took a close look at unusual animals like lemurs, chameleons, and zebu. They visited the fascinating baobabs, experienced local music and dancing, and explored caves, canyons, and amazing rock formations. They also learned about the challenges and environmental issues the Malagasy people face.



**Lucky Labrador Brewing Company**  
1945 NW Quimby St.  
Tuesday, April 2  
6:30 p.m. Social Hour with pizza provided by ONC-PDX  
7:30 p.m. Annual Membership Meeting and board election ratification followed by  
**The Magic of Madagascar**  
Beverages available \$

Door prize: Pick up a ticket at the meeting for the drawing—you must be present to win.

## Upcoming programs

**May 7—Ever Wild: A Lifetime on Mount Adams by Darryl Lloyd**  
**June – No Program**

Monthly meeting:  
Lucky Labrador Brewing Company (1945 NW Quimby St.)  
located between NW 20th Ave. and NW 19 Ave. in  
Northwest Portland.



**Oregon Nordic Club, Inc., Portland Chapter**  
P.O. Box 3906  
Portland, OR 97208-3906



Oregon Nordic Club  
**PORTLAND**  
CHAPTER

