

Oregon Nordic Club PORTLAND CHAPTER

DECEMBER

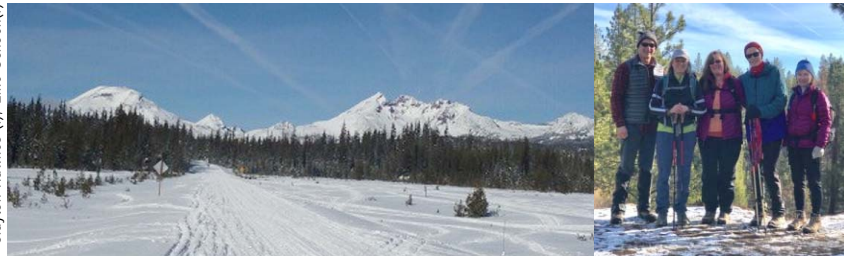
2018

Thanksgiving Triathlon—Yes!

There was drizzle, true, but not enough to keep us indoors, when hiking trails beckoned. Then we were

required, by club policy, to consume a scrumptious feast night after night, produced by the talented staff at “Chez David.” Oy! At last, we were rewarded by snow on the mountain for a farewell ski in that sunny, pristine wonderland that draws us every year, the

Clayton Hawkes (l), Elke Schoen(r)



trials in Sunriver. We were happy to see Louise Brown, who now lives in Bend; she joined us for dinners and hikes. The Deschutes, Fall River, and Shevlin Park in Bend were all lovely hikes; and good company, conversation, reunions, and new acquaintances made it a satisfying escape from the big city. We were: Clayton Hawkes, Janice Morgan, Nancy Novak, Kerstin Jurgens, David Blanchard, Kurt Koegler, and Elke Schoen, with visiting, newly local guide, Louise Brown.

Elke Schoen, *Trip Leader*

New Member Spotlight: Johanna Lovell

“I needed to figure out how to get to those mountains.” This goal brought new

Northwest arrival, Johanna Lovell, to the ONC-PDX Meetup group, Portland Nordic Club, a few years ago. She had just moved to the Portland area from New York to work as a traveling nurse.

Johanna Lovell



Through club’s Meetup group, Johanna started hiking and skiing on Mt. Hood, when home in Milwaukie, from her shifts working at a hospital in Roseburg. Yes, Roseburg! She commutes from Milwaukie to Roseburg at least once a week.

Eventually, Johanna joined ONC-PDX and now looks forward to the hut-to-hut trip in Norway next spring, and hopes lead overnight trips in the future. You can look for her on the Crater Lake trip, too. She has

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Ochoco Mountain Trail Tending

On October 15 our gallant group of six skiers departed early to drive over to Walton

Lake outside of Prineville to do trail tending on some neglected ski trails. After checking in with the Forest Service and adding two to our ranks from Bend and Prineville we headed to the moun-

Ken Wenzel



tain. We dropped off overnight gear at the cabin, got down to business at about 11 a.m. just above Walton Lake, and worked our way along the trails adding diamonds cutting out small trees and limbs. It was fantastic fall day, sunny and in the sixties in the afternoon. We saw a herd of wild horses and several mule deer. With eight workers it was amazing how fast we cleared the trails, covering 4.5 miles by 4:30 p.m. just in time for our tired crew to head down to the cabin for

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Ski Ski Ski

Overnight Trips

Spaces available:

Tilly Jane A-Frame Cabin

British Columbia Mega Ski

Summit Meadow Cabins

Odell Lake

Black Butte (Feb)

Wallowa Mountains

Crater Lake

Methow Valley

Ochoco Ranger Cabin

Lake Creek Lodge

John Craig, Sisters, OR

10 Club Benefits

11 Classified Ads



Ken Wenzel

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EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as a attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting. Photos: send as jpg attachment. **Corrections:** email corrections and/or additions to the editor. This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.** P.O. Box 3906 Portland, OR 97208

U P C O M I N G E V E N T S

Dec 1 ▶ SATURDAY

Nordic Fest 2018

10:00 a.m. – 6:00 p.m., Mountain Shop, 1510 NE 37th Ave. Info: mountainshop.net/community/calendar

Dec 3 ▶ MONDAY

Avalanche Awareness

6:30 p.m. – 8:30 p.m. Portland REI.
Free! Info/sign-up: rei.com/learn.html

Dec 4 ▶ TUESDAY

Next Adventure XC Ski Gear and Clothing

ONC-PDX Ski Events

7:00 p.m. – 8:30 p.m. Presentation
8:30 p.m. – 9:00 p.m. Shopping/Q&A
Next Adventure, Stark/Grand store, 426 SE Grand Ave.
ONC-PDX members will receive 15% discount with membership card. If you are not an ONC-PDX member and buy a pair of skis, you will get a free ONC-PDX membership.

Dec 5 ▶ WEDNESDAY

Wine & Wax Wednesday!

7:00 p.m. – 9:00 p.m. Mt. Shop, 1510 NE 37th
Free clinic to learn everything you need for waxing your Nordic and backcountry skis: What wax is, the different types, and how to choose the best wax for conditions. How to select an iron. What scraper you should be using Which brushes work best for your gear. Ski vices.
Info: mountainshop.net/event

Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI.
Free! Info/sign-up: rei.com/learn.html

Dec 6 ▶ THURSDAY

Preparing for the unexpected – Outdoor emergency basics

6:00 p.m. – 7:00 p.m. Clackamas REI.
Free! Info/sign-up: rei.com/learn.html

Dec 11 ▶ TUESDAY

Northwest Glaciers

ONC-PDX monthly program
6:30 p.m. – 9:00 p.m.
Lucky Labrador Brewing Co.,
1945 NW Quimby St.



Dec 13 ▶ THURSDAY

Crossing Greenland by Ski and Dogsled

7:00 p.m. – 9:00 p.m. Mt. Shop, 1510 NE 37th
Eric Lillstrom guided a team of seven 340 miles across the Greenland Icecap in May 2018.
Info: mountainshop.net/event

Dec 15 ▶ SATURDAY

Arctic Grip with Merrell

Join Merrell for a chance to test out Vibram's Arctic Grip technology, specifically engineered and designed to perform on wet ice.
10:00 a.m. – 1:00 p.m. Portland REI.
Free! Info/sign-up: rei.com/learn.html

Dec 29 ▶ SATURDAY

Social History Happy Hour: Mt. Hood Movie Outtakes by Lloyd Musser

Doors pen at 6:30 p.m., Mt. Hood Cultural Center & Museum, 88900 Hwy 26, Government Camp, OR
Oregon beer and wine offered, donations accepted.
Info: 503.272.3301 mthoodmuseum.org
Proceeds benefit the non-profit Museum.

Clinics and Training

Jan–Feb ▶ SATS AND SUNS

Mazamas Nordic Ski School

Beginning (never been on skis) to Advanced, Nordic Downhill (beginning tele) and Backcountry courses. Jan 5 to Feb 3. Mandatory student orientation Jan 4, 6:30 p.m. – 9:00 p.m.
Info/sign up: mazamas.org/multi-activity/184/
Registration closes December 7

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 10)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

Recently I attended a volunteer appreciation

dinner put on by the Ochoco Forest Service to recognize all 539 people who did volunteer work in that district—a fantastic number of volunteers! It got me thinking how lucky ONC-PDX is to have some really outstanding people who volunteer to help the club, and when needed, for projects such as trail tending, Tilly Jane restoration, and the wood haul. At our November general meeting we recognized 74 individuals for helping out ONC-PDX with their time and effort, many of the volunteers recognized for many days of service. Since we are a small club that means 30 percent of our members are stepping forward to help out. Which, I think, is outstanding record!

If you look at Tilly Jane A-Frame and Guard Station Cabin, it really surprises me how many people step forward. During this current year 48 people came out for the wood haul and they had 134 individual volunteer days of work on the A-Frame restoration—pretty amazing numbers. Great job André for your hard work and fundraising efforts.

I feel that the aging of our club in some ways helps the club. People who are retired are coming out and stepping forward doing the dirty work and enjoy working hard to get our ski trails and the A-Frame and cabin back into shape. Hopefully next year will be just as productive for the Tilly Jane A-Frame and Cabin and trail tending.

I am glad to see our club working so hard on membership drives to get new people interested in ONC-PDX and keeping the sport of cross-country skiing alive. Great job Membership Committee and volunteers staffing the outreach tables at REI! Thank you everyone to keep ONC-PDX going strong. Thank you Overnight Trip Committee members for putting together a great roster of trips to interest new members.

◆
Ken Wenzel, *President*

Nordic skiing journal

Last year I came across the Cross Country

Skier Journal of Nordic Skiing magazine and started to subscribe. It's published three times during the ski season and it's \$15 bucks for all three.

The current issue features the 2019 gear guide and several inspiring stories, such as gold medalist Kikkan Randall who is battling breast cancer and Bill McKibben, famed environmentalist and "Nordic super fan." Even a story about a ski camp in Oregon, and much more. Info: crosscountryskier.com

◆
Richard Crimi

New Member Spotlight: Johanna Lovell continued from page 1

driven to the rim herself on a clear winter day and skied some of it solo; she is a rather hardy sort who has swum in Crater Lake, brrrrr!

When Johanna isn't hiking or skiing, she is on her road bike. Climbing hills is her specialty. This year, for example, she planned to bike from Hood River to Sandy on the Lolo Pass Road. It was not long after leaving Lost Lake going south that she realized the road becomes a euphemism for a heavily-rutted, washboard, graveled route. Dismounting, but determined, she walked her bike all five miles to the pavement. This unexpected twist in her plan resulted in a call to her daughter as soon as cell service was available, for a pick up in Zigzag instead of in Sandy!

Johanna likes to travel, by plane, too. Greece is high on her list of favorites; just hope that, if you are on an overnight trip with her, that she cooks Greek food for the potluck.

Rounding out Johanna's activities is kayaking. Makes one wonder how often she sits still! Johanna hails from Binghamton, New York, which she will tell you is the Carousel Capital of the World. Six in all! Her son remains in New York, while her two daughters have become Oregonians along with her. She also has a teen-aged granddaughter.

If you know a new or newer member of the club who you think should be featured in the Spotlight article, please contact Christine Bierman:

sisu1956@gmail.com, or text/call 971.325.2874. ◆

Christine Bierman

Ochoco Mountain Trail Tending continued from page 1

the night, where we relaxed over happy hour, before setting down to consumed lasagna, salad, and several desserts—a great way to finish a long hard day. Another clear frosty morning woke us giving us a reason for a second cup of coffee and time to clean up the cabin before heading to the trails. Along the way, by the road, we saw mule deer and grouse.

At Walton Lake we shuttled people to the trails to save some time and miles. By 3:00 p.m. we had covered a large part of the trails and decided to start the drive back to Portland. On our drive off the hill we passed more mule deer, grouse, and wild turkeys—a real treat for us and a nice ending for two hard days of work in the Eastern Oregon parkland surrounding Walton Lake. I can't wait to ski these trails! Many thanks to Steve Planchon, Susan Watt, Patrice Fromwiller, Richard Crimi, Kathy Burns, Eric Ness, and Bruce Evatt, for their time and labor to help preserve these trails.

◆
Ken Wenzel, *Trail Tending*

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Oregon Nordic Club
Portland Chapter

(ONC-PDX) is one of 11
Chapters of the ONC state
organization:

Oregon Nordic Club (ONC)

ONC website: onc.org

DAY TOUR OVERVIEW RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

What to Bring

Let's start with the *10 Essentials*. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: onc-pdx.org/resources/wear/ For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

Carpooling

Lack of snow worthy vehicles is a growing issue for the club and board is reviewing options to change our policy. The ONC-PDX carpool policy is: Each passenger contributes 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Typical carpool cost per

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NORDIC ISSUES/NEWS

Volunteer to help with Nordic Issues

Do you have some time to track issues that affect skiers? Contact Ken Wenzel.

Mt. Hood NF

New Mirror Lake Trailhead The Mirror Lake Trailhead officially opened on Friday, November 9 with a ribbon cutting ceremony. The improvements offer a safer and accessible access to the trail. There is new a trailhead plaza area with an expanded parking lot, architectural finishes, and public facilities. There will no longer be the need to park along U.S. 26 and backup into on-coming traffic. Great coordination between state and federal agencies and local communities made this accomplishment possible. Info: flh.fhwa.dot.gov/projects/or/mirror-lake

Gifford Pinchot NF

Gifford Pinchot Winter Partnership Meeting Nov. 27, 2018

Skamania County Roads The Oldman Pass and Mineral Springs roads will be plowed once each day when the snow depth is over four inches. The road from Old Man pass down Curley Creek to the N-90 will be plowed this season for safety concerns. The MSH Trac Riders and the Forest Service spent one day cutting trees along the road so a plow could get thru (57 people).

Northwest Snow Grooming Old Man Pass will have a dedicated grooming machine this year, to avoid transport of the groomer, since they use a different machine for ski trails verses snow mobile trails. Once enough snow falls they plan on weekly grooming of the ski trails. The same holds true for the South side of Mt. Adams trails. The ski trails at Peterson Prairie the Forest Service will try grooming those trails with a tow groomer behind a snowmobile. The Forest Service might want trail tending next year, if they continue this grooming.

GPS trackers The Washington State Parks has installed and updated GPS trackers on all the grooming machines and will have available real time grooming reports on the website for the whole state.

Mt. Adams to Lone Pine will get groomed on Wednesday and Thursdays

Snowking and Pineside Sno-Parks will get groomed on Fridays. If you have an emergency and see a trail-grooming machine in operation the operator does carry a satellite phone and can call for help.

Marble Mt. Sno-Park trails will get groomed on Wednesdays. A winter timber harvest is in operation below Flat Top Sno-Park, watch for log trucks!

Mt. Saint Helens Monument The warming hut at Marble Mountain will open December 1. The ski trail grooming did not work last year due to tight trail turns. The Forest Service might want help in 2019 to widen the trails for a groomer. So ski trail grooming may or might not happen depending equipment working on these trails? Update will come later.

Trout Lake Cabin Fever Festival The festival will occur on the first weekend in February.

Washington Sno-Park passes for skiers are \$40 per season. A higher price pass is required on some trail systems in Northern Washington State Parks that groom for skating skiing. The Troopers checking sno-parks will issue first time warning tickets, which can be cleared by purchasing a sno-park pass. Last year at Marble Mt. Sno-Park they issued 40-90 warnings per day on weekends. If you don't pay the warning ticket and buy the sno-park pass, you can get a \$100 fine.

Groomer Rides If you want an interesting winter day, contact the Washington State Parks and you can ride for free on a snow groomer for a whole day as a volunteer. The trip may last for 8 to 10 hours! ♦

Ken Wenzel, President Pam Rigor, Editor

VOLUNTEER OPPORTUNITIES

To volunteer, please contact a board member. (see sidebar page 2).

Leadership Training Help us increase the number of day tour and overnight trip leaders.

Publicity/Articles Are you a writer, help with articles on cross-country skiing.

New Members How do we get new members? Volunteer to analyze the membership data, conduct surveys, and help increase membership.

Day Tours Can you have too many day tours? If interested in leading a tour see Leader Information for Day Tours: onc-pdx.org/activities/day-tours

Trail Tending Work on the winter trails.

Tilly Jane Info: reservations@tillyjanecabins.org

Board Member Some seats open every year in March. This is a great way to get involved in the club.

Facebook Help post to the ONC-PDX Facebook page. How we can make the page more fun?

Volunteer Coordination Help connect a list of potential volunteers with various volunteer tasks. ♦

DAY TOURS

Note: if weather or road conditions are dangerous, please contact the tour leader.

More tours may be listed here:

- ◆ onc-pdx.org/activities/day-tours
- ◆ onc-pdx.org/forums
- ◆ meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as “dog tours”

Dec 8, Sat, Intermediate Ski Bennett Pass, Mt. Hood, OR

Lets ski four-to-seven miles, round trip, on easy to moderate terrain along the Bennett Ridge Trail. Bring a lunch. Meet at McMenamins Edgefield, west parking lot for an 8:30 a.m. carpool departure.. **For more info and to confirm attendance, contact the leader: Mike Dianich, 971.344.1021 (text first), mdianich@gmail.com.**

Dec 12, Wed, Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, and to RSVP contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com.**
Note: an email is sent out on Sundays before the Wednesday tours; to be added to this Wednesday ski tour email list please send your email to Terry.

Dec 15, Sat, Novice/Intermediate Ski Teacup, Mt. Hood, OR

Lets ski three-to-five miles on relatively flat terrain at Teacup groomed Nordic area. Please rent your equipment the night before to avoid any delay Sat. Bring lunch. Meet at McMenamins Edgefield at 8:30 a.m. in west parking lot for carpool. Please bring \$10. donation for Teacup trail grooming. Intermediate skiers will be self-directed. **For more info and to confirm attendance, contact the leader: Mike Dianich, 971.344.1021 (text first), mdianich@gmail.com.**

Dec 19, Wed, Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, and to RSVP contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com.**

Dec 27, Wed, Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, and to RSVP contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com.** ◆

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/ Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership (online under “Membership”) before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see side-bar page 7)!
- ◆ Sign-up online
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check onc-pdx.org/resources/trip-insurance

Note: Paper ONC-PDX overnight trip applications (available on the website) can be used to sign up, contact the trip leader for where to send them.

Dec 27–Jan 1, Thur–Tue, All Ability Ski Methow Valley, Winthrop, WA—Trip 1 Trip full, wait list open*

The Methow Valley has over 200 km of trails groomed for classic and skate. We always fill the four days of skiing with world class action as the elevation of the trail systems ranges from 2,000 to over 4,000 ft. (See website for full trip description.)

Trip limit: 12 participants, includes leader.

Cost: \$325/member, per person. Includes five nights' lodging (\$60-80 groomed trail pass not included).

For more info contact the trip leader: Sam Digard sam.digard@gmail.com

Dec 28–Jan 1, Fri–Tue, All Ability Ski New Year's at Black Butte Ranch, OR Trip full, wait list open*

Celebrate the New Year in the peaceful setting of Black Butte Ranch. Settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine and interesting conversations after an invigorating day in the outdoors. (See website for full trip description.)

Trip limit: 8 participants (3 couples, 2 singles).

Cost: \$320/member, per person. Includes four nights' lodging.

For more info contact the trip leader: Ann Truax ann.truax@gmail.com

Jan 4–6, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR Spaces available*

This trip also available the following weekends: February 1–3, March 1–3, and April 5–7

***Check website/contact leader for trip updates**

Oregon Nordic Club Portland Chapter

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person for Mt. Hood is \$18 for Government camp to \$25 to Teacup (via Hood River). Please respect this policy by paying your drivers prior to their prompting.

Dogs

Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

FS Dog Policy

Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR/TRIP RATINGS

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/ trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/ trip that is beyond your ability; you could endanger yourself or others in your party.

Novice Ski

2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as possible.

Easy

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

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Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour/trip description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour Ski: > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

■ First aid kit ■ Matches
continued on sidebar on p. 7

We’ll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation.

Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS required. Climbing skins are required, too.

Trip limit: 15 (max.) participants. Open to all ONC-PDX members and Tilly Jane (TJ) cabin volunteers.

Cost: Free (another club benefit). You must be an ONC-PDX member or TJ volunteer before signing up for this trip.

For more info contact: reservations@tillyjanecabins.org. We’ll forward your request to the appropriate trip leader. Leaders TBD.

Jan 12–20, Sat–Sun, Intermediate Ski British Columbia Mega Ski, Logan Lake, BC and Chelan, WA One space available*

We will plan on a long one-day drive up and a one-day drive back. We will spend four nights at Logan Lake at a Bed and Breakfast with breakfast and dinner and sack lunch for four days included. We will ski at Stake Lake (60 km) Groomed Skate and Classic, Logan Lake (34 km) Groomed Skate and Classic, Kane Valley (50 km) Ungroomed Classic. We will then drive to near Apex – stay in a Condo and ski Nickel Plate Cross Country 6000 ft. elevation (56 km) Groomed Skate and Classic and maybe Telemark XC (50 km) Groomed Skate and Classic. Then drive across the border to Chelan and ski Echo Ridge (25 miles Groomed) Skate or Classic, before driving home the next day after staying in a motel. Three nights we will cook our own meals and make lunches, included. The last night we will eat out, not included in trip cost. All resorts have warming lodges. Trail Passes are extra at \$12-15 CAD per day. We will plan on carpooling, food during the driving days is on your own. Passports required and no DUI’s on record or other items.

Trip limit: 7 “serious skiers,” plus leader.

Cost: \$610/member, per person. Includes eight nights’ lodging and most meals.

For more info contact the trip leader: Ken Wenzel 503.297.2958 (hm) skiwenzel@hotmail.com

Jan 14–17, Mon–Thur, All Ability Ski Summit Meadow Cabins at Trillium Basin, Mt. Hood, OR Five spaces available*

Here’s your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at the end of the day. Skiing choices without driving include many of the trails in the Trillium basin and Government Camp



area or driving to Bennett Pass, Twin Lakes, or others. While this is an all ability ski, the group usually divides into two ski groups, one doing intermediate to advance backcountry skis and the other doing easy to intermediate skis.

We will stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. We will cook communally for breakfasts and dinners.

Trip limit: 10 participants, includes leader.

Cost: \$75/member, per person. Includes three nights’ lodging.

For more info contact the trip leader: Mary Hepokoski 503.245.1618 hepomp8@comcast.net

Jan 17–20, Thur–Sun, All Ability Ski (with Intermediate skills recommended)

Odell Lake/Willamette Pass, OR—Trip 1 Trip full, wait list open*

Willamette Pass offers an extensive variety of groomed and backcountry trails. Classic backcountry will be the mainstream venue for these three days of skiing trip. You can skin up and hit the summit of Maiden Peak or tame it a bit and ski the variety of trails and pop in to the shelters for lunch.

(See website for full trip description.)

Trip limit: 7 participants, includes leader.

Cost: \$200/member, per person.

For more info contact the trip leader: Sam Digard sam.digard@gmail.com

Jan 18–20, Fri–Sun, Intermediate Backcountry Ski

Tilly Jane Guard Station, Mt. Hood, OR Trip full, wait list open*

This trip also available the following weekends:
March 15–17, and April 12–14

We’ll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are required, too.

Trip limit: 4 participants (max.), Open to ONC members with preference given to Tilly Jane (TJ) volunteers.

Cost: Free (another club benefit). You must be an ONC-PDX member, or TJ volunteer to sign up for this trip.

For more info contact: reservations@tillyjanecabins.org. We’ll forward your request to the appropriate trip leader. Leaders TBD.



*Check website/contact leader for trip updates
onc-pdx.org

**Jan 18–21, Fri–Mon, All Ability Ski
MLK Weekend at Lake Creek Lodge, Camp
Sherman, OR
Trip full, wait list open***

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine—the ideal ambience for a cross-country ski holiday. (See website for full trip description.)

Trip limit: 16 participants, includes leader.

Cost: \$185/member, per person. Includes three nights' lodging.

For more info contact the trip leader: Steve Levy
503.244.4262 slevy@pacifier.com

Jan 23–27, Wed–Sun, All Ability Ski (with options)

**Anthony Lakes, Baker City, OR—Trip 1
Trip full, wait list open***

We will be staying at my favorite place, The Good Bear Ranch by Baker City. Skiing most days is at Anthony Lakes Resort. (See website for full trip description.)

Trip Limit: 9 “lucky skiers,” includes leader.

Cost: \$290/member, per person.

For more info contact the trip leader: Ken Wenzel
503.297.2958 (hm) skiwenzel@hotmail.com

**Jan 31–Feb 3, Thur–Sun, Intermediate Ski
Ochoco Ranger Cabin, Ochoco National
Forest, OR—Trip 1
Trip full, wait list open***

We will ski at Walton Lake Trails and Bandit Springs; the last few years we have seen wild horses by Walton Lake and by the cabin. (See website for full trip description.)

Trip Limit: 6 participants plus leader (two queen beds, three twins).

Cost: \$55/member, per person. Includes lodging.

For more info contact the trip leader: Ken Wenzel
503.297.2958 (hm) skiwenzel@hotmail.com

**Feb 1–3, Fri–Sun, All Ability Ski
Black Butte Ranch in February, OR
One space available***

Join us for two days of skiing in Central Oregon's Black Butte Resort near Sisters. Santiam Pass at 4,817 ft. is about 12 miles away with lots of ski loops and warming shelters. The Camp Sherman area nearby has skiing along the Metolius up to the river's headwaters or up Black Butte. The Three Creeks Area near Sisters offers more

choices and views. The Hoodoo Ski Area is 13 miles away and has nearly 10 miles of groomed trails. Altogether, the surrounding area offers a variety of backcountry and groomed trails, from novice to most difficult. The house has a full kitchen and a hot tub, and the resort has restaurants plus

a recreation center with a swimming pool.

Trip limit: 8 participants (includes the leader).

Cost: \$140/member, per person. Includes two nights' lodging.

For more info contact the trip leader: Donna Matrazzo 503.621.3049 matrazzo@msn.com

**Feb 1–3, Fri–Sun, Intermediate Backcountry Ski/
Tele**

**Tilly Jane A-Frame Cabin—Club Weekend
One space available***

(See January 4–6 Tilly Jane A-Frame Cabin description)

**Feb 6–10, Wed–Sun, Intermediate/Advanced Ski
McCully Alpine Hut in the Wallowas, Eagle
Cap Wilderness, OR
Trip full, wait list open***

Backcountry skiing with an alpine flavor Oregon style! A three-night stay at McCully Alpine Hut exploring varied alpine terrain within the Eagle Cap Wilderness Area in the Wallowas in Eastern Oregon awaits us.

At McCully Basin (Base Camp elevation 7,500 ft.) the ski terrain offers a wide variety for the backcountry skier, from low-angled gladed meadows to broad moderate north-facing alpine bowls surrounded by non-technical summits. (See website for full trip description.)

Trip Limit: 12 participants, includes co-leaders.

Cost: \$355/member, per person. Not included: carpooling, not-included meals, etc.

For more info contact the trip co-leaders: David Bath 503.819.8551 dbath4@gmail.com and Kate McPherson 306.609.1453 k8tmcp@gmail.com

**Feb 8–10, Fri–Sun, All Ability Ski
Shelter Cove Resort at Odell Lake—Trip 2
Willamette Pass, OR
Trip full, wait list open***

Odell Lake is situated at 4,800 feet just over the top of Willamette Pass east of Eugene on Hwy. 58. We will stay at Shelter Cover Resort, in Kokanee Lodge.

See website for full trip description.

Trip limit: 10 participants, includes leader.

Cost: \$90/member, per person. Includes lodging.

For more info contact the trip leader: Ted Scheinman 503.452.7432 tedskier@gmail.com

**Feb 10–14, Sun–Thur, All Ability Ski
Methow Valley, Winthrop, WA—Trip 2
Trip full, wait list open***

There is no place like the Methow Valley in North Central Washington for endless skiing in perfect conditions. (See website for full trip description.)

Trip limit: 12 people (3 couples, 6 singles).

Cost: \$205/member, per person. Includes four nights' lodging. Not included: required trail passes; \$24/day, \$60/3-days

For more info contact the trip leader: Elke Schoen elkeschoen@msn.com 503.239.9286

**Feb 14–17, Thur–Sun, Intermediate Ski
Ochoco Ranger Cabin, Ochoco National
Forest, OR—Trip 2
Trip full, wait list open***

We'll ski in small groups in beautiful Ponderosa Pine country away from the crowds. (See website for full trip description.)

Trip limit: 7 participants total (two queen beds, three twins).

cont. from sidebar page 6
(in waterproof case) and fire starter ■ Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivvy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sunglasses, lip balm and sun screen ■ Foam sit pad
Biking Essentials
■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

**OVERNIGHT
TRIP POLICIES**

Trip Participation

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.

2. Overnight trip sign-ups are done *online* at the club website: oncpdx.org/activities then click on “Overnight Trips.” The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed an Overnight Trip Application (oncpdx.org/activities/overnight-trip-application) to oncpdx.org/activities/overnight-trip-application. (continued on sidebar on p. 8)



cont. from sidebar page 7
 pdx.org then click on
 "Members Only" then
 on "Forms") to the trip
 leader, including their
 signed waiver and
 release of liability as
 required by the club.
 3. If a trip appears to be
 full during the registra-
 tion process, applicants
 should contact the trip
 leader directly to: (i)
 confirm that the trip is
 actually full; and (ii) if
 full, to be placed on the
 trip wait list as cancella-
 tions are relatively
 common.

4. Trip leaders have the
 authority to not accept a
 trip participant
 application if the
 applicant does not
 appear to have the
 appropriate level of
 skiing ability for the
 trip; or (ii) bed availabil-
 ity does not match the a
 participant's circum-
 stances, e.g., the
 applicant will be
 traveling alone, does
 not want to share a bed,
 and only one double
 bed remains available,
 which is better suited
 for another couple that
 has applied for the trip.
 5. Trip leaders, after
 consulting with the
 ONC-PDX Board and
 Overnight Trip
 Committee (OTC), may
 also deny a trip
 application based on an
 applicant's behavior on
 previous ONC-PDX
 trips.

Wait list procedures

1. To be placed on a trip
 wait list, applicants
 must submit a com-
 pleted trip application
 to the designated trip
 leader, along with a
 check for the full
 amount of the trip fee. If
 space becomes
 available, wait list
 participants may then
 choose to fill the space
 or decline.

2. Wait list checks will
 not be cashed until the
 wait list applicant has

continued on sidebar on p. 9

Cost: \$55/member, per person. Includes lodging.

**For more info contact the trip leader: Steve
 Planchon, 503.467.8699 scplanchon@gmail.com**

**Feb 15-19, Fri-Tue, All Ability Ski
 Sunriver President's Day Weekend (Tues-
 day bonus stay over), OR
 Trip full, wait list open***

Come to Sunriver to enjoy a long weekend in the sunny
 and snowy Central Cascades in mid-February! (See
 website for full trip description.)

**Trip limit: 10 participants (includes trip leader).
 Cost: \$190/member, per person. Includes four nights'
 lodging.**

**For more info contact the trip leader: Richard
 Crimi, 503.726.8998 richard_crimi@hotmail.com**

**Feb 22-24, Fri-Sun, Easy Ski
 Sunriver Groomed Trail Skiing, OR
 Trip full, wait list open***

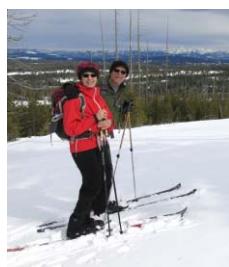
Relax and enjoy two easy days of skiing on groomed
 trails, and evenings filled with good food, games and
 conversation. (See website for full trip description.)

**Trip limit: 8 participants, includes leader.
 Cost: \$150/member, per person. Includes two nights'
 lodging.**

**For more info contact the trip leader: Debby Wenzel
 503.422.1524 (cell), 503.297.2958 (hm)
 debbyras@msn.com**

**Feb 28-Mar 4, Thur-Mon, All Ability Ski
 Wallowa Mountains, Joseph, OR
 One space available***

Come spend four days skiing eastern Oregon's Wallowa
 Mountains, where the mountains are steep and the snow is
 dry! We'll stay in one large house near Joseph. The house
 will easily accommodate the whole group and we can



share potluck dinners. There are
 opportunities for all levels of skiing
 in the area, however there are no
 groomed trails. There are easy to
 intermediate trails at Salt Creek
 Summit and McCully Creek Trail
 from McCully Basin to explore.
 We'll carpool from Portland on
 Thursday, arriving in Joseph early

that evening. Skiing can be enjoyed on Friday, Saturday,
 Sunday, and return to Portland Monday afternoon. Joseph
 is walking distance from the house so it can easily be
 explored in the evenings.

**Trip limit: 12 participants, includes leader.
 Cost: \$210/member, per person. Includes four nights'
 lodging.**

**For more info contact the leader: Susan Watt
 503.201.3977 susniam@gmail.com**

**Mar 1-3, Fri-Sun, All Ability Ski and Snowshoe
 Crater Lake Classic Ski Trip via
 Charter Bus, Crater Lake, OR
 Six spaces available***

The Classic Crater Lake ski trip is back! The Crater
 Lake rim, at 7,000 feet, averages 44 feet of snow a year.
 Join the ONC-PDX for the traditional trip to Crater Lake.

We'll board the deluxe coach in Portland at 4:30 p.m. on
 Friday, March 1 and proceed down I-5 while sharing in



Bob Breivogel

the world famous "Rolling Pot-Luck." We have invited
 members of the Willamette Chapter of ONC to join us.
 The next morning after a hearty gourmet breakfast at the
 Prospect Historic Hotel B&B Inn, we'll take a quick ride
 to the rim where we'll spend the day enjoying the spec-
 tacular snow formations and views of the lake and
 surrounding mountains while skiing as far as our legs can
 carry us. We will separate into groups based on abilities
 and endurance. A gourmet dinner will be provided on
 Saturday night at Inn, Sunday will be another day of
 different trails, different tours, and more exploring. We can
 even take a ranger led interpretive snowshoe tour. Later in
 the afternoon, we'll board our coach and head toward
 home, stopping for a special dinner on the way, arriving
 back in Portland about 10:00 p.m.

There are two options for accommodations: \$300/person
 for the Prospect Historic Hotel B&B Inn (one double or
 queen bed in each room for two people); or \$275/person
 in the adjacent Motel building (rooms with two or three
 beds per room). The Inn costs more \$25 per person.
 Please indicate which you wish. These prices are lower
 than they have been for six years!

**Contact leader for accommodation options before
 signing up.**

Trip limit: 45 participants include leader.

**Cost: \$275-\$300/member, per person depending on
 lodging choice and availability. Includes all bus
 transportation, two breakfasts, a gourmet dinner, and
 a dinner on the way home.**

**For more info contact the trip leader: Ted
 Scheinman 503.452.7432 tedskier@gmail.com
 Mar 1-3, Fri-Sun, Intermediate Backcountry Ski/
 Tele**

**Tilly Jane A-Frame Cabin—Club Weekend,
 Mt. Hood, OR
 Spaces available***

(See January 4-6 Tilly Jane A-Frame Cabin description)

**Mar 10-13, Sun-Wed, Intermediate Ski
 Ochoco Ranger Cabin, Ochoco Na-
 tional Forest, OR—Trip 3
 Two spaces available***

Small group classic skiing in Big Pine Country!

We will drive over on Thursday hoping to arrive in time
 for an evening ski before dinner. We will ski the Walton
 Lake and Bandit Springs Forest Service trails. The last few
 years ONC-PDX skiers have seen wild horses by Walton
 Lake and by the cabin.

If snow is lacking we will do some hikes in the local area
 and over at the Painted Hills in the John Day Fossil beds.

***Check website/contact leader for trip updates
 onc-pdx.org**

There are always fun things do in that part of the State. Participants are responsible for their own breakfasts and lunches. Dinners will be potluck. I'm looking forward to skiing in the big pines again after 30 years!

Trip limit: 7 participants total (two queen beds, three twins).

Cost: \$55/member, per person. Includes lodging.

For more info contact the trip leader: Laurel Dickie 503.415.1922 laureldickie@hotmail.com

**Mar 9–14, Sat–Thur, All Ability Ski
Methow Valley, Winthrop, WA—Trip 3
One space available***

ONC-PDX skiers return to the Methow Valley over and over again for a simple reason, the snow conditions and trail quality rarely disappoint. The Methow Valley Association grooms over 200 km of trails through the 2,000 ft.



Ted Scheinman

valley floor and into the adjacent hills and mountains, with some trails reaching the 4,000 ft. level. With longer days and warmer temperatures, the March trip to the Methow is not to be missed.

We will travel to Winthrop

Washington on Saturday, meeting at our two side-by-side luxury condos for a casual evening planning session for the upcoming days. Participants are responsible for their own dinner the first night, as well as breakfasts and lunches during our stay. Dinners the following 4 nights will be potluck, prepared in fully equipped kitchens.

If you have wanted to learn or brush up on your skate skiing skills, lessons and ski rentals are available in Winthrop and Mazama. And, if you are inclined, there is an ice skate rink in town.

Trip limit: 12 participants, includes leader and leader's partner.

Cost: \$235/member, per person. Includes five nights' lodging; trail passes are \$24/day, \$60/3-days.

For more info contact the trip leader: Shannon Planchon 503.467.8599 shannon.planchon@gmail.com

**Mar 15–17, Fri–Sun, Advanced Intermediate
Backcountry Ski
Sisters Hut to Hut Trip, Three Sisters
Wilderness, OR
Trip full, wait list open***

This is a 22-mile hut-to-hut from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. (See website for full trip description.)

Trip limit: 8 participants, includes leader.

Cost: \$310/member, per person. Includes a shuttle, two nights in huts, food for two days and two nights with beer included!

For more info contact the leader: Susan Watt 503.201.3977 susniam@gmail.com

**Mar 15–17, Fri–Sun, Inter. Backcountry Ski
Tilly Jane Guard Station, Mt. Hood, OR
Trip full, wait list open***

(See Jan 18–20 Tilly Jane Guard Station description)

**Mar 15–18, Fri–Mon, All Ability Ski
Lake Creek Lodge, Camp Sherman, OR
Five spaces available***

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge in the Deschutes National Forest boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a xc ski holiday. Check it out online: lakecreeklodge.com.

We'll carpool over on Friday, have a traditional ONC-PDX potluck dinner on Saturday, Sunday we can do creative leftovers or dine at the Lodge. Ski options are many - Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky at 3,000 ft. elevation, right out the door of our cabins. Separate rooms for couples/genders. Lodging is two cabins with 3 Queens, 6 twin beds.

Trip limit: 12 participants, includes leader.

Cost: \$220/member, per person. Includes three nights' lodging.

For more info contact the leader: Greg Wenneson 503.460.7231 gregwenn@sonic.net

Mar 21–31, Thur–Sun, Inter/Advanced (hut-to-hut) Ski

**Norway Dream Ski Trip, Jotenheimen
National Park, Norway
Trip full, wait list open***

This year, we will ski in the Jotenheimen National Park – the name is translated as the Home of the Giants! This popular area contains the highest mountains in Norway and is the perfect destination for a rigorous hut-to-hut ski trip. (See website for full trip description.)

Trip limit: 15 participants, includes leader.

Cost: \$2495/member, per person (estimated). Includes round-trip airfare from Portland to Oslo, nine nights' lodging, all meals except during travel, and the last dinner in Oslo.

Make a deposit of \$1,000. The final payment of \$1,495 is due on December 15, 2018, to secure the special group airfare.

For more info contact the leader: Ted Scheinman 503.452.7432 tedskier@gmail.com

**Mar 22–24, Fri–Sun, Intermediate/Advanced Ski
John Craig Memorial Ski Tour, Black
Butte, OR
Three spaces available***

The Annual John Craig Nordic Ski Tour will be held on March 23 on the McKenzie Pass Highway in Sisters Oregon. People from all over the state participate in this fun, non-competitive event. The tour is an out and back on a gentle forest road through the beautiful Deschutes National Forest. In good weather an average skier can reach Dee Wright Observatory in about three hours and Windy Point in two, and the return trip takes about half the amount of time they took to climb.

Sunday ski tour options include Santiam Pass, Hoodoo ski area (fee), or Three Creeks.

Carpools will be encouraged. Breakfasts on Saturday and Sunday plus Friday dinner will be potlucks. A pizza

cont. from sidebar page 8
been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

Trip Cancellation Policy

1. Trip fees and deposits are non-refundable, unless the trip leader is able to make a reasonable substitution for the canceling participants.
2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster.
3. If a wait list exists, the trip leader will determine whether wait-listed applicants can be reasonably substituted for the canceling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter.
4. If the leader is able to make a reasonable substitution for the canceling participant, the canceling participant will receive a refund of amounts paid, minus: (i) \$10 for each participant associated with the cancellation; and (ii) 3% of the amount paid. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as

continued on sidebar on p. 10

***Check website/contact leader for trip updates**

Oregon Nordic Club Portland Chapter

cont. from sidebar page 9 needed, to ensure the proper handling of the cancellation notice and refund request. 5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC. Travel Insurance. To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. Please see (oncpdx.org/resources/trip-insurance) for the current listing of some trip insurance companies.

Policy and Procedure Waivers

The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so. ♦

ONC-PDX MEMBER BENEFITS

Columbia Sportswear 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardware 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardware.com

continued on sidebar on p. 10

dinner at the Best Western Ponderosa Lodge in Sisters, is held in conjunction with the presentation of the John Day Trophy for ONC excellence in leadership.

Trip Limit: 8 participants, include leader.

Cost: \$135/member, per person. Includes lodging and the pizza dinner on Saturday night.

For more info contact the leader: Mary Bourret 503.201.3940 marylbouret@gmail.com

Apr 5–7, Fri–Sun, Inter. Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR Spaces available*

(See Jan 4–6 Tilly Jane A-Frame Cabin description)

Apr 12–14, Fri–Sun, Inter. Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR Trip full, wait list open*

(See Jan 18–20 Tilly Jane Guard Station description) ♦

***Check website/contact leader for trip updates**

Welcome new members! John, Shawnie, Robert, and Michael Bailey, Paula Brottman, Douglas Buttorff and Natalie Wilson, Kathleen Finn, Lauren Foran, Martha Lawrence, Linda Onheiber, Cyndin Peterson, and Donald Rose

Welcome back: Robert Procter, Past President 1990-91

Novemeber membership report: 344 total memberships (245 single and 106 family), includes 9 new and 1 rejoining memberships (non-renewing 2017-18 members are not removed from this count). Last year at this time there were 277 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting October 23, 2018 at Mazamas Mountaineering Center (MMC)

Board Member Present: Ted Scheinman, Mary Bourett, Bill Neuman, Ken Wenzel, Laurel Dickie, and Tim Kral

Other Members Present: Nick Applemans Website, Richard Crimi Overnight Trips, Pam Rigor Newsletter Editor

Reports

Membership: Ted contacted Yu-Lin Chao and he and Pam R will meet with her in November.

Website: Nick A made an assessment on how to handle the web. He suggested getting a list of all members who have business with the web. He would suggest a separate meeting to create a standard operating procedure and address the website problems. Nick is concerned about security among the 11 administrators who currently have total access to the entire website. He would like to cover this in the operating procedure committee.

Overnight Trips (OTC): Richard C summarized what happened during the October sign-up. There is a line in the file, which can limit memory. Nick A was able to figure how to change this but it's not the total solution. OTC will meet to discuss promoting trip openings. One idea is a premium on double beds for singles.

Member Volunteer Benefits: Ken W brings up there's reward for those members who have done a lot of volunteering by offering early sign up for one overnight trip. Tilly Jane cabin volunteers weren't included in this sign-up. The board's consensus is to leave things as they are. How to announce this perk? Who will verify who has done this volunteer work? Nick A. suggests having the volunteer track their own hours; he could make it part of the member profile. Others thought having a volunteer collect the data. Early sign up counts volunteer hours from September 1 to August 31 each year. These folks would have a week to notify the OTC of their preferred trips before the sign general sign up. A volunteer coordinator would send a list of qualifying volunteers to trip committee.

Action item: find a volunteer coordinator.

New Business

Leadership training in fall? Pam R suggests doing one for Day Tours. Ken W suggested bringing up the subject at the Dec meeting to request new day tour leaders. Should there be a first aid certification requirement? (Not this year).

Board Elections: Thinking ahead to elections in April, it was suggested we start thinking and recruiting now for the nominating committee and new board members.

Action item: find someone to be in charge of the search committee for board members.

OTC Evaluations: using Google Docs could be set up so it captures feedback. OTC plan is to use the overnight trip roster to send out e-mail survey to those on each trip to gather feedback on the trip and the leader satisfaction rating. Currently the day trip form is on the website.

Old Business

Mary B. found someone to attend the NW Forest Conservancy gala.

ONC-PDX Board Meeting Minutes November 20, 2018 at Mazamas Mountaineering Center (MMC)

Continued on page 11

Board Members Present: Ken Wenzel, Mary Bourret, Bill Neuman, Tim Kral, Ted Scheinman, and Laurel Dickie
Membership Committee: There is not a chair for the committee. Ted has been doing outreach to REI and other ski related shops. Bill asks for a read-only copy of the membership roster.

Action item: Ken will ask Nick Applemans for this list. Also, where do the "contact us" info go?

Tim asked Nick checking where the "contact us" inquires go. Ted will ask about the membership cards given to Susan Kelly.

Treasurer's Report: There is no report for October because Mary H. has been backed up with processing overnight trip payments on PayPal. One big expense item will be the ski bus day trip. Overnight Trips are in really good shape. The Gorge chapter is on hiatus. They hold the bond for the Tilly Jane Guard Station. It needs to be transferred to the ONC-PDX.

Action item: Ken will call André about the particulars. The Gorge chapter would like to get this transferred in 2018.

Overnight Trips Committee (OTC): The board was sent the OTC committee notes. The Crater Lake Trip was advertised to two other ONC chapters. Ted wants to keep spaces available for new members. Should we open up the double beds to singles in order to sell out the trip instead of absorbing an "empty" double. The trip leaders will make that call.

Day Tours Committee: no report. Ken Barker has been promoting his bus tours in January. Ted will ask Ken Barker if he has built in the cost of members to ride and help the new skiers.

Publications: Bill Neuman has made suggestions in regard to the newsletter. We are spending ~\$3000 for printing and postage. He suggests we use the brochure as the promotional piece. There is still a question of how many newsletters are getting printed and whether we should drastically cut back. Perhaps a yearly newsletter in September is printed. Ken will approach the newsletter editor. This discussion will be continued later. ■ Tim K will write the next President's Tracks article about the newly created Klindt Vielbig award.

Old Business

Mary B made notices to place on the tables at the monthly meeting to remind folks on the Next Adventure December promo and second Tuesday December meeting. Ted will do a forum post.

Ted will gather info and follow up with Next Adventure.

A volunteer to man the elections committee is still being sought.

Nancy Neuman has agreed to be a volunteer coordinator.

New Business

Every year the Gorge Chapter purchases lunches for Ski-for-the-Blind volunteers. Since this chapter is in hiatus, Mary B. requests a motion for the Portland Chapter to pick up this expense. Motion voted upon and passed. The Statewide Meeting is on Nov 29; Ken and Ted have offered to attend. A chapter report needs to be written to include number of current members, and activities the club undertook, include Crater Lake and Ken Barker's bus. This will be a record of the public component of the club. ■ Bill Newman has suggested a lifetime membership to ONC-PDX for the Lloyd Brothers. Ken W will create a certificate of appreciation for the brothers instead. ■ John Day award nominees were discussed. (Ken W will write this up) ■ The PDX chapter could create their own award (i.e., Klindt Vielbig). Tim K will create this.

Next Board meetings: December 18, Noon, at MMC, and January 29, 1:00 p.m. at MMC

◆ Laurel Dickie, Secretary

The Mountain Shop 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Next Adventure 426 SE Grand Ave., 15% discount at Next Adventure for ONC-PDX members, current club membership card required. nextadventure.net

Oregon Mountain Community 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Jupiter Hotel PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off online booking.

CLASSIFIED ADS

WANTED: ► 3-pin waxless ski like the Catamount. I am short and need 182's or shorter. **Claudia** claudia.montange@gmail.com 1/19

FOR SALE: ► Snow/Winter Tires 4 Michelin Latitude X-Ice X12 Size 265/70R16, 2,500 miles wear (purchased in 2016) \$300. **Denise dbuzz.9899@gmail.com 360-606-9899** 1/19

FOR SALE: ► Skis Backcountry Karhu Catamount 190 cm waxless, 3-pin Voile cable bindings good condition. \$50.

► **Skins** Pamoca Climbing skins older but barely used, like new condition \$50. **David dkb123@outlook.com** 1/19

WANTED: ► Used ski equipment for a beginner. Women's waxless XC skis, boots and poles? 5'8" tall, 170 lbs, sz. 10 shoe. **Sharon (text only) 818.642.8200 violaeng@gmail.com.** 1/19

FOR SALE: ► Snow tires. 4 mounted studless Observe mud/snow tires 205/55R-16 Les Schwab will install and remover for free every season. Used minimally 2 seasons. \$750 **Shemaya shemaya_toyou@yahoo.com** 1/19

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: **oncnewsletter@gmail.com as attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

Glaciers of the American West

Glacier studies in the western US, exclusive of Alaska, dates to the early 1870s, when they were first 'discovered' by science. But the discovery was somewhat 'controversial.' In the following decades a gold rush of other glacier 'discoveries' spread across the West. After the turn of the century much of the glacier research was accomplished by local hiking clubs. Much of our understanding today, of glacier change in the West, is based on the data collected by these clubs. A hiatus in observations coincides with World War II, after which the science changed from an observational geographical approach to a geophysical and modern approach that we follow today. The lecture concludes with a summary of glacier change observed over the past century.



**Lucky Labrador
Brewing Company**
1945 NW Quimby St.
**Tuesday, December 11
(second Tuesday)**
6:30 p.m. Social Hour
7:30 p.m. Northwest Glaciers
Food/Beverages available \$

Door prize: Pick up a ticket at the meeting for the drawing—you must be present to win.

Upcoming programs

January 8 (second Tuesday)– Telemark and AT skiing
February 5–Ski Mountaineering: Circumnavigation of Mt. Baker
March 5–National Parks of SW Utah
April 2–The Magic of Madagascar



Oregon Nordic Club
P O R T L A N D
C H A P T E R

Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906



Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.