



# Oregon Nordic Club PORTLAND CHAPTER

OCTOBER

2018

## Tilly Jane Cabins update

**There's been a lot going on over the past month! The Phase 3** project work has wrapped up, which completes the structural stabilization portion of the cabin restorations. Thank you to all the volunteers (72 individual volunteers put in over 600 hours of donated labor) that came up and helped! She's got a brand new, shiny roof to keep the rain and snow out, plus lots more. But, there's one more thing that needs to be done to prepare the cabins for winter. We need to put up annual wood supply! Come up, see the progress, and help prepare the cabins for winter use! See page 4 for details on the October 6 Wood Haul and join us, to bring in the wood for the winter.

André Fortin, Tilly Jane



André Fortin

## ONC-PDX Overnight Trips signups

**The convenient and popular ONC-PDX's overnight ski trips signups return online this**

year with a lot of great new and old trips. Come to the October 2 general meeting where the trip leaders will showcase the 2018-19 trips. However, actual signup is slated for October 13 beginning at 6:00 p.m. Members may also sign up for overnight trips using the paper ONC-PDX overnight trip application and a check sent to the trip leader. However, signups by mail will not be accepted until online signup opens and some trips may fill prior to receipt and processing.

You must be a current member to sign up for overnight trips; renew or join ONC-PDX now, online at: [onc-pdx.org](http://onc-pdx.org), login, then click on "Membership." Take a look at the revised policies at: [oncpdx.org/activities/trip-policies/overnight-trip-policies-sept-2018-2](http://oncpdx.org/activities/trip-policies/overnight-trip-policies-sept-2018-2).

If you have comments or questions, please contact the Overnight Trips Committee at [oncpdx.ontrip@gmail.com](mailto:oncpdx.ontrip@gmail.com)

Sam Digard, Steve Planchon, Richard Crimi, *Overnight Trips Committee*

## NWSCC night at Columbia Sportswear downtown store

**Everyone is invited! Join Northwest Ski Club Council**

member clubs on Wednesday, October 17 for a fun evening the Columbia Sportswear Flagship Store, 911 SW Broadway, Portland! Discount shopping at Columbia and Mountain Hardware (next door) starts your evening from 5:00 p.m. on. Pizza and beverages will be served, and our guest speakers start at 6:30 p.m. There will be a presentation and amazing door prizes along with other speakers. RSVP on the NWSCC online ([nwsckers.org/calendar/2017/2/22/nwsccpacrat-industry-partner-mixer-1-azwxj](http://nwsckers.org/calendar/2017/2/22/nwsccpacrat-industry-partner-mixer-1-azwxj)) and get an extra door prize ticket when you check in. Get another door prize ticket for bringing a new guest to the event! There are discounts when you show your NWSCC membership card.

## Columbia employee store

**Once again Columbia**

Sportswear employee store is open to current ONC-PDX members until October 21 and the store hours are 10:00 a.m. to 9:00 p.m. Bring the invite that was linked with your e-newsletter (or email sent to you) or show it on your mobile devices, your membership card, and photo ID. The store is located at 14100 NW Science Park Dr.

## Inside

### 2 Upcoming Events

### 3 Volunteer Opportunities

#### Nordic Issues/News

##### Mt. Hood NF

Fire restrictions lifted

Hunchback Trail

##### Deschutes NF

New Meissner ski trails

### 4 Trail Tending

Tilly Jane Wood Haul

Ochoco Trail Tending

#### Day Tours

#### Overnight Trips

2018-19 Overnight Trips

### 10 Club Benefits

### 11 Classified Ads



Tilly Jane Wood Haul



Ochoco Trail Tender

See pages 4 for details

## Board Members

**Ken Wenzel,**  
*President*  
503.297.2958  
skiwenzel@hotmail.com  
oncpdxpresident@gmail.com  
**Mary Bourret,**  
*Vice-President*  
503.201.3940  
marylbouret@gmail.com  
**William Neuman,**  
*Treasurer*  
wrn3200@yahoo.com  
**Ted Scheinman**  
503.452.7432  
tedskier@gmail.com  
**Tim Kral**  
timfkral@gmail.com  
**Laurel Dickie, Secretary**  
503.287.6290  
laureldickie@hotmail.com

## Bookkeeper

**Mary Hepokoski**  
503.245.1618

## Committees

**Day Tours:**  
oncdays@outlook.com  
**Laurel Dickie**  
503.287.6290  
laureldickie@hotmail.com  
**Barbara Hayman**  
bh13@att.net

continued on sidebar page 3

## EDITORIAL NOTES

**The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.**

Send submissions to oncnnews@outlook.com as a Microsoft Word document, or compatible program (no formatting i.e., no bold text, all caps text, tabs or other settings) as an attachment (preferred); compatible text files as an attachment; and put text in an email with no formatting.

**Corrections:** email corrections and/or additions to the editor.

This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906 Portland, OR 97208

# U P C O M I N G E V E N T S

## Oct 2 ▶ TUESDAY

### Overnight Trips

#### Extravaganza

ONC-PDX monthly program  
6:30 p.m. – 9:00 p.m. Lucky  
Lab, 1945 NW Quimby St.



## Oct 6 ▶ SATURDAY

### Community Cycling Center Bike Drive

REI Portland area stores, 10:00 a.m. – 3:00 p.m.  
Donate a bike in good condition, help the Community  
Cycling Center broaden access to bicycling, and its  
benefits and receive a discount REI  
coupon. Info: communitycyclingcenter.org

## Oct 8 ▶ MONDAY

### Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Lucky Lab, 1945 NW Quimby St.  
Free! Info/sign-up: rei.com/learn.html

## Oct 11 ▶ THURSDAY

### Best Local Fall Hikes:

#### The Oregon Coast

6:00 p.m. – 7:30 p.m. Clackamas REI.  
Free! Info/sign-up: rei.com/learn.html

## Oct 17 ▶ WEDNESDAY

### Ride NW Oregon: Local Mountain Biking Trails and Tips

6:00 p.m. – 7:30 p.m. Tualatin REI.  
Free! Info/sign-up: rei.com/learn.html

## Oct 18 ▶ THURSDAY

### Best Local Fall Hikes:

#### Mt. Hood Region

6:00 p.m. – 7:30 p.m. Clackamas REI.  
Free! Info/sign-up: rei.com/learn.html

## Oct 25 ▶ THURSDAY

### Ever Wild: A Lifetime on Mt. Adams

6:30 p.m. – 8:00 p.m. Hillsboro REI.  
A Lifetime on Mt. Adams through the lens and  
adventures of author and photographer Darryl Lloyd.  
Free! Info/sign-up: rei.com/learn.html

## Clinics and Training

### Oct and Nov ▶ SATURDAYS 2018 Fall XC Training Series Portland, OR

(locations, times, and dates subject to change so  
check before any session!)

Saturday, October 13 — 9:30 a.m., Mt. Tabor Park  
Saturday, October 20 — 9:30 a.m., Hoyt Arboretum/  
Forest Park (above Zoo)

Saturday, October 27 — 9:30 a.m., Mt. Tabor Park  
Saturday, November 3 — 9:30 a.m., Hoyt  
Arboretum/Forest Park (above Zoo)

Info: xcOregon.org teacupnordic.org

Sponsor by: Oregon Nordic Club Teacup Chapter and  
XC Oregon race team

### Nov 30–Dec 9 ▶ FRI–SUN 2018 Oregon Fall Camp Mt. Bachelor, OR

Start your ski season off with one of the best camps  
in the XC ski world! Sign up for any number of  
days. Features reliable early December skiing at Mt.  
Bachelor, top coaching, training lectures, and  
(optional) world-class physiology testing. Training  
lectures, wax clinics, and video review socials will  
be held twice over the camp period. Campers can  
attend any of those programs regardless of whether  
you ski that particular morning. Designed  
specifically for adult XC skiers and racers with  
skills anywhere from low intermediate to expert.  
Info and register: xcOregon.org/oregon-fall-camp

### Jan–Feb ▶ SATS AND SUNS Mazamas Nordic Ski School

Beginning (never been on skis) to Advanced,  
Nordic Downhill (beginning tele) and Backcountry  
courses. Jan 5 to Feb 3. Mandatory student  
orientation Jan 4, 6:30 p.m. – 9:00 p.m. Registration  
opens Nov 1, 9:00 a.m.

Info/sign up: mazamas.org/nordic

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968  
by Nordic ski enthusiasts interested in using public  
lands for recreational cross-country skiing, the  
Portland Chapter of the Oregon Nordic Club grew to  
over 550 members. The Portland Chapter is one of  
twelve chapters in the state. With activities year round,  
the Portland Chapter is dedicated to promoting  
greater participation in and understanding of the  
value of outdoor recreation with an emphasis on  
Nordic and backcountry skiing. In addition we hike,  
climb, backpack and bicycle year round in the northwest  
forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 6)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year:  
\$29 for single, \$35 for family/household. Join on the  
website. Info: oncmembership@gmail.com



## ONC-PDX BOARD SKI TRACKS

### There was a dusting of snow on Mt. Hood

last week. Ski season could be starting in the next six to eight weeks. Now is the time to get your body and equipment ready. It is as easy as 1, 2, 3.

- 1) Stand up and do 10 lunges with each leg. Do this every day, so simple. Take the Fall XC Training Series (see Clinics and Training under Upcoming Events on the previous page).
- 2) Get your skis out, dust them off, inspect the bottoms. Bring them into the ski shop for a base wax. Even "waxless" skis need a base coat to protect them. Beat the rush at the ski shop. Look over your ski wardrobe. Is it time for a new base layer, new socks, new gloves?
- 3) Renew your membership. You can't sign up for an overnight trip unless your membership is valid so go online and do it now because there are great trips planned for this season. You will hear all about them at the October meeting. See you there.

Mary Bourret, Vice-President

### William (Bill) Wood Yaeger April 20, 1952–August 24, 2018

Bill Yaeger passed away in August. Bill joined the club in January 2011 and jumped right in, volunteering with the our trail maintenance program leading

trail tending parties on ski trails in the Mt. Hood National Forest. He joined the ONC-PDX Board in April 2013 served two years. He was our membership database manager and handled the mailing of our paper newsletter. Bill was great to work with and is missed.

Bill was, also, our webmaster and had

worked on many things involved with it. He and Denise went on many overnight trips; I recall a train trip and ski in Glacier National Park with them.

His obituary was in the Sunday Oregonian on September 16. There will be a celebration of his life sometime in the spring. Memorial donations may be made to the GIST Cancer Research Fund ([gistinfo.org/gist-donate](http://gistinfo.org/gist-donate)) or Habitat for Humanity ([habitat.org/donate](http://habitat.org/donate)).

Pam Rigor, Editor

## VOLUNTEER OPPORTUNITIES

### To volunteer, please contact a board member. (see sidebar page 2).

**Leadership Training** We'd like to recruit new leaders and improve the skills of all our leaders. We could use your assistance developing this and helping with the logistics.

**Publicity/Articles** In the past local papers have had articles on cross-country skiing. Can someone contact the Oregonian, Willamette Week, Mercury or other with story ideas and see if we could get them to run with it.

**New Members** How do we get new members? What has been effective? We'd like a volunteer to analyze the membership data, conduct surveys and maybe assist in projects for recruiting new members.

**Day Tours** Can you have too many day tours? If interested in leading a tour see Leader Information for Day Tours: [onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)

**Trail Tending** Volunteer to keep our trails in order. See summer trail tending schedule page 5.

**Tilly Jane** Check website for work parties: [onc-pdx.org/events/categories/tj-summer-work-party-2018](http://onc-pdx.org/events/categories/tj-summer-work-party-2018)

**Board Member** Some seats open every year in March. This is a great way to get involved in the club.

**Facebook** Help post to the ONC-PDX Facebook page. Got other ideas of how we can make the page more fun?

**Volunteer Coordination** We could work out what this would entail but probably keeping a list of volunteer opportunities and connecting to interested members.

## NORDIC ISSUES/NEWS

### Mt. Hood NF

**Fire restrictions lifted** All public use fire restrictions for the Forest have been lifted.

**Hunchback Trail** On September 14 the state wildlife officials killed a cougar, which they think killed a hiker on Hunchback Trail, two miles from Zigzag ranger station. The trail and surrounding trails were closed during the search for the animal.

### Deschutes NF

**New Meissner groomed ski trails** The plans are in the works for two new short groomed ski trails to connect three existing trails. These will allow skiers to ski a loop instead of an out and back. Each new trail will be 0.3–0.4 miles long and about 18 feet wide to allow for the groomer. Info: [fs.usda.gov/project=53864](http://fs.usda.gov/project=53864)

Pam Rigor, Editor

Scott Diamond

[scott.diamond.mail@gmail.com](mailto:scott.diamond.mail@gmail.com)

Terry Owen, Wednesday  
ski tours

[terryowen1@gmail.com](mailto:terryowen1@gmail.com)

### Membership:

**Ted Scheinman**

503.452.7432

[tedskier@gmail.com](mailto:tedskier@gmail.com)

**Susan Kelly**

503.706.6463

[susankilduffkelly@gmail.com](mailto:susankilduffkelly@gmail.com)

**Barbara Sack**

503.978.9475

[barbara3820@earthlink.net](mailto:barbara3820@earthlink.net)

**Pam Rigor**

[oncmembership@gmail.com](mailto:oncmembership@gmail.com)

### Nordic Issues:

**Pam Rigor,**

[oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com)

### Overnight Trips:

[oncpdx.ontrip@gmail.com](mailto:oncpdx.ontrip@gmail.com)

**Sam Digard, Chair**

360.910.1714

[sam.digard@gmail.com](mailto:sam.digard@gmail.com)

**Richard Crimi**

[richard\\_crimi@hotmail.com](mailto:richard_crimi@hotmail.com)

**Steve Planchon**

[scplanchon@gmail.com](mailto:scplanchon@gmail.com)

### Programs:

**Ron Bekey**

503.475.0084

[rbekey@gmail.com](mailto:rbekey@gmail.com)

### Publications:

**Pam Rigor,**

Newsletter Editor

[oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com)

### Publicity:

vacant

**Tilly Jane:**

**Andr  Fortin**

[tillyjanecabin@gmail.com](mailto:tillyjanecabin@gmail.com)

### Trail Maintenance:

**Ken Wenzel**

503.297.2958

[skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

### Website:

**Nick Appelmans**

[megazoic@gmail.com](mailto:megazoic@gmail.com)



## DAY TOUR OVERVIEW RSVP

It's important that our organizer's time and effort in planning events is respected and appreciated. Respecting your RSVP also ensures that all of our members have access to our tours that may otherwise fill up. We document no shows for events and this will impact your acceptance for future events.

### Tour Difficulty

It is always difficult to communicate the difficulty of a tour. (See page 5 sidebar for ratings.) These ratings are a starting point. If you are uncertain then we strongly encourage you to contact the tour lead (it is much easier to sort this out before the trip than on the trail).

### What to Bring

Let's start with the *10 Essentials*. This is list of items which we recommend every participant carry (not just the tour leader). For clothing please look at: [onc-pdx.org/resources/wear/](http://onc-pdx.org/resources/wear/) For the vast majority of our tours you need to have skis beforehand (we don't have time to stop and rent skis on the way). If you need to rent equipment please see Rentals and Retailers.

### Carpooling

Lack of snow worthy vehicles is a growing issue for the club and board is reviewing options to change our policy. The ONC-PDX carpool policy is: Each passenger contributes 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile. Typical carpool cost per

continued on sidebar page 5

## Trail Tending/Tilly Jane Wood Haul

### Join us on the Tilly Jane Wood Haul or

one last trail tender to improve the trails that we will ski on this winter in the Ochocos.

**What to bring:** Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.



### Oct 6, Sat, Tilly Jane Wood Haul Tilly Jane, East side of Mt. Hood, OR

As we do every year, we'll be putting up the annual firewood supply and preparing the cabins for the upcoming winter season.

Bring clothing appropriate to expected weather conditions, sturdy work boots, gloves, water and a willingness to help prepare the cabins for winter use. We'll also need splitting mauls and chain saws. Bring a potluck lunch item to share! Beverages provided by Base Camp Brewing. Earn a free weekend stay at one of the monthly club weekends (January–April).

The cabins will be open for overnight guests Friday and Saturday, October 5 and 6.

For more info contact: André  
[reservations@tillyjanecabins.org](mailto:reservations@tillyjanecabins.org).

### Oct 15–16, Trail Tending Party Walton Lake, Ochoco Mountains

We have several trips this upcoming ski season and plan on improving the trails that we will be skiing on there. For more info and to volunteer contact: Ken Wenzel 503.297.2958  
[skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com).

## DAY TOURS

**Note: if weather or road conditions are dangerous, please check with the leader.**

**More tours may be listed here:**

[onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)

[onc-pdx.org/forums](http://onc-pdx.org/forums)

[meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](https://www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)

**Note: dogs are only allowed on tours designated as “dog tours”**

No October. day tours. Join us for the Tilly Jane Wood Haul or the Ochoco Trail Tending Party. ♦

## Lead a day tour

### Join the ONC-PDX tour leader team...

Lead your ONC-PDX friends on a hike, bike, or ski if there is snow. Submit tour descriptions with the Day Tour Input Form (on our website click on “Activities and Events” then on “Day Tours”) or send an email with the tour description (by October 14, 8 p.m. for the November newsletter) to [oncdaytours@gmail.com](mailto:oncdaytours@gmail.com). Last minute tours can be posted on the website and, if you wish on Meetup. New to leading? For more info contact us. ♦

Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee

## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ♦ Overnight trips are exclusively for members; join or renew your membership (can be done online under “Membership”) before signing up for overnight trips.
- ♦ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ♦ Read the overnight trip policies (see side-bar page 7)!
- ♦ Sign-up online starting on Saturday, October 13 at 6:00 p.m.
- ♦ Sign up early so we'll have enough people to cover trip costs.
- ♦ If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- ♦ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check [onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance)

**Note: Paper ONC-PDX overnight trip applications can be used to sign up, but please read the article on the front page before using them.**

Nov 21–25, Wed–Sun, Easy/Intermediate Ski  
**Thanksgiving Triathlon 2018—Ski, Hike, Turkey Dinner! Sunriver, OR**

When it's time to start skiing or finish hiking—as the





case may be—ONC-PDX does it in Sunriver. This year, we'll include a snow dance as well! Eight of us will stay in a comfortable house in this resort community 20 miles south of Bend, where we will be flexible about our sports but definite about Thanksgiving dinner. We expect to

ski on the groomed trails at the Mt. Bachelor Nordic Center or in the backcountry. We may hike to waterfalls or in the desert, take a field trip to the High Desert Museum, Observatory, Nature Center or Bend, and the house offers bicycles for use on the extensive paved trails in Sunriver. It is a rare delight when we have snow at our doorstep.

We will carpool to Sunriver and to trailheads. Skiing is easy to intermediate, and there are lessons and rentals available at Mt. Bachelor, where there is a fee for the groomed trails that usually open the day after Thanksgiving. If we go to Paulina Falls, a Sno-Park permit is required there. The village at Sunriver has a supermarket, shops, and restaurants. We will have passes to the Recreation Center, and our house has a hot tub. Check it out (the house is Whistler #20, new to us this year). Join us! Hope to see you on the trip.

**Trip limit: 8 participants (2 couples, 4 singles).**

**Cost: \$255/member, per person. Includes four nights' lodging.**

**For more info contact the trip leader: Elke Schoen [elkeschoen@msn.com](mailto:elkeschoen@msn.com) 503.239.9286**

**Dec 27–Jan 1, Thur–Tue, All Ability Ski**

**Methow Valley, Winthrop, WA—Trip 1**

The Methow Valley has over 200 km of trails groomed for classic and skate. We always fill the four days of skiing with world class action as the elevation of the trail systems ranges from 2,000 to over 4,000 ft. Some people will take a skate lesson and decide to pack away their classic skis for this new-found skill. Some people ski from our luxury condo in Winthrop to Twisp for breakfast at the bakery enjoying the presence of bald eagles and deer en-route.

We have two luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and some are within skiing/walking distance from the condo, along with grocery and sundries stores.

If you tire of skiing, the town of Winthrop is perfect for sightseeing. It is an authentic replica of a frontier town with museums, saloons, and when your energy returns, you can ice skate on the ice-skating rink.

All the trails are groomed for skiing, skate skiing, and fat tire bike. You can leave your backcountry skis and snowshoes home for this one. Trails range from easy to black diamond, but with impeccable grooming—even on the double black trails you have total control.

**Trip limit: 12 participants, includes leader.**

**Cost: \$325/member, per person. Includes five**

**nights' lodging (\$60-80 groomed trail pass not included).**

**For more info contact the trip leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com)**

**Dec 28–Jan 1, Fri–Tue, All Ability Ski**

**New Year's at Black Butte Ranch, OR**

Celebrate the New Year in the peaceful setting of Black Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine and interesting conversations after an invigorating day in the outdoors. This central



Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option from

the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters. Amenities at Black Butte include a hot tub, sauna and swimming pool. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore and various shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the humdrum of daily life. The accommodations are a large house with three queen bedrooms and a bunkroom with two bunk beds.

**Trip limit: 8 participants (3 couples, 2 singles).**

**Cost: \$320/member, per person. Includes four nights' lodging.**

**For more info contact the trip leader: Ann Truax [ann.truax@gmail.com](mailto:ann.truax@gmail.com)**

**Jan 4–6, Fri–Sun, Inter. Backcountry Ski/Tele**

**Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR**

**This trip also available the following weekends: February 1–3, March 1–3, and April 5–7**

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals.



We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS required. Climbing skins are required, too.

**Trip limit: 15 (max.) participants. Open to all ONC-PDX members and Tilly Jane (TJ) cabin volunteers.**

cont. from sidebar page 4

person for Mt. Hood is \$18 for Government camp to \$25 to Teacup (via Hood River). Please respect this policy by paying your drivers prior to their prompting.

#### **Dogs**

Dogs are only allowed on a few ONC-PDX trips. If you don't see dogs allowed on the trip write-up then please don't bring your dog (you will not be allowed to ski with the group).

#### **FS Dog Policy**

Dogs must be on a leash in all sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

#### **TOUR/TRIP RATINGS**

All ONC-PDX tours/trips are rated as either Novice, Easy, Intermediate, or Advanced. These terms are an approximate guide to the skill and commitment required for the tour/trip. Use the rating guide to select the right tour/trip for your ability and inclination. Please do not attempt a tour/trip that is beyond your ability; you could endanger yourself or others in your party.

#### **Novice Ski**

2–5 miles slow-paced day tours over gentle terrain. These tours are for beginning cross-country skiers with a little prior skiing experience (the ability to do a reasonable shuffle on skis). Leaders will not teach skiers how to ski, but will help them as much as possible.

#### **Easy**

**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

continued on page 6

cont. from sidebar page 5

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate Ski:** 6–12 miles.

Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour/trip description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced Tour**

**Ski:** > 12 miles; terrain flat to steep hills (> 10 degrees); moderate to fast pace.; strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain; steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

## TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet.; choose wool or synthetics for warmth and comfort.

## Skiing & Hiking Essentials

■ First aid kit ■ Matches

continued on sidebar on p. 7

**Cost: Free (another club benefit). You must be an ONC-PDX member or TJ volunteer before signing up for this trip.**

**For more info contact:** [reservations@tillyjanecabins.org](mailto:reservations@tillyjanecabins.org). We'll forward your request to the appropriate trip leader. Leaders TBD.

**Jan 12–20, Sat–Sun, Intermediate Ski**

**British Columbia Mega Ski, Logan Lake, BC and Chelan, WA**

We will plan on a long one-day drive up and a one-day drive back. We will spend four nights at Logan Lake at a Bed and Breakfast with breakfast and dinner and sack lunch for four days included. We will ski at Stake Lake (60 km) Groomed Skate and Classic, Logan Lake (34 km) Groomed Skate and Classic, Kane Valley (50 km) Ungroomed Classic. We will then drive to near Apex – stay in a Condo and ski Nickel Plate Cross Country 6000 ft. elevation (56 km) Groomed Skate and Classic and maybe Telemark XC (50 km) Groomed Skate and Classic. Then drive across the border to Chelan and ski Echo Ridge (25 miles Groomed) Skate or Classic, before driving home the next day after staying in a motel. Three nights we will cook our own meals and make lunches, included. The last night we will eat out, not included in trip cost. All resorts have warming lodges. Trail Passes are extra at \$12-15 CAD per day. We will plan on Carpooling, food during the driving days is on your own. Passports required and no DUI's on record or other items.

**Trip limit: 7 “serious skiers,” plus leader.**

**Cost: \$610/member, per person. Includes eight nights' lodging and most meals.**

**For more info contact the trip leader: Ken Wenzel 503.297.2958 (hm) [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)**

**Jan 14–17, Mon–Thur, All Ability Ski**

**Summit Meadow Cabins at Trillium Basin, Mt. Hood, OR**

Here's your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at the end of the day. Skiing choices without driving include many of the trails in the Trillium basin and Government Camp area or driving to Bennett Pass, Twin Lakes, or others. While this is an all ability ski, the group usually divides into two ski groups, one doing intermediate to advance backcountry skis and the other doing easy to intermediate skis. We will stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. We will cook communally for breakfasts and dinners.

**Trip limit: 10 participants, includes leader.**

**Cost: \$75/member, per person. Includes three nights' lodging.**

**For more info contact the trip leader: Mary Hepokoski 503.245.1618 [hepomp8@comcast.net](mailto:hepomp8@comcast.net)**

**Jan 17–20, Thur–Sun, All Ability Ski (with Intermediate skills recommended)**

**Odell Lake/Willamette Pass, OR—Trip 1**

Willamette Pass offers an extensive variety of groomed and backcountry trails. Classic backcountry will be the mainstream venue for these three days of skiing trip. You

can skin up and hit the summit of Maiden Peak or tame it a bit and ski the variety of trails and pop in to the shelters for lunch. Odell lake trails are at around 5,000 ft. Sno-park permit is required, but there are no lift tickets or trail passes unless we ski at the Willamette Pass Ski Area. Most people breakfast individually and pack a lunch for the trail. Dinners will be potluck, which we will pair off to prepare for the group. We will carpool, skiing two full days and part day on Sunday. The house we are staying is marvelously equipped.

**Trip limit: 7 participants, includes leader.**

**Cost: \$200/member, per person.**

**For more info contact the trip leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com)**

**Jan 18–20, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR**

**This trip also available the following weekends: February 15–17, March 15–17, and April 12–14**

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are required, too.

**Trip limit: 4 participants (max.), Open to ONC-PDX members with preference given to Tilly Jane (TJ) volunteers.**

**Cost: Free (another club benefit). You must be an ONC-PDX member, or TJ volunteer to sign up for this trip.**

**For more info contact:** [reservations@tillyjanecabins.org](mailto:reservations@tillyjanecabins.org). We'll forward your request to the appropriate trip leader. Leaders TBD.

**Jan 18–21, Fri–Mon, All Ability Ski**

**MLK Weekend at Lake Creek Lodge, Camp Sherman, OR**

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a cross-country ski holiday. Check it out online: [lakecreeklodge.com](http://lakecreeklodge.com)

We'll carpool over on Friday, have a traditional ONC-PDX potluck dinner on Saturday, with leftovers and a slideshow on Sunday. Ski options are many—Santiam Pass, Mt. Bachelor Ski Area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky, right out the door of our cabins. Separate rooms for couples/genders.

**Trip limit: 16 participants, includes leader.**

**Cost: \$185/member, per person. Includes three nights' lodging.**

**For more info contact the trip leader: Steve Levy 503.244.4262 [slevy@pacifier.com](mailto:slevy@pacifier.com)**



**Jan 23–27, Wed–Sun, All Ability Ski (with options)  
Anthony Lakes, Baker City, OR—Trip 1**

We will be staying at my favorite place, The Good Bear Ranch by Baker City. Skiing most days is at Anthony Lakes Resort. There you can skate ski or classic on 30 km of groomed trails. You can also skin up and telemark the backcountry or ride the lift up for extra fun. The base of



Ken Wenzel

Anthony Lakes is 6,000 ft. and the ski lift climbs to 7,300 ft. so you have pretty good odds of getting dry snow. There are other backcountry trails for other touring options. If the snow

gods are good we can even ski at the ranch. Trail passes or lift tickets are reasonable and might be free some days (a one-way lift ride is \$6). We will plan on your own for breakfast. But we will share dinners that will be divided up for fairness. We will carpool, skiing three full days, and possible a part day going home. The Lodge at Anthony Lakes serves good food for lunch and they have a great bar for the end of the day meet up.

**Trip Limit: 9 “lucky skiers,” includes leader.**

**Cost: \$290/member, per person.**

**For more info contact the trip leader: Ken Wenzel  
503.297.2958 (hm) skiwenzel@hotmail.com**

**Jan 31–Feb 3, Thur–Sun, Intermediate Ski  
Ochoco Ranger Cabin, Ochoco National  
Forest, OR—Trip 1**

We will drive over on Wednesday arriving in time for an evening ski before dinner. We will ski both Walton Lake Trails and Bandit Springs during the next two days. The last few years we have seen wild horses by Walton Lake and by the cabin.

If the snow gods are not favorable we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things do in that part of the state. We will each bring our own breakfasts and lunches, but plan on joint dinners with everyone being assigned items to bring.

Looking forward to skiing in the big pines again!

**Trip Limit: 6 participants plus leader (two queen beds, three twins).**

**Cost: \$55/member, per person. Includes lodging.**

**For more info contact the trip leader: Ken Wenzel  
503.297.2958 (hm) skiwenzel@hotmail.com**

**Feb 1–3, Fri–Sun, All Ability Ski  
Black Butte Ranch in February, OR**

Join us for two days of skiing in Central Oregon’s Black Butte Resort near Sisters. Santiam Pass at 4,817 ft. is about 12 miles away with lots of ski loops and warming shelters. The Camp Sherman area nearby has skiing along the Metolius up to the river’s headwaters or up Black Butte. The Three Creeks Area near Sisters offers more choices and views. The Hoodoo Ski Area is 13 miles away and has nearly 10 miles of groomed trails. Altogether, the surrounding area offers a variety of backcountry and

groomed trails, from novice to most difficult. The house has a full kitchen and a hot tub, and the resort has restaurants plus a recreation center with a swimming pool.

**Trip limit: 8 participants (includes the leader).**

**Cost: \$140/member, per person. Includes two nights’ lodging.**

**For more info contact the trip leader: Donna Matrazzo 503.621.3049 matrazzo@msn.com**

**Feb 1–3, Fri–Sun, Intermediate Backcountry Ski/Tele  
Tilly Jane A-Frame Cabin—Club Weekend,  
Mt. Hood, OR**

(See January 4–6 Tilly Jane A-Frame Cabin description)

**Feb 6–10, Wed–Sun, Intermediate/Advanced Ski  
McCully Alpine Hut in the Wallowas, Eagle  
Cap Wilderness, OR**

Backcountry skiing with an alpine flavor Oregon style! A three-night stay at McCully Alpine Hut exploring varied alpine terrain within the Eagle Cap Wilderness Area in the Wallowas in Eastern Oregon awaits us. We will arrive in Enterprise, Oregon Wednesday evening to guest lodging for the entire group (up to 3 doubles, 9 singles)—a good place for storage while on tour, showers available after ski-out! The first day, we ski to the hut main village (cooking yurt, two sleeping yurts). Plans for a next day include a guided tour in some of the most breathtaking mountain backdrops in Oregon. A third day, with experience gained from the day before, will be spent touring to a new destination still to be discovered. Ski out on the fourth day to waiting showers before the ride back to Portland.

At McCully Basin (Base Camp elevation 7,500 ft) the ski terrain offers a wide variety for the backcountry skier, from low-angled gladed meadows to broad moderate north-facing alpine bowls surrounded by non-technical summits.

Backcountry ski gear (NNN bindings or better) is required as skiing will be done on ungroomed terrain. Skins and rescue equipment are available as deemed appropriate to the conditions and terrain. For food there are in town restaurants Wednesday Evening/Thursday morning. Once on the ski trip we will arrange group dinners and breakfasts; lunch is each person’s responsibility. Participants are expected to carpool from Portland for the six-hour drive.

**Trip Limit: 12 participants, includes co-leaders.**

**Cost: \$355/member, per person. Not included: carpooling, not-included meals, etc.**

**For more info contact the trip co-leaders: David Bath 503.819.8551 dbath4@gmail.com and Kate McPherson 306.609.1453 k8tmcp@gmail.com**

**Feb 8–10, Fri–Sun, All Ability Ski  
Shelter Cove Resort at Odell Lake/  
Willamette Pass, OR**

Do you want a change of pace from Mt. Hood area? Well, this is the trip for you! Odell Lake is situated at 4,800 feet just over the top of Willamette Pass east of Eugene on Hwy. 58. We will stay at Shelter Cove Resort, in Kokanee Lodge, on the shore of Odell Lake, with room for two couples and six singles. A multitude of satisfying routes are possible, including Mt Fuji, Maiden Peak

cont. from sidebar page 6  
(in waterproof case) and fire starter ■ Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivvy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sunglasses, lip balm and sun screen ■ Foam sit pad  
**Biking Essentials**  
■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

**OVERNIGHT  
TRIP POLICIES  
Trip Participation**

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at that time. The only exceptions are overnight trail tending work parties and Tilly Jane Club project weekends, which are open to non-member volunteers.

2. Overnight trip sign-ups are done *online* at the club website: [onc-pdx.org/activities](http://onc-pdx.org/activities) then click on “Overnight Trips.” The website will begin accepting applications on a day and at a time specified by the ONC-PDX Board of Directors, with registration usually occurring during the week following the October general meeting. Once accepted, the trip applicants will receive a confirmation email. To complete the sign-up process, the member must email a completed an Overnight Trip Application ([onc-pdx.org/activities](http://onc-pdx.org/activities)) continued on sidebar on p. 8

cont. from sidebar page 7

pdx.org then click on "Members Only" then on "Forms") to the trip leader, including their signed waiver and release of liability as required by the club. 3. If a trip appears to be full during the registration process, applicants should contact the trip leader directly to: (i) confirm that the trip is actually full; and (ii) if full, to be placed on the trip wait list as cancellations are relatively common.

4. Trip leaders have the authority to not accept a trip participant application if the applicant does not appear to have the appropriate level of skiing ability for the trip; or (ii) bed availability does not match the a participant's circumstances, e.g., the applicant will be traveling alone, does not want to share a bed, and only one double bed remains available, which is better suited for another couple that has applied for the trip. 5. Trip leaders, after consulting with the ONC-PDX Board and Overnight Trip Committee (OTC), may also deny a trip application based on an applicant's behavior on previous ONC-PDX trips.

#### **Wait list procedures**

1. To be placed on a trip wait list, applicants must submit a completed trip application to the designated trip leader, along with a check for the full amount of the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline.

2. Wait list checks will not be cashed until the wait list applicant has

continued on sidebar on p. 9

(7,800 ft), plus many intermediate and easy trails to Gold Lake, Pulpit Rock, Rosary Lakes—plus shelters and other lakes. Views of Diamond Peak are possible. Groomed trails loop through the dense forest at Willamette Pass. Come experience a real winter in this lodge under snow-laden fir trees. We will potluck on Saturday evening. There is a restaurant at the Lodge (Hook and Talon) for those who wish to eat dinner there on Friday night. Bring your breakfast and lunch foods. The kitchen comes equipped with most items and includes a microwave but some supplies are in short supply, so bring if in doubt.

**Trip limit: 10 participants, includes leader.**

**Cost: \$90/member, per person. Includes lodging.**

**For more info contact the trip co-leaders: Ted Scheinman 503.452.7432 tedskier@gmail.com**

**Feb 10–14, Sun–Thur, All Ability Ski**

#### **Methow Valley, Winthrop, WA—Trip 2**

There is no place like the Methow Valley in North Central Washington for endless skiing in perfect conditions. If you did not get enough last year, come again. The Valley has 200 km of groomed trails across the open fields of the valley floor, along the Rendezvous Traverse, and at Sun Mountain Lodge, dry snow and sunshine. We can be relaxed or zealous, take a skate ski lesson, or walk a half-mile to the center of town and be educated at the Schoolhouse Pub (or bookstore or art gallery). We'll be staying in the River Run Inn Guest House, with room for us all at one table, a view of the river, and where we will have an attached indoor pool and hot tub (shared with others) and no bunk beds. We will decide where we want to ski each day and arrange carpools. There is something for every ability level. The Guest House has a huge kitchen for preparing potluck dinners. Winthrop has a supermarket, and several restaurants are a short walk away.

**Trip limit: 12 people (3 couples, 6 singles).**

**Cost: \$205/member, per person. Includes four nights' lodging. Not included: required trail passes; \$24/day, \$60/3-days**

**For more info contact the trip leader: Elke Schoen elkeschoen@msn.com 503.239.9286**

**Feb 14–17, Thur–Sun, Intermediate Ski**

#### **Ochoco Ranger Cabin, Ochoco National Forest, OR—Trip 2**

**Small group classic skiing in Big Pine Country!**

If you are interested in skiing with a small group in beautiful Ponderosa Pine country away from the crowds, this is the trip for you.

We will drive over on Thursday hoping to arrive in time for an evening ski before dinner. We will ski the Walton Lake and Bandit Springs Forest Service trails. The last few years ONC-PDX skiers have seen wild horses by Walton Lake and by the cabin.

If snow is lacking we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things to do in that part of the State. Participants are responsible for their own breakfasts and lunches; dinners will be potluck.

**Trip limit: 7 participants total (two queen beds, three twins).**

**Cost: \$55/member, per person. Includes lodging.**

**For more info contact the trip leader: Steve Planchon, 503.467.8699 scplanchon@gmail.com**

**Feb 15–17, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR**

(See Jan 18–20 Tilly Jane Guard Station description)

**Feb 15–19, Fri–Tue, All Ability Ski**

#### **Sunriver President's Day Weekend (Tuesday bonus stay over), OR**

Come to Sunriver to enjoy a long weekend in the sunny and snowy Central Cascades in mid-February! This is perhaps the prime ski time to hit the multiple ski trails in and around Mt. Bachelor, all in a half-day's drive from Portland. With sno-parks galore, plus the Bachelor Nordic Center, it gives us a lot to choose from including groomed trails, skating, and backcountry terrain to test your ability. Perfect for everyone from an easy ski to intermediate and advanced. Keep the options open too because the area has great hiking, biking, and other sites nearby.

Our spacious accommodations (5 bedroom/4 bath) features a hot tub, fireplace, BBQ, pool passes, and more. The resort itself offers restaurants, art and gift shops, ski and bike rentals, and local supermarkets. Explore the area with a walk or bike ride on the paved paths to the village center, watch the wildlife around the Deschutes River, catch a night light show at the Oregon Observatory, or just relax after a satisfying day on the trails. Our rental gives us a bonus night to extend our stay on into Tuesday for added skiing fun.

We will carpool from Portland and to the ski areas each day, about 20 miles from our house. Dinners are infamous ONC-PDX potluck style. Everyone does their own breakfast and lunch. Other than sno-park permits for drivers, we can ski for free on most of the trails, pay for the groomed trails at the Nordic Center, or by donation at Virginia Meissner.

**Trip limit: 10 participants (includes trip leader).**

**Cost: \$190/member, per person. Includes four nights' lodging.**

**For more info contact the trip leader: Richard Crimi, 503.726.8998 richard\_crimi@hotmail.com**

**Feb 22–24, Fri–Sun, Easy Ski**

#### **Sunriver Groomed Trail Skiing, OR**

Relax and enjoy two easy days of skiing on groomed trails and evenings with good food, games and conversation. Conditions permitting, we will ski Mt Bachelor Nordic Center one day and Virginia Meissner the other. Carpools will leave Portland depending on when participants are able to leave. Those who can leave Portland Friday morning can ski before we check into the house. Sunriver is about 175 miles from Portland and Mt. Bachelor Nordic Center is 20 miles from Sunriver.

Mt Bachelor Nordic Center has 56 km of trail groomed daily with elevations between 5,750 and 6,400 feet. Daily passes cost \$20 for adults age 19–64; \$13 for Seniors 65 and older, 2018 prices. Virginia Meissner has over 40 km of groomed trails at about 5,300 feet elevation.

Our house includes a hot tub, unlimited SHARC passes to the aquatic center, cable TV, DVD player, linens,



washer and dryer, high speed internet, and fireplace. Dinners will be potluck, breakfast and lunch on your own.

**Trip limit: 8 participants, includes leader.**

**Cost: \$150/member, per person. Includes two nights' lodging.**

**For more info contact the trip leader: Debby Wenzel 503.422.1524 (cell), 503.297.2958 (hm) debbyras@msn.com**

**Feb 28–Mar 4, Thur–Mon, All Ability Ski Wallowa Mountains, Joseph, OR**

Come spend four days skiing eastern Oregon's Wallowa Mountains, where the mountains are steep and the snow is dry! We'll stay in one large house near Joseph. The house will easily accommodate the whole group and we can share potluck dinners. There are opportunities for all levels of skiing in the area, however there are no groomed trails. There are easy to intermediate trails at Salt Creek Summit and McCully Creek Trail from McCully Basin to explore. We'll carpool from Portland on Thursday, arriving in Joseph early that evening. Skiing can be enjoyed on Friday, Saturday, Sunday, and return to Portland Monday afternoon. Joseph is walking distance from the house so it can easily be explored in the evenings.

**Trip limit: 12 participants, includes leader.**

**Cost: \$210/member, per person. Includes four nights' lodging.**

**For more info contact the leader: Susan Watt 503.201.3977 susniam@gmail.com**

**Mar 1–3, Fri–Sun, All Ability Ski and Snowshoe Crater Lake Classic Ski Trip via Charter Bus, Crater Lake, OR**

The Classic Crater Lake ski trip is back! The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC-PDX for the traditional trip to Crater Lake.



Bob Breivogel

We'll board the deluxe coach in Portland at 4:30 p.m. on Friday, March 1 and proceed down I-5 while sharing in the world famous "Rolling Pot-Luck." We have invited members of the Willamette Chapter of ONC to join us. The next morning after a hearty gourmet breakfast at the Prospect Historic Hotel B&B Inn, we'll take a quick ride to the rim where we'll spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains while skiing as far as our legs can carry us. We will separate into groups based on abilities and endurance. A gourmet dinner will be provided on Saturday night at Inn, Sunday will be another day of different trails, different tours, and more exploring. We can even take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping for a special dinner on the way, arriving back in Portland about 10:00 p.m.

There are two options for accommodations: \$300/person for the Prospect Historic Hotel B&B Inn (one double or queen bed in each room for two people); or \$275/person in the adjacent Motel building (rooms with two or three beds per room). The Inn costs more \$25 per person. Please indicate which you wish. These prices are lower than they have been for six years!

**Contact leader for accommodation options before signing up.**

**Trip limit: 45 participants include leader.**

**Cost: \$275–\$300/member, per person depending on lodging choice and availability. Includes all bus transportation, two breakfasts, a gourmet dinner, and a dinner on the way home.**

**For more info contact the trip leader: Ted Scheinman 503.452.7432 teds skier@gmail.com**

**Mar 1–3, Fri–Sun, Intermediate Backcountry Ski/Tele Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR**

(See January 4–6 Tilly Jane A-Frame Cabin description)

**Mar 6–10, Wed–Sun, All Abilities Ski (with Intermediate skills recommended)**

**Anthony Lakes, Baker City, OR—Trip 2**

The Good Bear Ranch by Baker City hosts ONC-PDX members in this nicely equipped modernized lodge. Classic or skate skiing most days at Anthony Lakes Resort on 30 km of groomed trails. But don't discount backcountry. You can skin up and telemark the backcountry or ride the lift up for extra fun. The base of Anthony Lakes is 6,000 ft. and the lift climbs to 7,300 ft. There should be pretty good odds of getting dry snow. There are additional backcountry trails for many touring options. Trail passes or lift tickets are reasonable and might be free some days and a one-way lift ride is \$6. Most people breakfast individually and pack a lunch for the trail. Dinners will be potluck, which we will pair off to prepare for the group. We will carpool, skiing three full days and possible a part day going home. The Lodge at Anthony Lakes does serve good food for lunch and has a great bar for the end of the day meet up.

**Trip limit: 12 participants, includes leader.**

**Cost: \$295/member, per person. Includes four nights' lodging.**

**For more info contact the trip leader: Sam Digard, sam.digard@gmail.com**

**Mar 10–13, Sun–Wed, Intermediate Ski Ochoco Ranger Cabin, Ochoco National Forest, OR—Trip 3**

**Small group classic skiing in Big Pine Country!**

We will drive over on Thursday hoping to arrive in time for an evening ski before dinner. We will ski the Walton Lake and Bandit Springs Forest Service trails. The last few years ONC-PDX skiers have seen wild horses by Walton Lake and by the cabin.

If snow is lacking we will do some hikes in the local area and over at the Painted Hills in the John Day Fossil beds. There are always fun things to do in that part of the State. Participants are responsible for their own breakfasts and lunches. Dinners will be potluck. I'm looking forward to

cont. from sidebar page 8  
been moved from the wait list to the active trip roster. The check will be destroyed when the trip leader determines that a cancellation is unlikely or upon the request of the wait list applicant. Wait list applicants will be notified when the check is destroyed.

**Trip Cancellation Policy**

1. Trip fees and deposits are non-refundable, unless the trip leader is able to make a reasonable substitution for the canceling participants.  
2. Participants needing to cancel a trip should contact the trip leader immediately so that wait-listed applicants can be considered for placement on the trip roster.  
3. If a wait list exists, the trip leader will determine whether wait-listed applicants can be reasonably substituted for the cancelling participant(s). If a wait list does not exist, and sufficient time is available, the trip leader will advertise the trip availability through reasonable means available to the trip leader, typically through the web forum and club newsletter.  
4. If the leader is able to make a reasonable substitution for the cancelling participant, the cancelling participant will receive a refund of amounts paid, minus: (i) \$10 for each participant associated with the cancellation; and (ii) 3% of the amount paid. All communications regarding trip cancellations and associated refund requests are to be directed to the trip leader, who will coordinate with other club members, as

continued on sidebar on p. 10

cont. from sidebar page 9  
 needed, to ensure the proper handling of the cancellation notice and refund request. 5. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the OTC. Travel Insurance. To avoid the loss of trip fees or deposits, the club strongly recommends that trip participants purchase travel insurance, which is available from a variety of providers. Please see ([onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance)) for the current listing of some trip insurance companies.

#### **Policy and Procedure Waivers**

The Board reserves the right to waive any overnight trip policy or procedure when in the best interest of the club to do so. ♦

### **ONC-PDX MEMBER BENEFITS**

**Columbia Sportswear** 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [columbia.com](http://columbia.com)

**Mountain Hardwear** 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [mountainhardwear.com](http://mountainhardwear.com)

continued on sidebar on p. 10

skiing in the big pines again after 30 years!

**Trip limit: 7 participants total (two queen beds, three twins).**

**Cost: \$55/member, per person. Includes lodging.**

**For more info contact the trip leader: Laurel Dickie 503.415.1922 [laureldickie@hotmail.com](mailto:laureldickie@hotmail.com)**

**Mar 9–14, Sat–Thur, All Ability Ski**

**Methow Valley, Winthrop, WA—Trip 3**

Spring Skiing in the Beautiful Methow Valley!

ONC-PDX skiers return to the Methow Valley over and over again for a simple reason, the snow conditions and trail quality rarely disappoint. The Methow Valley Association grooms over 200 km of trails through the 2,000 ft. valley floor and into the adjacent hills and mountains, with some trails reaching the 4,000 ft. level. With longer days and warmer temperatures, the March trip to the Methow is not to be missed.

We will travel to Winthrop Washington on Saturday, meeting at our two side-by-side luxury condos for a casual evening planning session for the upcoming days. Participants are responsible for their own dinner the first night, as well as breakfasts and lunches during our stay. Dinners the following 4 nights will be potluck, prepared in fully equipped kitchens.

If you have wanted to learn or brush up on your skate skiing skills, lessons and ski rentals are available in Winthrop and Mazama. And, if you are inclined, there is an ice skate rink in town.

**Trip limit: 12 participants, includes leader and leader's partner.**

**Cost: \$235/member, per person. Includes five nights' lodging; trail passes are \$24/day, \$60/3-days.**

**For more info contact the trip leader: Shannon Planchon 503.467.8599 [shannon.planchon@gmail.com](mailto:shannon.planchon@gmail.com)**

**Mar 15–17, Fri–Sun, Advanced Intermediate Backcountry Ski**

**Sisters Hut to Hut Trip, Three Sisters Wilderness, OR**

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail at 6,500 ft., on the eastern edge of the Three Sisters Wilderness area. We will meet our shuttle Friday at 8:00 a.m. at Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route, and Sunday evening we will drive home from Three Creeks. The terrain is ungroomed, rolling to gentle slopes with some steeper climbs. The two huts are fully stocked with food, beds, wood stove and cooking equipment. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions can vary from untracked powder to icy and anything in-between.

Equipment needed is metal edge skis, preferably a backcountry ski and boot. Skins are not required but can be useful depending on conditions. Classic narrow Nordic skis are not really suitable, but that depends on the abilities of the skier. Kicker skins are recommended in that case.

For what is provided and photos of the huts, check

online: [threesistersbackcountry.com/huts/nordic-traverse-huts](http://threesistersbackcountry.com/huts/nordic-traverse-huts) The distance between huts is only eight miles average, which leaves time for additional skiing, exploring, or relaxing in the huts.

This trip begins early on Friday morning with a shuttle so you need to be in Sisters the night before. Carpooling will be arranged and shared lodging can also be coordinated among the group but that will be an additional expense.

**Trip limit: 8 participants, includes leader.**

**Cost: \$310/member, per person. Includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses will be carpooling transportation expense and food and lodging in Sisters Thursday night.**

**For more info contact the leader: Susan Watt 503.201.3977 [susniam@gmail.com](mailto:susniam@gmail.com)**

**Mar 15–17, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR**

(See Jan 18–20 Tilly Jane Guard Station description)

**Mar 15–18, Fri–Mon, All Ability Ski**

**Lake Creek Lodge, Camp Sherman, OR**

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge in the Deschutes National Forest boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a xc ski holiday. Check it out online: [lakecreeklodge.com](http://lakecreeklodge.com).

We'll carpool over on Friday, have a traditional ONC-PDX potluck dinner on Saturday, Sunday we can do creative leftovers or dine at the Lodge. Ski options are many - Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky at 3,000 ft. elevation, right out the door of our cabins. Separate rooms for couples/genders. Lodging is two cabins with 3 Queens, 6 twin beds.

**Trip limit: 12 participants, includes leader.**

**Cost: \$220/member, per person. Includes three nights' lodging.**

**For more info contact the leader: Greg Wenneson 503.460.7231 [gregwenn@sonic.net](mailto:gregwenn@sonic.net)**

**Mar 21–31, Thur–Sun, Inter/Advanced (hut-to-hut) Ski Norway Dream Ski Trip, Jotenheimen National Park, Norway**

This is an opportunity of a lifetime! Let's go to where cross-country skiing began! You have always wanted to do

this trip and here is your opportunity.

This year, we will ski in the Jotenheimen National Park – the name is translated as the Home of the Giants! This



popular area contains the highest mountains in Norway and is the perfect destination for a rigorous hut-to-hut ski trip. We will fly from Portland in the afternoon of Thursday, March 21, and arrive in Oslo at about noon on Friday. We



will take the train and bus to Gjendesheim, the beginning of our ski tour from mountain lodge to mountain lodge. These staffed mountain lodges have electricity (for a portion of the day), dining facilities with huge meals, rooms with beds and blankets (often with only 2 per room), saunas, and sometimes hot showers. You only need to carry your clothes and personal gear in your pack, weighing from 15 to 25 pounds.

At Jotenheimen, we will stay overnight and take a day to recuperate from our long flight, train, and bus and prepare for the long ski trip. We can ski in the area around Gjendesheim to warm up. Early the next morning (Sunday), we will start the ski tour. We will ski from *Gjendesheim*, to *Glitterheim*, to *Spiterstulen*, to *Leirvassbu*, to *Gjendebu* (self-service hut), ending at *Fondsbu* – the best ski tour in Norway! We will take a snow vehicle and busses back to Oslo, where we will stay at Anker Hotel. We will enjoy Oslo on Saturday afternoon and fly back to Portland on Sunday, March 31.

It is not necessary to be expert skiers to come on this trip; this is not a technically difficult trip. You should have intermediate-level cross-country skills and ability to ski up to 20 miles per day (although most days are much shorter); you will also have the opportunity of relaxing in and around the mountain lodges. Some parts of the route are hilly, but most of the trails are fairly gentle through valleys with mountains on either side. The trails are well flagged.

**Trip limit: 15 participants, includes leader.**

**Cost: \$2495/member, per person (estimated).**

**Includes round-trip airfare from Portland to Oslo, nine nights' lodging, all meals except during travel, and the last dinner in Oslo.**

**Make a deposit of \$1,000. The final payment of \$1,495 is due on December 15, 2018, to secure the special group airfare. Costs are estimated and may**

**be revised based on airfare and exchange rates.**

**For more info contact the leader: Ted Scheinman  
503.452.7432 teds skier@gmail.com**

**Mar 22–24, Fri–Sun, Intermediate/Advanced Ski  
John Craig Memorial Ski Tour, Black  
Butte, OR**

The Annual John Craig Nordic Ski Tour will be held on March 23 on the McKenzie Pass Highway in Sisters Oregon. People from all over the state participate in this fun, non-competitive event. The tour is an out and back on a gentle forest road through the beautiful Deschutes National Forest. In good weather an average skier can reach Dee Wright Observatory in about three hours and Windy Point in two, and the return trip takes about half the amount of time they took to climb.

Sunday ski tour options include Santiam Pass, Hoodoo ski area (fee), or Three Creeks.

Carpools will be encouraged. Breakfasts on Saturday and Sun plus Friday dinner will be pot lucks. The price for this weekend includes housing at Black Butte Ranch and pizza dinner on Saturday after the John Craig Tour. The pizza dinner, at the Best Western Ponderosa Lodge in Sisters, is held in conjunction with the presentation of the John Day Trophy for ONC Excellence in Leadership.

**Trip Limit: 8 participants, include leader.**

**Cost: \$135/member, per person.**

**For more info contact the leader: Mary Bourret  
503.201.3940 marylbouret@gmail.com**

**Apr 5–7, Fri–Sun, Intermediate Backcountry Ski/Tele  
Tilly Jane A-Frame Cabin—Club Weekend,  
Mt. Hood, OR**

(See Jan 4–6 Tilly Jane A-Frame Cabin description)

**Apr 12–14, Fri–Sun, Intermediate Backcountry Ski  
Tilly Jane Guard Station, Mt. Hood, OR**

(See Jan 18–20 Tilly Jane Guard Station description) ♦

**The Mountain  
Shop** 1510 NE 37th  
Ave., 10% discount  
(15% discount for  
leaders) on purchases  
and 15% discount on  
rentals.  
mountainshop.net

**Oregon Moun-  
tain Community**  
2975 NE Sandy, ONC-  
PDX members—  
subscribe to OMC  
e-newsletter and  
received the following  
discounts: 15%  
discount on purchase  
price. omcgear.com

**Otto's Ski &  
Bike Shop** 38716  
Pioneer Blvd. in Sandy,  
offers a 10% discount  
on purchases of ski  
equipment and apparel.  
Cross-country ski  
package rentals for the  
entire season.  
ottoskishop.com

**Wy'East Nordic**  
offers ONC-PDX  
members a 10%  
discount on cross-  
country ski and  
telemark lessons.  
weeastnordic.com

**Jupiter Hotel**  
PDX and Hood River  
Hotel in Hood River  
give ONC-PDX mem-  
bers a 15% off online  
booking.

**Welcome new members!** John Ramirez, Susannah Gavin, Heidi Savell, and Mike Pumphrey and Ann Brodie-Knope

**August membership report:** 322 total memberships (221 single and 99 family), includes 2 new memberships. Last year at this time there were 300 memberships.

**September membership report:** No membership report available

## BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting for August were not available

## CLASSIFIED ADS

**WANTED: ► Used ski equipment for a beginner.** Women's waxless XC skis, boots and poles? 5'8" tall, 170 lbs, sz. 10 shoe. Sharon (text only) 818.642.8200 violaeng@gmail.com.10/18

**FOR SALE: ► Snow tires.** 4 mounted studless Observe mud/snow tires 205/55R-16 Les Schwab will install and remover for free every season. Used minimally 2 seasons. \$750  
Shemaya shemaya\_toyou@yahoo.com 10/18

**Deadline: 15th of the month** (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as **attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

# **ONC-PDX Overnight Trips Extravaganza**

Join us for a showcase of the 2018-19 ONC-PDX overnight ski trips. We'll be going to special places in Oregon like Black Butte, Sunriver, Three Sisters, Camp Sherman, Shelter Cove Resort at Odell Lake, the Ochoco Mountains, the Wallowa Mountains, Anthony Lakes, Crater Lake National Park as well as closer to home in the Tilly Jane/Cooper Spur area of Mt. Hood and the Summit Meadow Cabins in the Trillium Basin. In Washington we'll be off to the renowned Methow Valley. Further afield, we'll be skiing, out of the country, at Logan Lake, British Columbia and Jotenheimen National Park, Norway.

**Come, greet your ONC-PDX friends, and make plans for the upcoming ski season.**



**Lucky Labrador Brewing Company**  
**1945 NW Quimby St.**  
**Tuesday, October 2**  
**6:30 p.m. Social Hour**  
**7:30 p.m. Overnight Trips Extravaganza**

Food/Beverages available \$  
**Sign up for trips online starting at 6:00 p.m. on Saturday October 13**

Door prize: Pick up a ticket at the meeting for the drawing—you must be present to win.

## **Upcoming programs**

- November 2**–New “PDX Hiking 365” book
- December 11** (second Tuesday)–Northwest glaciers
- January 8** (second Tuesday)–TBD



Oregon Nordic Club  
**P O R T L A N D**  
**C H A P T E R**



Monthly meeting:  
 Lucky Labrador Brewing Company (1945 NW Quimby St.)  
 located between NW 20th Ave. and NW 19 Ave. in  
 Northwest Portland.