



Tackling the Yellowjacket

On Saturday, August 4 we awoke to another blue-sky day, but we kept an eye out for afternoon thunderstorms all day long. Seven ONC-PDX trail tending volunteers met at the White River Sno-Park at 9:30 a.m. to take on the Yellowjacket Ski Trail. The first half-mile of the trail was in fair shape, just needing some diamonds, some limbing and some small trees cut out. We made good progress and arrived at a beautiful meadow in time for lunch. After lunch we had a few people take off early for other afternoon obligations. But four of us pushed on and made it to the Salmon River crossing. We were successful in getting some new blue diamonds, up where trees had blown down and made it back to the car at 3:30 p.m. It was a very successful day, and a real pleasure to have some new first-time trail tenders out in the woods. Many thanks to Laurel Dickie, Patrice and John Fromwiller, David and Jackie Barton, and Kate McPherson.

Ken Wenzel, *Trail Tending*



Ken Wenzel

Tilly Jane rehab

Work on the Tilly Jane A-Frame is moving forward and will continue through September 14. Check the schedule on the website (see page 5 for info on how to volunteer).

Ken Wenzel



Ken Wenzel



Renew your membership

You can renew online, an email

was sent out in August with a link to our website, where you can renew your membership and update any info changes.

Support your club and enjoy your club benefits. We look forward to the upcoming ski season.

Membership Committee

Overnight trips

Though summer may still be in full swing, we know what some of you are thinking...snow! Well the Overnight Trip Committee and trip leaders have been busy planning for such an event. We have some great new trips lined up and of course favorite oldies see listing on page 4. Look for all of the details next month. Please join us at the member meeting Tuesday, October 2 to meet and hear from the leaders and plan to sign up beginning on Saturday, October 13 at 6:00 p.m. We will continue the convenient online sign-up again this year. Until then, get those skis tuned up and keep moving.

Sam Digard, Steve Planchon, Richard Crimi,
Overnight Trip Committee

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André Fortin

Tilly Jane Work Parties

See pages 5/6 for details

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continued on sidebar page 3

EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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U P C O M I N G E V E N T S

September 6 ▶ THURSDAY

Ever Wild: A Lifetime on Mt. Adams

6:30 p.m. – 8:00 p.m. Hillsboro REI.
A Lifetime on Mt. Adams through the lens and adventures of author and photographer Darryl Lloyd. Free! Info/sign-up: rei.com/learn.html
Also: Thur, Sept 19 at Tualatin REI and Wed, Sept 12 at Mountain Shop, 1510 NE 37th Ave.

September 10 ▶ MONDAY

Hoppy Adventure Hour: How to Lose Your Age on the Trail

6:30 p.m. – 8:00 p.m. Lucky Lab, 1945 NW Quimby St.
Free! Info/sign-up: rei.com/learn.html

September 11 ▶ TUESDAY

Camp Cooking basics by REI

ONC-PDX monthly program
6:30 p.m. – 9:00 p.m. Lucky Lab, 1945 NW Quimby St.

September 12 ▶ WEDNESDAY

Preparing for the Unexpected – Outdoor Emergency Basics

6:00 p.m. – 7:30 p.m. Hillsboro REI.
Free! Info/sign-up: rei.com/learn.html

September 22 ▶ SATURDAY

National Public Lands Day

A nation wide fee-free day for more than 400 national parks and other public lands. Info: neefusa.org
Service events:
Columbia River Gorge 8:30 a.m. – 1:00 p.m. Info/sign-up: rei.com/learn.html Sponsored by REI, Oregon State Parks, Friends of the Columbia Gorge
Forest Park, 9:00 a.m. – 12:00 p.m.
Sign up: forestparkconservancy.org
Sponsored by Forest Park Conservancy

Bonney Butte Hawk Migration Festival

10:00 a.m. – 4:00 p.m. Mt. Hood Cultural Center, Government Camp
Family friendly, features live raptors, booths, and fun educational activities.
Sponsor: hawkwatch.org

September 29 ▶ SATURDAY

SOLVE Beach/Riverside Clean Up

Waterways of Oregon, 10:00 a.m. – 1:00 p.m. Join SOLVE to clean up more than 100 parks, beaches, waterways and neighborhoods throughout Oregon. Info/sign-up: solveoregon.org/beach-riverside-cleanup

Social History Happy Hour: Mt. Hood Trivia

6:30 p.m. – 8:30 p.m., Mt. Hood Cultural Center and Museum, Government Camp, OR. Donation, beer and wine \$. Info: mthoodmuseum.org

Clinics & Training

Oct and Nov ▶ SATURDAYS 2018 Fall XC Training Series Portland, OR

Conditioning sessions for XC skiers of all abilities (schedule will be posted in mid-September).
Info: www.xcoregon.org/teacupnordic.org
Sponsor by: Teacup Lake Nordic Club and XC Oregon race team

Nov 30–Dec 9 ▶ FRI–SUN 2018 Oregon Fall Camp Mt. Bachelor, OR

Start your ski season off with one of the best camps in the XC ski world! Sign up for any number of days. Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether you ski that particular morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert. Info and register: xcoregon.org/oregon-fall-camp

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 6)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: **oncmembership@gmail.com**

ONC-PDX BOARD SKI TRACKS

It has been a whirlwind August for me.

Between sitting in on the Overnight Trip Committee meeting, leading a trail tending on the Yellowjacket Trail and now as I write this sitting on the deck at Cloud Cap Inn sipping a beer after helping on the



Tilly Jane A-Frame restoration all day. It has been great working on all of these projects with people that are passionate about helping on these worthy projects. I am excited about our upcoming ski trips' schedule (take a look at it on page 4) and the great line up of adventures this year has to offer. I hope we can generate some of that same passion to get our members to help lead overnight trips, day tours, and help on our open committee spots. Here are a few of our spots we need to fill: webmaster, newsletter mailing, membership records and card distribution, Nordic issues, membership, ONC-PDX board member, day tour leaders, and overnight trip leaders.

If you have interest in helping on any of these issues please contact anyone on the board to help get you set up. Happy Trails!

Ken Wenzel, *President*

Nice ride from Champog

"It was a lovely, quiet ride though, with 11

of us getting out before the heat of the day." Robin Williams email reply to my inquiry about photos and a write-up for the newsletter. Robin explained to me that she did not think of taking a photo on the bike ride she led on Sunday, August 5, but sounds like they had a nice ride. Thanks, Robin, for volunteering to take some ONC-PDX friends biking.

Pam Rigor, *Editor*

VOLUNTEER OPPORTUNITIES

To volunteer, please contact a board member. (see sidebar page 2).

Leadership Training We'd like to recruit new leaders and improve the skills of all our leaders. We could use your assistance developing this and helping with the logistics.

Publicity/Articles In the past local papers have had articles on cross-country skiing. Can someone contact the Oregonian, Willamette Week, Mercury or other with story ideas and see if we could get them to run with it.

New Members How do we get new members? What has been effective? We'd like a volunteer to analyze the membership data, conduct surveys and maybe assist in projects for recruiting new members.

Day Tours Can you have too many day tours? If interested in leading a tour see Leader Information for Day Tours: onc-pdx.org/activities/day-tours

Trail Tending Volunteer to keep our trails in order. See summer trail tending schedule page 5.

Tilly Jane Check website for work parties: onc-pdx.org/events/categories/tj-summer-work-party-2018

Board Member Some seats open every year in March. This is a great way to get involved in the club.

Facebook Help post to the ONC-PDX Facebook page. Got other ideas of how we can make the page more fun?

Volunteer Coordination We could work out what this would entail but probably keeping a list of volunteer opportunities and connecting to interested members.

NORDIC ISSUES/NEWS

Mt. Hood NF

Mirror Lake Trailhead Relocation The new parking lot on U.S. 26 adjacent to the Mt. Hood Ski Bowl Resort parking lot is expected to be completed by the end of October. The Zigzag Ranger District in cooperation with the Federal Highway Administration and Oregon Department of Transportation are working together to relocate the Mirror Lake trailhead. When finished there will be a new 50 space parking lot, three new sections of trail, a new trailhead plaza including new toilets and a picnic area, and intersection improvements on U.S. 26. A turn lane is being added to improve access the **Glacier View Sno-Park**. Info, updates, maps of the project: flh.fhwa.dot.gov/projects/or/mirror-lake. Road closure info: tripcheck.com

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DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

DAY TOURS

Note: if weather or road conditions are dangerous, please check with the leader.

More tours may be listed on these two sites: onc-pdx.org/activities/day-tours onc-pdx.org/forums

meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as "dog tours"

Sept 4–14, Mon–Fri, Tilly Jane Work Party Tilly Jane, East side of Mt. Hood, OR

Phase 3 of the Tilly Jane A-Frame work begins August 6, and runs for four-to-six weeks. Four to six volunteers per day (M–F) for full day shifts (9:00 a.m. to 4:00 p.m.) are needed. No special skills are required, just a willingness to come out and help. Please sign up for a day during the beginning of the project versus later in the schedule. We've got lots of spaces to fill though and welcome the help if you can't book an early date.

Sign up on the website: onc-pdx.org/events/categories/tj-summer-work-party-2018 For more info contact: Andrè.reservations@tillyjanecabins.org ♦

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Lead a day tour

Join the ONC-PDX tour leader team...

Lead your ONC-PDX friends on a hike or bike. Submit tour descriptions with the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or send an email with the tour description (by September 14, 8 p.m. for the October newsletter) to oncdaytours@gmail.com. Last minute tours can be posted on the website and, if you wish on Meetup. New to leading? Contact us for more info? ♦ *Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee*

Portland Sunday Parkways

Join other cyclist for family-friendly, car-free bicycling in Portland this summer!

September 23, 11:00 a.m. – 4:00 p.m.
Northeast (8 miles) Free!

Info and maps: portlandoregon.gov/transportation/58929 ♦

OVERNIGHT TRIPS

SIGN-UP TIPS

- ♦ Overnight trips are exclusively for members; join or renew your membership (can be done online under "Membership") before signing up for overnight trips.
- ♦ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ♦ Read the overnight trip policies (see side-bar page 6)!
- ♦ Sign-up on the website starting on Saturday, October 13 at 6:00 p.m. (onc-pdx.org/activities/overnight-trips).
- ♦ Sign up early so we'll have enough people to cover trip costs.
- ♦ If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- ♦ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check onc-pdx.org/resources/trip-insurance

The 2018-19 ONC-PDX overnight trips are

listed below. The full trip descriptions will be published in next month's newsletter and on the website. ONC-PDX membership is required to sign up for these trips; join or renew your membership online at: onc-pdx.org, login to the website then click on "Membership" then on "Renew."

Nov 21–25, Wed–Sun, Easy/Intermediate Ski
Thanksgiving Triathlon 2018—Ski, Hike, Turkey Dinner! Sunriver, OR

Trip Leader: Elke Schoen

Dec 28–Jan 1, Fri–Tue, All Ability Ski
New Year's at Black Butte Ranch, OR
Trip leader: Ann Truax

Jan 4–6, Fri–Sun, Inter. Backcountry Ski/Tele
Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

Trip leader: TBD

Jan 11–14, Fri–Mon, All Ability Ski
MLK Weekend at Lake Creek Lodge, Camp Sherman, OR

Trip Leader: Steve Levy

Jan 12–20, Sat–Sun, Intermediate Ski
British Columbia Mega Ski, Logan Lake, BC and Chelan, WA

Trip Leader: Ken Wenzel

Jan 14–17, Mon–Thur, All Ability Ski

Summit Meadow Cabins at Trillium Basin, Mt. Hood, OR

Trip Leader: Mary Hepokoski

Jan 17–20, Thur–Sun, All Ability Ski (with Intermediate skills recommended)

Odell Lake/Willamette Pass—Trip 1, OR

Trip Leader: Sam Digard

Jan 18–20, Fri–Sun, Intermediate Backcountry Ski

Tilly Jane Guard Station, Mt. Hood, OR

Trip leader: TBD

Jan 23–27, Wed–Sun, All Ability Ski (with options)

Anthony Lakes—Trip 1, Baker City, OR

Trip Leader: Ken Wenzel

Jan 31–Feb 3, Thur–Sun, Intermediate Ski

Ochoco Ranger Cabin—Trip 1, Ochoco National Forest, OR

Trip Leader: Ken Wenzel

Feb 1–3, Fri–Sun, All Ability Ski

Black Butte Ranch in February, OR

Trip Leader: Donna Matrazzo

Feb 1–3, Fri–Sun, Intermediate Backcountry Ski/Tele

Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

Trip leader: TBD

Feb 6–10, Wed–Sun, Intermediate/Advanced Ski

McCully Alpine Hut in the Wallawas, Eagle Cap Wilderness, OR

Trip co-leaders: David Bath and Kate McPherson

Feb 8–10, Fri–Sun, All Ability Ski

Shelter Cove Resort at Odell Lake/Willamette Pass, OR

Trip Leader: Ted Scheinman

Feb 10–14, Sun–Thur, All Ability Ski

Methow Valley—Trip 1, Winthrop, WA

Trip Leader: Elke Schoen

Feb 14–17, Thur–Sun, Intermediate Ski

Ochoco Ranger Cabin—Trip 2, Ochoco National Forest, OR

Trip Leader: Steve Planchon

Feb 15–17, Fri–Sun, Intermediate Backcountry Ski

Tilly Jane Guard Station, Mt. Hood, OR

Trip leader: TBD

Feb 15–19, Fri–Tues, All Ability Ski

Sunriver President's Day Weekend (Tuesday bonus stay over), OR

Trip Leader: Richard Crimi

Feb 22–24, Fri–Sun, Easy Ski

Sunriver Groomed Trail Skiing, OR

Trip Leader: Debby Wenzel

Feb 28–Mar 4, Thur–Mon, All Ability Ski

Wallowa Mountains, Joseph, OR

Trip Leader: Susan Watt

Mar 1–3, Fri–Sun, All Ability Ski and Snowshoe

Crater Lake Classic Ski Trip via Charter Bus, Crater Lake, OR

Trip Leader: Ted Scheinman

Mar 1–3, Fri–Sun, Intermediate Backcountry Ski/Tele

Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

Trip leader: TBD

Mar 6–10, Wed–Sun, All Abilities Ski (with Intermediate skills recommended)

Anthony Lakes—Trip 2, Baker City, OR

Trip Leader: Sam Digard

Mar 7–10, Thur–Sun, Intermediate Ski

Ochoco Ranger Cabin—Trip 3, Ochoco National Forest, OR

Trip Leader: Laurel Dickie

Mar 9–14, Sat–Thur, All Ability Ski

Methow Valley—Trip 2, Winthrop, WA

Trip Leader: Shannon Planchon

Mar 15–17, Fri–Sun, Advanced Intermediate Backcountry Ski

Sisters Hut to Hut Trip, Three Sisters Wilderness, OR

Trip Leader: Susan Watt

Mar 15–17, Fri–Sun, Intermediate Backcountry Ski

Tilly Jane Guard Station, Mt. Hood, OR

Trip leader: TBD

Mar 15–18, Fri–Mon, All Ability Ski

Lake Creek Lodge at Camp Sherman, OR

Trip Leader: Greg Wenneson

Mar 21–31, Thur–Sun, Intermediate/Advanced (Hut-to-Hut) Ski

Norway Dream Ski Trip, Jotenheimen National Park, Norway

Leader: Ted Scheinman

Mar TBD, Fri–Sun, Intermediate/Advanced Ski

John Craig Memorial Ski Tour, Black Butte, OR

Leader: Mary Bourret

Apr 5–7, Fri–Sun, Intermediate Backcountry Ski/Tele

Tilly Jane A-Frame Cabin—Club Weekend, Mt. Hood, OR

Trip leader: TBD

Apr 12–14, Fri–Sun, Intermediate Backcountry Ski

Tilly Jane Guard Station, Mt. Hood, OR

Trip leader: TBD

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includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400

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cont. from sidebar page 5
ft. per mile elevation
gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sun-glasses, lip balm and sun screen
- Foam sit pad

Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected.

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Trail Tending/Tilly Jane Work Parties

Join us on a Tilly Jane work party or a trail tender to improve the winter trails.

For Tilly Jane check the web or contact: [Andrè reservations@tillyjanecabins.org](mailto:Andrè.reservations@tillyjanecabins.org)

Contact Ken for a trail tending party: skiwenzel@hotmail.com

What to bring: Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

Sept 4–14, Mon–Fri, Tilly Jane Work Phase 3 Tilly Jane, East side of Mt. Hood, OR

Phase 3 of the Tilly Jane A-Frame work begins August 6, and runs for four-to-six weeks. Four to six volunteers per day (M–F) for full day shifts (9:00 a.m. to 4:00 p.m.) are needed. No special skills are required, just a willingness to come out and help. Please sign up for a day during the beginning of the project versus later in the schedule. We've got lots of spaces to fill though and

welcome the help if you can't book an early date.

Sign up on the website: onc-pdx.org/events/categories/tj-summer-work-party-2018 For more info contact: **Andrè reservations@tillyjanecabins.org.**

Oct TBD, Trail Tending Parties Mt. Adams and maybe the Ochoco Mountains

For more info and to volunteer contact: **Ken Wenzel skiwenzel@hotmail.com.**

ONC-PDX MEMBER BENEFITS

Columbia Sportswear 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardwear 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardwear.com

The Mountain Shop 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Oregon Mountain Community 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. weastnordic.com

Jupiter Hotel PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off online booking.

Welcome new members!

August membership report: Not available

BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting July 31, 2018 at MMC

The meeting was called to order at 12:30 p.m. by Ken Wenzel.

Board Members Present: Ken Wenzel, Ted Scheinman, Laurel Dickie, and William Neuman. **Board Members**

Absent: Mary Bourret and Tim Kral. **Other Members Present:** Andrè Fortin for the Tilly Jane Report.

Minutes of the board meeting on May 29 were read and accepted by the board.

Treasurers Report: Bill Neuman did an overview of the May financial statement prepared by Mary Hepokoski. It was voted on and approved by the board.

President's Report: Ken Wenzel attended the Northwest Ski Club Council (NWSCC) meeting on June 20. The new NWSCC officers were voted in and some of their trips were presented. ONC-PDX to post on NWSCC website events like Tilly Jane Restoration, trail tending, and trips.

Tilly Jane A-Frame: Andre Fortin presented to the board his current plan for the Phase 3 renovation of the A-Frame starting on August 6. He also explained his schedule and the need for volunteers to help fill in on his schedule with appointments. He was also granted up to \$20,000 in matching funds from the Oregon State Parks Department for the

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restoration project. Andre explained to the board some of the challenges of the matching funds from the grant. Andre has also been busy obtaining donations for materials and supplies for the restoration from Hood River suppliers.

Overnight Trips' Committee: The committee of Sam Digard (Chair), Richard Crimi, Steve Planchon met on June 14 and July 12 and has prepared the draft 2018-2019 draft trip schedule. They hope that by adding more trips and spots we can have more member satisfaction. The trip sign up will occur online again, but open up on a Saturday this year. Their next meeting is August 2. They are looking for trip leaders to fill the slots on the schedule.

Trail Tending: Ken Wenzel reported that trail tending was going very well. But obtaining a good supply of volunteers has been a challenge. Which might be because of our hot dry weather this summer. Currently only August 4 remaining in the schedule. But he hopes to add a couple more days in October at Mt. Adams and maybe the Ochoco Mountains.

Membership : No new report. But our May numbers were 317 Total (221 Family and 96 single). ■ Ted Scheinman reported on several ideas he has been working on for more free memberships for cross-country ski purchases. Currently being offered at REI. Hoping to add Next Adventure and Otto's Sports. Extending last year memberships into this year for ski purchases to try and retain membership and add new blood for the club.

Day Tours: Ted Scheinman has been leading and getting other people to help lead summer evening bike trips.

Nordic Issues: No Report

Publicity: No Report

Old Business

Mt. Hood-Teacup Bus: Ken Barker has obtained contracts for two buses to take members from Portland to Teacup Nordic on two Saturdays in January. Ken Wenzel signed and returned the contracts. ONC-PDX will discount the tickets to ONC-PDX members, but other riders will pay actual cost. The tickets will be available on the ONC-PDX website when the dates get closer. The bus company will allow a 24-hour in advance cancellation because of weather or lack of snow.

New Business

We need to find a backup Webmaster for Bill Yaeger and maybe divide up the job a little more. Time to start the search for qualified people. ■ Laurel Dickie has agreed to be the Board Secretary.

Next Meeting Date: September 25, Noon, at MMC

Meeting adjourned 3:30 PM

Next board meeting: September 25 at Noon at MMC

◆
Ken Wenzel, *President*

CLASSIFIED ADS

WANTED: ► **Used ski equipment for a beginner.** Women's waxless XC skis, boots and poles? 5'8" tall, 170 lbs, sz. 10 shoe. Sharon (text only) 818.642.8200 violaeng@gmail.com. 8/18

FOR SALE: ► **Snow tires.** 4 mounted studless Observe mud/snow tires 205/55R-16 Les Schwab will install and remover for free every season. Used minimally 2 seasons. \$750 Shemaya shemaya_toyou@yahoo.com 10/18

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

Overnight Trip Policies continued from sidebar to right

the safety of all trip participants. The trip leader may also limit participation based on accommodations. Persons may also be restricted from participating on future overnight trips for reasons of past conduct or for disrupting the activity schedule. The trip leader in consultation with the Overnight Trip Committee and the Board will make this determination.

WAIT LIST

4. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

Trip Cancellation Policy

5. If canceling, contact the trip leader immediately. There may be a wait list. 6. Participants are responsible for

finding a replacement, which may include contacting people on the wait list. 7. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended. 8. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less administration fee of \$10 plus 3% of published trip cost, per participant. 9. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

Travel Insurance

Commercial travel insurance is available from a variety of providers. Please see (onc-pdx.org/resources/trip-insurance) for a listing of trip insurance companies. ◆

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Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.

2. Overnight trip sign-ups are done online at the club website (onc-pdx.org/activities/overnight-trips). The website will begin accepting applications at noon on the day following the October general meeting. Once accepted, the participant will receive a confirmation email from the trip leader. To complete the sign-up process, the member must also email their completed Overnight Trip Application (<https://onc-pdx.org/wp-content/uploads/2017/10/ONT-Application-092617-fillable.pdf>) to the trip leader. The on-line booking system may show that trips are full before they actually are. If this is the case, members should contact the leader to confirm the trip status. Members are encouraged to apply to the wait list by sending the leader a copy of their completed application with a check for the amount of the trip. Their check will be held by the leader until a spot opens up and if not, the leader will destroy the check and notify the applicant.

3. Restrictions on participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for

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Camp Cooking basics by REI Co-op

Do you want to make easy and delicious meals at camp but feel unsure of how to cook them? Would you like tips on what to bring and how to make the most of cooking in the outdoors? Join REI's expert Instructor Lindsay McIntosh for an introductory class on campsite cooking. She has years of experience to share and is excited to help you learn how to set up your camp kitchen and create tasty meals everyone will enjoy. We'll cover gear selection, planning appropriate meals, and some favorite tips and tricks to make your meals a memorable part of your trip.



**Lucky Labrador
Brewing Company**
1945 NW Quimby St.
**Tuesday, Sept 11
(second Tuesday)**
6:30 p.m. Social Hour
7:30 p.m. Program
Food/Beverages available \$

Upcoming programs

- October 2**–Overnight Trips Extravaganza
- November 2**–New “PDX Hiking 365” book
- December 11** (second Tuesday)–Northwest glaciers
- January 8** (second Tuesday)–TBD

Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906

Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.



Oregon Nordic Club
**PORTLAND
CHAPTER**