

Oregon Nordic Club PORTLAND CHAPTER

AUGUST

2018

ONC-PDX biking in Victoria, BC

Ted Scheinman



Imagine biking around southern Vancouver Island on beautiful

rails-trails, with magnificent views of Victoria city, small towns, the water, and the sail and power boats! All this with perfect biking weather—clear, cool in the morning and up to 70 degrees in the afternoon. We cycled in small groups, each at their own speed. The clean, airy dorm rooms at the University of Victoria made for nice accommodations. No, this was not a dream, but the ONC-PDX Victoria trip this year, experienced by 14 ONC-PDX members between July 1 and July 4. I am sure that all participants would argue that sometimes everything goes perfectly!

We parked cars in Port Angeles at long-time, member Bob Vreeland's house and rode to the ferry, then after the crossing, to the dorms. We just took our

day gear for the bike rides on the Galloping Goose Trail towards Sooke, the Lockside Trail towards, Sidney, and the Beach Drive Trail in Victoria. We were able to enjoy the Canada Day's celebrations and fireworks in the Victoria Harbor (and some of us managed to get back to Portland in time to enjoy the Fourth of July fireworks!). Participants: Ted Scheinman (leader), Rick Grote, David Blanchard, Elke Schoen, Sue Rosenbaum, Lee Rosenbaum, Barbara Sack, Sally Jo Browne, Vicki Rehfeldt, Lois Kenan, Bill Neuman, Nancy Neuman, Tom Foolery, and Ann Truax.

This trip may become a regular summer outing for ONC-PDX.

Ted Scheinman, *Trip Leader*

Kurt's Connection

After a meeting with the Forest Service, I

found out about a major construction project on Highway 26 in Government Camp. The Glacier View Sno-Park was to be closed for several months. This resulted in a change to our trail tending schedule for the summer—a trip to finish work out of Glacier View that was started last year. On June 20 we had a

Ken Wenzel



fantastic group of six people step forward to work on Kurt's Connection, an easy one-mile loop trail, which continued on page 3

Time to renew your membership

It's that time of year, ONC-PDX memberships renew on September 1. You can renew your membership anytime by going online: onc-pdx.org, login, click on "Membership" then on "Renew."

Support your club and enjoy your club benefits. We look forward to the upcoming ski season.

Membership Committee

Thank you, Tilly Jane volunteers

The July 14 Tilly Jane work party

was a tremendous success and it put us in position to begin construction next week, August 6 (see page 6 for info). We hauled logs from the burn area below the cabin and moved all the cedar shakes from the parking lot over to the cabin. A huge thank you to the 26 volunteers that came out to help with this prep work.

André Fortin, *Tilly Jane*

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André Fortin

Tilly Jane Work Parties and Trail Tending

See pages 5/6 for details

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continued on sidebar page 3

EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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U P C O M I N G E V E N T S

August 1 ▶ WEDNESDAY

Beyond Backpacking Basics:

What's Inside Your Pack

6:30 p.m. – 8:00 p.m. Tualatin REI.

Free! Info/sign-up: rei.com/learn.html

Bike Maintenance Basics - Level 1

6:30 p.m. – 8:00 p.m. Hillsboro REI.

Free! Info/sign-up: rei.com/learn.html

August 5, 12, 19, and 26 ▶ SUNDAYS

Tours of Historic Cloud Cap Inn

45 minute to one hour tours will start at 11:00 a.m. and 1:00 p.m. Hood River Ranger District hosts free interpretive tours of historic Cloud Cap, through Labor Day, weather and road conditions permitting. Limited to 12 people per tour. Reservations required.

Info and to sign up: 541.352.6002

August 9 ▶ THURSDAY

Camp Cooking Basics

6:00 p.m. – 7:30 p.m. Hillsboro REI.

Free! Info/sign-up: rei.com/learn.html

August 15 ▶ WEDNESDAY

Backpacking Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI.

Free! Info/sign-up: rei.com/learn.html

Preparing for the Unexpected— Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI.

Free! Info/sign-up: rei.com/learn.html

August 22 ▶ WEDNESDAY

Camino de Santiago:

A Walk Across Spain

6:30 p.m. – 8:00 p.m. Tualatin REI.

Free! Info/sign-up: rei.com/learn.html

August 17–19 ▶ FRIDAY–SUNDAY

Pacific Crest Trail Days

Fri: 2:00 p.m. – Sun: 11:00 a.m., Cascade Locks, OR.

Celebrate and promote outdoor recreation, with a focus on hiking, camping, and backpacking. Activities,

games, classes, and presentations, win awesome gear at the raffle, watch a series of films, and get great deals on the latest outdoor products from exhibiting sponsors at the Gear Expo. Free, but there is a fee for overnight camping.

Info: pctdays.com

Raffle proceeds support the American Long Distance Hiking Association-West, the Pacific Crest Trail Association, and the volunteers working to restore trails damaged by the Eagle Creek Fire.

August 25 ▶ SATURDAY

Social History Happy Hour:

The Barlow Road

6:30 p.m. – 8:30 p.m., Mt. Hood Cultural Center and Museum, Government Camp, OR. Donation, Beer & Wine \$. Info: mthoodmuseum.org

August 30 ▶ WEDNESDAY

Lightweight Backpacking Basics

6:30 p.m. – 8:00 p.m. Clackamas REI.

Free! Info/sign-up: rei.com/learn.html

Clinics & Training

Nov 30–Dec 9 ▶ FRI–SUN

2018 Oregon Fall Camp

Mt. Bachelor, OR

(Dates are tentative) Start your ski season off with one of the best camps in the XC ski world! Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether you ski that particular morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert.

Info and register: xcoregon.org/oregon-fall-camp

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968

by Nordic ski enthusiasts interested in using public

lands for recreational cross-country skiing, the

Portland Chapter of the Oregon Nordic Club grew to

over 550 members. The Portland Chapter is one of

twelve chapters in the state. With activities year round,

the Portland Chapter is dedicated to promoting

greater participation in and understanding of the

value of outdoor recreation with an emphasis on

Nordic and backcountry skiing. In addition we hike,

climb, backpack and bicycle year round in the northwest

forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons

▶ Discounts at selected merchants (see page 7)

- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

Here it is just after the Fourth of July and I am getting excited about the coming ski season. Why do you ask? Because now is the time to plan trips, book lodgings and buses for the coming winter season. We have brushed and tended to ski trails that have not been skied in years because of neglect. I am leading a Northwest Youth Corps group up to Mt. Hood and direct them on continued brushing of the Quarry Trail. The Forest Service is promising me they will clear some downed logs that have been down across several ski trails for several years. The Tilly Jane A-Frame is ready to start a major rebuild this summer. In short, I am excited to we are making so much progress and I'm dreaming of some fantastic ski trips this winter.

Our next goal is to generate more enthusiasm in our members, by offering more day and overnight trips. To do this we must get more leaders to step up to the plate. Make a difference and be a leader or volunteer (see page 4), we need your help to make this club great.

◆
Ken Wenzel, President

Kurt's Connection continued from page 3

had not been brushed in years. Half of the loop was already done, and with strong determination, we pushed ahead and finished the rest.

Why Kurt's Connection, you may ask. It is not skied very often. My belief is that more trails will allow dispersal of trail users in the busy Government Camp area. Having more easy trails for snow walkers, dog walkers, and first time snowshoes will help with congestion problems on the longer trails and I think it is working. With more maps and signs, people are using the Enid Lake Loop, Kurt's Connection, and other trails.

Many thanks to Richard Crimi, Steve Rearden, Laurel Dickie, Patrice, and John Fromwiller

◆
Ken Wenzel, Trail Tending Leader

Smokey Bear's 74th birthday

The Deschutes National Forest and Discover Your Forest invite the public to celebrate Smokey Bear's 74th birthday on Saturday, August 11th, from 11 a.m. to 1 p.m. at the Cascade Lakes Welcome Station (Smokey Bear's 74th birthday). The festivities will include cake, pictures with Smokey, and art activities.

Info: 541.383.5453 christinareese@fs.fed.us

Quarry Trail in the Trillium Basin

Last winter while on an ONC-PDX Wednesday ski tour on the Mud Creek Loop, we past

signs marking the start and finish of the Quarry Trail. From the road it looked neglected. I did a hike thru and in places it was really nice, but some sections looked like "Rhododendron Hell," however it still had



potential. My guess is that it has not been tended in 20 years, but I felt it is worth doing some work to repair it. So on July 1 we gathered together another strong group of six and started at the top and worked our way down the trail. In places you could only see the pole ahead of you, but other areas it just needed a few trees removed. I was very sure we could at least get a path all the way thru, so I moved my car to the bottom and worked my way up the trail. But at 3:00 p.m. decided I better collect the tired and worn out workers and retreat for a brew. So in short the rhododendron won that day. But I am hoping that on July 9 a group of Northwest Youth Corp workers can finish what we started. It is not a beginner trail, but an Intermediate skier with good snow should enjoy it.

Many thanks to Richard Crimi, Kristen White, Laurel Dickie, Patrice and John Fromwiller.

◆
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DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

Work on the Quarry Trail with the Northwest Youth Corps

On July 9 I meet up at the Zigzag Ranger

Station with the Northwest Youth Corps (NWYC)

They had been given permission to spend a day with me to finish brushing the rest of the Quarry Trail in the Trillium Basin, which we had started on the July 1 ONC-PDX trail tending party. The NWYC had five people on their team, a leader/driver, and a team of four. Everyone was in their twenties, I would guess. We hiked down the trail the half mile to where



Ken Wenzel

ONC-PDX had stopped. Where we started our work cutting back the rhododendrons. David the NWYC leader fired up his chain saw and worked on cutting out some of the downed trees that were too large to ski over in the winter. I worked with their crew until 3:00 p.m., then I hiked out and hung some diamonds at the start of the trail. The NWYC continued working for another hour, they asked if they could come back on Tuesday to clean up a few ruff areas. I told them sure, please do. But we had made it thru and out into the large clearing. I am looking forward to winter skiing this trail, it connects the middle section of the Mud Creek Loop and will be a nice Intermediate ski with good snow.

Thank you, Mt. Hood National Forest Service, Zigzag Ranger District (Rachel Drake Wilderness/ Trails Lead), for allowing us to use the NWYC for a day! It really made a difference. I was very impressed with the NWYC, they loved the hard work. I hope we can use them again in the future. ♦

Ken Wenzel, Trail Tending Coordinator/Leader

VOLUNTEER OPPORTUNITIES

To volunteer, please contact a board member. (see sidebar p. 2).

Leadership Training We'd like to recruit new leaders and improve the skills of all our leaders. We could use your assistance developing this and helping with the logistics.

Publicity/Articles In the past local papers have had articles on cross-country skiing. Can someone contact the Oregonian, Willamette Week, Mercury or other with story ideas and see if we could get them to run with it.

New Members How do we get new members? What has been effective? We'd like a volunteer to analyze the membership data, conduct surveys and maybe assist in projects for recruiting new members.

Day Tours Can you have too many day tours? If interested in leading a tour see Leader Information for Day Tours: onc-pdx.org/activities/day-tours

Trail Tending Volunteer to keep our trails in order. See summer trail tending schedule page 5.

Tilly Jane Check website for work parties: onc-pdx.org/events/categories/tj-summer-work-party-2018

Board Member Some seats open every year in March. This is a great way to get involved in the club.

Facebook Help post to the ONC-PDX Facebook page. Got other ideas of how we can make the page more fun?

Volunteer Coordination We could work out what this would entail but probably keeping a list of volunteer opportunities and connecting to interested members. ♦

NORDIC ISSUES/NEWS

Mt. Hood NF

Fire restrictions Due to the extreme fire danger no campfires (including charcoal) are allowed in the Forest. No smoking except in an enclosed buildings or vehicle. Specifics and updates:

fs.usda.gov/alerts/mthood/alerts-notice

Road Closures Check for road closures and updates at above website too.

Tree damage in the Paradise Park There was a lot of downed trees in the Paradise Park area last month use caution when hiking in the area.

Gifford Pinchot NF

Lower Falls Recreation Area was being overused, please consider going to another area to recreate in the Forest.

Deschutes NF

Fire restrictions Due to the extreme fire danger no campfires (including charcoal) are allowed in the Forest. Specifics and updates:

fs.usda.gov/alerts/deschutes/alerts-notice ♦

Pam Rigor, Editor

DAY TOURS

Note: if weather or road conditions are dangerous, please check with the leader.

More tours may be listed on these two sites:
onc-pdx.org/activities/day-tours
onc-pdx.org/forums

meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as “dog tours”

August 4, Sat, Trail Tending Party Yellowjacket Trail, Mt. Hood, OR

Join us to brushing, limbing, and post blue diamonds on the Yellowjacket.

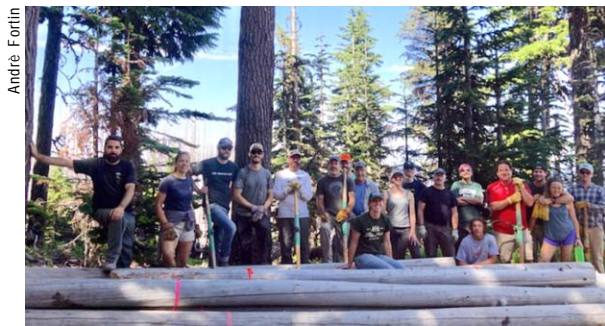
For more info and to volunteer contact: Ken Wenzel
skiwenzel@hotmail.com.

August 5, Sun, Easy Bike Champoeg State Park to St. Paul, OR

This is a great biking area with farms, country scenes, and low traffic. The ride is easy, 21 miles, mostly flat with one steep but fairly short hill going out. Meet in Champoeg State Park's (\$5 fee) Riverside lower parking lot and plan to leave at 9:00 a.m. For more info and to RSVP contact the leader: Robin Williams 503.451.1742
rwiliag@gmail.com.

August 6–30, Mon–Fri, Tilly Jane Work Party Tilly Jane, East side of Mt. Hood, OR

Phase 3 of the Tilly Jane A-Frame work begins August 6, and runs for four-to-six weeks. Four to six volunteers per



day (M–F) for full day shifts (9:00 a.m. to 4:00 p.m.) are needed. No special skills are required, just a willingness to come out and help. Please sign up for a day during the beginning of the project versus later in the schedule. We've got lots of spaces to fill though and welcome the help if you can't book an early date.

Sign up on the website: onc-pdx.org/events/categories/tj-summer-work-party-2018 For more info contact: André reservations@tillyjanecabins.org ♦

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

OVERNIGHT TRIPS

SIGN-UP TIPS

- ♦ Overnight trips are exclusively for members; join or renew your membership before signing up.
- ♦ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ♦ Read the overnight trip policies (see side-bar p. 6)!
- ♦ Sign-up on the website (onc-pdx.org/activities/overnight-trips).
- ♦ Sign up early so we'll have enough people to cover trip costs.
- ♦ If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- ♦ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check onc-pdx.org/resources/trip-insurance



The ONC-PDX overnight trips' schedule will be published in next month's newsletter. ♦

Lead a day tour

Join the ONC-PDX tour leader team...

Lead your ONC-PDX friends on a hike or bike. Submit tour descriptions with the Day Tour Input Form (on our website click on “Activities and Events” then click on “Day Tours”) or send an email with the tour description (by August 14, 8 p.m. for the September newsletter) to oncdaytours@gmail.com. Last minute tours can be posted on the website and, if you wish on Meetup. New to leading? Contact us for more info? ♦
 Laurel Dickie, Scott Diamond, Barbara Hayman, *Day Tours' Committee*

Portland Sunday Parkways

Join other cyclist for family-friendly, car-free bicycling in Portland this summer!

August 19, 11:00 a.m. – 4:00 p.m.
 Outer Northeast (7 miles) Free!

September 23, 11:00 a.m. – 4:00 p.m.
 Northeast (8 miles) Free!

Info and maps: portlandoregon.gov/transportation/58929 ♦

cont. from sidebar page 4

includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 continued on page 6

cont. from sidebar page 5
ft. per mile elevation
gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit ■ Matches (in waterproof case) and fire starter ■ Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sun-glasses, lip balm and sun screen ■ Foam sit pad

Biking Essentials

- Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected.

continued on page 7

Trail Tending/Tilly Jane Work Parties

Set aside a day to work on the ski trails. Help improve our winter trails. Volunteer for one or lead one of these trail tending parties. **Contact Ken to volunteer:** skiwenzel@hotmail.com
For Tilly Jane contact: Andr reservations@tillyjanecabins.org

What to bring: Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

August 4, Sat, Trail Tending Party Yellowjacket Trail, Mt. Hood, OR

Join us to brushing, limbing, and post blue diamonds on the Yellowjacket.

For more info and to volunteer contact: Ken Wenzel skiwenzel@hotmail.com.

August 6–Sept 14, Mon–Fri, Tilly Jane Work Phase 3

Tilly Jane, East side of Mt. Hood, OR

Phase 3 of the Tilly Jane A-Frame work begins August 6, and runs for four-to-six weeks. Four to six volunteers

per day (M–F) for full day shifts (9:00 a.m. to 4:00 p.m.) are needed. No special skills are required, just a willingness to come out and help. Please sign up for a day during the beginning of the project versus later in the schedule. We've got lots of spaces to fill though and welcome the help if you can't book an early date.

Sign up on the website: onc-pdx.org/events/categories/tj-summer-work-party-2018 **For more info contact: Andr ** reservations@tillyjanecabins.org. ◆

Alder removal on the Pocket Creek Roads

Ken Wenzel and Richard Crimi met Greg Wenneson in Sandy behind Ottos on July 11 then drove to the Zigzag Ranger Station, where Ken showed Greg the radio check out procedure and called in to Ranger Dispatch at the start of our trail tending party.

From there we drove to the Pocket Creek Sno-Park and up the Pocket Creek Road, then up the Upper Pocket Creek Road a bit less than a mile, before we started clearing alders that had over grown the road. We worked until about noon and took lunch. Resuming our work for another hour after lunch break. In total we cleared about 1,000 feet of road, mostly on one side of the road.

Then we drove further up the Tillery (mis-named the Pillery on the trail signs) Trail (referred to as the Fat Lady Trail in Klindt Vielbig's guide books) and stopped at a viewpoint with a gorgeous view of Mt. Hood for a celebratory photo. There were several water seeps across the road with hundreds of butterflies drinking and sunning. On the way back we stopped to clear several overhanging trees on the Pocket Creek Trail.

Overall it was a productive day with beautiful views Mt. Hood and the Terrible Traverse along with gorgeous weather with temps in the 70s.

Ken checked us out with Ranger Dispatch before we drove back to town. ◆



Ken Wenzel (thanks to Debbie for composite photo)

Greg Wenneson, Trail Tending Leader

ONC-PDX MEMBER BENEFITS

Columbia Sportswear 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardwear 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardwear.com

The Mountain Shop 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Oregon Mountain Community 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. Cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. weastnordic.com

Jupiter Hotel PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off (booked online).

Overnight Trip Policies continued from sidebar page 7

the safety of all trip participants. The trip leader may also limit participation based on accommodations. Persons may also be restricted from participating on future overnight trips for reasons of past conduct or for disrupting the activity schedule. The trip leader in consultation with the Overnight Trip Committee and the Board will make this determination.

WAIT LIST

4. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

Trip Cancellation Policy

5. If canceling, contact the trip leader immediately. There may be a wait list. 6. Participants are responsible for

finding a replacement, which may include contacting people on the wait list. 7. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended. 8. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less administration fee of \$10 plus 3% of published trip cost, per participant. 9. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

Travel Insurance

Commercial travel insurance is available from a variety of providers. Please see (onc-pdx.org/resources/trip-insurance) for a listing of trip insurance companies. ♦

Welcome new members! Steven Malmros, Lixin Malmros, Alex Malmros, and Lia Malmros

July membership report: 320 total memberships (222 single and 98 family), includes 1 new. Last year at this time there were 300 memberships.

BOARD MEETING MINUTES

There was no board meeting in June 2018.

Next board meetings: August 28 and September 25 at Noon at MMC

CLASSIFIED ADS

WANTED: ► Used ski equipment for a beginner. May I buy your old, worn-out, unfashionable set of women's waxless XC skis, boots and poles? Specs: 5'8" tall, 170 lbs, Size 10 shoe. Sharon (text only) 818.642.8200 violaeng@gmail.com. 8/18

FOR SALE: ► Snow tires. 4 mounted studless Observe mud/snow tires 205/55R-16 with Subaru tire pressure monitoring system sensors. Les Schwab will install and remover for free every season. Used minimally 2 seasons. \$750
Shemaya_shemaya_toyou@yahoo.com 10/18

Deadline: 15th of the month (for the next month's publication). Free ads for members only, placed on a first come basis, and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.

cont. from sidebar page 6
Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.
2. Overnight trip sign-ups are done online at the club website (onc-pdx.org/activities/overnight-trips). The website will begin accepting applications at noon on the day following the October general meeting. Once accepted, the participant will receive a confirmation email from the trip leader. To complete the sign-up process, the member must also email their completed Overnight Trip Application (<https://onc-pdx.org/wp-content/uploads/2017/10/ONT-Application-092617-fillable.pdf>) to the trip leader. The on-line booking system may show that trips are full before they actually are. If this is the case, members should contact the leader to confirm the trip status. Members are encouraged to apply to the wait list by sending the leader a copy of their completed application with a check for the amount of the trip. Their check will be held by the leader until a spot opens up and if not, the leader will destroy the check and notify the applicant.
3. Restrictions on participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for

continued on page 7 above

There is no meeting and program in August

**Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906**



Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.

Upcoming programs
September – TBD

