

Oregon Nordic Club PORTLAND CHAPTER

JUNE

2018

Trail Tending at Mt. Adams

On May 16 our seasoned group of seven headed to the south side of Mt. Adams to spruce up the Lava Loop Trail. The Washington Parks Department has decided to groom a few of the trails when there is adequate snow. In March I skied it one day with David Rogers and found that with the recent grooming, the brush and limbs were preventing the groomer from doing a good job. So I thought it was time for a little TLC on the trail. Our group spent the day wacking back the brush and limbing trees when needed. We covered two miles of trail and we are now looking forward to skiing the trail this coming winter when the snow falls.

Trail Tenders: Rick and Bernice Rust, Susan Watt, Mary Hepokoski, Andr  Fortin, Bill Neuman, and Ken Wenzel.

Ken Wenzel, Trail Tending Leader



Ken Wenzel

Leadership Training

Five enthusiastic members attended the leadership training session on Saturday, May 12. Scott Diamond of the Day Tours Committee outlined how to become a tour leader, the



Ken Wenzel

mechanics, and resources for a day tour leaders.

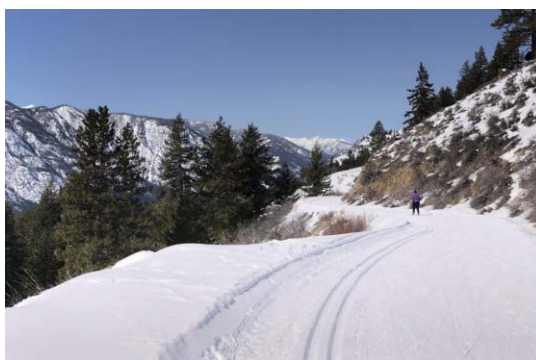
Then Sam Digard of the Overnight Trip Committee talked about becoming a trip leader (be involved in day tours for practice, submit your name, and proposal to the ONTC). He showed our website resources and various forms needed to develop a trip. Two club members came up with a new overnight trip proposal for backcountry skiing. They were excited to work together to develop this possibility.

Sprinkled throughout the session were random pieces of wisdom from the experienced leaders. Another leadership training will be held in the fall. We are here to mentor you. Consider becoming a day tour or overnight trip leader.

Ken Wenzel, President

Methow II—great, of course—it's the Methow

Ten of us made the long journey to Winthrop, Washington for the second Method ski trip of the season in early March. The conditions were as advertised (by me), always a good thing, in the ONC-PDX newsletter—sunny days, balmy temperatures, good snow on 200 km. of trails groomed daily, and we had it nearly to ourselves. While the locals had moved



Elke Schoen

on to other pursuits after a winter of splendor, we did not suffer the same ennui and enthusiastically skied the Valley floor, Rendezvous, Mazama, and Sun Mountain. Our exertions were rewarded with tasty dinners and good conversation. We were Kate Evans, Don Erickson, Tom Foolery, Joanna Nowak, Romek Nowak, Marty Pike, Bob Procter, Marlene Ricker, Ann Truax, and Elke Schoen, trip leader.

Elke Schoen, Trip Leader

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Bob Breivogel

Vancouver Island Bike Trip

See page 6 for details

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EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.**
P.O. Box 3906
Portland, OR 97208

U P C O M I N G E V E N T S

June 3 ► SUNDAY

Beyond Backpacking Basics:

What's Inside Your Pack

8:30 a.m. – 10:00 a.m. Tualatin REI
Free! Info/sign-up: rei.com/learn.html

June 5 ► TUESDAY

Beyond Backpacking Basics:

What's Inside Your Pack

6:00 p.m. – 7:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html

June 9 ► THURSDAY

Get Outdoors Day

8:00 a.m. – 4:00 p.m. Various sites around Oregon.
Get Outdoors Day Oregon is a statewide effort from the Coalition of Oregon Land Trusts, working in conjunction with the National Get Outdoors Day to encourage Oregonians to explore, discover and learn about Oregon's special places. Register: getoutdoorsoregon.org/events

June 11 ► MONDAY

Gorge Talk: Trees

6:30 p.m. – 8:30 p.m. Lagunitas Community Room, 237 NE Broadway. A discussion on forest fires, wildfire ecology and how forests naturally recover from a burn. Cost \$10 includes a beer and REI gear / other swag. Tickets: eventbrite.com/e/gorge-talks-towns-trails-and-trees-tickets-43994005254 Pizza is available for purchase. Proceeds benefit Trailkeepers of Oregon and Friends of the Columbia Gorge.

Rules of The Road Legal Clinic

6:00 p.m. – 7:30 p.m. Portland REI
Free! Info/sign-up: rei.com/learn.html

June 12 ► TUESDAY

Beyond Backpacking Basics:

What's Inside Your Pack

6:00 p.m. – 7:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html

June 19 ► TUESDAY

Beyond Backpacking Basics:

What's Inside Your Pack

6:00 p.m. – 7:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html

June 20 ► WEDNESDAY

Exploring Wildfire in the West

6:30 p.m. – 8:00 p.m. Portland REI
Free! Info/sign-up: rei.com/learn.html

June 21 ► THURSDAY

Backpacking the Three Sisters Wilderness

6:30 p.m. – 8:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html

June 27 ► WEDNESDAY

Lightweight Backpacking Basics

6:30 p.m. – 8:00 p.m. Tualatin REI
Free! Info/sign-up: rei.com/learn.html

Lightweight Backpacking Basics

6:30 p.m. – 8:00 p.m. Portland REI
Free! Info/sign-up: rei.com/learn.html

June 28 ► THURSDAY

Camp Cooking Basics for Backpackers

6:00 p.m. – 7:30 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html

June 30 ► SATURDAY

Social History Happy Hour:

Geology of Mt. Hood

6:30 p.m. – 8:00 p.m. Mt. Hood Museum, Government Camp, OR Donations suggested, Beer and Wine available
\$. Contact: 503.272.3301 Info: mthoodmuseum.org

July 1 ► SUNDAY

Tours of Historic Cloud Cap Inn

11 a.m., 1:00 p.m. 45 minute to one hour tours through Labor Day. Free interpretive tours of historic Cloud Cap Inn. 12 people per tour.

Free but reservations required contact Hood River Ranger District Information Desk: 541.352.6002

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- Free day tours; overnight trips, exclusively for members
- Clinics and lessons
- **Discounts at selected merchants (see page 5)**
- Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- Free Tilly Jane A-Frame weekends during the ski season
- Meet new friends who ski, hike and bike
- Monthly newsletter with free classified ads
- Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

The snow may be gone for the season but

your Board is hard at work on a variety of things to keep the club going. As you've seen in the club newsletters, there are a number of ways you can volunteer to help in this effort as well.

The Overnight Trip Committee has introduced new members (welcome Steve Panchon and Richard Crimi) and they've been revising and clarifying policies and procedures. This was the segway to the leadership training offered May 12 for those interested in learning the ins and outs of the overnight procedures, and learning about crowd handling skills.

In the fall we plan to do another leadership training geared towards day tour leaders, which covers slightly different circumstances than overnight tours. Stay tuned for more information in the coming newsletters.

Andr  Fortin has done a great job of honing resources to refurbish the Tilly Jane A-Frame Cabin. As you've read in past newsletters, much help will be needed this summer for various projects at the cabin (see website listed to the right).

In order to ski in the winter, we need to tend the trails in the summer. Ken Wenzel has a full calendar of dates listed on page 5 for "bush whacking." Bring your bug spray and sunscreen for some productive days on the mountain!

Last fall we put out a call for some volunteer positions. There has been an answer to the call for an ONC-PDX liaison with the Mazamas. Thanks you Tom Kline for stepping into this role. A proposal of having a tour bus take folks to the mountain for the day to introduce them to cross country-skiing was researched by Ken B. Depending upon the Board's approval, this could become a reality.

Some of the other volunteer positions we were thinking of are a volunteer coordinator, a publicity person, and folks to write newsletter articles.

But lest you think we're all work and no play, take note Ted Scheinman has put together a bike trip to Victoria over the July Fourth weekend. Our summer calendar is lacking in summer adventures and we thank Ted for stepping forward. Won't you consider inviting your ONC-PDX friends on one of your summer adventures?

There is no club meeting in June but we hope to see you at the annual picnic in July.

Laurel Dickie, Board Member

VOLUNTEER OPPORTUNITIES

We would like to have more activities in

the club and volunteer will make it happen. We have identifying some short term projects, ongoing need, and regular positions. To help out, please contact a board member. (see sidebar p. 2).

Short term projects

Leadership Training We'd like to recruit new leaders and improve the skills of all our leaders. We could use your assistance developing this and helping with the logistics.

Publicity/Articles In the past local papers have had articles on cross-country skiing. Can someone contact the Oregonian, Willamette Week, Mercury or other with story ideas and see if we could get them to run with it.

New Members How do we get new members? What has been effective? We'd like a volunteer to analyze the membership data, maybe conduct surveys and maybe assist in projects for recruiting new members.

On going projects

We can always use people for these volunteer activities

Day Tours Can you have too many day tours? If interested in leading a tour see Leader Information for Day Tours: onc-pdx.org/activities/day-tours

Trail Tending Volunteer to keep our trails in order. See summer trail tending schedule page 5.

Tilly Jane Check the website for work party dates: onc-pdx.org/events/categories/tj-summer-work-party-2018

Longer Term/Committee

Board Member Some seats open every year in March. This is a great way to get involved in the club.

Facebook Help post to the ONC-PDX Facebook page. Got other ideas of how we can make the page more fun?

Volunteer Coordination We could work out what this would entail but probably keeping a list of volunteer opportunities and connecting to interested members.

Scott Diamond, Secretary

Thank you volunteers

The Oregon Nordic Club Portland Chapter

board wants to thank Ann Truax and Susan Watt for all their hard work they put in on being on the Overnight Trip Committee and having such a fantastic line up of trips in 2017-2018. We also wish to thank Sam Digard for his work and for staying on the ONTC. Many thanks.

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DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

NORDIC ISSUES/NEWS

Free days at Forest Service day-use

sites National Trails Day, June 2 and National Get Outdoors Day, June 9 are fee free at Forest Service day-use sites across the country.

Mt. Hood NF

New app for exploring Pacific North-

west National Forests The Pacific Northwest Region of the USDA Forest Service is excited to announce the launch of a new Region-wide Recreation Mobile app: the Pacific Northwest Forests app. The app will help locate hiking trails, camping, picnicking, boating areas, and more by using their cell phones' GPS capabilities. It will work with Apple iOS users (iPhones and iPads); an Android version is coming soon. It can be downloaded for free from iTunes.

Pam Rigor, Editor

Skiing Glacier Park

Twentyone Nordicclubbers

board the Empire Builder train from Portland (me making it by 30 seconds)

for the Isaac Walton Inn, Essex Montana to cross snow country on our crosscountry skis.

Traintracks find the ugliest edges of every town they pass.

Trainnights are rocking dreamwhisps backaches, bad food and boredom.

We avoid the Bible reader and the character who just wants to break his \$100 bill preferring the middle path to enlightenment or at least to Glacier National Park

Locomotivelagged and stiff we stagger to the easy trails today following the flattened paths of the groomer tomorrow the trailless hills where we'll see the naked needleless Tamarack huddling together for warmth.

Unpacked and eager we hit our first trail old floorboards, the dry snow says hello with every pole thrust.

Tim Kral

Editors Note:

This is the first part of a three part poem. The others will be published in upcoming newsletters.

DAY TOURS

Note: if weather or road conditions are dangerous, please check with the leader.

More tours may be listed on these sites:
onc-pdx.org/activities/day-tours
onc-pdx.org/forums

meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as "dog tours"

June 9, Sat, Trail Tending Party Meadows Creek Trail, Mt. Hood, OR

We'll be brushing and install pallets on swampy sections of the Teacup Tie Trail.

For more info and to RSVP contact the leader: Ken Wenzel skiwenzel@hotmail.com.

June 20, Wed, Trail Tending Party Barlow and Mineral Jane, Mt. Hood, OR

Join us on Barlow Rd. 3530 and Mineral Jane Trail as we brushing, limb, and post blue diamonds.

For more info and to RSVP contact the leader: Ken Wenzel skiwenzel@hotmail.com.

June 21, Thur, Easy Evening Bike and Free Concert First Day of Summer Ride, Sauvie Island, OR

Let's start the summer bike rides off on the first day of summer with a ride and free concert on Sauvie Island, which offers fairly flat terrain through farm fields and along wildlife preserves! We will park under the bridge, do a 12-mile loop around the southern part of the Island, and then will attend the free concert (for bike riders) at Kruger's Farm on the Island, where the singer songwriter Redwood Son will entertain from 6:30 p.m. – 9:30 p.m. (but we will probably leave earlier). Food and beverages are available for purchase, so you don't even have to bring your own dinner (but you can if you wish). Bring water and bicycle repair kit (pump, patch, spare tube, etc.); helmets are required. Meet at parking lot under the Sauvie Island Bridge at 5:30 p.m. to ride. TriMet bus 16 can be taken to Sauvie Island. **For more info contact the leader: Ted Scheinman** 503.914.9584 tedskier@gmail.com.

June 28, Thur, Easy Evening Bike Location TBD

Bring water and bicycle repair kit (pump, patch, spare tube, etc.); helmets are required. Plan to meet at parking lot at 5:30 p.m. to ride. **For more info contact the leader: Ted Scheinman** 503.914.9584 tedskier@gmail.com.

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Trail Tending

Set aside a day to work on the ski trails. Help improve our winter trails. Volunteer for one or lead one of these trail tending parties. Contact Ken to volunteer: skiwenzel@hotmail.com

What to bring: Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

June 9, Sat, Trail Tending Party
Meadows Creek Trail, Mt. Hood, OR

See details in Day Tours schedule.

June 20, Wed, Trail Tending Party
Barlow and Mineral Jane, Mt. Hood, OR

See details in Day Tours schedule.

July 1, Sun, Trail Tending Party
Government Camp, OR

We'll be brushing, limbing and posting blue diamonds on the East Leg Trail and Kurt's Konnection.

For more info and to volunteer contact: Ken Wenzel skiwenzel@hotmail.com.

July 11, Wed, Trail Tending Party
Trillium Basin, Mt. Hood, OR

Join us to brush and post blue diamonds on the Quarry

Loop and Porcupine Trail.

For more info and to volunteer contact: Ken Wenzel skiwenzel@hotmail.com.

July 25, Wed, Trail Tending Party
Pocket Creek and Bennett Pass, Mt. Hood, OR

We'll be brushing and limbing the Pocket Creek Upper Basin and Bennett Ridge Rd.

For more info and to volunteer contact: Ken Wenzel skiwenzel@hotmail.com.

August 4, Sat, Trail Tending Party
Yellowjacket Trail, Mt. Hood, OR

Join us to brushing, limbing, and post blue diamonds on the Yellowjacket.

For more info and to volunteer contact: Ken Wenzel skiwenzel@hotmail.com. ♦

Portland Sunday Parkways

Join other cyclist for family-friendly, car-free bicycling in Portland this summer!

Portland's Department of Transportation is hosting Sunday Parkways:

North Portland (8.8 miles)

June 24, 11:00 a.m. – 4:00 p.m. Free!

Green Loop, Downtown & Inner SE (7 miles)

July 22, 11:00 a.m. – 4:00 p.m. Free!

Outer Northeast (7 miles)

August 19, 11:00 a.m. – 4:00 p.m. Free!

Northeast (8 miles)

September 23, 11:00 a.m. – 4:00 p.m. Free!

Info and maps: portlandoregon.gov/transportation/58929 ♦

Lead a day tour

Join the ONC-PDX tour leader team...

Lead your ONC-PDX friends on a hike or bike. Submit tour descriptions with the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or send an email with the tour description (by **June 14, 8 p.m. for the July newsletter**) to oncdayoutours@gmail.com. Last minute tours can be posted on the website and, if you wish on Meetup. New to leading? Contact us for more info? ♦

Laurel Dickie, Scott Diamond, Barbara Hayman, *Day Tours' Committee*

ONC-PDX MEMBER BENEFITS

Columbia Sportswear, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardwear, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardwear.com

The Mountain Shop, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Oregon Mountain Community, 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Jupiter Hotel, PDX and **Hood River Hotel** in Hood River give ONC-PDX members a 15% off when booking online. ♦

cont. from sidebar page 4
includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour
Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.
Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.
Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour
Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.
Backpack: 5–7 miles per day; 200 to 400 continued on page 6

cont. from sidebar page 5
ft. per mile elevation
gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

■ First aid kit ■ Matches (in waterproof case) and fire starter ■ Rain gear and extra clothes, including a warm sweater ■ Extra food and water ■ Plastic whistle ■ Map and compass (know how to use) ■ Flashlight, extra batteries and bulb ■ Space blanket or bivy bag ■ Pocket knife ■ Toilet paper and trowel (ziplock bag to carry out toilet paper) ■ Sun-glasses, lip balm and sun screen ■ Foam sit pad

Biking Essentials

■ Helmet (required on all bike rides) ■ Spare tube ■ Patch kit ■ Tire pump ■ Water bottle (filled) ■ Tire irons

OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected.

continued on page 7

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see side-bar p. 6)!
- ◆ Sign-up on the website (onc-pdx.org/acitivities/overnight-trips).
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check onc-pdx.org/resources/trip-insurance

June 30–July 4, Sat–Wed, All Level Bike
Vancouver Island Bike, Canada

5 spaces available, sign up by June 15

Plans are to drive to Port Angeles, take the 12:15 p.m. (or 5:20 p.m.) ferry to Victoria with only our bicycles. After we check in at our rooms at the University of Victoria in Victoria (twin bed rooms), we will ride to enjoy Canada Day with fireworks later that night. For the next three days, we will ride bicycles on Vancouver Island—The Galloping Goose Trail, the Lochside Trail, the Interurban Rail Trail, and more. Then we will take the 10:30 a.m. ferry back to Port Angeles and drive to back to Portland for the Waterfront Blues Festival and fireworks.

Trip limit: 16 participants (includes the leader)

Cost: \$140/member, per person. Includes four nights' lodging.

Sign up on the website (onc-pdx.org) or send a check payable to ONC-PDX for \$140 and overnight trip application to Ted Scheinman, 36 SW Brugger St., Portland, OR 97219.

For more info contact the trip leader:
Ted Scheinman tedskier@gmail.com 503.452.7432.

Overnight Trip Policies continued from sidebar page 7

the safety of all trip participants. The trip leader may also limit participation based on accommodations. Persons may also be restricted from participating on future overnight trips for reasons of past conduct or for disrupting the activity schedule. The trip leader in consultation with the Overnight Trip Committee and the Board will make this determination.

WAIT LIST

4. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

Trip Cancellation Policy

5. If canceling, contact the trip leader immediately. There may be a wait list. 6. Participants are responsible for finding a replacement, which may include contacting people on the wait list. 7. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended. 8. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less administration fee of \$10 plus 3% of published trip cost, per participant. 9. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

Travel Insurance

Commercial travel insurance is available from a variety of providers. Please see (onc-pdx.org/resources/trip-insurance) for the current listing of some trip insurance companies.

July 12–15, Thur–Sun, Advanced Backpack Trinity Alps Backpack, CA

On the Big Flat Loop it should be close to peak wildflower season for this 24-mile backpack. We'll gain 6,500 ft. total elevation and have a 6,500 ft. total elevation loss, the lowest elevation is about 5,100 ft., highest point, about 7,400 ft. We start up Yellow Rose Trail to the pass (2,000 ft. gain) past some abandoned mines, go over the pass, and down Sunrise Creek Trail (9W15) to Mumford and Parker Meadows (camp), hopefully catching the peak blooms. An early start, the next morning, take us on the trail southeast to Bear Basin Trail (9W10), over the pass, and up to Black(s) Basin. Then following the trail north over unnamed pass we'll drop into Mumford Basin. Camp will either be Blacks Basin, Mumford Basin, or Horseshoe Lake. The last day continues down to Swift Creek Trail and goes west uphill to Horseshoe Lake passing by Ward Lake then over the pass. From there we follow Kidd Creek Trail down to the valley bottom of the South Fork of Salmon River continuing north on valley trail to end back at Big Flat Trailhead. We'll return to Portland late Sunday evening.

We'll drive down Thursday night after work (7.5 hour drive, 412 miles), it would be nice if we could leave at 3 p.m. Car camp on Coffee Creek road at one of the forest service campgrounds. On Friday we'll get up early and have a short drive to Big Flat Trailhead at the end of Coffee Creek Road.

I prefer to get up close to sunrise and then have more time during the day to stop and take pictures, rest, etc. I pack light, and have a 2-4 mph pace, but in the end it is all about having a good time. Everyone should be self sufficient, but it is up to individuals to decide to share gear. This could be done at the trailhead.

Note: California requires a free stove permit, which can be filled online and is good for the year. preventwildfire.ca.org/Campfire-Permit/

Trip limit: 12 max. participants (includes the leader)

Cost: No club fee, but membership required

Sign up on the website (onc-pdx.org)

**For more info contact the trip leader: Tom Kline
503.786.0592.**

Welcome new members! Lois Kenan

Welcome back: Howard Siegel

May membership report: 317 total memberships (221 single and 96 family), includes 1 new and 1 renewal. Last year at this time there were 299 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting April 24, 2018 at MMC

Board Members Present: Ken Wenzel, Mary Bourret, Laurel Dickie, Scott Diamond, Ted Scheinman, and Tim Kral.

Board Members Absent: André Fortin

Approved Minutes

General/Meeting Opening

Next board meeting: Board Retreat July 23 Noon at Ken's house. September 25 at 7:00 p.m. at MMC.

Reports

State ONC Board Meeting: Mary B is now president of statewide ONC. Mary plans to visit clubs throughout the state. There is strong support for expanding our Crater Lake trip by making stops in Eugene and Salem for their clubs. Propose overnight trip to align with John Craig

Treasurer's Report: Review Mary's last Report. Reviewed. Approved.

President's Report: None

Website: No report

Day Tour Committee: No report

Overnight Trip Committee: Trips generated ~\$10K which is about 10%. Some trips brought in more money. Largest is \$2,900 for Europe (6%). Open discussion of trips. Suggest trip description states how many single versus queen beds. Suggest a meeting of leaders in the fall once leaders are determined to clarify the need for: submitting final report, requesting feedback, submitting article.

Tilly Jane: Recently submitted some grant requests. There are several other grants that I'll be applying to over the next 3-5 months. Rec'd word that Sandy Shake has received the \$25k cedar shake order. I'm working with the FS to determine how best to transport it to Parkdale or if they can assist in getting it up to the cabin once the road is open. More to come on this front. The Oregon Splitfest was held this past weekend and I attended their after party and provided an update pertaining to our fundraising status update and the upcoming phase 3 project work set for July-Sept 2018.

Membership: No report

Publicity: No report

Nordic Issue: No report

Trail Tending: Ken attend Mt. Hood Recreation partners meeting (Apr 7). Ken will schedule day with mountain bike group to trail tending of crosstown trail. Ken has schedule for summer of trail tending

New Business

Upcoming Leader Training: Training is 12 May from 10-1 p.m. (Cedar Mill Community Library) We decided it was best to split the training into two parts. This spring training will focus on mechanics of signing up with particular emphasis for overnight Next fall training will focus on (1) advice for how to run a trip and (2) necessary items to be completed (e.g. summary, newsletter) Scott to schedule meeting to review training agenda and assign roles.

◆
Scott Diamond, Secretary

cont. from sidebar page 6
Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.
2. Overnight trip sign-ups are done online at the club website (onc-pdx.org/activities/overnight-trips). The website will begin accepting applications at noon on the day following the October general meeting. Once accepted, the participant will receive a confirmation email from the trip leader. To complete the sign-up process, the member must also email their completed Overnight Trip Application (<https://onc-pdx.org/wp-content/uploads/2017/10/ONT-Application-092617-fillable.pdf>) to the trip leader. The on-line booking system may show that trips are full before they actually are. If this is the case, members should contact the leader to confirm the trip status. Members are encouraged to apply to the wait list by sending the leader a copy of their completed application with a check for the amount of the trip. Their check will be held by the leader until a spot opens up and if not, the leader will destroy the check and notify the applicant.

3. Restrictions on participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for

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CLASSIFIED ADS

WANTED: ► Used ski equipment for a beginner. May I buy your old, worn-out, unfashionable set of women's waxless XC skis, boots and poles? Specs: 5'8" tall, 170 lbs, Size 10 shoe. Sharon (text only) 818.642.8200 violaeng@gmail.com. 8/18

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as **attachment (preferred)**—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

There is no meeting and program in June



Ken Wenzel

Save the date—July 10—for the Annual Picnic

Upcoming programs

July 10—ONG-PDX Annual Picnic at Laurelhurst Park



Oregon Nordic Club
P O R T L A N D
C H A P T E R

**Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906**

Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.

