

Oregon Nordic Club PORTLAND CHAPTER

MARCH

2018

Anthony Lakes powder—best in four years

Anthony Lakes, in January, delivered the goods for our group of thirteen skiers. We are blessed to have a Nordic area at an elevation of 7,000 ft. in our state. This year the fields around the Good Bear Ranch were snow covered like the last two years, but driving up 3,000 feet took us to a snow zone with a 45 inch base.

Ken Wenzel



have not come down to use the feeding station this year. Sunday was a different game, during the night a front brought some rain and wet snow then cooling. We went to Anthony Lakes again, but found an icy glaze on the un-groomed snow. Seven of us skied the groomed Nordic trails, which was continued on page 3

The first two days we enjoyed the powder snow and the 8–18 degrees F temperatures. Five of us took advantage of the lifts to access the trees and the side country; the rest enjoyed the groomed Nordic trails. Russ commented that this was his best powder skiing in four years. Saturday we divided by interests: the Arts in Baker City and a ski tour from Dooley Summit. We did not pick the best day for Dooley—fog and light snow, but skiing was good. The road tour was pleasant until the final switch back to the summit of Beaver Mountain and the radio towers. There it turned into a rough ice cat track, so we retreated for lunch in the forest.

On our way back to the ranch we stopped at the elk feeding station—no elk, but about twenty deer and ten wild turkeys. The low lands still had almost no snow, so the elk

Annual Membership Meeting

The ONC-PDX 2018 Annual Membership Meeting and board elections will be on Tuesday April 3 at the Lucky Lab. The club will provide pizza starting at 6:30 p.m. (beverages available \$). The Meeting and ratification of the board election results will occur at 7:30 p.m., followed by a program.

There are three positions open on the board. Nominees are listed on page six. Two of the candidates, Ted Scheinman and Ken Wenzel, are returning board members, and Bill Neuman is a new nominee. Board members serve a two year term. More nominees are welcome, and will be accepted through March 7.

This year voting will be by electronic ballot, starting mid-March, and ending 24 hours before the Meeting. An email will be sent to members with a link to the voting site. Per the club By-laws, family members have only one vote. We encourage voting electronically, however, if members are unable or unwilling to vote electronically, they must request, in writing, a paper ballot and voting instructions from the Elections Committee 20 days prior to the annual meeting.

The filled in ballot must be in the club post office box at least one day before the Meeting. Please allow sufficient time for delivery. If you are interested in serving on the board, please contact Robin Williams, 503.452.1338, rwilliag@gmail.com.

Robin Williams, Elections Committee

Snow Bunny to lower Timberline

On the last day of January

conditions in the Government Camp area were prime. Mary Hepokoski led eleven people besides myself skiing. We had wonderful snow going up the East Leg Tie Trail from Snow Bunny up West Leg Road as far as the Timberline downhill ski slopes. A few skiers explored the Nordic Bypass up towards Timberline.

Terry Owen, Wednesday Day Tours



Richard Crimi

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Mt. Hood

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continued on sidebar page 3

EDITORIAL NOTES

The newsletter is published the first of every month. The deadline for submissions is the 15th day of the prior month.

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor. This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906 Portland, OR 97208

U P C O M I N G E V E N T S

March 3 ▶ SATURDAY

95th Annual Winter Festival

Noon to 8:00 p.m. Free, excluding meals and lodging. Activities: Birkebeiner, root beer garden, Bavarian banquet, family-friendly folk dancing with live music, and a snow sculpture contest. Info/reservations: mazamas.org/lodge/lodge-sponsored-events

Waffle Feed

Meissner Sno-Park, Central Oregon. 10:30 a.m. till batter runs out. Ski to the Meissner Shelter for Norwegian style waffles—first come first served. Sponsored by Meissner Nordic meissnernordic.org

Forest Park Spring Day of Stewardship

9:00 a.m. – 12:00 p.m. Various Work Sites Helping remove ivy, planting trees and shrubs, or work on the trails. Info/Register: forestparkconservancy.org

March 4 ▶ SUNDAY

Wy'Easter Ski Mountaineering Race #1

9:00 a.m. – 5:00 p.m., Skibowl
\$35 An introduction into the world of Ski Mountaineering (ski-mo) racing. Info: mountainshop.net/events

March 6 ▶ TUESDAY

Exploring Central Asia—Uzbekistan and Tajikistan

ONC-PDX monthly program
6:30 p.m. – 9:00 p.m. Lucky Lab, 1945 NW Quimby St.



March 7 ▶ WEDNESDAY

Preparing for the Unexpected Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Portland REI
Free! Info/sign-up: rei.com/learn.html

Camino de Santiago: Spain

6:30 p.m. – 8:00 p.m. Tualatin REI
Free! Info/sign-up: rei.com/learn.html

March 9 ▶ FRIDAY

Volunteer with the Cape Horn Conservancy

10:00 a.m. – 3:00 p.m., Salmon Falls Park & Ride
Help improve the drainage on the trail. Info/register: capehornconservancy.org/volunteer.html

March 15 ▶ THURSDAY

Avalanche Awareness

6:30 p.m. – 8:00 p.m.
EVO Portland Store, 200 SE Martin Luther King Jr. Blvd

March 21 ▶ WEDNESDAY

Preparing for the Unexpected—Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI
Free! Info/sign-up: rei.com/learn.html

March 24 ▶ SATURDAY

John Craig Memorial Event

Sisters, OR For more info see article on page 3.

March 26 ▶ MONDAY

Hoppy Adventure Hour:

Hike Your Own PCT Hike

6:30 p.m. – 8:00 p.m. Lucky Lab, 1945 NW Quimby St.

March 30 ▶ SATURDAY

Mazama Used Equipment Sale

MMC, 527 SE 43rd Ave., 5:00 p.m. – 8:00 p.m.
Gear drop off Thur., March 29, 4:00 p.m. – 8:00 p.m.
Gear pick up Sat., March 31, 9:00 a.m. – Noon

Clinics & Training

April 12–15 ▶ THUR–SUN

2018 Oregon Spring Camp

Mt. Bachelor, OR

Morning sessions on snow, groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more!
Info/Registration: xcOregon.org/oregon-spring-camp

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 9)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

No article this month.

John Craig Memorial Ski

The annual John Craig Memorial ski tour

will be on Saturday March 24. This year's route is still being planned contact Skip Tschanz (skipandjan@charter.net), John Craig Committee, for location, time and meeting place. The usual route on the MacKenzie Highway is not available, because it is considered too dangerous for winter travel due to the summer wildfires.

The John Craig Memorial Ski is in honor of John T. Craig who in 1877 won a contract with the U.S.



Post Office to carry mail to Central Oregon in the winter by skiing over the McKenzie Pass. Craig had the incredible bad luck of starting his first trip

feeling under-the-weather and unknowingly headed straight into a December blizzard. His body was found in a cabin near the summit. The first Memorial Ski Race was held four years later.

Following the tour there will be a pizza party and potluck at the Ponderosa Lodge in Sisters. The John Day award will be presented at the party.

The ONC State Organization's annual meeting will be held on Sunday March 25 at 9:00 a.m. at the Ponderosa Lodge in Sisters. Everyone is welcome at this meeting.

Anthony Lakes powder—best in four years continued from page 3 well groomed and a lot faster! Four of us decided to do a new tour down the Elkhorn Scenic Road 73 and then up the Chicken Hill Road back to the ski hill summit. It was a very scenic tour of about seven miles and was nice until the very top of the ski ridge. The descent back to the lodge was fast and quick for most. The lodge bar helped us recover most days, with outstanding Barley Brown beer.

With the warm weather on Monday everyone decided to head home and not tarnish our memories of perfect powder of the first two days. The potlucks were outstanding every night and everyone loved the ranch. Participants: Ken (leader) and Debby Wenzel, John and Patrice Fromwiller, Mark Williams, Russ Pascoe, Becky McClain, Roy Soards, Julie Pohl, David Rogers, Laurel Dickie, Tere Enberg, and Steve Reardon.

Ken Wenzel, Trip Leader

Glacier National Park— it was worth the wait

What a difference a year makes! Last year, the Glacier National Park Ski Trip was cancelled because of three avalanches on the Amtrak tracks in

Donella Russell



Montana, but almost all of those who signed up last year participated in this year's trip. It was, in a word, magnificent!

We took Amtrak overnight to Essex, Montana, got off the train in the morning 100 yards from the Izaak Walton Inn, jumped into our ski clothes and spent the day skiing on about six-to-eight inches of light powder over a solid base, some skied on groomed and some skied on un-groomed trails. The



sky was clear, the views breathtaking, and the trails were perfect.

We spent the next three days enjoying the best that

Montana has to offer—solid backcountry skiing at Marias Pass, road skiing towards Avalanche Lake at

George Ammerman



Lake McDonald, and a perfect blue bird day skiing up to Dickie Basin and enjoying more of the groomed tracks. The scenery couldn't be beat. The last night, we got on the train headed west and arrived back in Portland on

Tuesday morning (early)—which is unheard of for Amtrak.

Ted Scheinman, Trip Leader

Columbia Store open to members

Once again the Columbia Sportswear

Employee Store is open—until March 18—to current ONC-PDX members and four guests. The hours are Monday through Friday 10:00 a.m. to 7:00 p.m. Bring the Invitation Letter, (a link was sent out by a forum email in January) or show it on your mobile devices, your membership card, and photo ID. The store is located at 14100 NW Science Park Dr., a map is on the invitation letter.

Terry Owen, Wednesday ski tours

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DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

NORDIC ISSUES/NEWS

Volunteer to help with Nordic Issues

Do you have some time to track issues that affect skiers? Contact board members (see sidebar page 2) to volunteer.

Mt. Hood National Forest

Snow Lots of snow fell in the storms last month.

On February 27 there was 54 inches of roadside snow at White River, Bennett Pass had 97 inches and Pocket Creek had 15 inches as of January 23.

Gifford Pinchot National Forest

For conditions check: fs.usda.gov/recmain/giffordpinchot/recreation#conditions

Wind River Lots of snow fell during the storms in late February and the highway is plowed, but the trails are not being groomed. Info: Mt. Adams Ranger District 509.395.3402. Road conditions: skamaniacounty.org then click on Public Works on the left side of the page.

Mt. Saint Helens National Monument For the most current conditions contact the Mt. Adams Ranger Station District 509.395.3402.

Mt. Adam For most current conditions contact the Mt. Adams Ranger Station District 509.395.3402.

Deschutes National Forest

Santiam Pass For trails at the Ray Benson Sno-Park check the HooDoo website conditions and webcams: skihoodoo.com under "Status"

Meissner Sno-Park Check meissnernordic.org/ grooming-report for current info.

Mt. Bachelor backcountry Conditions: Mt. Bachelor: mtbachelor.com/nordic-conditions

Pam Rigor, Editor

Three Sisters hut-to-hut adventure

We went into our Three Sisters hut-to-hut

ski tour with a goal to expand on the standard flagged route offered by the Three Sisters Backcountry Company (TSBC). Hoping for an off-trail, back-country wilderness experience, perhaps into the Broken Top Crater and onto Tam McArthur Rim, we realized that would depend on snow levels, weather conditions, and available daylight, and as the sage remarked, "it's hard to make predictions, especially about the future."

With dire weather forecasts of unseasonably warm temps and a hundred percent possibility for rain, the prospects for the ski trip were not great, but we decided to stay positive hoping the weather gods

would be on our side. It turns out they were and we were treated to a wonderful three day back-country ski adventure!

The first day, we arrived at our start and finish point, Three Creeks Lake Sno-Park, to light rain and a bare, almost budding spring terrain. Hmmm. Our

Bill Newman



shuttle driver transported us to Dutchman Flat to start our ski tour, and luckily the conditions had improved to low cloud cover and mild intermittent precipitation, and, to our surprise, plenty of skiable snow! Still, without the view possibility, the first off-trail excursion into Broken Top was replaced with a ski through the lower meadows and forest, an enjoyable tour following the flagged route to the first night's objective, the Happy Valley Hut.

Once at the hut, some folks decide to kick back and enjoy a happy hour of appetizers and take a late afternoon rest, while David Bath, Mike Faden, and I

Bill Newman



made a reconnaissance tour to the ridge cirque above Happy Valley to check out Ken Wenzel's recommendations for a route to the Rim.

We found the snow

cover and conditions superb and made plans for the ski to Tam McArthur Rim the next day. Unfortunately, a steady heavy overnight rain followed by freezing temperatures tempered our exhilaration.

Nonetheless, we are once again rewarded for staying positive and a beautiful sunrise greeted us on our second morning. Each group member made the adventure their own and enjoyed the challenges of the off-trail route in different ways. Bill Yeager plotted a route that led us directly to amazing, awesome alpine snowfields and lunch in the sun at

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VOLUNTEER OPPORTUNITIES

We would like to have more activities in the club and we need volunteers to make this happen. The board has been discussing this and we realize we haven't done the best job at communicating the need. So this article is a chance to address this. We are identifying some short term projects, ongoing need, and regular positions. If you would like to assist with any of these please contact a board member.

Short Term Projects

These are projects you can take on and then not repeat.

Bus Trip Wouldn't it be great to have a member appreciation day, rent a bus and head up as a group to ski on Mount Hood? Well we need someone to make this happen. There are a lot of options here. One location? Point to point ski? Maybe have the Mazama's prepare a lunch or...maybe turn it into a two day trip and spend the night at the Mazama Lodge.

Leadership Training We'd like to recruit new leaders and improve the skills of all our leaders. The last time we had leadership training was almost two years ago. We've identified March of 2018 to conduct this again. We could use your assistance developing this and helping with the logistics.

Publicity/Articles In the past local papers have had articles on cross-country skiing. Can someone contact the Oregonian, Willamette Week, Mercury or other with story ideas and see if we could get them to run with it.

New Members How do we get new members? What has been effective? We'd like a volunteer to analyze the membership data, maybe conduct surveys and maybe assist in projects for recruiting new members.

Mazama Ski School Liaison There is a natural tie in with our club and the Mazama Nordic school. Last year we offered ONC-PDX membership to

everyone that completed the Mazama school. What more could we do to tie in the two clubs?

On Going

We can always use people for these volunteer activities

Day Tours Can you have too many day tours? If interested in leading a tour see Leader Information for Day Tours: onc-pdx.org/activities/day-tours

Trail Tending OK, pretty much just a summer activity, but when it comes up it would be great if you could volunteer to keep our trails in order.

Tilly Jane Again not a year round task but typically two to three times a year there is a need for volunteers.

Longer Term/Committee

These volunteer activities are longer term

Board Member Some seats open every year (in March). This is a great way to get involved in the club.

Facebook We have an ONC-PDX Facebook page. I've been running it for a few years. I'd love some help and some new ideas. Want to move this page to a group? Got other ideas of how we can make the page more fun?

Volunteer Coordination I started this post by saying we could do a better job communicating volunteer opportunities. How about someone being a volunteer coordinator? We could work out what this would entail but probably keeping a list of volunteer opportunities and connecting to interested members.

Scott Diamond, *Secretary*

Three Sisters hut-to-hut adventure continued from page 4
the Rim. Our GPS aficionados (Dave, Bill, and Mike) checked and re-checked our route options and made corrections along the way. And we're lucky that Bruce Miller was part of our group; Bruce was an animal breaking trail and forging ahead. Kacey Jones, Barbara Hayman, and Denise Brem carefully thread the needle through the trees and along icy slopes, honing their back-country skills with the challenges on this route.

After lunch and views from the Rim, we head down, faithfully following the GPS tracks suggested by our guru Scott Diamond, who made a hard-to-believe day tour here (although Scott, you didn't mention that navigation of the 50-foot sheer gully between us and the trail), eventually we met up with the flagged trail leading to the second night's destination at the Lone Wolf Hut and another happy

hour and group dinner.

The last day's planned ski was back to the Sno-Park along the Three Creeks trail network, but the snow cover was too sparse and TSBC offered to ferry us back, if we decided not to ski. Once again, steady early morning rain confronted us as we decide what to do, but magically the sky cleared, and we vote to ski! David navigated us expertly to an awesome tour under Tam McArthur Rim to Three Creeks Lake and Little Three Creeks Lake, where we congratulated ourselves, looking up to where we lunched the previous day. We then returned by TSBC snowmobile to the Sno-Park with literally jaw-dropping views of the entire Sisters range.

It was an awesome, magical tour and who could have predicted?

Bill Newman, *Trip Leader*

cont. from sidebar page 4

includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

Easy Tour

Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6-12 miles.

Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

Hike: 8-10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5-7 miles per day; 200 to 400

continued on sidebar page 6

cont. from sidebar page 5
ft. per mile elevation
gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

continued on sidebar page 7

Anthony Lakes trip two

While the snow conditions were not as

good as they were for the ONC-PDX skiers that skied at Anthony Lakes two weeks before us, the thirteen skiers on the second Anthony Lakes trip for 2018, February 7–11, clearly demonstrated that they would find a way to enjoy themselves regardless of the conditions. As is typical of large group ski adventures, our group separated into different



Steve Planchon

combinations based upon their particular interests of the day. While some skiers put skins on and sought the challenge of getting up to and down from higher terrain, others enjoyed the well-groomed trails, both on classical and skate skis, and others opted for the Elkhorn Scenic Road loop (about seven miles) enjoying the scenic vistas (while sometime complaining about the crusty snow conditions). And, some elected to take a day off from skiing and enjoyed visiting the Oregon Trails Interpretive Center east of Baker City.

We enjoyed the spacious Good Bear Ranch accommodations about 12 miles west of Baker City, with potluck dinners following our daily activities. We drove 45 minutes through wonderful countryside to reach the Anthony Lakes resort at a 7,000-foot elevation. Many in our group commented on how visiting the resort area was like going back in time, with historic lodge buildings and a true sense of welcoming from resort employees and the abundance of locals who were skiing the trails and mountainsides with us. And, somehow, the resort bar even seemed friendlier than other ski lodge bars that many in our group had visited before.

This trip is truly a gem in the ONC-PDX overnight trip portfolio.

Steve Planchon, *Trip Leader*

2018-2019 Board nominees



Bill Neuman My wife Nancy and I have been skiing for over 50 years. Upon moving from Wisconsin eight years ago we lost interest in skiing all together. However thanks to joining ONC-PDX two years ago, we are again enjoying cross-country more than ever.

ONC-PDX has given us so much more than just skiing. We love the social aspects of the club, the meetings, the terrific overnight trips, the beautiful places we have visited. Even the trail tending and other volunteer activities have been very rewarding. We love the ONC-PDX, it has been great for us. I hope that I can contribute to the club to keep it as a vital, enjoyable place for many years ahead.



Ted Scheinman I have been deeply involved with the ONC-PDX for the past 40 plus years, serving in roles of day tour leader, overnight trip leader, overnight trip coordinator,

local and state Board members, and ONC-PDX President. Why would I agree to serve on the Board again? I think that the ONC-PDX should have an experienced Board member, who has an understanding of continuity of the club—the successes and challenges.

As a Board member, I would like to continue my efforts to increasing ONC-PDX membership with younger, engaged members, through more partnerships with local ski shops. I also see an important role is to address issues that affect Nordic skiing.



Ken Wenzel I have been cross-country skiing for 46 years now. The reason I joined ONC-PDX was to branch out from just doing weekend trips with friends. I have been a member for five

years now and have enjoyed the chance to meet new people and share my passion for skiing with others.

I took on the job of trail tending coordinator and have enjoyed those challenges. I have led many overnight ski trips and have enjoyed putting them together. I have served on the board for two years and hope to continue and work to make ONC-PDX a better club going forward.

DAY TOURS

Note: if weather or road conditions are dangerous, please check with the leader.

More tours may be listed on these sites:
onc-pdx.org/activities/day-tours
onc-pdx.org/forums

meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as “dog tours”

March 7, Wed, Intermediate Ski

Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact Terry, leader TBD: Terry Owen 503.590.5825 terryowen1@gmail.com**

March 14, Wed, Intermediate Ski

Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact Terry, leader TBD: Terry Owen 503.590.5825 terryowen1@gmail.com**

March 21, Wed, Intermediate Ski

Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact Terry, leader TBD: Terry Owen 503.590.5825 terryowen1@gmail.com**

March 28, Wed, Intermediate Ski

Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact Terry, leader TBD: Terry Owen 503.590.5825 terryowen1@gmail.com**

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Lets make tracks—the snow is coming down

Join the ONC-PDX tour leader team...

Pick your favorite trail/route and take some of your ONC-PDX friends on a ski tour. Submit tour descriptions with the Day Tour Input Form (on our website click on “Activities and Events” then click on “Day Tours”) or send an email with the tour description (by **March 14, 8 p.m. for the April newsletter**) to oncdaytours@gmail.com. Tour descriptions sent after the deadline will be posted on the website and, if you wish on Meetup. Last minute tours can be added too.

New to leading? Contact us for more info? ◆

Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee

SOLO Wilderness First Aid certification course

The course, offered in Portland April 7–8,

uses a hands-on approach to teach how to be prepared for and safely handle injuries resulting from the exposures and risks inherent to adventuring. We teach how to save life and limb in the critical moments before emergency care arrives to take over.

This 20-hour (Saturday-Sunday) course is hands-on practice. The course costs \$195.

Info: solowfa.com ◆

Trail Skills College

The 2018 Columbia Cascades Trail Skills

College will be on April 20–22 at Cascade Locks, Oregon. The Pacific Crest Trail Association sponsors this free event that teaches volunteers essential skills in trail construction and maintenance. Instructors for the college include experts and professionals in the fields of recreational construction, trail maintenance, and leadership.

A range of classes will be available from basic tread and brushing to cross-cut certification and crew leadership; saw certification will also be available—for ski trail maintenance and firewood cutting (for ski shelters). Learn new skills or refine the ones you have. Beginners and experts alike can benefit from the courses being offered. There is limited space and the classes fill up so register early to get a spot. Info and register: <http://www.pcta.org/volunteer/trail-skill-college/columbia-cascades/> ◆

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OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.

2. Overnight trip sign-ups are done online at the club website (onc-pdx.org/activities/overnight-trips). The website will begin accepting applications at noon on the day following the October general meeting. Once accepted, the participant will receive a confirmation email from the trip leader. To complete the sign-up process, the member must also email their completed Overnight Trip Application (<https://onc-pdx.org/wp-content/uploads/2017/10/ONT-Application-092617-fillable.pdf>) to the trip leader. The on-line booking system may show that trips are full before they actually are. If this is the case, members should contact the leader to confirm the trip status. Members are encouraged to apply to the wait list by sending the leader a copy of their completed application with a check for the amount of the trip. Their check will be held by the leader until a spot opens up and if not, the leader will destroy the check and notify the applicant.

3. Restrictions on

continued on sidebar page 8

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participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for the safety of all trip participants. The trip leader may also limit participation based on accommodations.

WAIT LIST

5. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

Trip Cancellation Policy

6. If canceling, contact the trip leader immediately. There may be a wait list.
7. Participants are responsible for finding a replacement, which may include contacting people on the wait list.
8. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended.
9. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10 administration fee.
10. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

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Two trips, two different stories

I was the lucky leader of two different ONC-PDX overnight trips: New Year's at Black Butte, and two weeks later, Willamette Pass. At Black Butte



Bill Neuman

and in Central Oregon, generally, the snow was practically non-existent, but that didn't stop us from enjoying excellent hiking, fresh, pine-scented air, stunning mountain vistas, relaxing accommodations, a good fire, great camaraderie, meals that put most restaurants to shame, and after-dinner bouts of BananaGram.

Participants were Bill and Nancy Neuman, Elke Schoen, David Blanchard, Rick and Kathryn Heath, Jodi Wacenske, Kathy Burns, and Tom Foolery. To our delight, we met up with ONC-PDCX member and Bend transplant, Louise Brown.

Two weeks later six adventurous women headed out to Crescent, Oregon, near Willamette Pass. On the way up, we stopped to get our ski legs back at Shelter Cove near Odell Lake. The next day we skied from the Gold Lake Sno-Park to Bechtel Shelter and beyond in new snow, followed by another beautiful day on the north side of Gold Lake. Finally, before returning home, we stopped at Crescent Lake and enjoyed a blissful tour along the lake's shore. It was a glorious trip, again with great companions, good conversation, gourmet meals, and plenty of laughter.

Ann Truax, Trip Leader



Bill Neuman

Mar 1-5, Thur-Mon, All Ability Ski Wallowa Mountains, Joseph, OR Trip full, wait list open*

Spend four days skiing in the fabulous Wallowa Mountains in Eastern Oregon! We will stay in a large log house close to Wallow Lake. The house will easily accommodate the whole group and we will have potluck dinners. There are opportunities



for all levels of skiing in the area. We'll carpool from Portland on Thursday, arriving in Joseph in the early evening.

We'll ski around Wallowa Lake and in the mountains on Friday, Saturday, Sunday, and (possibly) part of Monday, returning to Portland on Monday evening.

Trip Limit: 12 participants (includes the leader)

Cost: \$170/member, per person. Includes four nights' lodging

Sign up online (onc-pdx.org).

**For more info contact the leader: Susan Watt
503.201.3977 susniam@gmail.com**

Mar 2-4, Fri-Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Club Weekend, Mt. Hood, OR Trip full, wait list open*

This trip also available April 6-8.

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski

***Check website/contact leader for trip updates
onc-pdx.org**



Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping

bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS. Climbing skins are required.

Trip limit: 15 (max.) participants. Open to all ONC-PDX members and TJ cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.

Sign up online (onc-pdx.org).

For more info contact:

tillyjanecabin@gmail.com. We'll forward your request to the appropriate trip leader. Leaders TBD.

Mar 3–17, Sat–Sat, All Ability Ski Ski the Alps in Austria and Italy Trip full, wait list open*

Intrepid ONC-PDX members will travel to Austria for five days of skiing in the Alpine region where the Winter Olympics are held, then take the train to Italy for four days of skiing in the heart of the Dolomites. This should tire us out enough to be ready for the optional singing gondola ride in Venice on our way back to the US. European breakfast buffets and trailside chalets provide the human fuel to keep us going on the fully groomed trails for skate and classic. No need to bring snowshoes as there are even paths groomed for walking. Some participants will take a day off skiing to tour the museums and palaces in Innsbruck. Regardless, this is an adventure filled with fine dining and great skiing.

Trip Limit: 18 participants (includes the leader)

Cost: \$2,950/member, per person. Includes airfare, lodging (two weeks), some breakfasts, lift passes, and ground transportation.

For more info contact the trip leader: Sam Digard sam.digard@gmail.com

Mar 6–11, Tue–Sun, All Abilities Ski Methow, WA—Trip 2 Trip full, wait list open*

Perhaps you haven't had enough sun, powder snow, and zillions of miles of groomed trails in open country with a view in all directions. Perhaps the dark descended too soon when you were last here at New Years, and you didn't have time to thoroughly

Scott Diamond



exhaust yourself. Well then, here is another chance to ski the Methow Valley, with longer days, warmer temperatures, and the

same wonderful ONC-PDX companions. Twelve of us will stay in Winthrop, WA, at the same adjoining condos near 200 km of groomed trails winding through Mazama and Winthrop. It is a long drive to north central Washington and is worth it, for the quality of skiing and change of pace. Classic and skate skiers will appreciate the variety of trails and dry snow.

Trip Limit: 12 participants

Trip Cost: \$215/member, per person. Includes five nights' lodging.

Sign up online (onc-pdx.org).

**For more info contact the leader: Elke Schoen
503.239.9286 elkeschoen@msn.com**

Mar 15–18, Thur–Sun, Intermediate/Advanced Ski Three Sisters Hut to Hut, OR—Trip 2 Trip full, wait list open*

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail at 6,500 feet, on the eastern edge of the Three Sisters Wilderness Area. We will meet our shuttle Friday at 8 a.m. at

Richard Crimi and Susan Watt



Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route, and Sunday evening we will drive home from Three Creeks. The terrain is un-groomed, rolling to gentle slopes and will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove and cooking facilities. They provide

***Check website/contact leader for trip updates**

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Travel Insurance
Commercial travel insurance is available from a variety of providers. Please see (<https://onc-pdx.org/resources/trip-insurance>) for a listing of some trip insurance companies.

ONC-PDX does not endorse any of these agents or providers. ♦

Discounts for ONC-PDX members and leaders!

Columbia Sportswear, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardwear, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardwear.com

The Mountain Shop, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Oregon Mountain Community, 2975 NE Sandy, ONC-PDX

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members— subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Jupiter Hotel, PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off when booking online. ♦

sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in-between. Info:

threesistersbackcountry.com

Trip limit: 8 participants (includes the leader)

Cost: \$285/member, per person. Includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses will be carpooling transportation expense and food and lodging in Sisters Thursday night.

For more info contact the leader: Susan Watt: 503.201.3977 susniam@gmail.com.

Mar 16–18, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station Club Weekend, Mt. Hood, OR Trip full, wait list open*

This trip also available April 13–15.

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the



Kevin McGilivray

cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 4 participants (max.), Open to ONC-PDX members only with preference given to Tilly Jane volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member to sign up for this trip.

For more info contact: tillyjanecabin@gmail.com. We'll forward your request to the appropriate trip leader. Leaders TBD.

Apr 6–8, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Club Weekend, Mt. Hood, OR Spaces available*

(See March 2–4 trip description)

Apr 13–15, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station Club Weekend, Mt. Hood, OR (See March 16–18 trip description)

Trip full, wait list open* ♦

***Check website/contact leader for trip updates**

Welcome new members! Dan and Wendy Kogan, David, Jacklyne, Lindsey, and Kyle Barton, Daniel Lowe, David Burdick, Yu-Lin Chao, Jan Epstein, Alan Hed, Carol Williard, Bruce Hostetler, Chelsea Grassinger, Joan Durgin, William Winters, Jenn Henry, Benjamin Elstrott, Scott Britell, Lisa Reynolds, Ann Spencer, Steve Getsinger and Cath Keane, Kristen Deuel, Siouxsie Alarcon, Chuck and Jacquie Houghten, Nicole Winschel, Colleen Lile, Edward Sayers, Dana and Mary Collins, Richard Carrol, Brian Dufour, Charles Brun, Kate McPherson, and Tammy Weissman-Unni

Welcome Back! Dolores Kueffler, Jodi Johnson and Clayton Hawkes

February membership report: 308 total memberships (214 single and 94 family), includes 30 new and 3 renewing. Last year at this time there were 283 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting January 30, 2018 at MMC

Board Members Present: Ken Wenzel, Scott Diamond, André Fortin, Mary Bourret, Ted Scheinman, Laurel Dickie, and Tim Kral.

General/Meeting Opening

Next board meetings: February 27 at 6:00 p.m., March 27 at 6:00 p.m., April 24 at 6:00 p.m.,

Reports

Treasurer's Report: Board approves summary Mary H provided

President's Report: No report

continued on page 11



Ken Wenzel

Board Meeting Minutes continued from page 10

Website: Successfully tested electronic voting

Day Tour Committee: Need more day tours, have been few leaders other than Wednesday tours

Overnight Trip Committee: No report

Tilly Jane: Preparing for upcoming summer project—plan to roof, boulders and rafters. Planning on buying shake since unable to find other sources—board approves general direction. Other work: boulder, rafters, may need to ask for a loan. André to talk to Cooper Spur Wild and Free.

Membership: REI has worked tremendously well.

Publicity: No report

Nordic Issue: Discussion of land trade in Cooper Spur area. André to talk to Cooper spur wild and free to understand what our position may be for possible support.

Trail Tending: Ken is attending Mt. Recreational partnership February 10 in Sandy. Ken received email from ranger asking about skiing sign at Bonnie Meadows cutoff. We are unaware of who placed the sign.

Old Business

None

New Business

Board Decisions: Request was received to board for speaker compensation. This brought up general discussion of how the board should vote on e-mail requests. Following agreement was reached: President has approval for up to \$500 and should address these. If not covered by above then we should not approve by e-mail (so that there is time for discussion/debate) but instead add as item in next board meeting.

Mazamas: Discussion that Mazamas did not inform us of their kickoff meeting and we did not have a representative to speak. We would still like to develop relationship with Mazamas, but no one has yet offered to fill this role (discussed in volunteer e-mail). Scott email Tom Kline (never got a response to last e-mail).

Overnight trips: General Board discussion. Board is beginning discussion of goals we'd like to set for 2018-2019 season. This is still under discussion but following ideas were proposed. Increase trips by goal of 15% (board would be willing to take more risk). More adventurous/advanced tours. Less expensive options. Trips focused for new members. Mazamas advertisement.

◆
Scott Diamond, Secretary

Methow Valley, WA



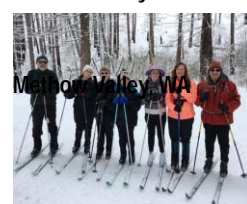
Ted Scheinman

Methow Valley, WA



George Ammerman

Methow Valley, WA



Ted Scheinman

CLASSIFIED ADS

FOR SALE: ► **Ski Poles** Rossignol adjustable back-country poles (BC 100). Excellent condition. Retail for \$74.95. **\$30.**

► **Ski Poles** Leki Vasa classic poles. Good condition. **\$15.**

Robin rwilliag@gmail.com 503.452.1338 4/18

FOR SALE: ► **Ski Bindings** Karhu Catamount 190 cm waxless / 3 pin Voile cable bindings good condition **\$50**, Epoke 900 200 cm waxless / 3 pin bindings good condition **\$10**, Fisher Europa 99s 210 cm metal edge 210c Rottefella NNNBC bindings good condition **\$30.** **FOR SALE:** ► **Ski Boots** Asolo Glissade, three pin boot men's 9.5 or 10. Pretty good shape **\$10.**

FOR SALE: ► **Skins** Pamoca Climbing skins older but barely used, like new. **\$50.** **FOR SALE:** ► **Skis/Bindings/Boots** Kastle RX 210 cm with Salomon bindings and boots men's 9.5 or 10. Sold as skate skis in the early 80s, skinny and fun in groomed tracks. **Free.** David dkb123@outlook.com 4/18

FOR SALE: ► **Tele Bindings** Rottefella Chili **\$25.** Free 198cm Rossignol Attaque Telemark skis included. **FOR SALE:** ► **Ski Boots** Alpina NNN BC Nordic ski boots, size 42 (womens size 10-11). Nearly new condition.

Mark 503 seven five six 7534 (call or text) 3/18

WANTED: ► **Ski boots and skis** Leather Women's sz 9. No wax touring skis, metal edged for in and out of track touring @ 170 cm. Claudia claudia.montagne@gmail.com 4/18

FOR SALE: ► **Ski Boots** Salomon RC Carbon Prolink recreational/classic boot with NNN toe clip. Men's 10.5. Worn just twice, excellent shape. Retail at \$249, asking **\$125.**

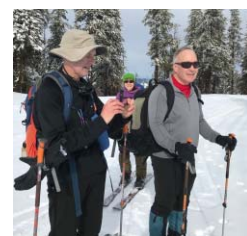
FOR SALE: ► **Hiking Boots** Vasque Breeze III GTX Men's size 12 Vibram Megagrip sole, Goretex. Worn only once. Retail for \$180, asking **\$90.** **FOR SALE:** ► **Down Vest** Montbell Superior vest. Men's large, black. Like new condition. Retail at \$109, asking **\$50.**

Richard richard_crimi@hotmail.com 503.726.8998 4/18

FOR SALE: ► **Skis** Atomic Telepathic telemark skis 170cm, Voile Tele bindings, heel lifts. **\$75.** **FOR SALE:** ► **Bindings** Riva Super Loop ultralight telemark / backcountry touring bindings, new **\$60 OBO.** **FOR SALE:** ► **Boot liners** Scarpa Intuition ski boot thermo form liners. Used one season. Size 30.5 (used in a 30 Scarpa Boot) Can be reformed several times. **\$65 OBO.** **FOR SALE:** ► **Ski Boots** AirTex NNN-BC Ski Boots, Thinsulate insulated, very warm, excellent condition. Size 47 **\$40 OBO.** **FOR SALE:** ► **Ski Helmet** GIRO ski helmet size Small fits child **\$25 OBO.** Russ russ.bec@gmail.com 4/18

Deadline: 15th of the month (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months.** Please notify editor to run ads longer or be removed earlier.



Ken Wenzel

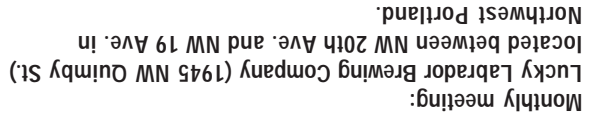
From the ancient architectural wonders of Bukhara and Tamerlane's Samarkand to the magnificent snow-draped peaks of Tajikistan, Steve Levy and Sue Van Loon explore a corner of the world rarely visited by Americans. Traveling independently with the help of a "fixer," they experienced both ancient and modern day culture along with high mountain trekking in countries still finding their way after the fall of communism.

Tuesday, March 6
6:30 p.m. Social Hour
7:30 p.m. Program
Food/Beverages available \$

May 1-William Sullivan: new hikes

Oregon Nordic Club
**PORTLAND
CHAPTER**

Portland, OR 97208-3906



Northwest Portland.