

# Oregon Nordic Club PORTLAND CHAPTER

FEBRUARY

2018

## Mt. Adams ONC-PDX/WSTC outing

**Sometimes you just have to make the best of what nature gives you. That is a philosophy I have grown to**

live by the last few years, and I think it has helped me not sweat what I can't control. I had driven to Mt. Adams the Sunday before our trip, and the conditions looked bleak, a very thin snow pack with a black ice topcoat. So on Friday I suggested hiking, for a trip starter, on our way to Glenwood. The weather was nice with a few sun breaks and about 50 degrees F in Lyle, where six of us did a variation of the Cherry Orchard hike. We then drove to the Mt. Adams Lodge, met the rest of our group and the six from the Washington Ski Tour Club for a total of nineteen people.

Saturday we awoke to sunny skies and temps in the 40s. We arranged carpools and drove to SnowKing Sno-Park to find it very full with snowmobile trucks and trailers. Most of the machines made an early start with only a of couple machines still to depart. With the conditions thin, I decided to ski up the main Forest Road 82 until we got to Smith Butte. It was icy with almost bare spots in the road for the first mile, and then it slowly improved. At the top Smith Butte we stopped for lunch and had fantastic views of Mt. Adams and Bird Creek Meadows. On our way back we had talked to some other skiers that had come out on to the main road from Road 181 and the Pipeline Trail. So we decided that if they did it, we could also. It was interesting route finding, and a challenge keeping enough snow under our ski's. But it kept us off the main road with the snowmobiles return-

ing in the afternoon and give us a total of ten miles of skiing.

Sunday the cloud deck lowered to the valley floor so we hiked at Columbia Hills State Park. Fourteen hikers headed out, everyone enjoyed the views of the Columbia River and landscape. We continued on page 3

Ken Wenzel



## No Snow Ochoco

**Seven skiers headed to the Ochoco Ranger Station for an extended stay over a**

January weekend. Unfortunately "no snow Ochoco" was our mantra for this trip. The plan was to ski up the nearby Peaks of Slide, Round, and Lookout. The elevation for these tours is fairly high (5,400 feet at base) but there were mostly just patches of snow until you got above 6,000 feet. So we enjoyed ourselves doing a number of day hikes (and of course appreciating the usual fine food and adult refreshments). There was some bushwhacking as several of us attempted to keep up with Steve Rearden, but this did result in some adventure and a good look at Stein's pillar. The more "OCD" members of the group had to get a ski in and decided to head to Dutchman Flat at Bend. It was a two hour drive each way and it did seem like all of Bend was

Steve Rearden



at Bachelor for the weekend (we ran into the Camp Sherman trip group as well as a number of other ONC-PDX members). Fortunately the crowds dropped as we headed into the backcountry. The snow was great, weather was spectacular as we skied to Todd Lake and a good portion of the way to Broken Top. We had two great days of skiing. Next year we'll come back and take on the mountains.

*Scott Diamond, Trip Leader*

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**Broken Top**

Steve Rearden

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## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication). Send submissions to oncnwsltr@gmail.com as a Microsoft Word document (**no formatting** i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (**preferred**); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor. This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906 Portland, OR 97208

# U P C O M I N G E V E N T S

## Feb 2-4 ▶ FRIDAY-SATURDAY

### Cabin Fever Days

Trout Lake, WA. Friday night entertainment, XC Ski Race, Soup Contest, Children's Dance Contest and Music, Ski to Peterson Prairie Cabin  
Info: troutlakewashington.com/events-2/cabin-fever-days

## Feb 3 ▶ TUESDAY

### 10k Skate Race

Mt. Hood Meadow Nordic Center  
Info: 503.337.2222 ext 1262  
skihood.com/the-mountain/nordic-center

### Luminaria

Annual Meissner Nordic Club fundraiser. 5:00 p.m. Meissner Sno-Park, Central Oregon. Ski 1.5 miles one way to the Meissner Shelter lighted by luminarias. Bring headlamp. Open to skiers and snowshoers. Info: meissnernordic.org/meissner-events

## Feb 6 ▶ TUESDAY

### Ptarmigan Traverse

ONC-PDX monthly program  
6:30 p.m. – 9:00 p.m. Lucky Lab,  
1945 NW Quimby St.



## Feb 7 ▶ WEDNESDAY

### Join the Mt. Hood Ski Patrol

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: rei.com/learn.html

### Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Tualatin REI  
Free! Info/sign-up: rei.com/learn.html

## Feb 8 ▶ THURSDAY

### Best Overnight Nordic Trips

6:30 p.m. – 8:00 p.m. Clackamas REI  
Free! Info/sign-up: rei.com/learn.html

## Feb 11 ▶ SUNDAY

### Annual Tour for the Heart

11:00 a.m. Mt. Bachelor Nordic Center, OR  
Fun cross-country ski or snowshoe 5km event

Register: [tourfortheheart.org](http://tourfortheheart.org)

Benefit for Oregon chapter of American Heart Association

## Feb 12 ▶ MONDAY

### NWAC: Avalanche Awareness

6:30 p.m. – 9:00 p.m. Mt. Shop, 1510 NE 37th Ave.  
Free! Info: [mountainshop.net/events/nwac-avalanche-awareness-3](http://mountainshop.net/events/nwac-avalanche-awareness-3)

### Hoppy Adventure Hour:

#### Plan Your Thru-Hike

6:30 p.m. – 8:00 p.m. Lucky Lab, 1945 NW Quimby St.

## Feb 14 ▶ WEDNESDAY

### For the Love of The Gorge

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: rei.com/learn.html

## Feb 22 ▶ THURSDAY

### Join the Mt. Hood Ski Patrol

6:30 p.m. – 8:00 p.m. Clackamas REI  
Free! Info/sign-up: rei.com/learn.html

## Feb 28 ▶ WEDNESDAY

### Best Ski Tours on Mt Hood

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: rei.com/learn.html

### Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI  
Free! Info/sign-up: rei.com/learn.html

## Clinics & Training

### May 3-6 ▶ THUR-SUN

### 2018 Oregon Spring Camp Mt. Bachelor, OR

Dates are tentative. Morning sessions on snow, groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more! Registration opens in March. Info: [xcoregon.org/oregon-spring-camp](http://xcoregon.org/oregon-spring-camp)

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 9)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: [nwski.org](http://nwski.org) [fwsa.org](http://fwsa.org) [federationofwesternoutdoorclub.org](http://federationofwesternoutdoorclub.org)

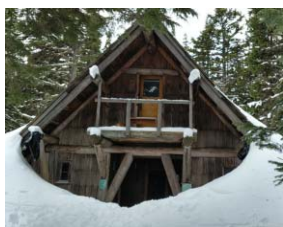
Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: [oncmembership@gmail.com](mailto:oncmembership@gmail.com)



## ONC-PDX BOARD SKI TRACKS

**What an interesting winter we've had thus far! It hasn't boded well for us winter loving ski enthusiasts,** but just maybe winter has finally arrived. The last week has brought us cooler temperatures with more consistent snow cycle events although we seem to be in a pattern where we'll get snowfall followed by rain. Let's do our snow dances and hope that the rain pattern dries up and is followed by snow, snow, and more snow. There has been some snow to be found, but the coverage has been thin, and you must come at it with a different mindset. You "hardcore" skiers know what I'm talking about! Unfortunately, it's also caused some challenges with our overnight trips and day tour schedules, but this isn't anything we haven't experienced before. Call it what you'd like; global warming or the earth's natural warming/cooling cycles....we can all agree that the new normal will see more years like this season. So, if you haven't gotten out, don't wait for "perfect" conditions. Take what's given, seize the day and go for it. Do you're planning and be prepared to adjust them based on current conditions, but get out there and enjoy yourselves. Any day in the great outdoors is better than a day in doors or in the city.

Ken Wenzel



I'd like to switch gears and provide a brief update with the ONC-PDX managed Tilly Jane Cabins. We are currently 67% of the way to the fundraising goal of \$214K. We are now focused on submitting grants during the winter season and planning for phase three project work anticipated to begin in July. This year's projects include completing the installation of the remaining foundation boulders and rafters. Rebuilding the wood room log walls, installing gusset plates to stabilize the roof and rehabilitating or replacing many of the log ends that have rotted out over the past 79 years. Finally, we hope to install a new shake roof. This is shaping up to be the single largest part of the restoration plan, which also means that it'll be the most expensive project phase with the roof being the single largest line item.

If you haven't yet donated, please make one today. You'll find a link within the ONC-PDX website. If this isn't a possibility or you'd like to do more, we'll also need an army of volunteers over the summer months. Please make time and spend a day or two helping restore this Oregon treasure. More information and sign ups will be provided as we move into the summer months. But, let's not get ahead of ourselves. Winter's here so get out and enjoy the season!

◆  
André Fortin, Board Member

## Methow Valley New Year's Trip

### What a difference a long car drive makes.

We left Portland, still reeling from icy roads and ended up at Winthrop where we were treated to the most magnificent track skiing in the West and

George Ammerman



perhaps the country. Sunny the first day, heavy snow at night and part of the next day, sun the rest of the trip—skiing was wonderful! The trails were perfectly groomed even in the morning right after

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Mt. Adams ONC-PDX/WSTC outing continued from page 1 passed some mountain bikers, one of whom was Jim Thornton with the Forest Service, small world, we covered about five and a half miles on the trail. On our way back to the lodge we looked at old farm machinery, exotic animals by The Dallas Port and watched the bald eagles by Lyle.

Each night was an amazing assortment of food dishes, desserts, and great conversation. It was sad to send everyone off in different direction Monday morning. Six of us decided to visit the Mosier Plateau Trail in Mosier to stretch our legs before heading home. With ten miles of skiing and fourteen miles of hiking we made lemonade from a lemon of a snowpack. Participants: ONC-PDX—Ken Wenzel, Debby Wenzel, Andrew Tang, Don Erickson, Bill Newman, Barbara Hayman, Vicki Rehfeldt, Tom Yaylor, Elke Schoen, Richard Crimi, Bruce Palamountain, Nancy Novak, and Kristin White. WSTC—Jo-Ann Payne, Dean Payne, Chris Van Bommel, Ginnie Miller, Richard Petters, and Jackie Vail.

Ken Wenzel, Trip Leader

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## DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

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Methow Valley New Year's Trip continued from page 3

new snow and we took advantage of them. The various levels of skiing ability and conditioning were accommodated for everyone.

But this Methow Valley ski trip was an example of what makes ONC-PDX great—the participants. We



George Ammerman



Nancy Novak

bonded, skied, laughed, cooked, and ate together (too well)! We stayed up to see the ball drop (Eastern Time) before we went to sleep. We even connected with a former member of the ONC-PDX, Mike Real, who now lives in Methow.

Everyone went home happy that they had joined this trip. Plans have been made for next year.

Ted Scheinman, Trip Leader

## Grooming at Teacup

**The Teacup Lake Nordic trails will be**

groomed in the early morning of every Monday, Wednesday, Saturday, and Sunday unless conditions for grooming are unsuitable. Additional days are added during the one week Spring break in March. The schedule may not be regular (depending on snow fall) so check the Facebook and Twitter feeds, which can be found on their website: [teacupnordic.com](http://teacupnordic.com).

## NORDIC ISSUES/NEWS

### Volunteer to help with Nordic Issues

Do you have some time to track issues that affect skiers? Contact board members (see sidebar page 2) to volunteer.

### Mt. Hood National Forest

**Gorge Fire Update** The Mt. Hood National Forest updated its Closure Order for the Eagle Creek Fire Area. The closure is now within the boundaries of the Hatfield Wilderness on the Mt. Hood National Forest side of the Eagle Creek Fire Area. More details can be found on their website: [fs.usda.gov/mthood](http://fs.usda.gov/mthood) under Alerts & Warnings. Most hiking trails are still closed. Please stay out of the closed areas for your safety. Information about post-fire recovery on the Columbia River Gorge National Scenic Area's "Eagle Creek Fire Response" web page at [bit.ly/eaglecreekfireresponse](http://bit.ly/eaglecreekfireresponse). The site includes information about how to get involved with helping. See also Work parties with Trail Keepers of Oregon article on page 7.

**Sno-Park Snow Levels** Bennett Pass had 40 inches on January 25. On January 26 White River West had 25 inches, Teacup Lake had 12 inches, and Pocket Creek had 10 inches.

### Gifford Pinchot National Forest

**Wind River** There was four to six inches of new snow on January 27. Trail grooming had not started yet this season. Info: Mt. Adams Ranger District 509.395.3402. To check on the Upper Wind River Highway road conditions check:

[skamaniacounty.org](http://skamaniacounty.org) then click on Public Works on the left side of the page.

**Mt. Saint Helens National Monument** The Marble Mt. Sno-Park on January 25 had one foot of snow.

**Mt. Adam** At SnowKing Sno-Park grooming had not started yet due to lack of snow depth, but it was snowing in late January.

### Deschutes National Forest

**Santiam Pass** For trails at the Ray Benson Sno-Park check the HooDoo website conditions and webcams: [skihoodoo.com](http://skihoodoo.com) under "Status"

**Meissner Sno-Park** In late January they received six to eight inches of new snow. Check [meissnernordic.org/grooming-report](http://meissnernordic.org/grooming-report) for current info.

**Mt. Bachelor backcountry** Check conditions and webcam at Mt. Bachelor website: [mtbachelor.com/nordic-conditions](http://mtbachelor.com/nordic-conditions)

Pam Rigor, Editor



## VOLUNTEER OPPORTUNITIES

We would like to have more activities in the club and we need volunteers to make this happen. The board has been discussing this and we realize we haven't done the best job at communicating the need. So this article is a chance to address this. We are identifying some short term projects, ongoing need, and regular positions. If you would like to assist with any of these please contact a board member.

### Short Term Projects

These are projects you can take on and then not repeat.

**Bus Trip** Wouldn't it be great to have a member appreciation day, rent a bus and head up as a group to ski on Mount Hood? Well we need someone to make this happen. There are a lot of options here. One location? Point to point ski? Maybe have the Mazama's prepare a lunch or...maybe turn it into a two day trip and spend the night at the Mazama Lodge.

**Leadership Training** We'd like to recruit new leaders and improve the skills of all our leaders. The last time we had leadership training was almost two years ago. We've identified March of 2018 to conduct this again. We could use your assistance developing this and helping with the logistics.

**Publicity/Articles** In the past local papers have had articles on cross-country skiing. Can someone contact the Oregonian, Willamette Week, Mercury or other with story ideas and see if we could get them to run with it.

**New Members** How do we get new members? What has been effective? We'd like a volunteer to analyze the membership data, maybe conduct surveys and maybe assist in projects for recruiting new members.

**Mazama Ski School Liaison** There is a natural tie in with our club and the Mazama Nordic school. Last year we offered ONC-PDX membership to

everyone that completed the Mazama school. What more could we do to tie in the two clubs?

### On Going

We can always use people for these volunteer activities

**Day Tours** Can you have too many day tours? If interested in leading a tour see Leader Information for Day Tours: [onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)

**Trail Tending** OK, pretty much just a summer activity, but when it comes up it would be great if you could volunteer to keep our trails in order.

**Tilly Jane** Again not a year round task but typically two to three times a year there is a need for volunteers.

### Longer Term/Committee

These volunteer activities are longer term

**Board Member** Some seats open every year (in March). This is a great way to get involved in the club.

**Facebook** We have an ONC-PDX Facebook page. I've been running it for a few years. I'd love some help and some new ideas. Want to move this page to a group? Got other ideas of how we can make the page more fun?

**Volunteer Coordination** I started this post by saying we could do a better job communicating volunteer opportunities. How about someone being a volunteer coordinator? We could work out what this would entail but probably keeping a list of volunteer opportunities and connecting to interested members.

*Scott Diamond, Secretary*

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includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

### Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

### Easy Tour

**Ski:** 4-6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

### Intermediate Tour

**Ski:** 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8-10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5-7 miles per day; 200 to 400

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## Where to check mountain snow/trail conditions

### ONC-PDX President Ken Wenzel sent me an

email about Teacup's new webcam, which can be found on their website: [teacupnordic.org](http://teacupnordic.org). "The image is updated at the top of each hour and the current temperature is at the bottom of the photo. Look for fresh snow on the trees! This is a very nice addition," he wrote. The webcam is located below Weather and Road Conditions. Links to road conditions and ODOT cameras are there too. These cameras and the road conditions can also be found on [tripcheck.com](http://tripcheck.com), which shows a full Oregon map.

The blue or white dots on the Oregon TripCheck map give more info about the conditions: temperature, depth of roadside snow, weather conditions, road surface conditions, temperature, new snow depth, roadside snow depth, and the date and time the info was added.

There are various other sources for finding out about snow conditions. Watch the weather report on TV and their websites; you can get an app for your phone of them. I find that KGW's Matt Zaffino is one of the most knowledgeable meteorologists in our area; he is usually on in the evening. The weather forecasts are not always spot on, but are worth looking at, and their radar is in real time showing where the snow or rain is, and how fast it is moving.

Another valuable resource is the National Weather Service site: [wrh.noaa.gov/pqr/forecasts/php](http://wrh.noaa.gov/pqr/forecasts/php). In the Portland (issuing office) row click on zone forecast for the following: South Washington Cascades for Mt. St. Helens and Wind River, Northern Oregon Cascades for Mt. Hood, Cascades in Lane County for Willamette Pass. In the

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cont. from sidebar page 5  
ft. per mile elevation  
gain.

#### **Advanced Tour**

**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

#### **TOUR**

##### **ESSENTIALS**

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics for warmth and comfort.

##### **Skiing & Hiking Essentials**

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

##### **Biking**

##### **Essentials**

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

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**Check mountain snow/trail conditions** continued from page 5

Pendleton (issuing office) row click on zone forecast and find info on the east Gorge to the Wallowa Mountains. On the left side of the NOAA website you will find their radar and the satellite images to see where the precipitation and clouds are in real time.

For info about avalanche conditions, along with some specific weather sites in the mountains of Oregon and Washington, go to the Northwest Avalanche Center (NWAC) website: [nwac.us/weatherdata](http://nwac.us/weatherdata). It gives you temperature, relative humidity, and precipitation, current data and data from the last 10 days, which includes wind directions and speed along snow depth. The NWAC site map ([nwac.us/weatherdata/map/](http://nwac.us/weatherdata/map/)) gives conditions from various weather stations (see dots on map): Government Camp, base of Ski Bowl (3,660 ft.), Timberline Lodge (5,880 ft.), and Mt. Hood Meadows Base (5,380 ft.).

Forest Service websites are another source for snow conditions at the sno-parks: Gifford Pinchot NF—[fs.usda.gov/main/giffordpinchot/home](http://fs.usda.gov/main/giffordpinchot/home) and Mt. Hood NF—[fs.usda.gov/mthood](http://fs.usda.gov/mthood) Info is not posted every day, but it gives the snow depth on the days posted. On their websites click on “Recreation,” then on “Winter Sports then on “XC Skiing/Snowshoeing.”

Also check the Forums on our website and post trail conditions after you come back from ski tours: [onc-pdx.org/forums/forum/trail-conditions](http://onc-pdx.org/forums/forum/trail-conditions)

Pam Rigor, Editor

## **Trail Skills College**

### **The 2018 Columbia Cascades Trail Skills**

College will be on April 20–22 at Cascade Locks, Oregon. The Pacific Crest Trail Association sponsors this free event that teaches volunteers essential skills in trail construction and maintenance. Instructors for the college include experts and professionals in the fields of recreational construction, trail maintenance, and leadership.

A range of classes will be available from basic tread and brushing to cross-cut certification and crew leadership; saw certification will also be available—for ski trail maintenance and firewood cutting (for ski shelters). Learn new skills or refine the ones you have. Beginners and experts alike can benefit from the courses being offered. There is limited space and the classes fill up so register early to get a spot. Info and register: <http://www.pcta.org/volunteer/trail-skill-college/columbia-cascades/>

## **DAY TOURS**

**Note: if weather or road conditions are dangerous, please check with the leader.**

**More tours may be listed on these sites:**  
[onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)

[onc-pdx.org/forums](http://onc-pdx.org/forums)

[meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)

**Note: dogs are only allowed on tours designated as “dog tours”**

### **Feb 3, Sat, Easy Ski**

#### **Location TBD**

This 4–5 mile ski over gentle terrain at a pace comfortable for all participants. The trail location will be determined by the snow conditions and will be where the snow is best. Meet at McMenamins Edgefield’s West parking lot at 8:45 a.m. to carpool. **For more info and whether you can drive of need a ride contact the leader: Kathy Burns 503.429.4024.**

### **Feb 7, Wed, Intermediate Ski**

#### **Location TBD**

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we’ll ski where the snow is good. Meet at McMenamins Edgefield’s West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact Terry, leader TBD: Terry Owen 503.590.5825 [terryowen1@gmail.com](mailto:terryowen1@gmail.com)**

### **Feb 14, Wed, Intermediate Ski**

#### **Location TBD**

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we’ll ski where the snow is good. Meet at McMenamins Edgefield’s West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact Terry, leader TBD: Terry Owen 503.590.5825 [terryowen1@gmail.com](mailto:terryowen1@gmail.com)**

### **Feb 21, Wed, Intermediate Ski**

#### **Location TBD**

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we’ll ski where the snow is good. Meet at McMenamins Edgefield’s West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact the leader: Kathy Burns 503.429.4024**

### **Feb 28, Wed, Intermediate Ski**

#### **Location TBD**

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we’ll ski where the snow is good. Meet at McMenamins Edgefield’s West parking lot at 8:50 a.m. to carpool leaving at 9:00 a.m. **For more info, contact Terry, leader TBD: Terry Owen 503.590.5825 [terryowen1@gmail.com](mailto:terryowen1@gmail.com)**

#### **Common meeting places: Gateway Transit**

Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it’s on the right.

## Lets make tracks—the snow is coming down

### Join the ONC-PDX tour leader team...

Pick your favorite trail/route and take some of your ONC-PDX friends on a ski tour. Submit tour descriptions with the Day Tour Input Form (on our website click on “Activities and Events” then click on “Day Tours”) or send an email with the tour description (by **February 14, 8 p.m. for the March newsletter**) to [oncdaytours@gmail.com](mailto:oncdaytours@gmail.com). Tour descriptions sent after the deadline will be posted on the website and, if you wish on Meetup. Last minute tours can be added too.

New to leading? Contact us for more info? ♦  
*Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee*

## Be prepared for the unexpected!

### On my last ONC-PDX Wednesday ski tour we

headed out on the Mud Creek Loop by Trillium Lake. We had gone in about four miles, when one of our members took an easy sideward fall in the soft snow. When he got up his binding had pulled loose from his ski. We all stood around wondering what to do next. Out of 14 people none of us had extra screws or a real screwdriver. Larry had a long nylon strap and I had my Swiss army knife and duct tape. We managed to get him out with some delays. It was a lesson learned: Check your equipment before leaving home for loose bindings; Carry a small repair kit of items to repair equipment, if a breakdown occurs: screws for bindings, a screwdriver that fits the screws, some steel wool, and maybe epoxy glue and some long nylon straps as last resort. Also Duct tape for fixing feet, boots, and broken ski poles. Happy ski trails! ♦

*Ken Wenzel, President*

## Work parties with Trail Keepers of Oregon

### Sign up for a trail work party in the Colum-

bia Gorge—winter rains don't slow us down. Work parties for trails in Columbia Gorge State Parks are set for Feb 13, 16, 20. To help sign-up here: [trailkeepersoforegon.org](http://trailkeepersoforegon.org) then click on “Get Involved” Please note that trail work in fire-affected areas will be limited to pre-registered volunteers only, register on the wait list if things book out. Commit to the dates, register early, and look for details on how to access areas closed to the general public. ♦

## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ♦ Overnight trips are exclusively for members; join or renew your membership before signing up.
- ♦ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ♦ Read the overnight trip policies (see side-bar p. 7)!
- ♦ Sign-up on the website ([onc-pdx.org/acitivities/overnight-trips](http://onc-pdx.org/acitivities/overnight-trips)).
- ♦ Sign up early so we'll have enough people to cover trip costs.
- ♦ If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- ♦ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check [onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance)

### Feb 1–4, Thur–Sun, Advanced Backcountry Ski Three Sisters Hut to Hut, OR—Trip 1 **Trip full, wait list open\***

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. Although the route roughly follows the historic Metolius Windigo Trail at 6,500 feet, on the eastern edge of the Three Sisters Wilderness Area, we will attempt to explore nearby backcountry terrain—Broken Top Crater and Tam McArthur Rim. Info: [threesistersbackcountry.com/huts/nordic-traverse-huts](http://threesistersbackcountry.com/huts/nordic-traverse-huts)

**Trip limit: 8 participants (includes the leader)**

**Cost: \$285/member, per person, includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses will be carpooling transportation expense, and food & lodging in Sisters Thursday night.**

For more info contact the trip leader: Bill Newman 503.730.0562 [whn@comcast.net](mailto:whn@comcast.net)

### Feb 2–4, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Club Weekend, Mt. Hood, OR **Trip full, wait list open\***

This trip also available the following weekends: March 2–4 and April 6–8



We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot

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### OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.

2. Overnight trip sign-ups are done online at the club website ([onc-pdx.org/activities/overnight-trips](http://onc-pdx.org/activities/overnight-trips)). The website will begin accepting applications at noon on the day following the October general meeting. Once accepted, the participant will receive a confirmation email from the trip leader. To complete the sign-up process, the member must also email their completed Overnight Trip Application (<https://onc-pdx.org/wp-content/uploads/2017/10/ONT-Application-092617-fillable.pdf>) to the trip leader. The on-line booking system may show that trips are full before they actually are. If this is the case, members should contact the leader to confirm the trip status. Members are encouraged to apply to the wait list by sending the leader a copy of their completed application with a check for the amount of the trip. Their check will be held by the leader until a spot opens up and if not, the leader will destroy the check and notify the applicant.

3. Restrictions on

continued on sidebar page 8

**\*Check website/contact leader for trip updates**

Oregon Nordic Club Portland Chapter



cont. from sidebar page 7

participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for the safety of all trip participants. The trip leader may also limit participation based on accommodations.

#### **WAIT LIST**

5. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

#### **Trip Cancellation Policy**

6. If canceling, contact the trip leader immediately. There may be a wait list.

7. Participants are responsible for finding a replacement, which may include contacting people on the wait list.

8. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended.

9. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10 administration fee.

10. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

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gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS. Climbing skins are required.

**Trip limit: 15 (max.) participants. Open to all ONC-PDX members and TJ cabin volunteers**

**Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.**

**Sign up online (onc-pdx.org).**

**For more info contact:**

**tillyjanecabin@gmail.com. We'll forward your request to the appropriate trip leader. Leaders TBD.**

**Feb 7–11, Wed–Sun, All Ability Ski  
Anthony Lakes, OR—Trip 2**

**Trip full, wait list open\***

We will carpool over on Wednesday, February 7 and stay at what we've been told is an amazing property—The Good Bear Ranch. A 5,200 square foot log cabin, 11 miles northwest of Baker City. There are seven bedrooms and three baths. Prior ski experience has been varied, with many opportunities around the property, as well as at Anthony Lakes with 30 km of groomed double track and 11 km of single track plus a ski lift, if that is where your interests are.

**Trip limit: 10 participants (includes the leader)**

**Cost: \$280/member, per person Includes four nights' lodging.**

**For more info contact the trip leaders (Shannon and Steve Planchon): Shannon Planchon 503.467.8599 shannon.planchon@gmail.com**

**Feb 8–13, Thur–Tue, All Ability Ski/Snowshoe  
Glacier National Park, Montana  
Trip full, wait list open\***

We will take Amtrak overnight to Essex, Montana, adjacent to Glacier National Park for a wonderful ski vacation! Leave Portland on Thursday afternoon, February 8 and arrive Friday morning to sparkling snow and the cozy Izaak Walton Inn. On Friday, ski or snowshoe on the 30 km of groomed trails, or relax in the Finnish sauna or Olympic size hot tub. On Saturday, we will take a van up to Marias Pass on the Continental Divide for some true off-trail skiing, with magnificent views. On Sunday, we will

Jennifer Klump



travel to the Going to the Sun Highway, which is not plowed in the winter. On Monday, we can ski the magnifi-

cent Dickey Bowl, the groomed trails, or other ski trails in the area.

**Trip limit: 20 participants (includes the leader)**

**Cost: \$440/member, per person. Includes four days of skiing (trail passes included), all transportation, three nights' lodging double occupancy at Izaak Walton Inn. Meals on the train and at Izaak Walton Inn are available for purchase at an additional cost. Sleeper accommodations may also be available on Amtrak for an additional cost.**

**For more info contact the trip leader: Ted Scheinman 503.452.7432 teds skier@gmail.com**

**Feb 9–11, Fri–Sun, Intermediate Backcountry Ski  
Tilly Jane Guard Station Club Weekend, Mt. Hood, OR  
Trip full, wait list open\***

**This trip also available the following weekends:**

**March 16–18 and April 13–15**

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are

Kevin McGilivray



some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and

navigation/route finding skills using map, compass or GPS. Climbing skins are required.

**Trip limit: 4 participants (max.), Open to ONC-PDX members only with preference given to Tilly Jane volunteers**

**Cost: Free (another club benefit). You must be an ONC-PDX member to sign up for this trip.**

**\*Check website/contact leader for trip updates  
onc-pdx.org**



For more info contact:  
tillyjanecabin@gmail.com. We'll forward your request to the appropriate trip leader.  
Leaders TBD.

**Feb 12–16, Mon–Fri, Intermediate/Advanced Ski Ochocos, OR—Trip 2**

**Trip full, wait list open\***

We will drive over on Monday February 12 and come home on Friday February 16. Come enjoy some wonderful Eastern Oregon forest trail skiing. We'll have drier higher elevation snow at 5,000 feet plus and the chance to see wild horses close to the cabin.

**Trip limit: 5–7 participants, based on beds (includes the leader)**

Cost \$105/member, per person.

Sign up online (onc-pdx.org).

For more info contact Ken Wenzel 503.297.2958  
skiwenzel@hotmail.com

**Feb 16–20, Fri–Tue, All Ability Ski Sunriver President's Day Weekend, OR**  
**Trip full, wait list open\***

Join your fellow cross-country skiers to the sunny side of the state for four nights at Sunriver Resort 20 miles south of Bend for three plus days of skiing at and around Mt.

Bachelor. We can ski from all of the sno-parks near the mountain or at the Mt. Bachelor Nordic Center. There is something for everyone in this area; groomed trails, skating, and backcountry.



**Trip limit: 9 participants (includes the leader)**  
**Cost: \$180/member, per person. Includes four nights' lodging.**

Sign up online (onc-pdx.org).

For more info contact the trip leader: Richard Crimi 503.726.8998  
richard\_crimi@hotmail.com

**Feb 17–25, Sat–Sun, Intermediate/Advanced Ski Skoki Lodge and Canadian Rockies**  
**Trip full, wait list open\***

The Canadian Rockies provide some of the most scenic skiing on the planet and on this trip we'll ski right into the heart of the Rockies as we spend three nights in the historic Skoki Lodge, a national historic site. It is rustic and isolated. So rustic that it has outhouses and doesn't have electricity. So isolated that the only way in is to ski 11 km through

the backcountry. You'll need to be an intermediate skier to make it into this lodge. Six of us will share a cabin, sleeping on bunk beds and cots for three nights.

Clearly not the Ritz-Carlton but Skoki does make up for these hardships by providing excellent meals and access to some of the best skiing in the Rockies. Depending on abilities, we'll explore the bowls or canyons around the lodge. Short of snow camping in a tent there is no better way to experience this wilderness.

Since we've made the drive all the way up to Lake Louise, after Skoki we'll kick back by staying four more nights at a condo in the Canmore area. From here we can enjoy the usual skiing the Rockies offer with everything from world-class skate skiing to downhill and in between.

**Trip limit: 6 participants (includes the leader and co-leader)**

**Cost: \$675/member, per person. Includes eight days accommodations and food while at Skoki lodge, but does not cover food while in condo. Not included is the hotel on drive up, carpooling costs (1,500 miles, approx. \$225), and any park passes we may need.**

Sign up online (onc-pdx.org).

For more info download the packet (onc-pdx.org/wp-content/uploads/2017/05/Skoki\_1\_Pricing.pdf) or contact the leader: Scott Diamond scott.diamond.mail@gmail.com.

**Mar 1–5, Thur–Mon, All Ability Ski Wallowa Mountains, Joseph, OR**  
**Trip full, wait list open\***

Spend four days skiing in the fabulous Wallowa Mountains in Eastern Oregon! We will stay in a large log house close to Wallow Lake. The house



will easily accommodate the whole group and we will have potluck dinners. There are opportunities for all

levels of skiing in the area.

**Trip Limit: 12 participants (includes the**



cont. from sidebar page 8

**Travel Insurance**  
Commercial travel insurance is available from a variety of providers. Please see (<https://onc-pdx.org/resources/trip-insurance>) for a listing of some trip insurance companies.

ONC-PDX does not endorse any of these agents or providers. ♦

**Discounts for ONC-PDX members and leaders!**

**Columbia Sportswear,**  
911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required.  
columbia.com

**Mountain Hardwear,**  
722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required.  
mountainhardwear.com

**The Mountain Shop,** 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals.  
mountainshop.net

**Oregon Mountain Community,**  
2975 NE Sandy, ONC-PDX

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cont. from sidebar page 9

members—  
subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto's Ski & Bike Shop**, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy'East Nordic** offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. [wyeastnordic.com](http://wyeastnordic.com)

**Jupiter Hotel, PDX and Hood River Hotel** in Hood River give ONC-PDX members a 15% off when booking online. ♦

Glacier National Park



Ted Scheinman

Glacier National Park



Pam Rigor

leader)

**Cost: \$170/member, per person. Includes four nights' lodging**

**Sign up online ([onc-pdx.org](http://onc-pdx.org)).**

**For more info contact the leader: Susan Watt 503.201.3977 [susniam@gmail.com](mailto:susniam@gmail.com)**

**Mar 2–4, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Club Weekend, Mt. Hood, OR Trip full, wait list open\***

(See February 2–4, trip description)

**Mar 3–17, Sat–Sat, All Ability Ski Ski the Alps in Austria and Italy Trip full, wait list open\***

Intrepid ONC-PDX members will travel to Austria for five days of skiing in the Alpine region where the Winter Olympics are held, then take the train to Italy for four days of skiing in the heart of the Dolomites. This should tire us out enough to be ready for the optional singing gondola ride in Venice on our way back to the US.

**Trip Limit: 18 participants (includes the leader)**  
**Cost: \$2,950/member, per person. Includes airfare, lodging (two weeks), some breakfasts, lift passes, and ground transportation.**

**For more info contact the trip leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com)**

**Mar 6–11, Tue–Sun, All Abilities Ski Methow, WA—Trip 2 Trip full, wait list open\***

Perhaps you haven't had enough sun, powder snow, and zillions of miles of groomed trails in open country with a view in all directions. Perhaps the dark descended too soon when you were last here at New Years, and you didn't have time to thoroughly exhaust yourself. Well then, here is another chance to ski the Methow Valley, with longer days, warmer temperatures, and the same wonderful ONC-PDX companions. Twelve of us will stay in Winthrop, WA, at the same adjoining condos near 200 km of groomed trails winding through Mazama and Winthrop. It is a long drive to north central Washington and is worth it, for the quality of skiing and change of pace. Classic and skate skiers will appreciate the variety of trails and dry snow.

**Trip Limit: 12 participants**

**Trip Cost: \$215/member, per person. Includes five nights' lodging.**



**Sign up online ([onc-pdx.org](http://onc-pdx.org)).**

**For more info contact the leader: Elke Schoen 503.239.9286 [elkeschoen@msn.com](mailto:elkeschoen@msn.com)**

**Mar 15–18, Thur–Sun, Intermediate/Advanced Ski Three Sisters Hut to Hut, OR—Trip 2 Trip full, wait list open\***

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail at 6,500 feet, on the eastern edge of the Three Sisters Wilderness Area. We will meet our shuttle Friday at 8 a.m. at Three Creeks near Sisters.

Friday and Saturday nights will be spent in huts along the route, and Sunday evening we will drive home from Three Creeks. The terrain is un-groomed, rolling to gentle slopes and will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove and cooking facilities. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in-between. For what is provided, and photos of the huts, use this link: [threesistersbackcountry.com](http://threesistersbackcountry.com)

**Trip limit: 8 participants (includes the leader)**

**Cost: \$285/member, per person. Includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses will be carpooling transportation expense and food and lodging in Sisters Thursday night.**

**For more info contact the leader: Susan Watt: 503.201.3977 [susniam@gmail.com](mailto:susniam@gmail.com).**

**Mar 16–18, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station Club Weekend, Mt. Hood, OR Trip full, wait list open\***

(See February 9–11 trip description)

**Apr 6–8, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Club Weekend, Mt. Hood, OR Spaces available\***

(See February 2–4 trip description)

**Apr 13–15, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station Club Weekend, Mt. Hood, OR**  
(See February 9–11 trip description)

**Trip full, wait list open\*** ♦

**\*Check website/contact leader for trip updates [onc-pdx.org](http://onc-pdx.org)**



Richard Crimi and Susan Watt





**Welcome new members!** Penny Mock, Mace Vaughan, Allison Aldous, and Cameron Aldous-Vaughan, Tom Taylor, Matthew Giem, Lindsey Drake, Michelle Middlecoff, Whit Middlecoff, Caitlin Murray, Elizabeth Essex, Paul and Abby Ecker, Robert Beaulauvier, Laura Tolosa-Leiva, Payton Brown, Kevin Barnett, Jonathan Williams, Scott Ferguson, Becky Nice, Abby Ferguson, Devin Ferguson, John Cole and Robert Crum

**January membership report:** 275 total memberships (186 single and 89 family), includes 16 new and 4 renewing. Last year at this time there were 273 memberships.

## BOARD MEETING MINUTES

No Board Minutes were available

Next board meeting: February 27, 6:00 p.m. at MMC

## CLASSIFIED ADS

**FOR SALE:** ► **Ski Poles** Rossignol adjustable back-country poles (BC 100). Excellent condition. Retails for \$74.95. **\$30.**

► **Ski Poles** Leki Vasa classic poles. Good condition. **\$15.**

Robin rwilliag@gmail.com 503.452.1338 4/18

**FOR SALE:** ► **Ski Bindings** Karhu Catamount 190 cm waxless / 3 pin Voile cable bindings good condition **\$50**, Epoke 900 200 cm waxless / 3 pin bindings good condition **\$10**, Fisher Europa 99s 210 cm metal edge 210c Rottefella NNNBC bindings good condition **\$30.**

**FOR SALE:** ► **Ski Boots** Asolo Glissade, three pin boot men's 9.5 or 10. Pretty good shape **\$10.**

**FOR SALE:** ► **Skins** Pamoca Climbing skins older but barely used, like new. **\$50.**

**FOR SALE:** ► **Skis/Bindings/Boots** Kastle RX 210 cm with Salomon bindings and boots men's 9.5 or 10. Sold as skate skis in the early 80s, skinny and fun in groomed tracks. **Free.** David dkb123@outlook.com

**FOR SALE:** ► **Tele Bindings** Rottefella Chili **\$25.** Free 198cm Rossignol Attaque Telemark skis included. **FOR SALE:** ► **Ski Boots** Alpina NNN BC Nordic ski boots, size 42 (womens size 10-11). Nearly new condition.

Mark 503 seven five six 7534 (call or text) 3/18

**WANTED:** ► **Ski boots and skis** Leather Women's sz 9. No wax touring skis, metal edged for in and out of track touring @ 170 cm. Claudia claudia.montagne@gmail.com 1/18

**FOR SALE:** ► **Ski Boots** Salomon RC Carbon Prolink recreational/classic boot with NNN toe clip. Men's 10.5. Worn just twice, excellent shape. Retails at \$249, asking **\$125.** **FOR**

**SALE:** ► **Hiking Boots** Vasque Breeze III GTX Men's size 12 Vibram Megagrip sole, Goretex. Worn only once. Retails for \$180, asking **\$90.**

**FOR SALE:** ► **Down Vest** Montbell Superior vest. Men's large, black. Like new condition. Retails at \$109, asking **\$50.**

Richard richard\_crimi@hotmail.com 503.726.8998 1/18

**FOR SALE:** ► **Skis** Atomic Telepathic telemark skis 170cm, Voile Tele bindings, heel lifts. **\$75.**

**FOR SALE:** ► **Bindings** Riva Super Loop ultralight telemark / backcountry touring bindings, new **\$60 OBO.**

**FOR SALE:** ► **Boot liners** Scarpa Intuition ski boot thermo form liners. Used one season. Size 30.5 (used in a 30 Scarpa Boot) Can be reformed several times. **\$65 OBO.**

**FOR SALE:** ► **Ski Boots** AirTex NNN-BC Ski Boots, Thinsulate insulated, very warm, excellent condition. Size 47 **\$40 OBO.**

**FOR SALE:** ► **Ski Helmet** GIRO ski helmet size Small fits child **\$25 OBO.** Russ russ.bec@gmail.com 1/18

**Deadline: 15th of the month** (for the next month's publication). **Free ads for members only**, placed on a first come basis, and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as attachment (preferred)—(with no formatting i.e., bold, italic, or tabs), compatible text file, or send text in an email. **Ads will be published for 3 months.** Please notify editor to run ads longer or be removed earlier.

Methow Valley, WA



Scott Diamond

Methow Valley, WA

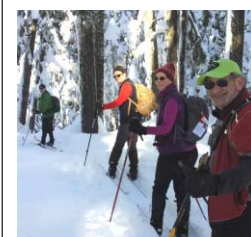


George Ammerman

Methow Valley, WA



Ted Scheinman

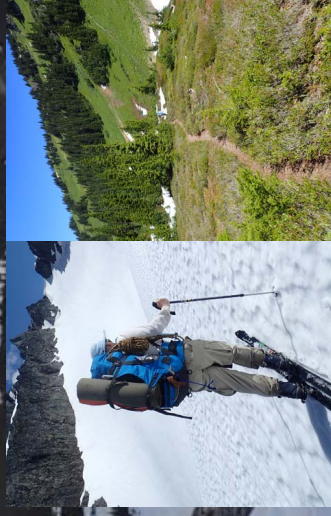


Christine Bierman

Lets make tracks!

## The country's most beautiful mountaineering route

The Plarmigan Traverse in Washington State's North Cascades has had the word "classic" pinned to it nearly from the time it was pioneered in 1938. You don't get much more high-n-wild in the Lower 48 than on this 45-mile-plus mountaineering trip, which starts in North Cascades National Park and immediately dives south into the Glacier Peak Wilderness. David Burdick shares another of his adventures on this 5 days, 45 miles, 12,000-foot elevation gain journey.



**Lucky Labrador  
Brewing Company  
1945 NW Quimby St.  
Tuesday, February 6  
6:30 p.m. Social Hour  
7:30 p.m. Program  
Food/Beverages available \$**

**Door prize:** Pick up a raffle ticket at the meeting for the drawing — you must be present to win.

## Upcoming programs

**March 6—Exploring Central Asia—Uzbekistan and the Mountains of Tajikistan**  
**April 3—Inside Passage**  
**May 1—W. Sullivan: new hikes**



Oregon Nordic Club  
**PORTLAND**  
**CHAPTER**



Monthly meeting:  
Lucky Labrador Brewing Company (1945 NW Quimby St.)  
located between NW 20th Ave. and NW 19 Ave. in  
Northwest Portland.

**Oregon Nordic Club, Inc., Portland Chapter**  
**P.O. Box 3906**  
**Portland, OR 97208-3906**