



PORTLAND CHAPTER

OCTOBER 2017

Online trip signups

ONC-PDX's overnight ski trip signups will be online this

year. Come to the October 3 general meeting where the trip leaders will showcase the 2017-18 trips. The following day—October 4 at noon—signups begin online. You must be a current member to start the process so renew or join ONC-PDX now. Renewing or joining is, also, done online by going to onc-pdx.org, login (for renewals), then click on "Membership," then on "Renew" or "Join" and follow the directions. This new way of signing up for trips will, hopefully, be easier than the process used in the past. The Overnight Trip Committee has a backup plan, if there are glitches. If you have comments or questions, please contact the Overnight Trip Committee at oncpdx.ontrip@gmail.com.





Member profile: Amiel Alo

Amiel has been a member of the Portland Chapter of ONC for several years. In that

time, he has participated in a number of overnight ski trips: Canadian Rockies, Mt. Adams at the



Flying L Ranch, Black Butte, and the Methow Valley, and a bike trip to the San Juan Islands. With a very busy work schedule, he has not found any ONC-PDX day trips he could join, but instead he goes to Teacup Nordic and skis on his own, when he gets the opportunity. He has made friends with whom he has done day bike trips.

Although his considers himself somewhat of a loner, he has made a number of close friends our club. If you have been on a trip with him, you appreciate his strength, skills, calm and appreciation for the outdoors. For him the club is a place to network, socialize, and make new friends.

One story about Amiel concerns a fateful ONC-PDX bike trip to the San Juan Islands. He hit a dip on a newly paved road and went flying. As he was helped up, his first concern was his damaged bicycle, but people around him saw the numerous injuries he had incurred—head to toe.

He figured nothing serious had happened, even though his helmet had been dented. Finally, his ONC-PDX friends took him to go to the hospital, where medical personnel spent some time cleaning out his wounds (gravel, etc.) and patching him up. He wasn't worried—he is a calm surgical nurse! He returned to the campground, got his bike fixed, and figured it was better to go continued on page 3

Inside

- 2 Upcoming Events
- 3 Volunteer Opportunities
- 4 Day Tours
 Trail tender
 Tilly Jane Cabins' (A-frame and Guard Station) Work
 Party and Wood Haul
 Nordic Issues/News
 Mt. Hood NF
 - Gorge donations
 Gifford Pinchot NF
 Indian Heaven closed
 Deschutes NF
 Hwy. closed, trails opened
- 5 Overnight Trips 2017-18 Overnight Trips
- 9 Club Discounts
- 11 Classified Ads



2017-18 Ski Trips
See the schedule on p. 5

Board Members

Ken Wenzel,

President 503.297.2958

 $skiwenzel@hotmail.com\\ oncpdxpresident@gmail.com\\$

Mary Bourret,

Vice-President 503.201.3940 marylbourret@gmail.com

Tim Kral, *Treasurer* timfkral@gmail.com

Scott Diamond,

Secretary scott.diamond.mail@gmail.com

Andrè Fortin

afortin85@gmail.com

Ted Scheinman

503.452.7432 tedskier@gmail.com

Laurel Dickie

503.287.6290

laureldickie@hotmail.com

Committees

Day Tours:

oncdaytours@gmail.com **Laurel Dickie** 503.287.6290 laureldickie@hotmail.com

Barbara Hayman bh13@att.net

Scott Diamond

scott.diamond.mail@

gmail.com continued on sidebar page 3

The deadline for submissions is the 15th of the month (for the next month's publication). Send submissions to oncnewsletter@gmail.com

as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. Corrections: e-mail corrections and/or additions to the editor.

This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906 Portland, OR 97208 UPCOMING EVENTS

Oct 3 > TUESDAY ONC-PDX Overnight Trips (Extravaganza)

ONC-PDX monthly program 6:30 p.m. – 9:00 p.m. Lucky Lab, 1945 NW Quimby St.



Oct 4 > WEDNESDAY Backpacking Grand Canyon National Park

6:30 p.m.-8:00 p.m. Hillsboro REI. Free! Info/sign-up: rei.com/learn.html

Oct 7 > SATURDAY

Community Cycling Center Bike Drive

REI stores, 10:00 a.m. - 3:00 p.m.

Donate a bike in good condition and help the Community Cycling Center broaden access to bicycling and its benefits and receive a 20% off REI coupon. Info: communitycyclingcenter.org

Oct 9 > MONDAY

Hoppy Adventure Hour: Best Local Fall Hikes

6:30 p.m. – 8:00 p.m. Doors open 6:00 p.m. Lucky Lab, 1945 NW Quimby St. Free! Info/sign-up: rei.com/learn.html

Oct 11 > WEDNESDAY

Discover the Oregon Desert Trail 6:30 p.m.-8:00 p.m. Portland REI. Free! Info/sign-up: rei.com/learn.html

Oct 18 > WEDNESDAY

Prepare for the Unexpected: Urban Emergency Preparedness 6:30 p.m. – 8:00 p.m. Hillsboro REI. Free! Info/sign-up: rei.com/learn.html

Oct 19 > THURSDAY

Improving the PCT in the Mt. Jefferson Wilderness 6:30 p.m. – 8:00 p.m. Clackamas REI. Free! Info/sign-up: rei.com/learn.html pcta.org

Clinics & Training

Oct and Nov > SATURDAYS 2017 Fall XC Training Series Portland, OR

(locations, times, and dates subject to change, check website for updates)

Sun, Oct 15, 11:30 a.m. – 12:30 p.m., Mt. Tabor Park Sat, Oct 21, 9:30 a.m. – 11:00 a.m., Washington Park Zoo/Arboretum Pavilion

Sat, Oct 28, 9:30 a.m. – 11:00 a.m., Washington Park Zoo/Arboretum Pavilion

Sat, Nov 4, 9:30 a.m. – 11:00 a.m., Mt. Tabor Park Suggested donations \$10/session (\$20/series) for current and last season's Teacup Lake Nordic members (\$25 for non-members)

Info and sign-up: teacupnordic.org xcoregon.org Sponsor by: Oregon Nordic Club Teacup Chapter and XC Oregon race team

December 1-10 > FRI-SUN **2017 Oregon Fall Camp Mt. Bachelor, OR**

Start your ski season off with one of the best camps in the XC ski world! Training lectures, wax clinics, and video review socials will be held twice over the camp period. For adult XC skiers and racers, low intermediate to expert abilities. Info/register: xcoregon.org/oregon-fall-camp

Jan-Feb > SATURDAYS AND SUNDAYS Mazamas Nordic Ski School

Novice, Beginner, Intermediate, Advanced Classic; Nordic Downhill (Telemark); and Backcountry. Two-day series of classes during three weekends. Tentitive dates: January (20, 21, 27, and 28) and February (3 and 4). Mandatory student orientation January 9, 6:30 p.m.

Info/signup: mazamas.org (Education + Classes/ Nordic Ski School)

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- Discounts at selected merchants (see page 9)
- Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ➤ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: oncmembership@gmail.com

ONC-PDX BOARD SKI TRACKS

Are you starting to think about skiing down

and over, wonderful powder-filled country? Well, the time is now, as the club kicks off the 2017-18 ski season at our October 3 meeting—featuring the calendar of overnight trips. Your Overnight Trip Committee members (Ann Truax, Susan Watt, and Sam Digard) have been working hard to offer a variety of trips from Thanksgiving through March 2018. Some of the most popular trips are being offered twice and therefore need leaders. Won't you consider leading a trip? If you've never lead an overnight or day trip there are members who have and would be willing to assist you. This fall the club will be offering leadership training (watch the website and newsletter for announcements).

The Board and the Overnight Trip Committee are excited about the new electronic signup process for overnight trips we have been working on all year. We hope this will be a smooth process, but since it's our first time for this method, please have patience.

The October meeting is when we typically have new members come check us out. Look around you at this meeting and see if you spot a new face in the crowd, and extend a welcome. Explain the benefits of belonging to the club. We need to have active, involved members, whether new or long-standing, in order to make the club a strong entity.

Laurel Dickie, Board Member

VOLUNTEER OPPORTUNITIES

Tour leaders There is an ongoing need for individuals to all levels of day tours.

Nordic Issues Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

Tilly Jane A-Frame Help with a number of differnet tasks. Info: tillyjanecabin@gmail.com

Public Relations Provide outreach for the club. Give presentations on the club and skiing in Oregon.

Membership Analyze membership (demographics, where new members are coming from, other trends). Identify recruitment opportunities.

Volunteer Tracking Help track volunteers from all areas of the club (overnight trips, day tours, trail maintenance, committees, etc.). Manage volunteer recognition. Arrange volunteer recognition gift and track distribution to volunteers. Assist with recruiting volunteers.

Member profile: Amiel Alo continued from page 1

back home after a day or so. Completely recovered in a few days, he was back out on a hike. But he missed some of the biking on the San Juan Islands and wants to go back there again on an ONC-PDX bike trip.

Seeing Amiel's photos about his outdoor trips (mainly hiking and backpacking) can take your breath away! I have seen many of his idyllic photos, which really capture the beauty, power, and calm of the mountains. Say hi to Amiel when you see him on a trip or at a meeting.

Ted Scheinman, Board Member

NORDIC ISSUES/NEWS

Volunteer to help with Nordic Issues

Do you have some time to track issues that affect skiers? Contact board members (see sidebar page 2) to volunteer.

Mt. Hood National Forest National Forest Foundation (NFF) created Fund to restore Gorge The Eagle Creek

Restoration Fund donations will be for things such as reopening trails, restoring wildlife habitat, and planting new trees. NFF is the congressionally-chartered nonprofit partner of the U.S. Forest Service. Info/donate: nationalforest.org. The Oregonian also listed a contact for volunteering: Deirdre Whalen, regional partnership coordinator, U.S. Forest Service, 971.400.7200, dwhalen@fs.fed.us

Closure reductions and restrictions lifted

There have been some opening of areas that were closed due to the fire. Campfire and public use restrictions are lifted, but be careful and use fire safety practices. Check the Forest Service website (fs.usda.gov/mthood) for the most current closure updates.

Gifford Pinchot National Forest

Fire restrictions lifted Due to the change in the weather fire restrictions have been rescinded, but be careful and use fire safety practices.

Indian Heaven Wilderness was closed due to fire in early September. The Forest Service still shows it as closed. Check their website (fs.usda.gov/giffordpinchot) for updates.

Deschutes National Forest Old McKenzie Highway (Oregon 242) to

remain closed The McKenzie Highway, which was closed due to the fires, will remain closed from

continued on page 4

Terry Owen, *Wednesday ski tours* terryowen1@gmail.com

Membership:

Ted Scheinman 503.452.7432

tedskier@gmail.com

Susan Kelly

503.706.6463

susankilduffkelly@gmail.com

Bill Yaeger, *Database* w.yaeger@comcast.net

Barbara Sack

503.978.9475

barbara3820@earthlink.net

Pam Rigor

oncmembership@gmail.com

Nordic Issues:

Mitch Auerbach

503.281.4809

mauerbach fso@yahoo.com

Pam Rigor,

oncnewsletter@gmail.com

Overnight Trips:

oncpdx.ontrip@gmail.com Susan Watt, Chair

503.201.3977

susniam@gmail.com

Sam Digard

360.910.1714

sam.digard@gmail.com

Ann Truax 503.756.8891

Programs:

Ron Bekey

503.475.0084 rbekey@gmail.com

Publications:

Pam Rigor,

Newsletter Editor

oncnewsletter@gmail.com

Bill Yaeger,

Newsletter Distribution 503.888.8543

w.yaeger@comcast.net

Publicity:

vacant

Tilly Jane A-Frame: Andrè Fortin

Andre Fortin

tillyjanecabin@gmail.com

Trail Maintenance:

Ken Wenzel

503.297.2958

skiwenzel@hotmail.com

Website:

Bill Yaeger, Webmaster 503.888.8543 w.yaeger@comcast.net

3

w.yaeger@comcast.ne

DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the side

tials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with: "M" See website for dog policy for skitours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

Nordic Issues/News continued from page 3

Sisters to the Junction with Highway 126 near McKenzie Bridge to cars and bicycles until all dangerous trees can be removed and repair work on the road can be completed. Depending upon when the tree are removed—before inclement weather—the route may open in time for over snow travel this winter. Info: Jean Nelson-Dean, Deschutes NF Public Affairs Officer, 541.383.5561 Stefanie Gatchell, Willamette NF Public Affairs Specialist, 541.731.4427

Some trails in Three Sisters Wilderness

reopened South Sister Climber, Moraine Lakes
Trail East of the South Sister Climber Trail, Soda
Creek and Green Lakes Trails have been reopened.
Green Lakes Trailheads are now open; however,
areas south of those trailheads along Cascade Lakes
Highway are still closed. Some trails are still not
open; please stay off of the trails that are closed.
Check the Forest Service website (fs.usda.gov/
deschutes) for updates.

Mitch Auerbach, Nordic Issues, Pam Rigor, Editor

Habitat for Humanity volunteer adventure

Most of us in the ONC-PDX are active,

involved people all year. Ted Scheinman and Ken Barker are interested in putting together one or two Habitat for Humanity Global Builds in Cambodia, Vietnam, and/ or Nepal, along with some pre- or post-build adventures and want to find out if club members are interested.

Volunteering for a HFH Global Village trip provides a very different way of travel. You go to a country where you spend one or two weeks helping build a house alongside low-income people, who are required to put sweat equity into the building and take out a loan to pay for the house. Houses are simple and small, the loan payments manageable. No experience is necessary and the engagement with locals is unbelievable. The cost is about the same as if you had taken a tour, but you get a different view of a country and trips are tax deductible.

Ken and Ted plan to add a volunteer tourism component to the trip either before or after the volunteer build, depending on chosen location.

We would like to find out if there are ONC-PDX members who might be interested in joining. If you are interested, please contact Ted Scheinman (503.452.7432) or tedskier@gmail.com. Also, look for a future monthly meeting program on past trips.

Ted Scheinman, Board Member

DAY TOURS

Note: if weather or road conditions are dangerous, please check with the leader. More tours will be listed on these websites: onc-pdx.org/activities/day-tours onc-pdx.org/forums

meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours

Oct TBD, Trail Tending Party (installing signs) Crosstown Trail, Mt. Hood, OR

Help us install signs on the Crosstown Trail dividing the trail into two lanes, a snowshoe and dog lane and a skier only lane. For more info and to volunteer contact: Ken Wenzel 503.297.2958 503.729.6571 cell skiwenzel@hotmail.com

Oct 7, Sat, Tilly Jane Cabins' (A-frame and Guard Station) Work Party and Wood Haul Tilly Jane, east side of Mt. Hood, OR **Weekend Option**

Come help prepare the cabins (A-frame and Guard Station) for winter use! We'll be performing general cleaning and light repairs along with stacking the annual firewood supply at both. The cabins will be open Friday and Saturday nights so make a weekend out of it and stay over. We'll also have a potluck style lunch on Saturday (bring a dish to share) with beverages donated by Base Camp Brewing! Bring: work gloves/boots, snacks and anything you'll need to make yourself comfortable. Be prepared For more info and to volunteer contact us at tillyjanecabin@gmail.com

Common meeting places: Gateway Transit

Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Lets hike or bike

Join the ONC-PDX leadership team...

Pick your favorite hiking or biking trail/route and take some of your ONC-PDX friends along to enjoy the outdoors.

Submit your tour using the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or just send an email with the tour description (by October 14, 8 p.m. for the November newsletter) to day tours at oncdaytours@gmail.com. Tour descriptions sent after the deadline will be posted on the website and, if you wish on Meetup. Last minute tours can be added too.

New to leading tours and need more info on how to get started? Send us an email and we'll get you up to speed. Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee

OVERNIGHT TRIPS

SIGN-UP TIPS

- Overnight trips are exclusively for members; join or renew your membership before signing up.
- Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- Read the overnight trip policies (see side-bar p. 7)!
- Sign-up on the website (onc-pdx.org/acitivies/ overnight-trips) starting at noon on October 4.
- Sign up early so we'll have enough people to cover trip costs.
- If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check onc-pdx.org/resources/trip-insurance

Nov 22-26, Wed-Sun, All Abilities Ski (plus Monday option) Sunriver Thanksgiving, OR

It's time to ski, eat turkey, and repeat. Nine members will spend four nights in Sunriver Resort, arriving at our house Wednesday evening and carpooling to the Mt. Bachelor Nordic Center and environs to kick off the ski season on groomed and backcountry trails. Our new realtor is adding



a fifth day free, so some may want to also spend Monday night in Sunriver.

We have had snow outside of our door some years, but usually start skiing at the Mt. Bachelor Nordic Center and beyond the day after our Thanksgiving feast. The Nordic Center, with its

miles of groomed trails, opens early in the season and offers a range of trails for beginning to experienced cross-country skiers and skaters. We will also be prepared for hiking, and the resort has miles of paved walking and biking trails as well as a recreation center to which we will have passes. We, ONC-PDX skiers, have learned to be flexible early in the year.

Sunriver Resort is 20 miles south of Bend, burdened by sunshine and dry snow. We will carpool there and share potluck meals. Our house is equipped with a hot tub, well-stocked kitchen and a fireplace. The area is also near the High Desert Museum, and some folks take time to wander through Sunriver Village or go to the holiday crafts fair. We will carpool there and organize potluck dinners. This is where ski season begins!

Trip limit: 9 participants (includes the leader). Cost: \$235/member, per person. Includes four or five nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leaders: Elke Schoen and David Blanchard 503.239.9286 elkeschoen@msn.com davidkblanchard@msn.com

Dec 27-Jan 1, Wed-Mon, All Abilities Ski Methow Valley New Year's Ski, WA

Methow Valley is an outstanding, unique area that is ideally suited for both classic track skiing and skate skiing. The Methow Valley Association grooms over 200 km of trail through the communities of Winthrop and Mazama. Trail elevations range from 2,000 to 4,000 feet. The snow conditions and trail quality makes the Methow Valley a skate skiers mecca.

We'll stay in two luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and are within skiing or walking distance along with grocery and convenience stores.

Considered learning to skate ski, lessons are available at Sun Mountain and in Mazama. In the past, several participants liked their newfound skill so much they decided to keep the rented skate skis for the entire trip. Speaking of skating, there is even an ice skating rink in town

Trip limit: 12 participants (includes the leader). Cost: \$270/member, per person. Includes five nights' lodging (\$60-80 groomed trail pass not included).

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Ted Scheinman 503.452.7432 tedskier@gmail.com

Dec 29-Jan 2, Fri-Tue, All Abilities Ski New Year's at Black Butte, OR

Celebrate the New Year in the peaceful setting of Black Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine and interesting conversations



after an invigorating day in the outdoors. This central Oregon location is close to skiing at Santiam Pass and the Three Creeks Area near Sisters. Mt. Bachelor Ski Area, which

boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snow pack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters. Amenities at Black Butte include a hot tub and swimming pool at the Glaze Meadow Recreation Center, a short walk from our rental. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore and various shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the humdrum of daily life. The accommodations are a large house with three queen bedrooms and a bunkroom with two bunk beds.

cont. from sidebar page 4

includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour
These tours are for the
inexperienced skiers.
While this is not a
lesson, the leader will
help new skiers as much
as possible. Tour length
is 3-5 miles over nearly
flat terrain.

Easy Tour Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping

Hike: < 8 miles; 200 ft. per mile elevation gain. **Backpack:** < 5 miles/ day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6-12 miles.
Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees).
Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8-10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5-7 miles per day; 200 to 400 continued on sidebar page 6 cont. from sidebar page 5 ft. per mile elevation gain.

Advanced Tour Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/ or difficult terrain (a workout).

Backpack: > 7 miles/day; 400-600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC-PDX activity, "just in case." Remember that cotton offers no insulation when wet. Choose wool or synthetics for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

continued on sidebar page 7

Trip limit: 10 participants (includes the leader). Cost: \$225/member, per person. Includes four nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Ann Truax 503.756.8891 ann.truax@gmail.com.

Jan 5-7, Fri-Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

This trip also available the following weekend dates in 2018: February 2-4, March 2-4, and April 6-8

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own

gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermedi-



ate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS. Climbing skins are required.

Trip limit: 15 (max.) participants. Open to all ONC-PDX members and TJ cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip. Sign up online (onc-pdx.org) at noon on October 4. For more info contact: tillyjanecabin@gmail.com.

For more info contact: tillyjanecabin@gmail.com We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 8-11, Mon-Thur, All Abilities Ski Summit Meadow Cabins at Trillium Basin, Mt. Hood, OR

Here's your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at the end of the day. Skiing choices, without driving, include many of the trails in the Trillium Basin and Government Camp area or driving to Bennett Pass, Twin Lakes, or others. While this is an all ability ski, the group usually divides into two ski groups, one doing intermediate to advance backcountry skis and the other doing easy to intermediate skis. We will stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. We will cook communally for breakfasts and dinners.

Trip limit: 10 participants (includes the leader) Cost: \$75/member, per person. Includes three nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the leader: Mary Hepokoski 503.245.1618 hepomp8@comcast.net.

Jan 11–14, Thur-Sun, Intermediate/Advanced Ski Ochocos' Backcountry, OR—Trip 1

Pack your metal edged backcountry skis for adventurous skiing in the Ochoco high country. We'll spend four nights in the wonderful Ochoco Ranger Station with usual potluck and adult refreshments. Weather permitting, we'll take on Lookout, Round, and Slide Mountains. These tours will give us full days of skiing and hopefully a chance to do some nice turns coming down these slopes. You don't need to be a Telemark skier but you should be a solid Intermediate skier for this trip.

Trip limit: 6 participants (includes the leader and co-leader)

Cost: \$75/member, per person. Includes three nights' lodging. Not included is shared carpooling cost (350 miles about \$52 carpooling) and rotate preparation of dinners.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the leader: Scott Diamond scott.diamond.mail@gmail.com.

Jan 12-15, Fri-Mon, All Ability Ski Camp Sherman, OR

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds. It is the ideal ambience for a

cross-country ski holiday. Check out the website at

www.lakecreeklodge.com

We'll carpool over on Friday, have a traditional ONC-PDX potluck dinner on Saturday, and perhaps



head into Sisters for Sunday dinner. Ski options are many: Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky, right out the door of our cabins.

Trip limit: 15 participants (includes the leader) Cost: \$255/member, per person. Includes three nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Steve Levy 503.244.4262 slevy@pacifier.com

Jan 12–15, Fri–Mon, All Abilities Ski Mt. Adams with WSTC (Washington Ski Touring Club) at the Flying L Ranch, WA

We will be joined by the Washington Ski Touring Club on our joint MLK weekend adventures skiing the many trails and areas around the Mt. Adams area. Breakfast is included each morning. We will cook joint dinners together in the recently remodeled kitchen in the lodge. Then kick back and enjoy the fireplace and swap stories. We will break into groups each morning depending on abilities and interests. For those driving a Washington Sno-Park Pass is required.

Trip limit 14 participants (includes leader)
Cost: \$235/member, per person. Includes three

503.297.2958 skiwenzel@hotmail.com

nights lodging and three gourmet breakfasts. Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Ken Wenzel

October 2017 Oregon Nordic Club Portland Chapter

Jan 19–21, Fri-Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

This trip also available the following weekend dates in 2018: February 9-11, March 16-18, and April 13-15 We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 4 participants (max.), Open to ONC-PDX members only with preference given to Tilly Jane volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member to sign up for this trip.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact: tillyjanecabin@gmail.com. We'll forward your request to the appropriate trip leader. Leaders TBD.

Jan 19-22, Fri-Mon, All Ability Ski Willamette Pass, OR

At more than 5,100 feet, Willamette Pass and surrounding areas offer a of cross-country ski experiences, from numerous un-groomed trails starting at Gold Lake Sno-Park to groomed trails at Willamette Pass Ski Area. We will be staying at a large, modern cabin north of Highway 58, 12 miles east of Willamette Pass. We will be a small group and will enjoy potluck dinners and perhaps a card game or two, depending on the desires of the group. Highlights of the trip will be views of Diamond Peak, Mount Thielsen, Odell Lake, and Crescent Lake. You will not be disappointed by what this area has to offer in terms of skiing and vistas!

Trip limit: 6 participants (includes the leader) Cost: \$235/member, per person. Includes three nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Ann Truax 503.756.8891 ann.truax@gmail.com.

Jan 24-29, Wed-Mon, All Ability Ski Anthony Lakes, OR—Trip 1

Come experience the powder snow skiing that everyone talks about. You have choices of groomed trails, tele or lift skiing, backcountry or a mix of both. This is your chance to ski great quality snow at discount prices! We will be staying at the wonderful Good Bear Ranch just out of Baker City. For those that are interested and if the snow is good, we will ski at Meacham Divide for a couple hours on the drive over. We will plan on skiing at Anthony Lakes at least two days. I will work on planning a ski tour for the third day in the area for those interested. On Monday on our way home I am planning on taking Highway 204 from Elgin and skiing at Horseshoe Prairie for two to three hours. We will carpool over and split up the meal preparation for dinners. Everyone will be responsible their own for



lunches and breakfast. The lodge at Anthony Lakes does have food and drink service. At Good Bear Ranch we have had some excellent skiing right from the log cabin. Bedding and towels are provided. If

interested, we will have one dinner in Baker City during our stay.

Trip limit: 10–14 participants (includes the leader) Cost: \$340/member, per person.

Sign up online at onc-pdx.org after 12:01 p.m. on October 4, 2017.

For more info contact the trip leader: Ken Wenzel 503.297.2958 skiwenzel@hotmail.com

Jan 26-28, Fri-Sun, All Ability Ski Mt. Adams Lodge at the Flying L Ranch, WA

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC-PDX. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

Trip limit: 19 participants (includes the leader) Cost: \$170/member, per person. Includes two nights' lodging and two gourmet breakfasts.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Donna Matrazzo 503.621.3049 matrazzo@msn.com.

Feb 1-4, Thur-Sun, Advanced Backcountry Ski Three Sisters Hut to Hut, OR

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. Although the route roughly follows the historic Metolius Windigo Trail at 6,500 feet, on the eastern edge of the Three Sisters Wilderness Area, we will attempt to explore nearby backcountry terrain—Broken Top Crater and Tam McArthur Rim. For that reason this trip is marked as advanced as we'll cover a more challenging route, which will require conditioning and skills.

Thursday evening we'll meet in Sisters at lodgings that are TBD, and then meet shuttle Friday at 8 a.m. at Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks. The terrain will be ungroomed, off-trail, with elevation and descent, although we will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove, and cooking facilities. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in between. To see what is provided and photos of the huts, see: threesistersbackcountry.com/huts/nordictraverse-huts

cont. from sidebar page 6

OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.

2. Overnight trip signups are done Online at the club website. The website will begin accepting applications at noon on the day following the October general meeting. Once accepted, the participant will receive a confirmation email from the trip leader. To complete the sign-up process, the member must also email their completed Overnight Trip Application to the trip leader. The on-line booking system may show that trips are full before they actually are. If this is the case, members should contact the leader to confirm the trip status. Members are encouraged to apply to the wait list by sending the leader a copy of their completed application with a check for the amount of the trip. Their check will be held by the leader until a spot opens up and if not, the leader will destroy the check and notify the applicant.

- 3. Online trip sign up at: https://onc-pdx.org/ about-onc/mastercalendar/
- 4. Restrictions on participation may apply to some trips based on

continued on sidebar page 8

October 2017

cont. from sidebar page 7

the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for the safety of all trip participants. The trip leader may also limit participation based on accommodations.

WAIT LIST

5. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

Trip Cancellation Policy

6. If canceling, contact the trip leader immediately. There may be a wait list.

7. Participants are responsible for finding a replacement, which may include contacting people on the wait list. 8. Trip fees and deposits are nonrefundable, unless a replacement is found. Commercial travel insurance is highly recommended. 9. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10 administration fee.

10. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

Travel Insurance onc-pdx.org/resources/trip-insurance

continued on sidebar page 9

Trip limit: 8 participants (includes the leader)

Cost: \$285/member, per person, includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses will be carpooling transportation expense, and food & lodging in Sisters Thursday night.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Bill Newman 503.730.0562 whn@comcast.net

Feb 2-4, Fri-Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

(See January 5–7 trip description)

Feb 7–11, Wed-Sun, All Ability Ski Anthony Lakes, OR—Trip 2

We will carpool over on Wednesday, February 7 and stay at what we've been told is an amazing property—The Good Bear Ranch. A 5,200 square foot log cabin, 11 miles northwest of Baker City. There are seven bedrooms and three baths. Prior ski experience has been varied, with many opportunities around the property, as well as at Anthony Lakes with 30 km of groomed double track and 11 km of single track plus a ski lift, if that is where your interests are.

Bring your own breakfast and lunch; we will potluck for the dinners.

Trip limit: 10 participants (includes the leader) Cost: \$280/member, per person Includes four nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leaders (Shannon and Steve Planchon): Shannon Planchon 503.467.8599 shannon.planchon@gmail.com

Feb 8-13, Thur-Tue, All Ability Ski/Snowshoe Glacier National Park, Montana

We will take Amtrak overnight to Essex, Montana, adjacent to Glacier National Park for a wonderful ski vacation! Leave Portland on Thursday afternoon, February 8 and arrive Friday morning to sparkling snow and the cozy Izaak Walton Inn. On Friday, ski or snowshoe on the 30 km of groomed trails, or relax in the Finnish sauna or Olympic size hot tub. On Saturday, we will take a van up to Marias Pass on the Continental Divide for some true off-trail skiing, with magnificent views. On Sunday, we will travel to the Going to the Sun Highway, which is not plowed in the winter. On Monday, we can ski the magnificent Dickey Bowl, the groomed trails, or other ski trails in the area. Each night, we can enjoy a gourmet meal in the restaurant, read a good book by the fire, participate in exciting ONC-PDX board games, or relax. On Monday

night, February 12, we will board the westbound overnight train back to Portland. As we pull back into the train station in



Portland on Tuesday morning, you will wonder why you waited so long to take this trip.

Trip limit: 20 participants (includes the leader)
Cost: \$440/member, per person. Includes four days
of skiing (trail passes included), all transportation,
three nights' lodging double occupancy at Izaak
Walton Inn. Meals on the train and at Izaak Walton
Inn are available for purchase at an additional cost.
Sleeper accommodations may also be available on
Amtrak for an additional cost.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Ted Scheinman 503.452.7432 tedskier@gmail.com

Feb 9–11, Fri-Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

(See January 19–21 trip description)

Feb 12–16, Mon-Fri, Intermediate/Advanced Ski Ochocos, OR—Trip 2

We will drive over on Monday February 12 and come home on Friday February 16. Come enjoy some wonderful Eastern Oregon forest trail skiing. We'll have drier higher elevation snow at 5,000 feet plus and the chance to see wild horses close to the cabin.

We will be staying at the Ochoco Ranger Cabin with skiing right out the door. Our food plan is shared meals for dinner and on your own for breakfast and lunch. The lodging is rustic but comfortable, there are beds but you will need a medium sleeping bag and pillow and towel. The cabin has electric heat and a shower. We will plan on car pooling from Portland and skiing Monday afternoon after we unpack and change at the cabin. I plan on skiing at Walton Lake, Ochoco Summit, and Lookout Mountain.

Trip limit: 5-7 participants, based on beds (includes the leader)

Cost \$105/member, per person. Sign up online (onc-pdx.org) at noon on October 4. For more info contact Ken Wenzel 503.297.2958 skiwenzel@hotmail.com

Feb 16-20, Fri-Tue, All Ability Ski Sunriver President's Day Weekend, OR

Join your fellow cross-country skiers to the sunny side of the state for four nights at Sunriver Resort 20 miles south of Bend for three plus days of skiing at and around Mt. Bachelor. We can ski from all of the sno-parks near the mountain or at the Mt. Bachelor Nordic Center. There is something for everyone in this area; groomed trails, skating, and backcountry. We will carpool to Sunriver and to the trailheads each day and will arrange potluck dinners. There are also restaurants and a supermarket in Sunriver. The resort offers miles of paved walking and cycling trails, and we will have free passes to the recreation center and be able to use the indoor pool, relax by the fireplace or in our house's hot tub. Some folks enjoy walking to Sunriver Village to browse the shops, to the Nature Center or to the observatory. Other years, we have skied at Paulina Peak or hiked to waterfalls and will keep those options open this year also.

Trip limit: 9 participants (includes the leader) Cost: \$180/member, per person. Includes four nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the trip leader: Richard Crimi 503.726.8998 richard_crimi@hotmail.com 503.726.8998

Feb 17-25, Sat-Sun, Intermediate/Advanced Ski Skoki Lodge and Canadian Rockies

The Canadian Rockies provide some of the most scenic skiing on the planet and on this trip we'll ski right into the heart of the Rockies as we spend three nights in the historic Skoki Lodge, a national historic site. It is rustic and isolated. So rustic that it has outhouses and doesn't have electricity. So isolated that the only way in is to ski 11 km through the backcountry. You'll need to be an intermediate skier to make it into this lodge. Six of us will share a cabin, sleeping on bunk beds and cots for three nights. Clearly not the Ritz-Carlton but Skoki does make up for these hardships by providing excellent meals and access to some of the best skiing in the Rockies. Depending on abilities, we'll explore the bowls or canyons around the lodge. Short of snow camping in a tent there is no better way to experience this wilderness.

Since we've made the drive all the way up to Lake Louise, after Skoki we'll kick back by staying four more nights at a condo in the Canmore area. From here we can enjoy the usual skiing the Rockies offer with everything from world-class skate skiing to downhill and in between.

Trip limit: 6 participants (includes the leader and co-leader)

Cost: \$675/member, per person. Includes eight days accommodations and food while at Skoki lodge, but does not cover food while in condo. Not included is the hotel on drive up, carpooling costs (1,500 miles, aprox. \$225), and any park passes we may need.

Sign up online (onc-pdx.org) at noon on October 4. For more info download the packet (onc-pdx.org/wp-content/uploads/2017/05/Skoki_1_Pricing.pdf) or contact the leader: Scott Diamond scott.diamond.mail@gmail.com.

Mar 1-5, Thur-Mon, All Ability Ski Wallowa Mountains, Joseph, OR

Spend four days skiing in the fabulous Wallowa Mountains in Eastern Oregon! We will stay in a large log house close to Wallow Lake. The house will easily accommodate the whole group and we will have potluck dinners. There are opportunities for all levels of skiing in the area. We'll carpool from Portland on Thursday, arriving in Joseph in the early evening. We'll ski around Wallowa Lake and in the mountains on Friday, Saturday, Sunday, and (possibly) part of Monday, returning to Portland on Monday evening.

Trip Limit: 12 participants (includes the leader) Cost: \$170/member, per person. Includes four nights' lodging

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the leader: Susan Watt 503.201.3977 susniam@gmail.com

Mar 2-4, Fri-Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR (See January 5–7 trip description)

Mar 3–17, Sat–Sat, All Ability Ski Ski the Alps in Austria and Italy **Trip full, wait list open***

Intrepid ONC-PDX members will travel to Austria for five days of skiing in the Alpine region where the Winter Olympics are held, then take the train to Italy for four days of skiing in the heart of the Dolomites. This should tire us out enough to be ready for the optional singing gondola ride in Venice on our way back to the US.

European breakfast buffets and trailside chalets provide the human fuel to keep us going on the fully groomed trails for skate and classic. No need to bring snowshoes as there are even paths groomed for walking.

Some participants will take a day off skiing to tour the museums and palaces in Innsbruck. Regardless, this is an adventure filled with fine dining and great skiing.

Trip Limit: 18 participants (includes the leader) Cost: \$2950/member, per person. Includes airfare, lodging (two weeks), some breakfasts, lift passes, and ground transportation.

For more info contact the trip leader: Sam Digard sam.digard@gmail.com

Mar 6-11, Tue-Sun, All Abilities Ski Methow, WA—Trip 2

Perhaps you haven't had enough sun, powder snow, and zillions of miles of groomed trails in open country with a view in all directions. Perhaps the dark descended too soon when you were last here at New Years, and you didn't have time to thoroughly exhaust yourself. Well then, here is another chance to ski the Methow Valley, with longer days, warmer temperatures, and the same wonderful ONC-PDX companions. Twelve of us will stay in



Winthrop, WA, at the same adjoining condos near 200 km of groomed trails winding through Mazama and Winthrop. It is a long drive to north central Washington and is worth it, for the

quality of skiing and change of pace. Classic and skate skiers will appreciate the variety of trails and dry snow. Do join us. Of course, we will eat and socialize, maybe go into town to the Schoolhouse Pub, bookstore, art gallery or glass blowers, skate at the community rink or sink into the couch with a book, but we will certainly cover the kilometers on skis!

Trip Limit: 12 participants

Trip Cost: \$215/member, per person. Includes five nights' lodging.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the leader: Elke Schoen 503.239.9286 elkeschoen@msn.com

Mar 15-18, Thur-Sun, Intermediate/Advanced Ski Three Sisters Hut to Hut, OR

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. *Check website/contact leader for trip updates cont. from sidebar page 8
ONC-PDX does not endorse any of these agents or providers.

Discounts for ONC-PDX members and leaders!

Columbia Sportswear,

911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)— 15% discount on purchases. Special week (November 1– 11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardwear,

722 SW Taylor Street—15% discount on purchases. Special week (November 1– 11) of 30% discounts. Current membership card required. mountainhardwear.com

The Mountain Shop, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Oregon Mountain Community,

2975 NE Sandy,
ONC-PDX
members—
subscribe to OMC enewsletter and
received the
following discounts:
15% discount on
purchase price.
omcgear.com

continued on sidebar page 10

9

cont. from sidebar page 9

Otto's Ski & Bike Shop,

38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season.

ottosskishop.com

Wy'East Nordic offers ONC-PDX members a 10% discount on crosscountry ski and telemark lessons. wyeastnordic.com

Jupiter Hotel, PDX and Hood River Hotel in Hood River give ONC-PDX members a 15% off when booking online.

Glacier National Park



Glacier National Park



Glacier National Park



The route roughly follows the historic Metolius Windigo Trail at 6,500 feet, on the eastern edge of the Three Sisters Wilderness Area. We will meet our shuttle Friday at 8



a.m. at Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route, and Sunday evening we will drive home from Three Creeks. The terrain is un-groomed, rolling to gentle slopes and will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove and cooking facilities. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in-between. For what is provided, and photos of the huts, use this link: threesistersbackcountry.com/huts/nordic-traverse-huts

Since the distance between huts is only eight miles on

average there should be time for additional skiing and exploring opportunities.

Trip limit: 8 participants (includes the leader)
Cost: \$285/member, per person. Includes a shuttle,
two nights in huts, food for two days and two nights
with beer included! Additional expenses will be
carpooling transportation expense and food and
lodging in Sisters Thursday night.

Sign up online (onc-pdx.org) at noon on October 4. For more info contact the leader: Susan Watt: 503.201.3977 susniam@gmail.com.

Mar 16–18, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR (See January 19–21 trip description)

Apr 6–8, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR (See January 5–7 trip description)

Apr 13–15, Fri-Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR (See January 19–21 trip description)

Welcome new members!

Mianne Irick, Viola, Phil, and Emily Wax, and Cheryl, Scott, and Clara Willson

September membership report: 304 total memberships (201 single and 103 family), includes 3 new memberships and (non-renewals are still included in this count). Last year at this time there were 320 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting August 28, 2017 at Mazama MC

Board Members Present: Mary Bourret, Laurel Dickie, Ted Scheinman , Ken Wenzel, Tim Kral, André Fortin. Board Members Absent: Scott Diamond and Tom Clarke (resigned). Other Members Present: Sam Digard and Bill Yaeger

Minutes from last meeting are approved.

Treasurer's Report: Mary H sent out June and July statements. Tim reviewed and recommends we approved and accept. Tim moved to accept. Approved.

President's Report: Pam (newsletter editor) would like the board members to take turns writing Ski Tracks. Because it would be good to tie the article to club events, the October article should reference the overnight trips sign up. Ted volunteers to do December on membership. Laurel will do October (Overnight trips) Mary B will do January. André will do February. Tim will do March. Ken will do April. Scott will do November.

Website: Bill Yaeger attended the meeting. Membership renewal is working fine. Two members of the board have not received email. Not sure why some automated email is being flagged as span. Bill will create a forum post as this seems to work in more cases. ■ Bill has confidence that the online ON Trip booking will work. Testing was conducted at this meeting. Four people participated in the test. Bill will do a sample booking at the meeting in October general meeting. Need to decide on when the booking will start. Noon on the day after would be best because Bill wants to "babysit" the system to ensure there are no issues.

Day Tour: No report.

Overnight Trip: OTC minutes sent last month to board. OTC did a review of last year's trip. They determined that when there are more than 16 people on the trip it makes sense for the trip to have a co-leader (who is enumerated at half the trip cost.) This will help build the list of people who can lead overnight trips. The OTC needs to put some definition into the description of these two roles: Leader and co-leader. ■ The board discussed how much autonomy the overnight trip committee should have. The board proposed that the minutes of the OTC meeting should capture policy changes in enough detail that the board can discuss. If a change is controversial the board will vote on it after discussion with the OTC. This was approved. ■ Proposal: To NOT have the requirement of an assistant trip leader for greater than 16 people on a trip. Did not pass. Assistant trip leader is required for trips over 16. ■ Proposal: The

continued on page 11

Board Meeting Minutes continued from page 10

overhead cost should not be changed from the current policy to "all trips pay 10%." Did not pass. All trips will incur 10% overhead change to cover expenses.

Tilly Jane: A fundraiser was held on Saturday August 26. Two ONC-PDX members helped with this event. It was sparsely attended—70 people. Possibly \$1,500 will be gained after expenses. No new fundraisers have been scheduled. ■ An article appeared in the Mazama Bulletin regarding TJ. Mazamas and ONC-PDX jointly applied for a grant but did not receive.
Main work party will be October 7. Need to get the stoves fixed and chimney cleaned. No hazard trees are identified for A-Frame. The guard station has 13 trees that may be removed—need to work with the Forest Service to get this approved and then pay someone to do the work. ■ Cedar Shingle project. Will hold one to two work parties to pull out two trees in Lost Lake that will get turned into shingles. These two trees might be able to provide the bulk of the material. ■ Club has approval to put up a more secure gate in the anteroom. This gate will keep people from kicking in the door. This will be done in September.

Membership: A membership letter aka "get ready for the ski year" will be mailed to all members. Ted will talk to Pam about the contents for that letter. ■ There is no mail-in application this year. Maybe a dozen people will not be able to get online. These can be handled on a case-by-case basis. ■ Ted is attempting to contact Janet Schidmt (REI) and Shelley (Wy'East Nordic) to get a discount or free membership when people buy new skis or take ski lessons.

Publicity: No reports Nordic Issues: No reports

Trail Tending: Ken has led multiple trips this summer. It's been busy and is going well. He would like to find more leaders for this activity. Two more trips are planned for September.

New Business

Budgets: Board approved the ONC State Wide budget after review. ■ Board needs to approve the 2017-18 ONCPDX budget. Tim just sent the proposal off just before the meeting. Vote is postponed until next month. Fiscal year runs to end of August, not end of May as it states in the by-laws. This will be changed with by-law update. NWSCC 2017-2018 ski season renewal is due. Board passed motion to continue membership in Northwest Ski Club Council. ■ Ron Bekey would like to get the meeting minutes so he can plan and adjust the monthly programs. Board agreed and thanks Ron for his dedication.

Replacement for Tom Clarke: Tom Clarke has resigned from the board due to job commitments. Ted is going to talk to Bill Neuman who expressed an interest in the membership committee. Mary to contact Mike Dianich, who may accept a one-year term.

Upcoming Board meeting: October 24, 7:00 p.m. at Mazama MC

Mary Bourret, Vice-President

Methow Valley, WA



Methow Valley, WA



Methow Valley, WA



CLASSIFIED ADS

FOR SALE: Ski Boots Salomon RC Carbon Prolink recreational/classic boot with NNN toe clip. Men's 10.5 with modified toe box. Worn just twice, excellent shape. These are great for someone who needs an extra wide toebox. Retails at \$249, asking \$125. FOR SALE: Hiking Boots Vasque Breeze III GTX Men's size 12 Vibram Megagrip sole, Goretex waterproofing, toe and heel ventilation ports. Color scheme -Brown/Olive Bungee Cord. Worn only once, like new condition.. Retails for \$180, asking \$90. FOR SALE: ▶ Down Vest Montbell Superior vest. Men's large, black. Like new condition. Very lightweight, packs down to about the size of a beer can. Comes with a stuff sack. Retails at \$109, asking \$50. Richard richard_crimi@hotmail.com 503.726.8998

FOR SALE: > Jacket SWIX Delda Light Softshell Jacket. Wmn's sz. L, Byzantium-light purple w/ reflective trim, new w/ tags on, engineered in Norway, extremely functional (breathable, etc.), designed for Nordic skiing. Photos available. \$100 (retail \$150). FOR SALE: Doots Mammut Mt. Vista LTH backpacking/hiking boots (Raichle of Switzerland). Wmn's EU sz 41 (US 8.5 - 9), worn once—too small. New condition. Vibram rubber outsole provides optimal grip on varying types of terrain. Features include Rolling Concept Technology, board-lasted, rubber toe-cap, women's specific fit. \$125.

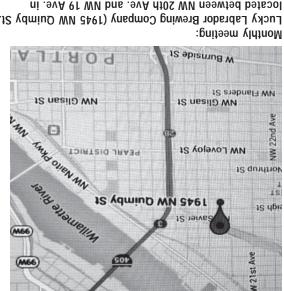
Amy ablumenberg@comcast.net 503.241.2768 11/17 **FOR SALE:** ► **Skis** Atomic Telepathic telemark skis 170cm with Voile Tele bindings and heel lifts. \$75. FOR SALE: ▶ **Bindings** Riva Super Loop ultralight telemark / backcountry touring bindings, new \$60 OBO. FOR SALE: ▶ Boot liners Scarpa Intuition ski boot thermo form liners. Used one season in T4s. Good for Alpine, AT, Telemark Size 30.5 (used in a 30 Scarpa Boot) Can be reformed several times. Should fit 29.5 to 30.5 shells. \$65 OBO. FOR SALE: ▶ Ski Boots AirTex NNN-BC Ski Boots, Thinsulate insulated, very warm, excellent condition. Size 47 \$40 OBO. FOR SALE: ► Ski Helmet GIRO ski helmet size Small fits child/adolescent \$25 OBO. Russ russ.bec@gmail.com 11/17

Deadline: 15th of the month (for next month's publication). Free ads are for members only, placed on a first come basis and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as a MS Word document attachment preferred—(with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.



Think snow!



Lucky Labrador Brewing Company (1945 NW Quimby St.)

Join us for a showcase of the 2017-18 ONC-PDX overnight ski trips (Overnight Trips' Extravaganza). We'll be going to special Oregon places like Black Butte, -ood and beverages available \$ **Brewing Company ONC-PDX Overnight Ski Trips** Sunriver, Three Sisters, Camp Sherman, the Ochoco Mountains, the Wallowa 1945 NW Quimby St out of the country to the Canadian Rockies and the Alps in Austria and Italy uesday, October 3 6:30 p.m. Social Hour nowned Methow Valley. Further afield we'll go to Glacier National Park and Mountains, and Anthony Lakes, as well as closer to home in the Tilly Jane **Lucky Labrador** area of Mt. Hood and the Summit Meadow Cabins in the Trillium Basin. In Washington we be off to the Mt. Adams Resort at the Flying L and the re-7:30 p.m. Program Come and make plans for the upcoming ski season.

Northwest Portland. located between NW 20th Ave. and NW 19 Ave. in

Door prize: Pick up a raffle ticket at the meeting for the drawing—you must be present to win.

Upcoming programs

November 7-Ski Conditioning

Sign up for trips online

starting at noon on

Wednesday, October

