

## Determined trail tenders on Meadows Creek

Ken Wenzel



**On August 9, our determined group of nine-and-a-half did not let the** warm weather deter us from our mission. We arrived at the Meadows Tie Trail and split up into three groups to divide and get the job done. Four of us started at the trail's end on the Pocket Creek Road, looping off small trees and limbs. The other two started hanging diamonds. To our great surprise, Jim Thornton showed up and helped us loop for an hour and chatted about the Forest Service and how our club was doing. Jim wants to do an overnight trip to Tilly Jane this January with our club. When we got to the creek Jim said good bye and headed back to his truck. We continued on and completed our mission at about 2 p.m. We hung over 50 diamonds and looped off many hundreds of small trees. To finish the day we headed down to the stream crossing and had lunch with cold beverages. A job well done! Thanks Jim for coming down to visit. Members present: Kathy Burns, Greg Graham, Richard Crimi, Laurel Dickie, Mary Hepokoski, Mary Bourret, Tere Enburg, John Fromwiller, and Ken Wenzel.

Ken Wenzel, *Trail Tending*

## New overnight trip sign-up process

**The process for signing up for an overnight trip this coming season (2017-18) has** totally changed. We have entered the twenty-first century, and all sign-ups will take place online at [onc-pdx.org](http://onc-pdx.org). The online sign-up will open at 12:01 p.m. on October 4, shortly after the October 3 general ONC-PDX meeting. At that meeting, overnight trip organizers will present their trips and answer questions. However, there will be **no sign-ups happening at the meeting**. In this way, we can avoid the log jam and general confusion of previous "Overnight Trip Extravaganzas."

If your desired trip fills up before you have a chance to sign up online, call the leader to be put on the wait list. Often people cancel, and spots open up throughout the season, so don't give up.

All overnight trips are limited to ONC members. If you're not currently a member of ONC-PDX, you will be able to join or renew online during the sign-up process.

This is the first time we've done strictly online sign-ups. We hope everything goes smoothly and easily. If there are glitches, we have a back up plan, which we'll share, if necessary. The Overnight Trip Committee, the ONC-PDX Board and, of course, Bill Yaeger, our man behind our website, have all been working hard to plan trips, set up a trip calendar, test the website and anticipate problems. If you have comments or questions, please contact the Overnight Trip Committee at [oncpx.ontrip@gmail.com](mailto:oncpx.ontrip@gmail.com).

Ann Truax, *Overnight Trips Committee*

## Renew your membership

**It's that time of year, September 1, ONC-PDX membership renewal time. Support** your club, enjoy your club benefits, and be ready to sign up for overnight trips. We are now renewing memberships online: go to our website [onc-pdx.org](http://onc-pdx.org), login, click on "Membership" then on "Renew." You will receive a reminder letter by "snail mail" early this month, but please make your renewal online now. We look forward to the ski season.

Membership Committee

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2017-18 Overnight Trips

### 8 Club Discounts

### 11 Classified Ads



Ken Wenzel

**Join us for a trail tending party**

See the schedule on p. 4

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## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication). Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor. This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.** P.O. Box 3906 Portland, OR 97208

## U P C O M I N G E V E N T S

**Sept 5 ▶ TUESDAY**  
**Lapland off-trail camping—Stenudden to Kvikkjokk**  
ONC-PDX monthly program  
6:30 p.m. – 9:00 p.m.  
Lucky Lab, 1945 NW Quimby St.



**Sept 7 ▶ THURSDAY**  
**Best Local Fall Hikes**  
6:30 p.m. – 8:30 p.m. Clackamas REI.  
Free! Info/sign-up: rei.com/learn.html

**Sept 11 ▶ MONDAY**  
**Hoppy Adventure Hour: Lightweight Backpacking Basics**  
6:30 p.m. – 8:30 p.m. Lucky Lab,  
1945 NW Quimby St.  
Free! Info/sign-up: rei.com/learn.html

**Sept 23 ▶ SATURDAY**  
**SOLV Beach and Riverside Cleanup**  
10:00 a.m. – 1:00 p.m. All along the Oregon Coast and Southwest Washington. Help clean up the beach and rivers. Info: solveoregon.org

**Sept 23 ▶ SATURDAY**  
**Cape Horn Conservancy Work Party**  
10:00 a.m. – 3:00 p.m. Cape Horn, WA  
Celebrate National Public Lands Day with the Cape Horn Conservancy, an all volunteer non-profit dedicated to providing thoughtful stewardship of the Cape Horn Trail and public lands in the Washougal to Stevenson corridor in WA. Free! Info/sign-up: capehornconservancy.org/volunteer.html

**Sept 25 ▶ MONDAY**  
**Hoppy Adventure Hour with adventurer Katie Crafts**  
6:30 p.m. – 8:30 p.m. Lucky Lab,  
1945 NW Quimby St. Katie Crafts left her office job and "fine" life to chase a dream of working in Antarctica in 2014. Free!  
Info/sign-up: rei.com/learn.html

**Sept 27 ▶ WEDNESDAY**  
**Discover the Owyhee Canyonlands**  
6:30 p.m. – 8:30 p.m. Clackamas REI.  
Free! Info/sign-up: rei.com/learn.html

**Sept 30 ▶ SUNDAY**  
**National Public Lands Day**  
A nation wide fee-free day for more than 400 parks.  
Info: nps.gov/planyourvisit/fee-free-parks.htm

## Clinics & Training

**Oct and Nov ▶ SATURDAYS**  
**2017 Fall XC Training Series**  
**Portland, OR**

Schedule to be posted in mid-September for this year's conditioning sessions for cross-country skiers of all abilities.

Info: xcoregon.org/teacupnordic.org  
Sponsor by: Teacup Lake Nordic Club and XC Oregon race team

**December 1–10 ▶ FRI–SUN**  
**2017 Oregon Fall Camp**  
**Mt. Bachelor, OR**

Start your ski season off with one of the best camps in the XC ski world! Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether you ski that particular morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert.

Registration is open. (select any date combination and number of days)

Info: xcoregon.org/oregon-fall-camp

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 8)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: **oncmembership@gmail.com**

## ONC-PDX BOARD SKI TRACKS

### It is hard to believe that in a few short

months, we will be out skiing and enjoying the winter again. But while it is still hotter than biscuits and the forest fires are raging, I am sitting here thinking of the complaints I have heard about ONC-PDX and my goals for this year is to try and make improvements for our club. In short do things to get more members involved, draw in new members and enhance current member's experience.

But very few new people are stepping forward to be leaders. Our overnight trips committee only sees the normal group that leads trips. They are concerned that a new person coming in is qualified to be a leader. I think we need to provide a better educational program so that new members can learn and then step forward and say, "yes I am qualified and I would like to be a leader."

Another step is to take away some of the headache of being a leader in the sign-up and planning process and be less work for our club. Online trip sign-up is one step. The Overnight Trips Committee has improved our trip program greatly with a simple spreadsheet to guide you thru the trip planning process. I think our next step is to work on having more spontaneous day tour and overnight trips to take advantage of what Mother Nature throws at us. So in short get involved, learn and have fun while being a leader.

Current members, please renew your membership so you are ready for the trip sign up! ♦

## Old Man Pass—part two

### My idea of a "flash mob" for trail tending

was not a huge success, but we got the job done! We managed to get together four people and headed up to Old Man Pass to complete the brushing on Trail 148 and continued on Trail 148C. We did notice that the Scenic Loop Trail had a lot of leaning pines with broken tops, which were hazardous to clear. Much to my relief I got an email from Gifford Pinchot District Ranger Dean Robertson saying he had a crew just finish that part of the trail. He said they would need another trip this fall to clear the steep hill on the Scenic Loop. We are making progress and it should be ready by ski season. We may need another "flash mob" to put up ski trail signs this fall. Many thanks to go to Mary Bourret, David Rogers, and Steve Rearden for finding time to complete the trail work during the break in the warm weather. ♦

Ken Wenzel, *Trail Tending*

## VOLUNTEER OPPORTUNITIES

**Tour leaders** There is an ongoing need for individuals to all levels of day tours.

**Nordic Issues** Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

**Tilly Jane A-Frame** There is a need in a number of areas. Info: [tillyjanecabin@gmail.com](mailto:tillyjanecabin@gmail.com)

**Public Relations** Provide outreach for the club. Give presentations on the club and skiing in Oregon.

**Membership** Process membership applications. Maintain membership database. Analyze membership (demographics, where new members are coming from, other trends) and report to board. Identify recruitment opportunities.

**Volunteer Tracking** Help track volunteers from all areas of the club (overnight, day tour, trail maintenance, committees, etc.). Manage volunteer recognition. Arrange volunteer recognition gift and track distribution to volunteers. Assist with recruitment.

**Summer Trip/Tour Leaders** expand the club's activities during the non-snow months. For more info and to volunteer contact Mary Bourret [marylbouret@gmail.com](mailto:marylbouret@gmail.com) ♦

## NORDIC ISSUES/NEWS

### Volunteer to help with Nordic Issues

Do you have some time to track issues that affect skiers? Contact board members (see sidebar page 2) to volunteer.

### Mt. Hood National Forest

**Trail and Road Closures** Eagle Creek Trail is now closed at Punch Bowl Falls. Other trails and campground in the area are closed too. The Pacific Crest National Scenic Trail remains open but travel off the trail in the fire area is prohibited.

**Closures in Clackamas Roads** Forest Roads 5731 and 5732 off of Clackamas River Road are closed due to fires.

**Paradise Park Trail Damage** Trail #778 had tree damage early last month. There was significant tree damage in multiple places in the Paradise Park area with complex log piles and snow remaining in some spots. Trail crews were working in the area.

**Info/updates:** [fs.usda.gov/mthood](http://fs.usda.gov/mthood) click on "Alerts & Warnings"

### Gifford Pinchot National Forest

**Road Hazards** Forest Service says to watch for

Terry Owen, *Wednesday ski tours*

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**Andr  Fortin**

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## DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours."** These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

## DAY TOURS

**Note: if weather or road conditions are dangerous, please check with the leader.**

**More tours will be listed on these websites:**

**[onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)**

**[onc-pdx.org/forums](http://onc-pdx.org/forums)**

**[meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)**

**Note: dogs are only allowed on tours**

### September 13, Wed, Trail Tending Party Pocket Creek Tie Trail, Mt. Hood, OR

We'll be working on the interesting and fun Pocket Creek Tie Trail connector that links to Teacup Lake, brushing and putting up blue diamonds. **For more info and to volunteer contact: Ken Wenzel 503.297.2958 503.729.6571 cell [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)**

**Common meeting places:** Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMinnam's Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Nordic Issues/News continued from page 3

hazards on the roads and reminds people to be careful with fires.

**Forest Road 99** is now open to Windy Ridge.

There are several scenic Mount St. Helens viewpoints and trails to enjoy along the way. Cascade Peaks Information Station is still closed.

**Info/updates:** [fs.usda.gov/giffordpinchot](http://fs.usda.gov/giffordpinchot) click on "Alerts & Notices"

### Gifford Pinchot National Forest

**Campfire ban** (including charcoal and pellet fires) is in effect in all Wilderness areas. Stoves and lanterns with liquefied or bottled fuel are ok.

**Mt. Jefferson Wilderness closure** The area closure is located east of Detroit, and includes a large portion of the Mt. Jefferson Wilderness, down to the Marion Lake. The closure also affects areas of the Willamette National Forest and private lands.

**Milli Fire Area Closure** The northern edge of the area closure currently in place on the Sisters Ranger District has extended to the south of Glaze Meadow and Black Butte Ranch.

**Info/updates:** [fs.usda.gov/deschutes](http://fs.usda.gov/deschutes) click on "Alerts & Warnings"

Mitch Auerbach, *Nordic Issues*, Pam Rigor, Editor

## Trail tending schedule

**It's time to set aside a day to work on**

the ski trails or Tilly Jane. **Info:** Trail Tending Coordinator Ken Wenzel 503.297.2958 [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com).

**What to bring:** Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

### Summer trail tending schedule:

**September 13, Wed, Trail Tending Party  
Pocket Creek Tie Trail, Mt. Hood, OR**

See day tours schedule for info.

**October TBD, Trail Tending Party (installing signs)  
Crosstown Trail, Mt. Hood, OR**

Help us install signs on the Crosstown Trail divide-ing the trail into two lanes, a snowshoe and dog lane and a skier only lane.

**October 7, Tilly Jane Work Party  
Tilly Jane A-Frame, Mt. Hood, OR**

More info will be in the next newsletter.

## Portland Sunday Parkways

**Sellwood Portland Sunday Parkways (8 miles)  
September 24, 11:00 a.m. – 4:00 p.m. Free!**

This year is the last year of the City of Milwaukie and Portland partnership for the Sellwaukie route. Come out and join this 8 mile scenic route and end the Sunday Parkways season with a bang!


**Info/maps:** [portlandoregon.gov/transportation/46103](http://portlandoregon.gov/transportation/46103)

## Lets hike or bike

### Join the ONC-PDX leadership team...

Pick your favorite hiking or biking trail/route and take some of your ONC-PDX friends along to enjoy the outdoors.

Submit your tour using the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or just send an email with the tour description (**by September 14, 8 p.m. for the October newsletter**) to day tours at [oncdaytours@gmail.com](mailto:oncdaytours@gmail.com). Tour descriptions sent after the deadline will be posted on the website and, if you wish on Meetup. Last minute tours can be added too.

New to leading tours and need more info on how to get started? Send us an email and we'll get you up to speed.  **Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee**

# OVERNIGHT TRIPS

## SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership before signing up.
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see side-bar p. 7)!
- ◆ Sign-up on the website ([onc-pdx.org/acitivities/overnight-trips](http://onc-pdx.org/acitivities/overnight-trips)) starting after 12:01 p.m. on October 4, 2017.
- ◆ Sign up early so we'll have enough people to cover trip costs.
- ◆ If the trip is full, join the wait list by calling the leader. Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place, if you cancel. Check [onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance)

### Nov 22–26, Wed–Sun, All Abilities Ski (plus Monday option) Sunriver Thanksgiving, OR

It's time to ski, eat turkey, and repeat. Nine members will spend four nights in Sunriver Resort, arriving at our house Wednesday evening and carpooling to the Mt. Bachelor Nordic Center and environs to kick off the ski season on groomed and backcountry trails. Our new realtor is adding a fifth day free, so some may want to also spend Monday night in Sunriver.



We have had snow outside of our door some years, but usually start skiing at the Mt. Bachelor Nordic Center and beyond the day after our Thanksgiving feast. The Nordic Center, with its miles of groomed trails,

opens early in the season and offers a range of trails for beginning to experienced cross-country skiers and skaters. We will also be prepared for hiking, and the resort has miles of paved walking and biking trails as well as a recreation center to which we will have passes. We, ONC-PDX skiers, have learned to be flexible early in the year.

Sunriver Resort is 20 miles south of Bend, burdened by sunshine and dry snow. We will carpool there and share potluck meals. Our house is equipped with a hot tub, well-stocked kitchen and a fireplace. The area is also near the High Desert Museum, and some folks take time to wander through Sunriver Village or go to the holiday crafts fair. We will carpool there and organize potluck dinners. This is where ski season begins!

**Trip limit: 9 participants (includes the leader).**

**Cost: \$235/member, per person. Includes four or five nights' lodging.**

Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.

For more info contact the trip leaders: Elke Schoen and David Blanchard 503.239.9286  
[elkeschoen@msn.com](mailto:elkeschoen@msn.com) [davidkblanchard@msn.com](mailto:davidkblanchard@msn.com)

### Dec 27–Jan 1, Wed–Mon, All Abilities Ski Methow Valley New Year's Ski, WA

Methow Valley is an outstanding, unique area that is ideally suited for both classic track skiing and skate skiing. The Methow Valley Association grooms over 200 km of trail through the communities of Winthrop and Mazama. Trail elevations range from 2,000 to 4,000 feet. The snow conditions and trail quality makes the Methow Valley a skate skiers mecca.

We'll stay in two luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and are within skiing or walking distance along with grocery and convenience stores.

Considered learning to skate ski, lessons are available at Sun Mountain and in Mazama. In the past, several participants liked their newfound skill so much they decided to keep the rented skate skis for the entire trip. Speaking of skating, there is even an ice skating rink in town.

**Trip limit: 12 participants (includes the leader).**

**Cost: \$270/member, per person. Includes five nights' lodging (\$60-80 groomed trail pass not included).**

Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.

For more info contact the trip leader: Ted Scheinman 503.452.7432 [tedskier@gmail.com](mailto:tedskier@gmail.com)

### Dec 29–Jan 2, Fri–Tue, All Abilities Ski New Year's at Black Butte, OR

Celebrate the New Year in the peaceful setting of Black Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine and interesting conversations after an invigorating day in the outdoors. This central



Oregon location is close to skiing at Santiam Pass and the Three Creeks Area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snow pack is low, hiking is always an option from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters. Amenities at Black Butte include a hot tub and swimming pool at the Glaze Meadow Recreation Center, a short walk from our rental. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore and various shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the humdrum of daily life. The accommodations are a large house with three queen bedrooms and a bunkroom with two bunk beds.

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includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

### Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

### Easy Tour

**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

### Intermediate Tour

**Ski:** 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5–7 miles per day; 200 to 400

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ft. per mile elevation  
gain.

### **Advanced Tour**

**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

### **TOUR ESSENTIALS**

Pack these essentials on any ONC-PDX activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics for warmth and comfort.

#### **Skiing & Hiking Essentials**

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

#### **Biking Essentials**

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

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**Trip limit: 10 participants (includes the leader).**  
**Cost: \$225/member, per person. Includes four nights’ lodging.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Ann Truax 503.756.8891 [ann.truax@gmail.com](mailto:ann.truax@gmail.com).**

### **Jan 5–7, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR**

**This trip also available the following weekend dates in 2018: February 2–4, March 2–4, and April 6–8**

We’ll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation.

Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants

can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass, or GPS. Climbing skins are required.

**Trip limit: 15 (max.) participants. Open to all ONC-PDX members and TJ cabin volunteers**

**Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact: [tillyjanecabin@gmail.com](mailto:tillyjanecabin@gmail.com). We’ll forward your request to the appropriate trip leader. Leaders TBD.**

### **Jan 8–11, Mon–Thur, All Abilities Ski Summit Meadow Cabins at Trillium Basin, Mt. Hood, OR**

Here’s your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at the end of the day. Skiing choices, without driving, include many of the trails in the Trillium Basin and Government Camp area or driving to Bennett Pass, Twin Lakes, or others. While this is an all ability ski, the group usually divides into two ski groups, one doing intermediate to advance backcountry skis and the other doing easy to intermediate skis. We will stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. We will cook communally for breakfasts and dinners.

**Trip limit: 10 participants (includes the leader)**  
**Cost: \$75/member, per person. Includes three nights’ lodging.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the leader: Mary Hepokoski 503.245.1618 [hepomp8@comcast.net](mailto:hepomp8@comcast.net).**



Ken Wenzel

### **Jan 11–14, Thur–Sun, Intermediate/Advanced Ski Ochocos’ Backcountry, OR—Trip 1**

Pack your metal edged backcountry skis for adventurous skiing in the Ochoco high country. We’ll spend four nights in the wonderful Ochoco Ranger Station with usual potluck and adult refreshments. Weather permitting, we’ll take on Lookout, Round, and Slide Mountains. These tours will give us full days of skiing and hopefully a chance to do some nice turns coming down these slopes. You don’t need to be a Telemark skier but you should be a solid Intermediate skier for this trip.

**Trip limit: 6 participants (includes the leader and co-leader)**

**Cost: \$75/member, per person. Includes three nights’ lodging. Not included is shared carpooling cost (350 miles about \$52 carpooling) and rotate preparation of dinners.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the leader: Scott Diamond [scott.diamond.mail@gmail.com](mailto:scott.diamond.mail@gmail.com).**

### **Jan 12–15, Fri–Mon, All Ability Ski Camp Sherman, OR**

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds. It is the ideal ambience for a cross-country ski holiday. Check out the website at [www.lakecreeklodge.com](http://www.lakecreeklodge.com)

We’ll carpool over on Friday, have a traditional ONC-PDX potluck dinner on Saturday, and perhaps head into Sisters for Sunday dinner. Ski options are many: Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we’re lucky, right out the door of our cabins.

**Trip limit: 15 participants (includes the leader)**

**Cost: \$255/member, per person. Includes three nights’ lodging.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Steve Levy 503.244.4262 [slevy@pacifier.com](mailto:slevy@pacifier.com)**

### **Jan 12–15, Fri–Mon, All Ability Ski Sunriver, MLK Weekend, OR**

Join your fellow cross-country skiers to the sunny side of the state for four nights at Sunriver Resort 20 miles south of Bend for three-plus days of skiing at and around Mt. Bachelor. We can ski from all of the sno-parks near the mountain or at the Mt. Bachelor Nordic Center. There is something for everyone in this area; groomed trails, skating, and backcountry. We will carpool to Sunriver and to the trailheads each day and will arrange potluck dinners. There are also restaurants and a supermarket in Sunriver. The resort offers miles of paved walking and cycling trails, and we will have free passes to the recreation center and be able to use the indoor pool, relax by the fireplace or in our house’s hot tub. Some folks enjoy walking to Sunriver Village to browse the shops, to the Nature Center or to the Observatory. Other years, we have skied at Paulina Peak or hiked to waterfalls and will keep those options open this year also.

**Trip limit: 9 participants (includes the leader)**  
**Cost: \$180/member, per person. Includes four nights' lodging.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**Trip leader needed. Contact the Overnight Trip Committee.**

### **Jan 19–21, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR**

**This trip also available the following weekend dates in 2018: February 16–18, March 16–18, and April 13–15** We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water. Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

**Trip limit: 4 participants (max.), Open to ONC-PDX members only with preference given to Tilly Jane volunteers**

**Cost: Free (another club benefit). You must be an ONC-PDX member to sign up for this trip.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact: [tillyjanecabin@gmail.com](mailto:tillyjanecabin@gmail.com). We'll forward your request to the appropriate trip leader. Leaders TBD.**

### **Jan 19–22, Fri–Mon, All Ability Ski Willamette Pass, OR**

At more than 5,100 feet, Willamette Pass and surrounding areas offer a of cross-country ski experiences, from numerous un-groomed trails starting at Gold Lake Sno-Park to groomed trails at Willamette Pass Ski Area. We will be staying at a large, modern cabin north of Highway 58, 12 miles east of Willamette Pass. We will be a small group and will enjoy potluck dinners and perhaps a card game or two, depending on the desires of the group. Highlights of the trip will be views of Diamond Peak, Mount Thielsen, Odell Lake, and Crescent Lake. You will not be disappointed by what this area has to offer in terms of skiing and vistas!

**Trip limit: 6 participants (includes the leader)**

**Cost: \$235/member, per person. Includes three nights' lodging.**

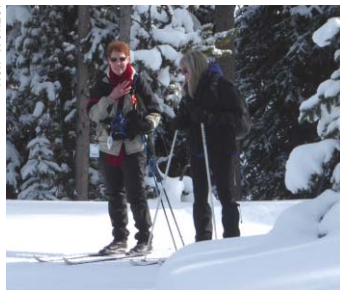
**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Ann Truax 503.756.8891 [ann.truax@gmail.com](mailto:ann.truax@gmail.com).**

### **Jan 24–29, Wed–Mon, All Ability Ski Anthony Lakes, OR—Trip 1**

Come experience the powder snow skiing that everyone talks about. You have choices of groomed trails, tele or lift skiing, backcountry or a mix of both. This is your chance to ski great quality snow at discount prices! We will be staying at the wonderful Good Bear Ranch just out of Baker City. For those that are interested and if the snow is

Ken Wenzel



good, we will ski at Meacham Divide for a couple hours on the drive over. We will plan on skiing at Anthony Lakes at least two days. I will work on planning a ski tour for the third day in the area for those

interested. On Monday on our way home I am planning on taking Highway 204 from Elgin and skiing at Horseshoe Prairie for two to three hours. We will carpool over and split up the meal preparation for dinners. Everyone will be responsible their own for lunches and breakfast. The lodge at Anthony Lakes does have food and drink service. At Good Bear Ranch we have had some excellent skiing right from the log cabin. Bedding and towels are provided. If interested, we will have one dinner in Baker City during our stay.

**Trip limit: 10–14 participants (includes the leader)**

**Cost: \$340/member, per person.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Ken Wenzel 503.297.2958 [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)**

### **Jan 26–28, Fri–Sun, All Ability Ski Mt. Adams Lodge at the Flying L Ranch, WA**

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC-PDX. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

**Trip limit: 19 participants (includes the leader)**

**Cost: \$170/member, per person. Includes two nights' lodging and two gourmet breakfasts.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Donna Matrazzo 503.621.3049 [matrazzo@msn.com](mailto:matrazzo@msn.com).**

### **Feb 1–4, Thur–Sun, Advanced Backcountry Ski Three Sisters Hut to Hut, OR**

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. Although the route roughly follows the historic Metolius Windigo Trail at 6,500 feet, on the eastern edge of the Three Sisters Wilderness Area, we will attempt to explore nearby backcountry terrain—Broken Top Crater and Tam McArthur Rim. For that reason this trip is marked as advanced as we'll cover a more challenging route, which will require conditioning and skills.

Thursday evening we'll meet in Sisters at lodgings that are TBD, and then meet shuttle Friday at 8 a.m. at Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks. The terrain will be un-groomed, off-trail, with elevation and descent, although we will not be subject to avalanche danger. The two huts are

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## **OVERNIGHT TRIP POLICIES**

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.

2. The first overnight trip application opportunity is at the October ONC-PDX meeting and at the designated time. The member must submit this application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign up-date, openings are filled on a first-come, first-serve basis, based on the time/date the application is received by the trip leader. Overnight trip leaders have the privilege of signing up for any ONC-PDX overnight trip prior to the October meeting.

3. Restrictions on participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for the safety of all trip participants. The trip leader may also limit participation based on accommodations.

## **WAITING LIST**

4. If a trip is full, participants may choose to be placed on the wait list, if an

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application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

### **Trip Cancellation Policy**

5. If canceling, contact the trip leader immediately. There may be a wait list.

6. Participants are responsible for finding a replacement which may include contacting people on the wait list.

7. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended.

8. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10 administration fee.

9. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

### **Travel Insurance** [onc-pdx.org/resources/trip-insurance](http://onc-pdx.org/resources/trip-insurance)

ONC-PDX does not endorse any of these agents or providers. ♦

### **Discounts for ONC-PDX members and leaders!**

**Columbia Sportswear,**  
911 SW Broadway  
(flagship store) and  
7000 NE Airport

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fully stocked with food, beds, wood stove, and cooking facilities. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in between. To see what is provided and photos of the huts, see: [threesistersbackcountry.com/huts/nordic-traverse-huts](http://threesistersbackcountry.com/huts/nordic-traverse-huts)

**Trip limit: 8 participants (includes the leader)**

**Cost: \$285/member, per person, includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses will be carpooling transportation expense, and food & lodging in Sisters Thursday night.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Bill Newman 503.730.0562 [whn@comcast.net](mailto:whn@comcast.net)**

**Feb 2–4, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR**

(See January 5–7 trip description)

**Feb 7–11, Wed–Sun, All Ability Ski Anthony Lakes, OR—Trip 2**

We will carpool over on Wednesday, February 7 and stay at what we've been told is an amazing property—The Good Bear Ranch. A 5,200 square foot log cabin, 11 miles northwest of Baker City. There are seven bedrooms and three baths. Prior ski experience has been varied, with many opportunities around the property, as well as at Anthony Lakes with 30 km of groomed double track and 11 km of single track plus a ski lift, if that is where your interests are.

Bring your own breakfast and lunch; we will potluck for the dinners.

**Trip limit: 10 participants (includes the leader)**

**Cost: \$375/member, per person Includes four nights' lodging.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leaders (Shannon and Steve Planchon): Shannon Planchon 503.467.8599 [shannon.planchon@gmail.com](mailto:shannon.planchon@gmail.com)**

**Feb 8–13, Thur–Sun, All Ability Ski/Snowshoe Glacier National Park, Montana**

We will take Amtrak overnight to Essex, Montana, adjacent to Glacier National Park for a wonderful ski vacation! Leave Portland on Thursday afternoon, February 8 and arrive Friday morning to sparkling snow and the cozy Izaak Walton Inn. On Friday, ski or snowshoe on the 30 km of groomed trails, or relax in the Finnish sauna or Olympic size hot tub. On Saturday, we will take a van up to Marias Pass on the Continental Divide for some true off-trail skiing, with magnificent views. On Sunday, we will travel to the Going to the Sun Highway, which is not plowed in the winter. On Monday, we can ski the magnificent Dickey



Jennifer Klump

Bowl, the groomed trails, or other ski trails in the area. Each night, we can enjoy a gourmet meal in the restaurant, read a good book by the fire, participate in exciting ONC-PDX board games, or relax. On Monday night, February 12, we will board the westbound overnight train back to Portland. As we pull back into the train station in Portland on Tuesday morning, you will wonder why you waited so long to take this trip.

**Trip limit: 20 participants (includes the leader)**

**Cost: \$440/member, per person. Includes four days of skiing (trail passes included), all transportation, three nights' lodging double occupancy at Izaak Walton Inn. Meals on the train and at Izaak Walton Inn are available for purchase at an additional cost. Sleeper accommodations may also be available on Amtrak for an additional cost.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Ted Scheinman 503.452.7432 [tedskier@gmail.com](mailto:tedskier@gmail.com)**

**Feb 12–16, Mon–Fri, Intermediate/Advanced Ski Ochocos, OR—Trip 2**

We will drive over on Monday February 12 and come home on Friday February 16. Come enjoy some wonderful Eastern Oregon forest trail skiing. We'll have drier higher elevation snow at 5,000 feet plus and the chance to see wild horses close to the cabin.

We will be staying at the Ochoco Ranger Cabin with skiing right out the door. Our food plan is shared meals for dinner and on your own for breakfast and lunch. The lodging is rustic but comfortable, there are beds but you will need a medium sleeping bag and pillow and towel. The cabin has electric heat and a shower. We will plan on carpooling from Portland and skiing Monday afternoon after we unpack and change at the cabin. I plan on skiing at Walton Lake, Ochoco Summit, and Lookout Mountain.

**Trip limit: 5–7 participants, based on beds (includes the leader)**

**Cost \$105/member, per person.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact Ken Wenzel 503.297.2958 [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)**

**Feb 16–18, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR**

(See January 19–21 trip description)

**Feb 16–19, Fri–Mon, All Ability Ski Sunriver President's Day Weekend, OR**

Join your fellow cross-country skiers to the sunny side of the state for four nights at Sunriver Resort 20 miles south of Bend for three plus days of skiing at and around Mt. Bachelor. We can ski from all of the sno-parks near the mountain or at the Mt. Bachelor Nordic Center. There is something for everyone in this area; groomed trails, skating, and backcountry. We will carpool to Sunriver and to the trailheads each day and will arrange potluck dinners. There are also restaurants and a supermarket in Sunriver. The resort offers miles of paved walking and cycling trails, and we will have free passes to the recreation center and be able to use the indoor pool, relax by the fireplace or in our house's hot tub. Some folks enjoy walking to Sunriver

Village to browse the shops, to the Nature Center or to the observatory. Other years, we have skied at Paulina Peak or hiked to waterfalls and will keep those options open this year also.

**Trip limit: 9 participants (includes the leader)**

**Cost: \$180/member, per person. Includes four nights' lodging.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the trip leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com)**

### **Feb 17–25, Sat–Sun, Intermediate/Advanced Ski Skoki Lodge and Canadian Rockies**

The Canadian Rockies provide some of the most scenic skiing on the planet and on this trip we'll ski right into the heart of the Rockies as we spend three nights in the historic Skoki Lodge, a national historic site. It is rustic and isolated. So rustic that it has outhouses and doesn't have electricity. So isolated that the only way in is to ski 11 km through the backcountry. You'll need to be an intermediate skier to make it into this lodge. Six of us will share a cabin, sleeping on bunk beds and cots for three nights. Clearly not the Ritz-Carlton but Skoki does make up for these hardships by providing excellent meals and access to some of the best skiing in the Rockies. Depending on abilities, we'll explore the bowls or canyons around the lodge. Short of snow camping in a tent there is no better way to experience this wilderness.

Since we've made the drive all the way up to Lake Louise, after Skoki we'll kick back by staying four more nights at a condo in the Canmore area. From here we can enjoy the usual skiing the Rockies offer with everything from world-class skate skiing to downhill and in between.

**Trip limit: 6 participants (includes the leader and co-leader)**

**Cost: \$675/member, per person. Includes eight days accommodations and food while at Skoki lodge, but does not cover food while in condo. Not included is the hotel on drive up, carpooling costs (1,500 miles, approx. \$225), and any park passes we may need.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info download the packet ([onc-pdx.org/wp-content/uploads/2017/05/Skoki\\_1\\_Pricing.pdf](http://onc-pdx.org/wp-content/uploads/2017/05/Skoki_1_Pricing.pdf)) or contact the leader: Scott Diamond [scott.diamond.mail@gmail.com](mailto:scott.diamond.mail@gmail.com).**

### **Mar 1–5, Thur–Mon, All Ability Ski Wallowa Mountains, Joseph, OR**

Spend four days skiing in the fabulous Wallowa Mountains in Eastern Oregon! We will stay in a large log house close to Wallow Lake. The house will easily accommodate the whole group and we will have potluck dinners. There are opportunities for all levels of skiing in the area. We'll carpool from Portland on Thursday, arriving in Joseph in the early evening. We'll ski around Wallowa Lake and in the mountains on Friday, Saturday, Sunday, and (possibly) part of Monday, returning to Portland on Monday evening.

**Trip Limit: 12 participants (includes the leader)**

**Cost: \$170/member, per person. Includes four nights' lodging**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on**

**October 4, 2017.**

**For more info contact the leader: Susan Watt [503.201.3977](mailto:503.201.3977) [susniam@gmail.com](mailto:susniam@gmail.com)**

### **Mar 2–4, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR**

(See January 5–7 trip description)

### **Mar 3–17, Sat–Sat, All Ability Ski Ski the Alps in Austria and Italy**

**Trip full, wait list open\***

Intrepid ONC-PDX members will travel to Austria for five days of skiing in the Alpine region where the Winter Olympics are held, then take the train to Italy for four days of skiing in the heart of the Dolomites. This should tire us out enough to be ready for the optional singing gondola ride in Venice on our way back to the US.

European breakfast buffets and trailside chalets provide the human fuel to keep us going on the fully groomed trails for skate and classic. No need to bring snowshoes as there are even paths groomed for walking.

Some participants will take a day off skiing to tour the museums and palaces in Innsbruck. Regardless, this is an adventure filled with fine dining and great skiing.

**Trip Limit: 18 participants (includes the leader)**

**Cost: \$2950/member, per person. Includes airfare, lodging (two weeks), some breakfasts, lift passes, and ground transportation.**

**For more info contact the trip leader: Sam Digard [sam.digard@gmail.com](mailto:sam.digard@gmail.com)**

### **Mar 6–11, Tue–Sun, All Abilities Ski Methow, WA—Trip 2**

Perhaps you haven't had enough sun, powder snow, and zillions of miles of groomed trails in open country with a view in all directions. Perhaps the dark descended too soon when you were last here at New Years, and you didn't have time to thoroughly exhaust yourself. Well then, here is another chance to ski the Methow Valley, with longer days, warmer temperatures, and the same wonderful ONC-



PDX companions. Twelve of us will stay in Winthrop, WA, at the same adjoining condos near 200 km of groomed trails winding through Mazama and Winthrop. It is a long drive to north central Washington and is worth it, for the quality of skiing and change of pace. Classic and skate skiers will appreciate the variety of trails and dry snow. Do join us. Of course, we will eat and socialize, maybe go into town to the Schoolhouse Pub, bookstore, art gallery or glass blowers, skate at the community rink or sink into the couch with a book, but we will certainly cover the kilometers on skis!

**Trip Limit: 12 participants**

**Trip Cost: \$215/member, per person. Includes five nights' lodging.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the leader: Elke Schoen [503.239.9286](mailto:503.239.9286) [elkeschoen@msn.com](mailto:elkeschoen@msn.com)**

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**Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [columbia.com](http://columbia.com)**

**Mountain Hardwear,**  
722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [mountainhardwear.com/Stores\\_Portland.html](http://mountainhardwear.com/Stores_Portland.html)

**The Mountain Shop,** 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

**Oregon Mountain Community,** 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto's Ski & Bike Shop,** 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

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**\*Check website/contact leader for trip updates**

Oregon Nordic Club Portland Chapter

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**Wy'East Nordic Ski School** offers **ONC-PDX** members a **10% discount** on cross-country ski and telemark lessons.  
wyeastnordic.com

**Jupiter Hotel, PDX and Hood River Hotel** in Hood River give **ONC-PDX** members a **15% off** when booking online. ♦

### Mar 15–18, Thur–Sun, Intermediate/Advanced Ski Three Sisters Hut to Hut, OR

This is a 22-mile hut-to-hut tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail at 6,500 feet, on the eastern edge of the Three Sisters Wilderness Area. We will meet our shuttle Friday at 8 a.m. at Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks. The terrain is un-groomed, rolling to gentle slopes and will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove and cooking facilities. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in-between. For what is provided, and photos of the huts, use this link: [threesistersbackcountry.com/huts/](http://threesistersbackcountry.com/huts/)



Richard Crimi and Susan Watt

nordic-traverse-huts

Since the distance between huts is only eight miles on average there should be time for additional skiing and exploring opportunities.

**Trip limit: 8 participants (includes the leader)**

**Cost: \$285/member, per person. Includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses will be carpooling transportation expense and food and lodging in Sisters Thursday night.**

**Sign up online at [onc-pdx.org](http://onc-pdx.org) after 12:01 p.m. on October 4, 2017.**

**For more info contact the leader: Susan Watt: 503.201.3977 [susniam@gmail.com](mailto:susniam@gmail.com).**

### Mar 16–18, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

(See January 19–21 trip description)

### Apr 6–8, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

(See January 5–7 trip description)

### Apr 13–15, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt. Hood, OR

(See January 19–21 trip description) ♦

## Welcome new member!

Joanne Fitzgerald

**August membership report:** 301 total memberships (200 single and 101 family). Last year at this time there were 320 memberships.

Glacier National Park

Ted Scheinman



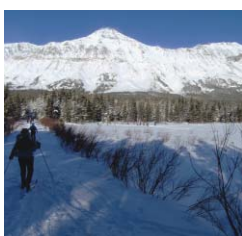
Glacier National Park

Pam Rigor



Glacier National Park

Ted Scheinman



## BOARD MEETING MINUTES

### Minutes of ONC-PDX Board Meeting June 27, 2017 at Mary Bourret' house

**Board Members Present:** Mary Bourret, Laurel Dickie, Ted Scheinman, Ken Wenzel, Tom Clark, and Tim Kral.  
**Board Members Absent:** Scott Diamond and André Fortin. **Other Members Present:** Susan Watt.

**General/Meeting Opening**

Minutes from last meeting are approved.

Next board meeting is August 29 at 7 p.m. at Mazamas Mountaineering Center (MMC)

### Reports

**Treasurer's Report:** The last several years have been very stable. Almost no change from previous years.

**President's Report:** No report

**Website:** No report

**Day Tours:** No report.

**Overnight Trips:** Reviewed ONTC minutes. ■ Ken talks to Bill and Bill to Clint and it seems like the system should be fine. The process would be to keep all trip applicants pending until trip leader accepts. Overnight is meeting with Bill to discuss this process. There needs to be a plan B in case the system fails. One option is emailing the application out—this provides immediate feedback. Second option is ask people to mail paper copies in at a certain date.

■ Alternate plan B is to do in person on an alternate date. ■ Other options to reduce the strain on the system is to stagger the signup: Use a lottery system based on last name, Spread out the signup over multiple dates to reduce load on the system. ■ How does website distinguish non-members, if someone is signing up for multiple people. MaryB tested the current signup for summer trip and it does not limit you to two people and does not look for other people. ■ Other topics from Susan: Leaders have been reminded to get forms in by July 15. Aiming for August 15 to get the information into newsletter. Need to nail down the trip schedule. Need commitments from trip leaders. Each trip leader needs to make their trip's government reservations. ■ Discussion was held about costs of trips are too high. The ONTC discussed this and they are looking to add closer to home. The board feels the trip prices are very

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reasonable compared to most commercial trips. ■ Paypal fees—should they be included in the trip fee or covered by increasing the membership fees? Board feels they should be in the trip fee not in membership. ■ Paypal fees—should this be built in to the trip fee and if it is should we lower the 10% surcharge? The Board wants the Treasurer to give us some financial guidance on this. ■ Joint trips with other ski clubs. In the course of a discussion about holding a joint ski trip with the Seattle ski club, an idea came up (Sam's) to hold a "leadership retreat" At the state level we've had joint events with other Oregon clubs. Sam should write up his proposal—but in general the board is in favor of this kind of connection. ■ Ken's comment: Should we pre-announce big trips on the website? Everyone felt this was a good idea.

**Tilly Jane General:** Proposal to raise the fees as proposed by André was passed.

**Membership:** Ted—to discuss with membership committee to see if they would like to take the lead on developing new initiatives or if they would welcome participation by other members. ■ Susan says she is willing to do her current activities (mail, membership renewal, meet and talk with people at meetings.) ■ Ted talked with Bill Neuman who is willing to help out with membership committee. Ted wrote a spotlight article on Bill for newsletter.

**Publicity:** No reports

**Nordic Issue:** No reports

**Trail Tending:** No report

### New Business

**Non-ski trip info in newsletter:** There is a Habitat for Humanity trip Ted and Ken Barker are discussing to Indonesia. Does the club have a policy about advertising this type of trip in the club newsletter? The answer is no there is no policy. Ken suggested a summer article in the newsletter would be fine. Or an article that "advertises" the Habitat trip and contact (Ken, Ted.) As long as it's clear that this is not a club trip.

**Leadership Training:** Board agreed we should hold leadership training before Thanksgiving in November. ■ Proposed leadership training. Tom reviewed the agenda of the training he is recommending. Discussion of organize vs leadership role of trip leads. Changing name of leader to trip coordinator would it be a wise move? Board did not make a definitive statement. It depends on the type of trip. The trip organizer/leader should set expectation of what the trip leader is expected to do for the specific trip. Board feels the direction is correct. ■ Susan suggests the continuity between the previous training and current training should be looked at.

**Next Board meeting:** September 26, 7:00 p.m. at Mazama MC

Mary Bourret, Vice-President

Methow Valley, WA



Scott Diamond

Methow Valley, WA



George Ammerman

Methow Valley, WA



Ted Scheinman

## CLASSIFIED ADS

**FOR SALE:** ► **Ski Boots** Salomon RC Carbon Prolink recreational/classic boot with NNN toe clip. Men's 10.5 with modified toe box. Worn just twice, excellent shape. These are great for someone who needs an extra wide toebox. Retail at \$249, asking **\$125**. **FOR SALE:** ► **Hiking Boots** Vasque Breeze III GTX Men's size 12 Vibram Megagrip sole, Goretex waterproofing, toe and heel ventilation ports. Color scheme - Brown/Olive Bungee Cord. Worn only once, like new condition.. Retail for \$180, asking **\$90**. **FOR SALE:** ► **Down Vest** Montbell Superior vest. Men's large, black. Like new condition. Very lightweight, packs down to about the size of a beer can. Comes with a stuff sack. Retail at \$109, asking **\$50**.

**Richard richard\_crimi@hotmail.com 503.726.8998 11/17**

**FOR SALE:** ► **Jacket** SWIX Delda Light Softshell Jacket, Wmn's sz. L, Byzantium—light purple w/ reflective trim, new w/ tags on, engineered in Norway, extremely functional (breathable, etc.), designed for Nordic skiing. Photos available. **\$100** (retail \$150). **FOR SALE:** ► **Boots** Mammot Mt. Vista LTH backpacking/hiking boots (Raichle of Switzerland). Wmn's EU sz 41 (US 8.5 - 9), worn once—too small. New condition. Vibram rubber outsole provides optimal grip on varying types of terrain. Features include Rolling Concept Technology, board-lasted,

rubber toe-cap, women's specific fit. **\$125**.

**Amy ablumenberg@comcast.net 503.241.2768 11/17**

**FOR SALE:** ► **Skis** Atomic Telepathic telemark skis 170cm with Voile Tele bindings and heel lifts. **\$75**. **FOR SALE:** ► **Bindings** Riva Super Loop ultralight telemark / backcountry touring bindings, new **\$60 OBO**. **FOR SALE:** ► **Boot liners** Scarpa Intuition ski boot thermo form liners. Used one season in T4s. Good for Alpine, AT, Telemark Size 30.5 (used in a 30 Scarpa Boot) Can be reformed several times. Should fit 29.5 to 30.5 shells. **\$65 OBO**. **FOR SALE:** ► **Ski Boots** AirTex NNN-BC Ski Boots, Thinsulate insulated, very warm, excellent condition. Size 47 **\$40 OBO**. **FOR SALE:** ► **Ski Helmet** GIRO ski helmet size Small fits child/adolescent **\$25 OBO**.

**Russ russ.bec@gmail.com 11/17**

**Deadline: 15th of the month** (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: **oncnewsletter@gmail.com as a MS Word document attachment preferred**—(with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

# Lapland off-trail camping— Stenudden to Kvikkjokk

Philip Mascher is a Swedish/German/  
American guy who has done a number of  
wilderness camping trips in Sweden and  
Mongolia. This summer, he went for 10  
days with his brother, walking from  
Stenudden to Kvikkjokk in Lapland  
(Sweden). He's got some pictures and  
tales to tell of their adventures.



Monthly meeting:  
Lucky Labrador Brewing Company (1945 NW Quimby St.)  
located between NW 20th Ave. and NW 19 Ave. in  
Northwest Portland.

Oregon Nordic Club, Inc., Portland Chapter  
P.O. Box 3906  
Portland, OR 97208-3906

**Lucky Labrador  
Brewing Company**  
1945 NW Quimby St.  
**Tuesday, September 5**  
6:30 p.m. Social Hour  
7:30 p.m. Program  
Food and beverages available \$

**Raffle:** Pick up a raffle ticket at the meeting for the  
drawing—you must be present to win.

## Upcoming programs

**October 3—ONC-PDX Overnight Trips**

Sign-up online at [onc-pdx.org](http://onc-pdx.org) starting after 12:01 p.m.  
on October 4

**November 7 – TBD**



Oregon Nordic Club  
**P O R T L A N D**  
**C H A P T E R**