

Ken Wenzel



## Trail tending at Glacier View Sno-Park

**On Wednesday, June 28, we had a beautiful day and continued** our work on the Crosstown Trail. We finished the brushing of the Enid Lake Loop and worked on clearing small alder along the road leading to Glacier View. In the afternoon we worked on Kurt's Connector to reopen an overgrown trail used in the past. It had been neglected making it a challenge thru the chest high bushes. We worked until 2:30 p.m. then stopped for the day. Our hard working crew consisted of Laurel Dickie, Steve Rearden, Larry Risch, Gordon Mathews, and Ken Wenzel. Many thanks for all the hard work! ♦

Ken Wenzel, *Trail Tending*

## A fantastic spread at the annual picnic

**The ONC-PDX annual picnic, July 11, was** a very pleasant evening with perfect weather, great food and fun conversation. We had about 20 people

Ken Wenzel



gathered and had a very wonderful time talking about past and future trips. So for those that missed out this year, start planning on coming next year. We had a fantastic spread of appetizers, main dishes and desserts! No one went home hungry. ♦

Ken Wenzel, *President*

## Save Tilly Jane fundraiser

**Help raise funds for repairing the Tilly Jane A-Frame.** Join us on Saturday, August 26 from 5:00 p.m. to 9:00 p.m. at KickStand Coffee & Kitchen, 1235 State St. in Hood River, Oregon.

The Tilly Jane A-Frame was built on Mount Hood, at 5,700 feet elevation, by the CCC in 1939. For the past 78 years, it's been a refuge for winter climbers, and a backwoods getaway for friends and families. The cabin is at a critical juncture. To maintain the structural integrity, it's going to take \$213,000 to do the required repairs to Save Tilly Jane.

The Tilly Jane Campaign has raised \$213,000, over half way to \$213,000, but we still need \$91,600 to hit our goal. For this event we hope to get \$9,000. All of the donated proceeds—100%—go to the restoration project.

Tilly Jane represents a legacy that's greater than us. Help us preserve the legacy. Donate \$10 and get a custom Tilly Jane pint glass and a beer! Donate \$20 and you get a custom Tilly Jane t-shirt! Cashed preferred.

*continued on page 3*

## Inside

- 2 Upcoming Events**
- 3 Volunteer Opportunities**
- 4 Day Tours**  
Trail Tender  
**Nordic/News Issues**  
Mt. Hood NF  
Eagle Creek trail closure  
Gifford Pinchot NF  
Road closure
- 5 Overnight Trips**  
Mt. Rainier backpack
- 6 Club Discounts**  
**Overnight Trip Application**
- 7 Classified Ads**



Ken Wenzel

**Join us for a trail tending party**

See schedule page 5

## Board Members

**Ken Wenzel,**  
*President*  
503.297.2958  
skiwenzel@hotmail.com  
oncpdxpresident@gmail.com

**Mary Bourret,**  
*Vice-President*  
503.201.3940  
marylbouret@gmail.com

**Tim Kral, Treasurer**  
timkral@gmail.com

**Scott Diamond,**  
*Secretary*  
scott.diamond.mail@gmail.com

**André Fortin**  
afortin85@gmail.com

**Ted Scheinman**  
503.452.7432  
tedskier@gmail.com

**Tom Clarke**  
360.690.5634  
mountainclimber1239@hotmail.com

**Laurel Dickie**  
503.287.6290  
laureldickie@hotmail.com

## Committees

**Day Tours:**  
oncdaysatours@gmail.com

**Laurel Dickie**  
503.287.6290  
laureldickie@hotmail.com

**Barbara Hayman**  
bh13@att.net

continued on sidebar page 3

## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication).

Send submissions to oncnwsletter@gmail.com as a Microsoft Word document (**no formatting** i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (**preferred**); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.**  
P.O. Box 3906  
Portland, OR 97208

## U P C O M I N G E V E N T S

### August 2 ▶ WEDNESDAY Backpacking the Eagle Cap Wilderness

6:30 p.m. – 8:30 p.m. Portland REI.  
Free! Info/sign-up: rei.com/learn.html

### August 6–27 SUNDAYS Historic Cloud Cap Inn tours

11:00 a.m. or 1:00 p.m. 45 minute to one hour tours of the historic Cloud Cap Inn high on the east side of Mt. Hood. Experience this classic Cascades 1889 landmark and for over 50 years the operations base for the Crag Rats, the country's oldest mountain rescue group. Cloud Cap Inn is listed on the National Register of Historic Places. The building has endured years of extreme winters and mountain storms, and has been one of the unique and truly exceptional destinations on Mt. Hood for the last 100 years. The views are incredible from the Inn. Reservations (limited to 12 people per tour) and directions: 541.352.6002.

### August 9 ▶ WEDNESDAY Find Your Park: Crater Lake National Park

6:30 p.m. – 8:30 p.m. Hillsboro REI.  
Free! Info/sign-up: rei.com/learn.html

### August 16 ▶ WEDNESDAY Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:30 p.m. Tualatin REI.  
Free! Info/sign-up: rei.com/learn.html

### August 19 ▶ SATURDAY Backpacking Basics II: What's Inside Your Pack

6:30 p.m. – 8:30 p.m. Clackamas REI.  
Free! Info/sign-up: rei.com/learn.html

### August 18–20 ▶ FRIDAY–SUNDAY Pacific Crest Trail Days

Fri: 2:00 p.m. – Sun: 11:00 a.m., Cascade Locks, OR.  
The latest outdoor products and gear, free classes and activities, watch an outdoor photography show and a

documentary film, help with a trail work party, go for a hike or bike, and camp under the stars. Raffle proceeds go to Pacific Crest Trail Association and American Long Distance Hiking Association–West  
Info: pctdays.com

### August 30 ▶ WEDNESDAY Lightweight Backpacking Basics

6:30 p.m. – 8:30 p.m. Hillsboro REI.  
Free! Info/sign-up: rei.com/learn.html

## Clinics & Training

### Oct and Nov ▶ SATURDAYS 2017 Fall XC Training Series Portland, OR

The schedule will be posted in mid-September for this year's conditioning sessions for XC skiers of all abilities.

Info: xcOregon.org teacupnordic.org  
Sponsor by: Teacup Lake Nordic Club and XC Oregon race team

### December 1–10 ▶ FRI–SUN 2017 Oregon Fall Camp Mt. Bachelor, OR

Start your ski season off with one of the best camps in the XC ski world! Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether you ski that particular morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert.

Registration is open. (select any date combination and number of days)

Info: xcOregon.org/oregon-fall-camp

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 4)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: **oncmembership@gmail.com**

## ONC-PDX BOARD SKI TRACKS

### The Portland Chapter ONC board has been

busy in several different areas this spring. In response to member dissatisfaction with last year's overnight trip sign up, we have been working with the overnight trip committee on ways to improve registration. We are investigating using our online website system. This may require a system test using member volunteers this summer to shake out problems. More details are coming up on that this summer.

We welcomed a new board member, Tom Clark, an avid outdoorsman. Tom is working to update our trip leader training manual and offer a training class to get more qualified leaders, so we can offer more trips. Training will be offered in November.

Tilly Jane A-Frame has been making great progress on needed repairs and on fundraising for more repairs coming up. This last winter they also took on managing the Tilly Jane Guard Station since the Gorge Chapter needed to bow out of its operation.

We are working on getting our liability waiver form more current in regards to legal protection for both our online registration, the Tilly Jane A-Frame and for the Tilly Jane Guard Station and for our insurance carrier and the Forest Service.

We have also been testing and trying ways to recruit more new members and retain them and ways to promote cross-country skiing and grow ONC-PDX.

◆  
Ken Wenzel, *President*

### Save Tilly Jane fundraiser continued from page 1

Buy raffle tickets: \$5 for one ticket or \$20 for five tickets with prizes sponsored by Slingshot, Patagonia, and more. There will be a silent auction of Mt. Hood inspired art created by local artists. DJ Mexi will be spinning the finest funk, soul, hip-hop, reggae, and party breaks.

Thanks to beer sponsors Double Mountain Brewery and Hopworks Urban Brewery, Kickstand will generously donate 10% of food and beverage sales.

If you can't make it, please support the SAVE TILLY JANE campaign by going to the Tilly Jane facebook page or our website onc-pdx.org click on Tilly Jane A-Frame (donation link at the bottom).

This event is hosted by Tilly Jane A-Frame and Blue Collar Agency.

◆  
Andr  Fortin, *Tilly Jane A-Frame*

## VOLUNTEER OPPORTUNITIES

**Tour leaders** There is an ongoing need for individuals to all levels of day tours.

**Nordic Issues** Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

**Tilly Jane A-Frame** There is a need in a number of areas. Info: [tillyjanecabin@gmail.com](mailto:tillyjanecabin@gmail.com)

**Public Relations** Provide outreach for the club. Give presentations on the club and skiing in Oregon.

**Membership** Process membership applications. Maintain membership database. Analyze membership (demographics, where new members are coming from, other trends) and report to board. Identify recruitment opportunities.

**Volunteer Tracking** Help track volunteers from all areas of the club (overnight, day tour, trail maintenance, committees, etc.). Manage volunteer recognition. Arrange volunteer recognition gift and track distribution to volunteers. Assist with recruitment.

**Summer Trip/Tour Leaders** expand the club's activities during the non-snow months.

**For more info and to volunteer contact**  
**Mary Bourett** [marylbourett@gmail.com](mailto:marylbourett@gmail.com) ◆

## Columbia Sportswear invites members to Employee Store

### Columbia Sportswear Company's end-of-

summer season sale at their Employee Store is open to ONC-PDX members till August 20. All Columbia brands are included. This discount is a benefit of ONC-PDX membership, other benefits are listed on page 6 of this newsletter.

Bring the invite letter (attached to the email sent with your e.newsletter) with you (or show invite letter to the receptionist on your mobile phone), your membership card (if you are missing your membership card please contact the following email [oncpxwebsite@gmail.com](mailto:oncpxwebsite@gmail.com) for a replacement), and personal photo ID to the store reception desk. Columbia Sportswear Employee Store, 14100 NW Science Park Drive, PDX, Phone: 503.985.4125. Hours: Mon-Fri 10:00 a.m.-7:00 p.m., Sat-Sun 10:00 a.m.-6:00 p.m.

This invite is non-transferrable, but you are welcome to bring your family and friends with you (up to four guests per person). And you can come back multiple times until August 20. ◆

**Scott Diamond**

[scott.diamond.mail@gmail.com](mailto:scott.diamond.mail@gmail.com)

**Terry Owen**, *Wednesday ski tours*

[terryowen1@gmail.com](mailto:terryowen1@gmail.com)

**Membership:**

**Ted Scheinman**

503.452.7432

[tedskier@gmail.com](mailto:tedskier@gmail.com)

**Susan Kelly**

503.706.6463

[susankilduffkelly@gmail.com](mailto:susankilduffkelly@gmail.com)

**Bill Yaeger**, *Database*

[w.yaeger@comcast.net](mailto:w.yaeger@comcast.net)

**Barbara Sack**

503.978.9475

[barbara3820@earthlink.net](mailto:barbara3820@earthlink.net)

**Pam Rigor**

[oncmembership@gmail.com](mailto:oncmembership@gmail.com)

**Nordic Issues:**

**Mitch Auerbach**

503.281.4809

[mauerbachfso@yahoo.com](mailto:mauerbachfso@yahoo.com)

**Pam Rigor**,

[oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com)

**Overnight Trips:**

[oncpx.ontrip@gmail.com](mailto:oncpx.ontrip@gmail.com)

**Susan Watt**, Chair

503.201.3977

[susniam@gmail.com](mailto:susniam@gmail.com)

**Sam Digard**

360.910.1714

[sam.digard@gmail.com](mailto:sam.digard@gmail.com)

**Ann Truax**

503.756.8891

**Programs:**

**Ron Bekey**

503.475.0084

[rbekey@gmail.com](mailto:rbekey@gmail.com)

**Publications:**

**Pam Rigor**,

*Newsletter Editor*

[oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com)

**Bill Yaeger**,

*Newsletter Distribution*

503.888.8543

[w.yaeger@comcast.net](mailto:w.yaeger@comcast.net)

**Publicity:**

vacant

**Tilly Jane A-Frame:**

**Andr  Fortin**

[tillyjanecabin@gmail.com](mailto:tillyjanecabin@gmail.com)

**Trail Maintenance:**

**Ken Wenzel**

503.297.2958

[skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)

**Website:**

**Bill Yaeger**, *Webmaster*

503.888.8543

[w.yaeger@comcast.net](mailto:w.yaeger@comcast.net)

## DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

## NORDIC ISSUES/NEWS

**Volunteers are needed to help with Nordic Issues.** Do you have some time to track issues that affect skiers? Contact board members (see sidebar page 2) to volunteer.

### Mt. Hood National Forest

**Trail closures in Eagle Creek Trail area** The Forest Service closed some trails near the Indian Creek fire in the Columbia Gorge. The trails affected include Eagle Creek Trail #440, from the boundary with Mark O. Hatfield Wilderness (to the north) to its terminus at the junction with the Pacific Crest Trail. The closure includes adjacent trails Eagle Benson #434, Indian Springs Trail #435, Eagle Tanner Trail #433 and Tanner Butte Trail, south of Tanner Butte. Closure signs are posted in the area.

### Gifford Pinchot National Forest

**Forest Road 26 Closed** Norway Pass and Goat Mountain in the Mount Margaret area are both inaccessible due to surrounding road closures. Forest Road 99 suffered damage over the winter and spring and is not expected to open until late July or early August. Forest Road 26 is closed between Ryan Lake and milepost 8 due to washout, preventing access from the north. Backcountry hikers to Mount Margaret Backcountry will need to start from west side locations such as South Coldwater Trailhead or Johnston Ridge Observatory

Mitch Auerbach, *Nordic Issues*, Pam Rigor, *Editor*

## Trail work at Old Man Pass

### Saturday July 8 started out with perfect

summer weather for trail tending. I drove to the Transit center and picked up my two other partners for the day, Terry Helland and Mitch Auerbach. We enjoyed the blue sky day as we drove up the gorge and up the Wind River on our way to Old Man Pass. We had a nice cool start as we worked cutting and pulling small trees on the Trail 148 which is part of the Scenic Loop Trail. The trail was in need of a good hair cut, cutting the larger trees and pulling the very small baby tree starts. We made it down the trail about one mile and at 2:30 p.m., decided it was time to say "uncle" and ride back on my bike to retrieve my car and head for home. So as we all learned, there is always another day! Time to schedule another workday to finish the job.

Ken Wenzel, *Trail Tending*

## DAY TOURS

**Note: if weather or road conditions are dangerous, please check with the leader.**

**More tours will be listed on these websites:**

**[onc-pdx.org/activities/day-tours](http://onc-pdx.org/activities/day-tours)**

**[onc-pdx.org/forums](http://onc-pdx.org/forums)**

**[meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)**

**Note: dogs are only allowed on tours**

### August 9, Wed, Trail Tending Party

**Pocket Creek/Meadows Creek Trail, Mt. Hood, OR**

Plan on leaving Portland at 8:00 a.m. and working until 2:00 p.m. Please wear boot and bring gloves (gardening gloves work well), lunch, and water. **For more info and to volunteer or lead this trail tender contact: Ken Wenzel 503.729.6571 cell [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)**

### Common meeting places: Gateway Transit


Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMinnams Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

## Lets hike or bike

### Join the ONC-PDX leadership team...

Pick your favorite hiking or biking trail/route and take some of your ONC-PDX friends along to enjoy the outdoors.

Submit your tour using the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or just send an email with the tour description (by **August 14, 8 p.m. for the September newsletter**) to day tours at [oncdaytours@gmail.com](mailto:oncdaytours@gmail.com). Tour descriptions sent after the deadline will be posted on the website and, if you wish on meetup. Last minute tours can be added too.

New to leading tours and need more info on how to get started? Send us an email and we'll get you up to speed.  Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee

## Bird Creek Meadows-Bench Lake work party

### The Washington Trails Association (WTA)

will be working to restore the trails around Bird Creek Meadows and Bench Lake on the weekend of September 1-3. The Cougar Creek forest fire damaged this area in 2015. Join WTA for one or more days.

Info and to sign up go to: [wta.org/volunteer/schedule/workparty/a2mA0000008pjX5](http://wta.org/volunteer/schedule/workparty/a2mA0000008pjX5)  
206.625.1367 [volunteer@wta.org](mailto:volunteer@wta.org)

## Trail tending schedule

### It's time to set aside a day to work on

the ski trails. Volunteer to lead or assist with one of these trail tending parties or just come and help. **To volunteer contact: Trail Tending Coordinator Ken Wenzel 503.297.2958 skiwenzel@hotmail.com.**

**What to bring:** Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

### Summer trail tending schedule:

**August 9, Wed, Trail Tending Party**  
Pocket Creek and Meadows Creek Trail, Mt. Hood, OR  
See day tours schedule for info.

**September 13, Sat, Trail Tending Party**  
Pocket Creek Tie Trail, Mt. Hood, OR

We'll be working on the Pocket Creek Tie Trail connector that connects to Teacup Lake, brushing and putting up blue diamonds. **For more info and to volunteer or lead this trail tender contact: Ken Wenzel 503.729.6571 cell skiwenzel@hotmail.com**

**October TBD, Trail Tending Party (installing signs)**  
Crosstown Trail, Mt. Hood, OR

Help us install signs on the Crosstown Trail dividing the trail into two lanes, a snowshoe and dog lane and a skier only lane. ♦

## Portland Sunday Parkways

**Outer Northeast Portland Sunday Parkways**  
August 20, 11:00 a.m. – 4:00 p.m. Free!

This 6.4 miles route will take you to Knott, Thompson, East Holladay and Hazelwood Hydro Parks. These new parks will be overflowing with music, food, and fun finds.

**Sellwood Portland Sunday Parkways (8 miles)**  
September 24, 11:00 a.m. – 4:00 p.m. Free!

This year is the last year of the City of Milwaukie and Portland partnership for the Sellwaukie route. Come out and join this 8 mile scenic route and end the Sunday Parkways season with a bang! ♦

**Info/maps:** [portlandoregon.gov/transportation/46103](http://portlandoregon.gov/transportation/46103)

## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ♦ Overnight trips are exclusively for members; join or renew your membership before signing up.
- ♦ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ♦ Read the overnight trip policies (see side-bar p. 7)!
- ♦ Sign up early so we'll have enough people to cover trip costs: sign-ups can be made on the website ([onc-pdx.org/acitivities/overnight-trips](http://onc-pdx.org/acitivities/overnight-trips)) or fill out an overnight trip application and mail it with your trip fee to the trip leader (make checks payable to ONC-Portland Chapter).
- ♦ If the trip is full, join the waiting list by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- ♦ Purchase trip insurance. You are responsible for finding someone to take your place if you cancel.

**August 18–20, Fri–Sun, Advanced Backpack**  
Sunrise Trail, Mt. Rainier National Park, WA  
**Trip full, waiting list open\***

The trip starts at the Sunrise Trailhead, on the Northeast side of Mt. Rainier, and we'll go through Berkeley Park, on to Grand Park, then to Lake Eleanor, where we'll spend the night. We'll return to the trailhead on the same route for a total distance of 9.2 miles.

Friday night we'll camp at the White River Campground and head out on the trail to Lake Eleanor on Saturday morning at 9:00 a.m. The plan is to make it to Lake Eleanor by 3:00 p.m. On Sunday we'll leave camp sometime between 9:00 a.m. and 10:00 a.m., arriving back at the Sunrise Trailhead around 3:00 p.m.

Highlights of the area include Grand Park, which is a wide-open area with a great view of Mt Rainier with wildflowers, one the memorable sites of the Northern Loop.

This is an advanced trip; please be prepared to hike long distance with a full pack. Participants need to have the required gear (tent, pack, stove, water purification method etc...).

**Trip Limit: 9 participants (includes leader)**

**Cost \$20/member, per person. Includes permit for backpacking. Not included: carpooling and White River camping sites, which cost \$20 per night.**

Send an ONC-PDX overnight trip application and check (made out to ONC-Portland Chapter) to the trip leader Tom Clarke (contact Tom for mailing address). Or members can sign-up on-line via the club's website (under Activities and Events click on Overnight Trips). For more info contact Tom: [mountainclimber1239@hotmail.com](mailto:mountainclimber1239@hotmail.com). A pre-meeting will be held before the trip to arrange carpooling and meal sharing/planning, if so desired. Time and place of pre-meeting is TBD. ♦

cont. from sidebar page 4

includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

**Novice Ski Tour**  
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

**Easy Tour**  
**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.  
**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate Tour**

**Ski:** 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5–7 miles per day; 200 to 400  
continued on sidebar page 6

cont. from sidebar page 5  
ft. per mile elevation  
gain.

#### Advanced Tour

**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

#### OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.

2. The first overnight trip application opportunity is at the October ONC-PDX meeting and at the designated time. The member must submit this application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign up-date, openings are filled on a first-come, first-serve basis, based on the time/date the application is received by the trip leader. Overnight trip leaders have the privilege of signing up for any ONC-PDX overnight trip prior to

continued on sidebar page 7

## Discounts for ONC-PDX members

**Columbia Sportswear**, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week of 30% discounts. Membership card required. [columbia.com](http://columbia.com)

**Mountain Hardwear**, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [mountainhardwear.com/Stores\\_Portland.html](http://mountainhardwear.com/Stores_Portland.html)

**The Mountain Shop**, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

**Oregon Mountain Community**, 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto's Ski & Bike Shop**, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy'East Nordic Ski School** offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. [wyeastnordic.com](http://wyeastnordic.com)

### Oregon Nordic Club Portland Chapter Overnight Trip Application

TRIP NAME:

DATES:

YOUR NAME:

One application per person

Most trips are double occupancy. ☐ Share room with \_\_\_\_\_, or ☐ have leader arrange.

TRIP COST: \$

DEPOSIT ENCLOSED:\$

I AM A MEMBER OF ONC CHAPTER\*:

\*You must be a current ONC member to participate in overnight trips. Signing up with membership pending is allowed.

Membership sign-up on-line at [onc-pdx.org/membership-account/membership-levels](http://onc-pdx.org/membership-account/membership-levels) or use this paper application.

Mail a check made out to **ONC-Portland Chapter** to the trip leader with this **completed application**, or e-mail this signed application to the trip leader and pay on-line from [onc-pd.org/activities/overnight-trips](http://onc-pd.org/activities/overnight-trips)

ADDRESS:

CITY:

STATE:

ZIP:

E-MAIL\*\*:

PHONE\*\*:

☐ Cell  
☐ Home  
☐ Cell  
☐ Home

EMERGENCY CONTACT:

PHONE:

\*\* If you do not have an e-mail and cell phone, contact the leader to arrange communication.

#### Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club Portland Chapter (ONC-PDX) outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC-PDX activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the ONC-PDX is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the ONC-PDX and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the ONC-PDX or its agents, tour leaders, officers, or instructors.

Please read ONC-PDX's overnight trip policies located on the side-bar starting on page 6 before signing up for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip.

I have read and understand the above statements concerning ONC-PDX's programs.

SIGNATURE:

DATE:

CHECK #

(Parent or Guardian must sign if the trip participant is under 18 years of age)

**TRAVEL INSURANCE** Commercial travel insurance is available from a variety of providers. A list of insurance options are available on our website ([onc-pdx.org/resources/trip-insurance/](http://onc-pdx.org/resources/trip-insurance/)). ONC-PDX does not endorse any of these agents or providers.

TRIP NAME:

DATES:

TRIP COST: \$

DEPOSIT: \$

☐ Participation confirmed

☐ Wait list

### Welcome new members!

No new members this month

**July membership report:** 300 total memberships (200 single and 100 family). Last year at this time there were 320 memberships.

# Triangulation Peak and Boca Cave hike

**On June 29 hikers went to Triangulation Peak and Boca Cave off of Hwy 22 out of the town of Idanha, Oregon.**



Dean K

Dean K

# More photos from the ONC-PDX annual picnic



Ken Wenzel

Ted Scheltnan

cont. from sidebar page 6 the October meeting.

3. Restrictions on participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for the safety of all trip participants. The trip leader may also limit participation based on accommodations.

**WAITING LIST**

4. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

## Trip Cancellation Policy

5. If canceling, contact the trip leader immediately. There may be a wait list.

6. Participants are responsible for finding a replacement which may include contacting people on the wait list.

7. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended.

8. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10 administration fee.

9. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

## Travel Insurance

onc-pdx.org/resources/trip-insurance

ONC-PDX does not endorse any of these agents or providers.

# BOARD MEETING MINUTES

No board minutes available

# CLASSIFIED ADS

**FOR SALE: ► Skis,** Atomic Telepathic telemark skis 170cm with Voile Tele bindings and heel lifts. **\$75** **FOR SALE: ► Bindings** Riva Super Loop ultralight telemark / backcountry touring bindings, new **\$60** OBO. **\$75.** **FOR SALE: ► Skis** Karhu XCD back country skis 190cm, 3-pin bindings **\$65** OBO. **FOR SALE: ► Boot liners** Scarpa Intuition ski boot thermo form liners. Used one season in T4s. Good for Alpine, AT, Telemark Size 30.5 (used in a 30 Scarpa Boot) Can be reformed several times. Should fit 29.5 to 30.5 shells. **\$65** OBO. **FOR SALE: ► Ski Boots** AirTex NNN-BC Ski Boots, Thinsulate insulated, very warm, excellent condition. Size 47 **\$40** OBO. **FOR SALE: ► Ski Helmet** Romer full coverage ski helmet, adjustable vents, size Large. **\$40** OBO. **FOR SALE: ► Ski Helmet** GIRO ski helmet size Small fits child/adolescent **\$25** OBO. See photos here, open to all offers: <http://portland.craigslist.org/clk/spo/5906927755.html> **Russ russ.bec@gmail.com** 7/17

**FOR SALE: ► Jacket** SWIX Delda Light Softshell Jacket, Women's size. L, Byzantium—light purple with reflective trim, new

with tags on, engineered in Norway, extremely functional (breathable, etc.) and specifically designed for nordic skiing. Photos available. **\$100** (retail \$150; very limited U.S. supply).

**FOR SALE: ► Boots** Mammot Mt. Vista LTH Backpacking/Hiking Boots (made by Raichle of Switzerland). Women's EU size 41 (US 8.5 - 9), worn once—too small. Brand new condition. Versatile boots for backpacking and hiking in all weather. Vibram rubber outsole provides optimal grip on varying types of terrain. Features include Rolling Concept Technology, board-lasted, rubber toe-cap, women's specific fit. **\$125**

**Amy ablumenberg@comcast.net 503.241.2768 7/17**

**Deadline: 15th of the month** (for next month's publication). Free ads are for members only, placed on a first come basis and may be edited depending on space availability. Send to: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a MS Word document attachment preferred—(with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.

**Portland, OR 97208-3906**

