

FEBRUARY

Ochoco powder and negative temperatures

We departed Portland Friday morning, January 6, with thoughts of powder snow on our minds. The snow

gods did not disappoint, but we had to earn it. Arriving in Prineville in time for lunch, the town looked like Nome, Alaska—snow piles higher than parked cars—parking at a premium, because of the amount of snow on the side of the road. After a good lunch at



Ochoco Brewing, we drove to the house and started shoveling the walkway. Once inside we discovered that the negative-thirteen degrees had frozen the kitchen sink water pipes.

After the problems resolved we dressed in a hurry, then headed out to ski driving to Walton Lake Sno-Park, which had eight inches of fresh powder. As we broke trail, we stopped every few minutes to take in the wonderful sunset as it developed. It was fantastic

skiing, but short lived since we needed to get back before dark. As we drove down the hill Scott noticed it was three degrees outside.

The next morning we headed back to our broken trail—not wanting to waste our efforts. We continued on the Corral Loop under steady snowfall, some wind, and temps in the teens. We all returned to the cars at about 1:30 p.m. and headed back to the house for lunch. Afterwards Scott and I skied up the hill behind the house making fresh laps until dark in the deep powder. Donna went out and skied the road and forest until happy hour!

Sunday we woke to thirty-four degrees and snow. But by the time we packed, it was raining. So we switched our plan from going to Bandit Springs and headed back to Walton Lake to take advantage of the higher elevation. We were soon back in fresh snow breaking trail on the Lake Loop. It got heavier and deeper as the day went on. At 1:00 p.m. we skied back to the cars. The drive was a wild ride in deep snow, but we made it, and also saw wild horses in the trees on the drive out.

It was a slow trip home as the snow turned to rain then to freezing rain on the way west. We stopped to brake the ice out of the wheel wells several times. It was a very enjoyable weekend and we never saw another ski group the whole weekend. Participants: Tim Kral, Scott Diamond, Louise Brown, Kathy Burns, Mike Willis, and Donna Wiench

Ken Wenzel, Trip Leader

The Methow Valley—the place to be for New Year's Week!

The skiing in the Methow Valley is the best skiing in the Northwest (or further). With more than a hundred miles of groomed trails, from town to town, your perfect ski trail is easy to find. Trails go from Methow to Mazama to Sun Mountain. On certain days, you can take a bus from one end to the other, so you can ski a trail one way.

This year's ONC-PDX trip was super! Twelve ONC-PDX members skied for four days, on freshly groomed trails along rivers, through valleys, and on mountains (Sun Mountain)—in some of the most beautiful areas you can imagine. We had potluck gourmet meals prepared by the world's finest chefs (ONC-PDX trip members)! We sampled the best beer that Methow can offer. We had an exciting New Year's Eve, when we watched the latest movie—*Young Frankenstein*. We stayed up late, sometimes to even 9:00 p.m.! (see photo page 4)

Ted Scheinman, Trip Leader

Columbia Store Once again the Columbia

Sportswear Employee Store is open—until February 5—to current ONC-PDX members. The hours are Monday through Friday 10:00 a.m. to 7:00 p.m., Saturday through Sunday 10:00 a.m. to 6:00 p.m. Bring the Invitation Letter that was attached with your e-newsletter (also sent out by a forum email in January) or show it on your mobile devises, your membership card, and photo ID. The store is located at 14100 NW Science Park Dr., a map is on the Invitation Letter.

Inside

- 2 Upcoming Events
- 3 Volunteer Opportunities Nordic/News Issues Mt. Hood NF Snow Levels/Road Conditions Gifford Pinchot NF Mt. St. Helens Marble Mountain Sno-Park Inaccessible
- **5** Day Tours
- 6 Overnight Trips Spaces available on: Scottish Lakes High Camp Crater Lake Tilly Jane A-Frame Tilly Jane Guard Station
- **10** Club Discounts Overnight Trip Application
- 11 Classified Ads



Scottish Lakes High Camp See trip details page 7.

Board Members

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Committees

Day Tours: oncdaytours@gmail.com Laurel Dickie 503.287.6290 laureldickie@hotmail.com Barbara Hayman bh13@att.net Scott Diamond scott.diamond.mail@gmail.com Terry Owen, Wednesday ski tours terryowen1@gmail.com

EDITORIAL NOTES

continued on sidebar page 3

The deadline for submissions is the 15th of the month (for the next month's publication). Send submissions to oncnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. Corrections: e-mail corrections and/or additions to the editor. This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906 Portland, OR 97208

2

UPCOMING EVENTS

Feb 4-5 → SATURDAY-SUNDAY Cabin Fever Days

Activities include skiing, crafting, eating, our annual Snow Ball Costume party, and much more! Info: troutlakewashington.com/events-2/cabin-fever-days Sponsored by: Trout Lake Grange, Mt. Adams Institute, Cascade Wellness Clinic, Mt. Adams Ranger District, Trout Lake Area Business Association

Feb 5 → SUNDAY

Teacup Lake Ski-Orienteering

10:00 a.m. – 1:30 p.m. Teacup Nordic groomed trails, Teacup Sno-Park. Beginners at orienteering are welcome. \$10 per adult skier trail fee (kids 6–18 free). Info: croc.org (check website before leaving town)

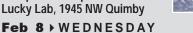
Feb 6-11 → MONDAY-SATURDAY Banff Mountain Film Festival

February 6–8 at Cinema 21, 616 NW 21st Ave., doors at 5:30 p.m., films at 7:00 p.m.; February 9–11 at Revolution Hall, 1300 SE Stark St. Tickets on sale at Portland Metro REI locations. \$18/ REI members only, \$20/day of show, if available. Proceeds benefit Adventures Without Limits

Feb 7 → TUESDAY

Cross-country Skiing Mt. Hood/Beyond 6:30 p.m. – 8:30 p.m. Hillsboro REI, Presented by ONC-PDX. Free! Info/sign-up: rei.com/learn.html

Feb 7 → TUESDAY Wapta Icefield ski traverse: Canadian Rockies ONC-PDX monthly program 6:30 p.m.-9:00 p.m.



Avalanche Awareness Clinic

7:00 p.m. – 8:30 p.m. Mountain Shop, 1510 NE 37th Ave. Free! Info: mountainshop.net (see "events" under "community")

Feb 12 • WEDNESDAY

Annual Tour for the Heart

11:00 a.m. Mt. Bachelor Nordic Center, OR. Fun cross-country ski or snowshoe 5km event. New this year: Ski Your Age (total kilometer for the day) Register: tourfortheheart.org

Benefit for Oregon chapter of American Heart Association, focusing on women's heart disease education/research

Feb 13 → MONDAY Hoppy Adventure Hour: Backpacking the Sierras to Mt. Whitney

6:30 p.m. – 8:30 p.m. Lucky Lab, 1945 NW Quimby St. Free!

Feb 16 → THURSDAY

Preparing for the Unexpected-Outdoor Emergency Basics

6:30 p.m. – 8:30 p.m. Portland REI. Free! Info/sign-up: rei.com/learn.html

March 4 → SATURDAY Ski the Glade

Ski the groomed Glade Trail on Mt. Hood all-day event \$100/museum members, \$125/nonmembers (includes membership. Purchase tickets: 503.272.3301.

Includes: shuttle, lunch, apres-ski reception, and a couple of beverage tickets. Info: Janet 503.970.3810. mthoodmuseum.org

Sponsors: Timberline Lodge, the Village of Government Camp, Oregon's Mt. Hood Territory and EcoShuttle.

Clinics & Training

Mar 12 → SUNDAY (rescheduled from Jan) Annual Tea Party and Cross-Country Ski Clinic

10:30 a.m. – 2:00 p.m. Registration: 10:30 p.m., Tea Party: Noon – 2 p.m. Teacup Nordic groomed trails, Mt. Hood. \$10 donation appreciated from non-Teacup members. Info: teacupnordic.org Tea courtesy of Stash Tea, a sponsor of the Teacup Youth Nordic Team

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- > Free day tours; overnight trips, exclusively for members
- Clinics and lessons
- Discounts at selected merchants (see page 10 side-bar)
- Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- Meet new friends who ski, hike and bike
- Monthly newsletter with free classified ads
- Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: **oncmembership@gmail.com**



ONC-PDX BOARD SKI TRACKS

It was cold and the snow was fresh and

deep; the cross-country skiing should have been terrific. But some of us were shuffling along through the woods due to ice build up on our skis. No joyful kick and glide meant a lot of frustration for everyone.

The day began great. We started up the Mud Creek Loop from Trillium Lake loop. The snow was fresh, deep and very cold but by midday our skis started to collect a layer of ice that caused numerous stops to scrape and reapply glide wax. (We tried both Maxiglide and F4.) This application would work for ten minutes and then the icy mess built up again. No amount of stomping or rubbing took off the ice. We had to take off our skis, scrape each ski and clip back in. All of this in two feet of powder, so many comical positions were observed.

After two or three times, someone mentioned they were carrying paraffin wax so we applied it. It worked fine. After rubbing on the paraffin everyone was able to glide back to the cabin. That evening people rubbed on a bit more paraffin in the warmth of the cabin. The next day no one had an icing problem.

So what happened? Waxless or No-wax is a misnomer in that it indicates no waxing is required. The textured or patterned surface underfoot that grips the snow eliminates the need to apply a kickwax for grip. I like to think of these types of skis as "Wax Less" because your skis still need to be waxed periodically.

I worked several years in a ski shop, before the invention of no-wax skis, so I am comfortable cleaning and re-waxing my skis. I like to apply a base wax at the beginning of the ski season and use Maxiglide (or equivalent) every day. There are several websites that explain waxing, but it you aren't comfortable waxing your own skis, or don't want to bother, ski shops like Mountain Shop will do it for a very reasonable price.

And don't go into the woods without a scraper! You can use the edge of any plastic item you have with you such as an "old fashioned" plastic compass or your driver's license. Or like me, you can wear a hole in the finger of your glove by using your fingernail. (Not recommended; gloves are expensive.)

Mary Bourret, President

VOLUNTEER OPPORTUNITIES

Contact a board member (see the sidebar on page 2) for more info and to volunteer.

Tour leaders There is an ongoing need for individuals to all levels of day tours. Nordic Issues Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

Overnight Trip committee members Join the committee that puts the overnight ski trips together each season.

Public Relations Provide outreach for the club. Give presentations on the club and skiing in Oregon. **Membership** Process membership applications. Maintain membership database. Analyze membership (demographics, where new members are coming from, other trends) and report to board. Identify recruitment opportunities.

Volunteer Tracking Help track volunteers from all areas of the club (overnight, day tour, trail maintenance, committees, etc.). Manage volunteer recognition at fall meeting. Arrange volunteer recognition gift and track distribution to volunteers. Assist in volunteer recruitment.

Tilly Jane A-Frame There is a need in a number of areas related to planned structural work at the A-Frame. In particular there is a need for grant writers and individuals able to connect with other organizations and businesses for fund-raising.

NORDIC ISSUES/NEWS

Volunteers are needed to help with Nordic

Issues. Do you have some time to track issues that affect skiers? Contact board members (see sidebar page 2) to volunteer.

Mt. Hood National Forest Snow Levels/Road Conditions Info about snow

levels at the sno-parks can be found on this website: www.fs.usda.gov/activity/mthood/recreation/ wintersports/?recid=52770&actid=91 For road conditions check: tripcheck.com For avalanche conditions check: nwac.us

Gifford Pinchot National Forest Marble Mt. Sno-Park Inaccessible On January 20 a landslide closed Forest Road 83 making Marble Mountain Sno-Park on the south side of Mt.

St. Helens inaccessible. Also the breakdown of plowing equipment has been a problem. There is limited parking at Cougar Sno-Park and parking along the plowed road is illegal except for in pull-outs. Wind River As of January 29 the roads are open, but watch for changing conditions due to the high winds. Info: winter@co.skamania.wa.us Mitch Auerbach, Nordic Issues, Pam Rigor, Editor

Membership: Ted Scheinman 503.452.7432 tedskier@gmail.com Susan Kellv 503.706.6463 susankilduffkelly@gmail.com Bill Yaeger, Database w.yaeger@comcast.net Barbara Sack 503.978.9475 barbara3820@earthlink.net Pam Rigor oncmembership@gmail.com Nordic Issues: Mitch Auerbach 503.281.4809 mauerbachfso@yahoo.com Pam Rigor, oncnewsletter@gmail.com **Overnight Trips:** oncpdx.ontrip@gmail.com Susan Watt, Chair 503.201.3977 susniam@gmail.com Sam Digard 360.910.1714 sam.digard@gmail.com Ann Truax 503.756.8891 Programs: Ron Bekey 503.475.0084 rbekey@gmail.com Publications: Pam Rigor, Newsletter Editor oncnewsletter@gmail.com Bill Yaeger, Newsletter Distribution 503.888.8543 w.yaeger@comcast.net Publicity: vacant Tilly Jane A-Frame: Andrè Fortin tillyjanecabin@gmail.com Trail Maintenance: Ken Wenzel 503.297.2958 skiwenzel@hotmail.com Recruiter vacant Website: Bill Yaeger, Webmaster 503.888.8543 w.yaeger@comcast.net

DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with: See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

TILLY JANE A-FRAME NEWS

Thanks go to everyone who generously

donated, wrote letters of support, and volunteered with the restoration and fundraising for the Tilly Jane A-Frame located on the NE flank of Mt. Hood and managed by ONC-PDX. Here's a brief summary of how your support has helped thus far!

The capital fundraising campaign kickoffed in July 2016 with a \$213K funding goal for Phases 1 through 3. The fundraising events were mentioned in last month's newsletter. In total, we've raised \$111K, which leaves \$100K remaining! These funds go to complete the following:

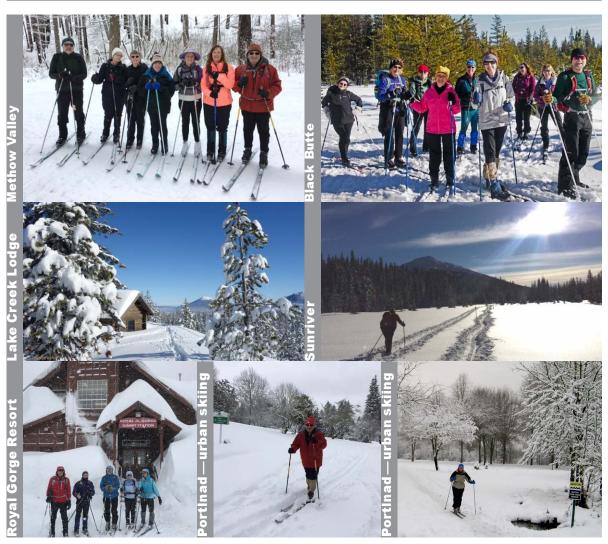
Phase 1: Rafter and footing replacement, site grading—completed September 2016

Phase 2: Remove and replace cedar shingle roof, rebuild log walls, complete rafter/footing replacement and finalize structural stabilization Phase 3: Balcony, loft and flooring rehabilitation Phase 4: address the toilet, siding and windows (Cost estimate is TBD) For those of you who donated merchandise, we've been able to realize 80% of the retail value. We continue to promote the businesses (Base Camp Brewing, Next Adventure, Blue Collar Agency, Double Mountain Brewing, and Doug's Sports and Shortt Supply), which contributed to the events, newsletters and through social media (Facebook/ Instagram). We anticipate steady, organic growth. Please continue to help by sharing our posts and tagging your posts with @TillyJaneAFrame and #SaveTillyJane.

In 2017 we have many fundraising activities underway. We are actively seeking further grant support, planning for the final Portland public fundraiser in Portland in March, a summer VIP event, and many more sponsor opportunities.

If you have the ability and interest, please consider making another donation in 2017! Once the restoration is completed, the cabin will be self-sustaining! Thanks for your continued support.

Andrè Fortin, Tilly Jane A-Frame



DAY TOURS

Note: if weather or road conditions are dangerous, please check with the leader.

More tours will be listed on these two sites: onc-pdx.org/activities/day-tours meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tour designated as "dog tours"

Feb 4, Sat, Intermediate Ski Old Man Pass, Upper Wind River, WA

This fun tour of 4-6 miles will be over varying, gentle terrain in Washington in the Old Man Pass Area. Meet at McMenamins Edgefield's West parking lot at 8:30 a.m. to carpool. For more info, contact the leader: Kathy Burns 503.429.4024.

Feb 4, Easy/Intermediate Ski—Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. The SAM/Mt. Hood Express Combined All Day Pass cost \$5. For more info and to **RSVP contact the leader: John Heaton 503.341.6760.**

Feb 8, Wed, Easy/Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 9:00 a.m. to carpool. For more info and to RSVP (Leader TBD) contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com

Feb 11, Sat, Easy Ski

Weygant Basin, Cooper Spur area, Mt. Hood, OR

We'll ski about six miles over gentle roads, except about 50 yards at one point to get to the Old Wagon Road. Things may have changed, but Klindt Vielbig's *Cross-Country Ski Routes Oregon* says there are views of Mt. Hood and upper Hood River Valley. Please read the Day Tour Overview page on our website (onc-pdx.org/daytour-overview) for what to bring, including lunch and enough clothes/equipment to keep warm for an unexpected night out or at least a long lunch, etc. Dogs are NOT allowed on this tour. For more info, to RSVP and receive meeting place and time (phone only after Thursday), contact the leader: Larry Risch 503.227.8486 hikernw@gmail.com

Feb 11, Sat, Easy/Intermediate Ski—Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. The SAM/Mt. Hood Express Combined All Day Pass cost \$5. For more info and to RSVP contact the leader: John Heaton 503.341.6760.

Feb 12, Sun, Easy/Intermediate Ski "Corner Pocket" Pocket Creek area, Mt. Hood, OR

We'll see how many cross-country skiers we can put in the "Corner Pocket" on this nine-mile tour. Starting out with friendly terrain, we'll head up the Tie Trail and work our way to Teacup. From Teacup we have some intermediate skiing as we have to negotiate creek crossing and a few ups and downs. But after that we get to relax and focus on our skiing form as we stick to roads and drive back into the corner of Pocket Creek. We'll end with a nice zoom down the road to the Sno-Park. This is a nondog ski. Plan on \$20 carpooling. For more info meeting time and place contact the tour leader: louise.brown.pdx@gmail.com.

Feb 15, Wed, Easy/Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 9:00 a.m. to carpool. For more info and to RSVP (Leader TBD) contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com

Feb 18, Sat, Easy/Intermediate Ski — Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. The SAM/Mt. Hood Express Combined All Day Pass cost \$5. For more info and to **RSVP contact the leader: John Heaton 503.341.6760.**

Feb 22, Wed, Easy/Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamins Edgefield's West parking lot at 9:00 a.m. to carpool. For more info and to RSVP (Leader TBD) contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com

cont. from sidebar page 4

includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants. Bike: Mostly flat

terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain. Backpack: < 5 miles/ day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate. **Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 continued on sidebar page 6 cont. from sidebar page 5 ft. per mile elevation gain.

Advanced Tour Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes. Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15-18 m.p.h. pace, regrouping when necessary. Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/ or difficult terrain (a workout).

Backpack: > 7 miles/ day; 400-600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, "just in case." Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
 Map and compass (know
- how to use) Flashlight, extra
- batteries and bulb
 Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out)
- toilet paper)
 Sunglasses, lip balm and
- sun screen Foam sit pad
- Biking

Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)

continued on sidebar page 7

Feb 25, Sat, Easy/Intermediate Ski — Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. The SAM/Mt. Hood Express Combined All Day Pass cost \$5. For more info and to **RSVP contact the leader: John Heaton 503.341.6760.**

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Premier Seating

When you board a commercial airline,

Premier Members and First Class boards first. Well the club doesn't have any airplanes, but every fall we do have our highly attended overnight trip signup meeting. Anyone who leads three or more day tours gets "Premier signup" the following year. That is they get to sign up first (along with overnight trip leaders). At the time of this writing Mike Dianich, and Terry Owen have led four tours and Louise Brown has led three. Premier signup! Larry Risch and Kathy Burns are close behind with two tours each. Thanks for leading so many tours! With the great snow year we are having, how many more leaders will join this elite club?

If you would like to lead a day tour, please see: onc-pdx.org/day-tour-info-leaders

Scott Diamond, Day Tours' Committee

Join the leadership team Pick your favorite ski trail and lead a day

tour. Submit tour descriptions on the Day Tour Input Form under "Activities and Events" "Day Tours" or email tour description (by February 14, 8 p.m. for the March newsletter) to day tours at

oncdaytours@gmail.com.

After the deadline we'll list tours on the website (meetup too if you prefer). Last minute day tours can be added too. New to leading ONC-PDX day tours? Contact us (**oncdaytours@gmail.com**) and we'll get you up to speed.

Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee

OVERNIGHT TRIPS

SIGN-UP TIPS

- Overnight trips are exclusively for members; join or renew your membership before signing up.
- Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- Read the overnight trip policies (see side-bar p. 7)!
- Sign up early so we'll have enough people to cover trip costs: sign-ups can be made on the website (onc-pdx.org/acitivies/overnight-trips) or fill out an overnight trip application and mail it with your trip fee to the trip leader (make checks payable to ONC-Portland Chapter).
- If the trip is full, join the waiting list by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- Purchase trip insurance. You are responsible for finding someone to take your place if you cancel. See article page 9 for more info.

Feb 3–5, Fri–Sun, All Ability Ski Ochoco Mountains, Prineville, OR—Trip 2 **Trip full, waiting list open***

We will ski in the Ochoco Mountains, about 30 miles east of Prineville, in a relatively remote area of Oregon to take advantage of the dry snow and wonderful views.

Trip limit: 7 participants (includes leader) Cost: \$35/member, per person, includes two nights lodging

For more info contact Karen: 503.577.8983 ksuher@comcast.net

Feb 3–5, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame cabin, Mt. Hood, OR

We will backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the

cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water.



Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 20 max, open to all ONC-PDX members

*Check website/contact leader for trip updates onc-pdx.org

6

and Tilly Jane A-Frame cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.

To sign up or for more info, please email: TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader (leaders TBD).

Feb 5–9, Sun–Thur, Intermediate/Adv. Backcountry Ski Scottish Lakes High Camp, WA

Five spaces available*

Join Mary Hepokoski for four days of skiing in the Central Washington Cascades just east of the Alpine Lakes Wilderness area. There will be multi-level ski tours each day. Snowshoe tours are possible if more than one participant agrees to snowshoe. Our base for this



backcountry ski trip will be the Scottish Lakes High Camp near Wenatchee, WA, the gateway to some of the most spectacular scenery and terrain Washington's Central Cascades has to offer. Access to High Camp is via an eight-mile private road via truck and snowmobile: no need to part with favored treats and creature comforts this time (it will be hauled for you.) High Camp consists of nine rustic

cabins each with its own wood burning stove and stocked kitchen, a comfortable day lodge, hot tub, and sauna. At 5,000 feet, Scottish Lakes is just far enough east of the Cascade crest to offer blue skies, sunshine and dry powdery snow. With 35 miles of well-marked trails, access to the Alpine Lakes Wilderness, easy open slope touring and high meadows for steep seekers, views of Glacier Peak and the North Cascades—there's an incredible variety of fun terrain for many levels of touring, backcountry skiing, or snowshoeing. We will spend Sunday night in a motel in Skykomish to facilitate early arrival on Monday. While you are responsible for your own transportation to the parking lot, organization of carpools will be facilitated. We'll have group dinners.

Trip limit: 15 participants (includes leader)

Cost: \$380/member, per person, includes lodging at resort, snowmobile shuttle in and out, plus Sunday night lodging in Skykomish Motel

Sign up on the ONC-PDX website, or send your overnight tour application and \$380 check payable to ONC Portland Chapter, to the trip leader, Mary Hepokoski (contact leader for address). For more info contact Mary: 503.245.1618 hepomp8@comcast.net

Feb 9–14, Thur–Tue, All Ability Ski or Snowshoe Glacier National Park, MT

Trip full, waiting list open*

This has been the trip you have been waiting for! We will

take Amtrak overnight to Essex, Montana, adjacent to Glacier National Park for a wonderful ski vacation!

Trip limit: 20 participants (includes leader) Cost: \$410/member, per person, includes four days of skiing (trail passes included), all transportation, three nights lodging double occupancy at Izaak Walton Inn, does not include: meals at Izaak Walton Inn (available for an additional cost) and sleeper accommodations, which may also be available on Amtrak for an additional cost

For more info contact Ted: 503.452.7432 tedskier@gmail.com

Feb 10–12, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt Hood, OR **One space available***

We'll backcountry ski to the ONC-PDX managed cabin on the Northeast side of Mt. Hood, a three mile ski with a



1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a stove for cooking meals and heating water.

Participants can carry their own cooking pots although there are some at the cabin. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip Limit: 4 max, Open to ONC-PDX members only with preference given to Tilly Jane volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member to sign up for this trip.

To sign up or for more info, please e-mail: TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader. Leaders TBD

Feb 17–21, Fri–Tue, All Ability Ski Sunriver President's Day Weekend **Trip full, waiting list open***

Join your fellow cross-country skiers and veteran leader, Ken Barker on a GROUP trip to the Sunriver area and its many groomed and backcountry trails.

Trip limit: 9 participants (includes leader)

Cost: \$215/member, per person, includes van transportation (Note: van transportation is included and not optional on this trip)

For more info contact Ken: 503.590.3883 kwb8@frontier.com

Feb 25–Mar 2, Sat–Thur, All Ability Skate and Track Ski Methow Valley, WA—Trip 2

Trip full, waiting list open*

Ski the renowned Methow Valley with over 200 kilometers of trails groomed for track and skate skiing.

Trip limit: 12 participants (includes leader)

Cost: \$215/member, per person, includes five nights lodging (groomed trail pass not included—rates for 2017 are \$60 for three consecutive days, \$20 additional days)

*Check website/contact leader for trip updates

For more info contact Karen: 503.577.8983

cont. from sidebar page 6 Tire irons

OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends. which are open to volunteers on those projects.

2. The first overnight trip application opportunity is at the October ONC-PDX meeting and at the designated time. The member must submit this application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign up-date, openings are filled on a firstcome, first-serve basis, based on the time/date the application is received by the trip leader. Overnight trip leaders have the privilege of signing up for any ONC-PDX overnight trip prior to the October meeting. 3. Restrictions on participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for the safety of all trip participants. The trip leader may also limit participation based on accommodations.

WAITING LIST

4. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space continued on page 8

7

cont. from sidebar page 7 or decline. If participation is declined the full payment is refunded.

Trip Cancellation Policy

5. If canceling, contact the trip leader immediately. There may be a wait list.

6. Participants are responsible for finding a replacement which may include contacting people on the wait list. 7. Trip fees and deposits are nonrefundable, unless a replacement is found. Commercial travel insurance is highly recommended. 8. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10 administration fee. 9. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

Travel Insurance

Commercial travel insurance is available from a variety of providers. A list of insurance options are available on our website (onc-pdx.org/ resources/tripinsurance/). ONC-PDX does not endorse any of these agents or providers.

For more info contact the Overnight Trip Committee: oncpdx.ontrip@gmail.com

9.....

ksuher@comcast.net

Mar 3–5, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame cabin, Mt. Hood, OR

We will backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three mile ski



with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also

bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 20 max, open to all ONC-PDX members and Tilly Jane A-Frame cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.

To sign up or for more info, please email: TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader (leaders TBD).

Mar 3–5, Fri–Sun, All Ability Ski and Snowshoe Crater Lake via Charter Bus

Experience one of the Seven Wonders of Oregon on skis or snowshoes, and without crowds!

Four spaces available*

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC-PDX for the big trip at Crater



Lake. Last year we had fresh snow and sunny days—and some of the best skiing of the winter.

We'll board the deluxe coach at noon in Portland on Friday and proceed down I-5 while sharing in an appetizer based "Rolling Pot-Luck." We'll arrive in Prospect at around 6 p.m., giving you time to enjoy your room and a spaghetti dinner in the historic Prospect Hotel. The next

morning, after a hearty gourmet breakfast at the hotel, we'll take a quick ride to the rim and spend the day enjoying the spectacular snow formations and views of the



lake and surrounding mountains while skiing as far as our legs can carry us. Sunday will be another day of different trails, different tours, and more



exploring. If you want, you can take a ranger led interpretive snowshoe tour. Later in the afternoon, we will board our coach and head toward home. This year we will preorder sandwiches or pizza and try to get home by 9:00 p.m.

We are going to continue with the excellent (and fun) coaching with Shelley and Dave from Wy'East Nordic to offer training tips to all who want it as we ski.

There are two types of accommodations: The Historic Prospect Inn which has one double/queen bed in each room for two people (ideal for couples) and the adjacent motel-like rooms, where participants will likely share large rooms with two or three beds per room and, in some cases, kitchenettes.

Trip limit: 35 participants (includes leader) Cost: \$320 (motel) \$368(hotel)/member, per person depending upon whether you are staying in the Inn or

adjacent motel. Check with leader for availability. Sign up on the ONC-PDX website, or send your overnight trip application and \$320 or \$368 check payable to ONC Portland Chapter, to the trip leader, Scott Diamond (contact leader for address). For more info contact: Scott scott.diamond.mail@gmail.com

Mar 3–5, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt Hood, OR

Trip full, waiting list open*

We will backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 20 max, open to all ONC-PDX members and Tilly Jane A-Frame cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.

To sign up or for more info, please email: TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader (leaders TBD).

Mar 8–12, Wed–Sun, All Ability Ski Manning Park Resort, British Columbia **Trip full, waiting list open***

Manning Park Resort is a small resort by today's standards, but that is what makes it charming for cross-country skiing.

Trip limit: 9 participants (includes leader)

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Crater Lake National Park

Cost: \$270/member, per person, includes three nights lodging (groomed trail pass not included rates for an adult are \$21 per day)

For more info contact Ken: 503 297-2958 skiwenzel@hotmail.com.

Mar 23–26, Thur–Sun, Advanced/Inter. Backcountry Ski Three Sisters Hut to Hut Trip

Trip full, waiting list open*

This is a 22-mile hut-to-hut trip from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters.

Trip limit: 8 (includes leader)

Cost: \$270/member, per person, includes a shuttle, two nights in huts, food for two days and nights with beer included! Additional expenses will be carpooling transportation expense, and food and lodging in Sisters Thursday night (group lodging).

For more info contact Susan: 503.286.6339 susniam@gmail.com

Mar 24–April 1, Fri–Sat, All Ability Ski Canadian Rockies for Spring Break **Trip full, waiting list open***

This is the big one! Don't miss out! Join us for a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country.

Trip limit: 10 participants (includes leader) Cost: \$460/member, per person, includes seven nights' accommodations in a luxury house in Canmore, not included: one or two nights of accommodation on the road, potluck meals, shared costs for transportation, trail fees for one day at Nordic Center and shared costs for groceries to prepare meals and trail lunches in Canmore.

For more info contact Ted: 503.452.7432 tedskier@gmail.com

Mar 30–April 3, Thur–Mon, All Ability Ski Wallowa Mountains, Wallowa Lake, OR **Trip full, waiting list open***

Spend an extended weekend skiing in the magnificent Wallowa Mountains in eastern Oregon!

Trip Limit: 10 participants (includes leader)

Cost: \$115/member, per person, includes four nights lodging

For more info contact Kathy: 503.429.4024 burnskathrynl@gmail.com

Mar 31–Apr 2, Fri–Sun, Intermediate Backcountry Ski Tilly Jane Guard Station, Mt Hood, OR Four space available*

We will backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the



cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 20 max, open to all ONC-PDX members and Tilly Jane A-Frame cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.

To sign up or for more info, please email: TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader (leaders TBD).

April 7–9, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame cabin, Mt. Hood, OR

We will backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the

cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water.

Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 20 max, open to all ONC-PDX members and Tilly Jane A-Frame cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.

To sign up or for more info, please email: TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader (leader TBD).♦

*Check website/contact leader for trip updates

Travel Insurance

Commercial travel insurance is available

from a variety of providers. A list of insurance options are available on our website (onc-pdx.org/resources/tripinsurance/). ONC-PDX does not endorse any of these agents or providers.

Overnight Trip Committee

Share your club photos

Do you have photos of our overnight trips, day tours or other activities? Send them to Terry to be posted on our photo site so all club members can enjoy them. Check out club photos on our website.

Send photos to terryowen1@gmail.com as an attachment—full size from your camera or phone is ok. The file size up to 20 to 25 MB. Contact Terry for more info.



Crater Lake National Park



Crater Lake National Park



Scottish Lakes High Camp



Scottish Lakes High Camp



Scottish Lakes High Camp



Discounts for ONC-PDX members and leaders!

Columbia Sportswear,

911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)— 15% discount on purchases. Special week (November 1– 11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardwear,

722 SW Taylor Street—15% discount on purchases. Special week (November 1– 11) of 30% discounts. Current membership card required. mountainhardwear.com/ Stores_Portland.html

The Mountain

Shop, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Oregon Mountain Community,

2975 NE Sandy, ONC-PDX members subscribe to OMC enewsletter and received the following discounts: 15% discount on

continued on sidebar page 11

TRIP NAME:	DAT	ES:
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Most trips are double occupancy. \Box S	share room with	, or 🖵 have leader arrange.
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Welcome new members!

Daniel Altman, Kathleen Barta, William Hinkle, Anne Kimberly, Cheri Lazenby and Kip Krichko, Joshua and Karen Lowthian, Ulrike Mengelberg, Patricia Reynolds, Andrew Robin, Tullan Spitz and Astrid Robin, and Amy Skei

Welcome back:

TRIP COST: \$

Richard Alden, Nadine Beckel, Kevin Brannan, Mary Ellen Collentine and Dolores Kueffler

January membership report: 273 total memberships (180 single and 93 family) includes 11 new and 4 renewals, including 1 free family membership from a Mountain Shop ski package purchase. Last year at this time there were 307 memberships.

BOARD MEETING MINUTES

DEPOSIT: \$

Minutes of ONC-PDX Board Meeting, November 29, 2016

Board Members Present: Ken Wenzel, Mary Bourret, Scott Diamond , Ted Scheinman, and André Fortin **Board Members Absent:** Tim Kral Minutes from last meeting are approved

		5		
Treasurer's	Report:	No	report	

11 continued on page 11

Participation confirmed Wait list

Board Meeting Minutes continued from page 10 President's Report: Next general meeting is on December 13. This meeting is volunteer recognition. Website: No report Day Tour Committee: Board approves following: Club will reimburse the cost for OR or WA Sno-Park permit after leading one-day tour. After day tour leader leads three tours the tour leader then moves to front of queue (along with overnight trip leaders) for Overnight trip signup on the following year Board approves following: Club will offer free ONC-PDX membership for 2016/2017 season to attendees for Mazama ski school. For the Mazamas there was discussion about tying in better with their activities. We would like to arrange day tours so that class attendees could transition to skiing with the club. **Overnight Trip Committee:** No report Tilly Jane: Andrè discussed need for separate TJ domain name (tillyjanecabins.com). nRequest was to provide more background in an email General discussion of ongoing fund raising. Membership: As of 27 November the club has 227 memberships, 152 single and 75 families. Counting additional family members, there are 327 members total. In the past month, the club has gained 16 new (never joined before) memberships, for a total of 31 new memberships this season. A list of these new members is provided to the membership committee. Publicity: No report Nordic Issue: State discussed John Craig event and scholarship. Trail Tending: No report **New Business** Board Meeting: Mary to finalize but initial thought was that Wed January 4th would work for board meeting. Need new board member as Jim has resigned. Mary will contact potential members. Pam indicated that if the club were to have a ski school that instructors would be needed. The board decided not to have Ski school.

Propose next board meeting.

Next board meeting: February 27 at Mazamas Mountaineering Center 6:30 p.m.

Scott Diamond, Secretary

CLASSIFIED ADS

FOR SALE: Ski Boots, like new. Fischer BCX8 Back Country ski boots, 3 pin, size EU43. \$75 Mike 971.344.1021 mdianich@gmail.com 3/17

FOR SALE: Shur Grip SZ331 Tire chains, like new, (not really chains, cable traction construction, made for newer cars). Bought from Les Schwab six years ago, never used, like new. Bought new car, chains won't fit the new car. Fits may tire sizes (contact Bill for list of sizes). \$30 12/16

Bill 503-645-6547 wrn3200@yahoo.com

FOR SALE: Snow Tires, 4 Bridgestone BLIZZAK 215/ 50R1795H WS80 BW snow tires. They have 1/4+" tread. Asking \$200 for set (\$675 new). > Chains Security Chain Co. SC 1034 chains-used but excellent condition. streetsideauto.com/ shop/security-chain/fitment-guide/#SC1034 \$15 3/17

Al levitrehberg@frontier.com

FOR SALE: Turazor MX Telemark Skis w/Rottefella TRP 100 releasable bindings, 190 cm, almost brand new condition, pristine bases! "The Razor MX is for those looking for a shaped, super-sidecut ski designed specifically for telemarknot built for the masses-this is it. The Razor's corpulent 92-64-82 shape is super-sidecut, yet not so extreme as to sacrifice versatility."\$300 (bindings alone were over \$300 new - this is \$1000 setup!)

Amy ablumenberg@comcast.net 503.241.2768 10/16 FOR SALE: Skis, Atomic Telepathic telemark skis 170cm with Voile Tele bindings and heel lifts. \$75 FOR SALE: ► Bindings Riva Super Loop ultralight telemark / backcountry touring bindings, new \$60 OBO. \$75. FOR SALE: Skis Karhu XCD back country skis 190cm, 3-pin bindings \$65 OBO. FOR SALE: **Boot liners** Scarpa Intuition ski boot thermo form liners. Used one season in T4s. Good for Alpine, AT, Telemark Size 30.5 (used in a 30 Scarpa Boot) Can be reformed several times. Should fit 29.5 to 30.5 shells. \$65 OBO. FOR SALE: Ski Boots AirTex NNN-BC Ski Boots, Thinsulate insulated, very warm, excellent condition. Size 47 \$40 OBO. FOR SALE: Ski Helmet Romer full coverage ski helmet. adjustable vents, size Large. \$40 OBO.FOR SALE: Ski Helmet GIRO ski helmet size Small fits child/adolescent \$25 OBO. See photos here, open to all offers: http:// portland.craigslist.org/clk/spo/5906927755.html Russ russ.bec@gmail.com 3/17

Deadline: 15th of the month (for next month's publication). Free ads are for members only, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a MS Word document attachment preferred - (with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.

cont. from sidebar page 6 purchase price. omcgear.com

Otto's Ski & Bike Shop,

38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. ottosskishop.com

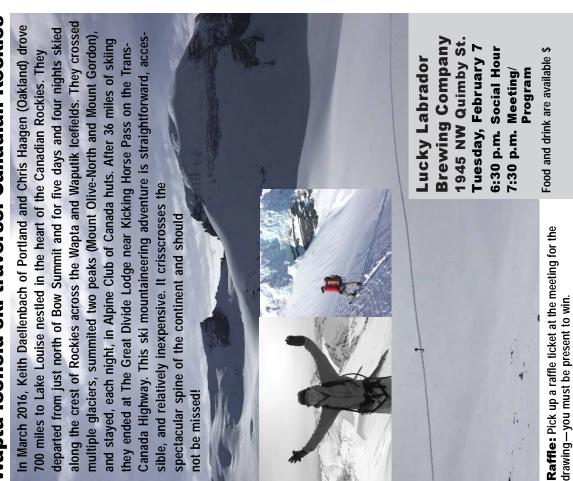
Wv'East Nordic

Ski School offers **ONC-PDX** members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Portland, OR 97208-3906 P.O. Box 3906 Oregon Nordic Club, Inc., Portland Chapter



Northwest Portland. Incated between NW 20th Ave. and NW 19 Ave. in Lucky Labrador Brewing Company (1945 NW Quimby St.) :ponthly meeting:



Wapta Icefield ski traverse: Canadian Rockies

drawing-you must be present to win.

Programs

Jpcoming

April 4–Landscape Photography

March 7-Alaskan Odyssey

May 2-Cuba (tentative)

