



Oregon Nordic Club RTLAN

2016

Tilly Jane A-Frame fundraising campaign

There's a lot going on at the Oregon Nordic Club Portland Chapter (ONC-PDX) managed Tilly Jane A-Frame

cabin! We recently kicked off the public capital fundraising campaign to rehabilitate the cabin, an iconic historic structure located



at 5,700 ft. on the NE side of Mt. Hood. The cabin was built in the late 1930s by the CCC and served generations of outdoor enthusiasts. Due to a lack of a consistent funding stream and tight Forest Service budgets, the cabin has suffered from decades of deferred maintenance.

ONC-PDX took over management duties four seasons ago with the goal of bringing the cabin back to its past glory. During this time, we have focused on increasing the volunteer user group participation levels and performing low cost maintenance activities. These goals have been met and exceeded. We replaced the woodstove, painted the cabin interior, and completed a hazard tree reduction project as highlights. The annual October work party volunteer attendance levels have stabilized and increased! The cabin has also seen year-over-year rental income growth. But this isn't enough to fund the rehabilitation costs! On a positive note, once the maintenance

backlog is completed, the cabin will be self-sufficient and pay for itself.

Along with the Capital Fundraising Campaign, we will also be starting Phase 1 of the rehabilitation work later this summer. The

current estimate to complete all necessary work is over \$213,000. We have broken the project work into phases due to the associated costs: Phase 1-\$72K (site grading, foundation, rafter replacement), Phase 2—\$107K (roof installation, structure stabilization), and Phase 3—\$35K

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Old Man Pass—trail work finished before rain started

On June 9 the good old gang of four went to work

at Old Man Pass in Washington's Wind River area, tackling Trail 151 and the OK Loop. It was perfect weather for trail tending with temperatures about 60 degrees F, but Ken being a tough boss said no lunch until we finished the Loop. Which worked out well, since it started to rain about 30 minutes before reaching the car at 2 p.m.

Lunch tasted great in the car and that section of the trail looked great with it being brushed and limbed and a few diamonds renailed!

Many thanks go to David Rogers, John and Patrice Fromwiller for putting up with their trail boss.

Now it's time to take the mountain bike and check on what damage old man winter did to the rest of the trail system.

Join us in the future; please sign up to help on one or more upcoming trail tending days. We have a great project on trails in the Wolf Run Nordic area, east of Mt. Hood, that I am really looking forward to doing. The area has nice vistas of the east side of Mt. Hood and open ridge tops (similar to the Bend area but closer to the Portland area.

Ken Wenzel. Trail Tending Coordinator

Overnight Trips' Committee

Ted Scheinman has re-

cently stepped down as overnight trips coordinator to make way for other duties and projects: being on the ONC-PDX board and working on increasing our membership. Three people have stepped up to fill his shoes: Sam Digard, Susan Watt, and Ann Truax. These three have been working furiously to set up an array of overnight trips for 2016-17. You'll see some of the traditional trips as well a completely new one or two. Check the September newsletter for upcoming overnight trips. To contact the overnight trip committee, Sam, Susan, or Ann, use the following email: oncpdx.ontrip@gmail.com.

Ann Truax, Overnight Trips Committee

Inside

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Tilly Jane **A-Frame work** davs and trail tending parties See page 4

Board Members

Mary Bourret, President 503.201,3940 oncpdxpresident@gmail.com Ken Wenzel, Vice-President 503.297.2958 skiwenzel@hotmail.com Tim Kral, Treasurer timfkral@gmail.com

Scott Diamond, Secretary scott.diamond.mail@gmail.com Andrè Fortin afortin85@gmail.com Jim Edwards

jmorganpdx@gmail.com

Ted Scheinman, 503.452.7432 tedskier@gmail.com

Committees

Day Tours:

oncdaytours@gmail.com
Laurel Dickie
503.287.6290
laureldickie@hotmail.com
Barbara Hayman
bh13@att.net
Scott Diamond
scott.diamond.mail@gmail.com
Terry Owen, Wednesday

ski tours terryowen1@gmail.com

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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication). Send submissions to oncnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. Corrections: e-mail corrections and/or additions to the editor. This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906

UPCOMING EVENTS

July 5 > TUESDAY Backpacking Basics

6:30 p.m. – 8:00 p.m. Tualatin REI Free! Info/sign-up: rei.com/learn.html

Ride NW Oregon: Local Mountain Biking Trails and Tips

6:30 p.m. – 8:00 p.m. Hillsboro REI Free! Info/sign-up: rei.com/learn.html

July 6 > WEDNESDAY Backpacking the Eagle Cap Wilderness

6:30 p.m. – 8:00 p.m. Portland REI Free! Info/sign-up: rei.com/learn.html

July 9-10 → SATURDAY-SUNDAY Mt. St. Helens Sky and Star Party

Sat. 1:00 p.m. – Sun. 1:00 a.m.
See the sky in a whole new way with the Friends of Galileo Astronomy Club!
Info: rent@mshinstitute.org 360.274.2114
mshinstitute.org

July 12 → TUESDAY ONC-PDX Annual Picnic

Laurelhurst Park, S.E. Ankeny St. and 39th Ave., Portland, Picnic Area E, 6:00 p.m.-9:00 p.m. Come join your fellow club members for a nice evening in the park with friends and good food! Families welcome; bring your kids and grandkids. Bring a food dish and beverage (beer and wine ok) to share, and your own plate, utensils and cup (it would be good to bring non-disposable as we

July 13 > WEDNESDAY Bike Maintenance Basics—Level 1

6:30 p.m. – 8:00 p.m. Portland REI Free! Info/sign-up: rei.com/learn.html

July 14 > THURSDAY Backpacking Basics

have to carry out our garbage).

6:30 p.m.-8:00 p.m. Hillsboro REI Free! Info/sign-up: rei.com/learn.html

July 26 > TUESDAY Prepare for the Unexpected: Urban Emergency Preparedness

6:30 p.m. – 8:00 p.m. Hillsboro REI Free! Info/sign-up: rei.com/learn.html

July 28 > THURSDAY
Preparing for the Unexpected—
Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Clackamas REI Free! Info/sign-up: rei.com/learn.html

Clinics & Training

Oct and Nov > SATURDAYS 2016 Fall XC Training Series Portland, OR

Watch the websites for any updates for this year's conditioning sessions for XC skiers of all abilities. Info: www.xcoregon.org teacupnordic.org
Sponsor by: Oregon Nordic Club Teacup Chapter and XC Oregon race team

December 1-11 THUR-SUN 2016 Oregon Fall Camp Mt. Bachelor, OR

Start your ski season off with one of the best camps in the XC ski world! Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether you ski that particular morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert.

No session on Tuesday, December 6. Registration opens in mid-July. Info: xcoregon.org/oregon-fall-camp

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- Discounts at selected merchants (see page 6)
- Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ► Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwskiers.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: oncmembership@gmail.com

Portland, OR 97208

ONC-PDX BOARD SKI TRACKS

What a fantastic ski season we just fin-

ished. In Canada, Europe, and all around the Northwest we found great snow conditions. Club membership is up over the previous year thanks to the great snow and the variety of trips offered. What I love about the ONC-PDX is that there is a ski trip for every type of skier.

Summer is the time for planning for the next ski season. Please send new ideas for day and/or overnight trips as well as club meeting programs. This is also the time for trail maintenance. Can you spare a day to attend one of the work sessions for the Tilly Jane A-Frame or the ski trails? There are opportunities each and every month for service.

Many, many thanks go to Ann Truax for her presidential term and to the retiring board members Susan Watt and Kim Davis. Much was accomplished during their tenure. Please welcome the new and thank the returning board members. You'll be hearing from the board members in this column as the year progresses. Also, many thanks to Karen Suher, Kim Davis, Elke Schoen, and Coordinator Ted Scheinman for their time and effort on the Overnight Trip Committee. Ted continues his service to the club as a board member and has chosen to work with the Membership Committee.

See you at the picnic.

PS Who is this new club president Mary Bourett? My love of skiing started while attending college in the Adirondack Mountains. That location provided access to all types of winter sports and PE credit for learning how to ski. I earned that credit on wooden skis using bamboo poles and in temperatures so cold that the extra green wax provided minimal kick and glide. Somehow this experience started a lifelong love of cross-cournty skiing. I joined the ONC-PDX in 2001. I've been on many day and overnight trips, taught skiing with the Mazama's and served on the ONC-PDX board. I look forward to meeting you at the club meetings and on the trail. • Mary Bourett, ONC-PDX President

Mountain Tracks closed

Mountain Tracks in Government Camp

closed for good on April 17, after being in business for 20 years. The owners have moved to California. The shop was a great place to rent and buy gear along with being the place to pick up last minute items before skiing. They also offered our club discounts. We will miss them and wish them well. •

VOLUNTEER OPPORTUNITIES

Contact a board member (see sidebar page 2 for contact info) for more info and to volunteer.

Tour leaders There is an ongoing need for individuals to lead day tours.

Nordic Issues Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

Overnight Trip Coordinator and committee members Guide the committee that puts the overnight ski trips together each season. Help put the overnight trips together.

Public Relations Provide outreach for the club within the community. Give presentations on the club and skiing in Oregon.

Membership Process membership applications. Maintain membership database. Analyze membership (demographics, where new members are coming from, other trends) and report to board. Identify recruitment opportunities.

Volunteer Tracking Help track volunteers from all areas of the club (overnight, day tour, trail maintenance, committees, etc.). Manage volunteer recognition at fall meeting. Arrange volunteer recognition gift and track distribution to volunteers. Assist in volunteer recruitment.

Tilly Jane A-Frame There is a need a number of areas related to planned structural work at the A-Frame. In particular there is a need for grant writers and individuals able to connect with other organizations and businesses for fundraising.

Tilly Jane A-Frame fundraising campaign continuted from page 1 (interior rehabilitation). See the onc-pd.org Tilly Jane web page for details.

We have over \$90K in secured funding with another \$24K in pending State and local grants. This leaves \$99K to be raised through local businesses and users like vou! Over the next few months we will be hosting fundraising events. I would love to see you there. If you would like to contribute today please visit our PayPal Donation page located on the onc-pd.org Tilly Jane web page. If you have in-kind gifts, please contact me at: tillyjanecabin@gmail.com.

How can you help? The number one way you can help is making a CASH DONATION! You can also help by volunteering your time to assist with the work projects. There are two events currently scheduled for July 16 and July 23. Please RSVP to: tillyjanecabin@gmail.com, if you'd like to attend one of these events. There will be additional volunteer opportunities in August and September. • Andrè Fortin, Tilly Jane A-Frame

Membership: Ted Scheinman 503.452.7432 tedskier@gmail.com Susan Kelly 503.706.6463 susankilduffkelly@gmail.com Bill Yaeger, Database w.yaeger@comcast.net Barbara Sack 503.978.9475 barbara3820@earthlink.net Pam Rigor oncmembership@gmail.com Nordic Issues: Mitch Auerbach 503.281.4809

mauerbachfso@yahoo.com Pam Rigor, oncnewsletter@gmail.com

Overnight Trips:

oncpdx.ontrip@gmail.com Susan Watt, Chair 503.201.3977 susniam@gmail.com Sam Digard

360.910.1714 sam.digard@gmail.com

Ann Truax, 503.756.8891

Programs: Ron Bekey 503.475.0084 rbekey@gmail.com

Publications: Pam Rigor, Newsletter Editor oncnewsletter@gmail.com Bill Yaeger, Newsletter Distribution 503.888.8543 w.yaeger@comcast.net

Publicity: vacant

Tilly Jane A-Frame: Andrè Fortin tillyjanecabin@gmail.com

Trail Maintenance: Ken Wenzel 503.297.2958 skiwenzel@hotmail.com Recruiter vacant

Website: Bill Yaeger, Webmaster

503.888.8543 w.yaeger@comcast.net

Oregon Nordic Club Portland Chapter July 2016 3 onc-pdx.org

DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

for the tour.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with: "See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a

continued on sidebar page 5

NEWS FROM THE CABIN

Spring came early this year and cabin

reservations tapered off. We hiked up in mid-May to check on the place and begin to review the upcoming rehab plans. The snow level (from our visit) was just at or above the cabin elevation, completely melted out below and a dwindling snowpack at the cabin. The road was closed, but I'd expect the Forest Service to open it before its typical early July opening. You'll need to contact the Hood River Ranger station for up-to-date info.

Overall, we had a good winter, snow-wise, with a correspondingly strong rental season. In fact, the wood supply was running on fumes by mid-April. This was unfortunate as we brought in six cords, which should have allowed for some summer carry over. On the maintenance front, we only lost one woodstove glass panel. We had several breakins over the ski season including someone attempting to kick in the door, which required a quick repair. The roof needs to be replaced, but funds must be raised to accomplish that task. See article on page one for more info on fundraising.

I'm looking forward to seeing many long time and new volunteers over the upcoming summer months. Summer is a busy time for everyone, me included! I ask that you, like me, **make time** for the Tilly Jane A-Frame, plan on attending one or more work days (July 16 and 23)!

Andrè Fortin, Tilly Jane A-Frame

NORDIC ISSUES/NEWS

Volunteers are needed Have some time to

track issues that affect skiers (on websites in the comfort of your own home)? Contact board members (see sidebars p. 2)

Mitch Auerbach, Kevin McGillivray (Gorge Chapter), Nordic Issues, Pam Rigor, Editor

Share your club photos

Do you have photos of our overnight trips,

day tours or other activities? Send them to Terry to be posted on our photo site so all club members can enjoy them. The link to our photo site is on our website.

Send photos to terryowen1@gmail.com as an attachment—full size from your camera or phone is ok. The file size up to 20 to 25 MB. Contact Terry for more info.

DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

Check website (onc-pdx.org in day tours and in forums for day tours) and/or our Meetup site (www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter) for last minute day tours.

July 10, Sun, Trail Tending Party Wolf Run Area, Mt. Hood, OR

Come help us maintain trails in the Wolf Run Nordic area. Wear long pants, a long sleeved shirt and hiking boots. Bring a lunch and water. Meet at McMenamins Edgefield in the west parking lot at 8:00 a.m. to carpool (carpool drivers will be reimbursed for mileage). For more info and to RSVP contact the leader: Ken Wenzel 503 297-2958 503 729-6571(cell) skiwenzel@hotmail.com

July 16, Sat, Work Day Tilly Jane A-Frame, Mt. Hood, OR

Come help do maintenance work on the Tilly Jane A-Frame. For more info and to RSVP contact the leader: Andrè tillyjanecabin@gmail.com.

July 19, Tue, Trail Tending Party Wolf Run Area, Mt. Hood, OR

Come help us maintain trails in the Wolf Run Nordic area. Wear long pants, a long sleeved shirt and hiking boots. Bring a lunch and water. Meet at McMenamins Edgefield in the west parking lot at 8:00 a.m. to carpool (carpool drivers will be reimbursed for mileage). For more info and to RSVP contact the leader: Ken Wenzel 503 297-2958 503 729-6571(cell) skiwenzel@hotmail.com

July 23, Sat, Work Day Tilly Jane A-Frame, Mt. Hood, OR

Join us for a work day at the Tilly Jane A-Frame. For more info and to RSVP contact the leader: Andrè tillyjanecabin@gmail.com.

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrase/Sumper Transit Center, NE Sandy Plyd. 8, NE

Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Lets hike or bike

Join the ONC-PDX leadership team...

Pick your favorite hiking/biking trail/route and lead a day tour. Use the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or email tour description (by July 14, 8 p.m. for the August newsletter) to day tours at oncdaytours@gmail.com. Descriptions sent after the deadline will be posted on the website. Last minute tours can be added too.

New to leading tours? Send us an email and we'll get you up to speed.

Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee

Join a Trail Tending Party this summer

It's time to set aside a day to work on

the ski trails. We will be doing maintenance work at Wolf Run (on the east side of Mt. Hood), the Yellowjacket Trail and possibly more. Tilly Jane A-Frame work days are scheduled too. It's up to YOU to make a difference! Working on trails is a great way to become familiar with trails that you have not skied before. Volunteer to lead one of these trail tending parties or just come along. More parties may be scheduled. To volunteer contact: Trail Tending Coordinator Ken Wenzel 503.297.2958 skiwenzel@hotmail.com.

What to bring: Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

Summer trail tending parties:

July 10, Sun, Trail Tending Party Wolf Run Area, Mt. Hood, OR

See day tours schedule for details.

July 16, Sat, Work Day Tilly Jane A-Frame, Mt. Hood, OR

For more info and to RSVP contact the leader: Andrè Fortin tillyjanecabin@gmail.com.

July 19, Tue, Trail Tending Party Wolf Run Area, Mt. Hood, OR

See day tours schedule for details.

July 23, Sat, Work Day

Tilly Jane A-Frame, Mt. Hood, OR

For more info and to RSVP contact the leader: Andrè Fortin tillyjanecabin@gmail.com.

August 13, Sat, Trail Tending Party Yellowjacket Trail, Mt. Hood, OR

For more info and to volunteer contact: Ken Wenzel 503 297-2958 503 729-6571 cell skiwenzel@hotmail.com

November TBD, Volunteer Recognition Party Portland, OR

After all that hard work, you need a pie—a pizza pie! Plan on joining us at our Volunteer Recognition Party to get recognized for your efforts.

OVERNIGHT TRIPS

Summer overnight trips

Would you like to lead a club backpack-

ing, biking or any other overnight trip this summer? If you attended the winter trip planning meeting, you may be ready to take the lead. Make your summer plans now!

Leading an ONC-PDX overnight trip comes with privileges. The **leader goes for free** and you get an ONC-PDX T-shirt as well as the opportunity to spend time with great people!

Contact the Overnight Trips' Committee (oncpdx.ontrip@gmail.com). More info and required forms can be download from the resources for trip leaders on the website.

Portland Sunday Parkways cycling events

Join other cyclist for family-friendly, car

free bicycling this summer! Portland's Department of Transportation hosts the Sunday Parkways: July 26, and August 23 and September 27.

Northeast Portland Sunday Parkways (8 miles) July 24, 11:00 a.m. – 4:00 p.m. Free!

Explore the Northeast Neighborhood Greenways while you make your way around the Northeast Portland route. Don't forget to stop by Woodlawn, Alberta, Fernhill Parks and Kbunamokwst Park where a collection of fun activities, festive music, and delicious food awaits you.

Southeast Portland Sunday Parkways (7 miles) August 21, 11:00 a.m. – 4:00 p.m. Free!

Spend a warm summer day walking and rolling around the Southeast Sunday Parkways route. While you're at it, take a few moments to explore Laurelhurst, Colonel Summers, Sewallcrest and Ivon Parks to grab a bite to eat, listen to tunes, and jump into a dance or activity or two.

Sellwood Portland Sunday Parkways (8 miles) October 2, 11:00 a.m. – 4:00 p.m. Free!

End the Sunday Parkways season big by exploring the Sellwood area including a section of the Springwater. Music, food, and fun are waiting in the parks.

Info and maps: portland oregon.gov/transportation/58929

cont. from sidebar page 4 terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants. Bike: Mostly flat terrain, 8-10 m.p.h. pace, frequent

regrouping. **Hike:** < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/ day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain. **Backpack:** 5–7 miles

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/ series of longer, steeper

continued on sidebar page 6

cont. from sidebar page 5 hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout). Backpack: > 7 miles/ day; 400 – 600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, "just in case." Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. Overnight tour descriptions must be submitted to the overnight tour coordinator to be approved. Once approved, the overnight tour coordinator submits them to the newsletter editor.

2. Only Oregon Nordic Club members are allowed on Portland ONC overnight tours, continued on sidebar page 7

Discounts for ONC-PDX members and leaders!

Columbia Sportswear, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. columbia.com

Mountain Hardwear, 722 SW Taylor Street— 15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardwear.com/ Stores Portland.html

The Mountain Shop, 1510 NE 37th Ave., 10%

discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net **Oregon Mountain Community**, 2975 NE Sandy, ONC-PDX members —subscribe to OMC enewsletter and received the following discounts: 15% discount on purchase price. omcgear.com **Otto's Ski & Bike Shop**, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have crosscountry ski package rentals for the entire season.

Wy'East Nordic Ski School offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Tour and Trip Policies continued from side bar page 7

including contacting people on the waiting list.

7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)

8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10. 9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

10. If the club cancels the trip, then the club will refund the cost of the trip. All trip cancellations will be decided by Overnight Trip Steering Committee.

Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found and recommend that you use trip insurance. TravelGuard, the longtime providers of our trip insurance to members, have discontinued the special discounted trip insurance to the National Ski Federation. If you currently have a policy through the club, it is still valid and can be modified to cover additional costs, but no new policies are being written.

Until we make further arrangements, we suggest that you sign up with other providers for skiers, including Travel Protectors. You can sign up for policies at travelprotectors.com or by calling Myra at 703.443.9055.

For more info contact the Overnight Trip Committee oncpdx.ontrip@gmail.com

Welcome new members! No new members last month

June membership report: 320 total memberships (240 single and 90 family). Last year at this time there were 276 memberships.

BOARD MEETING MINUTES

Preliminary Minutes of ONC-PDX Board Meeting, June 7, 2016, Mazama Mountaineering Center

Board Members Present: Mary Bourret, Tim Kral, Ted Scheinman, and Ken Wenzel

Board Members Absent: Jim Edwards, Scott Diamond, and André Fortin.

Current Action Item List (date added): ■ TBD – to talk to Bill Y about allowing follow-up payment on website, beyond initial deposit. (March 2016) ■ Overnight trip committee to discuss trip insurance options (March 2016) On hold as state sorts out insurance options. (April 2016) ■ Overnight tour document has general statement that there shall be no refunds but overnight committee will continue to update document. (April 2016) ■ Overnight trip committee to communicate clarification of car pool policy. (Jan 2016) ■ At end of season, board directs overnight trip committee to evaluate trip costs and determine how trips are performing relative to budget. (Jan 2016) ■ Mary B – New signers needed for ONC-PDX checks. Send meeting minutes to Mary H with designated signers. (June 2016) ■ Mary B to set up all the board

meetings for the year starting with Sept 29 (June 2016)
Mary B to talk to Ron Bekey about continuation as program chair. (June 2016)

Reports

Treasurer's Report: Tim presented. Accepted. With the change in the board new check signers are needed. These are: President: Mary L Bourret, Vice President: Kenneth Wenzel, and Treasurer: Timothy Kral

President's Report: Board retreat will be August 14 from 4–8 p.m. Location TBD

Website: No report

ottosskishop.com

Day Tours Committee: No report

Overnight Trips Committee: Overnight committee met. Report summary: Committee members Karen Suher, Kim

continued on page 7

Board Minutes continued from page 6

Davis, Elke Schoen, and Ted Scheinmann stepped down. Sam Digard was approved as a new member. The committee requested that Ted remain available for consultation as needed. Susan Watt was elected as chair. The committee structure and reporting to the board is being developed. They will be reviewing forms and policies for possible updates. They will be working on a mechanism for evaluations (trip participants and trip leaders). They will be planning a leader training and updating a leader manual. The trip schedule for the next season is being developed and planning for the Overnight Trip Extravaganza is in the works.

Tilly Jane A-Frame: Report summary: The Tilly Jane A-Frame Committee is preparing to launch a capitol fundraising campaign. Some grants have been submitted. Summer work will continue with upgrades. Volunteer work days are scheduled for July 16 and 23; in August we will have a couple more. Work will include grading and foundation work. The past winter rental season was tremendous. The wood supply ran out in mid-April. Rentals are now dropping off, but the A-Frame is still being used.

Board approves \$10K grant for Tilly Jane reconstruction. This is in carrying on the ONC-PDX role in stewardship of this project. Andrè will discuss with Tim to determine the best timing for receiving the funds.

Membership: Ted S. met with Susan Kelly on how to build membership. They are planning to meet with local ski shops about promoting the club when a new pair of xc skis are purchased. ■ Mountain Shop is interested but would like to have this exclusively. This needs some thought. Ted will also approach REI. Ted will continue discussions with both stores.

Publicity: No report – Kim Davis was filling this position. We need to recruit a chair.

Nordic Issue: No report

New Business

Club meetings: Ron Bekey did a great job as program chair. Mary will talk to Ron about continuing next year. Picnic is July 12. Ron reserved the site. It seemed to just happen magically every year which brings us to the next topic – board and committee responsibilities.

Board and Committee responsibility: The new board members are wondering, what tasks are they expected to do? For example, is it the Treasurers role to reserve the Lucky Lab for monthly meetings? This is also true for committee chairs especially those committees that are less active. A book of procedures for each role should be developed such that a new committee members and board members know what their role is responsible for. **Committee Members:** Discussion was held on how the board can better support the various club committees in their missions. The board should approve (formally recognize) each committee. Each committee chair will submit a recommendation to the board of their membership. It is very important to recognize the committee and introduce them at the meetings periodically. It is suggested that, at the general meeting, one of the committees will present a 5 - 10 minute program about their committee and the year's goals. This is meant to give the committee recognition and to help them recruit new volunteers and ideas.

Ballot electronic: Need help from website people to determine how to do this. Bylaws can be updated by the board. Ballot can be published in Newsletter for the few members that do not have access to computer voting.

Next board meeting: Board Retreat, August 14 at 4:00–7:00 p.m. Location TBD.

Mary Bourett, ONC-PDX President

CLASSIFIED ADS

FOR SALE: ► Rotafella BC technology bindings Oops took wrong skis to Yellowstone. Bought new bindings for the week. Like new. \$40 OBO Patricia pfromwiller@gmail.com 7/16

FOR SALE: ► XC Boots NNN-BC, excellent condition. Mens 12-13. \$40 OBO Russ russ.bec@gmail.com 7/16

FOR SALE: ► Turazor MX Telemark Skis w/Rottefella TRP 100 releasable bindings, 190 cm, almost brand new condition, pristine bases! "The Razor MX is for those looking for a shaped, super-sidecut ski designed specifically for telemark—not built for the masses—this is it. The Razor's corpulent 92-64-82 shape is super-sidecut, yet not so extreme as to sacrifice versatility."\$300 (bindings alone were over \$300 new – this is \$1000 setup!)
FOR SALE: ► Backpacking/Hiking Boots Mammut (made by Raichle of Switzerland) Mt. Vista LTH, Women's EU size 41 (aprox. US Size 8.5 – 9) Worn once on short (3-mile) day hike before realizing these are too small to fit with my special insoles.

Brand new condition. Vibram rubber outsole. Good for heavy loads and long distances. Features include Rolling Concept Technology, board-lasted, rubber toe-cap, women's specific fit. \$145. Photos available. **Chris or Amy**

ablumenberg@comcast.net 503.241.2768 7/16

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as a MS Word document attachment preferred—(with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.

cont. from sidebar page 6 even if it is a trip for which no money is collected. Nonmembers may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and nonmember volunteers. 3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, firstserve basis, based on time/date the application is received by the tripleader. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.

WAITING LIST

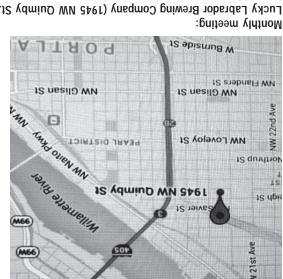
4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.

Trip Cancellation Policy

5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.
6. Participants are

responsible for finding their own replacements, continued on page 6

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Monthly meeting: Lucky Labrador Brewing Company (1945 NW Quimby St.) located between NW 20th Ave. and NW 19 Ave. in Northwest Portland.



Bring a food dish and refreshments to share—beer and wine are allowed BYOB—and your own plates, utensils and cups. We have to remove our own garbage so please try to minimize garbage. If you wish to bring a BBQ, please contact Ron Bekey for specific requirements. Thanks.

