

# Oregon Nordic Club PORTLAND CHAPTER

MARCH

2016

## Anthony Lakes delivers powder snow

**I had dreamed of skiing at Anthony Lakes for over 40 years—this was the year! We drove over on Wednesday** and decided to make a stop at Meacham Divide to break up the drive a little. We only skied about an hour, but found the ski trails—an easy network of trails and roads—worth further exploring, before continuing our drive to the Good Bear Ranch at the foot of the Elkhorn Mountains 10 miles out of Baker City. The 5,200 square foot log cabin was amazing, a real work of art. Everyone finally arrived about 6 p.m., after a great dinner we had a relaxing evening.

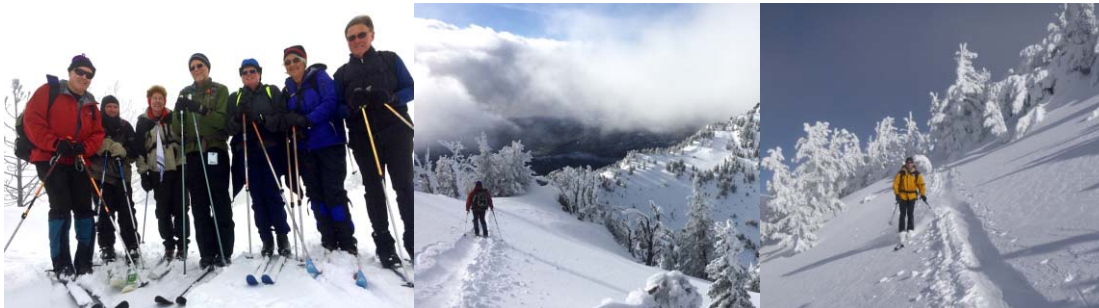
Everyone was excited about skiing Thursday, the half price day at Anthony Lake Mountain Resort, and to make it even better, anyone over 70 years of age skied for free! What a deal! We broke up into groups, some skiing part of the 20 miles of groomed ski trails, others exploring the off-piste powder above the Resort and sampling a few of the lift runs at the end of the day with single lift tickets. A great start!

Friday we headed back up to Anthony Lakes only to get turned back by high winds that shut down the resort for the day. So instead we headed back to the Ranch and put on the skis and headed out for a tour across the Ranch and up the road toward Goodrich Lake. We had not planning on a long tour and did not bring lunch and water for the day, so we turned back five miles from the lake. After a nice lunch at the Ranch, we practiced our ski turns and groomed our sled run for some old fashion fun.

Saturday, we all headed out to Dooley Summit south of Baker City to ski. The road tour started out nice, but as we went up we got into fog then large snow drifts—not a good combination when skiing. So after several miles we retreated back to the cars. As we drove back to Baker City we turned off the highway to see 300 plus elk at one of the feeding stations having their afternoon meal. What a sight!

On Sunday, we headed back to Anthony Lakes, split in to several groups: four of us skiing into the backcountry and the rest on to the groomed trails. We all meet up at 3 p.m. at the bar to celebrate the skiing and start planning a return trip in the future!

Ken Wenzel



Trip participants: Ken (leader) and Debby Wenzel, Steve Rearden, Claudia Montagne, Mary Owen, Tere Enburg, Julius Dalzell, Marc Leon, and Paul Foster

Ken Wenzel, Trip Leader

## Inside

- 2 Upcoming Events**
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Tilly Jane A-Frame
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Buy, Sell, Wanted, Free,  
Lost and Found

## Nominees for club officers The Portland Chapter of the Oregon

Nordic Club's annual membership meeting, where new board directors are elected, will be held on Tuesday, April 7, 2015, at the Lucky Lab at 1945 NW Quimby.

Candidate profiles and ballots will be mailed out in March and will be in the April Newsletter.

We'll be accepting nominations right up until the actual election on Tuesday, and more nominees are welcome. If you are interested in serving on the board, please contact Ann Truax, 503.756.8891, ann.truax@gmail.com.

Ann Truax, Elections Committee

## John Craig BBQ party and ONC State Board Meeting

### After the John Craig Memorial ski tour

up Highway 242 on Saturday March 19, everyone is invited to come to the Ponderosa Inn for a BBQ party. Before the party ONC logo items from the various chapters will be available for purchase in the conference room at the Ponderosa Inn. The state ONC will have an ONC logo quarter-zip fleeces available for \$36. The merchandise will be on display from 2:00 p.m.

continued on page 3



**John Craig  
Memorial  
Event: the  
route will be  
groomed**  
See page 7 for details

## Board Members

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**Terry Owen**, *Wednesday*  
*ski tours*  
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## Membership:

continued on sidebar page 3

## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication).

Send submissions to oncnwletter@gmail.com as a Microsoft Word document (**no formatting** i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (**preferred**); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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P.O. Box 3906  
Portland, OR 97208

# U P C O M I N G E V E N T S

## March 1 ▶ TUESDAY

### Preparing for the Unexpected— Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI  
Free! Info/sign-up: rei.com/learn.html

## March 5 ▶ SATURDAY

### Ski the Glade Museum Fundraiser

Ski the groomed Glade Trail on Mt. Hood all day and there will be a shuttle from Govy to Timberline and ski the Glade. Mt. Hood Ski Patrol volunteers provide patrol services. Tickets \$100 for museum members and \$125 for nonmembers (purchase by calling 503.272.3301). Includes, lunch and a reception following the end of skiing for the day.

Info: mthoodmuseum.org

Sponsors: Timberline Lodge, the Village of Government Camp, Oregon's Mt. Hood Territory and EcoShuttle.

## March 8 ▶ TUESDAY

### Hiking and Climbing in Peru

6:30 p.m. – Social hour

7:30 p.m. ONC-PDX

Meeting and Program

Lucky Labrador Brewing

Company, 1945 NW

Quimby St. Free!



## March 12 ▶ SATURDAY

### Mazama Lodge Winter Festival

Noon to 8:00 p.m. Free!

Noon: Registration begins and grill opens (burgers and garden burgers; \$9 for adults and \$6 for kids)

2:00 p.m. Snow events begin

4:30 p.m. Birkebeiner

5:00 p.m. Snow sculpture judging, Bavarian Banquet (\$13.25 for adults and \$7 for kids)

7:00 p.m. Flaming Mt. Hood cake

6:00 – 8:00 Square dancing for all ages.

Info/reservations: mazamas.org/lodge/lodge-sponsored-events

## March 15 ▶ TUESDAY

### Preparing for the Unexpected— Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Tualatin REI  
Free! Info/sign-up: rei.com/learn.html

### Eruption: The Untold Story of Mount St. Helens

Volcano Views and Brews presentation starts at 6:30 p.m. Loowit Brewing, 507 Columbia Street, Vancouver, WA Dinner and drinks \$ available earlier. Suggested donation \$5.

Info: mshinstitute.org

## March 16 ▶ WEDNESDAY

### Backpacking in the Mount St. Helens Area

Volcano Views and Brews presentation starts at 6:30 p.m. Lucky Lab Brewpub, 915 SE Hawthorne, Portland, OR Dinner and drinks \$ available earlier. Suggested donation \$5. Info: mshinstitute.org

## March 19 ▶ SATURDAY

### John Craig Memorial Event

Sisters, OR

See day tours schedule.

Info: Skip skipandjan@charter.net

## March 26 ▶ SATURDAY

### Mazama Used Equipment Sale

MMC, 527 SE 43rd Ave., 6:00 – 8:00 p.m.

Gear drop off Thur., March 24, 5:00 – 6:00 p.m.,

Gear pick up Sat., March 26, 9:00 a.m. – Noon

## Clinics & Training

### May 26–30 THURSDAY – MONDAY 2016 Oregon Spring Camp, Mt. Bachelor

Dates are tentative. Morning sessions on snow, groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more!

Info: xcoregon.org

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see sidebar on page 10)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: www.nwskiers.org www.fwsa.org www.federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$27 for single, \$33 for family/household. Join on the website. Info: **oncmembership@gmail.com**

## ONC-PDX BOARD SKI TRACKS

### On the way home from the ONC-PDX trip to

Yellowstone, I was thinking about what a fantastic trip it was (in spite of the mid-week warming trend by day and freezing by night, creating a recipe for crusty, sometimes icy snow). The wildlife sightings didn't disappoint us: wolves, coyotes, the ubiquitous bison, elk, deer, a pine martin, foxes, bighorn sheep and more. The geysers were sensational, as always, and the colors in the thermal areas dramatic. How lucky we were to be able to enjoy the sights, the landscape, and the good company for more than a week. It was truly a trip into wintery dreamland!

Sitting in the back seat of Mary Hepokoski's car on the way back to Portland, I've had plenty of time to think about various topics, one of which is the future of ONC-PDX. I wonder what questions the next board will tackle. A partial list might be: how will climate change affect our choices of overnight trip offerings? In the search for skiable snow, will we have to find new locations? Other questions would be: are we aging ourselves out of business? How can we make the best use of sites like Meetup to attract younger members? How do we handle the problem of too few carpool drivers on trips and tours? Should we change the mileage rate from \$0.15 a mile to \$0.20? What changes do we need to make in terms of the membership process? How can the board improve communication with the various committees (day tours, overnight trips, membership, trail maintenance)? What sort of evaluation process can be set up for feedback on trips and tours? How can we recruit more skilled, safety-conscious leaders? How can next year's leadership training be improved? How can we make the website even more effective? Should we go to all digital and steer away from a paper newsletter? And the persistent, age-old question: how do we promote a greater degree of volunteerism?

I'm sure the next board will face other issues that I haven't imagined yet. I'm sure the next board will come up with creative ideas and thoughtful solutions. The minds of several people working together can tackle issues from many directions and perspectives. The invitation is always open to all members to add comments, questions, and insight into the inner workings of ONC-PDX—to make the club stronger and more responsive to the needs of the whole group and remain a robust organization. ♦

Ann Truax, President

John Craig BBQ party and ONC State continued from page 1  
to 6:00 p.m.

At 3:00 p.m. the state ONC will provide an old fashion German hot dogs and sauerkraut. This is a BYOB dinner; everyone is invited to bring something to share. This is a BYOB dinner. The 2016 John Day Award winner will be announced at 5:00 p.m.

On Sunday, March 20 there will be an ONC State meeting starting at 9:00 a.m. in the Ponderosa Room. Everyone is invited to attend. ♦

## The John Craig Memorial Ski

**A memorial for John Templeton Craig, the pioneer mailman who died attempting to deliver mail in December 1877, at the age of 56, is located along the McKenzie Highway (Hwy. 242) two miles west of the McKenzie Pass summit. The Oregon Rural Letter Carriers Association erected it in 1930 at the site of his tomb. The first John Craig Memorial Ski Race was held four years later.**

Craig delivered mail for a quarter of a century, traveling by horse in the summer and on skis in the winter. He was caught in a sudden winter storm and found frozen in his shack atop McKenzie Pass, by a search party—the mail pouch beside him.

Craig, a true pioneer, came to Oregon in 1852 and was part of the Scott expedition in that marshaled in a new era of travel between the Willamette Valley and Central Oregon. He spent the following ten years seeking a better route. Captain Felix Scott hired Craig, one of the 50 men enlisted for the task, to build a trail from Eugene over the Cascades in 1862. They built a high route, now known as the Scott Trail in the Three Sisters Wilderness; it was later abandoned. Craig spent the following ten years seeking a better route then promoted that lower route through McKenzie Pass, now know as the McKenzie Highway. He founded the McKenzie, Salt Springs and Deschutes Wagon Road Company in 1871 and opened the new passage as a toll road in the fall of 1872—with fees of \$2 per wagon and \$1 for horseback rider. He was awarded a federal contract to deliver mail using the route, and constructed a small cabin midway across, where he could spend the night.

After the first John Craig Memorial Ski Race, the event occurred occasionally the next 20 years. In 1972 the Oregon Nordic Club started organizing an annual event in Craig's honor. Skiers used to be bused to the west side where they started a ski over McKenzie Pass to Sisters; this year participants will ski on a groomed track from the east side up to the pass or however far they want to go. ♦

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## DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a

continued on sidebar page 5

## NORDIC ISSUES/NEWS

**Volunteers are needed** Have some time to track issues that affect skiers (on websites in the comfort of your own home)? Contact Pam oncnewsletter@gmail.com.

**Obstructions on the Ski Trails** If downed trees or brush hanging are encountered on the ski trails please report locations to our Trail Tending Coordinator Ken Wenzel skiwenzel@hotmail.com

### Mt. Hood National Forest

**Trail Conditions** On February 24 it was noted on the Forest Service website that there was 50 inches of snow at Bennett Pass Sno-Park and 15 inches of snow at Pocket Creek Sno-Park. They did not get much snow from the storm that passed over at the end of the month.

### Public input concerning Cooper Spur

**Landswap** The Federal District Court in Oregon, on January 6, 2016 turned down the Forest Service's effort to dismiss a case challenging the agency's failure to complete a land exchange required by the 2009 Omnibus Public Lands Act. The Act directs Mt. Hood Meadows to trade 770 acres at Cooper Spur to the Forest Service for 120 acres at Government Camp. The Act then protects the Cooper Spur land by designating it as a Wilderness area of the Mt. Hood National Forest with a special watershed protection zone. Federal District Court Judge Anna Brown's decision also requiring the Forest Service to file monthly reports on the progress of the land trade while the case is pending.

The Forest Service issued a Scoping Letter on the land exchange on February 11, 2016 asking for further public input on the scope of issues to address in the environmental impact statement (EIS) it plans to prepare for the congressionally directed and conditioned Government Camp-Cooper Spur Land Exchange. This request for public input was originally requested in 2010. All input previously submitted will be considered, but due to the amount of time lapsed the Forest Service is offering another opportunity to present input. The deadline for submitting further input is March 17, 2016. More info is posted on their website: fs.usda.gov/mthood then click on "Land & Resources Management," then on "The Schedule of Proposed Actions (SOPA)," another click on "Click to view the current SOPA Report," finally scroll down to "Government Camp-Cooper Spur Land Exchange."

Written comments are to be sent to Michelle Lombardo, Forest Environmental Coordinator, 16400 Champion Way, Sandy, OR; FAX

503.668.1423. Comments can be hand delivered, 7:30 a.m.-11:30 a.m. and 12:30 p.m. – 4:30 p.m., Monday through Friday, excluding federal holidays. Electronic comments can be submitted to: comments-pacificnorthwest-mthood@fs.fed.us in any of the following formats as an email message, plain text (.txt), rich text format (.rtf), or Word document (.doc). All of those who comment will remain on their mailing list and receive further updates. You can stay on their mailing list even if you do not wish to make a comment, by notifying them.

An electronic map showing the project is available on this website: fs.usda.gov/goto/mthood/projects. Any questions about the project can be sent to Michelle Lombardo (Forest Environmental Coordinator) at 503.668.1796 or mlombardo@fs.fed.us.

### Gifford Pinchot National Forest Mt. St. Helens

**Trail Conditions** On February 22 it was noted on the Gifford Pinchot website that there was 24 inches of snow at Marble Mountain Sno-Park with some snow and ice in the parking lot. They had some new snow at the end of the month when the snow level when down to around 3,000 feet.

### Wind River

**Trail Conditions** As of February 26 there was one to two feet of snow. They had some new snow at the end of the month when the snow level when down to around 3,000 feet. Updates will be posed the following website with plowing and road conditions: Skamainiacounty.org

Info/comments: winter@co.skamania.wa.us

### Deschutes National Forest

**New Ski Route near Santiam Pass** Central Nordic Oregon Club (CNOC) group leader Susan Sullivan took skiers to Craig Lake near Santiam Pass on the north side of Highway 20 in early February. The ski route is about 7.5 miles, with some 500 feet of elevation gain. It is in the area burned in the 2003 B&B Fire, which translates into open, sunny skiing right from the car. If anyone is interested in the route, Susan (contact her through the CNOC website: connordicclub.org) can set them up with a PDF map. There are no diamonds marking the way.

The Lake was named for Tom Craig who was in charge of the railroad car Rainbow for the Oregon Fish and Game Department. The Rainbow was a special baggage car equipped in 1912 for transporting fingerling trout (it is normally stocked with fish every other year).

Mitch Auerbach, Kevin McGillivray  
(Gorge Chapter), *Nordic Issues*, Pam Rigor, Editor

# Winter Comes: Oregon's Nordic Ski History at the Deschutes Historical Museum



**Long before the invention of** the wheel, humans used skis for means of winter transportation. The strong influence of the Scandinavian culture allowed Bend to be on the forefront of Nordic skiing since the early 1920s. Yet, the history of Nordic skiing in Oregon, Bend



Courtesy of Mt. Hood Cultural Center and Museum

technology. Adding to the uniqueness of the exhibit are significant donations or loans of artifacts from across Oregon, plus ski museums in Sweden and Norway.

Unique to the exhibit is the loan of Emil Nordeen, early Bend Nordic ski pioneer's 'The Klamath' trophy he won in 1929 and 1931 at the Fort Klamath to Crater Lake



Courtesy of Deschutes Historical Museum



Courtesy of Deschutes Historical Museum

and Central Oregon has never been told in a comprehensive way, until now. The development of the exhibit is under the leadership of museum executive

director, Kelly Cannon-Miller, co-curator, Tim Gibbons with the Oregon Nordic Ski Foundation, and local historian, Tor Hanson.

The Deschutes Historical Museum, 129 NW Idaho Avenue in Bend, premieres *Winter*



Courtesy of Deschutes Historical Museum

*Comes: Oregon's Nordic Ski History* on March 1, 2016. The 1,200 square foot, interactive exhibit will feature oral



Courtesy of Deschutes Historical Museum

histories from sons and daughters from ski pioneers, the history of Nordic skiing, as well as reproductions of past skiing equipment and clothing, to current

cont. from sidebar page 4  
terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

## Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

## Easy Tour

**Ski:** 4-6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

## Intermediate Tour

**Ski:** 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8-10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

## Advanced Tour

**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper

cross-country ski race. The Klamath is one of only three trophies manufactured by Wallace Trophies in Pittsburg, PA. It measures 39 inches tall and is made from solid silver. At the time, the Klamath was valued at \$1,600 and was recently appraised at \$32,000.

The exhibit is made possible through generous grants from the Bend Cultural Tourism Fund, the Oregon Cultural Trust, the Oregon Nordic Ski Foundation, and many local donors and businesses.

The exhibit runs through November 2016. While portions of the exhibit will travel to Klamath Falls and Mt. Hood during 2017-2018, the artifacts, photographs, historic films and oral histories gathered will remain on display or as part of the permanent collection at the Museum.

The Deschutes Historical Museum is open Tuesdays through Saturdays from 10 a.m. to 4:30 p.m. Admission is only \$5 for adults, \$2 for youth 13-17, and children 12 and under are free. For more information, call 541.389.1813 or [www.deschuteshistory.org](http://www.deschuteshistory.org).

continued on sidebar page 6



cont. from sidebar page 5  
hills; 15–18 m.p.h. pace,  
regrouping when  
necessary.

**Hike:** > 10 miles; 400 ft.  
per mile elevation gain.  
Steady pace and/or  
difficult terrain (a workout).  
**Backpack:** > 7 miles/  
day; 400–600 ft./mile  
elevation gain.

## TOUR ESSENTIALS

Pack these essentials on  
any ONC activity, “just in  
case.” Remember that  
cotton offers no insulation  
when wet. Choose wool or  
synthetics like polypro or  
Capilene® for warmth and  
comfort.

### Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof  
case) and fire starter
- Rain gear and extra  
clothes, including a  
warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know  
how to use)
- Flashlight, extra  
batteries and bulb
- Space blanket or  
bivy bag
- Pocket knife
- Toilet paper and trowel  
(ziplock bag to carry out  
toilet paper)
- Sunglasses, lip balm and  
sun screen
- Foam sit pad

### Biking

#### Essentials

- Helmet (required on all  
bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

## OVERNIGHT TRIP POLICIES

1. Overnight tour  
descriptions must be  
submitted to the  
overnight tour coordi-  
nator to be approved.  
Once approved, the  
overnight tour coordi-  
nator submits them to  
the newsletter editor.
2. Only Oregon Nordic  
Club members are  
allowed on Portland  
ONC overnight tours,

continued on sidebar page 7

## Avalanche danger in the mountains

**Scott Diamond posted a link to an article**  
about an avalanche on the forums’ Trail Conditions  
section ([onc-pdx.org/forums/topic/avalanche-  
article](http://onc-pdx.org/forums/topic/avalanche-article)). The article, The Avalanche at Tunnel Creek,  
is from the 2012 New York Times and is a reminder  
to be safe out there.

Info about avalanche danger can be found on the  
Northwest Avalanche Center website ([nwac.us](http://nwac.us))—  
check this site before heading out to ski. The  
avalanche danger was high on the first of March. ♦

## Wednesday tour on the Crosstown Trail

**Karl Kratzer led the Wednesday ski tour on**  
February 3—by the end of the day the snow was  
coming down. ♦



Terry Owen

## Ski Clinic and Lessons

**Seven new members attended the in-town**  
Ski Clinic in late January. The first on-the-snow day  
they practiced the classic diagonal stride and easy  
turns. Their second day they were descending  
the hills using the wedge (also  
known as the snow-  
plow).



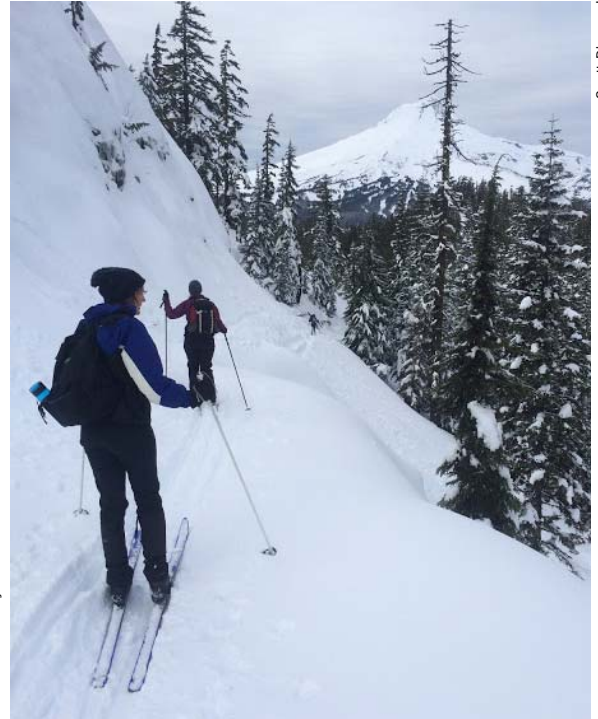
Pam Rigor

Thanks go to Mike Dianich and Bob Breivogel for  
helping with the lessons.

**Pam Rigor, Ski Clinic Coordinator**

## Bennett Pass loop the hard way

**Scott Diamond led the ski group “the hard**  
way” up the Bennett Ridge on February 6. ♦



Scott Diamond

## Heather Canyon snow

**Larry Risch led six skiers on the tour to**  
Heather Canyon on February 19. There was lots of  
snow, but no views. ♦



Larry Risch



Ethan Schumacher

## DAY TOURS

**Note: if weather or road conditions are dangerous, please confirm tour with the leader.**

**Check website ([onc-pdx.org](http://onc-pdx.org) in day tours and in forums for day tours) and/or our Meetup site ([www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)) for last minute day tours.**

### March 5, Sat, Easy Ski Location TBD

This will be fun day tour of 4–6 miles over gentle terrain wherever the snow is good on Mt. Hood. **For more info, meeting place and to confirm attendance, contact the leader: Jodi Wacenske, 503.515.1707.**

### March 6, Sun, Urban Walk SE Portland, OR

I suggest that we walk from Woodstock through the East Moreland neighborhoods towards Sellwood. We can walk down to the park/waterfront close to the new Sellwood bridge and then head back. We should be back to Woodstock around noon. Rain or shine we will go on an urban walk of about 2 hours. **Meet at Grand Central Bakery, SE 44th Ave. & Woodstock Blvd. (across the street from Safeway) For more info contact: Barbara 503.267.1409 [babarakadabra1@gmail.com](mailto:babarakadabra1@gmail.com).**

### March 19, Sat, All Abilities Ski (groomed) John Craig McKenzie Pass Nordic Ski/BBQ Party Sisters, OR

We can ski to Windy Point or to the Dee Wright Observatory, a track will be set to the observatory. The turn around is no later than 2:00 p.m. A donation jars will be available to help defray expenses. Although we will have an aid station, please have plenty of water and snacks in your pack. After the ski tour everyone is welcome to come to the Ponderosa Inn (in the Conference Room) in Sisters for the BBQ party (see the article on the front page).

**Meet at the east side snow gate on McKenzie Pass Highway 242 at 9:00 a.m. Meet at the Ponderosa Inn at 8:30 a.m. if you are carpooling with someone.** ♦

**Common meeting places:** Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

## Day tour scheduling process

### We have some exciting news to share with

all of you. We've streamlined the day tour scheduling process with a new, on-line, standardized form for leaders to complete. It goes directly to the day tour email ([oncdaytours@gmail.com](mailto:oncdaytours@gmail.com)). Using the new standardized on-line form will greatly reduce the current email and phone communication required to schedule day tours.

Here's how it works:

To schedule a day tour click on the link, Day Tour Ski Input Form, on our website below the day tours schedule, which is under Activities and Events. Complete all sections of the form and click the submit button on the bottom of the form. It is automatically sent to the day tours email.

That's it!

When we receive your completed form, your tour will be scheduled on the ONC-PDX website, and, if you have indicated yes for Meetup it will be posted there also. Please contact the Day Tour Committee via email at [oncdaytours@gmail.com](mailto:oncdaytours@gmail.com) with any questions on the new scheduling form or process. Thanks to all of you who contribute (especially our tour leaders) to the continued success of our day tour program! Have fun and enjoy the snow! ♦

*Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee*

## Columbia Cascades Trail Skills College

### The 2016 Columbia Cascades Trail Skills

College will be on April 22-24 at Cascade Locks, Oregon. The Pacific Crest Trail Association sponsors this free event that teaches volunteers essential skills in trail construction and maintenance. Instructors for the college include experts and professionals in the fields of recreational construction, trail maintenance and leadership.

A range of classes will be available from basic tread and brushing to cross-cut certification and crew leadership; saw certification will also be available—for ski trail maintenance and firewood cutting (for ski shelters). Learn new skills or refine the ones you have. Beginners and experts alike can benefit from the courses being offered. There is limited space and the classes fill up so register early to get a spot.

Prerequisite saw classes are available to prepare students for the second annual Wind River Saw Training and Certification event being held on April 29–May 1. Info and register: [pcta.org/volunteer/trail-skill-college/columbia-cascades](http://pcta.org/volunteer/trail-skill-college/columbia-cascades) or contact the Volunteer Program Assistant at 916.285.1838 or [volunteer@pcta.org](mailto:volunteer@pcta.org) ♦

cont. from sidebar page 6 even if it is a trip for which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers. 3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tripler. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.

### WAITING LIST

4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.

### Trip Cancellation Policy

5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.

6. Participants are responsible for finding their own replacements, continued on sidebar page 8



cont. from sidebar page 7

including contacting people on the waiting list.

7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)

8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.

9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

10. If the club cancels the trip, then the club will refund the cost of the trip. All trip cancellations will be decided by Overnight Trip Steering Committee.

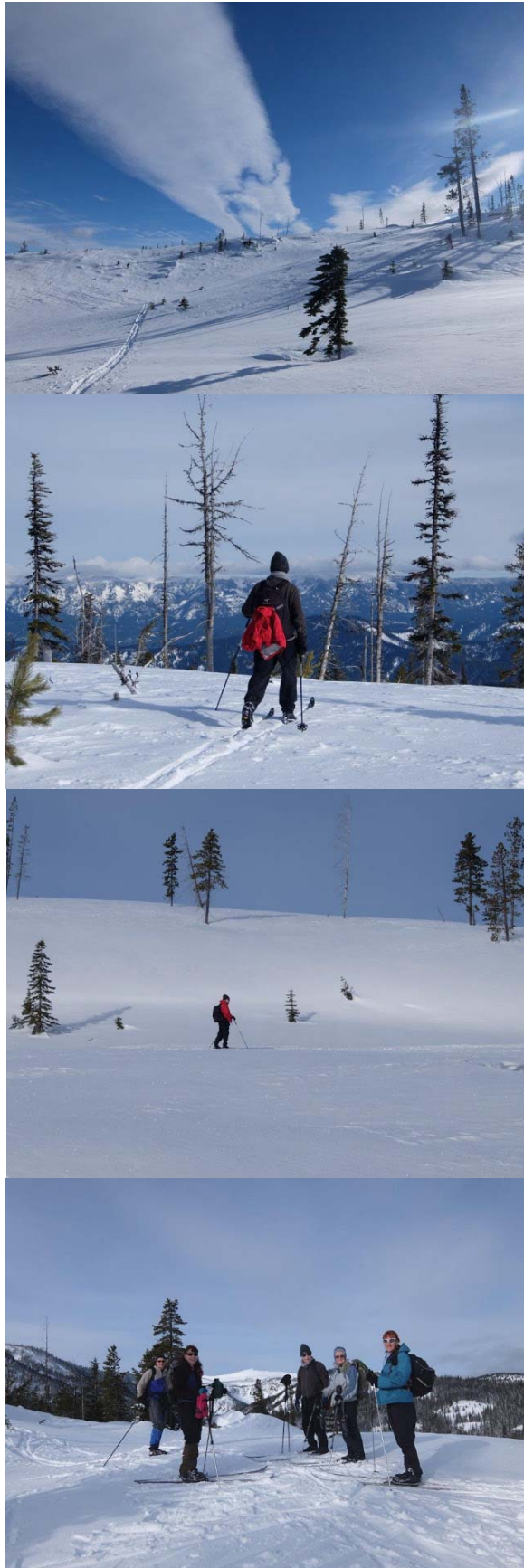
#### **Travel Insurance**

We remind participants that trips are non-refundable, unless a replacement is found. We recommend that you use trip insurance, through our membership in the Northwest Ski Club Council/ National Ski Federation Council. The cost is usually 7% of the trip cost, with a minimum of

continued on sidebar page 9

## **Scottish Lakes Backcountry Ski**

**There was lots of powder and clear skies.**



All photos Mary Hepokoski

## **OVERNIGHT TRIPS**

### **SIGN-UP TIPS**

- ◆ Overnight trips are exclusively for members; join or renew your membership before signing up. Memberships can be renewed on the website or by paper application available on our website Membership under Member Resources/Forms (mail to club P.O. Box, not to leader).
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see sidebars)!
- ◆ Sign up early so we'll have enough people cover trip costs: sign-ups can be made on the website ([onc-pdx.org/acitivies/overnight-trips](http://onc-pdx.org/acitivies/overnight-trips)) or fill out an overnight trip application and mail it with your trip fee to the trip leader (make checks payable to ONC-Portland Chapter).
- ◆ If the trip is full, join the waiting list by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place if you cancel. A web link for travel insurance is on the overnight trip application form, or contact the trip leader or overnight trip coordinator.

### **March 5–19, Sat–Sat, All Abilities Ski Innsbruck, Austria and Dolomites, Italy Trip full, 2 on waiting list\***

Skate and classic cross-country ski in the Austrian Alps and the Dolomites of Italy for two weeks in March 2016! We'll fly from Portland or Seattle on Saturday, March 5 to Munich and take the train to Seefeld, Austria (near Innsbruck). We'll have hotel rooms and an apartment for group meals and food preparation. For the first week of the trip, we can take a ski bus to different local villages, or ski from the hotel. Tourist activities are also an option (costs vary). On Sunday, March 13, we go to Plan de Gralba, Italy, where we will ski the Dolomites of Val Gardenia through Plan de Gralba until Friday, March 18, when we will travel to Munich, have dinner at the world famous Hofbrauhaus and stay overnight, preparing to return back to Portland on Saturday, March 19.

Our hotel rooms are modern with private bathrooms, in room. Breakfasts are included, lunches and dinners are not. Lunch is typically eaten on the trail, or ski up to a chalet and dine as you desire. Dinner will be in the apartment or at the many choices of restaurants.

There are no in-city tourist activities planned; however, if the group desires, we can set aside a day to tour museums and cathedrals—with time for taking photos

**Trip limit: 12 participants**

**Cost: estimated at \$2,900 per person (you must be a current ONC member before signing up for this trip),**

**\*Check website/contact leader for trip updates**  
[onc-pdx.org](http://onc-pdx.org)



but the recommended budget is \$3,500, includes round trip airfare to Munich from Portland or Seattle, train to Seefeld and Plan de Gralba, and then back to Munich, bus passes near Seefeld, skiing in Plan de Gralba, all lodging (double occupancy), breakfasts and final dinner in Munich. Travel insurance is required .

For more info contact Sam Digard at [sam.digard@gmail.com](mailto:sam.digard@gmail.com) call/text 360.910.1714 (voice calls are often difficult to answer, so please be ready to leave a message) for more details and a larger PowerPoint overview of the trip.

### March 11–13, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame, Mt. Hood, OR

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile with a 1,900-foot gain up the Tilly Jane Ski Trail to the A-Frame at 5,700 feet elevation. Participants carry their own

gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring

their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are mandatory.

**Trip Limit: 20 participants maximum**

**Cost: Free—a club benefit (you must be a current ONC-PDX member or Tilly Jane volunteer before signing up for this trip)**

To sign up or for more info contact us at [TillyJaneCabin@gmail.com](mailto:TillyJaneCabin@gmail.com). We'll forward your request to the appropriate trip leader. Leaders TBD

### March 10–14, Thur–Mon, All Abilities Ski Wallowa Mountains, Wallowa Lake, OR

**Trip full\***

Come spend an extended weekend skiing in the magnificent Wallowa Mountains in eastern Oregon! We have three houses at Wallowa Lake for four nights at the entrance to the Wallowa Mountains. We can partake in three or four days of skiing. There are opportunities for all

levels of skiing—backcountry skiing, road and trail skiing, and snowshoeing (provided by the resort). Some options are Salt Creek

Summit, Hurricane Trail, McCully Trail, and the West Fork Trail. We'll carpool from Portland on Thursday morning or early afternoon, arriving in Joseph in early evening. We'll ski around Wallowa Lake and in the mountains on Friday, Saturday, Sunday, and (possibly) part of Monday, returning to Portland on Monday evening. We'll have potluck dinners in one of the houses.

**Trip Limit: 14 participants (including the leader)**  
**Cost: \$130 per person (you must be a current ONC member before signing up for this trip) includes four nights lodging.**

For more info contact Kathy at 503.429.4024 [burnskathryn@gmail.com](mailto:burnskathryn@gmail.com).

### March 19–27, Sat–Sun, All Abilities Ski Canadian Rockies Spring Break **Trip full, 1 on waiting list\***

This is the Big One to the Big Mountains! Don't miss out! Join us for a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country. We have planned six days of glorious backcountry intermediate level ski touring and groomed cross-country

trails of that region. The group will travel by car leaving from Portland Saturday, March 19, and arriving in Canmore, Alberta Sunday, March 20 with an overnight stay on the road (not included in cost). We'll start our venture by spending a day

skiing at the Canmore Nordic Center, the site of the '88 Winter Olympics. Trails options for tours are well known in the area—include Burstall Pass, Canmore to Banff via Goat Creek, Dead Man's Flat to Skogan Pass and Ribbon Creek, and Smith Dorrien trails starting from Chester Lake. These trails can be skied to whatever level of choice. (Downhill skiing is an option) One day will be left open for sightseeing or more skiing!

Accommodations entail a luxury house with kitchen facilities and entertainment areas for dinners and socializing. Canmore is a delightfully entertaining community and worthy of at least one night "on the town." We'll return to Portland early Sunday, March 27. Travel distance to Canmore is approximately 900 miles. A pre-trip meeting will be scheduled to go over the details. A valid passport is required.

**Trip Limit: 8 participants (including the leader)**  
**Trip Cost: \$450 (you must be a current ONC member**  
**\*Check website/contact leader for trip updates**

cont. from sidebar page 8

**\$10. This is less than commercial policies. A link is on the ONC-PDX overnight trip application on the website at the bottom.**

Where they ask for tour operator, select "not listed" and indicate that the "ONC" is the tour operator. For agent's initials, use: "TPS." Read the coverage carefully and make your choice. For more info contact the Overnight Trip Coordinator Ted Scheinman [tedskier@gmail.com](mailto:tedskier@gmail.com) ♦

Andrew Black



Ted Scheinman

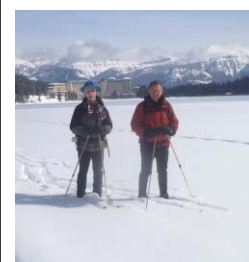
Ted Scheinman



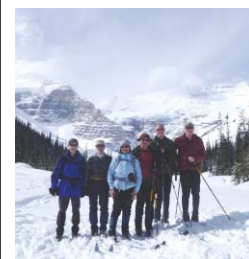
### Canadian Rockies



### Canadian Rockies



### Canadian Rockies



Ted Scheinman

Ted Scheinman



## Discounts for ONC-PDX members and leaders!

**Columbia Sportswear**, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [columbia.com](http://columbia.com)

**Glenn's Mountain Tracks** in Government Camp next to Huckleberry's Restaurant, offers ONC-PDX members group rates on cross-country ski rentals. Current membership card required. On-line rentals. [mntntracks.com](http://mntntracks.com)

**Mountain Hardware**, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [mountainhardware.com/Stores\\_Portland.html](http://mountainhardware.com/Stores_Portland.html)

**The Mountain Shop**, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

before signing up for this trip) includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road, potluck meals, shared costs for transportation, trail fees for one day at Nordic Center and shared costs meals in Canmore.

For more info contact Ted at 503.452.7432  
[tedskier@gmail.com](mailto:tedskier@gmail.com)

March 25–27, Fri–Sun, Adv./Inter. Backcountry Ski  
Three Sisters Hut to Hut Traverse, OR  
**Trip full, 8 on waiting list\***

Try something different and use your route finding skills! This is a 22-mile Hut to Hut, self guided tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail (unmarked) at 6,500 ft. elevation, on the eastern edge of the Three Sisters Wilderness area. We will meet our shuttle Friday at 8:00 am at Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks. The terrain will be ungroomed, rolling to gentle slopes and will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove and cooking facilities. They provide sleeping bags as well; so you only need to carry a

bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in-between.

For what is provided and photos of the huts, use this link: [threesistersbackcountry.com/huts/nordic-traverse-huts](http://threesistersbackcountry.com/huts/nordic-traverse-huts)

Since the distance between huts is only eight miles there should be time for additional skiing and exploring opportunities. Participants should be familiar with route finding skills and use of a GPS, however a GPS is not required.

**Trip Limit: 8 (including two leaders)**

**Cost: \$270 per person (you must be a current ONC member before signing up for this trip) includes a shuttle, two nights in huts, food for two days and two nights with beer included! Additional expenses include carpooling, food and lodging in Sisters the night before.**

For more info contact Susan at 503.286.6339  
[susniam@gmail.com](mailto:susniam@gmail.com)



## Oregon Nordic Club–Portland Chapter Overnight Trip Application

TOUR NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

FEE / DEPOSIT: \_\_\_\_\_

**One application per person**

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: \_\_\_\_\_

ONC-PDX MEMBER: ☐ yes ☐ no\* ☐ other ONC Chapter

\*You must be a current ONC member before signing up for ONC-PDX overnight trips

PHONE: (home) \_\_\_\_\_

(work) \_\_\_\_\_

(cell) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_

E-MAIL \*\*: \_\_\_\_\_

\*\* If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

### Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club Portland Chapter (ONC-PDX) outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC-PDX activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the ONC-PDX is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the ONC-PDX and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the ONC-PDX or its agents, tour leaders, officers, or instructors.

Please read ONC-PDX's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance incase of hardship: a provider for skiers is Travel Protectors; you can sign up for policies at [travelprotectors.com](http://travelprotectors.com) or by calling Myra at 703.443.9055.

I have read and understand the above statements concerning ONC-PDX's programs.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

(Parent or Guardian must sign if the trip participant is under 18 years of age)

X

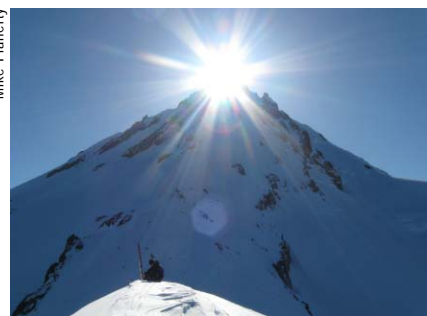


## April 8–10, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile with a 1,900-foot gain up the Tilly Jane Ski Trail to the A-Frame at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking

pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using

map, compass or GPS are required. Climbing skins are mandatory.



Mike Flaherty

**Trip Limit:** 20 participants maximum

**Cost:** Free—a club benefit (you must be a current ONC-PDX member or Tilly Jane volunteer before signing up for this trip)

To sign up or for more info contact us at [TillyJaneCabin@gmail.com](mailto:TillyJaneCabin@gmail.com). We'll forward your request to the appropriate trip leader. Leaders TBD ♦



**\*Check website/contact leader for trip updates**

## Welcome new members!

Patricia Ayerza and Robert W Sulser, Vivien Fedd, Carolyn Fjelstad, Shem Giles, Anna Girdner, Ole Helgersen, Silke Kleinhenz, Jonathan Lymch, Denise McGuire, Lillian, Charles, Katie and Diana Oppenheimer, Donella Russell and Donna Wiench

**Welcome back:** Nadine and Christine Beckel, Liana Rein, Lee and Susan Rosenbaum, Layne Russell, Deborah Syna, Nina Syna and Dirk Morgan

**February membership report:** 327 total memberships (237 single and 88 family) includes 15 new and 5 renewals. Last year at this time there were 265 memberships.

## BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting, February board minutes were not available.

**Next board meetings:** March 1 at 7:00 p.m. at the Mazama Mountaineering Center, April 5 at 7:00 p.m. at the Mazama Mountaineering Center ♦

## CLASSIFIED ADS

**WANTED:** ► Good used plastic telemark boots. I would like to know what you have to see if it will fit my aims.

Sean [sean.currans@gmail.com](mailto:sean.currans@gmail.com) 5/16

**FOR SALE:** ► Atomic Telepathic telemark skis 170cm with Voile Tele bindings and heel lifts. \$75. Skins available too. Riva Super Loop ultralight telemark / backcountry touring bindings, new \$60 or OBO.

► SCARPA Intuition ski boot thermo form liners. Used one season in T4s. Good for Alpine, AT, Telemark Size 30.5 (used in a 30 Scarpa Boot) Will fit 29.5 to 30.5 shells. Can be reformed several times. \$65 or offer LEKI Ski Poles, telescope from 110 to 160 cm. Black and Gold good condition. \$25 or OBO.

Russ [russ.bec@gmail.com](mailto:russ.bec@gmail.com) 5/16

**FOR SALE:** ► 3-pin tele boots Full grain leather. Approximately size 7 1/2. Inner and outer lace-up boot allows for fitting of a rather narrow foot. \$100 or OBO.

Laurel 503.287.6290 5/16

**FREE:** ► Skis and Boots Skis Trak model. Boots

Escapeeuro size 45 which is about a mens 11.

Susan [sclaing123@gmail.com](mailto:sclaing123@gmail.com) 5/16

**FOR SALE:** ► Fischer BCX8 Back country ski boots, 3 pin, size EU43. Like new. \$75.

Mike 503.695.5385 5/16

**Deadline: 15th of the month** (for next month's publication). Free ads are for members only, placed on a first come basis and may be edited depending on space availability. Send to: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a MS Word document attachment preferred — (with no formatting i.e., no bold text or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.

## Oregon Mountain Community

2975 NE Sandy, ONC-PDX members —subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto's Ski & Bike Shop**, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy'East Nordic Ski School** offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. [wyeastnordic.com](http://wyeastnordic.com) ♦

