



PORTLAND CHAPTER

FEBRUARY 2014

Methow Valley—the only game in town



The group heading out the Cedar Creek Loop

Well, so maybe it's not in town, but the skiing was fantastic. The potluck dinners in our luxury condos were awesome. The sheer communion with the wildlife of the North Cascades was incredible. Bald Eagles are actually really

vicious creatures...more on that next time.

Half of the group exercised the groomed trails for skate skiing. Whether gently skiing along a plateau, or swooshing down through forested vistas of granite cliffs and rushing rivers, everyone was able to explore and recreate. Regardless, we all used our classic skis to get the high elevation trails. The 200 kilometers of groomed powder bliss offered us all opportunities to pick the tour we wanted. Luckily, in a low snow year like this one, there were still over 100 kilometers of trails open. And flawlessly groomed tracks allowing four skiing days where we never had to repeat any trail.

Sam Digard, Trip Leader

Snow in the Ochoco mountains



Taking a break for a group shot

Seven lucky ONC members enjoyed skiing in fresh snow at Walton Lake Sno-Park

January 11 and 12! We were prepared to fill in with hiking or snow shoeing but there was enough snow to make it through and even up to a foot on some open meadow trails. Our rendezvous with the Ochoco chapter did not happen due to high wind warnings which didn't seem to impact the Walton Lake trails. Saturday night brought fresh snow, even down at the cabin and it snowed most of Sunday. Both days we were the only skiers at the sno park. Good company and great food were enjoyed by all and we had a few wild horse sightings! Participants- Karen Suher, John Long, Mary Hepokoski, Terry Owen, Dean K., Kerstin Jurges, Mark Kruskopf. More photos on page 6.

John Long and Karen Suher, Trip Leaders

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Ski Crater Lake National Park See page 8

Here comes the snow

I was keeping my eye on the websites, monitoring the weather conditions as I was

finishing the newsletter. With most of our ski tours being cancelled due to lack of snow, it's great news that the forecast finally changed the end of January. We will be able to get out and ski on new snow this month! On a mid-month ski in January at Bennett Pass with challenging hard pack conditions I found trees across the trail. ONC volunteers will be helping FS Ranger Jim Thornton to remove these trees early in the month. I just read on the Descutes FS website that a number of trees (1,600) downed on trails and 90 % were removed by mid-January—by volunteers. As you skis the trails this month please report any branches or trees down across the trails to Greg Wenneson 503 460-7231 gregwenn@sonic.net and we will work on getting them removed.

Pam Rigor, Editor

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COORDINATORS AND COMMITTEES: Day Tours:

Coordinator—vacant oncdaytours@gmail.com Recruiter(s)—vacant Novice Ski Tours Coordinator—vacant Summer Coordinator Bike/Hike—vacant continued on sidebar page 3

EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication). Send submissions to oncnewsletter@gmail.com as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. Corrections: e-mail corrections and/or additions to the editor. This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906

U P C O M I N G E V E N T S

Feb 4 > TUESDAY Norway ski tour in the Jotunheimen Mountains

ONC monthly program. Multnomah Arts Center 7688 SW Capitol Hwy. 7:30 p.m. Free!

7:30 p.m. Free! Feb 6 > THURSDAY Avalanche Awareness

REI Portland, 6:30-8:30 p.m. Free! Info/sign-up: rei.com (store events)

Feb 9 → SUNDAY 3rd Annual Tour for the Heart

Mt Bachelor Nordic Center, 11 a.m. Fun 5km XC ski or snowshoe event. Benefit for the American Heart Association (women's heart disease education/research) Info: www.xcoregon.org

Feb 15 → SATURDAY 2014 Tour de Meissner

Meissner Nordic area, Cascade Lakes Scenic Byway Info: www.meissnernordic.org

Feb 16 > SUNDAY 28th Annual John Day Citizen's Cross Country Ski Race

Diamond Lake Resort, near Crater Lake Info and sign-up: http://southernonc.tripod.com/ id6.html

Feb 18 > TUESDAY
Explore the Columbia Gorge

REI Hillsboro, 6:30-7:30 p.m. Free! Info/sign-up: rei.com (store events)

Feb 20 > THURSDAY Preparing for the Unexpected Outdoor Safety Basics

REI Clackamas, 6:30 – 8:00 p.m. Free! Info/sign-up: rei.com (store events)

Feb 25 > TUESDAY Oregon Bucket List: Owyhee Canyonlands

REI Tualatin, 6:30 – 8:00 p.m. Free! Info/sign-up: rei.com (store events)

Feb 27 ➤ THURSDAY
Explore the Columbia Gorge
REI Clackamas, 6:30 – 8:00 p.m.
Free! Info/sign-up: rei.com (store events)

Clinics & Training

Feb → postponed check website for updates

Teacup Nordic Tea Party and Clinic Come take ski lessons from skiers with years of experience, have some Stash Tea, and support Teacup Nordic.

9:30 a.m. - 2 p.m. Info: www.teacupnordic.org

May 22–25 THURSDAY - SUNSDAY 2014 Oregon Spring Camp, Mt. Bachelor Date are tentative. Morning on-snow, groomed ski sessions, optional afternoon dryland clinics. Registration opens in March. Info: xcoregon.org

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Rental discounts at selected merchants
- Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day-use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ► Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: www.nwskiers.org www.fwsa.org www.federationofwesternoutdoorclub.org

Memberships are renewed September 1st each year, \$27 for single, \$33 for family/ household. Info: oncmembership@gmail.com

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and back-country skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

Columbia Cascades Trail Skills College

The 2014 Columbia Cascades Trail Skills

College will be on April 25-27 at Cascade Locks, Oregon. The Pacific Crest Trail Association sponsors this free event that teaches volunteers essential skills in trail construction and maintenance. Instructors for the college include experts and professionals in the fields of recreational construction, trail maintenance and leadership.

A range of classes will be available from basic tread and brushing to cross-cut certification and crew leadership; saw certification will also be available—for ski trail maintenance and firewood cutting (for ski shelters). Learn new skills or refine the ones you have. Beginners and experts alike can benefit from the courses being offered. There is limited space and the classes fill up so register early to get a spot. Prerequisite saw classes are available to prepare students for the second annual Wind River Saw Training and Certificaion event being held on May 2-4. Info and register: http://www.pcta.org/volunteer/trail-skill-college/columbia-cascades/

Portland, OR 97208

PRESIDENT'S SKI TRACKS

Hello from Alpine #7 in Sunriver. The sun is going down gently as Donna is building a fire in the large stone fireplace and Barbara is mixing cornbread. Elke and Susan reading. Ignacio just got out of the hot tub. Tere is chatting. Ordeurves are laid out on the table, and I'm sure wine and beer will soon appear. The weather has been in the 20's at night with the temperature climbing to over 50 in the day. Not auspicious conditions for skiing, so we opted to hike along the Deschutes River instead. The sun brought out trumpeter swans, hawks, finches and the fattest gray squirrels we've ever seen. The circuitous Sun River paths challenged our navigational abilities, but luckily we made it back before nightfall. Tomorrow we'll try the "spring-style skiing" at Bachelor Nordic Center.

Ann Truax, President

Trout Lake 13th Annual Cabin Fever Festival

Friday, January 31

- "Himalayan Dreams: The Quest for Kumari" at the Trout Lake Grange, 7 p.m. Donations are encouraged to benefit the Sukman Memorial Clinic in Kumari, Nepal.

Saturday, February 1

- 8k Nordic Classic Ski Race Pineside Sno-Park9:30 am (Registration 9 a.m.)

For competitive skiers and those just out for fun (costumes welcome!). Contingency plan if no snow

- 8K Fun Run! Sno-Park permit required
- Crafting and Open House 10 a.m.-2 p.m.
- Winter Soup Contest 11:30a.m.
- Community Lunch & Entertainment Noon
- Cascadia Creamery Cheese Tasting 2-4 p.m.
- Snow Ball Costume Party 7 p.m. \$5 per person, \$10 per family.

Dance contest 7:30 p.m.

Spaghetti dinner \$5 beginning 6 p.m.

Proceeds support Trout Lake Youth Nordic fund.

Sunday, February 2

- Gotchen Creek Cabin Open House SnowKing Sno-Park 11a.m.-3 p.m. 6 miles roundtrip intermediate ski, map posted on the Sno-Park bulletin board and trail route will be marked. Refreshments and a chance to warm up while learning the history of this 1909 cabin. Sno-Park permit required

Info: 509 395-2617 http://

troutlakewashington.com/business/events-2/cabin-fever-days/

NORDIC ISSUES

Cross-border sno-park Nordic Issue The

cross-border reciprocity program of Sno-park parking permits was not sustainable for either or both of Washington's and Oregon's Sno-park agencies. That reciprocity system is now ceased and we, the user-public, are left with uneven, dual systems that force us to pay more for the same or lesser service, or to decide for one system & state's natural resource privilege and against the other. This result drives a wedge into our access to and use of public recreation areas.

To say nothing at this point is to accept the current "half-baked", or incomplete, result.

Yet this is an opportunity to make a better future for us, the user-public that really love to play on these special lands, and to obtain a sustainable system and effective, fun result.

The time is right to speak up, inform the appropriate officers and committees how the current "result" affects you and give reasoned alternatives on this essential Nordic issue which impacts us specifically.

Send comments on the OR-WA Sno-park Nordic Issue to **onc.org@gmail.com**. Request and review a PDF of the high quality "OR-WA Border Nordic Issues Survey," released by ONC in Fall 2013. This important topic deserves your input. Responses may be forwarded to key people.

Mt. Hood National Forest

Ranger led tours Mount Hood National Forest has a full moon snowshoe evening program at Timberline Lodge on Thursday, February 14, and again on Sunday, March 16. Start times vary due to day length. Info: Neal Fair 503 622-2033 for start times.

Consider taking a USFS Ranger-led ski, snowshoe or walking tour of the Timberline Lodge and Ski Area, Government Camp, Mount Hood Ski Bowl and Trillium Lake. Tours are held on Fridays, Saturdays and Sundays this Winter. Details: www.fs.usda.gov/main/mthood/home.

Gifford Pinchot National Forest New North side of Mt. St. Helens Climbing

Route Gifford Pinchot National Forest is considering opening a new climbing route on the North side of Mt. St. Helens. A limited number of permits (maximum 100 per day) will be available, similar to the current permit system on the South climbing route. The expected implementation date is listed as March 2014 in the Schedule of Proposed Actions.

Nordic Issues continued on page 4

Membership:

Susan Kelly, chair 503 706-6463 membership@onc.org

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—vacant

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Tony Ackerman, Webmaster

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www.onc.org/PDX-ONC Oregon Nordic Club Portland Chapter February 2014

DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the side

tials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with: "See website for dog policy for skitours.

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

continued on sidebar page 5

Nordic Issues continued from page 5

Ape Canyon to Smith Creek Trail This addition to the existing trail system to will provide a better mountain bike connect the Ape Canyon Trail with the Smith Creek Trail completing a loop from Ape Canyon to FR99 and back down Smith Creek to Ape Canyon. It will follow be an abandoned section of the FR 83 road and be open to both hikers and mountain bikers. Contact for both project: Brittany Zapata, 360 891-5117, bnzapata@fs.fed.us

Deschutes National Forest

Volunteers remove downed trees Ski and snowshoe club volunteers, SAR volunteers and employees from Central Oregon Adventures and Three Sisters Backcountry assisted with clearing of over 1,600 trees from winter trails since Dec. 4. As of January 14, approx. 90% of clearing this December storm damage from Swampy, Vista Butte, Edison and Wanoga trail systems was complete. Ski trails conditions:

http://www.fs.usda.gov/activity/centraloregon/recreation/wintersports/?recid=38272&actid=91 Diana Hsieh and Kevin McGillivray, Nordic Issues, Pam Rigor, Editor

Thank you volunteers and Ski Fair attendees

Thank you attendees for coming to our Ski

Fair and thank you volunteers for helping put on the Fair and the Used Equipment Sale in December.

The fair r attendees (you make the fair): Robin Rose from the Gifford Pinchot National Forest; Jeremy Rooper and Guy Trombley from the Mountain Shop; Glenn and Sara Nilsen from Mountain Tracks in Government Camp; Roland Emetaz of the Northwest Weather and Avalanche Center and the Friends of the Northwest Weather and Avalanche; Jim Thornton and Claire Pitner from the Mt. Hood National Forest; Matt Hickok from the Mt. Hood Nordic Patrol,; Sue Seyl from ONC Teacup Chapter and Shelley Hakanson of Wy'East Nordic.

Raffle Donations: Mountain Shop, Mountain Tracks and WyEast Nordic. Proceeds benefit our

summer trail tending program on winter trails.

Volunteers: Darko Bratkovich, Ron Bekey, Mary Bourret, Julius Dalzell, Barbara Engel, Mike Faden, Betty Hall, Mary Henderson, Marc Leon, Roberta Mansfield, Rita McCormick (for lending her water heater), Kevin McGillivray, Terry Owen, Donna Parsons, Mike Porter, Ted Scheinman, Elke Schoen, and Ann Truax and Robin Williams.

Thanks you everyone and we'll see you next year! • Pam Rigor, Ski Fair Director

DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

Check the ONC's website and/or our meetup site (www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter) for more tours.

Feb 15, Saturday, Intermediate Ski Mud Creek Loop, Trillium Basin, Mt. Hood, OR

Join us for a tour in a less used area of the Trillium Basin. We'll start at Trillium Sno-Park, ski to the Mud Creek Ridge Road, follow it to the Cut-off trail into the quarry and return via Lower Ridge Rd. The distance is about 6 1/2 miles round trip with approx. 700 ft. elevation gain. For more info (meeting time and location), contact the leader: Ann Truax ann.truax@gmail.com 503 756-8891.

Feb 16, Sun, Intermediate Ski White River South/East/West, Mt. Hood, OR

Lets ski easy terrain along the banks of the White River. We'll enjoy un-tracked pristine snow and explore recent changes to the alluvial plain and outstanding view of the White River Canyon and Mt. Hood. Sharpen your skills, learn sidestepping and skiing through trees on a four to seven miles round trip ski. Practice climbing the moraines or descending off some of the many hummocks along the side of the ravine! Bring lunch and 10 essentials. Meet at McMenamin's Edgefield, 2126 SW Halsey, West parking lot for an 8:30 a.m. carpool departure. For more info and to confirm attendance contact the leader: Mike Dianich, 503 695-5385.

Feb 22, Sat, Intermediate/Advanced Bennett Pass to Windy Point, Mt. Hood, OR

We will join FS Ranger Jim Thornton for a "Ski-with-the Ranger" tour out the Bennett Pass trail. Crossing the Traverse, we will stop at the intersection of the Bonney Junction. The plan is to turn east and ski to Windy Point, and return. The decision to proceed will depend on snow and weather conditions, and group capabilities. Options could include skiing on to Bonney Butte or returning to the Sno-park. This latter option would likely include dropping down onto Pocket Creek, skiing along the base of the Ridge and returning to the Sno-park via the Pocket Creek Tie Trail. Regardless of the eventual route, this is an intermediate-advanced ski trip. Meet at McMenamin's Edgefield, 2126 SW Halsey, in the West parking lot at 8 a.m., to carpool. For more info contact trip leader:

Julius Dalzell jndalzell@comcast.net 503 705-3442.

Common meeting places: Gateway Transit Center, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2-mile, it's on the right.

NEWS FROM THE CABIN

First Weekend at Tilly Jane The first scheduled overnight club trip for the season was January 3–5. Our lease requires us to change the lock, check the smoke detectors, manage the toilets and perform light cleaning of the structure including the woodstove. It also requires us to get up and enjoy the cabin and surrounding area. As I write this article, it's finally raining in the valley and the hills are supposed to get a nice blanket of fresh white fluffy stuff.

This is NOT what we encountered over the club weekend! While we did get about an inch of fresh a couple of days before the trip, most of this fell at 5,700 feet or above. In fact, the trail was a mix of ice and snow-encrusted ice. The smart ones left their snowshoes in the car and donned hiking boots, affixed with micro-spikes. We were a small group of four and I was the only one brave/stupid enough to carry my tele gear. This is what you get when you have a one-track mind! I expected to carry the skis to the cabin and prayed I'd be able to skin up from there for the climb to tree line and above to the stone hut and beyond. I knew that whatever turns I got would be mostly ice carving.

We left town around one o'clock and arrived at the cabin by five o'clock with just enough time to pump water from Tilly Creek. The cabin was locked and looking good even though it looks much better clothed in white. We got the stove going and had a nice meal while huddled around the wood stove. The sunset was amazing while we watched the lights of

upper Hood River valley twinkle in the fading light.

The sunrise was equally beautiful! We made breakfast and coffee before beginning our hike up Polallie Ridge with the goal of reaching the stone hut and beyond. While everyone "hiked" I strapped on the skis and "dirt/snow skinned" my way up. I was able to do it but it was more an act of endurance and route finding than enjoyment. But hey, like I said, I was feeding the addiction for my first turns of the year. As we gained elevation, the snow softened and became more plentiful. There was actually a zone of "powder" as you approached tree line. But that was short lived and as you came out of the trees it turned to a hard mass of ICE! We made it to the stone hut where I left the group and continued on. The sun was out and the wind was calm. I topped out at about 7.500 feet and removed the skins and prepared for the downhill trip. It was HARD and FAST! I found some pockets of softer stuff but that was fleeting. I soon passed my group and several others. Did I say that I was the only one skiing?

We spent the rest of the day checking out the sights, hiking, reading and relaxing. We had many groups stop by and check out the cabin as they enjoyed their days. The next morning we performed our maintenance chores, took a walk to Cloud Cap before locking the cabin and walking back down and making our way home.

Was it ideal, **no**. Was it fun and an adventure, **yes**!

We love being outdoors and take what the mountain will give. Trips are what you make of them!

Andrè Fortin, Tilly Jane A-frame

Volunteers sought to help track rare fox, wolverine

The Cascades Carnivore Project has been

working to document and understand Cascade red foxes and wolverines since 2008. These animals are difficult to see walking through the woods. So volunteers are enlisted to ski or snowshoe in search of carnivore tracks. The survey team, which includes volunteer biologists and citizen scientists, hopes the data they collect will help guide conservation efforts and federal management decisions. They are looking for volunteers to help them with this project. Northwest residents interested in joining the Cascades Carnivore Project should be in good physical condition and willing to commit to multiple surveys throughout a season. For info contact: Jocelyn Akins at cascadescarnivore@gmail.com.

mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain. **Backpack:** < 5 miles/

day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8-10 miles; 200 to 400 ft. per mile elev. gain. **Backpack:** 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/ series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

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Lets skiJoin the leadership team

Pick your favorite trail (and date) and take some ONC friends along to enjoy the snow.

Lead a day tour in March or the first weekend in April! New to leading tours? Send us an email and we'll get you up to speed. Send tour descriptions (by February 15, 8 p.m.) to day tours at oncdaytours@gmail.com. Thanks.

ONC-PDX photo site

Send your photos to Terry for our photo site (the link is on our home page) so club members can

enjoy them.

Send photos to terryowen@frontier.com as an attachment—5 x 7 inches, 768 x 1024 is a good size to send. Contact Terry for more info. Thanks!

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/ day; 400-600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, "just in case." Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking

Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

- 1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be publicized. A potential leader must follow the procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.
- 1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be

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Photos from Ochoco Trip see article on page 1



Sunriver MLK weekend—one day hiking two day skiing

Eight literate skiers ask ourselves if we

are gourmets (connoisseurs of food) or gourmands (excessive eaters). Amazing potlucks sustained us through one day of hiking and two days of skiing at Mt. Bachelor Nordic trails. We could describe the skiing as "AWESOME", or we could say the snow was crystalline, powdery and mildly abrasive like Bon-Ami, as testified by Elke, whose snowplow failed her at high speeds on Devika's Dive. Abandoned by good judgment, she dove off the ski track and skin met ice in an impressive tumble. She assured us the dripping blood was merely superficial.

Although the snow at Mt. Hood has been less than spectacular, the skiing at Bachelor was once again "AWESOME." How many times can we say that? We weren't the only snow worshippers. We encountered the Bergie bus and refugees from the Camp Sherman trip. We generously shared the snow with them.

After a day of impressive athletic prowess, we hit the hot tub, to prepare ourselves for the next gastronomic adventure. The challenge of operating the hot tub (even after calling the repair man multiple times) was only exceeded by the formidable effort required to turn on the TV. Downton Abbey fans were frantic. After finally locating the right remote under a pile of pillows, we managed to tune in. Our communal judgment was: the visuals in Downton Abbey were lovely, but the content is moving too far in the direction of a high-class soap opera.

At the end of our trip, we recognize how ONC/ PDX has brought us all together. We are from diverse backgrounds yet the common love of snow, the outdoors, fun and laughter turns one weekend into a lifelong memory.

Ann Truax, Trip Leader

OVERNIGHT TRIPS

SIGN-UP TIPS

- Our overnight trips are exclusively for members: join or renew your membership before signing up. Membership applications available on our website (mail to club P.O. Box not to the leaders).
- ♦ Contact the leader with any questions you have. Do my skills fit the skiing conditions? Any special requirements or gear? Travel time?
- Read the overnight trip policies (see sidebars)!
- ♦ Sign up early so we'll have enough people cover trip costs.
- ♦ To sign up: fill out an overnight trip application and mail it with your trip fee to the trip leader.
- ♦ If the trip is full and you still want to go? Join the waiting list: send your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute opening do occur!
- ♦ Purchase trip insurance (you are responsible for finding someone to take your place if you cancel). A link to sign-up for travel insurance will be on the overnight trip application form on the web or contact the trip leader or Overnight Trip Coordinator; they'll send you the link.

Feb 7-8, Fri-Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available*

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot

gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. **Participants** carry their own gear, including sleeping bags, pad and food for dinner, lunch



Tilly Jane A-Frame—a great benefit for being an ONC-PDX member

and breakfasts. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

Cost: Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.

For more info contact: TillyJaneCabin@gmail.com.

Feb 2-6, Sun-Thur, Intermediate Backcountry Scottish Lakes, WA

Trip full, waiting list available*

Join us for a midweek trip up at Scottish Lakes High Camp located near Wenatchee, WA, just east of the Alpine Lakes Wilderness area. High Camp is the gateway to spectacular scenery and terrain in Washington's Central Cascades. Info: www.scottishlakes.com and http://www.anewoutdoors.com/TripReports/ ScottishLakes06.html.

See website for full description.

Trip limit: 15 participants.

Cost: \$330 (estimated) per person for members; you must be a current ONC member before signing up for this trip. Not included is motel for Sunday.

Send your ONC overnight trip application and check payable to ONC-Portland Chapter to the trip leader: Russ Pascoe, 400 E 22nd Street, Vancouver, WA 98663-3205. For info contact Russ 360 901-3411 russ.bec@gmail.com.

Feb 7-9, Fri-Sun, All Ability Ski Ochoco Mountains, OR Trip 2 Trip full. 12 on waiting list*

See website for full description.

For more info contact Mary 503-245-1618 hepomp8@comcast.net

Feb 8-13, Sat-Thur, All Ability Skate/Track Ski Methow Valley, WA — Groomed Trail Wonderland Trip full, short waiting list*

The Methow valley association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. The snow conditions and trail quality makes the Methow valley a skate skiers Mecca.

See website for full description.

Trip limit: 18 participants

Cost: \$225 per person for members; you must be a current ONC member before signing up for this trip. Includes five nights lodging (\$57--3 days to \$76--4 days groomed trail pass cost not included).

Contact the leader to confirm space is available, then send your ONC overnight tour application and \$225 check payable to ONC-Portland Chapter to the trip leader: Sam Digard, 133 SE 283rd Ave., Camas, WA 98607. For more info text or email Sam 360 910-1714 sam.digard@gmail.com (phone calls are also an

Feb 14-17, Fri-Mon (Pres' Weekend), All Ability Ski Sunriver, OR

Trip full, waiting list open*

See website for full description. For info contact Ted 503 590-7998

tedmag@live.com. Feb 13-17, Thur-Mon, (Pres' Wknd), All Ability Ski Sunriver, OR Family Friendly! Space for one family*

ONC families with kids of all ages and skill levels will enjoy a fun-filled Presidents Day weekend at Sunriver. Come up either Thursday or Friday depending on your family's schedule and stay for the long weekend (3 or 4 nights—same price). There will be plenty of hot chocolate to go around! Depending on the various skill levels and interest, we can ski at the Mt. Bachelor Nordic Center, the Virginia Meissner trails or the various Forest Service trails. Beginners can take lessons at Mt. Bachelor. When we're

publicized. A potential leader must follow the procedures for leading a trip as determined by the overnight trip coordinator. Overnight trips are announced in the newsletter or on the website.

- 2. Overnight trips are limited to members; non-members are invited to join using the application in the monthly newsletter or on the website.
- 3. All spaces are filled on a first-come, firstserved basis. Participants can reserve a place on a trip by mailing or delivering the Overnight Trip Application, payment and self-addressed stamped envelope to the trip leader. Space is not reserved until receipt of required deposit or payment. The date of receipt is the earlier of the postmark date or the date of physical delivery to the trip leader.
- 4. Participants must provide an email address or a selfaddressed, stamped envelope with payment so the leader can easily provide trip information.
- 5. Other ONC Chapter members are considered members and can go on Portland Chapter trips.

WAITING LIST: If a trip is full, participants can be placed on the waiting list by sending the trip leader an application and trip fee. The application and fee will be held by the leader until a space becomes available; at that time, the participant will be asked if s/he wishes to join the trip. Those not offered a place on the trip receive a full refund.

Trip Cancellation Policy

Notify the trip leader

continued on page 8

February 2014

*Trip status as of January 25
Oregon Nordic Club Portland Chapter

ASAP if you must cancel, even if it is a shared-cost trip and no deposit has been paid. Trip fees are nonrefundable unless a replacement is found. The following applies: 1. If the participant desires a refund, they are responsible for finding their own replacement. Check with the trip leader to get a copy of the waiting list; this list can be used to locate a replacement. The participant should cooperate with the trip leader to draw on the waiting list for a replacement member Once a replacement has been secured, a written or e-mail request for refund must be sent to the Overnight Trip Coordinator. Once it has been confirmed that a replacement participant has paid for the tour, a refund will be issued within 30 days, less \$10. 2. If a replacement is not secured, the participant is accountable for the full cost, and no refund will be

3. If the participant has paid a deposit only, and withdraws from the trip without finding a replacement, the full amount of the deposit is forfeited and no refund will be issued.

issued.

Travel Insurance

ONC has made arrangement with TravelGuard for a special travel insurance program for trips, which covers death of a family member, major illness, or injury. It is recommended that members sign up with them at the following site, make their own arrangements for travel insurance, or take personal responsibility for lost funds. www.travelguard.com/ acentlinkaso?ta arc=125858&cccd (this link on our website)

not skiing we'll enjoy communal dinners, go sledding, build snow sculptures, soak in the hot tub and relax among old and new friends. We may rent a second house if there's enough demand. This trip is intended for families to cross-



Kids stop the tracks

country skiing and snowshoeing together.

Trip limit: 5 families

Cost: \$175 per adult; each family includes one child at no cost (\$25 for each additional child) You must be an ONC member before signing up for this trip.

For more info contact trip leaders Amy Blumenberg and Chris Potter at 503 241-2768 or ablumenberg@comcast.net

Feb 15-23, Sat-Sun, All Abilities Ski Yellowstone National Park Dream Trip, WY Trip full, waiting list open*

Now it is YOUR opportunity to experience the dream: YELLOWSTONE IN WINTER! Twenty lucky people will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip.

We'll carpool from Portland on Saturday, February 15, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and

staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in rooms with double beds and shared bath. On Monday morning, a snow-coach ride takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental

Divide, the



Skiers in the geyser basin near Old Faithful



ONC skiers in the geyser basin

Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday morning, we will take special charter snow coaches to the magnificent Grand Canyon of Yellowstone for skiing and sightseeing. We then continue on to Mammoth Hot Springs for two more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area - either Tower or Indian Creek areas. Sunday morning, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced, something for every desire.

There is an option for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive. Please contact the tour leader for information.

Trip limit: 20 participants, including the leader. Cost: \$825 (estimated) per person for members; you must be a current ONC member before signing up for this trip. Includes seven-nights lodging and breakfasts (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful, charter snow-coach to the Grand Canvon of the Yellowstone and on to Mammoth. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.

Send your overnight tour application and \$500 deposit check payable to ONC-Portland Chapter to the trip leader by January 15: (contact the leader to get their address to send the application). There will be a pre-trip meeting scheduled to plan for details and carpool. For more info contact Ted 503 452-7432, by Skype at "tedscheinman," or tedskier@gmail.com.

Feb 28-Mar 2, Fri-Sun, All Abilities Ski/Snowshoe Crater Lake via Charter Bus

Spaces available, signup by Feb. 15*

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC for the big trip at Crater Lake. We'll board the deluxe coach in Portland and proceed



See you at the rim of Crater Lake



The group beside the coach

down I-5 while sharing in the world famous "Rolling Pot-Luck." The next morning after a hearty gourmet breakfast at the historic Prospect Hotel we'll take a quick ride to the rim we'll spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains while skiing as far as our legs can carry us. Sunday will be

another day of different trails, different tours, and more exploring. We can even take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping for a special dinner on the way, arriving back in Portland about 10 pm.

There are two types of accommodations: The Historic

*Trip status as of January 25

Prospect Inn which has one double/queen bed in each room for two people and the adjacent motel-like rooms, which have two or three beds per room, but everyone who wishes can have their own bed. The Historic Inn costs \$20 per person more. Please indicate which you wish.

Trip limit: 40 participants, including the leader. Cost: \$295 per person in comfortable motel-like accommodations; \$315 in the Historic Prospect Inn (2 per bed); vou must be a current ONC club member before signing up for this trip.

Please contact the leaders before sending your ONC overnight trip application and \$295 or \$315 check payable to ONC-Portland Chapter to them (contact them for their address). For more info contact the leaders: Steve and Shannon Planchon oncskiplanchon@gmail.com.

March 6-10, Thur-Mon, All Abilities Ski Wallowa Lake Ski Trip, Joseph, OR Trip full, four on waiting list*

See Website for full description. For more info contact Kathy 503 429-4024 burnskathrynl@gmail.com

March 7–8, Fri-Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available*

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1.900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet

elevation. **Participants** carry their own gear, including sleeping bags, pad and food for dinner, lunch and breakfasts. We have a wood stove for cooking

meals or



Tilly Jane A-Frame — a great benefit for being an ONC-PDX member

heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

Cost: Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.

For more info contact: TillyJaneCabin@gmail.com.

Mar 22-30, Sat-Sun, All Abilities Ski Canadian Rockies Spring Break Ski Trip Possible Assiniboine Lodge Option (contact Julius) Trip full, waiting list open*

This is the Big One! Don't miss out! Join us for a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country. We have planned six days of glorious backcountry intermediate level ski touring and groomed X-C trails of that region. The group will travel by car leaving from Portland Friday, March 21, and arriving in Canmore, Alberta Saturday, March 22 with one overnight

stay on the road (not included in cost). We will start our venture by spending a day skiing at the Canmore Nordic Center, the site of the '88 Winter Olympics. Trails selected for ensuing day tours are well known in that area and include Burstall Pass, Canmore to Banff via Goat Creek, Dead Mans Flat to Skogan Pass and Ribbon Creek, and Smith Dorrien trails starting from Chester Lake. These trails can be skied to whatever level of choice. One day will be left open for sightseeing or yes, more skiing! Downhill skiing is also an option. Accommodations entail a luxury house arrangements with kitchen facilities and entertainment areas for dinners and socializing. Canmore is a delightfully entertaining community and worthy of at least one night "on the town." The return trip will begin early Saturday, March 29 returning to Portland Sunday, date March 30. Travel distance to Canmore is approximately 900 miles. A pre-trip meeting will be scheduled to go over the details. A valid passport is required.

Trip Limit: 8 participants.

Trip Cost: \$450 for members; you must be a current ONC member before signing up for this trip. Includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road. meals, shared costs for transportation, trail fees for one day at Nordic Center and shared costs for groceries to prepare meals and trail lunches in Canmore. The total cost should be less than \$750.

Assiniboine Lodge option (not included in trip cost above) includes two helicopter rides, accommodations and meals at Assiniboine Lodge, the cost could be substantial.

For more info contact Julius 503 705-3442 indalzell@comcast.net.

April 4–5, Fri–Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available*

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet



Tilly Jane A-Frame — a great benefit for being an ONC-PDX member

including sleeping bags, pad and food for dinner, lunch and breakfasts. We have a wood stove for cooking meals or

elevation.

Participants

carry their

own gear,

heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are

Cost: Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.

For more info contact: TillyJaneCabin@gmail.com. •

Ted Scheinman, Overnight Tours Coordinator

Discounts for ONC members!

Glenn's **MountainTracks**

in Government Camp next to Huckleberry's Restaurant, offers ONC members group rates on crosscountry ski rentals. You must show your membership card. On-line rentals. mtntracks.com

Mountain Shop

1510 NE 37th Ave., offers ONC members a 15% discount on cross-country ski rentals. On-line rentals available mountainshop.net

Oregon Mountain Community

2975 NE Sandy offers ONC members a 10% discount on crosscountry ski rentals. omcgear.com

Otto's Ski & Bike Shop

38716 Pioneer Blvd. in Sandy, has crosscountry ski package rental for the entire season.

ottosskishop.com

Wy'East Nordic Ski School

offers ONC members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Ski Crater Lake National Park March 2014



Oregon Nordic Club Overnight Trip Application

TOUR NAME:	DATE:	
	rtland Chapter and this application to the total	
NAME:	ONC MEMBER:	☐ yes ☐ no* ☐ other ONC Chapter
*You must be a current ONC member before signing up for ONC overnight trips		
PHONE: (home)	(work)	(cell)
ADDRESS:		
CITY:	STATE:	ZIP:
E-MAIL**:		
** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.		
Assumption of Risk and Liability Waiver		
participating in the Oregon Nordic Club hazards of mountainous, aquatic, or wil	e are inherently dangerous and involve some o's outings may expose me to certain risks ar Iderness terrain, accident, illness, the forces are that it is not possible to foresee all of the pasponsible for his or her decisions.	nd dangers including, but not limited to the of nature, and travel to and from the
To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily		

participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip;

Please read ONC's overnight trip policies located on the side par starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance incase of hardship: www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link is on our website). I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE: DATE

(Parent or Guardian must sign if the trip participant is under 18 years of age)



Welcome New Members!

George and Yvonne Ammerman 971 270-6440, Patrick Callahan and Jackie McCoy 503 706-5486, Nancy Church 503 975-4119, Coleen Gilmartin 503 975-8311, Eileen Gilmartin 503 490-8802, Michael Glane 971 678-9750, Michael Hevron 503 747-4042, Fredric Hoffer 206 422-1331, Blake Johnsen 503 701-2341, Anna Lio 503 828-8335, Eric Meckel 503 806-8969, Allen Otis 503 312-3802, Samuel and Eugenia Pardue 503 335-3398 503 473-1241, Michael Pearce and Hanna Jordon 503 290-8255 503 290-8255, Ryan Pemberton and Claire Dufala 503 816-8948 and Jeffrey Smith 503 913-2819 ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

January membership report: 242 total memberships (164 single and 78 family) includes 16 new members and 9 renewals. Last year at this time there were 239 memberships.

BOARD MEETING MINUTES

Monday, Jan 13, 2014, 7:00 p.m. @ Mazamas Mountaineering Center

Board Members Present: Kim Davis, Andre Fortin, Mary Hepokoski, Elke Schoen, Bill Yaeger and Pres. Ann Truax. Also present were Mark Fitzsimons and Pam Rigor to discuss membership.

Approval of Minutes: December minutes approved as published.

Treasurer's Report: Revenue minus expenses is \$20,475.18 for the year, but most of the trip revenue is in and many of the expenses beyond deposits have not been paid yet. Detailed written report provided.

Reports

President's Report: Leadership training on the snow in December had 15 participants.

Jack Whitney has agreed to do an orienteering clinic in the spring. He would like to have an inside session followed by an outdoor one.

Day tours: Still needing a coordinator.

Overnight tours: Board agreed to provide a scholarship for this year's membership of a family attending the overnight family tour. We need to develop an application form where the recipient of the scholarship explains how they will support the club.

Membership: Susan Kelly was ill but Mark and Pam were there to discuss the membership process. Mark provided a list of the activities he does as the keeper of the database. Mark now sends Bill Yaeger a word document for Bill to produce the labels that he uses to mail the paper copies of the newsletter. Pam discussed the issue of people joining for one overnight trip and then not renewing until the next time they want to go on an overnight. We need to focus more on the value of a continuing membership in the club. Discussed having a simple electronic way of joining and renewing memberships.

We discussed the benefits of membership- We need to clarify discounts. Increase opportunities like clinics - conditioning, GPS training, others?

Nordic Issues: Pam requested the board find someone to oversee Nordic Issues for the club as well as the west side of Mt. Hood. Currently Kevin McGillivray covers the east side of Mt. Hood and Diana Hsieh is covering the Gifford Pinchot National Forest area. The coordinator would work with the Board on action and would go to user meetings. **Tilly Jane**: New lease for the year was signed. Bookings are good for this winter.

Publicity: We need to improve the meetup site with "pings" - an email sent out to new members to the meetup site explaining the advantages of joining ONC Portland Chapter. Ann will check to see if Paypal on meetup is set up correctly to deposit in our account and to notify appropriate people.

Ski Fair: Pam discussed the timing of the fair as a problem. She feels it needs to be much earlier in the year. We need a committee to organize it in the future. It needs more activities. Mary questioned whether we should continue to do it. Could we combine it with another?

Website: Tony Ackerman has resigned as webmaster for the club. We need a new one who can help guide us in deciding how to resolve our issues with our current website. Pam said she has the information from a previous board who explored developing our own website. She will provide it to the current board. We want to have a simple process for people to join through the website.

Old business

Leadership Training: We would like to have Avalanche Awareness as one of our monthly programs. Mark mentioned that he attended a one hour session at an REI that was very good. We will ask Ron Bekey to look into it. New business:

Survey Monkey: The board would like to survey the membership with no more than five questions. Why did you join ONC Portland Chapter? What do you want from the monthly meetings? What do you value in being a member? What would you like the club to provide that it currently does not? We also discussed the possibility of a change in venue for our meetings. A meeting place on a bus line, where members could order food and drinks would be good. It could be smaller than our current meeting space. We could ask a question relating to venue.

Directory: Pam reported that it is in progress.

Nominating Committee: Ann and Elke agreed to serve on a nominating committee. The committee needs to have the names with their brief biographies for the March newsletter.

Next Board meeting - Feb.10, 7:00 p.m., Mazamas Mountaineering Center Meeting adjourned 8:30 p.m.

Submitted by: Mary Hepokoski

stone National Park February 2014

Yellow-



CLASSIFIED ADS

WANTED: ► Salomon SNS BC bindings, used or new. I have a set of Rottefella BC, new, which if someone wants, I would trade. Bill whn@nwtechventures.com 3/14

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to:

oncnewsletter@gmail.com as a MS Word document attachment --preferred--(with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be remove earlier.

www.onc.org/PDX-ONC Oregon Nordic Club Portland Chapter February 2014 11

right on 31st St.

Multnomah Exit 296B Coming from the north take Ext. 296B Multnomah. Then

Barbur Blvd

9-1

Norway ski tour in the Jotunheimen Mountains

In Spring 2013, Chuck Daellenbach of Albany and his son, Keith of Portland, traveled a 60-mile ski circuit over the Jotunheimen mountains in the land where skiing was invented—Norway. These peaks, known as the "Home of the Giants," are the largest concentration of high peaks in Northern Europe and contain all of Norway's summits over 2,300 meters which are located in a national park. Chuck and Keith skied across frozen lakes, over large alpine glaclers (brean) and mountains (fjell), and through U-shaped glacially carved valleys. They climbed the highest (Galdhøpiggen, 8,101 feet) and second highest (Glittertinden, 8,088 feet) mountains of Norway along the way.

Join us for a potluck and social hour, 6:30 – 7:30 p.m., bring a food dish to share along with your own plate, utensils and beverage (sorry, alcohol is not allowed).

Multnomah Arts Center 7688 SW Capitol Highway Tuesday, February 4 7:30 p.m. Program and Club Meeting

Map to monthly meeting at: Multnomah Arts Center (MAC) 7688 SW Capitol Hwy.

Upcomi March 4-P April 1-Ne

Coming from the south take Ext. 294 Barbur Blvd. Stay on then go left on Capital Hwy.

Barbur Blvd Exit 294

MAC

Beaverton - Hillsdale Hwy

SW Vermont

Upcoming Programs

March 4–Peru and Bolivia April 1–New Hikes in Northwest Oregon By William Sullivan