



## Thanksgiving Sunriver ski, hike, bike and feast

**Yes, all three sports were represented this year, as we had balmy weather, sun, and just enough**

snow. Eight of us in the house and three dinner guests enjoyed a more leisurely trip than usual. Hiking was perfect, with sun glinting off the creek and fly fishing in progress. Persons (whose mothers don't dress them well) froze their tushes cycling the backroads, but we expect to see those tushes again next year, perhaps better clad and on skis. The Nordic Center opened Friday with enough snow, sunshine and a rare snowmobile in the backcountry. Ice skaters were performing as we circumnavigated Todd Lake, a first sighting for me. Another first was dinner with Hannukah candles and dreidls, courtesy of Nancy Novak, lattkes by Nancy and Ted Scheinman, and a reading—with feeling—of *The Lattke*, by Ron Bekey. Yet another first was setting off the smoke alarm by building a magnificent fire (if I do say so myself) without opening the flu. Mea culpa. People were briefly separated from post-prandial electronic devices and suffered no ill effects. Thanks to Laura Bodner for opening the damper and saving our lungs.

There's always something to do outdoors in and around Sunriver at Thanksgiving besides eating turkey and soup a la David, skiing, hiking, biking and hot tubbing. Some visited the Nature Center, the holiday crafts fair, and walked the paved trails. I hope to see everyone back next year. What a great group and a good time!

Elke Schoen, *Trip Leader*



Ron Bekey



Laura Bodner

## Hiking instead of skiing

**Snow was on top of this year's wish list, but**

Santa missed the Pacific Northwest hitting the South, Mid-West and East instead. So the skis stayed in the racks during the Black Butte New Year's trip. The group had a more laid-back hiking trip. The Metolius River was our first destination. We followed the river to Wizard Falls Fish Hatchery, marveling at the spring along the bank and the dippers diving and feeding in midstream. The next day found us making our way along an icy road to see Tumalo Falls; the trails we had hoped to hike were covered with ice. Our final day was at Smith Rock State Park, which we circumnavigated. The food, the sunshine and the company was all good!

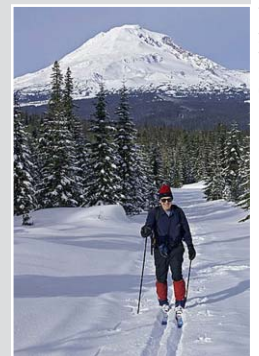


Bob Breivogel

Pam Rigor, *Trip Leader*

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Darrel Lloyd

**Mt. Adams  
Resort at the  
Flying L Ranch**  
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## BOARD MEMBERS

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Recruiter(s) — vacant  
Novice Ski Tours  
Coordinator — vacant  
Summer Coordinator  
Bike/Hike — vacant

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## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication).

Send submissions to [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a Microsoft Word document (**no formatting** ie. no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (**preferred**); compatible text files as an attachment; and put text in an e-mail with no formatting.

**Corrections:** e-mail corrections and/or additions to the editor.  
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P.O. Box 3906  
Portland, OR 97208

## U P C O M I N G E V E N T S

### Jan 7 ▶ TUESDAY

#### The North Cascades

ONC monthly program.  
Multnomah Arts Center  
7688 SW Capitol Hwy.  
7:30 p.m. Free!



### Jan 11 ▶ SATURDAY

#### Winter Trails<sup>®</sup>

White River West Sno-Park, 9–1 p.m. Free!  
Guided tours and demo snowshoes. Hot beverages and treats will be available. Sno-Park pass required. Free! Info: [rei.com](http://rei.com) (store events)

### Jan 14 ▶ TUESDAY

#### Winter Safety

REI Hillsboro, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Dec 16 ▶ THURSDAY

#### Cross-Country Ski Destinations

REI Clackamas, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

#### Avalanche Awareness

REI Portland, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Jan 21 ▶ TUESDAY

#### Winter Camping Basics

REI Hillsboro, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Jan 25 ▶ SATURDAY

Waffle Feed at Meissner Shelter  
Meissner Nordic Ski Area outside of Bend

10:30 a.m.–Noon Family Friendly  
Ski out to the Meissner Shelter and partake in a delicious, authentic Norwegian style waffle cooked in the wood stove at the shelter.

### Jan 26 ▶ SUNDAY

#### 30th Annual Mountain Shop Teacup Classic Races

Online registration will be available soon.  
Sponsored by The Mountain Shop in Portland.

### Jan 28 ▶ TUESDAY

#### Winter Safety

REI Tualatin, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

## Clinics & Training

### Jan 5 ▶ SUNDAY

#### Teacup Nordic Tea Party and Clinic

Come take part in our annual Tea Party and Ski Clinic. Take ski lessons from skiers with years of experience, have some Stash Tea, and support Teacup Nordic.  
9:30 a.m. – 2 p.m. Info: [www.teacupnordic.org](http://www.teacupnordic.org)

### Jan 27 ▶ MON Feb ▶ SATS AND SUNS ONC Ski Clinic/Free Snow Sessions

Clinic Jan. 27, 6:30–8:45 p.m. in Portland. \$20.  
ONC-PDX membership required. On-snow sessions, free for ONC members who attend the clinic: two options, either Saturdays, Feb. 1 and 8 **or** Sundays, Feb. 2 and 9. Application are posted on website. Info: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com)

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Rental discounts at selected merchants
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day-use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs.  
Discounts/benefits: [www.nwskiers.org](http://www.nwskiers.org) [www.fwsa.org](http://www.fwsa.org)  
[www.federationofwesternoutdoorclub.org](http://www.federationofwesternoutdoorclub.org)

**Memberships are renewed September 1st each year, \$27 for single, \$33 for family/ household.**  
Info: [membership@onc.org](mailto:membership@onc.org)

### Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and back-country skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

## Bus service to the mountains

### Transit services are now an option to get to

the mountains. The Mt. Hood Express in Clackamas County has busses that will take you from Sandy to Government Camp and Timberline Lodge with a stop at Mt. Hood Ski Bowl West. It runs seven days a week until March 31. Its funded by a public partnership between Clackamas County (through a Federal Lands Access Program grant), Timberline Lodge, Mt. Hood Ski Bowl and The Resort at the Mountain. Check their website for more details and schedules: [www.clackamas.us/socialservices/mountainexpress.html](http://www.clackamas.us/socialservices/mountainexpress.html)

In the Bend area Mt. Bachelor and the Cascades East Transit partnered to provide a Mt. Bachelor Shuttle. Which will take you from Bend to Mt. Bachelor. Check this website for info and schedules: [www.cascadeseasttransit.com](http://www.cascadeseasttransit.com)



## PRESIDENT'S SKI TRACKS

### It's mid-December, and still the snow on

Hood is scant. The forecast for the mountain looks hopeful for the next week: chance of snow or snow likely, but we keep our fingers crossed because we know how fickle PNW weather is, compounded by the unknowns of global warming.

In spite of the thin snow pack, fifteen optimistic members of ONC/PDX attended the Leadership Training on December 14 with Shelley Hakanson of Wy'East Nordic and her capable assistant, Ann Borland, from Eugene Parks and Recreation (see photos on page 6). We started out on the Trillium airstrip and worked on the fine points of the diagonal stride. Shelley and Ann reminded us to assume the gorilla stance, flex our ankles, and place our poles no farther ahead than our boots and taught us how to be aware of and helpful to beginning skiers. We did warm-up exercises and played tag as a tricky way to introduce novices to the step turn. In the afternoon, we found patches of snow at Summit Ski Area and worked on downhill skills: step turns, wedge turns, and the braking wedge turn. We sharpened our own skiing and practiced helping beginning skiers have more fun on a ski tour by identifying and solving common skiing problems. For most of us, it was the first day out on the snow for the season. Even though we had to dodge protruding rocks and bushes, the air was fresh, the training was successful, the company was excellent, and the magic of snow, mountains, and skiing was definitely alive.

The board of ONC-PDX is continually thinking about ways to improve the club — like offering annual Leadership Training. We're mulling over other ideas as well and want to hear from you about ways to better serve the club members. We're planning to send out an electronic survey through

Survey Monkey in January. We promise it will be limited to five questions. We want to know what you value and want to see happen in the club. How can we remain a viable club? How can we attract younger members? How can we better promote crosscountry skiing in spite of the deluge of snowshoers?

As you know, ONC-PDX is part of a state-wide organization with nine different chapters. Klamath Basin Ski Club recently joined as did the Pine Valley Club in Halfway (in eastern Oregon). Different projects are underway in each club. Pine Valley is teaming with the Halfway school to offer Nordic skiing to 81 students as part of their P.E. curriculum; the club is grooming trails near the school for the students' use. Central Oregon Nordic Club is raising money for a new shelter at Swampy Lakes ski area outside Bend. Southern Oregon Nordic Club is also grooming trails as well as sponsoring the John Day race at Diamond Lake on February 16th. The Willamette chapter has stocked wood at the shelters at Maxwell Butte and the Ray Benson snow parks on Santiam Pass. The Blue Mountain Nordic Club is working with the Umatilla Forest Service to maintain 18 miles of groomed trails at Meacham Divide off of I-84. The Teacup chapter maintains the groomed area we all know plus runs a youth program and sponsors (along with the Columbia Gorge chapter) a program for students from the Washington State School for the Blind. Finally, there will be an all-chapter ski event on March 8 on the McKenzie Pass in honor of John Craig, a mail carrier who died on the pass in the winter of 1877.

Obviously, the chapters of ONC are active and vital to the sport of X-Country skiing. We are a committed bunch. We love the outdoors and want to share the joys of skiing. So, bring on the snow. We're ready!

Ann Truax, *President*

## NORDIC ISSUES

### Mt. Hood National Forest Recreation Assistant for MHN's Eastside

**Zone** Please welcome Claire Pitner, the new Recreation Assistant for MHN's Eastside Zone covering the Hood River and Barlow Ranger Districts. She may be contacted for current Nordic and recreational issues at 541 352-1248 and cpitner@fs.fed.us.

**Meadow Parking Lot** Plans are finalizing for the Mount Hood Meadow's Twilight Parking lot and associated Nordic ski trails. The Record of Decision should be issued in early January. Contact Recreation officer Claire Pitner for further info (see above). More info about this project is available on the Mt. Hood Forest website: [www.fs.fed.us/sopa/forest-level.php?110606](http://www.fs.fed.us/sopa/forest-level.php?110606) then scroll down to the project for a link

Nordic Issues continued on page 4

### Membership:

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### Nordic Issues:

—vacant

### Overnight Tours:

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503 452-7432  
[tedskier@gmail.com](mailto:tedskier@gmail.com)

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### Trillium Yurt

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Pam Rigor  
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### Trail Maintenance:

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### Recruiter

vacant

### Website:

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Webmaster  
503 647-0068  
[tonyackerman1@comcast.net](mailto:tonyackerman1@comcast.net)

## DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

Nordic Issues continued from page 5

### Hood River Ranger District visitor facility

Winter hours of the newly remodeled Hood River Ranger District visitor facility, located at 6780 Highway 35 near Parkdale, Oregon, are Monday through Friday, 8:00 a.m.–4:30 p.m. New latrine facility is available the same hours. Check out the expanded map store and info center with wildlife exhibits and informative staff. An Open House event, postponed by the Government Flats fire and federal shutdown last Fall, will be rescheduled this Spring. Meet the new permanent District Ranger, Janeen Tervo. Info desk: 541 352-6002.

### Gifford Pinchot National Forest

**Wind River snowplowing plans** According to the Gifford Pinchot NF website, "Skamania County will be plowing the Wind River Highway (Forest Road 30) to Lone Butte Sno-Park to provide winter recreation access north of Carson, WA. This will provide access to Koshko Sno-Park, Lone Butte Sno-Park, McClellan Meadows Sno-Park and Old Man Pass Sledding Area (not Old Man Pass Sno-Park). Skamania County will plow as long as funding allows; at which time plowing will stop at the Wind River fish hatchery.

Curly Creek Road will not be plowed. Information on plowing in Skamania County can also be found at the county website <http://www.skamaniacounty.org/public-works/homepage/upper-wind-river-recreation-area/>."

### Deschutes National Forest

**The Meissner Sno-Park** (from Bend, the closest network of crosscountry ski trails along Century Drive) has recently undergone dramatic changes.

This land of concentrated lycra and fitness fanatics now has a supersized parking lot and a second restroom; a warming shelter is also planned for next year. According to the Forest Service website, improvements are being funded through grants from the Federal Highways Administration and the Oregon State Parks and Recreation, as well as contributions from Bend's Meissner Nordic Club.

**Swampy Lake Shelter** The sorrowful and decrepit winter shelter on the north side of Swamp Lakes will continue to limp along. The Forest Service has not offered funds for constructing a new shelter, and any relocation may ensnare the effort in a more complex and costly environmental analysis. The agency is encouraging the Central Oregon Nordic Club to submit grant proposals. ♦

Diana Hsieh and Kevin McGillivray, *Nordic Issues*, Pam Rigor, *Editor*

## DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

**Check the ONC's website and/or our meetup site ([www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)) for last minute tours.**

## Novice Ski Tour

These tours are for skiers who have skied before but need more practice to be able to join our other tours. The tour leaders are experienced skiers whose goal is to provide a relaxed atmosphere to practice new skills and have fun. Be sure to bring the following items:

- ♦ Skis, poles and boots. To help everyone spend more time on the trail, rent your equipment the day before.
- ♦ Warm clothing made of man-made materials or wool blends—no cotton!
- ♦ Hat, gloves/mittens and socks. Again, no cotton, and bring extras—you'll use them.
- ♦ Rainjacket and rainpants
- ♦ Gaiters if you have them.
- ♦ Lunch and snacks
- ♦ Plenty of liquid (at least one liter). A thermos with something hot to drink is nice to have.
- ♦ Sunscreen and sunglasses.
- ♦ Pack cover—if you don't have a pack cover, line your pack with a plastic garbage bag to keep things dry.

### Jan 12, Sun, Novice Ski Location TBD; Mt. Hood, OR

Come ski in the snow waiting for you on Mt. Hood! We'll ski wherever the snow is best for a novice ski of 3-5 miles over nearly flat terrain. The pace comfortable for all participants. Meet at the Gateway Transit Center parking structure, NE 99th Ave. & NE Pacific St., at 8 a.m. to carpool. **For more info contact the leader: Kathy Burns, 503 429-4024.**

### Jan 4, Sat, Intermediate Hike Tom McCall Preserve, Columbia Gorge, or Mirror Lake, Mt. Hood, OR

A ski tour was changed to a hike at the last minute due to lack of snow. Location will be dependant of the weather. Meet at McMenamin's Edgefield, 2126 SW Halsey, West parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich 503 695-5385.**

### Jan 11, Sat, Intermediate Ski Old Man Pass, WA or Teacup, Mt. Hood, OR

Lets get out in the New Year and ski either Old Man Pass in the Wind River area or Teacup on Mt. Hood. Please bring the 10 essentials. If you are driving, make sure your car is winter-ready and you have a Washington Sno-Park. Plan on meeting for a

9 a.m. departure. **For more info and meeting place contact the leader: Ted Magnuson 503 590 7998tedmag@live.com.**

**Jan 15, Wed, Easy/Intermediate Ski  
Location TBD, Mt. Hood, OR**

Come join our group for a Wednesday activity. The trail will depend on the snow conditions; we'll ski where the snow is good! Meet at McMenamin's Edgefield, 2126 SW Halsey, West parking lot at 9 a.m. to carpool. **For more info contact the leader: Terry Owen 503 590-5825.**

**Jan 25 Sat, Intermediate Ski  
White River South/East/West, Mt. Hood, OR**

Lets ski easy terrain along the banks of the White River. We'll enjoy un-tracked pristine snow and

explore recent changes to the alluvial plain and outstanding view of the White River Canyon and Mt. Hood. Sharpen your skills, learn sidestepping and skiing through trees on a 4-7 miles round trip ski. Practice climbing the moraines or descending off some of the many hummocks along the side of the ravine! Bring lunch and 10 essentials. Meet at McMenamin's Edgefield, 2126 SW Halsey, West parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich, 503 695-5385.** ♦

Common meeting places: Gateway Transit Center, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2-mile, it's on the right.

## NEWS FROM THE CHAPTERS

### Chapters leave and Chapters join

Meissner Nordic formerly the Tumalo Langlauf Club which manages the Meissner Nordic groomed area outside of Bend formed their own non-profit corporation mostly because of the loan on the new groomer. Edelweiss another ONC Chapter in Roseburg has done the same. ONC's two new chapters are the Klamath Basin Ski Club from Klamath Falls and the Pine Valley Club's in the town of Halfway in Baker County.

**Teacup** This season they plan to groom on Tuesday, Thursday, Saturday and Sunday, with extra days during the holidays and Spring Break. Because cell phone service is not good at Teacup, they are planning to install an emergency phone.

**Central Oregon Nordic Club** The club is raising money to replace the Swampy Lakes Shelter and have 28% of the projected \$34K needed.

**Southern Oregon Nordic Club** They had a Christmas event December 21 at Lake of the Woods with a ski tour and pizza party. They helped with the Klamath Basin Ski Club Chapter start up and are coordinating activities.

**Willamette Chapter** They stocked wood at the shelters out of Maxwell Butte and Ray Benson Sno-

Parks and did some trail maintenance around the shelters.

**Pine Valley Club** The club was organized to teach Nordic skiing to the students of the local school and in general to promote Nordic skiing in the area. They received a used snowmobile and locals are making grooming equipment. The school grounds and some private land will be groomed.

**Klamath Basin Ski Club** They have a website that a member designed which has a social networking side.

**Blue Mountain Nordic Club** They are working on agreements to maintain Nordic trails at Meacham Divide and in the Umatilla National Forest.

**Ochoco Nordic** They hope to have other chapters who will be traveling to the area join them for tours.

**Columbia Gorge Chapter** They manage the Tilly Jane Guard Station and supplied it with wood. They will be helping to teach students from the Washington School for the Blind which they have been doing for seven years. They are looking into selling ONC zip T-shirts which would be available for all ONC members.

This news was supplied from the state board chapter meeting minutes. ♦

Pam Rigor, Editor

## NEWS FROM THE CABIN

### The first overnight which was scheduled

was cancelled. Probably a good thing as it was bitter cold on the mountain and the snow depth was marginal. The next overnight will be January 3-5. ♦

André Fortin, Tilly Jane and Board Member

## ONC-PDX photo site

**Send your photos to Terry for our photo site** (the link is on our home page) so club members can enjoy them.

Send photos to terryowen@frontier.com as an attachment—5 x 7 inches, 768 x 1024 is a good size to send. Contact Terry for more info. Thanks! ♦

mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

### Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

### Easy Tour

**Ski:** 4-6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

### Intermediate Tour

**Ski:** 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8-10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

### Advanced Tour

**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15-18 m.p.h. pace, regrouping when necessary.

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**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

### TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

### Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

### Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

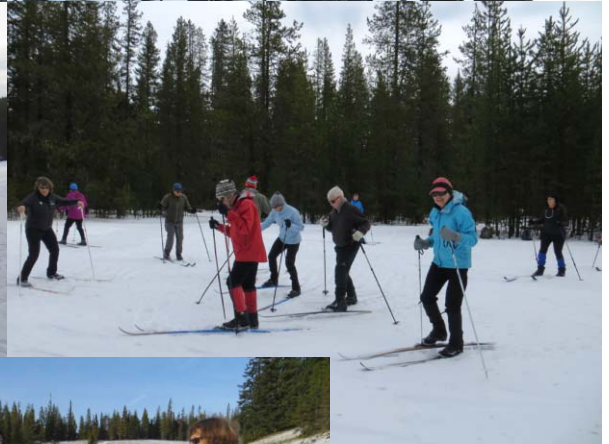
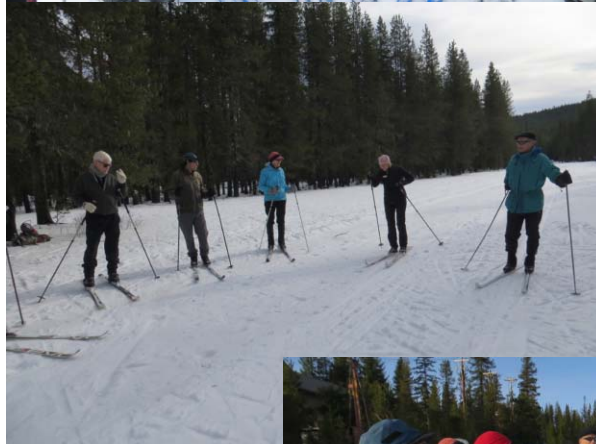
### OVERNIGHT TRIP POLICIES

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be publicized. A potential leader must follow the procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be

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## Leader training at Trillium and Summit



All photos Pam Rigor



# OVERNIGHT TRIPS

## SIGN-UP TIPS

- ◆ Our overnight trips are exclusively for members: join or renew your membership before signing up. Membership applications available on our website (mail to club P.O. Box not to the leaders).
- ◆ Contact the leader with any questions you have. Do my skills fit the skiing conditions? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see sidebars)!
- ◆ Sign up early so we'll have enough people cover trip costs.
- ◆ To sign up: fill out an overnight trip application and mail it with your trip fee to the trip leader.
- ◆ If the trip is full and you still want to go? Join the waiting list: send your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute opening do occur!
- ◆ Purchase trip insurance (you are responsible for finding someone to take your place if you cancel). A link to sign-up for travel insurance will be on the overnight trip application form on the web or contact the trip leader or Overnight Trip Coordinator; they'll send you the link.

### Jan 3–5, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR **Spaces available\***

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot

gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad and food for dinner, lunch and break-

fasts. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

**Cost:** Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.

For more info contact: TillyJaneCabin@gmail.com.



Tilly Jane A-Frame—a great benefit for being an ONC-PDX member

### Jan 10–12, Fri–Sun, All Abilities Ski Ochoco Mountains, OR Trip 1 **Trip full, 9 on waiting\***

See website for full description.

For more info contact John 503 867-6048.

### Jan 17–20 (MLK weekend), All Ability Ski Lake Creek Lodge, Camp Sherman, OR **Trip full, waiting list available\***

See website for full description.

For more info contact Steve 503-244-4262 slevy@pacifier.com

### Jan 17–20, Fri–Mon (MLK Weekend), All Ability Ski Sunriver, OR

#### **Trip full, waiting list available\***

The snow in Central Oregon is known to be powdery, plentiful and dry. See website for full description.

**Trip limit:** 8 participants (includes the leader).

**Cost:** \$185 per person for members; you must be a current ONC member before signing up for this trip.

For info contact Ann 503-756-8891 or email ann.truax@gmail.com.

### Jan 24–26, Fri–Sun, All Ability Ski Mt. Adams Lodge at the Flying L Ranch, WA **Spaces available\***

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite

Peggy Macko



Andrew Black

The Flying L skier gang

of ONC. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

**Trip Limit:** 19 participants.

**Cost:** \$160 for members; you must be a current ONC member before signing up for this trip. Includes two nights' lodging and two gourmet breakfasts.

Send your ONC overnight tour application and check payable to ONC-Portland Chapter to the leader: Donna Matrazzo, 15500L NW Ferry Rd, Portland, OR 97231. For more info contact Donna 503 621-3049 matrazzo@msn.com.

### Jan 27–30, Mon–Thur, All Ability Ski Summit Meadow Cabins, Trillium, Mt. Hood OR **Trip full, waiting list available\***

Ski many of Hood's trails without having to drive down the mountain at the end of the day.

See website for full description.

**Trip Limit:** 10 participants (includes leader)

**Cost:** \$70 per person for members; you must be a current ONC member before signing up for this trip.

Send an ONC overnight tour application along with your check for \$70 payable to ONC to the leader: Mary Hepokoski, 5425 SW Alta Mira Cir, Portland OR 97239. For more info contact Mary 503-245-1618

publicized. A potential leader must follow the procedures for leading a trip as determined by the overnight trip coordinator. Overnight trips are announced in the newsletter or on the website.

2. Overnight trips are limited to members; non-members are invited to join using the application in the monthly newsletter or on the website.

3. All spaces are filled on a first-come, first-served basis. Participants can reserve a place on a trip by mailing or delivering the Overnight Trip Application, payment and self-addressed stamped envelope to the trip leader. Space is not reserved until receipt of required deposit or payment. The date of receipt is the earlier of the postmark date or the date of physical delivery to the trip leader.

4. Participants must provide an email address or a self-addressed, stamped envelope with payment so the leader can easily provide trip information.

5. Other ONC Chapter members are considered members and can go on Portland Chapter trips.

**WAITING LIST:** If a trip is full, participants can be placed on the waiting list by sending the trip leader an application and trip fee. The application and fee will be held by the leader until a space becomes available; at that time, the participant will be asked if s/he wishes to join the trip. Those not offered a place on the trip receive a full refund.

#### **Trip Cancellation Policy**

Notify the trip leader

continued on page 8

### \*Trip status as of December 20

Oregon Nordic Club Portland Chapter

ASAP if you must cancel, even if it is a shared-cost trip and no deposit has been paid. Trip fees are nonrefundable unless a replacement is found.

The following applies:

1. If the participant desires a refund, they are responsible for finding their own replacement. Check with the trip leader to get a copy of the waiting list; this list can be used to locate a replacement. The participant should cooperate with the trip leader to draw on the waiting list for a replacement member. Once a replacement has been secured, a written or e-mail request for refund must be sent to the Overnight Trip Coordinator. Once it has been confirmed that a replacement participant has paid for the tour, a refund will be issued within 30 days, less \$10.

2. If a replacement is not secured, the participant is accountable for the full cost, and no refund will be issued.

3. If the participant has paid a deposit only, and withdraws from the trip without finding a replacement, the full amount of the deposit is forfeited and no refund will be issued.

#### Travel Insurance

ONC has made arrangement with TravelGuard for a special travel insurance program for trips, which covers death of a family member, major illness, or injury. It is recommended that members sign up with them at the following site, make their own arrangements for travel insurance, or take personal responsibility for lost funds. [www.travelguard.com/agentlink.asp?la\\_ar=12568&pod](http://www.travelguard.com/agentlink.asp?la_ar=12568&pod) (this link on our website)

or [hepomp8@comcast.net](mailto:hepomp8@comcast.net).

#### Feb 2–6, Sun–Thur, Intermediate Backcountry Scottish Lakes, WA

##### Trip full, waiting list available\*

Join us for a midweek trip up at Scottish Lakes High Camp located near Wenatchee, WA, just east of the Alpine Lakes Wilderness area. High Camp is the gateway to spectacular scenery and terrain in Washington's Central Cascades. Info: [www.scottishlakes.com](http://www.scottishlakes.com) and <http://www.anewoutdoors.com/TripReports/ScottishLakes06.html>.

See website for full description.

**Trip limit: 15 participants.**

**Cost: \$330 (estimated) per person for members; you must be a current ONC member before signing up for this trip. Not included is motel for Sunday.**

**Send your ONC overnight trip application and check payable to ONC-Portland Chapter to the trip leader: Russ Pascoe, 400 E 22nd Street, Vancouver, WA 98663-3205. For info contact Russ 360 901-3411 [russ.bec@gmail.com](mailto:russ.bec@gmail.com).**

#### Feb 7–8, Fri–Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

##### Spaces available\*

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad and food for dinner, lunch and breakfasts. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

**Cost: Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.**

**For more info contact: [TillyJaneCabin@gmail.com](mailto:TillyJaneCabin@gmail.com).**

#### Feb 7–9, Fri–Sun, All Ability Ski Ochoco Mountains, OR Trip 2

##### Trip full, 12 on waiting list\*

See website for full description.

**For more info contact Mary 503-245-1618 [hepomp8@comcast.net](mailto:hepomp8@comcast.net)**

#### Feb 8–13, Sat–Thur, All Ability Skate/Track Ski Methow Valley, WA — Groomed Trail Wonderland

##### Two spaces available\*

The Methow valley association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. The snow conditions and trail quality makes the Methow valley a skate skiers Mecca.

See website for full description.

**Trip limit: 18 participants**

**Cost: \$225 per person for members; you must be a current ONC member before signing up for this trip. Includes five nights lodging (\$57--3 days to \$76--4 days groomed trail pass cost not included).**

**Contact the leader to confirm space is available, then send your ONC overnight tour application and \$225 check payable to ONC-Portland Chapter to the trip leader: Sam Digard, 133 SE 283rd Ave., Camas, WA 98607. For more info text or email Sam 360 910-1714 [sam.digard@gmail.com](mailto:sam.digard@gmail.com) (phone calls are also an**

option).

#### Feb 14–17, Fri–Mon (Pres' Weekend), All Ability Ski Sunriver, OR

##### Trip full, waiting list open\*

See website for full description.

**For info contact**

**Ted 503 590-7998 [tedmag@live.com](mailto:tedmag@live.com).**

#### Feb 13–17, Thur–Mon, (Pres' Wknd), All Ability Ski Sunriver, OR Family Friendly!

##### Space for one family, sign-up by December 15\*

ONC families with kids of all ages and skill levels will enjoy a fun-filled Presidents Day weekend at Sunriver. Come up either Thursday or Friday depending on your family's schedule and stay for the long weekend (3 or 4 nights—same price). There will be plenty of hot chocolate to go around! Depending on the various skill levels and interest, we can ski at the Mt. Bachelor Nordic Center, the Virginia Meissner trails or the various Forest Service trails. Beginners can take lessons at Mt. Bachelor. When we're not skiing we'll enjoy communal dinners, go sledding, build snow sculptures, soak in the hot tub and relax among old and new friends. We may rent a second house if there's enough demand. This trip is intended for families to cross-country skiing and snowshoeing together.

**Trip limit: 5 families**

**Cost: \$175 per adult; each family includes one child at no cost (\$25 for each additional child) You must be an ONC member before signing up for this trip.**

**For more info contact trip leaders Amy Blumenberg and Chris Potter at 503 241-2768 or [ablumenberg@comcast.net](mailto:ablumenberg@comcast.net)**

#### Feb 15–23, Sat–Sun, All Abilities Ski Yellowstone National Park Dream Trip, WY

##### Contact leader for openings, sign-up by January 15\*

Now it is YOUR opportunity to experience the dream: YELLOWSTONE IN WINTER! Twenty lucky people will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip.

We'll carpool from Portland on Saturday, February 15, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in rooms with

double beds and shared bath. On Monday morning, a snow-coach ride takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves),



Bob Breivogel

On the boardwalk basin

catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday morning,

##### \*Trip status as of December 20

[www.onc.org/PDX-ONC](http://www.onc.org/PDX-ONC)



Amy Blumenberg

Kids stop the tracks



we will take special charter snow coaches to the magnificent Grand Canyon of Yellowstone for skiing and sightseeing. We then continue on to Mammoth Hot Springs for two more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area – either Tower or Indian Creek areas. Sunday morning, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced, something for every desire.

There is an option for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive. Please contact the tour leader for information.

**Trip limit: 20 participants, including the leader.**

**Cost: \$825 (estimated) per person for members; you must be a current ONC member before signing up for this trip. Includes seven-nights lodging and breakfasts (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful, charter snow-coach to the Grand Canyon of the Yellowstone and on to Mammoth. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.**

**Send your overnight tour application and \$500 deposit check payable to ONC-Portland Chapter to the trip leader by January 15: (contact the leader to get their address to send the application). There will be a pre-trip meeting scheduled to plan for details and carpool. For more info contact Ted 503 452-7432, by Skype at "tedscheinman," or tedskier@gmail.com.**

**Feb 28–Mar 2, Fri–Sun, All Abilities Ski/Snowshoe Crater Lake via Charter Bus**

**Spaces available, signup by Feb. 15\***

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC for the big trip at Crater Lake. We'll board the deluxe coach in Portland and proceed down I-5 while sharing in the world famous "Rolling Pot-Luck." The next morning after a hearty gourmet breakfast at the historic Prospect Hotel we'll take a quick ride to the rim we'll spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains while skiing as far as our legs can carry us. Sunday will be another day of different trails, different tours, and more exploring. We can even take a ranger led interpretive



See you at the rim of Crater Lake

There are two types of accommodations: The Historic Prospect Inn which has one double/queen bed in each room for two people and the adjacent motel-like rooms, which have two or three beds per room, but everyone who wishes can have their own

bed. The Historic Inn costs \$20 per person more. Please indicate which you wish.

**Trip limit: 40 participants, including the leader.**

**Cost: \$295 per person in comfortable motel-like accommodations; \$315 in the Historic Prospect Inn (2 per bed); you must be a current ONC club member before signing up for this trip.**

**Please contact the leaders before sending your ONC overnight trip application and \$295 or \$315 check payable to ONC-Portland Chapter to them (contact them for their address). For more info contact the leaders: Steve and Shannon Planchon oncskiplanchon@gmail.com.**

**March 6–10, Thur–Mon, All Abilities Ski Wallowa Lake Ski Trip, Joseph, OR**

**Trip full, four on waiting list\***

See Website for full description.

**For more info contact Kathy 503 429-4024 burnskathryn@gmail.com**

**March 7–8, Fri–Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR**

**Spaces available\***

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad and food for dinner, lunch and breakfasts. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

**Cost: Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.**

**For more info contact: TillyJaneCabin@gmail.com.**

**Mar 22–30, Sat–Sun, All Abilities Ski Canadian Rockies Spring Break Ski Trip Possible Assiniboine Lodge Option (contact Julius)**

**Trip full, waiting list open\***

We off for a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country—six days of glorious backcountry intermediate level ski touring and groomed X-C trails of that region. A pre-trip meeting will be scheduled to go over the details. A valid passport will be required to travel to Canada.

See website for full description.

**Trip Limit: 8 participants.**

**Trip Cost: \$450 for members; you must be a current ONC member before signing up for this trip. Includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road, meals, shared costs for transportation, trail fees for one day at Nordic Center and shared costs for groceries to prepare meals and trail lunches in Canmore. The total cost should be less than \$750.**

**Assiniboine Lodge option (not included in trip cost above) includes two helicopter rides, accommodations and meals at Assiniboine Lodge, the cost could be substantial. Please contact the leader if interested.**

**\*Trip status as of December 20**

Oregon Nordic Club Portland Chapter

## Discounts for ONC members!

### Glenn's MountainTracks

in Government Camp next to Huckleberry's Restaurant, offers ONC members group rates on cross-country ski rentals. You must show your membership card. On-line rentals. mtntracks.com

### Mountain Shop

1510 NE 37th Ave., offers ONC members a 15% discount on cross-country ski rentals. On-line rentals available mountainshop.net

### Oregon Mountain Community

2975 NE Sandy offers ONC members a 10% discount on cross-country ski rentals. omcgear.com

### Otto's Ski & Bike Shop

38716 Pioneer Blvd. in Sandy, has cross-country ski package rental for the entire season. ottoskishop.com

### Wy'East Nordic Ski School

offers ONC members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

# Ski Crater Lake NP, March 2014

Rick Grote



Ted Scheinman



For more info contact Julius 503 705-3442  
jndalzell@comcast.net.

**April 4-5, Fri-Sat, Intermediate Backcountry Ski  
Tilly Jane A-Frame Cabin, Mt. Hood, OR  
Spaces available\***

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad and food for dinner, lunch and breakfasts. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and

cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

**Cost: Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.**

**For more info contact: TillyJaneCabin@gmail.com.**

Ted Scheinman, *Overnight Tours Coordinator*

**\*Trip status as of December 20**

## Oregon Nordic Club Overnight Trip Application

TOUR NAME:

DATE:

FEE / DEPOSIT:

**One application per person**

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME:

ONC MEMBER: ☐ yes ☐ no\* ☐ other ONC Chapter

\*You must be a current ONC member before signing up for ONC overnight trips

PHONE: (home)

(work)

(cell)

ADDRESS:

CITY:

STATE:

ZIP:

E-MAIL\*\*:

\*\* If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

### Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip.

Purchase trip insurance incase of hardship: [www.travelguard.com/agentlink.asp?ta\\_arc=125858&pcod](http://www.travelguard.com/agentlink.asp?ta_arc=125858&pcod) (this link is on our website)

I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE:

DATE:

(Parent or Guardian must sign if the trip participant is under 18 years of age)



### Welcome New Members!

Richard Alden 503 286.6680 503.329.0609, Joann Arney 503 816.7334, Theo Brautigan 503 642.7028, Kate Cardon 503 468.3537 503 989.1504, Elizabeth Cronen 202.257.3836, Jan Friedman and James Bowers 503 545.8347, Lawrence Garred 503 540.0809, Jamie Hurd 503 201.8819, Douglas Morgan 360.957.5554, Jessica Park 503.975.0977, David Rogers and Julie Pohl 503.282.3938 503.317.8168, Betty Sherman 503.724.1203, Jim Stevens and Char McKay 503.442.8341 503.333.6445, Kenneth and Debby Wenzel 503 297.2958 503 729.6571 and Aaron Zick and Lizzie Cheney 503 768.4824 503 502.6608 503 502.8628

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

**December membership report:** 216 total memberships (69 single and 147 family) includes 15 new members and 11 renewals. Last year at this time there were 228 memberships.



# BOARD MEETING MINUTES

December 9, 7 p.m.

**Board Members Present:** Kim Davis, Steve Planchon, Elke Schoen and Ann Truax.

**Approval of Minutes:** November minutes approved as drafted.

**Treasurer's Report:** Report is pending due to vacation schedules.

## Reports

**President:** Ann provided a report of the ONC State Board meeting based on minutes from the meeting. The minutes will be forwarded to other Board members. Summary information included: news that the Meissner Chapter will no longer be a member of ONC and a new Klamath Falls chapter has been added to ONC; the John Craig memorial gathering will take place at McKenzie Pass on March 8; the John Day ski race will be held on February 16 at Diamond Lake; and collaboration between ONC chapters and snow machine clubs appears to be increasing.

**Day Tours:** Efforts continue to be made to find day tour leaders. In the meantime, the Board intends to survey the membership to get a better understanding of membership interests regarding day tours (e.g., when, where, level of difficulty, etc.).

**Overnight Tours:** All tours full except Yellowstone, Black Butte and Crater Lake. Remaining space is limited except for Crater Lake, which has many spaces available still. Board will be discussing whether more overnight tours should be planned next year.

**Membership:** No report. Board still interested in meeting with the membership committee to develop a better understanding of how new and returning members are processed.

**Nordic Issues:** No report.

**Trail Tending:** No report.

**Tilly Jane:** Reservations are excellent with all Saturday nights full. Next member's weekend is January 3 and 4, with the focus being on maintenance.

**Publicity:** Ski fair had less participation this year with some gear left over for ONC to dispose of. Ann to visit with Pam Rigor about donating the left over gear to other organizations. REI presentations will occur on December 10 and 11 and January 16 and 22. ONC reps will also the Mazamas ski school orientation on December 12. Board continues to consider better ways to use Meetup for trip announcements and membership cultivation. Kim will be looking at how cross country ski organizations in other states optimize use of Meetup.

**Website:** Tony Ackerman can no longer serve as webmaster. Board to discuss website at next Board meeting.

**Leadership Training:** The On Snow Event. is scheduled for December 14, with over 25 participants planning to participate. **1<sup>st</sup> Aid Training**—No report. Steve to research whether Mazama leaders carry accident response paperwork on trips, i.e. accident response guidelines, accident report forms, etc. **Orienteering Training**—Ann visiting with ONC member Jack Whitney regarding the possibility providing class room and field training.

**New Business, Board/Committee Framework.** Some Board members concerned about the historic decision to separate committee roles (membership, newsletter, trail tending, program, etc.) from the Board, with the concern being that Board has lost touch with the day to day operations of the Chapter (e.g. tour planning, membership processing, monthly program planning, newsletter production, etc.). Will be an agenda item at the next Board meeting.

**Next Meeting:** Scheduled for January 13 at 7 p.m. @ Mazamas Mountaineering Center, 527 SE 43rd, Portland.

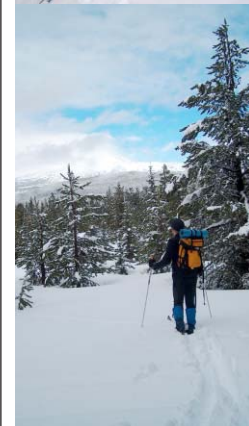
**Meeting adjourned:** 8:30 p.m.

Submitted By: Steve Planchon, *Secretary*

## Flying L Mt. Adams



Ann Truax



Ann Truax

## CLASSIFIED ADS

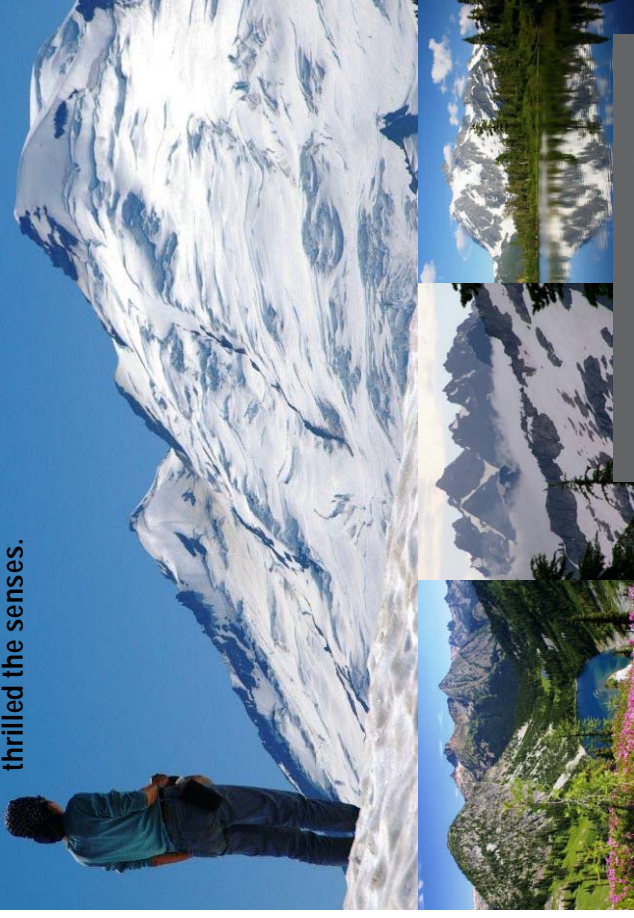
**WANTED:** ► Salomon SNS BC bindings, used or new. I have a set of Rottefella BC, new, which if someone wants, I would trade. Bill whn@nwtechventures.com 3/14

**Deadline:** 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a MS Word document attachment --preferred--(with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be remove earlier.**

**FOR SALE:** ► Fischer RCR Crown Vasa X Skis 207 cm Length Used once. 207cm (good for skier 5'10" to 6'3" tall and 185 to 210 lbs.), no-wax. Accepts either Salomon or Rottefella bindings. Good for groomed areas. \$150 obo (paid \$250). **Chris or Amy 503 241-2768**  
► Women's Showers Pass Club Pro Jacket Nearly brand new (worn twice!) Women's large, Neon Yellow. I need a medium size. \$65 (paid \$110). **Amy or Chris 503 891-3689.** 1/14

# The North Cascades

Mt. Shuksan, Mt. Baker, the Picketts — Steve Levy bestows us a glimpse of summer hikes (with a skiing surprise thrown in) in Lower 48 America's last remaining relic of our disappearing ice age--The North Cascades. It was July and the crowds had not yet arrived due to lingering snow, but wildflowers abounded. A landscape of jaw-dropping mountains, glaciers, ice-encrusted lakes and rugged wilderness thrilled the senses.



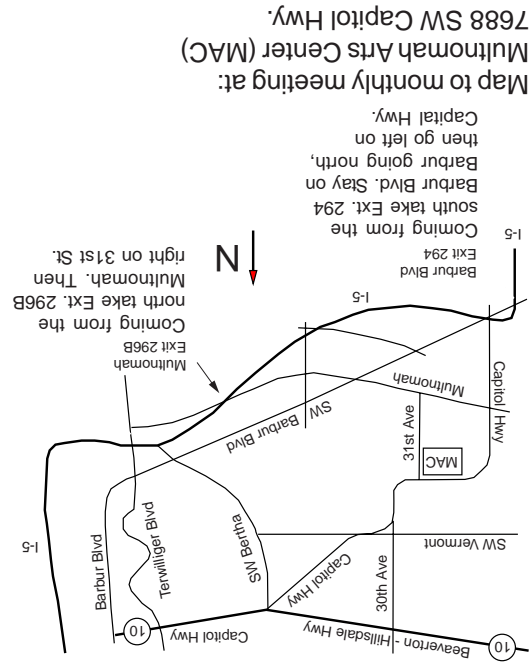
**Multnomah Arts Center**  
**7688 SW Capitol Highway**  
**Tuesday, January 7**  
**7:30 p.m. Program and**  
**Club Meeting**  
**Free!**

Join us for a potluck and social hour, 6:30 – 7:30 p.m., bring a food dish to share along with your own plate, utensils and beverage (sorry, alcohol is not allowed).

## Upcoming Programs

**Feb 4–Jotunheimen Mountains of Norway**  
**March 4–Peru and Bolivia**

**Oregon Nordic Club, Inc., Portland Chapter**  
**P.O. Box 3906**  
**Portland, OR 97208-3906**



Map to monthly meeting at:  
 Multnomah Arts Center (MAC)  
 7688 SW Capitol Hwy.