

Massive snowfall at Crater Lake energizes ONC-PDX skiers

With an average winter snowfall of 43 feet at Crater Lake National Park Headquarters, it is not surprising

that participating in the Club's annual overnight ski trip involves hours of breaking trail, putting chains on the bus, and changing plans to suit conditions. Statistics also show that roughly 50 percent of the time winter storms shield the lake from view, if you can even drive to the Rim to see it. The road from Headquarters to the Rim was closed when we arrived on March 4, and as of this writing, one week after the trip, the road remains closed.



D. Russell

No matter, ONC-PDX skiers are a hardy, flexible bunch. After skiing on the East Rim Road like hopeful Klondike gold miners, on Saturday, the group of 34 decided that Sunday would be reserved for beautiful Diamond Lake, just north of Crater Lake. This location had wonderful groomed tracks for the beginners to test out their newly acquired skills, and for intermediate skiers to enjoy. The more adventuresome plowed through the deep stuff that was still coming down on the Howlock Mountain Trail.

Like previous trips, the Prospect Inn provided wonderful accommodation and tasty meals and the bus ride was a welcome alternative to driving. We'll return again for those spectacular views of Crater Lake; until then, we say "let it snow!"

◆
Scott Diamond, Trip Leader

A call to the north—Manning Park Resort

We all got up early to the call of heading north to Canada and Manning Park, B.C..

By 1:30 p.m. we had crossed the border and headed to the grocery store to stock up for five nights of refueling and feasting. At 4:00 p.m. we arrived at Manning Park and checked into our cabins. Several people put on skis for a short ski before dinner. Thursday we skied up the valley on the groomed trails, some of us made it as far as Strawberry Flats after a lunch in the beautiful warming hut. The return was fast and fun covering a total of 20 km, before hitting the hot tubs. Friday our group split up, some headed to the alpine lifts, others joined the Washington Ski Touring Club (WSTC) for a backcountry tour up Fat Dog Creek and the rest skied the groomed trails. Friday night after dinner we joined the WSTC for a dessert social at the community center (30 people total) for fun conversation. Saturday our group decided to ski on the freshly groomed track up to Cascade Overlook and a few pushed on after lunch to Blackwall Peak at the trail



Ken Wenzel

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2017 Annual Meeting and elections

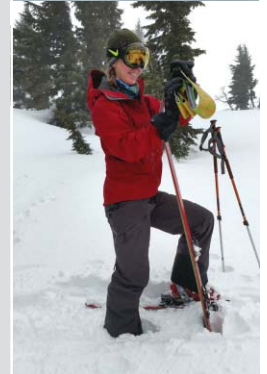
The ONC-PDX 2017 Annual Meeting and board elections will be held Tuesday, April 4 at 7:00 p.m. at the Lucky Lab. The club will provide pizza starting at 6:30 p.m. (beverages available \$.) The program will start at 7:30 p.m., after which, the election results will be announced. There are three positions open on the board: nominees are Mary Bourret, Tim Kral, and Scott Diamond. All three candidates are returning members of the board. There is also a vacant spot open with no candidate running. Nominations from the floor can be made during the meeting. If you or someone you know is interested in being on the board, additional nominations are welcome. While we would like to encourage you to attend the meeting, our bylaws allow for proxy voting. You can either cast your ballot during the meeting or mail it in the enclosed envelope and stamp the envelope. Ballots must be received by noon, April 4, 2017. Please allow sufficient time for delivery. Thank you for participating in the 2017 ONC-PDX Board of Directors election. (nominee statements are on page 4) ◆

Fresh snow in Methow Valley

Twelve Nordic skiers made it to the lovely Methow Valley, in late February, for four days of skiing on beautifully groomed trails: Karen Suher (leader), John Long, Steve Planchon, Shanon Planchon, David Labby, Sarah Slaughter, Tere Enburg, Michele Pearce, Elke Schoen, Paul Foster, Tim Kral, and Julius Dalzell. We lucked out with easy drives both ways, with endless views of hills covered in snow and reflections in the calm water as we wound along
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Tilly Jane A-Frame
- 7 Classified Ads



Tilly Jane A-Frame
See trip details page 6.

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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication). Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor. This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.** P.O. Box 3906 Portland, OR 97208

U P C O M I N G E V E N T S

April 1 ▶ SATURDAY

Wy'East Ski Mountaineering Race #2:
9:00 a.m. (see website for schedule) Timberline Lodge
The second of the Wy'East Ski Mountaineering Series. The series is designed to provide an introduction into the world of Ski Mountaineering (ski-mo) racing.
\$35, \$45 race-day registration
10:30 a.m. – Noon Intro to Alpine Touring Clinic \$10 (registration required) Avalanche safety, navigational "things to know" when touring, mountain safety and more. Info/register: mountainshop.net under "community" "event calendar"

April 4 ▶ TUESDAY Landscape Photography 101

ONC-PDX monthly program
7:30 p.m. – 9:00 p.m.
Lucky Lab, 1945 NW Quimby



April 5 ▶ WEDNESDAY

Backpacking our National Parks
6:30 p.m. – 8:30 p.m. Tualatin REI.
Free! Info/sign-up: rei.com/learn.html

April 6 ▶ THURSDAY Preparing for the Unexpected—

Outdoor Emergency Basics
6:30 p.m. – 8:30 p.m. Portland REI.
Free! Info/sign-up: rei.com/learn.html

April 10 ▶ MONDAY

**Hoppy Adventure Hour:
Oregon Desert Trail**
6:30 p.m. – 8:30 p.m. Lucky Lab,
1945 NW Quimby St. Free!

April 13 ▶ THURSDAY Backpacking the Three Sisters Wilderness

6:30 p.m. – 8:30 p.m. Clackamas REI.
Free! Info/sign-up: rei.com/learn.html

Car-Free Hiking in the Gorge

6:30 p.m. – 8:30 p.m. Portland REI.
Free! Info/sign-up: rei.com/learn.html

April 17 ▶ MONDAY

Car-Free Hiking in the Gorge
6:30 p.m. – 8:30 p.m. Tualatin REI.
Free! Info/sign-up: rei.com/learn.html

April 19 ▶ WEDNESDAY

**How Not to Get Lost with Portland
Mountain Rescue**
6:30 p.m. – 9:00 p.m. The Mountain Shop, 1510 NE 37th
Ave. Info: mountainshop.net

April 23 ▶ SUNDAY

Community Cycling Center Bike Drive
10:00 p.m. – 3:00 p.m. Portland Metro REI's:
Clackamas, Hillsboro, Portland and Tualatin. Bring in
a bike in good condition and help the Community
Cycling Center broaden access to bicycling and its
benefits. Bring in a bike during the bike drive and
receive a 20% off REI coupon.
Info: communitycyclingcenter.org

April 25 ▶ TUESDAY

**Zero to 1,200: The Story of My First
Year Bikepacking**
6:30 p.m. – 9:00 p.m. Base Camp Brewing, 930 SE Oak
St. Tickets: eventbrite.com/e/zero-to-1200-the-story-of-
my-first-year-bikepacking-tickets-32838833836
Sponsored by Mountain Shop and Base Camp Brewing.

April 26 ▶ WEDNESDAY

**Ride NW Oregon: Local Mountain
Biking Trails and Tips**
6:30 p.m. – 8:30 p.m. Hillsboro REI.
Free! Info/sign-up: rei.com/learn.html

Clinics & Training

**May 4–7 THURSDAY–MONDAY
2017 Oregon Spring Camp, Mt. Bachelor**
Morning sessions on snow, groomed ski sessions,
optional afternoon dryland clinics, training plan
lecture, video review, optional world-class
physiology lab testing ... and more! New optional
skate race (separate fee) Info: xcoregon.org

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 10 side-bar)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: nwski.org fwsa.org federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: **oncmembership@gmail.com**

A call to the north—Manning Park Resort continued from page 1

end at 16 km. Then an easy decent in falling snow and rain at the end. Sunday we attempted an intermediate backcountry ski up Windy Joe, but decided to retreat when the snowshoe tracks made it look more like a toboggan run then a ski run. But everyone enjoyed the adventure and forest trail skiing. The afternoon was either spent skate skiing, alpine skiing, snowshoeing, or hot tubing. Sundays dinner was a massive feast of leftovers. Monday we had an early departure and a very soggy drive back to Portland and reality arriving home at 5 p.m. A great time was had by all. Participants: Ken (leader) and Debby Wenzel, Michael Faden, Liz Zenger, Linnea Nelson, Cathy Meade, KC Jones, Bruce Miller, Tere Enberg, Richard Crimi, Robin Williams, Amy Singmaster, Tisa Wrightson, and Sandy Gooch

◆
Ken Wenzel, Trip Leader

Fresh snow in Methow Valley continued from page 1

the Columbia and Methow rivers.

We stayed at Antler Ridge and Bella Vista condominiums,



Karen Suher

which were very comfortable (with one glitch of a CO2 detector beeping which led us to the owner and a nice bottle of wine and a few bottles of Ruud Awakening

beer!) With a little fresh snow three of the mornings, pleasant temps, and some sunny skies, we all skied as much as we wanted to! We split into carpools each day and classic skied and skated all of the valley trails, Sun Mountain Lodge area, and four of us made it up to a couple of the Rendezvous Huts.

There was a little taste of Yellowstone with wildlife viewing out the back door (see Tim Kral's Methow Valley poem on page 4). We enjoyed wonderful après-de-ski snacks and amazing potluck dinners each night. Thank you to everyone for contributing to a great trip!

◆
Karen Suher, Trip Leader

ONC-PDX BOARD SKI TRACKS

During the John Craig Memorial Ski Tour, I

visited with several skiers from Bend, Salem, and Klamath Falls chapters of ONC. Besides lamenting about the ski conditions, it was pouring rain and windy, I asked about the issues their clubs were facing. Not one of them mentioned snowshoers ruining the ski tracks. How could this be? It is a complaint I hear over and over from members of our club. It turns out that the Deschutes National Forest, primarily used by the Central Oregon Chapter members, have designated snowshoe trails at all of the sno-parks.

The COC started recruiting snowshoers to their club when they noticed that the number of snowshoers in Bend was growing fast. Several of their members are ex-forest service employees so they knew just who to call. For the past 10 years, the COC trail maintenance volunteers have been working with the FS to cut snowshoe trails and improve signage where the snowshoe and ski trails cross. The COC estimates that three quarters of their volunteers are people who primarily snowshoe. The COC's foresight has improved the situation for all trail users. Their latest effort is in the development of groomed winter cycling trails for this growing sport.

I ski in Bend four to five times a season, and while I have personally witnessed snowshoers on the ski trails, it is much less frequent than when skiing in the Mt. Hood National Forest. Ken Wenzel, ONC -PDX's ski trail maintenance coordinator, contacted Mt. Hood Forest Service regarding the possibility of developing snowshoe specific trails in a few key areas. While not overly enthusiastic about cutting new trails, the FS is willing to discuss our thoughts on improving existing winter trails to accommodate more snowshoe usage. If we get the go ahead from the FS, we'll want to recruit snowshoers to help work on the trails and maybe winter cyclist too. If you have an opinion or suggestion on this topic, please send me an email.

◆
Mary Bourret, President

VOLUNTEER OPPORTUNITIES

Tour leaders There is an ongoing need for individuals to all levels of day tours.

Nordic Issues Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

Tilly Jane A-Frame There is a need in a number of areas (see the website for specifics).

Public Relations Provide outreach for the club. Give presentations on the club and skiing in Oregon.

Membership Process membership applications. Maintain membership database. Analyze membership

(demographics, where new members are coming from, other trends) and report to board. Identify recruitment opportunities.

Volunteer Tracking Help track volunteers from all areas of the club (overnight, day tour, trail maintenance, committees, etc.). Manage volunteer recognition. Arrange volunteer recognition gift and track distribution to volunteers. Assist with recruitment.

Summer Trip/Tour Committee expand the club's activities during the non-snow months.

For more info and to volunteer contact Mary Bourret at marybourret@gmail.com ◆

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DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Tours are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

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Methow Valley

The deer that died in frozen snow last night lures sparring eagles and a young coyote this morning outside our window.

Opening the door skittishes him off while ravens lurk on the high branches but brazen magpies beat them to it until eagles return to simply sentinel the kill til evening when they eat their fill.

We wonder who drag the ripped carcass nearer the trees last night while ravens brave first light for leftovers flaring their black wings at nobody.

Dropping down the hills deer steer clear of here.

Night again calls something powerful but the carrion remains in sight too heavy for scrawny coyote work we surmise a mountain lion the tracks bear us out.

On our mantel is a clock held by antlers heads adorn the walls of every hostelry in town venison is on the menu and highway signs assign 200 kills to cars every season

Settlers hunted them to scarcity in the early years now they compete for hay and pasture are hell on gardens and flowers.

Beguiling pests, farmers held an August shootout before the big war to thin herds but tired of group bloodshed and no longer needed 'sidehill salmon' for larders.

Tourists love them enough for tolerance but plans to repatriate wolves and grizzlies are met with considerably more than skepticism: best to be vegetarian to survive here now.

by Tim Kral

Discounts for ONC-PDX members

Columbia Sportswear, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week of 30% discounts. Membership card required. columbia.com

Mountain Hardwear, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardwear.com/Stores_Portland.html

The Mountain Shop, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

Oregon Mountain Community, 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic Ski School offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. weastnordic.com

2017-2018 Board nominees



Mary Bourret This is the first time I stand for election even though I have served as President of ONC-PDX for one year. I stepped in for a board member who retired from the Board midterm. My

18 months on the Board has been a rewarding experience. The team we have is motivated and very cooperative. I feel my leadership has helped make the board meetings productive and efficient. In the next two years, if elected, I plan to develop a handbook of procedures for future board members to follow. Besides Nordic skiing, I play and teach curling, bicycle whenever possible, and enjoy babysitting my four grandchildren.



Scott Diamond I am excited about the energy of the current and prospective Board and would like to join the 2017-2018 Board.

I've been active on the board for two years and I think the club offers enough value that I'm willing to contribute my time to run again for a second term as a board member. (I also welcome other members to participate and would happily rotate out of the board position if others can commit their time to continuing to improve the club.)

I think a number of things are going very well with this club. In this category I'd include: the overnight trips, monthly meetings, newsletter, finances, and other areas. But I also have concerns. This is a great snow year but our membership is down from last year. At times I get the sense that the club is becoming little more than a "buyers' club" for overnight trips. That is most people primarily/exclusively involve themselves in the club by overnight trips. On the board I'd like to continue the push for new and more active membership. To do this, as a board member, I will push for increasing activity in day tours, more use of Meetup to attract the next generation of skiers, and improved tie in with other clubs (e.g. Mazama Ski School).



Tim Kral I have enjoyed my two years on the board and am willing to continue. This is a great organization and the board members are doing a great job.

DAY TOURS

Note: if weather or road conditions are dangerous, please check with the leader.

More tours will be listed on these two sites: onc-pdx.org/activities/day-tours meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter

Note: dogs are only allowed on tours designated as “dog tours”

April 1, Sat, Easy/Intermediate Ski—Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. (SAM/Mt. Hood Express Combined All Day Pass \$5) **For more info and to RSVP contact the leader: John Heaton 503.341.6760.**

April 5, Wed, Easy/Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamans Edgefield's West parking lot at 9:00 a.m. to carpool. **For more info and to RSVP (Leader TBD) contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com**

April 8, Sat, Easy/Intermediate Ski—Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. (SAM/Mt. Hood Express Combined All Day Pass \$5) **For more info and to RSVP contact the leader: John Heaton 503.341.6760.**

April 12, Wed, Easy/Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamans Edgefield's West parking lot at 9:00 a.m. to carpool. **For more info and to RSVP (Leader TBD) contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com**

April 15, Sat, Easy/Intermediate Ski—Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE

Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. (SAM/Mt. Hood Express Combined All Day Pass \$5) **For more info and to RSVP contact the leader: John Heaton 503.341.6760.**

March 19, Wed, Easy/Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamans Edgefield's West parking lot at 9:00 a.m. to carpool. **For more info and to RSVP (Leader TBD) contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com**

April 22, Sat, Easy/Intermediate Ski—Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. (SAM/Mt. Hood Express Combined All Day Pass \$5) **For more info and to RSVP contact the leader: John Heaton 503.341.6760.**

April 26, Wed, Easy/Intermediate Ski Location TBD

Come join us for a Wednesday ski tour. The trail will depend on snow conditions; we'll ski where the snow is good. Meet at McMenamans Edgefield's West parking lot at 9:00 a.m. to carpool. **For more info and to RSVP (Leader TBD) contact the leader: Terry Owen 503.590.5825 terryowen1@gmail.com**

April 29, Sat, Easy/Intermediate Ski—Transit to Trails West Leg Road or backcountry, Mt. Hood, OR

Join me to ski either down the groomed West Leg Road or in the backcountry, depending on conditions. Meet at the Gresham Central Transit Center, 350 NE 8th and NE Kelly Ave. (it has a parking garage), at 8:45 a.m. to take the SAM bus (ci.sandy.or.us/transit). Then we'll take the Mt. Hood Express Bus (mthoodexpress.com; 503.668.3466 or twitter @mthoodexpress for severe weather/road conditions) from the Sandy Transit Center, 16610 Champion Way, at 9:25 a.m.; it arrives at Timberline Lodge at 10:30 a.m. (SAM/Mt. Hood Express Combined All Day Pass \$5) **For more info and to RSVP contact the leader: John Heaton 503.341.6760.** ♦

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamans Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

cont. from sidebar page 4

includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400

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cont. from sidebar page 5
ft. per mile elevation
gain.

Advanced Tour Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

OVERNIGHT TRIP POLICIES

1. Only Oregon Nordic Club members may participate on ONC-PDX overnight trips, even if it is a trip for which no money is collected. Non-members may join the club when signing up for an overnight trip. The membership fee can be paid at this time. The only exceptions are overnight trail tending work parties and Tilly Jane Club weekends, which are open to volunteers on those projects.

2. The first overnight trip application opportunity is at the October ONC-PDX meeting and at the designated time. The member must submit this application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign up-date, openings are filled on a first-come, first-serve basis, based on the time/date the application is received by the trip leader. Overnight trip leaders have the privilege of signing up for any ONC-PDX overnight trip prior to

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OVERNIGHT TRIPS

April 7–9, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame cabin, Mt. Hood, OR

We will backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals.

Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS. Climbing skins are required.

Trip limit: 15 max, open to all ONC-PDX members and Tilly Jane A-Frame cabin volunteers

Cost: Free (another club benefit). You must be an ONC-PDX member before signing up for this trip.

To sign up or for more info, please email: TillyJaneCabin@gmail.com.

Welcome new members!

Renee, Charles and Matthew Alexander, Paul Breed, David Burmester, Sallyanne Ellis, Claire Jarreau, Sean Jones, Linda Mark, and Megan Mills

March membership report: 291 total memberships (194 single and 97 family) includes 8 new. Last year at this time there were 329 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting, January 31, 2017

Board Members Present: Ken Wenzel, Mary Bourret, Scott Diamond, Ted Scheinman, and André Fortin
Board Members Absent: Tim Kral

Minutes from last meeting are approved.

Treasurer's Report: November and December treasurer's report reviewed but no budget to compare to

President's Report: "Board tracks" article on Snowshoers. General agreement that the way to solve the snowshoe/xc ski conflict was to pull snowshoers into the club and form a snowshoe committee, which focus on development of new snowshoe specific trails. Mary to write article in newsletter on snowshoes. Ken to check with Forest Service about development of snowshoe trails. "Board tracks" article on summer activities. In the past the board had decided not to overly focus on activities in the summer. In part there was concern about overloading day and overnight committees. Mary to write article in newsletter asking for someone to coordinate summer tours/trips.

Website: General discussion of how well website is going. Some discussion on how to increase forum use. Board members will try and post to it more often.

Day Tours: Tie with Mazama going well. Scott proposed we see about attending a Mazama ski school meeting to see how we can coordinate closer in the following year. Scott to contact Mazamas and invite ONC-PDX board members to attend. Limited feedback on day tours, which presumably indicates no issues. Request for Sno-Park for co-leader. Board approve providing Sno-Park passes for co-leaders

Overnight Trips: Board proposes that ONTC look at increasing the current \$10 fee for cancelling out of a trip. There is still the requirement to find a replacement. Board felt that the greater of 10% trip cost or \$20 would be appropriate but leaves decision to ONTC. Scott to contact ONTC and pass on request to increase fee.

Tilly Jane: We are coming up on second maintenance/volunteer weekend (6-8 people). Starting to plan for third fundraiser event (mid to late March). Working on Phase 2 restoration effort—will not have funds/personnel to do roof this summer. Mary—will post ONC-PDX Tilly Jane YouTube video to Forum. ■ **Tilly Jane Insurance** State board to begin signing all Permits with Forest Service. This acts as trigger for insurance reviews. André is in discussion with insurance company and they are coming back with questions (e.g. is contact info posted) but in general this is going smoothly. ■ **Insurance** There were a number of follow-on questions by the board about our insurance in general (beyond what is needed for TJ). André agreed to be focal point for funneling questions to insurance agent. Scott to formulate questions on insurance and pass to board

Membership: As of January 27, the club has 273 memberships, 180 single and 93 families. Counting additional family members, there are 399 members. In the past month, we have gained 15 memberships from 4 renewals and 11 new people, including 1 free family membership from a Mountain Shop ski package purchase. So far this season, the club has 54 brand new memberships, representing 20% of the total.

Publicity: No issues discussed

Nordic Issue: Cooper Spur/Mt. Hood Meadows Land Exchange Draft Environmental Impact Statement (DEIS).

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Should we join with other groups in opposing the land trade. See attached letter. Board is taking no action on DEIS
Trail Tending: New person at Zigzag is very involved (Rachel Drake). Trees on Crosstown Trail have been cut.

New Business

Getting to Know Your Club Series—Board decided that it would be good to have half-hour meetings prior to general meeting on the following topics: Leading Day Tours, Leading Overnight Trips, Volunteering for the club. We invite people who have shown interest on their club application and buy pizza and beer for attendees. These meeting would be held this spring. Scott to forward plan for pre-trip meeting to ONTC and DTC and get their comments. ■

Club Meeting Room—Ron requested approval to rent audio equipment and video projector as needed. Board provides Ron with authority to make this decision as needed. ■ **Wilderness First Aid**—Ted determined that Mount Hood Community College could do WFA class, but cost would still be \$150 to \$175/person. Board decided to not move forward with dedicated ONC-PDX WFA class. Board re-emphasizes shared cost if members attend WFA class (and are willing to lead). Scott to work with Bill Y to set up web page with listing of WFA options. ■

Snowboard Outreach Society (SOS)—SOS is holding a Happy Hour fundraiser at Base Camp Brewing next Saturday, February 4 6-9 p.m. Should we promote this event? Should we have a membership table at the event? Promoting fine (has already been listed on club Facebook page), but no one is free to host a table. ■ **Waiver**—Agreed that paper waiver had been sufficiently reviewed. Agreed that on-line waiver had not been sufficiently reviewed. Board directs ONTC committee to use signed waiver for all attendees until we have confidence in online waiver. Board directs that on-line waiver is removed and instead replaced with text indicating that a signed waiver must be provided by each participant. Scott to poll attorneys for: expertise in online waiver, and cost and propose a direction to board. ■

John Craig—Ted to post to Forum about helping with John Craig. ■ **Delegation of Authority**—Propose ONC-PDX President has authority to spend up to \$500 at a time without consulting with board. President would report to board at next meeting. Board approves above resolution of \$500 spending as indicated above. ■

Carpooling—Federal guideline is now 53.5 cents/mile. Propose we keep current ONC-PDX policy: Day tour participants are encouraged to carpool and share costs. The club policy requires a payment of 15 cents per mile per passenger to the driver, up to a maximum of 45 cents per mile. Board agreed to not change the current policy. Recommend overnight and day trip committee to provide estimate of car pool costs (for example day tour to Trillium would list estimated cost of 15¢/mile to be \$15 and Methow trip would provide up front estimate of \$120). Scott to communicate providing carpool overall cost to Day Tours and Overnight Trips Committees. ■ **Trip Leader Document**—Scott would like to update Leadership Handbook to remove information that is in multiple places (e.g. waiver, dog policy, recommended day tours is in trip leader document and on website). Board agree with general proposal as long as backup copy is available in archive on website. Scott to work to updating leadership handbook and will send for review once updated.

Next board meeting: April 25, 6:30 p.m. at Mazamas Mountaineering Center.

◆ Scott Diamond, Secretary

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the October meeting.
3. Restrictions on participation may apply to some trips based on the participant's ability and experience needed to safely execute the trip. The trip leader has the authority to make this determination for the safety of all trip participants. The trip leader may also limit participation based on accommodations.

WAITING LIST

4. If a trip is full, participants may choose to be placed on the wait list, if an application is submitted with the trip fee. If space becomes available, wait list participants may then choose to fill the space or decline. If participation is declined the full payment is refunded.

Trip Cancellation Policy

5. If canceling, contact the trip leader immediately. There may be a wait list.

6. Participants are responsible for finding a replacement which may include contacting people on the wait list.

7. Trip fees and deposits are non-refundable, unless a replacement is found. Commercial travel insurance is highly recommended.

8. Once a replacement is found, the participant must send written/email refund request to the overnight trip committee. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10 administration fee.

9. If the club cancels the trip, the full amount paid will be refunded. Trip cancellations are decided by the Overnight Trip Committee.

Travel Insurance
onc-pdx.org/resources/trip-insurance

ONC-PDX does not endorse any of these agents or providers. ◆

CLASSIFIED ADS

FREE: ▶ **Ski Poles** Leki x-country poles. Good condition. 135 cm. Free to good home.

Robin 503.452.1338 Robin rwilliag@gmail.com 4/17

FOR SALE: ▶ **Ski Boots**, like new. Fischer BCX8 Back Country ski boots, 3 pin, size EU43. **\$75 Mike 971.344.1021 mdianich@gmail.com 6/17**

FOR SALE: ▶ **Skis**, Atomic Telepathic telemark skis 170cm with Voile Tele bindings and heel lifts. **\$75 FOR SALE:** ▶ **Bindings** Riva Super Loop ultralight telemark / backcountry touring bindings, new **\$60 OBO. \$75. FOR SALE:** ▶ **Skis** Karhu XCD back country skis 190cm, 3-pin bindings **\$65 OBO.**

FOR SALE: ▶ **Boot liners** Scarpa Intuition ski boot thermo form liners. Used one season in T4s. Good for Alpine, AT, Telemark Size 30.5 (used in a 30 Scarpa Boot) Can be reformed several times. Should fit 29.5 to 30.5 shells. **\$65 OBO. FOR SALE:** ▶ **Ski Boots** AirTex NNN-BC Ski Boots, Thinsulate insulated, very warm, excellent condition. Size 47 **\$40 OBO.**

FOR SALE: ▶ **Ski Helmet** Romer full coverage ski helmet, adjustable vents, size Large. **\$40 OBO. FOR SALE:** ▶ **Ski**

Helmet GIRO ski helmet size Small fits child/adolescent \$25 OBO. See photos here, open to all offers: <http://portland.craigslist.org/clk/spo/5906927755.html>
Russ russ.bec@gmail.com 4/17

FOR SALE: ▶ **Turazor MX Telemark Skis w/Rotfellla TRP 100 releasable bindings**, 190 cm, almost brand new condition, pristine bases! The Razor's corpulent 92-64-82 shape is super-sidecut, yet not so extreme as to sacrifice versatility."\$300 (bindings alone were over \$300 new - this is \$1000 setup!)
Amy ablumenberg@comcast.net 503.241.2768 4/17

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a **MS Word document attachment preferred**—(with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

Landscape Photography 101 with Outdoor Viewfinder

Jason's knowledge of landscape photography techniques will enable you to improve your photography by using natural light with a minimal amount of gear and avoid making "the same old photo or bad photos in general." In addition to technical information, which will emphasize proper exposure, composition, and minimal filtration, you will learn how to choose subject matter in order to improve your creative vision. Whether you have a particular issue, are stuck in a creative rut, or wanting to learn more about outdoor photography, attending this class will get you on the way to making better photographs!



**Lucky Labrador
Brewing Company**
1945 NW Quimby St.
Tuesday, April 4
6:30 p.m. Social Hour
(pizza provided by the club)
6:45 p.m. Annual Meeting
and Board Elections
7:30 p.m. Program

Beverages available \$

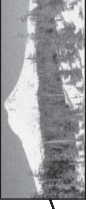
Raffle: Pick up a raffle ticket at the meeting for the drawing—you must be present to win.

Upcoming Programs

May 2 - Cuba



Oregon Nordic Club
P O R T L A N D
C H A P T E R



Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906

Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.

