



# Looking ahead to the ski season

**This time of year, many of you are thinking** about backpacking in the Sierras or on the PCT, camping at Lake Billy Chinook, rafting the Deschutes, doing a cross-country road trip, or even going farther afield like hiking in Norway. The summer affords a myriad of ways to enjoy the outdoors. Right now, the winter ski season seems a long ways off. It's a hazy prospect, but winter will be here before you know it, and I'm sure you will want to have some overnight ski trips lined up.

The overnight trip committee, Sam Digard, Susan Watt, and Ann Truax, have set up a menu of great trips for you to choose from. Most are tried and true. We'll start the season off with the traditional Thanksgiving trip to Sunriver. Feast on turkey, and then try to burn a few calories skiing or hiking, depending on snow conditions.

Ring in the New Year in Washington's Methow Valley or Oregon's Black Butte Ranch. In either place, you can enjoy luxurious accommodations, hearty meals, extensive skiing options, and friendly people. After a vigorous day in the outdoors, no one will laugh if you decide to go to bed early on New Year's Eve.

We're also offering two ski trips to the Ochoco Mountains in Central Oregon—one in January and one in February. Ski the hilly terrain through large ponderosa pines as you keep a lookout for wild horses.

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Bob Breivogel

Skiing at Crater Lake National Park

## Trail work at Wolf Run Nordic area

**Tuesday July 19 was a very nice day** weather-wise for trail tending. Our group of five headed up to the Wolf Run Nordic area on the east side of Mt. Hood and worked on abandoned Road 4430-120. We had about one mile of road to cover. We limbed and brushed and hung diamonds as we went. When we got to the half-way point we retreated and had lunch at the Lower Eight Mile Campground beside the creek. After lunch we drove over to the other end of Road 4430-120 and attacked from that end. At three o'clock we got to our halfway point and called it a day. We had completed a very nice loop trail and now we just need snow to enjoy our efforts. We will be posting a map on the ONC-PDX website as soon as I get the Forest Service's blessing of the project. Many thanks to Debby Wenzel, Bill Yaeger, John Fromwiller, and Marc Leon for joining our trail tending party. Happy trails!



Bob Breivogel

A view of Mt. Hood from the Wolf Run Nordic area

Ken Wenzel, Trail Tending Coordinator

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Ken Wenzel

**Annual Picnic**  
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## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication). Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor. This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.** P.O. Box 3906 Portland, OR 97208

# U P C O M I N G E V E N T S

## August 2 ▶ TUESDAY

### Backpacking Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

### Lightweight Backpacking Basics

6:30 p.m. – 8:00 p.m. Tualatin REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## August 3 ▶ WEDNESDAY

### Exploring Majestic Mount Jefferson

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## August 4 ▶ THURSDAY

### Find Your Park: Yosemite National Park

6:30 p.m. – 8:00 p.m. Clackamas REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## August 8 ▶ MONDAY

### Hoppy Adventure Hour: Columbia Gorge Getaways

6:00 p.m. – 8:00 p.m. (seating at 6:00 p.m.) Lucky Labrador Brewing Company, 1945 NW Quimby St. Info: [gorgefriends.org](http://gorgefriends.org)

## August 13 ▶ SATURDAY

### Annual Steiner Cabins Tour

9:00 a.m. – 5:00 p.m. with start times of 9:00 a.m., 11:00 a.m. or 1:00 p.m. Rhododendron, OR. \$25, Museum members, \$30 general public. Reserve your spot on the website. Tour six vintage log cabins built by Henry Steiner and sons in the 1930s. Includes eight cabins. Info: [mthoodmuseum.org](http://mthoodmuseum.org)

## August 16 ▶ TUESDAY

### Backpacking Basics II: What's Inside Your Pack

6:30 p.m. – 8:00 p.m. Hillsboro REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## August 18 ▶ THURSDAY

### Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Clackamas REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## August 19–21 ▶ FRIDAY–SUNDAY

### Pacific Crest Trail Days

Fri: 2:00 p.m. – Sun: 9:00 p.m., Cascade Locks, OR. The latest outdoor products and gear, free classes and activities, watch an outdoor photography show and a documentary film, help with a trail work party, go for a hike or bike, and camp under the stars. Raffle proceeds go to Pacific Crest Trail Association and American Long Distance Hiking Association–West  
Info: [pctdays.com](http://pctdays.com)

## Clinics & Training

### Oct and Nov ▶ SATURDAYS

#### 2016 Fall XC Training Series

##### Portland, OR

Watch the websites for any updates for this year's conditioning sessions for XC skiers of all abilities. Info: [www.xcoregon.org](http://www.xcoregon.org) [teacupnordic.org](http://teacupnordic.org)  
Sponsor by: Oregon Nordic Club Teacup Chapter and XC Oregon race team

### December 1–11 ▶ THUR–SUN

#### 2016 Oregon Fall Camp

##### Mt. Bachelor, OR

Start your ski season off with one of the best camps in the XC ski world! Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether you ski that particular morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert.

No session on Tuesday, December 6.  
Registration opens in mid-July.  
Info: [xcoregon.org/oregon-fall-camp](http://xcoregon.org/oregon-fall-camp)

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 6)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: [nwskiers.org](http://nwskiers.org) [fwsa.org](http://fwsa.org) [federationofwesternoutdoorclub.org](http://federationofwesternoutdoorclub.org)

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: [oncmembership@gmail.com](mailto:oncmembership@gmail.com)

## ONC-PDX BOARD SKI TRACKS

No board article this month.

Looking ahead to the ski season continued from page 1

Other popular trips in January will be to the Summit Meadow Cabins on Mt. Hood, Sunriver over MLK weekend, and the Mt. Adams Lodge at the Flying L Ranch. If you want to travel farther in search of that elusive powder, think about Anthony Lakes near Baker City in Eastern Oregon in January.

February is often the best month for skiing. Sign up for Sunriver over President's Day weekend, or the charming Lake Creek Lodge in Camp Sherman, Oregon (also over President's Day weekend), or Scottish Lakes in Washington (the prime spot for telemarkers), or another trip to the Methow Valley in Washington (think 120 miles of groomed trails). Glacier National Park in Montana is also on the menu; travel by Amtrak overnight, arrive in the morning, check into the Izaak Walton Inn (a stone's throw from the train stop), strap on your skis and go for it.

We don't stop skiing in March. We begin March with our annual Crater Lake trip. The powder is predictable there, the travel by bus comfortable and relaxing, and the food and atmosphere at the historic Prospect Hotel will make your couch-prone friends want to take up skiing.

If you're a skier who likes to rough it, follow back country trails, sleep in a rustic cabin, melt snow for water, and enjoy an outhouse on a frosty morning with an unparalleled view of Mt. Jefferson, then the Sisters area hut-to-hut trip is for you.

For more breath taking mountain views, try the epic trip to the Canadian Rockies where you can ski on Lake Louise or follow miles of groomed trails. Or enjoy the so-called Swiss Alps in Oregon by signing up for the Wallowa trip. Stay in a well-appointed cabin close to Wallowa Lake, breathe in the pure air of Eastern Oregon and experience the landscape of Chief Joseph and the Nez Perce.

Unfortunately, we can't offer a Yellowstone trip this year due to extensive re-modeling of the Mammoth Inn.

The committee is not done yet. We still may have some new trips to surprise you. Details about all the trips will be published in the September newsletter and on-line at onc-pdx.org. The first opportunity to sign up will be at the October general meeting. Some trips fill up fast, so, if you can't be at the October meeting, send a proxy.

Ann Truax, *Overnight Trips Committee*

## VOLUNTEER OPPORTUNITIES

Contact a board member (see sidebar page 2 for contact info) for more info and to volunteer.

**Tour leaders** There is an ongoing need for individuals to lead day tours.

**Nordic Issues** Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

**Overnight Trip Coordinator and committee members** Guide the committee that puts the overnight ski trips together each season. Help put the overnight trips together.

**Public Relations** Provide outreach for the club within the community. Give presentations on the club and skiing in Oregon.

**Membership** Process membership applications. Maintain membership database. Analyze membership (demographics, where new members are coming from, other trends) and report to board. Identify recruitment opportunities.

**Volunteer Tracking** Help track volunteers from all areas of the club (overnight, day tour, trail maintenance, committees, etc.). Manage volunteer recognition at fall meeting. Arrange volunteer recognition gift and track distribution to volunteers. Assist in volunteer recruitment.

**Tilly Jane A-Frame** There is a need in a number of areas related to planned structural work at the A-Frame. In particular there is a need for grant writers and individuals able to connect with other organizations and businesses for fund-raising. ♦

## Columbia Sportswear summer deals for ONC-PDX members

**Columbia Sportswear Company's first ever** end-of-summer season sale at their Employee Store is open to ONC-PDX members till August 7. This discount is a benefit of ONC-PDX membership, other benefits are listed on page 6 of this newsletter.

Bring the invite letter (attached to the email sent with your e.newsletter) with you, your membership card, and personal photo ID to the store reception desk. Columbia Sportswear Employee Store, 14100 NW Science Park Drive, PDX, 503.985.4125. Hours: Mon-Fri 10:00 a.m.-7:00 p.m., Sat-Sun 10:00 a.m.-6:00 p.m.

This invite is non-transferrable but you are welcome to bring your family and friends with you (up to four guests per person). ♦

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## DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always

continued on sidebar page 5

## NORDIC ISSUES/NEWS

**Volunteers are needed to help with Nordic Issues.** Do you have some time to track issues that affect skiers (on websites in the comfort of your own home)? Contact board members (see sidebars page 2) to volunteer.

### **Mt. Hood National Forest Flag Point Lookout taken out of the winter rental program**

In early July the Forest Service's Barlow Ranger District removed Flag Point Lookout from the rental program due to employee safety concerns related to reoccurring instances of vandalism that have made it increasingly difficult to keep open during the winter. The Lookout is used in the summer as a working fire detection facility and had been accessible to the public during the winter months as a rental through the website: [recreation.gov](http://recreation.gov).

Forest Service personnel had been spending a lot of time during the winter months making repairs. In the last few years they have found windows broken, the main gas line damaged, the solar panel system broken, the cook stove messed up, and furnishings and utensils stolen. The stove hearth was replaced four times and the door was left open once causing damage to the floor.

The Lookout was designed for summer use and due to its remote location and the level of damage that vandals have caused the last few years, it has been challenging to keep it in working order for use as a winter rental.

### **Delays and closures on Lolo Pass Road and other roads**

There are several projects taking place on Lolo Pass Road which may cause long delays and up to 8-hour road closures. One of the projects, a culvert/bridge replacement project near Lower Marco Creek on Lolo Pass Road, will help restore fish habitat. The new bridge is being built to

restore the natural stream channel, increase capacity of the crossing to a level above the 100 year flood event, and accommodate a safe crossing for recreational and commercial traffic for years to come (the bridge is designed to last 75 year plus). A recommended alternative route is to take Interstate 84 east through the Columbia River Gorge to Hood River, then drive southwest to Dee and follow the signs to Lost Lake. Detailed directions are on the Lost Lake Resort's website: [lostlakeresort.org/contact-us/directions/](http://lostlakeresort.org/contact-us/directions/).

Other roads (Roads 1610, 1611, & 1612 are closed until the end of October and Red Hill Drive Road (Road 16) may have multiple delays due to logging activities.) will be affected by summer projects.

Mt. Hood National Forest road work updates in the are posted on this website: [fs.usda.gov/alerts/mthood/alerts-notice](http://fs.usda.gov/alerts/mthood/alerts-notice). Contact the Forest Service with questions about the road projects at this phone number: 503.668.1700.

### **Deschutes National Forest Swamp Lake Shelter going up**

The Swamp Lake Shelter in Central Oregon is taking shape. The last week of June, volunteers poured the foundation and in July the log walls started going up. This project is being handled by the Central Oregon Chapter of the Oregon Nordic Club. They took on the fund-raising and many of the volunteers working on the Shelter are Chapter members. However they are not finished with the project and can still use volunteers. To get involved contact James or Gary Kelley or simply go to the volunteer link on the CONC website: [conordicclub.org](http://conordicclub.org). The volunteer e-mail is [conordicclub@gmail.com](mailto:conordicclub@gmail.com).

The new Shelter will replace a dilapidated one at the opposite side of the lake and is expected to be open for the upcoming ski season, if all goes well. ♦

Mitch Auerbach, Kevin McGillivray (Gorge Chapter), *Nordic Issues*, Pam Rigor, Editor

## Teacup's Richard Fay honored by ONC State Board

**The Oregon Nordic Club's John Day Award went to Richard Fay from the Teacup Chapter,** acknowledging his commendable contribution to Nordic skiing over the past 35 years.

The John Day Award is given annually, by the State Oregon Nordic Club organization, to an individual who gives great service to their chapter of the Oregon Nordic Club and has contributed greatly to Nordic skiing in Oregon. Each chapter submits one nominee. The Award is decided at the spring ONC State board meeting and presented at the State Board's Annual Meeting. ♦

## DAY TOURS

**Note: if weather or road conditions are dangerous, please confirm tour with the leader.**

**Check website ([onc-pdx.org](http://onc-pdx.org) in day tours and in forums for day tours) and/or our Meetup site ([www.meetup.com/Oregon-](http://www.meetup.com/Oregon-)**

### August 13, Sat, Trail Tending Party Yellowjacket Trail, Mt. Hood, OR

Starting at the White River Sno-Park, we'll brush, cut logs, and hang diamonds as we work our way along the trail. It is in pretty bad shape so we could use as many hands as we can get. I do not expect to get thru the entire trail! On the plus side the trail goes through a very wonderful old growth forest with many small streams beside the trail. It's a great place to enjoy on a summer day in the shade. Bring Gloves, Boots, Long Pants and Long Sleeve Shirt. Bring a lunch and water small pack. If you have an old bike helmet they work great for head protection and don't fall off your head. Meet at Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave., at 8:00 a.m. to carpool. **For more info and to RSVP contact: Ken Wenzel 503.297.2958 cell 503.422.1524 (Debby) [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com)** ◆

**Common meeting places:** Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

## Lets hike or bike

### Join the ONC-PDX leadership team...

Pick your favorite hiking/biking trail/route and lead a day tour. To submit your tour use the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or email tour description (by August 14, 8 p.m. for the September newsletter) to day tours at [oncdaytours@gmail.com](mailto:oncdaytours@gmail.com). Descriptions sent after the deadline will be posted on the website. Last minute tours can be added too.

New to leading tours? Send us an email and we'll get you up to speed. ◆

[Laurel Dickie](#), [Scott Diamond](#), [Barbara Hayman](#), *Day Tours' Committee*

## Join a Trail Tending Party this summer

### It's time to set aside a day to work on

the ski trails. We will be doing maintenance work at Wolf Run (on the east side of Mt. Hood), the Yellowjacket Trail and possibly more. Tilly Jane A-Frame work days are scheduled too. It's up to YOU to make a difference! Working on trails is a great way to become familiar with trails that you have not skied before. Volunteer to lead one of these trail tending parties or just come along. More parties may be scheduled. **To volunteer contact: Trail Tending Coordinator Ken Wenzel 503.297.2958 [skiwenzel@hotmail.com](mailto:skiwenzel@hotmail.com).**

**What to bring:** Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

### Summer trail tending parties:

#### August 13, Sat, Trail Tending Party Yellowjacket Trail, Mt. Hood, OR

See day tours schedule for details.

#### November TBD, Volunteer Recognition Party Portland, OR

After all that hard work, you need a pie—a pizza pie! Plan on joining us at our Volunteer Recognition Party to get recognized for your efforts. ◆

## Share your club photos

**Do you have photos of our overnight trips,** day tours or other activities? Send them to Terry to be posted on our photo site so all club members can enjoy them. The link to our photo site is on our website.

Send photos to [terryowen1@gmail.com](mailto:terryowen1@gmail.com) as an attachment—full size from your camera or phone is ok. The file size up to 20 to 25 MB. Contact Terry for more info. ◆

cont. from sidebar page 4  
includes a terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

**Novice Ski Tour**  
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

**Easy Tour**  
**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.  
**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.  
**Hike:** < 8 miles; 200 ft. per mile elevation gain.  
**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate Tour**  
**Ski:** 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.  
**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.  
**Backpack:** 5–7

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miles per day; 200 to 400  
ft. per mile elevation  
gain.

#### **Advanced Tour**

**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

#### **TOUR ESSENTIALS**

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

#### **Skiing & Hiking Essentials**

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

#### **Biking Essentials**

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump

continued on sidebar page 7

## **Portland Sunday Parkways cycling events**

### **Join other cyclist for family-friendly, car**

free bicycling this summer! Portland’s Department of Transportation hosts the Sunday Parkways: August 21 and October 2.

### **Southeast Portland Sunday Parkways (7 miles) August 21, 11:00 a.m. – 4:00 p.m. Free!**

Spend a warm summer day walking and rolling around the Southeast Sunday Parkways route. While you’re at it, take a few moments to explore Laurelhurst, Colonel Summers, Sewallcrest and Ivon Parks to grab a bite to eat, listen to tunes, and jump into a dance or activity or two.

### **Sellwood Portland Sunday Parkways (8 miles) October 2, 11:00 a.m. – 4:00 p.m. Free!**

End the Sunday Parkways season big by exploring the Sellwood area including a section of the Springwater. Music, food, and fun are waiting in the parks. ◆

Info and maps: [portlandoregon.gov/transportation/58929](http://portlandoregon.gov/transportation/58929)



ONC-PDX Annual Picnic

## **OVERNIGHT TRIPS**

### **Summer overnight trips**

#### **Would you like to lead a club backpack-**

ing, biking or any other overnight trip this summer? If you attended the winter trip planning meeting, you may be ready to take the lead. There is still time to lead a summer trip.

Leading an ONC-PDX overnight trip comes with privileges. The **leader goes for free** and you get an ONC-PDX T-shirt as well as the opportunity to spend time with great people!

Contact the Overnight Trips’ Committee at [oncpx.ontrip@gmail.com](mailto:oncpx.ontrip@gmail.com) with any questions you may have about leading an ONC-PDX overnight trip. More info and required forms can be download from the resources for trip leaders on the website. ◆

## **Discounts for ONC-PDX members and leaders!**

**Columbia Sportswear**, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [columbia.com](http://columbia.com)

**Mountain Hardwear**, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [mountainhardwear.com/Stores\\_Portland.html](http://mountainhardwear.com/Stores_Portland.html)

**The Mountain Shop**, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

**Oregon Mountain Community**, 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto’s Ski & Bike Shop**, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy’East Nordic Ski School** offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. [wyeastnordic.com](http://wyeastnordic.com) ◆

Tour and Trip Policies continued from side bar to the left

tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.

### Trip Cancellation Policy

5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.
6. Participants are responsible for finding their own replacements, including contacting people on the waiting list.
7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)
8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.
9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this,

for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

10. If the club cancels the trip, then the club will refund the cost of the trip. All trip cancellations will be decided by Overnight Trip Steering Committee.

### Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found and recommend that you use trip insurance. TravelGuard, the longtime providers of our trip insurance to members, have discontinued the special discounted trip insurance to the National Ski Federation. If you currently have a policy through the club, it is still valid and can be modified to cover additional costs, but no new policies are being written.

Until we make further arrangements, we suggest that you sign up with other providers for skiers, including Travel Protectors. You can sign up for policies at [travelprotectors.com](http://travelprotectors.com) or by calling Myra at 703.443.9055.

For more info contact the Overnight Trip Committee [oncpxd.ontrip@gmail.com](mailto:oncpxd.ontrip@gmail.com)

cont. from sidebar page 6

- Water bottle (filled)
- Tire irons

## OVERNIGHT TRIP POLICIES

1. Overnight tour descriptions must be submitted to the overnight tour coordinator to be approved. Once approved, the overnight tour coordinator submits them to the newsletter editor.
  2. Only Oregon Nordic Club members are allowed on Portland ONC overnight tours, even if it is a trip for which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers.
  3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tripler. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.
- ### WAITING LIST
4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the

continued on page 6

## Welcome new members! No new members last month

July membership report: 320 total memberships (240 single and 90 family). Last year at this time there were 278 memberships.

## BOARD MEETING MINUTES

There was no board meeting in July.

Next board meeting: Board Retreat, August 14, 4:00 p.m. – 7:00 p.m. Location TBD.

## CLASSIFIED ADS

### FOR SALE: ► Set of four studded tires on wheels

(195/65R15), used on 1998 Subaru Impreza Outback. Good condition. Four wheel covers included. \$200 OBO.

Donna 503.292.9801

10/16

### FOR SALE: ► Rotafella BC technology bindings

Oops took wrong skis to Yellowstone. Bought new bindings for the week.

Like new. \$40 OBO [Patricia.pfromwiller@gmail.com](mailto:Patricia.pfromwiller@gmail.com) 10/16

### FOR SALE: ► XC Boots NNN-BC, excellent condition. Mens 12-13. \$40 OBO

[russ.bec@gmail.com](mailto:russ.bec@gmail.com) 10/16

### FOR SALE: ► Turazor MX Telemark Skis w/Rotafella TRP 100 releasable bindings, 190 cm, almost brand new condition, pristine bases! "The Razor MX is for those looking for a shaped, super-sidecut ski designed specifically for telemark—not built for the masses—this is it. The Razor's copulent 92-64-82 shape is super-sidecut, yet not so extreme as to sacrifice versatility." \$300 (bindings alone were over \$300 new – this is \$1000 setup!)

### FOR SALE: ► Backpacking/Hiking Boots Mammut (made by Raichle of Switzerland) Mt. Vista LTH, Women's EU size 41

(aprox. US Size 8.5 – 9) Worn once on short (3-mile) day hike before realizing these are too small to fit with my special insoles. Brand new condition. Vibram rubber outsole. Good for heavy loads and long distances. Features include Rolling Concept Technology, board-lasted, rubber toe-cap, women's specific fit. \$145. Photos available.

Chris or Amy [ablumenberg@comcast.net](mailto:ablumenberg@comcast.net) 503.241.2768

10/16

**Deadline: 15th of the month** (for next month's publication). Free ads are for members only, placed on a first come basis and may be edited depending on space availability. Send to:

[oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a MS Word document attachment preferred—(with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.

**No general meeting or program in August.  
Starting in September the meetings and programs will be on the first Tuesday of the month except for December, which will be on the second Tuesday of the month.**

**Oregon Nordic Club, Inc., Portland Chapter  
P.O. Box 3906  
Portland, OR 97208-3906**



Monthly meeting:  
Lucky Labrador Brewing Company (1945 NW Quimby St.)  
located between NW 20th Ave. and NW 19 Ave. in  
Northwest Portland.



Oregon Nordic Club  
**PORTLAND  
CHAPTER**