

# Get a workout on our trail tending parties this summer!

## Summer trail work helps prepare the ski trails for skiing

in the winter. ONC-PDX partners with the U.S. Forest Service to maintain and expand trails in the Mt. Hood and Gifford Pinchot National Forests by removing brush and tree limbs from the trails, and marking them trails with blue diamonds.

Join us and help fix the problems that made your ski tour less enjoyable this last winter. Come see what the trails looks like in the summer without snow and learn about details we miss during the winter. Tools are provided. Bring gloves (gardening ones work well). Wear long pants and long sleeved shirt, and hiking boots. Sign up for one or more of the following trail tending parties and enjoy a day in the woods: June 9 (Thursday) at Wind River in Washington, July 10 (Sunday) and July 19 (Tuesday) at Wolf Run on the east side, and August 13 (Saturday) on the Yellow-jacket Trail on Mt. Hood. More info about these trail tending parties is on page four. Contact Trail Tending Coordinator Ken Wenzel (skiwenzel@hotmail.com) or the party leader to sign up and help improve our winter trails. Thanks.

*Ken Wenzel, Trail Tending Coordinator*

Ken Wenzel



Jennifer Barrows



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## Leave your cars and take the bus

**The Columbia Gorge Express, a new pilot bus service,** began operating on May 27 with round-trip service linking the Gateway Transit Center with Rooster Rock State Park and Multnomah Falls. The service operates Friday, Saturday, and Sunday (including federal holidays) through September 25, twelve times a day, offering hikers the options of leaving their cars at Gateway. It was designed to help relieve congestion at

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## New board officers

**On May 3, at the ONC-PDX** board meeting the 2016-17 officers were elected. Mary Bourret will serve as President. Ken Wenzel is taking the office of Vice-President. Tim Kral will continue as the treasurer and Scott Diamond will stay in the position of Secretary. ♦



Pam Rigor

**Fourth of July Victoria, Canada bike trip**  
See page 5

## Board Members

**Mary Bourret**, *President*  
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**Ken Wenzel**,  
*Vice-President*  
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## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication).

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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P.O. Box 3906  
Portland, OR 97208

# U P C O M I N G E V E N T S

## June 1 ▶ WEDNESDAY

### Backpacking Basics

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## June 4 ▶ SATURDAY

### National Trails Day with Forest Park Conservancy

9:00 a.m. - 12:30 p.m. Forest Park  
Volunteers to complete trail maintenance and repair projects in Forest Park. Your service will help ensure that Forest Park trails are safe and fun to tread, now and in the long run. All training, tools, and gloves will be provided. REI will provide morning coffee, snacks, and all volunteers will receive REI Volunteer t-shirts. Register: [americanhiking.org](http://americanhiking.org)

## June 4–5 ▶ SATURDAY–SUNDAY

### Stub Fest Campout with Northwest Trail Alliance

8:30 a.m. - 3:00 p.m. L.L. Stub Stewart State Park  
Stub Fest is a free, family-friendly celebration, trail work day, and campout at Stub Stewart State Park. Leave your mark on this gorgeous park by helping Northwest Trail Alliance (NWTa) build and maintain the trails we love to ride. After the trail building projects we'll celebrate with food, beer, and a raffle. The weekend will also include a CAMPOUT, a kid's skills course, group rides for riders of all levels, and a night trail ride. REI will be onsite with games, the ultimate s'mores station and more. Optional trail building class on Friday. For more info and to register visit [nw-trail.org/events/stub-fest-2016](http://nw-trail.org/events/stub-fest-2016).

## June 6 ▶ MONDAY

### Bike Maintenance Basics – Level 1

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## June 7 ▶ TUESDAY

### Planning Your Overnight Bicycle Tour

6:30 p.m. – 8:00 p.m. Hillsboro REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## June 8 ▶ WEDNESDAY

### Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## June 13 ▶ MONDAY

### Hoppy Adventure Hour: Journey Through the Inside Passage

6:00 p.m. – 8:00 p.m. (seating at 6:00 p.m.) Lucky Labrador Brewing Company, 1945 NW Quimby St. Info: [gorgefriends.org](http://gorgefriends.org)

## June 14 ▶ TUESDAY

### Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Tualatin REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## June 21 ▶ TUESDAY

### Preparing for the Unexpected – Outdoor Emergency Basics

6:30 p.m. – 8:00 p.m. Hillsboro REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## Lightweight Backpacking Basics

6:30 p.m. – 8:00 p.m. Tualatin REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## June 22 ▶ WEDNESDAY

### Camp Cooking Basics for Backpackers

6:30 p.m. – 8:00 p.m. Portland REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## Ride NW Oregon: Local Mountain Biking Trails and Tips

6:30 p.m. – 8:00 p.m. Clackamas REI  
Free! Info/sign-up: [rei.com/learn.html](http://rei.com/learn.html)

## June 27 ▶ MONDAY

### Hoppy Adventure Hour: Lightweight Backpacking Basics

6:30 p.m. – 7:30 p.m. (seating at 6:00 p.m.) Lucky Labrador Brewing Company, 1945 NW Quimby St.

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 6)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: [nwski.org](http://nwski.org) [fwsa.org](http://fwsa.org) [federationofwesternoutdoorclub.org](http://federationofwesternoutdoorclub.org)

Memberships are renewed September 1 each year: \$29 for single, \$35 for family/household. Join on the website. Info: [oncmembership@gmail.com](mailto:oncmembership@gmail.com)

## ONG-PDX BOARD SKI TRACKS

No board article this month. ♦

### Share your club photos

**Do you have photos of our overnight trips or day tours?** Send them to Terry to be posted on our photo site so all club members can enjoy them. The link to our photo site is on our website.

**Correction from last month's article:** Send photos to terryowen1@gmail.com as an attachment—full size from your camera or phone is ok. The file size can now be 20 to 25 MB. Contact Terry for further info about how to send the photos. Thanks! ♦

Leave your cars and take the bus continued from page 1

the Multnomah Falls parking lots, which often fill up on weekends. The cost of a round-trip is \$5.00. For a schedule and more info see:

ColumbiaGorgeExpress.com.

On the Washington side of the Gorge, Skamania County's West End Transit (WET) offers a seasonal bus on Saturdays and Sundays, through September 4, in addition to its Monday to Friday transit service connecting the communities of Carson, Stevenson, and Vancouver.

The seasonal service began April 16 and has two runs on weekends through June 12, between Stevenson/Carson and Fisher's Landing Transit Center in Vancouver, WA (intersection of SE 164th Ave. and SE Cascade Park Drive, just north of SR 14). From 10:15 a.m. through 4:15 p.m. there will be a shuttle service between the Stevenson Fairgrounds and the Dog Mountain trailhead—a popular hiking spot in the Columbia River Gorge especially during the spring wildflower season. People can ride the WET bus and shuttle from Fisher's Landing to the Dog Mountain Trailhead or drive to the Skamania County Fairgrounds for a Park and Ride shuttle service to the Dog Mountain trailhead. Either way, get out of your cars and enjoy the ride!

From Saturday, June 18 to September 4, the weekend WET service continues with four runs each day from Stevenson/Carson to Fishers' Landing, Vancouver, WA with stops at popular destinations in the Gorge such as Cape Horn Trail, Beacon Rock, Bonneville Hot Springs, the Pacific Crest Trail and Skamania Lodge. A map and schedule is available on this website: [gorgetranslink.com/regional-carson-stevenson-vancouver.html](http://gorgetranslink.com/regional-carson-stevenson-vancouver.html) ♦

## NORDIC ISSUES/NEWS

**Volunteers are needed** Have some time to track issues that affect skiers (on websites in the comfort of your own home)? Contact board members (see sidebars p. 2) ♦

Mitch Auerbach, Kevin McGillivray  
(Gorge Chapter), *Nordic Issues*, Pam Rigor, *Editor*

### VOLUNTEER OPPORTUNITIES

Contact a board member (see sidebar page 2 for contact info) for more info and to volunteer.

**Tour leaders** There is an ongoing need for individuals to lead day tours.

**Nordic Issues** Track issues relevant to Nordic skiing in the state. Examples: Cooper Spur land swap, Forest Service proposed changes, etc.

**Overnight Trip Coordinator and committee members** Guide the committee that puts the overnight ski trips together each season. Help put the overnight trips together.

**Public Relations** Provide outreach for the club within the community. Give presentations on the club and skiing in Oregon.

**Membership** Process membership applications. Maintain membership database. Analyze membership (demographics, where new members are coming from, other trends) and report to board. Identify recruitment opportunities.

**Volunteer Tracking** Help track volunteers from all areas of the club (overnight, day tour, trail maintenance, committees, etc.). Manage volunteer recognition at fall meeting. Arrange volunteer recognition gift and track distribution to volunteers. Assist in volunteer recruitment.

**Tilly Jane A-Frame** There is a need a number of areas related to planned structural work at the A-Frame. In particular there is a need for grant writers and individuals able to connect with other organizations and businesses for fundraising. ♦

## Wednesday tour photo in Visitor Guide

**Judy Bair, the publisher of Wind River** Publishing, who has skied with the Wednesday group, used with permission, one of Terry Owen's photos in the new visitor guide. The photo was taken this last season at Teacup on a Wednesday tour. It is on page 59 of the guide. Mary Hepkoski led the December ski tour and the skier, I believe, is Tere Enburg. You can find the 2016 guide on this website: [windriverpublishing.net](http://windriverpublishing.net)

Terry Owen, *Wednesdays' Tours Coordinator*

### Membership:

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**Recruiter**  
vacant

### Website:

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## DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!


Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours."** These trips are designated with: 

See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a

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## DAY TOURS

**Note: if weather or road conditions are dangerous, please confirm tour with the leader.**

**Check website (onc-pdx.org in day tours and in forums for day tours) and/or our Meetup site (www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter) for last minute day tours.**

Keep active during the off season hiking and biking. If you would like to lead a day tour see "Lets hike or bike" article below.

**June 4-5, Sat-Sun, National Trails Day—Scout the Ski Trails Hike**

**Location: your favorite winter ski trail**

Invite your friends and hike your favorite ski trail and let us know if trail work is needed. If the trail needs maintenance (blue diamonds or brushing), please let Ken know and it will be added to the list of trail tending projects. **Report needed trail work to: Ken Wenzel skiwenzel@hotmail.com.**

**June 9, Thur, Trail Tending Party Old Man Pass, Wind River, WA**

Come help us remove tree branches and brush trails at Old Man Pass. Wear long pants, a long sleeved shirt and hiking boots. Bring a lunch and water. Meet at McMenamins Edgefield in the west parking lot at 8:00 a.m. to carpool (carpool drivers will be reimbursed for mileage). **For more info and to RSVP contact the leader: Ken Wenzel 503 297-2958 503 729-6571 (cell) skiwenzel@hotmail.com** ♦

**Common meeting places:** Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

## Lets hike or bike

**Join the ONC-PDX leadership team...**

Pick your favorite hiking/biking trail/route and take some ONC-PDX friends along to enjoy the outdoors.

Use the Day Tour Input Form (on our website click on "Activities and Events" then click on "Day Tours") or just send an email with the tour description (by June 14, 8 p.m. for the July newsletter) to day tours at [oncdayoutours@gmail.com](mailto:oncdayoutours@gmail.com). Tour descriptions sent after the deadline will be posted on the website. Last minute tours can be added too.

New to leading tours? Send us an email and we'll get you up to speed. ♦

**Laurel Dickie, Scott Diamond, Barbara Hayman, Day Tours' Committee**

## Join a Trail Tending Party this summer

**It's time to set aside a day to work on** the ski trails. We are hoping to clean and brush trails at Old Man Pass, Tilly Jane (TBD), Wolf Run (on the east side of Mt. Hood), the Yellowjacket and possibly more. It's up to YOU to make a difference! Working on trails is a great way to become familiar with trails that you have not skied before. Volunteer to lead one of these trail tending parties or just come along. More may be scheduled. **To volunteer contact: Trail Tending Coordinator Ken Wenzel 503.297.2958 skiwenzel@hotmail.com.**

**What to bring:** Most trail tending parties involve light brushing, tree limbing and the hanging of blue diamonds. Bring a comfortable pair of gloves to protect your hands (gardening gloves work well). Wear long pants, a long sleeved shirt and hiking boots. We provide the tools, but quantities are limited. If you have tools that you don't mind sharing (pruning shears, long handled loppers, bow saws), feel free to bring them. Finally, bring a lunch, snacks and lots of water, as you are sure to work up an appetite.

### Summer trail tending schedule:

**June 4-5, Sat-Sun, National Trails Day Hike**  
**Location: your favorite winter trail**

See day tours schedule for details. **Report needed trail work to: Ken Wenzel skiwenzel@hotmail.com**

**June 9, Thur, Trail Tending Party Old Man Pass, Wind River, WA**

See day tours schedule for details. **For more info and to volunteer contact the leader: Ken Wenzel 503 297-2958 503 729-6571 cell skiwenzel@hotmail.com**

**July 10, Sun, Trail Tending Party Wolf Run Area, Mt. Hood, OR**

**For more info and to volunteer contact: Ken Wenzel 503 297-2958 503 729-6571 cell skiwenzel@hotmail.com**

**July 19, Tue, Trail Tending Party Wolf Run Area, Mt. Hood, OR**

**For more info and to volunteer contact: Ken Wenzel 503 297-2958 503 729-6571 cell skiwenzel@hotmail.com**

**August 13, Sat, Trail Tending Party Yellowjacket Trail, Mt. Hood, OR**

**For more info and to volunteer contact: Ken Wenzel 503 297-2958 503 729-6571 cell skiwenzel@hotmail.com**

**November TBD, Volunteer Recognition Party Portland, OR**

After all that hard work, you need a pie—a pizza pie! Plan on joining us at our Volunteer Recognition Party to get recognized for your efforts. ♦

## Portland Sunday Parkways cycling events

Join other cyclist for family-friendly, car-free bicycling in Portland this summer! Portland's Department of Transportation is hosting Sunday Parkways: June 26, July 26, and August 23 and September 27.

### North Portland Sunday Parkways (9.5 miles) June 26, 11:00 a.m.–4:00 p.m. Free!

This 9.5 mile double loop course will highlight gems across the route, such as the scenic Willamette Bluff, the Peninsula Rose Gardens, the universally accessible Harper's Playground at Arbor Lodge, as well as the activities offered at the Kenton, Columbia Annex, and McCoy Parks.

### Northeast Portland Sunday Parkways (8 miles) July 24, 11:00 a.m.–4:00 p.m. Free!

Explore the Northeast Neighborhood Greenways while you make your way around the Northeast Portland route. Don't forget to stop by Woodlawn, Alberta, Fernhill Parks and Kbnamokwst Park where a collection of fun activities, festive music, and delicious food awaits you.

### Southeast Portland Sunday Parkways (7 miles) August 21, 11:00 a.m.–4:00 p.m. Free!

Spend a warm summer day walking and rolling around the Southeast Sunday Parkways route. While you're at it, take a few moments to explore Laurelhurst, Colonel Summers, Sewallcrest and Ivon Parks to grab a bite to eat, listen to tunes, and jump into a dance or activity or two.

### Sellwood Portland Sunday Parkways (8 miles) October 2, 11:00 a.m.–4:00 p.m. Free!

End the Sunday Parkways season big by exploring the Sellwood area including a section of the Springwater. Music, food, and fun are waiting in the parks.

Info and maps: [portlandoregon.gov/transportation/58929](http://portlandoregon.gov/transportation/58929)

## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership before signing up. Memberships can be renewed on the website or by paper application available on our website Membership under Member Resources/Forms (mail to club P.O. Box, not to leader).
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see sidebars)!
- ◆ Sign up early so we'll have enough people cover trip costs: sign-ups can be made on the website ([onc-pdx.org/acitivities/overnight-trips](http://onc-pdx.org/acitivities/overnight-trips)) or fill out an overnight trip application and mail it with your trip fee to the trip leader (make checks payable to ONC-Portland Chapter).
- ◆ If the trip is full, join the waiting list by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place if you cancel. A web link for travel insurance is on the overnight trip application form, or contact the trip leader or overnight trip coordinator.

### July TBD, All Level Bike Victoria, Canada/Port Townsend, WA

There has been talk of having another bike trip to Victoria, Canada and there has been some interest, but more participants are needed. Contact Ted Scheinman ([tedskier@gmail.com](mailto:tedskier@gmail.com)) if you are interested in this trip.

Photos: Bob Breivogel



Photos from last year's bike trip



cont. from sidebar page 4  
terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

**Novice Ski Tour**  
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

**Easy Tour**  
**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.

**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.

**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

### Intermediate Tour

**Ski:** 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.

**Backpack:** 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced Tour**  
**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper

continued on sidebar page 6

## Summer overnight trips

### Would you like to lead a club backpack-

ing, biking or any other overnight trip this summer? If you attended the winter trip planning meeting, you may be ready to take the lead. Make your summer plans now!

Leading an ONC-PDX overnight trip comes with privileges. The leader goes for free and you get an ONC-PDX T-shirt as well as the opportunity to spend time with great people!

Contact an Overnight Trips' Committee member (see sidebar page 3). More info and required forms can be download from the resources for trip leaders on the website.

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hills; 15–18 m.p.h. pace, regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).  
**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

## TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

### Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

### Biking

#### Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

## OVERNIGHT TRIP POLICIES

1. Overnight tour descriptions must be submitted to the overnight tour coordinator to be approved. Once approved, the overnight tour coordinator submits them to the newsletter editor.

2. Only Oregon Nordic Club members are allowed on Portland ONC overnight tours,

continued on sidebar page 7

## Discounts for ONC-PDX members and leaders!

**Columbia Sportswear**, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [columbia.com](http://columbia.com)

**Glenn's Mountain Tracks** in Government Camp next to Huckleberry's Restaurant, offers ONC-PDX members group rates on cross-country ski rentals. Current membership card required. On-line rentals. [mnttracks.com](http://mnttracks.com)

**Mountain Hardwear**, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. [mountainhardwear.com/Stores\\_Portland.html](http://mountainhardwear.com/Stores_Portland.html)

**The Mountain Shop**, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

**Oregon Mountain Community**, 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

**Otto's Ski & Bike Shop**, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. [ottoskishop.com](http://ottoskishop.com)

**Wy'East Nordic Ski School** offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. [wyeastnordic.com](http://wyeastnordic.com)

Tour and Trip Policies continued from side bar page 7

including contacting people on the waiting list.

7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)

8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.

9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

10. If the club cancels the trip, then the club will refund the cost of the trip. All trip cancellations will be decided by Overnight Trip Steering Committee.

### Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found and recommend that you use trip insurance. TravelGuard, the longtime providers of our trip insurance to members, have discontinued the special discounted trip insurance to the National Ski Federation. If you currently have a policy through the club, it is still valid and can be modified to cover additional costs, but no new policies are being written.

Until we make further arrangements, we suggest that you sign up with other providers for skiers, including Travel Protectors. You can sign up for policies at [travelprotectors.com](http://travelprotectors.com) or by calling Myra at 703.443.9055.

For more info contact the Overnight Trip Coordinator Ted Scheinman [tedskier@gmail.com](mailto:tedskier@gmail.com)

## Welcome new members! No new members last month

**May membership report:** 320 total memberships (240 single and 90 family) includes 1 new. Last year at this time there were 274 memberships.

## BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting, May 3, 2016, Mazama Mountaineering Center

**Board Members Present:** Jim Edwards, Ken Wenzel, Mary Bourret, Scott Diamond (by phone), André Fortin (by phone) and Ted Scheinman (by phone)

**Board Members Absent:** Tim Kral. **Other Members Present:** Ann Truax

**Current Action Item List (date added):** ■ TBD – new task needed to address lack of volunteers. (May 2016) ■ Membership Committee to talk to Bill Y about intro email for new members (link to website, key info, etc.) (May 2016) ■ Scott to setup phone bridge for future board meetings (May 2016) ■ Scott to setup doodle poll so we can find a date for board retreat/offsite (May 2016) ■ Ann to forward Mary's analysis of overnight report (May 2016) ■ Ann Truax to request that Ken Barker submit out ONC-PDX Overnight Tour Workbook for proposed summer backpack trips (April 2016) – closed ■ Ann Truax to ask Ken Barker for clarity on van reimbursement rate (per person or shared cost). (April 2016) – asked Ken to attend meeting, will attend a future meeting?

**Suggested Projects for 2016/2017 Season** ■ Ballot – update bylaws and process to move away from envelope stuffing and go to an electronic voting. ■ Membership Committee – Increase focus on new members, possible ideas: track statistics with Meetup, welcome new members at meeting, assign mentor, etc. Membership should report to the board monthly. New membership with purchasing new skis. ■ Committee Members – how do we determine who is on a committee? ■ Plan board retreat - including review of Board responsibilities. ■ Buddy Program – Set up a buddy program for new members. It is not enough to get new members, but we must integrate them into our wonderful club. We want active involved members. This can be worked on this summer, but I would like your feedback on this idea. ■ Member Focus Group – arrange a focus group with some members to learn the most effective way for us to gain new members through social media. I think we can arrange for a group of 5 people for a discussion.

### Reports

continued on page 7

Board Minutes continued from page 6

**Treasurer:** No report. Ann to forward Mary's analysis of overnight report.

**President:** No report. We agreed that for the monthly newsletter we would rotate responsibility for writing the articles.

**Website:** No report

**Day Tour Committee:** No report

**Overnight Trip Committee:** Ted is moving to membership committee so overnight trip coordinator position is open.

**Tilly Jane A-Frame:** Have kicked off capital fund raising. ■ Have a bid for \$219K to rehab the cabin (but does not include some key elements). It is unknown whether we can raise \$219K this year so a two phase approach is being used. ■ Phase 1 work includes: grading and prepping the area around the cabin to funnel water away from the structure. updating the footings with the original rocks, remove current footings from site, replace log abutments and purchase/manufacture roof shingles. ■ Phase 2: install new roof, address roof gusset supports, replace log end purling's as needed. ■ Phase 3: TBD. ■ To fund the above we have several options we are pursuing. ■ Have \$10K matching grant which must be used by this year (match can be met with volunteer effort). ■ Pursuing \$20K matching grant. ■ If you have more questions, see ONC-PDX Tilly Jane website.

**Membership:** Ted volunteered be on membership committee. Board approved.

**Publicity:** No report

**Nordic Issue:** No report

### New Business

**New Officers:** We elected the following officers for the 2016/2017 season: President Mary Bourret, Vice President Ken W, Treasurer Tim Kral and Secretary Scott Diamond. ■ Board retreat: Plan board retreat – including review of Board responsibilities. Scott to setup doodle poll to see when we can meet. ■ Membership tied to ski purchase: Ted provided the following background for the board meeting: Meet with the major sellers of cross country skis (Mountain Shop, Oregon Mountain Community, REI, Otto's, and Next Adventure (plus others) to enlist their help to help us build our club. Specifically, I would like to obtain their support to provide a free single ONC-PDX year membership to all NEW members who buy a new pair of cross country skis. At a membership rate of \$29, this would mean about \$1,500 for 50 members. However, there are two modifications to this cost. I would attempt to get the ski shops to contribute \$10 to each membership and the marginal (additional) cost of a membership is less than \$15 for us. I would like to start discussions with the ski shops as soon as possible. Could the board pass a motion allowing me to pursue this? ■ The following board motion was approved. The board approves allocation of up to 50 new memberships to the membership committee. These memberships shall be used for the free membership with ski purchase program. This program is only for individuals who are not currently ONC members. ■ Not addressed due to lack of time: Ballot – update bylaws and process to move away from envelope stuffing and go to an electronic voting. ■ Membership Committee: Increase focus on new members, possible ideas: track statistics with Meetup, welcome new members at meeting, assign mentor, etc. Membership should report to the board monthly. ■ Committee members – how do we determine who is on a committee?

**Next board meeting:** June 7 at 7:00 p.m. at the Mazama Mountaineering Center

◆  
Scott Diamond, Secretary

## CLASSIFIED ADS

**FOR SALE:** ► Rotafella BC technology bindings Oops took wrong skis to Yellowstone. Bought new bindings for the week. Like new. \$40 OBO Patricia [pfromwiler@gmail.com](mailto:pfromwiler@gmail.com) 7/16

**FOR SALE:** ► XC Boots NNN-BC, excellent condition. Mens 12-13. \$40 OBO Russ [russ.bec@gmail.com](mailto:russ.bec@gmail.com)

**FOR SALE:** ► Turazor MX Telemark Skis w/Rotafella TRP 100 releasable bindings, 190 cm, almost brand new condition, pristine bases! "The Razor MX is for those looking for a shaped, super-sidecut ski designed specifically for telemark—not built for the masses—this is it. The Razor's corpulent 92-64-82 shape is super-sidecut, yet not so extreme as to sacrifice versatility." \$300 (bindings alone were over \$300 new – this is \$1000 set-up!)

**FOR SALE:** ► Backpacking/Hiking Boots Marmot (made by Raichle of Switzerland) Mt. Vista LTH, Women's EU size 41 (approx US Size 8.5 – 9) Worn once on short (3-mile) day hike before realizing these are too small to fit with my special insoles. Brand new condition. Vibram rubber outsole. Good for heavy loads and long distances. Features include Rolling Concept Technology, board-lasted, rubber toe-cap, women's specific fit. \$145. Photos available. Chris or Amy [ablumenberg@comcast.net](mailto:ablumenberg@comcast.net) 503.241.2768 7/16

**FOR SALE:** ► Snow tires 4 Bridgestone BLIZZAK 215/50R17 95H WS80 BW snow tires. Used last 2 seasons, have ¼" tread. Asking \$200 for set (\$675 new). ► Chains Quick Trak chains size 212 see [http://www.trakonline.it/Contents/Documents/dimensioni\\_pneumatici.pdf](http://www.trakonline.it/Contents/Documents/dimensioni_pneumatici.pdf) Fit on outside of tire so no more tire hugging to install. Never used. Have a new car and these will not fit. \$200 (\$345 new). ► Chains Security Chain Co. SC 1034 chains – used but excellent condition. [http://g-ec2.images.amazon.com/images/G/01/automotive/SCC\\_Tire\\_Guide\\_Passenger\\_Light\\_Truck\\_2014\\_V320458868\\_.pdf](http://g-ec2.images.amazon.com/images/G/01/automotive/SCC_Tire_Guide_Passenger_Light_Truck_2014_V320458868_.pdf) \$15 Al [levitrehberg@frontier.com](mailto:levitrehberg@frontier.com) 7/16

**Deadline: 15th of the month** (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a MS Word document attachment preferred—(with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

cont. from sidebar page 6  
even if it is a trip for which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers.  
3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tripler. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.  
**WAITING LIST**  
4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.  
**Trip Cancellation Policy**  
5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.  
6. Participants are responsible for finding their own replacements, continued on page 6

# No June meeting and program



Join us July 12 at the Annual Picnic

**Laurelhurst Park**  
S.E. Ankeny St. & 39th Ave.  
Picnic Area E (at the  
north side of the park near  
Ankeny St.)  
S.E. Ankeny St. & 39th Ave.  
**Tuesday, July 12**  
**6-9 p.m.**

Bring a food dish and refreshments to share—beer and wine are allowed BYOB—and your own plates, utensils and cups. We have to remove our own garbage so please try to minimize garbage. If you wish to bring a BBQ, please contact Ron Bekey for specific requirements. Thanks.



Oregon Nordic Club  
**P O R T L A N D**  
**C H A P T E R**

**Oregon Nordic Club, Inc., Portland Chapter**  
**P.O. Box 3906**  
**Portland, OR 97208-3906**



Monthly meeting:  
Lucky Labrador Brewing Company (1945 NW Quimby St.)  
located between NW 20th Ave. and NW 19 Ave. in  
Northwest Portland.