



Yellowstone—a dream ski trip

For over thirty years, I have led ONC-PDX cross-country ski trips to Yellowstone National Park. Over this time period, many things have changed—the cost of the trip, the vegetation changes due to fires, the effects of changes in the weather and snow conditions, the introduction of wolves in the park, the snow vehicles used for transport in the Park, the huge

Ted Scheinman



reduction in air pollution and noise due to limitations on snowmobiles. But the magic that I feel every time I enter the Park and see Mammoth Hot Springs, every time I see Old Faithful and the Geyser Basin, every time I ski

along the Spring Creek Trail from the Continental Divide to Lone Star Geyser has not changed. It is truly magical. I have never skied anywhere in the world which provides the combination of great skiing, amazing scenery, unbelievable wildlife, and thermal features. This year's participants were not disappointed. The snow was better than last year and the weather was warm. The bison, wolves, coyotes, elk, mountain goats, pronghorn sheep, moose, and birds made their usual appearances. We ate well, had great skiing, and enjoyed each other's company. The half mile walk to the natural hot springs for a soak was easier because of the warm weather. Nothing could be better!

We'll probably have to take a break and not have the annual Yellowstone ski trip for a year or so, as Mammoth Hot Springs Hotel will be closed in the winter for the next two years for major renovations, limiting services for us. When we return to Yellowstone in a couple of years, we'll be especially happy.

Ted Scheinman, *Trip Leader*

2016 Annual Membership Meeting The ONC-PDX 2016 Annual Meeting and board

elections will be held Tuesday, April 12 at the Lucky Lab. The club will provide pizza at 6:30 p.m. The Annual Meeting and board elections will take place at 6:45 p.m. followed by a program, after which, the election results will be announced.

There are three positions open on the board; nominees are listed on page 3. Nominations from the floor can be made during the meeting. If you or someone you know is interested in being on the board, additional nominations are welcome.

While we would like to encourage you to attend the meeting, our bylaws allow for proxy voting. You can either cast your ballot during the meeting or mail it in the enclosed envelope and stamp the envelope. Ballots must be received by noon, April 12, 2016. Please allow sufficient time for delivery.

Thank you for participating in the 2016 ONC-PDX Board of Directors election.

Ann Truax, *Elections' Committee*

New snow at White River

Eight skiers enjoyed an inch or two of fresh wet snow over a deep base on Wednesday,



March 23. It was cloudy, but no precipitation and moderate temperatures. The five snowmobiles were the main distraction with their noise and smell.

Terry Owen, *Wednesday Tour Coordinator*

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Buy, Sell, Wanted, Free, Lost and Found



Mike Flaherty

Tilly Jane A-Frame last overnight... trip of the season

See page 5 for details

Board Members

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Membership:

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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication). Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor. This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.** P.O. Box 3906 Portland, OR 97208

U P C O M I N G E V E N T S

April 5 ▶ TUESDAY

Backpacking Destination: National Parks

6:30 p.m. – 8:00 p.m. Hillsboro REI
Free! Info/sign-up: rei.com/learn.html

Camino de Santiago: A Walk across Spain

6:30 p.m. – 8:00 p.m. Tualatin REI
Free! Info/sign-up: rei.com/learn.html

April 7 ▶ THURSDAY

Ride NW Oregon: Local Mountain Biking Trails and Tips

6:30 p.m. – 8:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html

April 9 ▶ SATURDAY

Community Cycling Center Bike Drive

10:00 a.m. – 3:00 p.m. Four REI Portland area stores
Donate your bike (in good condition); help the Community Cycling Center broaden access to bicycling and its benefits. Bring in a bike in good condition and help the Community Cycling Center broaden access to bicycling and its benefits. Bring in a bike during the bike drive and receive a 20% off REI coupon. Info: communitycyclingcenter.org

April 11 ▶ MONDAY

Hoppy Adventure Hour: Discover the Owyhee Canyonlands

6:30 p.m. – 7:30 p.m. (seating at 6:00 p.m.) Lucky Labrador Brewing Company, 1945 NW Quimby St. Oregon Natural Desert Association presentation. Info: onda.org

April 12 ▶ TUESDAY

Heli-Tele skiing in the North Cascades

7:30 p.m. Program
Lucky Labrador Brewing Company, 1945 NW Quimby St. Free!



Wildflowers and Wine Hikes in the Columbia Gorge

6:30 p.m. – 8:00 p.m. Hillsboro REI
Free! Info/sign-up: rei.com/learn.html

April 18 ▶ MONDAY

Find Your Park: Crater Lake National Park

6:30 p.m. – 8:00 p.m. Hillsboro REI
Free! Info/sign-up: rei.com/learn.html

April 19 ▶ TUESDAY

Find Your Park: Yosemite National Park

6:30 p.m. – 8:00 p.m. Tualatin REI
Free! Info/sign-up: rei.com/learn.html

April 19–21 ▶ TUESDAY–THURSDAY

Banff Mountain Film Festival

5:30 p.m. doors open, 7:00 p.m. program, Cinema 21, 616 NW 21st Ave. Info: banffcentre.ca/banffmountainfestival/tour
Benefits local nonprofit: Adventures Without Limits

April 21 ▶ THURSDAY

Find Your Park: Glacier National Park

6:30 p.m. – 8:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html

April 26 ▶ TUESDAY

Wildflowers and Wine Hikes in the Columbia Gorge

6:30 p.m. – 8:00 p.m. Tualatin REI
Free! Info/sign-up: rei.com/learn.html

Clinics & Training

May 26–30 THURSDAY–MONDAY

2016 Oregon Spring Camp, Mt. Bachelor

Morning sessions on snow, groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review... and more! Registration open. Info and register: xcoregon.org

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 5)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: www.nwskiers.org www.fwsa.org www.federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$27 for single, \$33 for family/household. Join on the website. Info: **oncmembership@gmail.com**

ONC-PDX BOARD SKI TRACKS

My turn on the board ends as of April, so

this is my last Ski Tracks column. Being on the board has been a good ride. I've had the privilege of getting to know board members, committee members and club members better. ONC-PDX is made up of my kind of people: generally progressive, outdoor enthusiasts, environmentally aware, open-minded and friendly. It's a place where you can develop a cadre of friends, who are more than willing to get off the couch and jump at the chance to experience a new adventure in the mountains. The possibilities are varied: telemark with Steve Levy, explore the flanks of Mt. Hood with Larry Risch, do a civilized, mid-week ski tour with Terry Owen, stay in the rustic Tilly Jane cabin and ski the backcountry with Clint Sikes or Andrè Fortin, tour the Austrian and Italian Alps with Sam Digard, venture into the Canadian Rockies with Ted Scheinman, take the bus to Crater Lake with Steve and Shannon Planchon and receive ski lessons from Shelley Hakanson a certified ski instructor. That's just a partial list of what ONC-PDX has to offer, thanks to a hearty group of leaders, who want to share the thrill of cross-country skiing. Hats off to all of you! You are what makes ONC-PDX a successful outdoor club.

We have some new (and not so new) people ready to tackle being on the ONC-PDX board. Ken Wenzel has been heading up trail maintenance for the last couple years. He's full of ideas about new trails and new places to go for overnight trips. He's a steady hand and a congenial guy. Jim Edwards is a retired engineer, ready to provide guidance for the club. He has extensive outdoor experience and will bring his knowledge and background to the table. Finally, Ted Scheinman has agreed to run again. He has some great ideas for growing the club and a long history with ONC-PDX. It's never a dull moment with Ted around. Obviously, his commitment runs deep, and his contributions have been immense.

Club members should have received a ballot by now. You can either send your ballot in or vote at the Annual Membership Meeting on April 12 at the Lucky Lab on NW Quimby. Hope to see you there! ♦

Ann Truax, President

Columbia employee store open to ONC-PDX

ONC-PDX members can shop at the Columbia Sportswear Employee Store (14100 NW Science Park Dr., off of Hwy. 26) for up to 50% off through April 10. More info will be sent out by email. ♦

2016-2017 Board nominees



Jim Edwards I am a retired engineer who grew up in Vermont and started Nordic skiing in 1972—downhill before that. I love the outdoors and I am active in all seasons except the wet one! My passions include my bike, the

woods—hiking and backpacking, skiing and travel (not to leave out my wife). I think the Portland chapter of the ONC-PDX is a fine club and I will work for its continuation as such.



Ted Scheinman I have been deeply involved with the ONC-PDX for the past 40 years, serving in roles of day tour leader, overnight trip leader, overnight trip coordinator, local and state Board members, and

ONC-PDX President. Why would I agree to serve on the Board one more time? I think that the ONC-PDX should have an experienced Board member, who has an understanding of continuity of the club—the successes and challenges. That is what is needed now.

As Board member, I see the challenges to be: 1) drastically increasing membership, especially younger skiers (To this end, I would like to see more connections with Meetup groups beyond our own—making connections with groups focused on younger skiers, diverse groups, and/or other outdoor recreational enthusiasts. I would like to put together a focus group of several members to help achieve this end.); 2) refining the Committee structure, possibly returning to when the Committee Chairs serve on the Board, so communication is facilitated; 3) having the Club become more involved with Nordic Issues; and 4) encouraging the social aspect—let's have more fun!

I am excited about the energy of the current and prospective Board and would like to join the Board.



Ken Wenzel I have been cross-country skiing for 46 years now. The reason I joined ONC-PDX was to branch out from just doing weekend trips with friends. I have been a member for three years now and have enjoyed the

chance to meet new people and share my passion for skiing with other people.

I took on the job of trail tending coordinator and have enjoyed the challenges. I have led three overnight ski trips and have enjoyed putting them together. I look forward to helping ONC-PDX in whatever ways that I can. ♦

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DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. ONC-PDX policy is for a contribution by each passenger of 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a

continued on sidebar page 5

NORDIC ISSUES/NEWS

Volunteers are needed Have some time to track issues that affect skiers (on websites in the comfort of your own home)? Contact board members (see sidebars p. 2)

Obstructions on the Ski Trails If downed trees or brush hanging are encountered on the ski trails please report locations to our Trail Tending Coordinator Ken Wenzel skiwenzel@hotmail.com

Mt. Hood National Forest

Trail Conditions As of publication it was reported that there was 22 inches of snow at the west end of Government Camp, 53 inches of snow at White River, and 46 inches of snow at Bennett Pass.

Gifford Pinchot National Forest Mt. St. Helens

Trail Conditions On March 15 it was noted on the FS website that they had 22 inches of snow at the Marble Mountain Sno-Park (there has been some snow since then, but there were no more current reports).

Wind River

Trail Conditions As of March 23 there was about two feet of snow. Trail grooming has stopped.

Deschutes National Forest Logs, Other Materials Sledged To Site Of New Swampy Shelter

The Swampy Lakes ski shelter is moving closer to beginning construction. Logs and other materials were moved to the new site on a heavy-duty cargo sled pulled by a snow cat. Plans are for a June breaking ground with most of the construction to occur in July. The goal is for the shelter to be completed in the fall or early winter. Full story with photos here: conordicclub.org ♦

Mitch Auerbach, Kevin McGillivray
(Gorge Chapter), *Nordic Issues*, Pam Rigor, Editor

Lets ski, hike, or bike

Join the ONC-PDX leadership team...

Pick your favorite ski trail, if we still have snow, or hiking/biking trail/route and take some ONC-PDX friends along to enjoy the outdoors.

Use the Day Tour Ski Input Form (on our website click on "Activities and Events" then click on "Day Tours") or just send an email with the tour description (by April 14, 8 p.m. for the May newsletter) to day tours at oncdayoutours@gmail.com. Tour descriptions sent after the deadline will be posted on the website. Last minute tours can be added too.

New to leading tours? Send us an email and we'll get you up to speed. ♦

Laurel Dickie, Scott Diamond, Barbara Hayman, *Day Tours' Committee*

DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

Check website (onc-pdx.org in day tours and in forums for day tours) and/or our Meetup site (www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter) for last minute day tours.

April 9, Sat, Easy Ski

Location TBD

This will be fun, spring day tour of 4-6 miles over gentle terrain wherever the snow is good on Mt. Hood. For more info, meeting place and to confirm attendance, contact the leader: Kathy Burns 503.429.4024. ♦

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Former members ski 48th Engadiner Skimarathon

This past weekend, my wife, Bluette

Matthey (author), and I were in the Engadine Valley, Switzerland to cover the 48th Engadiner Skimarathon. The purpose was research for her forthcoming travel mystery novel *Engadine Aerie* the fifth in the series.

On looking over the registration list, I spotted two very familiar names from the ONC past and Portland/Bend cross country ski community: Sam and Berit Flora. As many will remember, they were instrumental in the creation of the Bill Koch League formation in the Oregon Nordic Club Portland Chapter. Indeed, a couple of their sons became members of the US Olympic Nordic Ski Team. Berit won her age class in the half Marathon, and Sam did well in the full 42k Marathon. Not bad for a 73 and 75 year old couple, out of over 11,500 skiers.

Leonard Yoon, former ONC-PDX President

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership before signing up. Memberships can be renewed on the website or by paper application available on our website Membership under Member Resources/Forms (mail to club P.O. Box, not to leader).
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see sidebars)!
- ◆ Sign up early so we'll have enough people cover trip costs: sign-ups can be made on the website (onc-pdx.org/acitivities/overnight-trips) or fill out an overnight trip application and mail it with your trip fee to the trip leader (make checks payable to ONC-Portland Chapter).
- ◆ If the trip is full, join the waiting list by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place if you cancel. A web link for travel insurance is on the overnight trip application form, or contact the trip leader or overnight trip coordinator.

Discounts for ONC-PDX members and leaders!

- Columbia Sportswear**, 911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. columbia.com
- Glenn's Mountain Tracks** in Government Camp next to Huckleberry's Restaurant, offers ONC-PDX members group rates on cross-country ski rentals. Current membership card required. On-line rentals. mnttracks.com
- Mountain Hardwear**, 722 SW Taylor Street—15% discount on purchases. Special week (November 1–11) of 30% discounts. Current membership card required. mountainhardwear.com/Stores_Portland.html
- The Mountain Shop**, 1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net
- Oregon Mountain Community**, 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com
- Otto's Ski & Bike Shop**, 38716 Pioneer Blvd. in Sandy, offers a 10% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. ottoskishop.com
- Wy'East Nordic Ski School** offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

Tour and Trip Policies continued from page 6

- including contacting people on the waiting list.
7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)
8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.
9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.
10. If the club cancels the trip, then the club will refund the cost of the trip. All trip cancellations will be decided by Overnight Trip Steering Committee.

Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found and recommend that you use trip insurance. TravelGuard, the longtime providers of our trip insurance to members, have discontinued the special discounted trip insurance to the National Ski Federation. If you currently have a policy through the club, it is still valid and can be modified to cover additional costs, but no new policies are being written.

Until we make further arrangements, we suggest that you sign up with other providers for skiers, including Travel Protectors. You can sign up for policies at travelprotectors.com or by calling Myra at 703.443.9055. For more info contact the Overnight Trip Coordinator Ted Scheinman tedskier@gmail.com

cont. from sidebar page 4

terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper

continued on sidebar page 6

April 8–10, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile with a 1,900-foot gain up the Tilly Jane Ski Trail to the A-Frame at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are mandatory.

Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are mandatory.



Andrew Black

Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are mandatory.

Trip Limit: 20 participants maximum

Cost: Free—a club benefit (you must be a current ONC-PDX member or Tilly Jane volunteer before signing up for this trip)

To sign up or for more info contact us at TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader. Leader TBD ◆

cont. from sidebar page 5
hills; 15–18 m.p.h. pace,
regrouping when
necessary.

Hike: > 10 miles; 400 ft.
per mile elevation gain.
Steady pace and/or
difficult terrain (a workout).
Backpack: > 7 miles/
day; 400–600 ft./mile
elevation gain.

TOUR ESSENTIALS

Pack these essentials on
any ONC activity, “just in
case.” Remember that
cotton offers no insulation
when wet. Choose wool or
synthetics like polypro or
Capilene® for warmth and
comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof
case) and fire starter
- Rain gear and extra
clothes, including a
warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know
how to use)
- Flashlight, extra
batteries and bulb
- Space blanket or
bivy bag
- Pocket knife
- Toilet paper and trowel
(ziplock bag to carry out
toilet paper)
- Sunglasses, lip balm and
sun screen
- Foam sit pad

Biking

Essentials

- Helmet (required on all
bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. Overnight tour
descriptions must be
submitted to the
overnight tour coordi-
nator to be approved.
Once approved, the
overnight tour coordi-
nator submits them to
the newsletter editor.

2. Only Oregon Nordic
Club members are
allowed on Portland
ONC overnight tours,
continued on sidebar page 7

Oregon Nordic Club–Portland Chapter Overnight Trip Application

TOUR NAME: _____

DATE: _____

FEE / DEPOSIT: _____

One application per person

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: _____

ONC-PDX MEMBER: yes no* other ONC Chapter

*You must be a current ONC member before signing up for ONC-PDX overnight trips

PHONE: (home) _____

(work) _____

(cell) _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club Portland Chapter (ONC-PDX) outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC-PDX activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the ONC-PDX is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the ONC-PDX and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the ONC-PDX or its agents, tour leaders, officers, or instructors.

Please read ONC-PDX's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance incase of hardship: a provider for skiers is Travel Protectors; you can sign up for policies at travelprotectors.com or by calling Myra at 703.443.9055.

I have read and understand the above statements concerning ONC-PDX's programs.

SIGNATURE: _____

DATE: _____

(Parent or Guardian must sign if the trip participant is under 18 years of age)

Welcome new members! Alex Marrero

Welcome back: Shari and Sebastian Exo

March membership report: 329 total memberships (240 single and 89 family) includes 1 new and renewal. Last year at this time there were 269 memberships.

BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting, February 2, 2016, Mazama Mountaineering Center

Board Members Present: André Fortin, Kim Davis, Tim Kral, Scott Diamond, and Susan Watt

Board Members Absent: Ann Truax and Mary Bourret **Other Members Present:** Ted Scheinmann

Current Action Items (date added): Ted Scheinman/Overnight trip committee to communicate no refund for “under budget:” trip (Jan 2016) ■ Ted Scheinman/Overnight trip committee to communicate clarification of car pool policy (Jan 2016) ■ Mary B to contact state ONC and take Ann off of list (Jan 2016) ■ Scott to coordinate with Mary H and Bill Y to get club REI presentation on website. Open. (Jan 2016) ■ All to contact individuals that you think would be suitable for board and ask them to run. Open. (Jan 2016) ■ Ann, Andre and Kim to meet with Pam to discuss ski lessons (Jan 2016) ■ Scott to publish list of volunteer needs to website and post to Forum (Jan 2016) ■ Ann to announce at general membership meeting that we have volunteers page once updated. (Jan 2016) ■ Mary H will try to get together with Elizabeth and get the Paypal account changed to me so we can withdraw more money at a time (Jan 2016) ■ Susan to get Yahoo website/mailling list shut down (Jan 2016) ■ Day tour is developing approved leader list. Scott to send to board for review (Feb 2016). All provide feedback on approved and non-approved day tour leaders.(Feb 2016) ■ Board directs overnight trip committee to formally document policy and procedure regarding trip under over/budget.Ted Scheinman/Overnight trip committee (Feb 2016) ■ At end of season, board directs overnight trip committee to evaluate trip costs and determine how trips are performing relative to budget. Ted
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Scheinman/Overnight trip committee (Feb 2016) ■ Scott to implement Meetup changes from Co-Organizer to event Organizer (Feb 2016) ■ Scott to organize carpool committee, but this may not happen until fall. (Feb 2016).

Review of Action items from Prior Board Meetings: Ted Scheinman/Overnight trip committee to communicate no refund for "under budget:" trip. Close for first one ■ Ted Scheinman/Overnight trip committee to communicate clarification of car pool policy. ■ Mary B. to contact state ONC and take Ann off of list. ■ Scott to coordinate with Mary H and Bill Y to get club REI presentation on websit. Open. ■ All to contact individuals that you think would be suitable for board and ask them to run. Open ■ Scott to publish list of volunteer needs to website and post to Forum. ■ Ann to announce at membership meeting that we have volunteers page once updated. ■ Mary H will try to get together with Elizabeth and get the Paypal account changed to me so we can withdraw more money at a time. ■ Susan to get Yahoo website/mailling list shut down.

Reports

Treasurer's Report: No report

President's Report: No report

Website: A link for board meetings has been added to the web page. This will be automatically included for those that pull the Google calendar.

Day Tours: There was a weak response for February day tour leaders. Day tour committee conducted mailing campaign for one time leaders and members who clicked that they have an interest in leading. Board confirms that Wednesday group is covered under auspices of day tour committee. ■ Tour credit. In the July 2015 board meeting the board approved the following: Incentive for day tour leaders: 1st tour—volunteer gift and sno-park (or equivalent); 2nd tour—get first shot at sign-up at following year's overnight trip signup meeting. With regard to incentives, board clarified that (1) tours are defined as only those listed on ONC-PDX webpage (Yahoo mail server and forum posts do not qualify as official day tours). (2) only ski tours count. ■ Board passes resolution that in 2016/2017 ski season only tours posted on Meetup will qualify for item 2 above (overnight tour early signup). ■ Meetup—Day tour committee met and considered efficiency proposals: Limit on Meetup to default of 12 people. Will make every effort to ensure trip leader is on Meetup and assigned to their tour. Scott may try \$10 for beginning tour (board suggestion was to try \$5). ■ Day tour committee is developing approved leader list. Scott to send to board for review. All provide feedback on approved and non-approved day tour leaders. Day tour committee is using web form to gather input for tour lead description (description, date, dogs, meetup post or not, etc.). Day tour committee will release feedback form to get input on problems on day tours.

Overnight Trips: Under budget trips discussed but no changes. Board directs overnight trip committed to formally document policy and procedure regarding trip under over/budget—Ted Scheinman/Overnight trip committee. At end of season, board directs overnight trip committee to evaluate trip costs and determine how trips are performing relative to budget.—Ted Scheinman/Overnight trip committee. Board requests for overnight trip committee that when selecting tour leaders, the overnight trip committee shall give preference to leaders with demonstrated day tour or overnight trip experience.

Tilly Jane: Missing locks on A-frame and there was a break in. Rehabilitation work/proposal is moving forward

Membership: Posted in newsletter.

Publicity: No report

New Business

Meetup—Board approved movement of all but Kim, Barbara, Scott Diamond and Ted Scheinman from Meetup Co-Organizer to Meetup event organizer. Scott to implement Meetup changes from Co-Organizer to event -Organizer
Carpool—Board approves setting up a committee to review carpool policy. Scott to organize carpool committee but this may not happen until fall. Ski Classes—Board approves motion that in the future there shall be no ski instruction classes without prior board approval.

Next board meetings: April 5 at 7:00 p.m. at the Mazama Mountaineering Center, May 3 at 7:00 p.m. at the Mazama Mountaineering Center

◆
Scott Diamond, Secretary

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even if it is a trip for which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers.
3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tripler. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.
WAITING LIST
4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.

Trip Cancellation Policy

5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.

6. Participants are responsible for finding their own replacements, continued on page 5

CLASSIFIED ADS

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a MS Word document attachment preferred — (with no formatting i.e., no bold ext or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

FOR SALE: ► **Snow tires** 4 Bridgestone BLIZZAK 215/50R17 95H WS80 BW snow tires. Used last 2 seasons, have ¼" tread. Asking \$200 for set (\$675 new). ► **Chains** Quick Trak chains size 212 see http://www.trakonline.it/Contents/Documents/dimensioni_pneumatici.pdf Fit on outside of tire so no more tire hugging to install. Never used. Have a new car and these will not fit. \$200 (\$345 new). ► **Chains** Security Chain Co. SC 1034 chains – used but excellent condition. http://g-ec2.images.amazon.com/images/G/01/automotive/SCC_Tire_Guide_Passenger_Light_Truck_2014._V320458868_.pdf
\$15 Allevitrehberg@frontier.com 7/16

Heli-Tele skiing in the North Cascades

Steve Levy traveled to the Methow Valley with three companions on two occasions, this past year, to tele-ski isolated peaks in the North Cascades. Flying out of Mazama, Washington the helicopter dropped them off on mountain tops seven-to-ten times a day, picking them up at the bottom of (on average) 2,000-foot runs. Steve's photography documents the thrill of skiing in this spectacular terrain. Rounding out the program will be accounts of various telemark descents of our local volcanoes, including the famous southwest chute on Mt. Adams.



Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.

Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906



**Lucky Labrador
Brewing Company**
1945 NW Quimby St.
Tuesday, April 12
6:30 p.m. Pizza (club provided)
**6:45 p.m. Annual Meeting
and board elections**
7:30 p.m. Program
Drinks available \$

Upcoming Programs

May 10 - Thailand



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