

Day Tour resurgence—lots of ski tours

We asked and you delivered. What a response we've had. So far we have full day tours' scheduled for

December. If all these go through (think snow!) then that will mean more tours in December than we had all of last winter! There is a wide range of options from novice to advanced, from favorites like Bennett Pass to novelties like a combined ski/cave walk and an advanced "mystery tour." We are still getting day tour proposals so who knows how many we'll end up with in December.



This is a chance to "show someone else the ropes." Alternately if you are new, want to lead, and already have a tour in mind then we'd like to assign a volunteer experienced leader join your tour and provide a level of backup/comfort for you. This is the year to ski!

Laurel Dickie and Barbara Hayman, Day Tour Coordinators

Help the blind ski

Volunteers needed to help with Washington State School for the Blind's (WSSB) Annual Ski Retreat March 8 and 9, 2016 at Teacup.

About 45 volunteers a day are required to make this activity a success. New volunteers will receive training and can participate one or both days. It is a very rewarding experience. Many of these students have participated and are returning, but others are new to the activity, so the level of support varies, but all need at least one sighted skier to ski with them. Questions or to volunteer, please contact Richard Fay, coordinator (rrfay@comcast.net).

New club benefit

Northwest Ski Club Council (NWSCC)

has a new benefit for ONC-PDX members! Columbia Sportswear/Mountain Hardware is offering a 20% off through December 31, at the Portland Flagship store downtown, the Mountain Hardware store, and the store at the Portland Airport (coupon needed).

They also have a brand new program called the Rethreads Program, where they will take your heavily used clothing and shoes (in clean, dry condition). Bring in up to two shopping bags of clothing and shoes per customer/per day and receive a coupon for savings on your next purchase! Info: columbia.com/rethreads.

Linda McGavin, NWSCC Director of Communications

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New Year's at Black Butte

Scottish Lakes

Mt. Adams Lodge

Yellowstone

Crater Lake

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Buy, Sell, Wanted, Free, Lost and Found



Scottish Lakes
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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication). Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (**no formatting** i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (**preferred**); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor. This newsletter is published monthly by: **Portland Chapter of the Oregon Nordic Club, Inc.** P.O. Box 3906 Portland, OR 97208

U P C O M I N G E V E N T S

December 2 ▶ WEDNESDAY The Great Divide Trail: Traversing The Canadian Rockies

6:30 p.m. – 8:00 p.m. Portland REI
Free! Info/sign-up: rei.com/learn.html

December 8 ▶ TUESDAY 10th Mountain Huts Ski Adventure

6:30 p.m. – Social hour
7:30 p.m. – ONC-PDX Meeting and Program
Lucky Labrador Brewing Company,
1945 NW Quimby St. Free!

December 8 ▶ TUESDAY 10th Mountain Huts ski adventure

6:30 p.m. – Social hour
7:30 p.m. – Meeting and Program
Lucky Labrador Brewing Company,
1945 NW Quimby St. Free!

Cross Country Ski Destinations with Oregon Nordic Club Portland Chapter

6:30 p.m. – 8:00 p.m. Tualatin REI
Free! Info/sign-up: rei.com/learn.html

December 10 ▶ THURSDAY Avalanche Awareness

6:30 p.m. – 8:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com/learn.html
Wild & Scenic Film Festival
Doors open 6:00 p.m., program begins @ 7:00 p.m.
Hollywood Theater, NE Sandy and 41st. Advanced tickets \$10 at REI Portland, \$12 at the door. Seven films, including local filmmaker and National Geographic Explorer. Each ticket includes a raffle entry and a chance to WIN some amazing prizes.
Info: willamette-riverkeeper.org

December 11 ▶ FRIDAY Mt. Adams Cougar Creek Burn: The Future

7:00 p.m. – 9:00 p.m. Columbia High School Library
1455 NW Bruin Country Rd. (off NW Loop Dr.), White

Salmon, WA. A free public program with panel speakers and audience participation. Info: FOMA Chair Darvel Lloyd darvlloyd@gmail.com, 503.251.2784 mtadamsfriends.org

December 14 ▶ MONDAY Thru Hike Adventure: The Hayduke Trail

6:30 p.m. – 8:00 p.m. Portland REI
Free! Info/sign-up: rei.com/learn.html

Clinics & Training

December 3–13 ▶ THUR–SUNDAY 2015 Oregon Fall Camp Mt. Bachelor, OR

Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether or not you ski that morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert. Registration and Info: xcoregon.org

Jan 8 ▶ FRI Jan–Feb ▶ SATS & SUNS Mazamas Nordic Ski School

Novice, Beginner, Intermediate, Advanced, Nordic Backcountry, and Telemark classes offered on three January and February weekends. Mandatory Student Orientation Night Jan. 8. Sign up by Dec. 6. Info: www.mazamas.org (Education + Classes/Nordic Ski School)

Jan ▶ TBD Jan/Feb ▶ SATS & SUNS ONC-PDX Ski Clinic (in-town) and Free Snow Sessions

In-town Ski Clinic is for beginning skiers (evening session in Portland) January TBD, \$20. Two on-the-snow session: Saturdays Feb. 6 and Feb 13 or Sundays Feb. 7 and 14, free for ONC-PDX members who attend the in-town Ski Clinic. Info: oncnnewsletter@gmail.com

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see sidebar on page 10)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: www.nwskiers.org www.fwsa.org www.federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$27 for single, \$33 for family/household. Join on the website. Info: **oncmembership@gmail.com**

ONC-PDX BOARD SKI TRACKS

Wow! Check out the list of day tours for

December—a full schedule, ranging from novice to advanced. That's a sign of some optimistic trip leaders since the snow is just beginning to fall on our mountain. Some of the trips have a hiking contingency. If you would like to join one of these tours, but you're not sure what ability level you are, consult our trip ratings on the sidebar on page 5. Our day tours are open to members and non-members, and they're free, but please contribute carpool expenses to the driver at 15 cents a mile.

We're off to a great start and grateful to those members who have come forward to lead! If you would like to join ONC-PDX's cadre of excellent leaders, but feel like you need a mentor, our day tour committee can set you up to co-lead with an experienced leader. By the way, let's applaud our hard-working day tour committee: Laurel Dickie (coordinator), Barbara Hayman, Scott Diamond and Terry Owen (who generally arranges mid-week tours). To volunteer to lead or co-lead, contact Laurel Dickie at oncdayoutours@gmail.com 503.287.6290.

To further support potential new leaders as well as seasoned leaders, the Overnight Steering Committee and the Day Tour Committee have recently teamed up to plan a leadership training—date to be determined. This event will be a great opportunity to develop or refine your leadership skills with a convivial group of enthusiastic cross-country skiers. The primary focus of the training will be safety on the ski trail, a topic that's essential and relevant to all skiers. Come join the training even if you're not sure you want to be a leader.

More good news! Most of the overnight trips are full with waiting lists. As of today, there are still a few openings on these trips: Black Butte, Scottish Lakes, Mt. Adams at Flying L Ranch, Yellowstone, and Crater Lake.

Finally, I would like to thank our numerous volunteers for sharing some time and energy with ONC-PDX. Without their efforts, we wouldn't have a club. (If your name is not on the list, think about how you too could give back to this club that provides so many opportunities for adventure and outdoor enjoyment!)

Our excellent volunteers are:

Tilly Jane Historic A-Frame Cabin (maintenance and coordinator): André Fortin, Jennifer Barrows, Clint Sikes, Becky McClain, Christine Bierman, Ernie Carpenter, Geoff Guillory, Jesse Hambley, Patty Carpenter, Shannon Planchon, Steve Planchon, Blake Johnson, Marc Leon, and Ken Wenzel

Overnight Trips (leaders and committee members): Ted Scheinman, Elke Schoen, Mike Faden, Sam Digard, Donna Matrazzo, Sandy Gooch, Ken Wenzel, Steve Levy, Terry Owen, Russ Pasco, John Long, Amy Blumenberg, Ann Truax, Steve Planchon, Shannon Planchon, Kathy Burns, Ken Wenzel, Ted Magnuson, and Karen Suher.

Day Tours (leaders and committee members): Ann Truax, Bill Yaeger, Dean Kokko, Denise Brem, Donna Matrazzo, George Ammerman, Yvonne Ammerman, Julius Dalzell, Kathy Burns, Ken Wenzel, Laurel Dickie, Linda Schaldach, Mike Dianich, Miriam Hammer, Pam Rigor, Sandy Gooch, Scott Diamond, Ted Magnuson, Ted Scheinman, Tere Enburg, Terry Owen, and Eleonore Heinrich.

Trail Maintenance (trail tenders and committee members): Ken Wenzel, Debby Wenzel, Marc Leon, Laurel Dickie, Julie Pohl, David Rogers, Patrice Fromwiller, John Fromwiller, Tere Enburg, Bill Yaeger, and Joseph Lucas (These volunteers have cleared ski trails and put up blue diamonds during the summer months.)

Board Members: Kim Davis, Scott Diamond, André Fortin, Mary Hepokoski, Mary Bourret, Ann Truax, Susan Watt, and Tim Kral

Programs: Ron Bekey

Newsletter: Pam Rigor and Denise Brem (proofreader)

Membership Committee: Barbara Sack, Susan Kelly, Pam Rigor, and Bill Yaeger

Website: Clint Sykes and Bill Yaeger

Nordic Issues: Mitch Auerbach, Diane Hsieh, and Pam Rigor

State ONC (attended the state ONC meetings): Eleonore Heinrich and Ted Scheinman

If I've missed anyone, you have my apologies. Please let me know.

We are still recruiting volunteers. We want you! We appreciate you! Warmest regards. ♦

Ann Truax, *President*

NORDIC ISSUES/NEWS

Volunteers are needed. Have some time to track issues that affect skiers (on websites in the comfort of your own home)? Contact Pam oncnnewsletter@gmail.com.

Mt. Hood National Forest

Teacup Grooming Grooming at will occur in the early mornings of Tuesday, Thursday, Saturday, and Sunday.

Updates: teacupnordic.org

Early Snow at Bennett Pass As of the end of the

month there was six inches of snow at the Sno-Park.

Gifford Pinchot National Forest

Marble Mountain Sno-Park There was three inches of snow at the Sno-Park at the end of December.

Deschutes National Forest

Swampy Lakes Shelter The Central Oregon Nordic Club cleared the area for the new swampy Lakes warming shelter. Construction is slated for next summer. ♦

Mitch Auerbach, Kevin McGillivray
(Gorge Chapter), *Nordic Issues*, Pam Rigor, *Editor*

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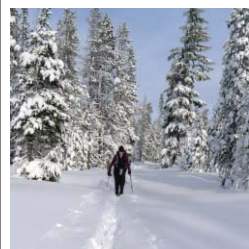
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New Years at Black Butte



DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks (Forest Service regulation). Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a

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DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

Check website (onc-pdx.org) and/or our Meetup site (www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter) for last minute day tours.

Dec 5, Sat, Easy Hike or Novice Ski Ape Cave, WA

We'll ski the through the Lava Cast forest (1 mile round trip) "an interesting short side trip for poking around" on the way to Ape Cave, which is 1.1 miles each way on Road 8303 for a total of 3 miles (2 miles in cave). Bring two lights for cave and maybe a helmet (bike or hard hat)—the walls protrude in around head level. If there is no snow, which is likely, we can hike nearby in the Lava Canyon, or if the cave entrance is too icy we can ski further up the road etc. **For more info, meeting place and time contact the leader: Larry Risch hikernw@gmail.com.**

Dec 5, Sat, Intermediate Ski Bennett Pass, OR

Join us for a 4–7-mile round trip ski on easy to moderate terrain along the Bennett Ridge Trail. Bring lunch. Meet at McMenamin's Edgefield, 2126 SW Halsey, in the west parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich 503.695.5385.**

Dec 9, Wed, Easy or Intermediate Ski Mud Creek Loop, Trillium Lake, WA

We'll start off by skiing down the recently opened connector trail bypassing the steep downhill at the top of Trillium Lake Sno-Park, then to the Mud Creek turn off. From there we'll ski on the east leg of the Mud Creek to the gravel pit shortcut turn off finally looping back to the Sno-Park (approximately six to seven miles—conditions will determine distance). Options include an easy ski around Trillium Lake and return, or ski to cabins and return. Snow conditions may make Teacup Nordic Center as our destination instead (Bring a \$10 donation to contribute for the grooming, which is managed by volunteers from the ONC Teacup Chapter.). **For more info contact the leader: Julius Dalzell 503.705.3442 jndalzell@hughes.net.**

Dec 12, Sat, Novice Ski Mt. Hood Meadows or Teacup, Mt. Hood. OR

Join us for this Novice tour for skiers new to the sport; we'll ski 3–4 miles on relatively flat terrain at Mt. Hood Meadows or Teacup groomed Nordic areas. No experience necessary, there will be a brief introduction of Nordic ski techniques. Please rent your equipment the night

before. Bring lunch and \$10 donation to contribute to the grooming, which is managed by volunteers from the ONC Teacup Chapter or \$15 for Meadows groom area. Meet at McMenamin's Edgefield in the west parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich 503.695.5385.**

Dec 12, Sat, Easy Ski Location TBD, Mt. Hood, OR

This will be a fun day tour of 4–6 miles over gentle terrain wherever the snow is good on Mt. Hood. Meet at Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave., at an 8:30 a.m. departure. **For more info contact the leader: Kathy Burn 503.429.4024 burnskathrynl@gmail.com.**

Dec 12, Sat, Intermediate Ski Timberline Area or Columbia Gorge, OR

Starting at Timberline Ski Area, we'll ski down, if the Puci lift is not running, or hike up to snow level from Government Camp if the lift is running. Plan on about 10 miles with 2,000 feet elevation gain. A car shuttle is possible. If there is not enough snow, we can hike in the Columbia Gorge. **For more info, meeting place and time contact the leader: Larry Risch hikernw@gmail.com.**

Dec 13, Sun, Novice to Intermediate Ski Teacup Lake Nordic Area, Mt. Hood, OR

Let's head out to Teacup Lake Nordic groomed area and ski (classic or skate) some of the 20 plus kilometers of groomed trails. We'll do a lap or two on the main loop. I'll stick with the novice beginner skiers and more advance skiers can take off on some loops of their own. Rest breaks can be at the warming cabin. Bring a \$10 donation to contribute for the grooming, which is managed by volunteers from the ONC Teacup Chapter. Plan on meeting on the east side of Portland at 8 a.m. **For more info, meeting place, and to confirm attendance contact trip leader: Scott Diamond 503.643.6779 skiing@scottdiamond.com** (I want to make sure I can contact everyone in case of lack of snow or rain). Recommended contribution for carpooling: \$17.50 (116 miles).

Dec 16, Wed, Easy/Intermediate Ski Pocket Creek or Teacup, Mt. Hood, OR

Snow conditions will dictate whether we ski at Pocket Creek or Teacup Nordic Center (Bring a \$10 donation to contribute for the grooming, which is managed by volunteers from the ONC Teacup Chapter.). Meet at McMenamin's Edgefield, 2126 SW Halsey, in the west parking lot for a 9:00 a.m. carpool departure. **For more info contact the leader: Tere Enburg 503.642.2886 Terexcski@gmail.com.**

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Summer Transit Center, NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

Dec 19, Sat, Easy Ski White River, Mt. Hood, OR

Let's ski easy to moderate terrain along the banks of White River. Enjoy untracked pristine snow and explore recent changes to the alluvial plain plus outstanding views of the White River Canyon and Mt. Hood. Sharpen your skills, practice sidestepping while skiing through trees on this 4–7 miles round trip ski to the moraines. We can practice climbing and descending off some of the many hummocks along the side of the ravine! Bring lunch. Meet at McMenamin's Edgefield in the west parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich 503.695.5385.**

Dec 20, Sun, Intermediate (strong) Ski Ski Bowl to Trillium Lake, Mt. Hood, OR

We'll get in a full day's worth of skiing in this intermediate tour for strong skiers. Starting at Ski Bowl we'll ski across Government Camp to the Tie Trail, drop down to Trillium Lake then finally work our way back to Ski Bowl. The distance is a little over 12 miles with some climbing and a mix of road and trail skiing. Plan on being on the snow for more than six hours. This tour we definitely be cancelled if conditions are bad (lack of snow or rain). Plan on meeting on the east side of Portland at 8 a.m. **For more info, meeting place, and to confirm attendance contact trip leader: Scott Diamond 503.643.6779**
skiing@scottdiamond.com (I want to make sure I can contact everyone in case of lack of snow or rain). Recommended contribution for carpooling: \$15.00 (100 miles).

December 29, Tuesday, Advanced Ski Location TBD

The tour destination will be determined based on weather and conditions. We'll likely be doing a long distance ski rather than technical ski (making the tour advanced), so fit intermediate skiers are welcome. Contact leader a few days before the tour for details. **For more info, meeting place and time contact the leader: Steve Levy 503.244.4262** slevy@pacifier.com.

Dec 30, Wed, Intermediate Ski Mt. St. Helens, WA

Snow conditions will dictate the exact location. **For more info, meeting place and time contact the leader: Russ Pascoe 360.901.3411** russ.bec@gmail.com.

Jan 2, Sat, Novice/Easy Ski Mt. Hood Meadows or Teacup, Mt. Hood, OR

Come ski 3–4 miles on relatively flat terrain at Mt. Hood Meadows or the Teacup groomed Nordic areas. No experience necessary, there will be a brief introduction of Nordic ski techniques. Please rent your equipment the night before. Bring lunch and \$10 donation to contribute to the grooming, which is managed by volunteers from the ONC Teacup Chapter or \$15 for Meadows groom area. Meet at McMenamin's Edgefield, 2126 SW Halsey, in the west parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich 503.695.5385.** ♦

OVERNIGHT TRIPS

SIGN-UP TIPS

- ♦ Overnight trips are exclusively for members; join or renew your membership before signing up. Memberships can be renewed on the website or by paper application available on our website Membership under Member Resources/Forms (mail to club P.O. Box, not to leader).
- ♦ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ♦ Read the overnight trip policies (see sidebars)!
- ♦ Sign up early so we'll have enough people cover trip costs: sign-ups can be made on the website (onc-pdx.org/acitivities/overnight-trips) or fill out an overnight trip application and mail it with your trip fee to the trip leader (make checks payable to ONC-Portland Chapter).
- ♦ If the trip is full, join the waiting list by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- ♦ Purchase trip insurance. You are responsible for finding someone to take your place if you cancel. A web link for travel insurance is on the overnight trip application form on the web, or contact the trip leader or overnight trip coordinator.

Note: see website for full trip descriptions.

Dec 28–Jan 2, Mon–Sat, All Ability Skate/Track Ski New Year's at Methow Valley, WA Trip full, 1 on waiting list*

Methow Valley is an outstanding, unique area that is ideally suited for both classic track skiing and skate skiing. The Methow Valley Association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. Trail elevations range from 2,000 to 4,000 feet. The snow conditions and trail quality makes the Methow Valley a skate skiers Mecca. The fires in the area did not affect the Methow Valley trails; they are ready for our visit!

Trip limit: 12 participants (including the leader)
Cost: \$250 per person (you must be a current ONC member before signing up for this trip) includes five nights lodging (\$57–\$76 groomed trail pass not included).

For more info contact Mike at 503.284.6315
mikefaden@gmail.com.

Dec 30–Jan 3, Wed–Sun, All Ability Ski New Year's at Black Butte, OR 2 spaces available*

Celebrate the New Year in the peaceful setting of Black Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine and interesting conversations after an invigorating day in the outdoors. This Central Oregon location is close to skiing on Santiam Pass and the

***Check website/contact leader for trip updates**

cont. from sidebar page 4
terrain rating plus a mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper

continued on sidebar page 6

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hills; 15–18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).
Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking

Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. Overnight tour descriptions must be submitted to the overnight tour coordinator to be approved. Once approved, the overnight tour coordinator submits them to the newsletter editor.
2. Only Oregon Nordic Club members are allowed on Portland ONC overnight tours, continued on sidebar page 7

Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is low, hiking is always an option—from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters. Amenities at Black Butte include a hot tub and swimming pool at the Glaze Meadow recreation center, a short walk from our rental. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore and various shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the humdrum of daily life.

Trip limit: 10 participants (including the leader)

Cost: \$245 per person (you must be a current ONC member before signing up for this trip) includes four nights of lodging.

Send your ONC-PDX overnight tour application and a check for \$245 payable to ONC-Portland Chapter to the leader, Ann Truax, 2824 SE 25th Ave., Portland 97202. For more info contact Ann at 503.756.2291 ann.truax@gmail.com.

Jan 8–10, Fri–Sun, All Ability Ski Ochoco Mountains, OR—Trip 1

Trip full*

We will ski in the Ochoco Mountains about 30 miles east of Prineville in a relatively remote area of Oregon to take advantage of the dry snow and wonderful views.

Trip Limit: 7 participants, including the leader.

Cost: \$35 per person (you must be a current ONC member before signing up for this trip) includes two nights lodging.

For info contact Ken at 503.297.2958 skiwenzel@hotmail.com.

Jan 8–10, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame, Mt. Hood, OR

This trip is also available: February 12–14, March 11–13, and April 8–10

We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile with a 1,900-foot gain up the Tilly Jane Ski Trail to the A-



Bob Brevogel

Bob Brevogel

Frame at 5,700 feet elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are mandatory.

Trip Limit: 20 participants maximum

Cost: Free—a club benefit (you must be a current ONC-PDX member or Tilly Jane volunteer before signing up for this trip)

To sign up or for more info contact us at TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader. Leaders TBD Jan 15–19, Fri–Tue, All Abilities Ski/Hike/Enjoy Sunriver, OR, an MLK Tradition
Trip full, waiting list open*

Join the ONC-PDX for our annual Martin Luther King weekend ski trip to Sunriver. We've always had good snow in January; the Nordic Center and the backcountry will be yearning for your skis, but be prepared for a multi-sport trip—including hikes or bikes. People who bring bikes can cruise the paved trails at Sunriver or ride the rural roads around it, if there is no snow or ice at our elevation. We'll arrive Friday evening for a four-night stay, and decide each evening what people are interested in doing. We'll organize ourselves according to interests, carpool to the mountain or trailheads, and share potluck dinners. Other possible activities include cycling, walking the bike paths in Sunriver, visiting the High Desert Museum, the bookstore, or the observatory (if it's open). Skiers and hikers should bring maps and ideas. Join us—there's something for everyone here. Maps of Swampy Lakes, Dutchman Flat Area, Edison Butte and the Newberry Crater Areas are available at <http://www.fs.fed.us/r6/centraloregon/recreation/winter/wintermaps.shtml>

Trip limit: 8 participants (including the leader)

Cost: \$215 per person (you must be a current ONC member before signing up for this trip) includes four nights lodging—so you can stay late on Monday.

For info contact Christine at sisu1956@gmail.com 971.325.2874.

Jan 20–25, Wed–Mon, All Ability Ski Anthony Lakes, OR

Trip full, 1 on waiting list*

Come ski the powder of the Elkhorn Mountains west of Baker City, Oregon. We'll carpooling on Wednesday January 20 to the Good Bear Ranch House on a 250-acre property on the edge of the National Forest. The house is at 4,500 feet elevation; if we are lucky we might be able to

***Check website/contact leader for trip updates onc-pdx.org**



Andrew Black

ski out the door. Most days we'll drive to Anthony Lakes ski area (base elevation 7,100 Feet) a 20 mile, 45 minute drive. The resort offers 30K of groomed double track and 11K of single track trail skiing. I am planning several backcountry ski tours in the adjoining valleys leaving from Anthony Lakes. Anthony Lakes has a day lodge built by the CCC with food and drink available. For those interested in lift skiing it offers 1,100 acres served by one lift. The Good Bear Ranch House has everything you could want in a deluxe winter cabin. It's a log house (5,200 sq. ft.) with seven bedrooms and three baths with two floor-to-ceiling stone fireplaces and a dining table for 14 people. We'll share responsibilities for four dinners; breakfast and lunch are on your own. For one evening we'll plan on going to Baker City (14 miles) for dinner and the "night life" of Eastern Oregon. We'll return to Portland on Monday January 25.

Trip Limit: 10 participants (including the leader)
Cost: \$300 per person (you must be a current ONC-PDX member before signing up for this trip) includes five nights lodging.

For more info contact Ken at 503.297.2958
 skiwenzel@hotmail.com.

Jan 29-31, Fri-Sun, All Ability Ski
Ochoco Mountains, OR—Trip 2

Trip full, waiting list open*

We'll ski in the Ochoco Mountains about 30 miles east of Prineville in a relatively remote area of Oregon taking advantage of the dry snow and wonderful views. For two nights we'll stay in a former forest ranger cabin with three bedrooms with one and a half bathrooms. There is electric heat and water but no cell reception!

Trip Limit: 7 participants (including the leader)
Cost: \$35 per person (you must be a current ONC member before signing up for this trip) includes two nights lodging.

For more info contact Karen at 503.577.8983
 ksuh@comcast.net.

Jan 31-Feb 4, Sun-Thur, Inter. to Adv. Backcountry
Ski/Snowshoe
Scottish Lakes High Camp, WA
Spaces available*

Join us for four days of skiing in the Central Washington Cascades just east of the Alpine Lakes Wilderness area. There will be multi-level ski trips and snowshoe trips each day. To make the most of this trip you should have some intermediate winter backcountry travel experience.

Our base for this backcountry ski trip will be the Scottish

Lakes High Camp near Wenatchee, WA, the gateway to some of the most spectacular scenery and terrain Washington's Central

Mike Dianich



this time (it will be hauled for you). High Camp consists of nine rustic cabins, each with its own wood burning stove and stocked kitchen, a comfortable day lodge, hot tub, and sauna. At 5,000 feet Scottish Lakes is just far enough east of the Cascade crest to offer blue skies, sunshine, and dry powdery snow. With 35 miles of well-marked trails, access to the Alpine Lakes Wilderness, easy open slope touring and high meadows for steep seekers, views of Glacier Peak and the North Cascades—there's an incredible variety of fun terrain for all levels of touring, backcountry skiing and snowshoeing. We will spend Sunday night in a motel in Skykomish to facilitate early arrival on Monday.

Trip limit: 15 participants (including the leader)
Cost: \$386 per person (you must be a current ONC member before signing up for this trip) includes lodging at resort, snowmobile shuttle in and out plus Sunday a night lodging in Skykomish Motel.
Carpools and group dinners will be organized.

Send your overnight tour application and a check for \$386, payable to ONC-Portland Chapter, to the trip leader, Russ Pascoe. For more info contact Russ at 360.901.3411 russ.bec@gmail.com.

Feb 5-7, Fri-Sun, All Ability Ski
Mt. Adams Lodge at the Flying L Ranch, WA
Spaces available*

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous

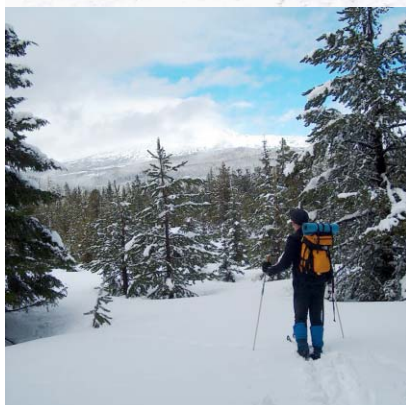
Cascades has to offer. Access to High Camp is via an eight-mile private road via truck and snowmobile: no need to part with favored treats and creature comforts

stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC-PDX. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—

Darvel Lloyd



Ann Truax



stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC-PDX. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—

cont. from sidebar page 6 even if it is a trip for which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers.

3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tripler. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.

WAITING LIST

4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.

Trip Cancellation Policy

5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.

6. Participants are responsible for finding their own replacements, continued on sidebar page 8

Mike Dianich



***Check website/contact leader for trip updates**

including contacting people on the waiting list.

7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)

8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.

9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

10. If the club cancels the trip, then the club will refund the cost of the trip. All trip cancellations will be decided by Overnight Trip Steering Committee.

Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found. We recommend that you use trip insurance, through our membership in the Northwest Ski Club Council/ National Ski Federation Council. The cost is usually 7% of the trip cost, with a minimum of

awaiting you on this sunny side of the Cascades.

Trip Limit: 19 participants (including the leader)
Cost: \$165 per person (you must be a current ONC member before signing up for this trip) includes two nights' lodging and two gourmet breakfasts.

Send your overnight tour application and a check for \$165, payable to ONC-Portland Chapter, to the trip leader, Donna Matrazzo at 15500L NW Ferry Road, Portland, OR 97231. For more info contact Donna at 503.621.3049 matrazzo@msn.com.

Feb 12-14, Fri-Sun, Intermediate Backcountry Ski Tilly Jane A-Frame, Mt. Hood, OR

See January 8-10 weekend trip on page 5 for details.

Feb 12-15, Fri-Mon, All Ability Ski Lake Creek Lodge, Camp Sherman, OR

Trip full, waiting list open*

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a cross-country ski holiday. Check out the website at www.lakecreeklodge.com

Trip limit: 16 participants

Cost: \$225 per person (you must be a current ONC member before signing up for this trip) includes three nights lodging.

For more info contact Steve at 503.244.4262 slevy@pacifier.com.

Feb 13-21, Sat-Sun, All Abilities Ski Yellowstone National Park Dream Trip, WY

2 spaces available*

You have been there in the summer with all the tourists. You have heard about it from others who have been there in the winter. Now it is YOUR opportunity to experience the dream:

YELLOWSTONE IN WINTER! Twenty lucky people will have the opportunity of a lifetime this ski season for this Presidents' Weekend trip.

We'll carpool from Portland on Saturday, February 13, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in rooms with double beds and shared bath. On Monday morning, a snow-coach ride takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On



Bob Breivogel



Bob Breivogel

some of the best skiing of the winter.

We'll board the deluxe coach at noon Friday in Portland and proceed down I-5 while sharing in an appetizer based "Rolling Pot-Luck." We will arrive in Prospect at around 6:00 p.m., giving you time to enjoy your room and a spaghetti dinner in the historic Prospect Hotel. The next morning, after a hearty gourmet breakfast at the hotel, we'll take a quick ride to the rim and spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains, while skiing as far as our legs can carry us. Sunday will be another day of different

Thursday afternoon, we will return to Mammoth Hot Springs for three more nights. On Friday and Saturday, we'll ski in areas accessible from the Mammoth Basin area—either Tower or Indian Creek areas or you can book (individually) a trip to the Grand Canyon of the Yellowstone. Sunday morning after breakfast, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails, from beginning to advanced, something for every desire.

For those who wish, there is an option for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive. Please contact the tour leader for info.

Trip limit: 20 participants (including the leader)

Cost: \$850 per person (you must be a current ONC member before signing up for this trip) includes seven-nights lodging and breakfasts (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful and return to Mammoth. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.

Sign-up on the ONC-PDX website or send your overnight tour application and \$500 deposit check payable to ONC-Portland Chapter to the trip leader, Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. Final payment is due January 15. There will be a pre-trip meeting scheduled to plan for details and carpool. For more info contact Ted at 503.452.7432 tedskier@gmail.com.

Feb 26-28, Fri-Sun, All Abilities Ski and Snowshoe Crater Lake via Charter Bus

Spaces available*

Experience one of the Seven Wonders of Oregon on skis or snowshoes, and without crowds!

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC-PDX for the big trip to Crater Lake. Last year we had fresh snow and sunny days—and

***Check website/contact leader for trip updates**

trails, different tours, and more exploring. If you want, you can take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home. This year we will pre-order sandwiches



Rolf

Steve Planchon

or pizza and try to get home by 9:00 p.m.

We are going to continue with the excellent (and fun) coaching with Shelley and Dave from Wy'East Nordic to offer training tips to all who want it as we ski.

There are two types of accommodations: The Historic Prospect Inn which has one double/queen bed in each room for two people (ideal for couples) and the adjacent motel-like rooms, where participants will likely share large rooms with two or three beds per room and, in some cases, kitchenettes.

Trip limit: 35 participants (including the leader)

Cost: \$310–\$330 per person (you must be a current ONC member before signing up for this trip) depending upon whether you are staying in the Inn or the adjacent motel. Contact leader before signing up.

After contacting the leader send your overnight tour application and check for \$100 deposit payable to ONC-Portland Chapter, to trip leaders, Steve and Shannon Planchon, 6205 N Depauw St., Portland, OR 97203. Final payment is due February 1, 2016. For more info contact Steve and Shannon at 503 467-8599 onskiplanchon@gmail.com.

March 5–19, Sat–Sat, All Abilities Ski Innsbruck, Austria and Dolomites, Italy

Trip full, 2 on waiting list*

Skate and classic cross-country ski in the Austrian Alps and the Dolomites of Italy for two weeks in March 2016! We'll fly from Portland or Seattle on Saturday, March 5 to Munich and take the train to Seefeld, Austria (near Innsbruck). We'll have hotel rooms and an apartment for group meals and food preparation. For the first week of the trip, we can take a ski bus to different local villages, or ski from the hotel. Tourist activities are also an option (costs vary). On Sunday, March 13, we go to Plan de Gralba, Italy, where we will ski the Dolomites of Val Gardena through Plan de Gralba until Friday, March 18, when we will travel to Munich, have dinner at the world famous Hofbrauhaus and stay overnight, preparing to return back to Portland on Saturday, March 19.

Trip limit: 12 participants

Cost: estimated at \$2,900 per person (you must be a current ONC member before signing up for this trip), but the recommended budget is \$3,500, includes round trip airfare to Munich from Portland or Seattle, train to Seefeld and Plan de Gralba, and then back to Munich, bus passes near Seefeld, skiing in Plan de Gralba, all lodging (double occupancy), breakfasts and final dinner in Munich. Deposit \$500 with the full balance due by October 30, 2015. ONC-PDX TravelGuard or equivalent travel insurance required. This is a special arrangement the ONC-PDX has with TravelGuard for 7% of trip cost. Contact the leader for a link to TravelGuard. (There are some tricks to using the TravelGuard website and getting the ONC-PDX rate. Please ask the leader to work through them.)

For more info contact Sam Digard at sam.digard@gmail.com call/text 360.910.1714 (voice calls are often difficult to answer, so please be ready to leave a message) for more details and a larger PowerPoint overview of the trip.

March 11–13, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame, Mt. Hood, OR

See January 8–10 weekend trip on page 5 for details.

March 10–14, Thur–Mon, All Abilities Ski Wallowa Mountains, Wallowa Lake, OR

Trip full*

Come spend an extended weekend skiing in the magnificent Wallowa Mountains in eastern Oregon! We have three houses at Wallowa Lake for four nights at the entrance to the Wallowa Mountains. We can partake in three or four days of skiing. There are opportunities for all levels of skiing—backcountry skiing, road and trail skiing, and snowshoeing (provided by the resort).

Trip Limit: 14 participants (including the leader)

Cost: \$130 per person (you must be a current ONC member before signing up for this trip) includes four nights lodging.

For more info contact Kathy at 503.429.4024 burnskathryn@gmail.com.

March 19–27, Sat–Sun, All Abilities Ski Canadian Rockies Spring Break

Trip full, 1 on waiting list*

We are embarking on a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country. We have planned six days of glorious backcountry intermediate level ski touring and groomed cross-country trails of that region. The group will travel by car leaving from Portland Saturday, March 19, and arriving in Canmore, Alberta Sunday, March 20 with an overnight stay on the road (not included in cost). We'll start our venture by spending a day skiing at the Canmore Nordic Center, the site of the '88 Winter Olympics. Trails options for tours are well known in the area—include Burstall Pass, Canmore to Banff via Goat Creek, Dead Man's Flat to Skogan Pass and Ribbon Creek, and Smith Dorrien trails starting from Chester Lake. These trails can be skied to whatever level of choice. (Downhill skiing is an option)

***Check website/contact leader for trip updates**

Oregon Nordic Club Portland Chapter

cont. from sidebar page 8

\$10. This is less than commercial policies. A link is on the ONC-PDX overnight trip application on the website at the bottom.

Where they ask for tour operator, select "not listed" and indicate that the "ONC" is the tour operator. For agent's initials, use: "TPS." Read the coverage carefully and make your choice. For more info contact the Overnight Trip Coordinator Ted Scheinman teds skier@gmail.com ♦

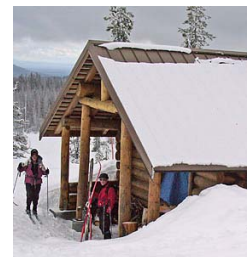
New Years at Black Butte



New Years at Black Butte



New Years at Black Butte



Discounts for ONC-PDX members and leaders!

Columbia

Sportswear,
911 SW Broadway
(flagship store) and
7000 NE Airport
Drive, Suite T2572
(airport location)—
15% discount on
purchases. Special
week (November 1–
11) of 30% discounts.
Current membership
card required.
columbia.com

Glenn's Mountain

Tracks in
Government Camp
next to Huckleberry's
Restaurant, offers
ONC-PDX members
group rates on
cross-country ski
rentals. Current
membership card
required. On-line
rentals.
mnttracks.com

Mountain

Hardware,
722 SW Taylor
Street—15%
discount on
purchases. Special
week (November 1–
11) of 30% discounts.
Current membership
card required.
mountainhardware.com/
Stores_Portland.html

The Mountain Shop

1510 NE 37th
Ave., 10% discount
(15% discount for
leaders) on
purchases and
15% discount on
rentals.
mountainshop.net

One day will be left open for sightseeing or more skiing!

Trip Limit: 8 participants (including the leader)
Trip Cost: \$450 (you must be a current ONC member before signing up for this trip) includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road, potluck meals, shared costs for transportation, trail fees for one day at Nordic Center and shared costs for groceries to prepare meals and trail lunches in Canmore.

For more info contact Ted at 503.452.7432
tedskier@gmail.com

**March 25–27, Fri–Sun, Adv./Inter. Backcountry Ski
Three Sisters Hut to Hut Traverse, OR
Trip full, 8 on waiting list***

This is a 22-mile Hut to Hut, self guided tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail (unmarked) at 6,500 ft. elevation, on the eastern edge of the Three Sisters Wilderness area.

The terrain is rolling to gentle slopes and will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove and cooking facilities.

Trip Limit: 8 (including two leaders)
Cost: \$270 per person (you must be a current ONC member before signing up for this trip) includes a shuttle, two nights in huts, food for two days and two nights with beer included (see web link above)! Additional expenses include carpooling, food and lodging in Sisters the night before.

Send your ONC-PDX Overnight Tour application with a check for \$270, payable to ONC-Portland Chapter, to trip leader: Susan Watt PO Box 83037 Portland, OR 97283. For more info contact Susan at 503.286.6339 susniam@gmail.com

**April 8–10 Fri–Sun, Intermediate Backcountry Ski
Tilly Jane A-Frame Cabin, Mt. Hood, OR**

See January 8–10 weekend trip on page 5 for details. ♦

***Check website/contact leader for trip updates**

Oregon Nordic Club–Portland Chapter Overnight Trip Application

TOUR NAME: _____

DATE: _____

FEE / DEPOSIT: _____

One application per person

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: _____

ONC-PDX MEMBER: yes no* other ONC Chapter

*You must be a current ONC member before signing up for ONC-PDX overnight trips

PHONE: (home) _____

(work) _____

(cell) _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club Portland Chapter (ONC-PDX) outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC-PDX activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the ONC-PDX is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the ONC-PDX and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the ONC-PDX or its agents, tour leaders, officers, or instructors.

Please read ONC-PDX's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance incase of hardship: http://www.travelguard.com/agentlink.asp?ta_arc=163395&pcode= (this link is on our website)

I have read and understand the above statements concerning ONC-PDX's programs.

SIGNATURE: _____

DATE: _____

(Parent or Guardian must sign if the trip participant is under 18 years of age)

Welcome new members! Lisa Brice, Frank Zeigenbalg, Karen Craven, Carol Doolittle, Susan Liang, Ann Hanes, Marcia Hoak, Tom Smith, Kate Davidson, Nicholas Appelmans, Kathryn, Ann Hobbs, Eric Bann, Sarva Deslauries, Tom Foolery, Wendy Morseth, Sandy Phillips, Ellen Stevens, and Mary Gearn

November membership report: 237 total memberships (163 single and 74 family) includes 17 new and 7 renewals. Last year at this time there were 187 memberships.

Minutes of ONC-PDX Board Meeting, November 3, 2015, 7:00 p.m. at the Mazamas Mountaineering Center

Board Members Present: Ann Truax, Kim Davis, Scott Diamond, Susan Watt, Tim Kral and Mary Bourret
Other Members Present: Overnight Tours Coordinator Ted Scheinmann and Bookkeeper Mary Hepokoski

Reports (Action items italicized)

Treasurer's Report: Board approves Tim Kral as new treasurer. Board approves Mary to be primary person on PayPal account. Board adopts 2015-2016 budget

President's Report: No report

Website: Automatic forum has been implemented. 6 members have used website to book 11 trips. ■ 68 members of 190 renewed on the website. Some people are not getting e-mail. ■ *Bill is working on it.*

Day Tour Committee: Currently there are 3 people on the Day Tour Committee: Laurel Dickie, Barbara Hayman, and Scott Diamond. ■ Meet day tour on November 22 (additional meeting set up for November 9). ■ Scott to e-mail everyone to see about day tours for December. ■ *Bill to send out e-mail telling people that they can use the list serve to do informal trip.* ■ Some discussion for how to run day tours. ■ Agreed that we should use the verbiage "Meeting location of trip will be disclosed upon your acceptance to the trip." ■ Should day trip committee come up with list of what you need to bring and/or update policy document? *Day trip committee to ponder.*

Overnight Trip Committee: Signup went pretty well. ■ Many of trips have filled ■ Trips still open are Wallowa, Scottish lakes, and Yellowstone. ■ Would like website to show how big the wait list is.

Tilly Jane A-Frame: Board approves \$2,500 CD for Tilly Jane (see below). ■ Full Tilly Jane A-Frame report from Andre: The cabin is prepared for the upcoming high use winter season. n André currently waiting for the Rehab Phase 1 bid from Wells Construction. Once received, this will allow for the creation of Grant Funding Request proposals. I'm targeting the first grant submission for April 2016. ■ He also need the Boards support/approval for a \$2500 dollar Certificate of Deposit. Our lease requires a \$5000 dollar bond set aside in case something serious happens to the cabin (fire, tree fall or other accident) that renders it un-usable. This is referenced in section III, Rights and Liabilities, section K, Performance Bond. Right now, we've been riding the Guard Station's coat tails on this front. They have the \$5000 CD set aside. It only makes sense that we buy into this since it's earmarked for either the GS or A-Frame, in case something were to happen. ■ André hasn't worked through the details with the GS folks but we can either transfer \$2500 to them or secure a CD through our bank. If we write them a check, Something in writing is needed to show that we have equal rights to the \$5k bond. He would prefer to have our own CD so this is the direction He will move in (just want the board to be aware and support this work). As normal, the board apprised of what's going on.

Membership: Listed in newsletter.

Nordic Issues: No report

Publicity: Mountain Shop event is November 7 and 8—Kim needs someone to do the ONC-PDX talk at the Mountain Shop on November 8 at 2 p.m. ■ REI presentations — **December 1 (Tualatin) by Mary H** and **January 8 (Portland) by Kim.** ■ NSWCC Ski Fair —board decided we will not have an official presence

New Business

Volunteer recognition meeting is on November 10. Susan to work with Ann for volunteer recognition.

Mary H to get 25 sno-park passes

Submitted by Scott Diamond, Secretary

CLASSIFIED ADS

FOR SALE: ► Fischer BCX8 Back Country ski boots, 3 pin, size EU43. Like new. \$75.

Mike 503.695.5385 2/16

FREE: ► Cut-your-own Christmas trees. Noble Fir, many sizes (all under 7 feet), no chemicals or shaping.

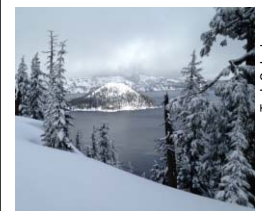
Louise 503.799.0876 2/16

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a **MS Word document attachment preferred**—(with no formatting i.e., no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

Oregon Mountain Community, 2975 NE Sandy, ONC-PDX members —subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop, 38716 Pioneer Blvd. in Sandy, offers a 15% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic Ski School offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com ♦



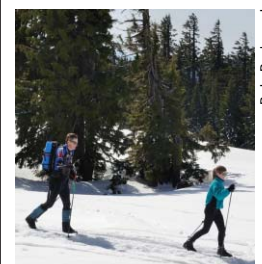
Ted Scheinmann

Crater Lake National Park



Bob Breivogel

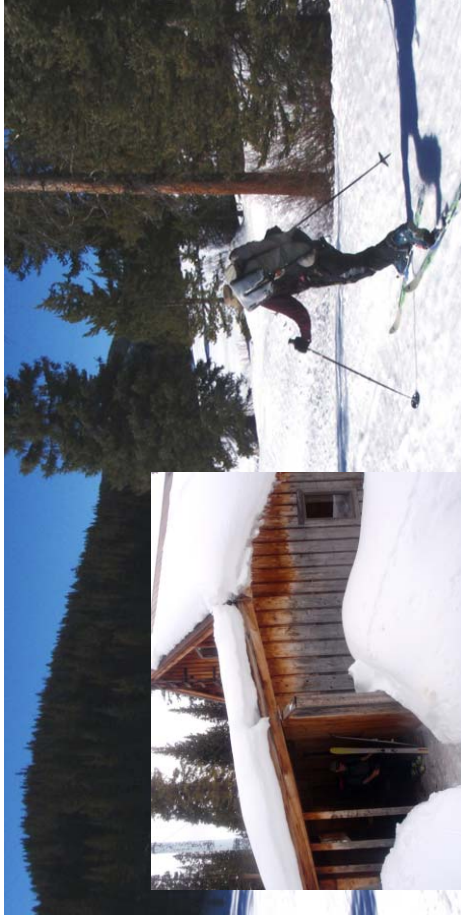
Crater Lake National Park



Bob Breivogel

10th Mountain Huts ski adventure

Join David Burdick for a show of his 75-mile back country ski adventure last March at the 10th Mountain Huts in Colorado. You may remember David from his previous presentations about circumnavigating Mt. Adams and Mt. Rainier. The 10th Mountain Division was a mountain training base in Colorado for combat in WW II. Now the location has a series of remote huts available to the adventurous back-country skier. Huts are about eight miles apart, with a lot of vertical in between! The appeal is the remoteness of the area and pristine travel on untrammeled snow. Gorgeous photography, and as always with David, lots of adventure!



**Lucky Labrador
Brewing Company**
1945 NW Quimby St.
Tuesday, December 8
6:30 p.m. Social Hour
7:30 p.m. Program
Food and drink are available for purchase \$

Upcoming Programs

Jan 12-TBD



Oregon Nordic Club
**PORTLAND
CHAPTER**

**Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906**

Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.

