

Fighting “Alder Hell” on the Cutoff Trail

On September 19, we had a full day's agenda for our trail tending at Old Man Pass. The previous week I had ridden my mountain bike around the whole loop. But because of “Alder Hell” I was unable to ride thru the Hard Time Cutoff Trail. It remained unknown what we had ahead of us. We had good luck because the Forest Service had offered to deliver a radio to us at Old Man Pass and unlock the gate across the road saving us a 4.5 mile walk to the trail. Our crew of six trail tenders arrived right on time at Old Man Pass to trade off the radio and the ranger opened the locked the gate for us.

We first worked on the Scenic Loop Trail on the west side and brushed down to the meadow. After a short lunch break we attacked the “Alder Hell” with a vengeance on the Hard Time Cutoff Trail. With amazing luck we broke thru the alder just as our bodies were giving out. We heading back to the car and celebrated that we had gotten the job done. The trail is now skiable and awaits snow. The trail maintenance job was well done by all!

Ken Wenzel, *Trail Tending Coordinator*

Ken Wenzel



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Govy trail work

On Sunday September 27 four trail tenders worked on the ski trails at Government Camp brushing and putting up blue diamonds on the West Leg Nordic Bypass Ski Trail and the Crosstown Trail connection between West Leg Road to the Alpine Trail. After that trail section work we continued on the Alpine Trail from Summit Ski area up to about the 5,000 foot elevation where the slope got less steep. A sign was posted at about 5,000 ft. where the Alpine and the Nordic Bypass Trails meet, which might be a useful connection.



Ken Wenzel, *Trail Tending Coordinator*

KEEP TILLY JANE OPEN!

Join in Prepping the Tilly Jane A-Frame Cabin for Winter.

SATURDAY 10.3.15 @ 10AM


BOOTS


GLOVES


WATER

WE NEED YOUR HELP!

Haul & Stack Annual Firewood
Supply & Do General Cabin Maintenance

RSVP ASAP to tillyjanecabin@gmail.com

BENEFITS

Pot Luck: Stew & chili
Please bring side dish

Beverages by Basecamp Brewing

Stay Saturday night (Bring your gear)

Earn a free weekend stay with ONC group

LOGISTICS

Meet @ Tilly Jane A-frame (Google map)

Park extra cars at Tilly Jane Sno-Park: Limited parking at cabin/campground

Portland carpool meets @ 7:30AM Portland Gateway Park & Ride 1213-1249 NE 99th Ave, Portland, 1st Floor, NE corner






Methow Valley see overnight trips page 5

Amanda Solonika

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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication).

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting i.e., no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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P.O. Box 3906
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U P C O M I N G E V E N T S

October 5 ▶ WEDNESDAY

The Lost Himalaya: Ladakh and Zanskar

6:30 p.m. – 8:00 p.m. Portland REI
Free! Info/sign-up: rei.com (store events)

October 8 ▶ THURSDAY

First Aid Essentials – What's in your kit?

6:30 p.m. – 8:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com (classes & outings)

October 10 ▶ SATURDAY

Community Cycling Center Bike Drive

REI stores, 10:00 a.m. – 3:00 p.m.
Donate a bike in good condition and help the Community Cycling Center broaden access to bicycling and its benefits and receive a 20% off REI.
Info: communitycyclingcenter.org

October 13 ▶ TUESDAY

Overnight Trips' Extravaganza Preview/signup for ONC-PDX trips

6:30 p.m. – 8:00 p.m. Social hour and ONC-PDX trips show,
7:30 p.m. – Trip signups. Lucky Labrador Brewing Company, 1945 NW Quimby St.

October 15 ▶ THURSDAY

Leave No Trace: Don't crap where you eat. A simple concept.

6:00 p.m. Mountain Shop, 1510 NE 37th Ave.
Learn from the experts of Mountain Shop, BikePortland.org, Limberlost, Komorebi, and VeloDirt; do hands-on practice and see demonstrations of proper camp set-up, waste disposal, earth-friendly riding techniques, and more. Info: mountainshop.net/events/2015-10

October 20 ▶ TUESDAY

Solo Bike Tour Around the World

6:30 p.m. – 8:00 p.m. Portland REI
Free! Info/sign-up: rei.com (store events)

Camino de Santiago: A Walk Across Spain

6:30 p.m. – 8:00 p.m. Tualatin REI

Free! Info/sign-up: rei.com (store events)

Local Fall Backpacking Destinations

6:30 p.m. – 8:00 p.m. Clackamas REI
Free! Info/sign-up: rei.com (store events)

October 27 ▶ TUESDAY

Bike Maintenance Basics – Level 1

6:30 p.m. – 8:00 p.m. Hillsboro REI
Free! Info/sign-up: rei.com (store events)

Clinics & Training

Oct and Nov ▶ SATURDAYS 2015 Fall XC Training Series Portland, OR

Saturday, October 17, 9:30 a.m. Hoyt Arboretum
Saturday, October 24, 9:30 a.m. Mt. Tabor Park
Saturday, October 31, 9:30 a.m. Hoyt Arboretum
Saturday, November 7, 9:30 a.m. Mt. Tabor Park
Check the websites for updates for this year's conditioning sessions for XC skiers of all abilities.
Info: www.xcoregon.org teacupnordic.org
Sponsored by: Oregon Nordic Club Teacup Chapter and XC Oregon Race Team

December 3 – 13 ▶ THUR – SUNDAY 2015 Oregon Fall Camp Mt. Bachelor, OR

Start your ski season off with one of the best camps in the XC ski world! Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Training lectures, wax clinics, and video review socials will be held twice over the camp period. Campers can attend any of those programs regardless of whether or not you ski that morning. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert.
Registration and Info: xcoregon.org

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see sidebar on page 10)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs.
Discounts/benefits: www.nwskiers.org www.fwsa.org www.federationofwesternoutdoorclub.org

Memberships are renewed September 1 each year: \$27 for single, \$33 for family/household. Join on the website. Info: **oncmembership@gmail.com**

ONC-PDX BOARD SKI TRACKS

Board members agreed to help out our

overworked club president by occasionally writing this column; I agreed to this task at the September board meeting.

I also resigned from the board effective the end of September. My proposal to the board is that I become a volunteer bookkeeper who continues to do the financial tasks that I currently do, but with the oversight of a board member who would be the club Treasurer. We'll see if that is what they plan to do. I enjoy the financial tasks but after more than four years on the board, I feel it is time to have more new blood on the board. Mary Bourret has agreed to serve and I expect the board at its October meeting to appoint her to the remainder of the first year of my term. Mary recently retired and feels she has the time that she did not have last spring when I ran. During my four years I served as Secretary, President and Treasurer.

As many of you know I had knee replacement surgery last December. It means I did not ski once last year. Friends kidded me that I picked the right year to be out of commission. I hope they are right and this year has plenty of snow with opportunity to get out and ski. My left knee replacement went very well, but it was pretty clear to me about three months later that my right knee replacement could not be delayed. I had it replaced in June. I am doing pretty well and was able to hike to Ramona Falls and back several weeks ago but very slowly. I do plan on skiing this year but will start out on groomed trails with good conditions.

There are many opportunities to help in the club, serving on the board or a committee, attending the state ONC board meetings, leading a day tour, an overnight tour, or trail tending. Events coming up include the Tilly Jane Wood Haul (October 3), the ONC State Board Meeting in Salem (October 10), the Overnight Trip Extravaganza where you can sign up for trips (October 13), the Volunteer Recognition (November 8) and Leadership training yet to be scheduled.

Thank you to the membership committee for all their work in getting out the renewal letters in August.

Mary Hepokoski, *Past President and Board Member*

NORDIC ISSUES/NEWS

Volunteers are needed to help with Nordic issues. Have some time to track issues that affect skiers (on websites in the comfort of your own home)? To volunteer contact Pam oncnnewsletter@gmail.com.

Mt. Hood National Forest

Timberline Trail Reroute The Hood River Ranger District of the Mt. Hood National Forest is proposing a reroute of the Timberline Trail in the area where it crosses the Eliot Branch on the northeast side of Mt. Hood. This trail was washed out in 2006 and has been difficult to cross since. A proposal for a suspension bridge was deemed a poor solution due to geologic instability. The new trail section will leave the existing Timberline Trail after it leaves the Cloud Cap Saddle Trailhead, go west and descent down to the Eliot Branch before switchbacking up. The best creek crossing area will have to be determined by hikers as no temporary bridge will be installed.

Fall Prescribed Burning Plans (East Districts) The Barlow and Hood River Ranger Districts will be carrying out some prescribed burns, possibly the first week in October and some pile burns later in the month. Check the Forest Service website or facebook page or call Kim Valentine, East Zone Fire Management Officer at the Barlow District at 541.467.2291 for specifics (roads and trails that may be affected).

Gifford Pinchot National Forest

Public Use Restrictions Lifted Some restrictions (on public uses includes campfires, trails and roads) of the Forest were lifted in mid September. In the Cougar Creek and Alder Creek areas there are still closures. Check inciweb.nwcg.gov or Forest Service website for more info.

Fire Containment Cougar Creek Fire was listed as 97% contained in early September.

Closure of Road 77 Traffic between milepost 15 and 16 will be closed to traffic due to timber work. It will reopen before October 16.

Deschutes National Forest

Fall Prescribed Burning In early October fuel specialist will be doing some prescribed burns across the Forest near Black Butte Ranch and if conditions hold they will also burn some near Wickiup Reservoir. The burns are to reduce hazardous fuels creating defensible space near the where urban area abut wildlands. There will not be road closures, but may be flagger when the smoke is thick. If you are hiking or camping in the area, check the website for more specifics.

Fire Restrictions Reduced Fire restrictions were dropped in mid-September for federal lands in Central Oregon. Check their website for specifics.

Mitch Auerbach, Kevin McGillivray
(Gorge Chapter), *Nordic Issues*, Pam Rigor, *Editor*

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Sunriver Sunriver



DAY TOUR POLICIES

Tours depart promptly; arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

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DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

Check website (onc-pdx.org) and/or our Meetup site (www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter) for more tours.

October 3, Saturday, Tilly Jane A-Frame Work Party Tilly Jane, east side of Mt. Hood, OR

Join us in preparing the Tilly Jane A-Frame cabin for winter use. We'll be hauling and stacking the annual firewood supply and performing general cabin maintenance! Bring your family and friends and do your part to maintain the cabin. You've rented it...now it's time to "pay it forward."

Earn a free weekend stay during one of the ONC-PDX club weekends We'll have a potluck; lunch main dishes (stew and chili) provided. Bring a side dish to share for lunch. Consider bringing your own lunch, if you have special dietary requirements. Beverages supplied by our friends at Base Camp Brewing Co.

Stay Saturday night; the cabin and campground will be available to extend your weekend (bring all necessary food and camping gear). For the work party bring sturdy boots, work gloves, water and any other personal items you may need. **Meet at the Tilly Jane A-Frame (we'll start at 10:00 a.m.) or carpool from Portland—meet at 7:45 a.m., Portland Gateway Transit parking structure first floor in the NE corner. Drive up option: The Tilly Jane/Cooper Spur road is open. If your party has multiple vehicles, please park at the bottom of the hill (the winter sno-park) as there is limited parking at the campground. For more info and to RSVP contact André tillyjanecabin@gmail.com.**

October 10, Sat, Intermediate Hike Siouxon Creek, WA

Hike through ancient forests, past green pools and waterfalls. This 7.8-mile round trip hike passes through a magical landscape, culminating at the 50-foot Chinook Falls. Plan on meeting at 9:00 a.m. to carpool. **For more info and meeting place contact the leader: Pam Rigor oncnewsletter@gmail.com.**

October 14, Wed, Intermediate Hike Indian Heaven, WA

Come enjoy the delights of this serene area with golden meadows (fall colors), inviting lakes, and the occasional animal. We'll do a loop via the East Crater Trail that includes five lakes, 9.2 miles with less than 1,000 feet of gain. Plan on meeting at 9:00 a.m. to carpool. **For more info and meeting place contact the leader: Pam Rigor oncnewsletter@gmail.com.**

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

OVERNIGHT TRIPS

SIGN-UP TIPS

- ◆ Overnight trips are exclusively for members; join or renew your membership before signing up. Memberships can be renewed on the website or by paper application available on our website Membership under Member Resources/Forms (mail to club P.O. Box, not to leader).
- ◆ Contact the leader with any questions you have. Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see sidebars)!
- ◆ Sign up early so we'll have enough people cover trip costs: sign-ups can be made on the website (onc-pdx.org/activities/overnight-trips) or fill out an overnight trip application and mail it with your trip fee to the trip leader (make checks payable to ONC-Portland Chapter).
- ◆ If the trip is full, join the waiting list by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- ◆ Purchase trip insurance. You are responsible for finding someone to take your place if you cancel. A web link for travel insurance is on the overnight trip application form on the web, or contact the trip leader or overnight trip coordinator.

Nov 25–29, Wed–Sun, All Abilities Ski/Hike/Feast Thanksgiving in Sunriver, OR—an ONC-PDX Tradition

Join the ONC-PDX for our traditional trip to launch the ski season, and in honor of global warming, perhaps the winter hiking season depending upon the weather. We expect that most of the Nordic Center trails and backcountry trails will be skiable, however, prepare for a multi-sport trip including hikes and bikes. People who bring bikes can cruise the paved trails at Sunriver or ride the rural roads around it. Thursday we'll feast on the traditional Thanksgiving dinner.

Wednesday evening we'll start our four-night stay. Each evening we'll decide what people are interested in doing and organize ourselves accordingly—carpooling to the mountain or trailheads and sharing potluck dinners. Non-skiing options include cycling, walking the bike paths in Sunriver, visiting the High Desert Museum, the bookstore, crafts fair, or the observatory (if it's open). Skiers and hikers should bring maps and ideas. This trip has historically been relaxed, with some folks desiring to stroll, read, hang out, or catch up with each other, as well as to ski (walk, hike or bike). Join us. Maps of Swampy Lakes,



Mike Greenstreet

Dutchman Flat Area, Edison Butte and the Newberry Crater Areas are available at <http://www.fs.fed.us/r6/centraloregon/recreation/winter/wintermaps.shtml>

Trip limit: 8 participants (including the leader)
Cost: \$215 per person (you must be a current ONC member before signing up for this trip) includes four nights lodging.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your ONC-PDX overnight tour application and check for \$215 payable to ONC-Portland Chapter, to the leader Elke Schoen, 1533 SE Lexington St., Portland, OR 97202. For more info contact Elke at 503.239.9286 elkeschoen@msn.com.

Dec 28–Jan 2, Mon–Sat, All Ability Skate/Track Ski New Year's at Methow Valley, WA

Methow Valley is an outstanding, unique area that is ideally suited for both classic track skiing and skate skiing. The Methow Valley Association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. Trail elevations range from 2,000 to 4,000 feet. The snow conditions and trail quality makes the Methow Valley a skate skiers Mecca. The fires in the area did not affect the Methow Valley trails; they are ready for our visit!

We'll stay in luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and are within skiing distance along with grocery and convenience stores.

Want to learning skate skiing? Lessons are available at Sun Mountain and in Mazama. In the past, several skate skier liked their newly learned skill so much they decided to keep the rented skate skis for the entire trip. Speaking of skating, there is even an ice skating rink in town.

Trip limit: 12 participants (including the leader)
Cost: \$250 per person (you must be a current ONC member before signing up for this trip) includes five nights lodging (\$57–\$76 groomed trail pass not included).

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website, or send your ONC-PDX Overnight Tour application with check for \$250 payable to ONC-Portland Chapter, to the trip leader, Mike Faden, 33 NE San Rafael St., Portland, OR 97212. For more info contact Mike at 503.284.6315 mikefaden@gmail.com.

Dec 30–Jan 3, Wed–Sun, All Ability Ski New Year's at Black Butte, OR

Celebrate the New Year in the peaceful setting of Black Butte Ranch. No loud, inebriated parties here. Instead, settle in by the fire with a congenial group of Nordic skiers and enjoy good food, wine and interesting conversations after an invigorating day in the outdoors. This Central Oregon location is close to skiing on Santiam Pass and the Three Creeks area near Sisters. Mt. Bachelor Ski Area, which boasts access to prime backcountry skiing as well as groomed trails, is only 32 miles away. If the snowpack is

Bob Brievoegel



low, hiking is always an option—from the panoramic Smith Rocks to along the Metolius River, where otters play in its clear waters. Amenities at Black Butte include a hot tub and swimming pool at the Glaze Meadow recreation center, a short walk

from our rental. For those who want to take a break from outdoor activities, the historic town of Sisters with its restaurants, bakery, bookstore and various shops is close by. This trip is sure to appeal to everyone who wants to relax and escape the humdrum of daily life.

Trip limit: 10 participants (including the leader)
Cost: \$245 per person (you must be a current ONC member before signing up for this trip) includes four nights of lodging.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your ONC-PDX overnight tour application and a check for \$245 payable to ONC-Portland Chapter to the leader, Ann Truax, 2824 SE 25th Ave., Portland 97202. For more info contact Ann at 503.756.2291 ann.truax@gmail.com.

Jan 8–10, Fri–Sun, All Ability Ski Ochoco Mountains, OR—Trip 1

We will ski in the Ochoco Mountains about 30 miles east of Prineville in a relatively remote area of Oregon to take advantage of the dry snow and wonderful views. For two nights we will stay in a former forest ranger cabin with three bedrooms, one and a half bathrooms. It has electric heat and water but no cell reception!

Trip Limit: 7 participants, including the leader.
Cost: \$35 per person (you must be a current ONC member before signing up for this trip) includes two nights lodging.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your overnight tour application and a check for \$35 payable to ONC-Portland Chapter, to the trip leader, Ken Wenzel, 10322 NW Alpenglow Way, Portland, OR 97229. For info contact Ken at 503.297.2958 skiwenzel@hotmail.com.

Jan 8–10, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame, Mt. Hood, OR

This trip is also available: February 12–14, March 11–13, and April 15–17

Kevin McGillivray



We'll backcountry ski to the ONC-PDX managed shelter on the Northeast side of Mt. Hood, a three-mile with a 1,900-foot gain up the Tilly Jane Ski Trail to the A-Frame at 5,700 feet

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mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour

Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace,

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regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).
Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. Overnight tour descriptions must be submitted to the overnight tour coordinator to be approved. Once approved, the overnight tour coordinator submits them to the newsletter editor.

2. Only Oregon Nordic Club members are allowed on Portland ONC overnight tours, even if it is a trip for

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elevation. Participants carry their own gear, including sleeping bags, pad, and food for all meals. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigation/route finding skills using map, compass or GPS are required. Climbing skins are mandatory.

Trip Limit: 20 participants maximum

Cost: Free—a club benefit (you must be a current ONC-PDX member or Tilly Jane volunteer before signing up for this trip)

To sign up or for more info contact us at TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader. Leaders TBD Jan 15–19, Fri–Tue, All Abilities Ski/Hike/Enjoy Sunriver, OR, an MLK Tradition

Join the ONC-PDX for our annual Martin Luther King weekend ski trip to Sunriver. We've always had good snow in January; the Nordic Center and the backcountry will be yearning for your skis, but be prepared for a multi-sport trip—including hikes or bikes. People who bring bikes can cruise the paved trails at Sunriver or ride the rural roads around it, if there is no snow or ice at our elevation. We'll arrive Friday evening for a four-night stay, and decide each evening what people are interested in doing. We'll organize ourselves according to interests, carpool to the mountain or trailheads, and share potluck dinners. Other possible activities include cycling, walking the bike paths in Sunriver, visiting the High Desert Museum, the bookstore, or the observatory (if it's open). Skiers and hikers should bring maps and ideas. Join us—there's something for everyone here. Maps of Swampy Lakes, Dutchman Flat Area, Edison Butte and the Newberry Crater Areas are available at <http://www.fs.fed.us/r6/centraloregon/recreation/winter/wintermaps.shtml>

Trip limit: 8 participants (including the leader)

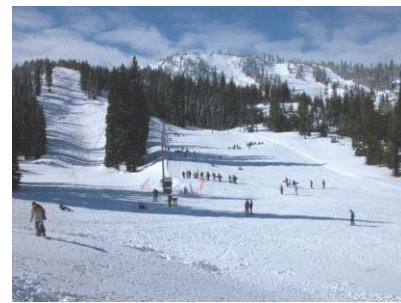
Cost: \$215 per person (you must be a current ONC member before signing up for this trip) includes four nights lodging—so you can stay late on Monday.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your overnight tour application and a check for \$215 payable to ONC-Portland Chapter, to Christine Bierman, 4900 SE Powell Valley Road, Gresham, OR 97080. For info contact the Christine at sisu1956@gmail.com 971.325.2874.

Jan 20–25, Wed–Mon, All Ability Ski Anthony Lakes, OR

Come ski the powder of the Elkhorn Mountains west of Baker City, Oregon. We'll carpooling on Wednesday January 20 to the Good Bear Ranch House on a 250-acre property on the edge of the National Forest. The house is at 4,500 feet elevation; if we are lucky we might be able to ski out the door. Most days we'll drive to Anthony Lakes ski area (base elevation 7,100 Feet) a 20 mile, 45 minute drive. The resort offers 30K of groomed double track and 11K of single track trail skiing. I am planning several

backcountry ski tours in the adjoining valleys leaving from Anthony Lakes. Anthony Lakes has a day lodge built by the CCC with food and drink available.



Larry Risch

For those interested in lift skiing it offers 1,100 acres served by one lift. The Good Bear Ranch House has everything you could want in a deluxe winter cabin. It's a log house (5,200 sq. ft.) with seven bedrooms and three baths with two floor-to-ceiling stone fireplaces and a dining table for 14 people. We'll share responsibilities for four dinners; breakfast and lunch are on your own. For one evening we'll plan on going to Baker City (14 miles) for dinner and the “night life” of Eastern Oregon. We'll return to Portland on Monday January 25.

Trip Limit: 10 participants (including the leader)

Cost: \$300 per person (you must be a current ONC-PDX member before signing up for this trip) includes five nights lodging.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your overnight tour application and a check for \$300 payable to ONC-Portland Chapter, to the trip leader, Ken Wenzel. For more info contact Ken at 503.297.2958 skiwenzel@hotmail.com.

Jan 29–31, Fri–Sun, All Ability Ski Ochoco Mountains, OR—Trip 2

We'll ski in the Ochoco Mountains about 30 miles east of Prineville in a relatively remote area of Oregon taking advantage of the dry snow and wonderful views. For two nights we'll stay in a former forest ranger cabin with three bedrooms with one and a half bathrooms. There is electric heat and water but no cell reception!

Trip Limit: 7 participants (including the leader)

Cost: \$35 per person (you must be a current ONC member before signing up for this trip) includes two nights lodging.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your overnight tour application and a check for \$35 payable to ONC-Portland Chapter, to the trip leader, Karen Suher, 3845 SW 54th Place, Portland, OR 97221-2176. For more info contact Karen at 503.577.8983 ksuher@comcast.net.

Jan 31–Feb. 4, Sun–Thur, Inter. to Adv. Ski/Snowshoe Scottish Lakes High Camp, WA

Join us for four days of skiing in the Washington Cascades just east of the Alpine Lakes Wilderness area. There will be multi-level ski trips and snowshoe trips each day. To make the most of this trip you should have some intermediate winter backcountry travel experience.

Our base for this backcountry ski trip will be the Scottish Lakes High Camp near Wenatchee, WA, the gateway to some of the most spectacular scenery and terrain

Washington's Central Cascades has to offer. Access to High Camp is via an eight-mile private road via truck and snowmobile: no need to part with favored treats and creature comforts this time (it will be hauled for you). High Camp consists of nine rustic cabins, each with its own wood burning stove and stocked kitchen, a comfortable day lodge, hot tub, and sauna. At 5,000 feet Scottish Lakes is just far enough east of the Cascade crest to offer blue skies, sunshine, and dry powdery snow. With 35 miles of well-marked trails, access to the Alpine Lakes Wilderness, easy open slope touring and high meadows for steep seekers, views of Glacier Peak and the North Cascades—there's an incredible variety of fun terrain for all levels of touring, backcountry skiing and snowshoeing. We will spend Sunday night in a motel in Skykomish to facilitate early arrival on Monday.

Trip limit: 15 participants (including the leader)
Cost: \$TBD per person (you must be a current ONC member before signing up for this trip) includes lodging at resort, snowmobile shuttle in and out plus Sunday night lodging in Skykomish. Carpools and group dinners will be organized.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your overnight tour application and a check for \$TBD, payable to ONC-Portland Chapter, to the trip leader, Russ Pascoe. For more info contact Russ at 360.901.3411 russ.bec@gmail.com.

**Feb 5–7, Fri–Sun, All Ability Ski
 Mt. Adams Lodge at the Flying L Ranch, WA**

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC-PDX. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

Trip Limit: 19 participants (including the leader)
Cost: \$165 per person (you must be a current ONC member before signing up for this trip) includes two nights' lodging and two gourmet breakfasts.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your overnight tour application and a check for \$165, payable to ONC-Portland Chapter, to the trip leader, Donna Matrazzo at 15500L NW Ferry Road, Portland, OR 97231. For more info contact Donna at 503.621.3049 matrazzo@msn.com.

**Feb 12–14, Fri–Sun, Intermediate Backcountry Ski
 Tilly Jane A-Frame, Mt. Hood, OR**

See January 8–10 weekend trip on page 5 for details.

**Feb 12–15, Fri–Mon, All Ability Ski
 Lake Creek Lodge, Camp Sherman, OR**

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a cross-country ski holiday. Check out the website at

www.lakecreeklodge.com

We'll carpool to Camp Sherman on Friday, have a traditional ONC-PDX potluck dinner on Saturday, and perhaps head into Sisters for Sunday dinner. Ski options are many—Santiam Pass, Mt. Bachelor ski area, Maxwell Sno-Park, Tam MacArthur Rim, and if we're lucky, right out our cabin doors.

Trip limit: 16 participants
Cost: \$225 per person (you must be a current ONC member before signing up for this trip) includes three nights lodging.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website or send your overnight tour application and \$225 check to trip leader, Steve Levy, 5441 SW Nebraska St., Portland, OR 97221. For more info contact Steve at 503.244.4262 slevy@pacifier.com.

**Feb 13–21, Sat–Sun, All Abilities Ski
 Yellowstone National Park Dream Trip, WY**

You have been there in the summer with all the tourists. You have heard about it from others who have been there in the winter. Now it is YOUR opportunity to experience the dream: YELLOWSTONE IN WINTER! Twenty lucky people will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip.

We'll carpool from Portland on Saturday, February 13, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in rooms with double beds and shared bath. On Monday morning, a snow-coach ride takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the

Bob Breivogel



magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday afternoon, we will return to

Mammoth Hot Springs for three more nights. On Friday and Saturday, we'll ski in areas accessible from the Mammoth Basin area—either Tower or Indian Creek areas or you can book (individually) a trip to the Grand Canyon of the Yellowstone. Sunday morning after breakfast, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced, something for every desire.

For those who wish, there is an option for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to

cont. from sidebar page 6
 which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers.

3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tripler. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.

WAITING LIST

4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.

Trip Cancellation Policy

5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.

6. Participants are responsible for finding their own replacements, including contacting continued on sidebar page 8

people on the waiting list.

7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)

8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.

9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

10. If the club cancels the trip, then the club will refund the cost of the trip. All trip cancellations will be decided by Overnight Trip Steering Committee.

Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found. We recommend that you use trip insurance, through our membership in the Northwest Ski Club Council/ National Ski Federation Council. The cost is usually 7% of the trip cost, with a minimum of \$10. This is less than

avoid the drive. Please contact the tour leader for information.

Trip limit: 20 participants (including the leader)

Cost: \$850 per person (you must be a current ONC member before signing up for this trip) includes seven-nights lodging and breakfasts (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful and return to Mammoth. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, if there is room, you may sign-up on the ONC-PDX website or send your overnight tour application and \$500 deposit check payable to ONC-Portland Chapter to the trip leader, Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. Final payment is due January 15. There will be a pre-trip meeting scheduled to plan for details and carpool. For more info contact Ted at 503.452.7432 tedskier@gmail.com.

Feb 26–28, Fri–Sun, All Abilities Ski and Snowshoe Crater Lake via Charter Bus

Experience one of the Seven Wonders of Oregon on skis or snowshoes, and without crowds!

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC-PDX for the big trip to Crater Lake. Last year we had fresh snow and sunny days—and some of the best skiing of the winter.

We'll board the deluxe coach at noon Friday in Portland and proceed down I-5 while sharing in an appetizer based "Rolling Pot-Luck." We will arrive in



Prospect at around 6:00 p.m., giving you time to enjoy your room and a spaghetti dinner in the historic Prospect Hotel. The next morning, after a hearty gourmet breakfast at the hotel, we'll take a quick ride to the rim and spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains, while skiing as far as our legs can carry us. Sunday will be another day of different trails, different tours, and more exploring. If you want, you can take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home. This year we will pre-order sandwiches or pizza and try to get home by 9:00 p.m. We are going to continue with the excellent (and fun) coaching with Shelley and Dave from Wy'East Nordic to offer training tips to all who want it as we ski.

There are two types of accommodations: The Historic Prospect Inn which has one double/queen bed in each

room for two people (ideal for couples) and the adjacent motel-like rooms, where participants will likely share large rooms with two or three beds per room and, in some cases, kitchenettes.

Trip limit: 35 participants (including the leader)

Cost: Final arrangement are being made for the trip, but it is expected that the per person cost will be similar to the 2015 costs, around \$310 - \$330 per person (you must be a current ONC member before signing up for this trip) depending upon whether you are staying in the Inn or adjacent motel.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website, or send your overnight tour application and check for \$100 deposit payable to ONC-Portland Chapter, to trip leaders, Steve and Shannon Planchon, 6205 N Depauw St., Portland, OR 97203.. Final payment is due February 1, 2016. For more info contact Steve and Shannon at 503 467-8599 oncskiplanchon@gmail.com.

March 5–19, Sat–Sat, All Abilities Ski Innsbruck, Austria and Dolomites, Italy Trip full, one on waiting list

Skate and classic cross-country ski in the Austrian Alps and the Dolomites of Italy for two weeks in March 2016! We'll fly from Portland or Seattle on Saturday, March 5 to Munich and take the train to Seefeld, Austria (near Innsbruck). We'll have hotel rooms and an apartment for group meals and food preparation. For the first week of the trip, we can take a ski bus to different local villages, or ski from the hotel. Tourist activities are also an option (costs vary). On Sunday, March 13, we go to Plan de Gralba, Italy, where we will ski the Dolomites of Val Gardena through Plan de Gralba until Friday, March 18, when we will travel to Munich, have dinner at the world famous Hofbrauhaus and stay overnight, preparing to return back to Portland on Saturday, March 19.

Our hotel rooms are modern with private bathrooms, in room. Breakfasts are included, lunches and dinners are not. Lunch is typically eaten on the trail, or ski up to a chalet and dine as you desire. Dinner will be in the apartment or at the many choices of restaurants.

There are no in-city tourist activities planned; however, if the group desires, we can set aside a day to tour museums and cathedrals—with time for taking photos.

Trip limit: 12 participants

Cost: estimated at \$2,900 per person (you must be a current ONC member before signing up for this trip), but the recommended budget is \$3,500, includes round trip airfare to Munich from Portland or Seattle, train to Seefeld and Plan de Gralba, and then back to Munich, bus passes near Seefeld, skiing in Plan de Gralba, all lodging (double occupancy), breakfasts and final dinner in Munich. Deposit \$500 with the full balance due by October 30, 2015. ONC-PDX TravelGuard or equivalent travel insurance required. This is a special arrangement the ONC-PDX has with TravelGuard for 7% of trip cost. Contact the leader for a link to TravelGuard. (There are some tricks to

using the TravelGuard website and getting the ONC-PDX rate. Please ask the leader to work through them.) For more info contact Sam Digard at sam.digard@gmail.com call/text 360.910.1714 (voice calls are often difficult to answer, so please be ready to leave a message) for more details and a larger PowerPoint overview of the trip.

March 11–13, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame, Mt. Hood, OR

See January 8–10 weekend trip on page 5 for details.

March 10–14, Thur–Mon, All Abilities Ski Wallowa Mountains, Wallowa Lake, OR

Come spend an extended weekend skiing in the magnificent Wallowa Mountains in eastern Oregon! We have three houses at Wallowa Lake for four nights at the entrance to the Wallowa Mountains. We can partake in three or four days of skiing. There are opportunities for all levels of skiing—backcountry skiing, road and trail skiing, and snowshoeing (provided by the resort). Some options are Salt Creek Summit, Hurricane Trail, McCully Trail, and the West Fork Trail. We'll carpool from Portland on Thursday morning or early afternoon, arriving in Joseph in early evening. We'll ski around Wallowa Lake and in the mountains on Friday, Saturday, Sunday, and (possibly) part of Monday, returning to Portland on Monday evening. We'll have potluck dinners in one of the houses.

Trip Limit: 14 participants (including the leader)
Cost: \$130 per person (you must be a current ONC member before signing up for this trip) includes four nights lodging.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website, or send your ONC-PDX overnight trip application and \$130 check payable to ONC-Portland Chapter to the trip leader, Kathy Burns, 58324 Wilson Cutoff Rd., Vernonia, OR 97064. For more info contact Kathy at 503.429.4024 burnskathryn@gmail.com.

March 19–27, Sat–Sun, All Abilities Ski Canadian Rockies Spring Break

This is the Big One to the Big Mountains! Don't miss out! Join us for a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country. We have planned six days of glorious backcountry intermediate level ski touring and groomed cross-country trails of that region. The group will travel by car leaving from Portland Saturday, March 19, and arriving in Canmore, Alberta Sunday, March 20 with an overnight stay on the road (not included in cost). We'll start our venture by spending a day skiing at the Canmore Nordic Center, the site of the '88 Winter Olympics. Trails options for tours are well known in the area—include Burstall Pass, Canmore to Banff via Goat Creek, Dead Man's Flat to Skogan Pass and Ribbon Creek, and Smith Dorrien trails starting from Chester Lake. These trails can be skied to whatever level of choice. (Downhill skiing is an option) One day will be left open for sightseeing or more skiing!

Accommodations entail a luxury house with kitchen facilities and entertainment areas for dinners and socializ-

ing. Canmore is a delightfully entertaining community and worthy of at least one night "on the town." We'll return to Portland early Sunday, March 27. Travel distance to Canmore is approximately 900 miles. A pre-trip meeting will be scheduled to go over the details. A valid passport is required.

Trip Limit: 8 participants (including the leader)
Trip Cost: \$450 (you must be a current ONC member before signing up for this trip) includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road, potluck meals, shared costs for transportation, trail fees for one day at Nordic Center and shared costs for groceries to prepare meals and trail lunches in Canmore.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website, or send your ONC-PDX overnight trip application and \$450 check payable to ONC-Portland Chapter to the trip leader: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. For more info contact Ted at 503.452.7432 tedskier@gmail.com

March 25–27, Fri–Sun, Adv. Inter. Backcountry Ski Hut to Hut Traverse, Three Sisters, OR

Try something different and use your route finding skills! This is a 22-mile Hut to Hut, self guided tour from Dutchman Flat near Mt. Bachelor to Three Creeks Sno-Park near Sisters. The route roughly follows the historic Metolius Windigo Trail (unmarked) at 6,500 ft. elevation, on the eastern edge of the Three Sisters Wilderness area. We will meet our shuttle Friday at 8:00 am at Three Creeks near Sisters. Friday and Saturday nights will be spent in huts along the route and Sunday evening we will drive home from Three Creeks. The terrain will be ungroomed, rolling to gentle slopes and will not be subject to avalanche danger. The two huts are fully stocked with food, beds, wood stove and cooking facilities. They provide sleeping bags as well; so you only need to carry a bag liner and your personal gear and clothing! We can't anticipate the weather so the snow conditions could vary from untracked powder to icy and anything in-between.

For what is provided and photos of the huts, use this link: threesistersbackcountry.com/huts/nordic-traverse-huts

Since the distance between huts is only eight miles there should be time for additional skiing and exploring opportunities. Participants should be familiar with route finding skills and use of a GPS, however a GPS is not required.

Trip Limit: 8 (including two leaders)
Cost: \$270 per person (you must be a current ONC member before signing up for this trip) includes a shuttle, two nights in huts, food for two days and two nights with beer included (see web link above)!
Additional expenses include carpooling, food and lodging in Sisters the night before.

Sign up October 13 at the Overnight Trip Extravaganza. Afterwards, you may sign-up on the ONC-PDX website, or send your ONC-PDX Overnight Tour application with a check for \$270, payable to ONC-Portland Chapter, to trip leader: Susan Watt

cont. from sidebar page 8

commercial policies. A link is on the ONC-PDX overnight trip application on the website at the bottom.

Where they ask for tour operator, select "not listed" and indicate that the "ONC" is the tour operator. For agent's initials, use: "TPS." Read the coverage carefully and make your choice. For more info contact the Overnight Trip Coordinator Ted Scheinman tedskier@gmail.com ♦



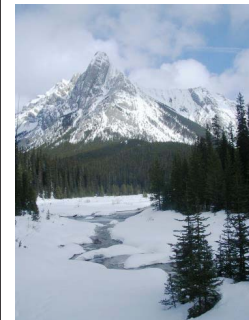
Canadian Rockies



Canadian Rockies



Canadian Rockies



**Discounts for
ONC-PDX
members and
leaders!**

**Columbia
Sportswear,**
911 SW Broadway
(flagship store) and
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(airport location)—
15% discount on
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week (November 1–
11) of 30% discounts.
Current membership
card required.
columbia.com

**Glenn's
Mountain
Tracks in
Government Camp
next to Huckleberry's
Restaurant, offers
ONC-PDX members
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cross-country ski
rentals. Current
membership card
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mntntracks.com**

**Mountain
Hardware,**
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purchases. Special
week (November 1–
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Current membership
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mountainhardware.com/
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**The Mountain
Shop,** 1510 NE 37th
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purchases and
15% discount on
rentals.
mountainshop.net

PO Box 83037 Portland, OR 97283. For more info
contact Susan at 503.286.6339 susniam@gmail.com

April 15–17 Fri–Sun, Intermediate Backcountry Ski
Tilly Jane A-Frame Cabin, Mt. Hood, OR
See January 8–10 weekend trip on page 5 for details.

Oregon Nordic Club–Portland Chapter Overnight Trip Application

TOUR NAME: _____ DATE: _____
FEE / DEPOSIT: _____ **One application per person**
Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the
tour description in the newsletter. Contact them for their address if it is not available.
NAME: _____ ONC-PDX MEMBER: yes no* other ONC Chapter
*You must be a current ONC member before signing up for ONC-PDX overnight trips
PHONE: (home) _____ (work) _____ (cell) _____
ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club Portland Chapter (ONC-PDX) outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC-PDX activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the ONC-PDX is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the ONC-PDX and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the ONC-PDX or its agents, tour leaders, officers, or instructors.

Please read ONC-PDX's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance in case of hardship: http://www.travelguard.com/agentlink.asp?ta_arc=163395&pcode= (this link is on our website)

I have read and understand the above statements concerning ONC-PDX's programs.

SIGNATURE: _____ DATE: _____
(Parent or Guardian must sign if the trip participant is under 18 years of age)



Welcome new members! Marie McDaniel Bellisario, Harmony Brown, Alan John, Steve Rearden, and Diana Richardson. Welcome back: Storie Mooser
September membership report: 284 total memberships (191 single and 94 family) includes 4 new and 197 renewals (non-renewing members have not been removed from this count). Last year at this time there were 268 memberships with 98 renewals.

Minutes of ONC-PDX Board Meeting, Sept 14, 2015, 7:00 p.m. at the Mazamas Mountaineering Center
Board members present: Kim Davis, Andre Fortin, Mary Hepokoski, Tim Kral, and Susan Watt; also present: Ted Scheinman, Overnight Tour Coordinator

Approved the minutes of the July 21 board meeting.
Treasurer's Report: The fiscal year ended August 31. A final year-end report was handed out. Total balance at year end is \$97,211.52. \$48,146.56 of that is the cumulative net revenue for the Tilly Jane A-Frame intended to be applied to renovation costs in the future. Mary gave her resignation from the board effective the end of September. She agreed to continue as a bookkeeper as long as a board member serves as treasurer with the responsibility of checking account balances, etc. Kim agreed to handle the Sno-Park pass sales at the October meeting.
President's Report: Ann was absent (Kim presided). Mary brought up the ONC state meeting on October 10 in

continued on page 11

Salem. We can have two voting members. Ted may be able to attend. Mary will contact Bill Yaeger to see if we can send out an email to the members asking if anyone else wishes to attend. This is a very important election meeting with several long time state board members no longer able to serve. Mary agreed to write the President's column for the October newsletter.

Website: Decided to defer conversation about whether Paypal fees should be added to costs to a later board meeting when we have more experience with their financial impact.

Day tours: Ted said he advertised several of the day trips he led on the club's Meetup Portland Nordic Club and other Meetup sites for which he is a trip leader and had several attendees from them. He did bring up the issue of unqualified participants, attendees who are unprepared or inappropriate for the trip. This may be more of an issue with meetup attendees than club members. The board approved Denise Brem, Laurel Dickie, and Kim Davis as members of the Day Tours Committee.

Overnight Tours: Approved printing 100 brochures for marketing the overnight tours. Susan Watt will do this year's brochure. The committee will plan October's meeting and the process of trip sign up. Overnight trip leaders will have a chance to do this before the event. (There will not be a speaker that evening.)

Membership: Many members are using Paypal and renewals seem to be coming in at a good pace.

Nordic Issues: Briefly discussed the Cooper Spur Land Trade but decided not to involve our club financially at this time.

Tilly Jane A-Frame: Andrè reported that the Forest Service contacted him about hazardous trees around the A-Frame. He hired an arborist to cut them down. Andrè was pleased with his work. The trees can be bucked and split for firewood next summer. The annual Wood Haul will be October 3. Members are encouraged to help. Many hands make this task reasonable. Andrè had gotten donations of beer and for door prizes for workers. The club will donate an ONC-PDX shirt and hat.

Publicity: Kim has not heard back from REI yet about doing presentations on Nordic skiing opportunities.

Old Business

September Meeting and the survey results: Attendance was about 20 members. Mary did a brief financial report. Tim did a demonstration of our club's website. The board agreed that short tutorials in the future at our general meetings would be good. He also went over the survey, which he felt had a good response. The results were pretty similar to the last survey with overnight tours and day tours being the highest priority. The board will prepare a response to the survey for our November meeting. Sam Digard, Linnea Nelson, and Laurel Dickie agreed to staff a membership table at our next meeting.

By-laws: tabled

New Business

Volunteer Recognition: November General Meeting was not discussed due to shortage of time.

Leadership training: We need to set a date and get a venue. Susan agreed to look for a venue. Mary distributed an early draft of Leadership Training from 2012. Possible members to lead the training were discussed.

Conflict Resolution process: Discussed but wanted to defer further discussion or action until the President was present.

Request for funding of the Deschutes Historical Society's Nordic Skiing exhibit—Approved sending \$200

Susan Watt said she would be interested in the one of the tickets the club has to the Gifford Pinchot Task Force Conference on Sept 26.

Next meeting: October 6 at 7:00 p.m. at the Mazama Mountaineering Center
Meeting adjourned 9:00 p.m.

Mary Hepokoski, Acting Secretary

CLASSIFIED ADS

FOR SALE: ► **Mt. Adams View Property.** 3.3 acre building site adjacent to the Flying L Ranch in Glenwood, WA with a spectacular view of the mountain. Private road, power and water to the site, perk tested for septic. Guaranteed view corridor. \$130k cash-out or \$145k with owner-carried contract. See Craigslist ad for photo and more info:

<https://portland.craigslist.org/mlt/reo/5041657424.html>

Jacquie 503.730.5571

10/15

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a **MS Word document attachment preferred**—(with no formatting i.e., no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

Oregon Mountain Community, 2975 NE Sandy, ONC-PDX members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop, 38716 Pioneer Blvd. in Sandy, offers a 15% discount on purchases of ski equipment and apparel. They also have cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic Ski School offers ONC-PDX members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com ♦



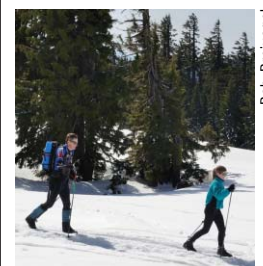
Ted Scheinman

Crater Lake National Park



Bob Breivogel

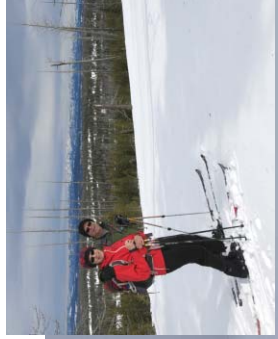
Crater Lake National Park



Bob Breivogel

Overnight Trips' Extravaganza Sign-up for ONC-PDX overnight Winter trips

Join us for a photo journey to Yellowstone National Park, Crater Lake National Park, Methow Valley, Canada, Mt. Adams Lodge at the Flying L Ranch and more! Talk to the trip leaders. Meet catch up with old friends and meet new ones at the social hour.



**Lucky Labrador
Brewing Company**
1945 NW Quimby St.
Tuesday, October 13
6:30 p.m. Social Hour
7:30 p.m. Overnight Trips
Slide Show followed
by trip signups

Food and drink are available for purchase \$

Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906

Monthly meeting:
Lucky Labrador Brewing Company (1945 NW Quimby St.)
located between NW 20th Ave. and NW 19 Ave. in
Northwest Portland.



Upcoming programs

Nov 10-TBD
Dec 8-TBD



Oregon Nordic Club
**PORTLAND
CHAPTER**

