



First Tracks The storms were energetic in December filling our winter trails with copious amounts of our treasured white stuff. Finally we were able to step into our skis and glide through the foot or more that covered the trails. But deep snows call for lots of energy from skiers making the first tracks through the bountiful fluffy powder. It is a privilege as well as a tough job to take the lead making those first tracks. And having others along to share in the task of breaking

Bob Breivogel



Making first tracks on the Upper Pocket Creek Rd.

trail is an advantage of skiing with a group. If set with care a good set of track will hold up for the return trip and days to come if there are sunny skies. Hopefully others (snowshoers and hikers) using the trails will make their own tracks and preserve our laboriously created ski tracks and we will be rewarded with an enjoyable return trip.

Klindt Vielbig offered advice on setting a track in the Introduction in his Cross-Country Ski Routes Oregon second edition, our bible of cross-country skiing. He recommends making the track as straight as possible on the trail and the tracks about six inches apart. He suggests that you look behind yourself to see that your effort follows these principles. I have found that it is wise to make the first tracks wide because when the skiers come behind you in deep snow the track naturally narrows down. When set too narrow the tracks naturally become even closer together making it difficult to ski. So setting those first tracks wide enough, especially in deep snow (over a foot), is significant. Also, when following a track, taking the time to improve and maintain it permits pleasurable skiing for everyone. Vielbig sums it up by commenting, "Bad tracks are difficult to ski and destroy the rhythm of forward movement." That push and glide is what we long for when we are out on the snow. ♦

Pam Rigor, *Editor*

Volunteers make fair successful

Thank you Tere Enburg and Ann Truax for helping coordinate the used equipment sale at the ski fair.

Ski and Winter Sports Fair and Sale volunteers: **Stephany Anderson, Mitch Auerback, Ron Bekey, David Blanchard, Bob Breivogel, Pat des Chene, Kim Davis, Tere Enburg, Mike Faden, Betty Hall, Mary Hepokoski, Kathy Jameson, Roberta Mansfield, Rita McCormick (for lending her water heater), Kevin McGillivray, Linnea Nelson, Terry Owen, Donna Parsons, Carla Ralston, Ted Scheinman, Elke Schoen, Robert Stingle and Ann Truax**

And last, but not least the fair participants (you make the fair): **Gifford Pinchot National Forest; Mazamas Ski Mountaineering Committee; Mountain Shop; Mountain Tracks; Northwest Weather and Avalanche Center and the Friends of the Northwest Weather and Avalanche; Oregon Mountain Community; Rossignol represented by Bobby Riviello; Teacup Chapter of ONC and Wy'East Nordic.**

Raffle Donations: **Mountain Shop, Mountain Tracks, WyEast Nordic, ONC-PDX.** Proceeds benefit our trail tending on winter trails.

If I missed anyone or other details, please email me and let me know. Thanks you everyone and we'll see you next year! ♦

Pam Rigor, *Ski Fair Director*

Volunteers wanted to help blind skiers

Volunteer cross-country skiers are needed to help with: **The 7th Annual WSSB (Washington State School for the Blind) Winter Outdoor program @ Teacup Lake Nordic, Tuesday 19, March and Wednesday 20, March 2013.** This will be the 5th year of XC skiing.

I have participated in this wonderful event several times and found it incredibly rewarding. There is training involved ahead of time and you work with other wonderful volunteers. I hope that we can get more ONC Portland Chapter members involved this year.

Please contact me (503 245-1618), or **Richard Fay** rrfay@comcast.net **Mobile: 971 285-0025** if you want more info. ♦

Mary Hepokoski, *President*

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Belknap Hot Springs
Mt. Adams Lodge
Wallowa Mountains
Crater Lake
Idaho Backcountry Huts
Tilly Jane A-Frame
- 10 Overnight Trip Application Form**



Ted Scheinman

Crater Lake

See page 9 for details on how to sign-up

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oncdartours@gmail.com

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Coordinator — vacant

Summer Coordinator

Bike/Hike — vacant

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Susan Kelly, chair

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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication).

Send submissions to oncnewsletter@gmail.com

as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting.

Corrections: e-mail corrections and/or additions to the editor. This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906 Portland, OR 97208

UPCOMING EVENTS

Jan 6 SUNDAY

Annual Teacup Nordic Tea Party & Clinic

Teacup Groomed area, Mt. Hood, 9:30 a.m. - 2 p.m.

Take ski lessons from skiers with years of experience, have some Stash Tea, and support Teacup Nordic.

Jan 8 TUESDAY

Circummountaineering

Mt. Rainier

ONC monthly program. Multnomah

Arts Center, 7688 SW Capitol Hwy.,

7:30 p.m. Free!



Jan 9 WEDNESDAY

Avalanche Awareness

REI Portland, 6:30–8:30 p.m.

Free! Info/sign-up: rei.com (store events)

Jan 10 THURSDAY

Cross-Country Skiing Basics Class

REI Portland, 6:30–8:30 p.m.

Free! Info/sign-up: rei.com (store events)

Jan 12 SATURDAY

Winter Trails^R

White River West Sno-Park, 9–2 p.m. Free!

Demo snowshoes. Hot beverages and treats will be available.

Free. Sno-Park pass required. Info: 503 221-1938

Sign up for lessons on rei.com (store events)

wintertrails.org

Jan 15 TUESDAY

Avalanche Awareness

REI Clackamas, 6:30–8:30 p.m.

Free! Info/sign-up: rei.com (store events)

Jan 16 WEDNESDAY

Cross-Country Skiing Basics Class

REI Tualatin, 6:30–8:30 p.m.

Free! Info/sign-up: rei.com (store events)

Jan 23 WEDNESDAY

Crater Lake w/Oregon Nordic Club, by Ted Scheinman, ONC-PDX

REI Portland, 7–8 p.m.

Free! Info/sign-up: rei.com (store events)

Jan 27 SUNDAY

29th Annual Mountain Shop Teacup Classic Races

Teacup Groomed area, Mt. Hood, 9:30 a.m. - 2 p.m.

Online registration will be available soon.

www.teacupnordic.org Sponsored by The Mountain Shop

Jan 29 TUESDAY

Avalanche Awareness

REI Hillsboro, 6:30–8:30 p.m.

Free! Info/sign-up: rei.com (store events)

Clinics & Training

Jan 6 SUNDAY

Teacup Nordic Tea Party & Clinic

Come join us for our annual Tea Party and Ski Clinic. Ski

lessons from skiers with years of experience, have some

Stash Tea, and support Teacup Nordic. 9:30 a.m. - 2 p.m.

Check their website from more specific info:

www.teacupnordic.org

Jan and Feb SATURDAYS AND SUNDAYS

ONC Ski Clinic & Free Snow Sessions

Clinic (in-town session) Jan. 23 (\$20), 6:30–8:45 p.m. Two

options for the On-Snow Sessions: Saturdays, Feb. 2 and

Feb. 9 or Sundays, Feb. 3 and Feb. 10. Attendance in the

Ski Clinic is a requirement for the snow sessions.

Deadline for signing up: January 18.

Info and application: oncnewsletter@gmail.com

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and back-country skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Rental discounts at selected merchants
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day-use, overnight and meals
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot NF
- ▶ Membership in Northwest Ski Club Council and Far West Ski Association. Discounts: www.nwskiers.org www.fwsa.org

Memberships: \$27 singles, \$33 families

Info and application: membership@onc.org

The Wednesday ski group, on

December 19, had a few challenges. The promise of lots of fresh snow brought seventeen skiers out to enjoy a day in the snow. With low snow levels we tried Larch Mountain, but a road closed for three hours deterred us. First mistake choosing the wrong ski location based on snow information (my hopes for a close-in ski were dashed). The next plan was to head to Cooper Spur. While four of five cars stopped at the McDonald's at the Hwy. 35 Exit, one did not as we were unable to reach them via cell phone. Second mistake, make a mid trip meeting place to regroup, especially if road conditions are rough. One car decided to try trails near Hood River (it was snowing there) while four headed up Hwy. 35. Two turned around due to driving conditions; one saw that the road to Cooper Spur was not plowed so went on to ski at Pocket Creek, while our car drove up to Cooper Spur and enjoyed two hours of nice fresh powder skiing as a reward.

Would I do things differently if faced with these conditions again, yes I would. Fortunately everyone was in good spirits and accepted that on this day we did what we could to enjoy the conditions. Thank you to all who participated. Those who did ski reported good conditions and fresh snow to enjoy. May you all have many happy ski trips this season. ♦

Tere Enburg, *Trip Leader*

PRESIDENT'S SKI TRACKS

IT'S SNOWING IN THE MOUNTAINS! I have been up skiing three times in the last ten days, all to Teacup because it was not clear that snow conditions elsewhere would be good. Two of the trips were Easy/Intermediate trips I lead for the club. Not all of Teacup's trails were groomed because there was not enough snow to cover the water in low spots. Those that were groomed were very enjoyable. They have an enlarged parking area that requires cars be parked at an angle.

With this additional snow it will probably be good skiing on many of our favorite trails. I hope that you find a trip that inspires you to get out and ski. But more importantly I hope that if you have the skills you will consider volunteering to lead a day trip. There are many novice skiers who need the opportunity to develop their skills on well-led trips. Trip leaders who lead two or more trips can be reimbursed for the cost of their snow park pass.

Ann Truax and I attended the State ONC Board meeting on December 8 in Parkdale. It was interesting hearing about what is happening with other ONC chapters around the state. Sounds like the Bend ski areas already have good snow conditions. The State ONC has already awarded seven of the ten high school Nordic ski scholarships they are providing this year. Do you know any area high school Nordic skier who might need help with the expenses they incur participating in the sport? The next state board meeting will be Sunday, March 24. It is going to be preceded Saturday, March 23 by a ski up and back on the McKenzie Pass followed by a party. You do not have to be a board member to participate in this event.

Finally the nominating committee will be working during the month of January to find qualified members to serve on our board starting in April. We have several board members who will be "retiring" then. If you know an ONC member who you would like to see serve on the board, give one of the nominating committee members listed in the board minutes a call. That and saying yes if they ask you to be nominated will help them and the club. ♦

Correction: Vice-President Ann Truax wrote last month's President's Ski Track.

Mary Hepokoski, *President*

NORDIC ISSUES

Mount Hood National Forest

Mt. Hood Meadows Parking Lot Ed Conyngham and Barbara Wilson, both Mazamas members, attended a field trip for interested groups to discuss the proposed parking lot locations and Nordic ski trails in Twilight Parking Lot project. Five options to be studied in the Environmental Impact Statement (EIS) have been proposed. In all options, there will be a replacement of an equal number of miles/kilometers of any Nordic trails lost to construction, and a new guest services building to serve both downhill and Nordic skiers. All options build a new vehicle maintenance facility. All options are located in Spotted Owl habitat, may impact riparian areas, and will need to meet guidelines and requirements for reducing or eliminating environmental impacts. Further discussion about the options is found on page 5.

Conyngham believes Option three looks the best to him in terms of maintaining or possibly improving the quality of Nordic skiing and keeping the construction footprint reasonable. It appears that some parking lot expansion for 500 to 600 cars is going to occur, regardless of concerns about environmental impact or traffic. To review the information sheet, notes and comments on the field trip, and other documents, maps, etc. about this project see: www.fs.fed.us/nepa/nepa_project_exp.php?project=26954

Comments/questions: Daina L Bambe, District Ranger, 541 352-1201, dbambe@fs.fed.us
Jennie O'Connor Card, Interdisciplinary Team Leader, 541-352-1255, jennieoconnorcard@fs.fed.us, 6780 Highway 35, Parkdale, OR, 97041

Gifford Pinchot National Forest (GPNF)

Winter Partnership meeting On December 11, Sam Digard and Greg Wenneson, ONC members, attended the annual Winter Partnership meeting of GPNF. Sam reports that the Recreation Manager at Mt. St. Helens is interested in working with ONC to rebuild the Marble Mt. Shelter. More notes from the meeting:

Wind River Road will be plowed with funds from State Parks and USFS Title II funds. FS 90 Road from Cougar to Northwoods will be plowed and paid for by Skamania County and Pacific Power and Light. Curly Creek Road and the FS 90 Road to Northwoods will not be plowed. Please direct all comments and questions in regards to snow plowing to winter@co.skamania.wa.us. Trail grooming is planned for Fridays at Wind River and is funded for this season.

Mt. Adams Nordic Club is not (currently) a chapter of ONC. They are on the "brink" of disbanding, and some members have expressed an interest in joining the ONC Gorge Chapter. ♦

Miriam Hammer, *Nordic Issues*

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DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

continued on sidebar page 5

DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

Check the website for last minute day tours especially if we get snow as there will be ski tours scheduled.

Jan 2, Wed, Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route in the Mt. Hood area will depend on the snow conditions and the group. Meet at McMenamins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenamin's Edgefield in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, be added to the phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact the leader: Terry Owen: 503 590-5825 terryowen@frontier.com.**

Jan 5, Sat, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Join me for a ski tour. The exact location to be determined based on snow conditions. We'll meet in Portland at 8:30 a.m. **For more info and meeting place contact the trip leader: Mary Hepokoski 503-245-1618 hepomp8@comcast.net.**

Jan 6, Sun, Easy/Intermediate Ski Old Man Pass area, Wind River, WA

The Intermediate group will ski the Hardtime Loop of 11.2 miles with about 300 ft. elevation gain. Come join us for this ski on trails that are usually groomed. If there are easy level skiers they can do a 3-4 miles loop (includes a few easy inclines) with options for another 1.3 miles (they will have to be self directed if someone does not step forward to lead, but the route is easy). Meet at Gateway Transit Center parking garage for an 8:30 a.m. carpool departure. **To confirm attendance and for more info contact the leader: Pam Rigor 503 297-4284.**

Jan 9, Wed, Intermediate Ski Crosstown Trail/Summit, Government Camp, OR

If snow conditions allow we will ski the Crosstown trail from Glacier Snow Park to the Summit Ski Area which can be a good spot for lunch. The trail goes through old growth trees, and loosely parallels the North side of Highway 26. It can be an out and back or a loop by connecting to the Summit trail along the south side of Hwy 26 for about 6 miles. Starts at 3700' elevation with a gain of about 500'. Meet at McMenamins Edgefield, west parking lot at 8:45 to form carpools, leaving by 9:00 am.

For more info and to confirm attendance, contact the leader: Mary Hepokoski, 503-245-1618, cell 503-442-0620 or hepomp8@comcast.net

Jan 12, Sat, Intermediate Ski, Snowbunny/East Yellowjacket trails, Mt. Hood, OR

Join us for a ski on the loops of the Snow Bunny Trail up to the 4,300 ft. dome and possibly on the East Yellowjacket Trail. The open areas, if it's clear, offers views of Hood, Jefferson and the Trillium Basin peaks. Meet at McMenamins Edgefield, west parking lot for a departure of 8:30 a.m. For more info and to confirm attendance contact the leader: Mike Dianich 503 695-5385.

Jan 16, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

The Wednesday ski tour group will ski a to-be-determined route in the Mt. Hood area. Meet at McMenamins Edgefield west parking lot for carpools and a 9 am departure. To confirm attendance and to be notified of last minute changes; contact leader Janet Liu 503-245-1357 janetliu1@juno.com

Jan 19, Sat, Intermediate/Advanced Ski June Lake, Mt. St. Helens, WA

A climb through a young fir forest takes us through the woods of snow-covered flows to June Lake, a 500-foot elevation gain. We will lunch by the lake with the eye catching cascading waterfall. After lunch we ascend the hill and ski down the Swift Creek Trail (downhill skills required for the 2 plus mile downhill to the sno-park) or go higher on the mountain as conditions permits, a ski of 6-7 miles and about 900 ft. elevation gain. Meet at Gateway Transit Center parking structure for an 8:30 a.m. carpool departure. **For more info contact the leader: Pam Rigor 503 297-4284**

Jan 23, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route and ski area will depend on the snow conditions and the group. Meet at McMenamins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenamin's Edgefield, 2126 SW Halsey, in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, be added to the phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact: Terry Owen: 503 590-5825 terryowen@frontier.com.**

Jan 26, Sat, Easy/Intermediate Ski White River, Mt. Hood, OR

Come ski the easy terrain along the bank of White

Common meeting places: Gateway Transit Center NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center—NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield—2126 SW Halsey Take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (first stop light) turn left, go 1/2-mile; it's on the right.

River. Enjoy untracked, pristine snow and explore recent changes to the alluvial plain. See outstanding views of the White River Canyon and Mt. Hood. The distance will depend on the group. Bring lunch. Meet at McMenamin's Edgefield in the West parking lot at 8:30 a.m. to carpool. **For more info and to confirm attendance please call the leader: Mike Dianich, 503-695-5385.**

Jan 30, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route and ski area will depend on the snow conditions and the group. Meet at McMenamins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenamin's Edgefield in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, be added to the phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact: Terry Owen: 503 590-5825 terryowen@frontier.com.**

Feb 6, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route and ski area will depend on the snow conditions and the group. Meet at McMenamins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenamin's Edgefield in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, be added to the phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact: Terry Owen: 503 590-5825.** ♦

Lets hike or ski

Join the ONC leadership team...

Pick your favorite ski trail (and date) and take some ONC friends along to enjoy the outdoors.

Lead a ski tour in February or the first weekend in March! New to leading tours? Send us an email and we'll get you up to speed. Send tour descriptions (by **January 14, 8 p.m.**) to day tours at oncdaytours@gmail.com. ♦

Grooming at Teacup

Teacup will be groomed on January 1, 2, 5 and 6 after that, they will groom the trails on Tuesdays, Wednesdays, Saturdays and Sundays assuming that there is new snow.

The 29th Annual Mountain Shop Teacup Classic Races will be on Sunday, January 27 from 9:30 a.m. to 2 p.m. so the trails will not be open to the public at those times. ♦

Options for the Mt. Hood Meadows parking lot

The first option (see Nordic Issues column on page 3 for more info) is no change from the present for comparison purposes. The second option is the same as the original proposal, which involves a 12.5-acre parking lot that will also include a new Nordic center and expansion of maintenance facilities. The third option is very similar to the second one, but it will have an irregular edge to the parking lot to soften the visual impact, the replacement Nordic trails are located in an area to provide much the same recreational experience as the trails impacted through development of the parking area and the vehicle maintenance building is situated near the current administrative building and not directly adjacent to the Sunrise parking lot. The fourth option locates the parking area much closer to the Hood River Meadows (HRM) parking lot, substantially reducing the size of the parking area. To improve parking capacity as well as customer safety, the vehicle maintenance functions would be moved away from the Mt. Hood Meadows main parking lot and located near (and not connected to) the existing Sunrise parking lot. Option five is similar to Option four in terms of where it is placed, but builds a larger parking lot.

The Forest Service is considering elimination of three other options from further study: The Forest indicates that using the temporary bypass lane on Highway 35 instead of constructing more parking, using alternative transportation, or constructing the parking area in the vicinity of Beargrass Nordic trails are either not feasible, have proven ineffective or not sufficiently effective in the past, or are counter to needs and requirements in certain riparian, high-debris, or high traffic areas. However, the Forest reports they are working with ODOT and others toward increasing multi-modal transportation. ♦

Miriam Hammer, *Nordic Issues*

mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

Easy Tour
Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants.
Bike: Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.
Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour
Ski: 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.
Bike: Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.
Hike: 8-10 miles; 200 to 400 ft. per mile elev. gain.
Backpack: 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour
Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.
Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15-18 m.p.h. pace, regrouping when necessary.

continued on sidebar page 6

Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking

Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be publicized. A potential leader must follow the procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be

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OVERNIGHT TRIPS

SIGN-UP TIPS

- ❄️ Our overnight trips are exclusively for members: join or renew your membership before signing up. Membership applications available on our website (mail to club P.O. Box).
- ❄️ Contact the leader with any questions you have. Do my skills fit the skiing conditions? Any special requirements or gear? Travel time?
- ❄️ Read the overnight trip policies!
- ❄️ Sign up early so we'll have enough people cover trip costs.
- ❄️ To sign up: fill out an overnight trip application and mail it with your trip fee to the trip leader.
- ❄️ If the trip is full and you still want to go? Join the waiting list: send your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute opening do occur!
- ❄️ Purchase trip insurance (you are responsible for finding someone to take your place if you cancel). A link to sign-up for travel insurance will be on the overnight trip application form on the web or contact the trip leader or Overnight Trip Coordinator; they'll send you the link.

Jan 4–6, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available*

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation.

Participants carry their own gear, including sleeping bags, pad and food for dinner, lunch and breakfasts. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

Cost: Free (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the TJ cabin). You must be an ONC member before signing up for this trip.

For more info, please e-mail:



ONC skiers at the Tilly Jane A-Frame

Andrew Black

TillyJaneCabin@gmail.com. We'll forward your request to the appropriate trip leader.

Jan 18–21, Fri Mon, MLK Weekend, All Ability Ski Lake Creek Lodge, Camp Sherman, OR 1 spaces available, sign up now*

ONC Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a XC ski holiday. Check out the website at www.lakecreeklodge.com.



Cabin at Lake Creek Lodge

We'll carpool to the Lodge on Friday, enjoy a traditional ONC potluck dinner on Saturday, and perhaps head into Sisters for Sunday dinner. Ski options are many—Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and maybe, right out our cabin doors.

Trip limit: 15 participants, including the leader.

Cost: \$185 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$185 check payable to ONC-Portland Chapter to the trip leader: Steve Levy, 5441 SW Nebraska St., Portland, OR 97221. For more info contact Steve 503-244-4262 slevy@pacifier.com.

Jan 18–22, Fri–Tue, MLK Weekend, All Ability Ski Sunriver, OR

Trip full, waiting list available*

MLK Weekend is one of the prime times for skiing in Central Oregon.

More detailed info is available on our website.

Cost: \$135 per person for members; you must be a current ONC member before signing up for this trip.

Send your completed ONC overnight trip application and \$135 check payable to ONC-Portland Chapter to the trip leader: Ann Truax (contact leader for address). For more info contact Ann 503 231-7220 ann.truax@gmail.com.

Jan 25–27, Fri–Sun, All Ability Ski and Soak Belknap Hot Springs, OR

4 spaces available, sign up by Jan. 10*

Belknap Lodge and Hot Springs is located 45 miles east of Springfield on Hwy. 24, on the banks of the roaring McKenzie River. There is great skiing available on McKenzie Pass from the west side, Santiam Y, or at Santiam Pass. After skiing, come back to relax in the hot mineral springs pool at the

***Trip status as of December 21**

www.onc.org/PDX-ONC



On the trails

resort. Accommodations include one large cabin on the McKenzie River with six queen beds in four bedrooms, and a kitchen. We will have a potluck dinner

on Saturday night.

Trip limit: 10 participants, including the leader.

Cost: \$110 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$110 check payable to ONC-Portland Chapter to the leader: Terry Owen, 8770 SW Goldstone Pl., Beaverton, OR 97007. For more info contact Terry 503 590-5825 terryowen@frontier.com.

**Jan 25–27, Fri–Sun, All Ability Ski
Mt. Adams Lodge/Flying L Ranch, WA**

11 spaces available, sign up now*

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC. Saturday night we'll potluck. There are plenty of ski

trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

Trip Limit: 20 participants, including the leader.

Cost: \$160 for members; you must be a current ONC member before signing up for this trip. Includes two nights' lodging and two gourmet breakfasts.

Send your ONC overnight tour application and \$160 check payable to ONC-Portland Chapter to the leader: Donna Matrazzo, 15500L NW Ferry Rd, Slip #14, Portland, OR 97231. For more info contact Donna 503 621-3049 matrazzo@msn.com.

**Jan 28–31, Mon–Thur, All Ability Ski
Summit Cabins, Trillium Basin, Mt. Hood, OR
Trip full, waiting list available***

More detailed info is available on our website.

Cost: \$65 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact Mary 503 245-1618 hepomp8@comcast.net.

**Feb 1–3, Fri–Sun, All Level Ski
Ochoco Mountains, OR**

Trip full, waiting list available*

More detailed info is available on our website.

Cost: \$35 per person for members; you must be a current ONC member before signing up for this trip. This fee covers two nights of lodging.

For more info contact Ted 503 452-7432 teds skier@gmail.com.

**Feb 1–3, Fri–Sun, Intermediate Backcountry Ski
Tilly Jane A-Frame Cabin, Mt. Hood, OR**

Spaces available*

See Jan. 4–6 Tilly Jane trip for full trip description.

**Feb 4–7, Mon–Thur, Intermediate Backcountry
Scottish Lakes, WA**

Trip full, waiting list available*

The Scottish Lakes High Camp is located near Wenatchee, WA.

More details about the trip are listed on the website.

Cost: \$330 per person for members; you must be a current ONC member before signing up for this trip.

For info contact Russ 360 901-3411 russ.bec@gmail.com.

**Feb 7–11, Thur–Mon, All Level Ski
Wallowa Mountains, OR**

Spaces available*

Come spend an extended weekend skiing in the magnificent Wallowa Mountains in eastern Oregon! We have a comfortable house at Wallowa Lake, at the entrance to the Wallowas, for four nights so and can partake in three or four days of skiing.

There are opportunities for all levels of skiing—backcountry skiing, road and trail skiing, and snow shoeing (provided by the resort). Some options are Salt Creek Summit, Hurricane Trail, McCully Trail, and the West Fork Trail. We'll carpool from Portland on Thursday morning or early afternoon, arriving in Joseph in early evening. We'll ski around Wallowa Lake and in the mountains on Friday, Saturday, Sunday, and (possibly) part of Monday, returning to



Powder snow in the Wallowa Mountains

Trudy Hussmann

publicized. A potential leader must follow the procedures for leading a trip as determined by the overnight trip coordinator. Overnight trips are announced in the newsletter or on the website.

2. Overnight trips are limited to members; non-members are invited to join using the application in the monthly newsletter or on the website.

3. All spaces are filled on a first-come, first-served basis. Participants can reserve a place on a trip by mailing or delivering the Overnight Trip Application, payment and self-addressed stamped envelope to the trip leader. Space is not reserved until receipt of required deposit or payment. The date of receipt is the earlier of the postmark date or the date of physical delivery to the trip leader.

4. Participants must provide an email address or a self-addressed, stamped envelope with payment so the leader can easily provide trip information.

5. Other ONC Chapter members are considered members and can go on Portland Chapter trips.

WAITING LIST: If a trip is full, participants can be placed on the waiting list by sending the trip leader an application and trip fee. The application and fee will be held by the leader until a space becomes available; at that time, the participant will be asked if s/he wishes to join the trip. Those not offered a place on the trip receive a full refund.

Trip Cancellation Policy
Notify the trip leader

Continued on sidebar page 8

ASAP if you must cancel, even if it is a shared-cost trip and no deposit has been paid. Trip fees are nonrefundable unless a replacement is found.

The following applies:

1. If the participant desires a refund, they are responsible for finding their own replacement. Check with the trip leader to get a copy of the waiting list; this list can be used to locate a replacement. The participant should cooperate with the trip leader to draw on the waiting list for a replacement member. Once a replacement has been secured, a written or e-mail request for refund must be sent to the Overnight Trip Coordinator. Once it has been confirmed that a replacement participant has paid for the tour, a refund will be issued within 30 days, less \$10.

2. If a replacement is not secured, the participant is accountable for the full cost, and no refund will be issued.

3. If the participant has paid a deposit only, and withdraws from the trip without finding a replacement, the full amount of the deposit is forfeited and no refund will be issued.

Travel Insurance

ONC has made arrangement with TravelGuard for a special travel insurance program for trips, which covers death of a family member, major illness, or injury. It is recommended that members sign up with them at the following site, make their own arrangements for travel insurance, or take personal responsibility for lost funds. www.travelguard.com/agentlink.asp?ta_arc=125858&pcod

Portland on Monday evening. We'll have potluck dinners in the house (large kitchen).

Trip Limit: 7 participants.

Cost: \$130 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$120 check payable to ONC-Portland Chapter to the trip leader: **Kathy Burns, 58324 Wilson Cutoff Rd, Vernonia, OR 97064. For more info contact Kathy 503 429-4024 burnskathryn@gmail.com.**

Feb 8-10, Fri-Sun, All Level Ski Ochoco Mountains II, OR

Trip full, waiting list available*

More detailed info is available on our website.

Cost: \$35 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact Ted 503 452-7432 tedskier@gmail.com.

Feb 14-18, Thur-Mon, Pres' Wknd, All Abilities Ski Methow Valley, WA Family Friendly! 5 spaces available, sign-up by Jan. 10*

For the past three years, ONC member Amy Blumberg and her family have led hugely successful family trips to Trout Lake, WA and Sunriver over MLK and Presidents Day weekends. They're now plotting new adventures for ONC members! Join them for a fun-filled Methow Valley trip over Presidents Day weekend. The fabulous and spacious Bend in the River Lodge in Winthrop, conveniently located close to the Rendez Vous ski trails, will serve as our base for a 4-day, 4-night trip. The Methow Valley offers over 100 miles of groomed cross-country ski trails for all levels as well as sledding, snowshoeing, ice skating and other winter fun. Beginners are welcome! We'll enjoy festive potluck dinners around the lodge's 12 foot oak table.

Methow Valley info: www.mvsta.com/ski.html.

Lodge info: www.abendintheriverlodge.com

NOTE: The Methow Valley is a six to seven hour drive from Portland so you'll probably want to take Thursday and Friday off of school and work before the holiday Monday. This is a family-friendly ski trip, to encourage more families to ski together, we are offering a SPECIAL RATE: **Each adult may bring one child at NO COST!** Additional children are half price.



Kids having fun making tracks

Amy Blumberg

Trip limit: 15 participants, including the leader.

Cost: \$200 per person for adult members; you must be a current ONC member before signing up for this trip. First child with adult member is FREE, additional are \$100 per child. All ONC members are welcome!

Send your ONC overnight trip application and \$200 check payable to ONC-Portland Chapter to the trip leader: **Amy Blumberg, 4232 SW Pendleton St, Portland, OR 97221. For info contact Amy 503 241-2768 ablumberg@comcast.net**

Feb 16-24, Sat-Sun, All Abilities Ski Yellowstone National Park Dream Trip, WY

Trip full, waiting list available*

We'll carpool from Portland on Saturday arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and stay at the historic Mammoth Hot Springs Hotel. On Monday, a snow-coach ride takes us to Old Faithful where we move into western cabins and the Snow Lodge with private baths. There is a wide selection of trails available, from beginning to advanced, something for every desire, three days of skiing among the magnificent geysers and up to the Continental Divide, the Mallard Lake Trail.

Cost: \$725 per person for members; you must be a current ONC member before signing up for this trip. Includes six-nights lodging and breakfasts (three at Mammoth and three at Old Faithful) and snow-coach to Old Faithful and back. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.

For more info contact Ted 503 452-7432 tedskier@gmail.com.

Feb 22-24, Fri-Sun, All Abilities Ski and Soak Breitenbush Hot Springs, OR Spaces available*

Join us for two days of skiing and relaxing at this hot springs retreat. Price includes three organic vegetarian meals a day starting Friday evening and ending Sunday noon (sample, delicious sack lunches



Bob Breivogel

Breitenbush, "lead me to the hot tubs!"

will be provided both days). We'll ski both days either from the hot springs, Maxwell Butte or Santiam Pass.

Trip limit: 10 participants, including the leader.

***Trip status as of December 20**

www.onc.org/PDX-ONC

Cost: \$230 per person for members; you must be a current ONC member before signing up for this trip. Includes two nights lodging and all meals.

Send your ONC overnight trip application and \$230 check payable to ONC-Portland Chapter to the trip leader: Janet Liu, 4305 SW Galeburn St., Portland, OR 97219. For more info contact Janet 503 245-1357 janetliu1@juno.com.

Mar 1–3, Fri–Sun, All Abilities Ski and Snowshoe Crater Lake via Charter Bus

Spaces available, sign-up by Feb. 15*

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC for the big trip at Crater Lake. We'll board the deluxe coach in Portland and proceed down I-5 while sharing in the world famous "Rolling Pot-Luck." The next morning



Crater Lake rim, Wizard Island behind

after a hearty gourmet breakfast at the historic Prospect Hotel we'll take a quick ride to the rim we'll spend the day enjoying the spectacular snow formations and views of the lake

and surrounding mountains while skiing as far as our legs can carry us. Sunday will be another day of different trails, different tours, and more exploring. We can even take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping for a special dinner on the way, arriving back in Portland about 10 pm.

There are two types of accommodations: The Historic Prospect Inn which has one double/queen bed in each room for two people and the adjacent motel-like rooms, which have two or three beds per room, but everyone who wishes can have their own bed. The Historic Inn costs \$15 per person more. Please indicate which you wish.

Trip limit: 40 participants, including the leader.

Cost: \$290 per person in Historic Prospect Inn; \$275 per person in adjacent motel-like building; you must be a current ONC club member before signing up for this trip.

Send your ONC overnight trip application and \$275 or \$290 check payable to ONC-Portland Chapter to the trip leader: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. For more info contact: Ted at 503 452-7432 or tedskier@gmail.com.

Mar 1–3, Fri-Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

Spaces available*

See Jan. 4–6 Tilly Jane trip for full trip description.

Mar 9–12, Sat–Tue / Mar 12–15, Tue–Fri, BC Ski Backcountry Huts near Payette Lake, ID

Spaces available*

The huts are near McCall, ID about a seven-hour drive from Portland. The first and last day is a travel day and/or a break day between two hut trips. The skiing terrain around the Fall Creek Hut (Mar. 10 and 11) is mostly beginner to intermediate backcountry with some steeper sections. The total vertical elevation gain is about 1,200 ft. with slopes ranging from 12 degrees to 30 degrees on mostly open terrain. Around the Twah Creek Hut (Mar. 13 and 14) the slopes range from beginner (10-15 degrees) to expert (35-45 degrees) with some extreme chutes (over 50 degrees) in a bowl. Huts have a wood fired sauna and a composting outhouse. Note: the leader snores.

If there is enough interest, we could go to several other yurts (Alta, WY or Sunriver, ID). They can not be cancel and are quite a bit more expensive.

Trip Limit: 8 participants, including the leader.

Cost: \$60 (for two nights in either hut), \$120 (for four nights in both huts) for members; you must be a current ONC member before signing up for this trip. Includes lodging in the huts. There is the option of having cargo carried to the huts \$50 fee for 60 lbs of cargo. Not included: lodging the night before skiing into the huts and food.

Send your ONC overnight trip application and \$60 or \$120 check (indicate hut or huts that you sign up for) payable to ONC-Portland Chapter to the trip leader: Larry Risch 1511 SW Park Ave, Apt. 1305, Portland, OR 97201 For more info contact Larry 503 227-8486 hikernw@gmail.com

Mar 22–31, Fri–Sun, All Abilities Ski Canadian Rockies Spring Break Ski Trip Assiniboine Lodge Option

Trip full, waiting list available*

We have planned six days of glorious backcountry intermediate level ski touring and groomed X-C trails in the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country.

Trip Limit: 10 participants, including the leader.

Trip Cost: \$400 for members; you must be a current ONC member before signing up for this trip. This cost includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road, meals, shared costs for transportation, and shared costs for groceries to prepare meals and trail lunches in

***Trip status as of December 21**

Discounts for ONC members!

Glenn's

Mountain Tracks in Government Camp next to Huckleberry's Restaurant, offers ONC members group rates on cross-country ski rentals. You must show your membership card. On-line rentals. mnttracks.com

Mountain Shop

628 NE Broadway offers ONC members a 15% discount on cross-country ski rentals. On-line rentals. mountainshop.net

Oregon Mountain Community

2975 NE Sandy offers ONC members a 10% discount on cross-country ski rentals.

Otto's Cross Country Ski & Snowshoe

38716 Pioneer Blvd. in Sandy, has cross-country ski package rental for the entire season.

Wy'East Nordic Ski School

offers ONC members a 10% discount on cross-country ski and telemark lessons. weeastnordic.com

Ski Crater Lake NP in March 2013

Rick Grote



Ted Scheinman



Andrew Black



Canmore. The total cost should be less than \$800.

We have made optional reservations for 3 nights at Assiniboine Lodge, for March 24-27. If you choose the Assiniboine option, which includes two helicopter rides, accommodations and meals at Assiniboine Lodge, the cost could be substantial. Please contact the leader if interested.

For more info contact Ted 503 452-7432

tedskier@gmail.com.

Apr 5-7, Fri-Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR
Spaces available*

See Jan. 4-6 Tilly Jane trip for trip description. ♦

***Trip status as of November 20**

Oregon Nordic Club Overnight Trip Application

TOUR NAME: _____ DATE: _____

FEE / DEPOSIT: _____ **One application per person**

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: _____ ONC MEMBER: yes no* other ONC Chapter

*You must be a current ONC member before signing up for ONC overnight trips

PHONE: (home) _____ (work) _____ (cell) _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance incase of hardship: www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link is on our website) I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE: _____ DATE: _____

(Parent or Guardian must sign if the trip participant is under 18 years of age)

Welcome New Members! Matthew, Christel and Christian Brown 503 724-2694, Meg Chun 541 408-4464, Jeff Dodd 360 573-6965 360 600-7482, William Dewsnap 503 232-4919 503 260-6712, Dory Kanter 503 22 4331 503 309.7512, Steven Hooker 503 804-5333, Jodi Johnson 541 389-9381, John and Sharon Leary 503 236-5475, Mike Klain, April Obern 503 827-7425 503 312-3116, William Pivirotto 503 234-7551 503 504-4068, Janet Putnam and Emily Klain 503 654-7382, Carla Ralston 503 577-1220, Jeanne and Ellie Robin 503 977-5386 503 799-3748, Linda Scronce-Johnson 503 675-5378 503 539-5933, Kathy Shaver 360.573.5176, Hilary Trzynka 503 643-0238 503 680-3704 and Molly Vogt 503 901-5146.

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

December membership report: 228 total members (164 single and 64 family), including 17 new, 15 renewing. Last year at this time there were 162 memberships.

BOARD MEETING MINUTES

December 10, 2012, 7:00 p.m.

Board Members Present: Kim Davis, Andre Fortin, Mary Hepokoski, Elizabeth McLagan, Ted Magnuson, Steve Planchon, and Ann Truax. Ted Scheinman was also present.

Approval of Minutes: November minutes approved as drafted.

Treasurer's Report: About \$7,000 in net income through November 30. Detailed written report provided.

Reports/Discussion/Actions:

Presidents Report: In addition to other information provided in a written report, Mary Hepokoski noted the Russ Pascoe has passed the Tilly Jane administrator role off to Andre Fortin. Mary also noted that monthly meetings of the Chapter will be held in Room 30 of the Multnomah Center for the months of February and March. Finally, Mary reported on her and Ann Truax's attendance of the ONC Board meeting and the news that ONC insurance now includes directors and officers insurance, making it possible for the Portland Chapter to discontinue the policy it purchases on its own.

Day Tours: No significant activity reported.

Overnight Tours: Overnight tour activity is ramping up with the season. Some tours are under-booked. But, if past history is a good indicator of future outcomes, there is no need for concern. Ted Scheinman requested copies of tour leader close-out reports so that he can complete an overall evaluation of the program at the end of the season.

Membership: Mary Hepokoski reported that membership numbers are trending slightly lower than last year.

Nordic Issues: Snow machine use conflicts reported at Hemlock Butte in the Roseburg area. ONC-statewide is assisting on the matter.

Trail Tending: No significant activity reported.

Shelters:

Tilly Jane Annual Forest Service permit signed, consistent with direction provided at the November meeting; awaiting Forest Service signature. Forest Service reservation agent claimed that it deposited \$2,335 more in the Chapter's account than should have been deposited; Tilly Jane Committee is working with the Forest Service and its reservation agent to resolve the matter. Board to adopt use and financial management policies to guide ongoing management of the A-Frame, including policy for free use by Chapter members during the monthly maintenance weekends.

Trillium Yurt Forest Service has purchased the yurt and has invited the Chapter to manage the yurt during the winter seasons, along with a wood shed to be constructed by the Chapter. The Board identified the invitation as an excellent opportunity to engage a new user group in Chapter activities, but needs to gather more information before making a final decision. A Forest Service representative will be invited to the February meeting to discuss the opportunity in more detail.

Publicity: No significant activity reported.

Website: No significant activity reported.

Nominating Committee: Ann Truax, Kim Davis, Ted Magnuson and Ted Scheinman will serve on the nominating committee, with profiles of nominated individuals expected by February 15. The Committee will also be soliciting interest in helping out in other ways, e.g. serving on Chapter committees.

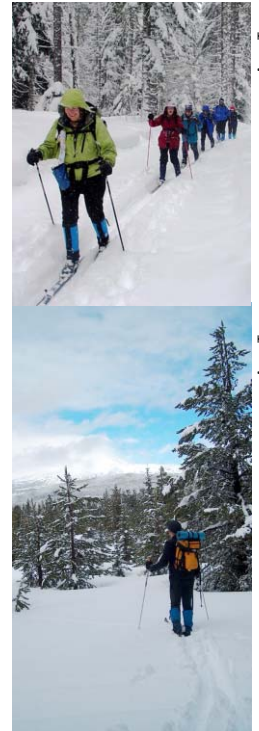
Board: Elizabeth McLagan announced her resignation from the Board, effective April, 2013.

Next Meeting: Monday, January 14, 7:00 p.m. @ Mazamas, 527 SE 43rd, PDX

Meeting Adjourned: 8:45 pm

Submitted By: Steve Planchon, *Secretary*

Flying L Mt. Adams



Ann Truax

Ann Truax

CLASSIFIED ADS

FOR SALE: ► Madshus Megasonic skate skis, 190 cm, for skiers up to 136 lbs. (bought at ski swap by mistake; I am heavier). Brand new, still in plastic wrapper. \$120. Clayton claytonha@yahoo.com.

FOR SALE: ► Women's Karhu Convert II 75 mm cross-country ski boots, sz 8 1/2, Super comfortable, lots of great features. Great for touring and backcountry. Like new condition in original box. \$80 (retail for \$160 new). Amy 503 891-3689 ablumenberg@comcast.net

FOR SALE: ► Women's Rossignol BCX5 NNN boots, black exterior with copper-brown insulation, speed laceup system with zippered outside, velcro strap secures the foot. \$50 OBO. (New \$64 plus shipping from Sierra Trading Post) Christine 503-729-5383 sisu1956@gmail.com

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a MS Word document attachment --preferred-- (with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months.** Please notify editor to run ads longer or be remove earlier.

Monthly meeting and program

Circummountaineering Mt. Rainier

David Burdick and his team circummountaineering Mt. Rainier via skis between 8,000 and 10,000 ft. elevation, in July last year. They started from Paradise under blue skies and traveled counter-clockwise towards Winthrop Glacier traveling roped and Glacier traveling roped and navigating multiple crevasses. A few days later they decided to take a lower route avoiding the crevasses. The group had challenges of thunderstorms throwing lightning and high winds as well as the danger of avalanches, but finished the loop a day later than their planned date.



Multnomah Arts Center
7688 SW Capitol Hwy.

Tuesday, Jan 8 (second Tue.)
6:30 p.m. potluck/social hour
7:30 p.m. meeting /program

Guests are welcome to join club members for the potluck. Bring a food dish to share, along with your own plate, utensils and beverage.

The high route was established as a hike/climb route by Dee Molenaar in 1968. It took his party seven days. The last record of it being accomplished was in 2008.

Upcoming Programs

Feb 5-TBD (in Room 30)
March 5-Hiking in the Sierras (in Rm. 30)
April 2-TBD

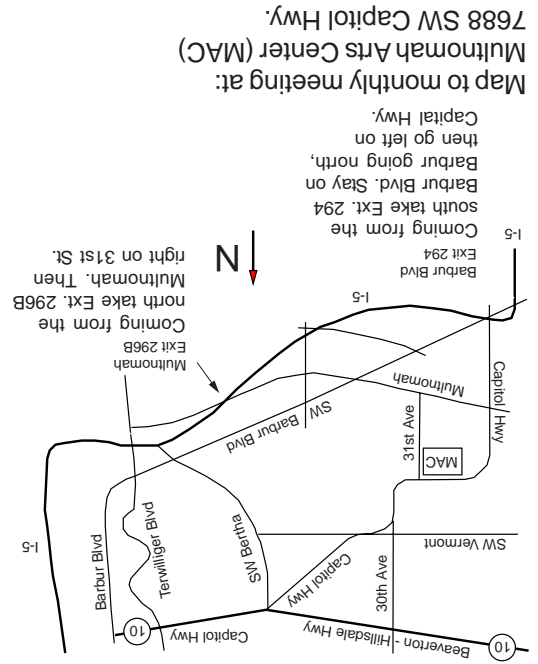
May 7-Friends of the Columbia Gorge



Oregon Nordic Club
P O R T L A N D
C H A P T E R



Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906



Map to monthly meeting at:
Multnomah Arts Center (MAC)
7688 SW Capitol Hwy.