

# New snow and clear skies at Crater Lake

Steve Planchon



**After a frustrating season with little snow, 24 ONC-PDX skiers got lucky** with two wonderful days at Crater Lake, February 28 and March 1. Snow came to the park on Thursday and Friday, with the clouds replaced by sunshine on Saturday and Sunday—our ski days. Yahooooo! We had to contend with some high winds on the first day, but easily got to calm, sheltered skiing throughout the day. And, the second day was as good as it gets—wonderful weather, great snow, good companions, great food, cozy accommodations, and a relaxing bus ride. This really was an exceptional trip, made even more exceptional by the efforts of Shelley Hakanson of Wy'East Nordic who provided many of us with helpful skiing tips, which made our time on the snow even more enjoyable.

Steve Planchon, *Trip Leader*

## Impressions of an ONC-PDX newbie

**Having joined the club in January after a tumultuous** period of widowhood, retirement, house selling and relocating to Portland (from Salem), and having now been on four ONC-PDX trips (Trillium, Scottish Lakes, Crater Lake, and Wallowa Lake), I am pleased to offer my observations for the newsletter.

In no particular order, having now met 64 members and spent 16 or so days on trips, these are my conclusions (for the record, I was the director of a nonprofit state association for 28 years and hence have a keen eye for group dynamics and norms):

▶ This is a welcoming and friendly bunch which makes that known by quiet action versus proselytizing. I have never felt anything but a group willingness to accept and be accepted regardless of skill (or lack of) level.

▶ That respect for others applies to the environment as well and combines an intimate knowledge of outdoor activities with an eagerness to share the same.

▶ One is expected to ask for help if needed, and provide it, if requested. I have received detailed information on a variety of topics (skiing and backpacking tips, exercises, trips with the club and others—especially the Mazamas). I have also loaned socks and underwear to the forgetful, and received first aid; and gentle advice on how to avoid skiing above my current grade.

▶ Trip leaders are a valued and treasured group. After 28 years of herding cats in an association, it is an unmitigated pleasure to turn my fate over to those who have done the prep work and are prepared to assume real leadership if necessary. Also, those on trips have been very compliant—everyone pitches cheerfully in, responds relatively responsively to time constraints, continued on page 3

## 2015 Annual Membership Meeting and Elections

**The Annual Meeting of the** Oregon Nordic Club Portland chapter (ONC-PDX) is on Tuesday, April 7 at the Lucky Labrador Brewing Company, 1945 NW Quimby Street. The evening starts at 6:30 p.m. with the club providing pizza (beverages available \$). The meeting begins at 6:45 p.m. with the introduction of nominees for the 2015-2016 ONC-PDX Board of Directors, followed by balloting. The program begins at 7:30 p.m.; new board members will be announced afterwards.

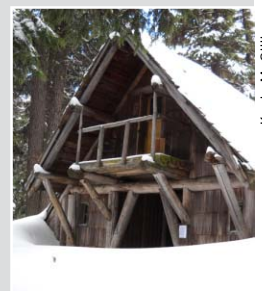
The Nominating Committee offers the following three candidates for the three open positions: Scott Diamond, Mary Hepokoski, and Tim Kral. Candidate statements are on page 4.

Nominations can also be made from the floor at the meeting. If you would like to serve, ask a friend to nominate you or if you know of a member who would serve the club well, obtain their permission and nominate them.

Ann Truax, *Elections' Committee*

## Inside

- 2 Upcoming Events**
- 4 Nordic Issues/News**  
Mt. Hood NF  
Snow in forecast  
**Gifford Pinchot NF**  
No snow on trails  
**Deschutes NF**  
Swampy Lakes Shelter
- 5 Day Tours**
- Overnight Trips**  
Tilly Jane A-Frame
- 7 Classified Ads**  
Buy, Sell, Wanted, Lost and Found



Kevin McGillivray

**Tilly Jane A-Frame Overnight on the east side of Mt. Hood**  
See page 5 for details

## Board Members

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continued on sidebar page 3

## EDITORIAL NOTES

**The deadline for submissions is the 15th of the month** (for the next month's publication).

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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P.O. Box 3906  
Portland, OR 97208

# U P C O M I N G E V E N T S

## April 1 ▶ WEDNESDAY

### First Aid Essentials—What's in Your Kit?

6:30 p.m.–8:00 p.m. Portland REI  
Free! Info/sign-up: rei.com (store events)

## April 2 ▶ THURSDAY

### Ski Mountaineering Basics Part 1

6:00 p.m.–7:00 p.m., The Mountain Shop  
Covers: Appropriate gear selection, managing expectations, and overview of NW backcountry skiing and mountaineering destinations. Instructor: Jeremy Rooper. Info: mountainshop.net

## April 3 ▶ FRIDAY

### “Guardians of the Columbia: Landscape Photography of Adams, Hood and Mt. St. Helens”

Opening reception for a retrospective 1972-2015, by Hood River photographer Darryl Lloyd. Show runs through Sat, April 25. 10 a.m.–8 p.m. Mon–Wed, 10 a.m.–6 p.m. Thur–Sat. Second Story Gallery, Camas Public Library, 625 NE 4th Ave., Camas, WA. 360.834.4692

## April 7 ▶ TUESDAY

### Hiking in Oregon's Deserts

ONC-PDX monthly program  
6:30 p.m.–9:00 p.m. Lucky Lab, 1945 NW Quimby St.



## April 8 ▶ WEDNESDAY

### Spring Hiking: 60 Hikes within 60 Miles of Portland

6:30 p.m.–7:30 p.m. Portland REI  
Free! Info/sign-up: rei.com (store events)

## April 13 ▶ MONDAY

### Chinook Trail Thru Hike

6:30 p.m.–8:00 p.m. Portland REI  
Free! Info/sign-up: rei.com (store events)

## April 16 ▶ THURSDAY

### Ski Mountaineering Basics Part 1

6:00 p.m.–7:00 p.m., The Mountain Shop

Covers: Clothing systems for different personal climates and mountain weather and “Must have” ski touring accessories. Instructor: Jeremy Rooper  
Info: mountainshop.net

## First Aid Essentials—What's in Your Kit?

6:30 p.m.–8:00 p.m. Clackamas REI  
Free! Info/sign-up: rei.com (store events)

## April 21 ▶ TUESDAY

### Thru-Hiking the Pacific Crest Trail

6:30 p.m.–8:00 p.m. Hillsboro REI  
Free! Info/sign-up: rei.com (store events)

## Backpacking Basics

6:30 p.m.–8:30 p.m. Tualatin REI  
Free! Info/sign-up: rei.com (store events)

## April 21–23 ▶ TUESDAY – THURSDAY Banff Mountain Film Festival

7 p.m. Location TBD  
Info: mountainshop.net/event/banff-mountain-film-festival/

Benefits local nonprofit, Adventures Without Limits

## April 24 ▶ FRIDAY

### Community Cycling Center Bike Drive

10:00 a.m.–3:00 p.m. REI stores  
Donate your bike (in good condition); help the Community Cycling Center broaden access to bicycling and its benefits. Donated bikes are refurbished and used for bike safety education programs for under-served youth and adults or sold and proceeds benefit the program. Donors will receive a 20% off REI coupon and other incentives.  
Info: communitycyclingcenter.org/

## Clinics & Training

### May 21–25 THURSDAY – MONDAY 2015 Oregon Spring Camp, Mt. Bachelor

Dates are tentative. Morning sessions on snow, groomed ski sessions, optional afternoon dryland clinics, training plan lecture, video review, optional world-class physiology lab testing ... and more!  
Registration and info: xcoregon.org

## Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains, and in-town.

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ **Discounts at selected merchants (see page 6)**
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day-use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: [www.nwskiers.org](http://www.nwskiers.org) [www.fwsa.org](http://www.fwsa.org) [www.federationofwesternoutdoorclub.org](http://www.federationofwesternoutdoorclub.org)

Memberships are renewed September 1 each year: \$27 for single, \$33 for family/household.  
Info: [oncmembership@gmail.com](mailto:oncmembership@gmail.com)

## PRESIDENT'S SKI TRACKS

### Here I am with nine other nature lovers

enjoying snug cabins at the Wallowa Lake Resort, located on the south end of the lake, surrounded on the east by Mt. Howard and on the west by Chief Joseph Mountain. A herd of nine white-tailed deer amble through the ponderosa-filled yard; they seem to sense when happy hour begins and wait for hors d'oeuvres at our cabins' doors, gently and hopefully flicking their impressive ears. The meals here have been robust: baked salmon, shrimp in alfredo sauce, lasagne, and enchiladas, later topped off by cheese-cake, rhubarb crumble and chocolate ganache.

We've been an active crew, burning off all those calories that we've so gladly consumed. The first sun-drenched day we hiked along the eastern moraine with magnificent views of the lake in all its glory, perfectly reflecting the snow-capped peaks and wind-swept ridges above. The next day some of us went in search of snow on the McCully Creek trail. We found a few skiable patches, alternating with muddy, rocky bits of trail. We reveled in the forest's beauty, the gentle creek's music, and the exhilaration of the mountain air even though the skiing conditions were hardly ideal. On the way back to town, we spent an hour watching a cow giving birth out in the roadside field.

The rest of the group was more realistic and chose to explore the town of Joseph. Serendipitously, they met Gwen Trice, a local historian featured in OPB's "Logger's Daughter," telling the story of a unique logging community, consisting of both African-Americans and whites, in the early 1900s in Wallowa County. She regaled the group with

anecdotes of her childhood in the now non-existent town of Maxville. Currently she is directing her passionate energy into the creation of the Maxville Historic Society.

For our last adventure, we hiked from the resort up the Chief Joseph trail, maneuvered a tricky stream crossing and several downed trees, along a ridge above the lake. Lucky for us, the predicted rain never materialized.

The warmer temperatures and reduced snow pack have even hit Eastern Oregon. (I'm sorry to report the early spring has brought on our least favorite denizens of the forest—ticks!) Most of the group donned hiking boots, not ski boots. Flexibility was in order, so we all thoroughly enjoyed the outdoors, the landscape, and the excellent companionship—in spite of the lack of snow.

What's in store for future ONC-PDX overnight trips? Will we have to go farther afield to find skiable snow? Will we have to arrange trips with hiking alternatives? Will we have to expand our offerings to include more bicycle trips?

In late April, let's address these questions at a training and planning session for overnight trip leaders. At the meeting we will look at the calendar for overnight trips in the 2015-2016 season, brainstorm possible trip locations, learn the nuts and bolts of setting up a trip, make trip proposals, and start actually going through the process of trip planning. If you're a seasoned trip leader or a newbie who has always wanted to lead a trip, please join us at this event. More explicit information will be coming through your email soon. ♦

*Ann Truax, President*

**Impressions of an ONC-PDX newbie** continued from page 1

and is responsible for themselves.

▶ This bunch can cook! While Trader Joe's appears de rigueur for dessert and salad makings, main dishes are personally crafted, appealing, and accommodate a variety of diets.

▶ Members have led rich lives (and continue to), both professionally and personally. They are a joy to visit with and learn from.

▶ Non-motorized movement is paramount—Nordic skiing, snowshoeing, hiking, backpacking, bicycling, kayaking and more are the norm. Members are fit, frugal, and primarily liberal in outlook.

▶ Members read. Most I've met are in at least one book group and everyone brings at least one book to

the trip. In general, they are introverted, but quite willing to converse and share great book advice.

▶ While there are obviously key players in the ONC-PDX group governance, there appears to be very little ego involved—the work is done for the mission, not the spotlight. And there are certainly those who have put in many years in those roles, a key component of a successful organization.

In closing, I would simply add that I feel very fortunate to have found the ONC-PDX and intend to be a lifelong member (I've already volunteered for the Board, an activity most volunteer organizations have difficulty filling over time). As Ann Truax says, "Safe Journeys." ♦

*Tim Kral, Member*

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## DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

continued on sidebar page 5

## NORDIC ISSUES/NEWS

### Volunteers are needed to help with Nordic

Issues—Have some time to track issues (on websites) that affect skiers? To volunteer contact Pam oncnnewsletter@gmail.com

### Mt. Hood National Forest

As the newsletter was going to publication there was snow in the forecast for the 3,500 foot level, but no snow on the Nordic ski trails.

### Gifford Pinchot National Forest

There is no snow on the Nordic ski trails.

### Deschutes National Forest

**Swampy Shelter** The logs for the Swampy Lake Shelter have been cut and peeled, and are drying. Funds are still being raised. The new location required a NEPA study, which is projected to be done sometime during the winter. Construction is due to occur next year around this time or after the snow is gone. ♦

Mitch Auerbach, Diana Hsieh and Kevin McGillivray (Gorge Chapter), *Nordic Issues*, Pam Rigor, *Editor*

## Members can shop at Columbia employee store

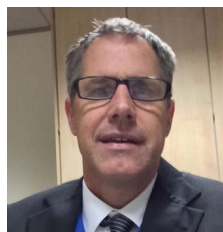
**Columbia Sportswear is going to allow ONC PDX members to shop at the Employee Store** (14100 NW Science Park Dr., off of Hwy. 26) for up to 50% off from April 18 to May 17. More info will be sent out by email. ♦

## Columbia Cascades Trail Skills College

**The 2015 Columbia Cascades Trail Skills College** will be on April 17-19 at Cascade Locks, Oregon. The Pacific Crest Trail Association sponsors this free event that teaches volunteers essential skills in trail construction and maintenance. Instructors for the college include experts and professionals in the fields of recreational construction, trail maintenance and leadership.

A range of classes will be available from basic tread and brushing to cross-cut certification and crew leadership; saw certification will also be available—for ski trail maintenance and firewood cutting (for ski shelters). Learn new skills or refine the ones you have. Beginners and experts alike can benefit from the courses being offered. There is limited space and the classes fill up so register early to get a spot. Info and register for courses: [www.pcta.org/volunteer/trail-skill-college/columbia-cascades/](http://www.pcta.org/volunteer/trail-skill-college/columbia-cascades/) ♦

## 2015-2016 Board nominees



**Scott Diamond** Why run for the board? To be honest, it's because of guilt. I've gotten so much out of this club that I feel I should contribute more back to the club. I've been an avid skier for over 20 years and probably an

ONC-PDX member for at least 10 years. I love the range of this sport from zipping along on a groomed track with ultralight skating skis to schussing down steep slopes with heavy duty telemark gear.

I can't say that I bring any unique attributes to the board (I think we have a strong board already), but I have a passion for skiing, I have strengths in organization and a strong technology bent. In the past I was a race director for the Oregon Road Runners Club so I have some experience working with volunteers and organizing activities. As I view the club, I think we already have a great overnight program. As a board member I'd like to focus on strengthening our day ski offering and using this along with our push in social media to attract new club members.



**Mary Hepokoski** I have served on the ONC-PDX board for four years, the last two years as treasurer. This is a job that I enjoy and if re-elected plan on continuing. Since moving to Oregon in 2006 I have thoroughly

enjoyed participating in a number of the ONC-PDX trips including Yellowstone, Glacier, Scottish Lakes and Norway. I have led a number of day trips, enjoy trail tending and volunteer with the Washington School of the Blind's annual ski at Teacup. Bridge, volunteer tax preparation for AARP, gardening, and traveling to England to see our granddaughters are several of the other activities that I try to find time for.



**Tim Kral** I moved to Portland after retiring in July of last year. Since then I have been looking for like-minded groups to participate with who are active and share similar interests.

Having been on three ONC-PDX trips so far and attending one board meeting, I believe I have found a group I can fully participate with. Hopefully my 35 years in the nonprofit sector will be an asset on the ONC-PDX Board of Directors.

I am a medium level Nordic skier, avid hiker, and in training to climb the Pyrenees this October. I have enjoyed getting to know Nordic club members I have met to date (27 in all) and I am looking forward to the Crater Lake trip. ♦

## DAY TOURS

**Note: if weather or road conditions are dangerous, please confirm tour with the leader.**

**Check website and/or our Meetup site ([www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)) for more tours.**

**Due to lack of snowpack, only one ski trip** is scheduled for April. It may be cancelled if conditions do not improve. Day tours (including hiking and biking) added after the newsletter deadline will be advertised via email and on the website. Check the calendar, forums, and weather conditions on the website ([onc-pdx.org](http://onc-pdx.org)) for up-to-date information.

### April 4, Sat, Wenzel Farm Easter-O Ken Wenzel's farmland, Aloha-Farmington, OR

This orienteering event, sponsored by the Columbia River Orienteering Club, is on Ken's land, a mix of open fields, trees and blackberries. Registration 10:30 a.m.–12:45 p.m. Instruction Clinics 11:00 a.m.–1:00 p.m. as needed. Course starts 11:00 a.m.–1:00 p.m. Courses close 2:00 p.m. Open to public and a fee is charged. Info: [croc.org](http://croc.org)  
This is a non-ONC-PDX event.

### April 12, Sun, Advanced Ski Wy'East Route, Mt. Hood, OR

Let's end this dismal ski season with a bang. Get two weekends' worth of skiing in on one day. We'll set up a car shuttle and then ski from Glacier View Sno-Park (by Ski Bowl) all the way to Pocket Creek. We'll gain about 2,800 feet, drop a little less and cover about 18 miles as we ski some of my favorite trails: Crosstown, Yellowjacket, White River, Bennett Pass, and Meadows Creek Tie Trail. This is an advanced tour both in distance and in technical skiing. (Yellowjacket trail in particular is technically advanced.) Meeting time is 5:30 a.m. This will be a long day with 9+ hours on the snow. This is a non-dog ski. The trip will be cancelled if conditions are poor. **For more info, meeting place, and to confirm attendance, contact the leader: Scott Diamond 503.643.6779 [skiing@scottdiamond.com](mailto:skiing@scottdiamond.com).**

### May 2, Sat, Intermediate Hike Saddle Mountain, Coast Range, OR

This peak, the highest mountain in Northwestern Oregon's coast range, is saddle shaped, hence the name. There are wildflowers in the meadows. If it's clear, we'll have a view of the ocean as well as the Cascades. The hike is 7 miles with 1,900 ft. elevation gain. Bring the 10 essentials, lunch and water. Plan to meet at 8:30 p.m. on the west side of Portland to carpool. **For more info and meeting place contact the leader: Pam Rigor [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com)**

**Common meeting places:** Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2 mile, it's on the right.

## OVERNIGHT TRIPS

### SIGN-UP TIPS

- ◆ Overnight trips are **exclusively for members; join or renew your membership before signing up.** You can now sign up for membership on our website (paper applications mailed to club P.O. Box works too).
- ◆ **Contact the leader with questions.** Do my skills fit the trip? Any special requirements or gear? Travel time?
- ◆ **Read the overnight trip policies** in the sidebar on page 6.
- ◆ **Sign up early** so we'll have enough people to cover trip costs.
- ◆ **If the trip is full, join the waiting list** by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute openings do occur!
- ◆ **Purchase trip insurance** (you are responsible for finding someone to take your place, if you cancel). A link for travel insurance is on the bottom of overnight trip application on the website.

### April 3–5, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available

We'll backcountry ski, snowshoe or hike to the ONC-PDX managed shelter on the east side of Mt. Hood, a three-mile ski with a 1,900 foot elevation gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation.

Andrew Black



Participants carry their own gear, including sleeping bag, pad and food for all meals. We have a wood stove

for heating water. You can also bring your own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical conditioning and navigation skills using map, compass or GPS are required. Climbing skins are mandatory.

Open to all ONC-PDX members and Tilly Jane Cabin volunteers

Cost: Free—an ONC-PDX member benefit. You must be an ONC-PDX member or Tilly Jane volunteer before signing up for this trip.

**To sign up email: [tillyjanecabin@gmail.com](mailto:tillyjanecabin@gmail.com). Your info will be passed on to the trip leader.**

cont. from sidebar page 4  
mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

**Novice Ski Tour**  
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

**Easy Tour**  
**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.  
**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.  
**Hike:** < 8 miles; 200 ft. per mile elevation gain.  
**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate Tour**  
**Ski:** 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.  
**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.  
**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.  
**Backpack:** 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced Tour**  
**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.  
**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace,

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regrouping when necessary.

**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).  
**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

## TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

### Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

### Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

## OVERNIGHT TRIP POLICIES

1. Overnight tour descriptions must be submitted to the overnight tour coordinator to be approved. Once approved, the overnight tour coordinator submits them to the newsletter editor.  
2. Only Oregon Nordic Club members are allowed on Portland ONC overnight tours, even if it is a trip for

continued on sidebar page 7

# Discounts for ONC-PDX members and leaders!

## Columbia Sportswear

**Special for ONC-PDX members: April 18 to May 17 shop at Columbia’s Employee store for up to 50% off.**

911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1 - 11) of 30% discounts. Current membership card required. [columbia.com](http://columbia.com)

## Glenn’s MountainTracks

in Government Camp next to Huckleberry’s Restaurant, offers ONC members group rates on cross-country ski rentals. Current membership card required. On-line rentals. [mnttracks.com](http://mnttracks.com)

## Mountain Hardware

722 SW Taylor Street—15% discount on purchases. Special week (November 1 - 11) of 30% discounts. Current membership card required. [mountainhardware.com/Stores\\_Portland.html](http://mountainhardware.com/Stores_Portland.html)

## Mountain Shop

1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. [mountainshop.net](http://mountainshop.net)

## Oregon Mountain Community

2975 NE Sandy, ONC members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. [omcgear.com](http://omcgear.com)

## Otto’s Ski & Bike Shop

38716 Pioneer Blvd. in Sandy, offers a 15% discount on purchases of ski equipment and apparel. They also have cross-country ski package rental for the entire season. [ottoskishop.com](http://ottoskishop.com)

## Wy’East Nordic Ski School

offers ONC members a 10% discount on cross-country ski and telemark lessons. [wyeastnordic.com](http://wyeastnordic.com) ♦

Trip Cancellation Policy continued from page 7

including contacting people on the waiting list.

7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)

8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.

9. Additional restrictions on participation may apply to some trips based on participant’s ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

### Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found. We recommend that you use trip insurance, through our membership in the Northwest Ski Club Council/National Ski Federation Council. The cost is usually 7% of the trip cost, with a minimum of \$10. This is less than commercial policies.

A link is on the overnight trip application on the web at the bottom.

Where they ask you for tour operator, select “not listed” and indicate that the “ONC” is the tour operator. For agent’s initials, use mine: “TPS.” Read the coverage carefully and make your choice.

For more info contact the Overnight Trip Coordinator Ted Scheinman [tedskier@gmail.com](mailto:tedskier@gmail.com) ♦

## Welcome New Members!

Caroline Kurtz 503.409.2613

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

**March membership report:** 269 total memberships (178 single and 91 family) includes 2 new. Last year at this time there were 258 memberships.

## BOARD MEETING MINUTES

Minutes of ONC-PDX Board Meeting, March 9, 2015, 7:00 p.m., Mazama Mountaineering Center

**Board Members present:** Ann Truax, Susan Watt, Mary Hepokoski, Elke Schoen, Kim Davis, and André Fortin.  
**Club Members present:** Tim Kral

**Minutes for the February meeting were approved**

**President’s Report:** The State Board meeting is March 22nd and will be held in Sisters. Ann can’t go.

**Treasurer’s Report:** Treasurer’s Report for February was submitted and accepted. Mary Hepokoski wants to do a Treasurer’s Report update at a General Meeting. The board agrees with this.

**Website:** No new information. Bill Yaeger was not present to report on.

**Day tours:** No skiing tours have been held this year but there have been hiking trips.

**Overnight trips:** Clarifying the refund policy was discussed and some specific changes in the overnight trip policies were agreed to by the board. In the event of trip cancellations due to no snow, the board discussed a policy for refund to participants. Further discussion on this topic is required and the board postponed a decision. A discussion with the overnight trip coordinator should happen prior to finalizing. The responsibilities of the overnight trip steering committee is under discussion and exploration. Interested club members met, along with Ted Scheinman, on Thursday March 5. The new process is evolving. There will be an overnight trip planning session held in April. The date is Tuesday April 28 and will be at the Mazama's center. Overnight trip leaders present and future will be invited to this. There needs to be a set of skill requirements for new trip leaders and co-leaders. Ted has requested this be done. It could be formulated by the overnight trip steering committee and a recommendation made to the board.

**Membership:** Currently Susan Kelly opens the mail and then contacts three others for each membership. We are changing the process to work with the new website making it much more efficient. As a result, membership forms will go to Bill Yeager who will enter the information into the website database.

**Nordic Issues:** Parking in TriMet Park & Rides may be an issue for skiers who park and carpool from them. Kim Davis is looking into it and what TriMet's policies are.

**Tilly Jane:** It has been normal operations and the cabin has been rented despite the low snow levels. The club weekends continue to be scheduled, but have not been well attended due to the conditions.

**Publicity:** Nothing new to report. REI presentations are finished.

**Old Business:** The election process includes a ballot mailing which Mary Hepokoski did in the past and agreed to do again this year. The mailing should go out in mid-March. Proxy voting is allowed. The election will take place at the April general meeting and Kim will order pizza for it. Ann volunteered desert.

**New Business:** Survey Monkey should be used for trip evaluations with a link on the website. This can be done when a form is developed for it. Volunteers? An Honorarium for Shelly H. was not discussed due to lack of time.

**Next Board meeting April 7, 2015, 7:00 p.m. @ Mazama Mountaineering Center**

Submitted by: **Susan Watt**, *Secretary*

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**which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers.**  
**3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tri-leader. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.**  
**WAITING LIST**  
**4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.**

**Trip Cancellation Policy**  
**5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.**  
**6. Participants are responsible for finding their own replacements,**

continued on page 6

## CLASSIFIED ADS

**TEMPORARY HOUSING WANTED:** ► **ONC Member seeks temporary housing in summer 2015.** Expat teacher returning from overseas employment to the Portland area is looking for temporary housing on a week-to-week basis during July. Needs one furnished bedroom and prefers a private bathroom and access to cooking facilities. Space need not be lavish, but should be clean, safe, and in working order. Responsible, mature, non-smoking individual with no children or pets. Will need parking space for one car. Rent negotiable.

**Christine sisu1956@gmail.com** 6/15

**FOR SALE:** ► **Fischer BCX8 Back-country Ski Boots,** like new, 3 pin, size EU43. **\$75. Mike 503 695-5385** 5/15

**FOR SALE:** ► **Atomic Telepathic Telemark Skis 170cm.** Rottefella bindings (Cost \$75 alone). Skins available too. **\$75 or best offer. Russ russ.bec@gmail dot com** 5/15

**FOR SALE:** ► **Fischer BCX 675 Backcountry Boot** 3-pin compatible and extra ankle support for superior control on turns, size EU 41 (unisex), brand new (worn 1/2 day)). Top-quality boots for ungroomed forest service/backcountry trails. **\$160** (bought for \$200 from Winthrop Mt. Sports, Methow Valley last February)  
**Amy ablumenberg@comcast.net 503.241.2768** 5/15

**WANTED:** ► **Ski Boots** Size 40 European, size 7 men's US three pin boots. Used OK. My old boots are falling apart and my new ones gave me bad blisters. Prefer Trak or Garmont brands but will try anything available.  
**Tere Terexski@gmail.com 503 642-2886** 3/15

**FOR SALE:** ► **Riva Super Loop Tele Bindings** New, never mounted. Lightest tele binding available, great for back country touring and turning. **\$55 OBO.**  
**Russ russ.bec@gmail dot com** 5/15

**FOR SALE:** ► **TUA RAZOR MX Telemark Skis with Rottefella TRP 100 releasable bindings** 190 cm, almost brand new condition, pristine bases! "The Razor MX is for those looking for a shaped, super-sidecut ski designed specifically for telemark — not built for the masses — this is it. The Razor's corpulent 92-64-82 shape is super-sidecut, yet not so extreme as to sacrifice versatility." **\$300** (NOTE: the bindings alone were over \$300 new — this is a \$1000 set-up for \$300!)

**Chris/Amy ablumenberg@comcast.net 503.241.2768** 5/15

**FOR SALE:** ► **Mammut Mt. Vista LTH Hiking/Backpacking Boots** Women's EU size 41 (app US Size 8.5 – 9): Brand new condition (worn on short day hike). Excellent for hiking and backpacking in all weather. Designed for comfortable fit, good for heavy loads and long distance. Comfortable breathable and absorbs moisture Nappa-leather lining, climate control to reduce blisters. Vibram sole. Rolling concept technology, board-asted, rubber toe-cap, women's specific fit.

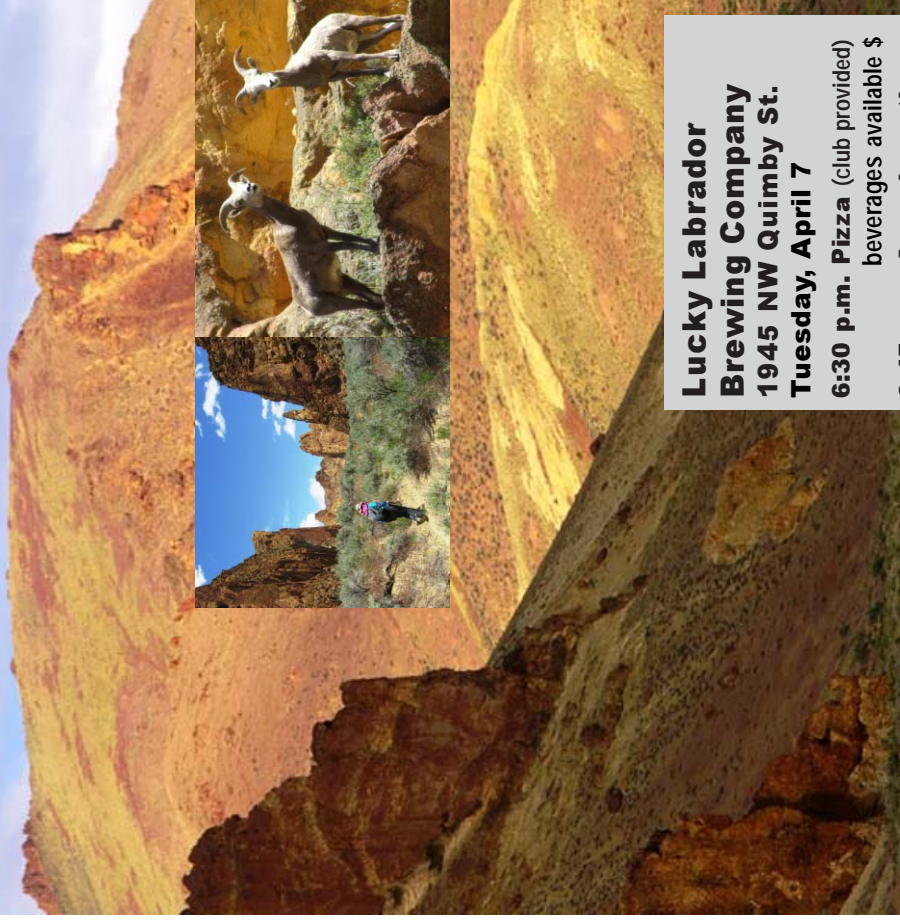
**\$150** (Purchased new for \$200)  
**Amy ablumenberg@comcast.net 503.241.2768** 5/15

**FOUND:** ► **Poles & Rain Chaps** on the Crater Lake bus (sometime the last few years) Poles and rain chaps.  
**Ted tedskier@gmail.com** 5/15

**Deadline: 15th of the month** (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: **oncnewsletter@gmail.com** as a **MS Word document attachment preferred** — (with no formatting i.e., no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be removed earlier.**

# Hiking in Oregon's Deserts

The Owyhee, Leslie Gulch, Steens Mountain, Cottonwood Canyon, John Day Country, Jordan Craters – the season to explore Oregon deserts is upon us. This timely program presented by long-time ONC-PDX club member Steve Levy will introduce us to many of Oregon's natural wonders as seen in the peak of spring and autumn splendor.



**Lucky Labrador  
Brewing Company  
1945 NW Quimby St.  
Tuesday, April 7**  
6:30 p.m. Pizza (club provided)  
beverages available \$  
6:45 p.m. Annual meeting  
& board elections  
7:30 p.m. Program

**Upcoming programs**  
May 5–Traveling Patagonia



Oregon Nordic Club  
**PORTLAND  
CHAPTER**

**Oregon Nordic Club, Inc., Portland Chapter  
P.O. Box 3906  
Portland, OR 97208-3906**

Monthly meeting at:  
Lucky Labrador Brewing Company (1945 NW Quimby St.) is  
located between  
NW 20th Ave. and NW 19 Ave. in Northwest Portland.

