



# Kudos, thanks and salutes to trail tenders!

**A hearty thank you to this year's trail tenders. We had four work parties hewing tree limbs, clearing dead-falls, thinning brush and marking trails with blue diamonds so we can ski more easily this winter. Volunteers are the essence of ONC. Many salutes to these hearty souls who put sweat equity into improving our winter trails and thus our skiing experience. Double thanks to the repeat volunteers: Sam Digard and Mary Hepokoski.**

Mary Hepokoski



Putting up blue diamond arrows

This year's accomplishments include four trails:

Leader Sam Digard and his intrepid crew of Miriam Hammer, Julius Dalzell and Dave Barlow (probably the only non-skiing woodsman) braved suspected zombie misplacement of the trail and cleared much of the Wind River Terminator Trail.

Leader Pam Rigor and the vigorous team of Pat Martinez, Tere Enburg, Barbara Sack and Howard Thompson cleared, marked and brushed the entire Marble Loop from Mt. St. Helen's Marble Mountain Sno-Park.

Leader Sam Digard, Mary Hepokoski and Diana Hsieh continued improving the Wygant Loop and Basin trails in the Cooper Spur area. On the surviving side of the Mt. Hood burn, the Wygant Loop has been a multi-year project to bring to fruition.

Leader Greg Wenneson and the surprisingly large crew of Bill Newman, Barbara Hayman, Mary Hepokoski and her sister from Minnesota, Betsey Schmidt, Pat Deschene, Bill Yaeger and Terry Helland braved the elements on Mt. Hood's Meadows Creek and

Cross Tie Trail. Splitting into two teams, we started at the ends and met in the middle where we provided targets for residents of a ground hornet nest. The threatened heavy rain held off until the last 20 minutes of work. Then we slogged a mile back to the cars.

Unhappy with the condition of your favorite ski trail? Keep your eyes out throughout the ski season for trails needing work—trees or branches across the trail, brush encroaching on the trail and lack of blue diamonds. Send your observations to Greg at [gregwenn@sonic.net](mailto:gregwenn@sonic.net).

◆ Greg Wenneson, *Trail Tending Coordinator*

## Its time for sno-park permits

**Oregon Sno-Parks are not longer valid in Washington so be** sure to purchase a Washington Sno-Park when you go to Wind River, Mt. St. Helens and other Washington sno-parks. They cost \$20 for a day permit or \$40 for an annual pass; vendors add a \$2 handling fee. They are available at two places in Stevenson, WA on the way to Wind River: Skamania County Chamber of Commerce at 167 N.W. 2nd St. and Main Street Convenience at 333 Rock Creek Dr. If you are going to the south side of Mt. St. Helens you can get them in Cougar, WA: Cougar Store-Burhop Inc. at 16842 Lewis River Rd. and at Lakeside 24 Hour Fuel at 16835 Lewis River Rd. The Forest Headquarters 10600 N.E. 51st Circle in Vancouver, WA also has them. Online purchases can be made from this website: <http://www.parks.wa.gov/winter/nonmotorparks/permits/>.

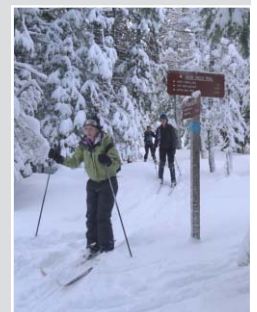
Washingtonians skiing in Oregon will have to buy a Oregon Sno-Park. Permits cost \$4 for a day permit, \$9 for a three consecutive days' permit or \$25 for an annual permit with vendors adding on a service fee. They are available at DMV offices, outdoor stores and other outlets like REI. Info: [www.oregon.gov/ODOT/DMV/pages/vehicle/sno\\_park\\_permits.aspx](http://www.oregon.gov/ODOT/DMV/pages/vehicle/sno_park_permits.aspx). ◆

## Sell your stuff

The Used Equipment Sale will occur at the Ski Fair on December 4, Tuesday at Multnomah Arts Center in Room 30, 6:10–8:45 p.m. Check in gear to sell: 5–6 p.m. Sale: 6:10–8:45 p.m. Pick-up unsold items: 8:45–9:20 p.m. Sale forms on the website with the fair flier. Tags for sale items will be available outside Room 30. ◆

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- 10 Overnight Trip Application Form**



Bob Breivogel

**Celebrate New Years at Black Butte**

See page 7 for details

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### Recruiter(s)—vacant

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## EDITORIAL NOTES

### The deadline for submissions is the 15th of the month (for the next month's publication).

Send submissions to oncnnewsletter@gmail.com as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting.

**Corrections:** e-mail corrections and/or additions to the editor.

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P.O. Box 3906  
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## U P C O M I N G E V E N T S

### Dec 3 ▶ TUESDAY Annual Ski and Winter Sports Fair

Auditorium: 6–9 p.m. Free!  
**Used Equipment Sale**  
Room 30: 6:10–8:45 p.m. Free!  
Check in gear: 5–6 p.m.  
Sale form on the website below fair flier. Multnomah Arts Center, 7688 SW Capitol Hwy.



### Dec 4 ▶ WEDNESDAY Wild and Scenic Film Festival

Hollywood Theatre, NE 41st & Sandy, Doors open at 5:30 p.m. File at 7 p.m.  
Join Willamette Riverkeeper and REI for the 10th Annual Wild & Scenic Film Festival!  
Tickets available at REI Portland \$10.  
Info: [www.Willamette-riverkeeper.org/](http://www.Willamette-riverkeeper.org/)

### Dec 9 ▶ MONDAY

Cross-Country Skiing Basics Class  
REI Portland, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Dec 10 ▶ MONDAY Avalanche Awareness

REI Tualatin, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Cross Country Ski Destinations

REI Hillsboro, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Dec 11 ▶ WEDNESDAY Cross Country Ski Destinations

REI Hillsboro, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Dec 12 ▶ THURSDAY Avalanche Awareness

REI Portland, 6:30–8 p.m.  
Free! Info/sign-up: [rei.com](http://rei.com) (store events)

### Dec 14 ▶ SUNDAY Meissner Nordic Opening Day

Meissner Nordic area near Mt. Bachelor, 10 a.m.  
Get a look at the new Piston Bully Groomer, waxing and training tips, enter a raffle, and enjoy videos and

## Clinics & Training

### Dec 12 ▶ THUR Jan ▶ SATS & SUNS Mazamas Nordic Ski School

Beginning, Intermediate, Advanced and Nordic Downhill classes offered during four weekends in January. Applications due Dec. 3. Mandatory Student Orientation Night Dec. 12. Info and applications: [www.mazamas.org](http://www.mazamas.org) (Education)

### Jan 27 ▶ MON Feb ▶ SATS AND SUNS ONC Ski Clinic/Free Snow Sessions

Clinic Jan. 27, 6:30–8:45 p.m. in Portland. \$20. ONC-PDX membership required. On-snow sessions, free for ONC members who attend the clinic: two options, either Saturdays, Feb. 1 and 8 or Sundays, Feb. 2 and 9. Application are posted on website. Info: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com)

## Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Rental discounts at selected merchants
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day-use, overnight and meals
- ▶ Free Tilly Jane weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: [www.nwskiers.org](http://www.nwskiers.org) [www.fwsa.org](http://www.fwsa.org) [www.federationofwesternoutdoorclub.org](http://www.federationofwesternoutdoorclub.org)

**Memberships are renewed September 1st each year, \$27 for single, \$33 for family/ household. Info: [membership@onc.org](mailto:membership@onc.org)**

### Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and back-country skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

## ONC board gave thanks

The board recognized club volunteers at the November 5 general meeting. A cake decorated with



ONC hats and patch

a skier served as desert after the potluck. The board acknowledged volunteers and gave out hats, patches and T-shirt.

## PRESIDENT'S SKI TRACKS

The first fall of snow is not only an event, it is a magical event. You go to bed in one kind of a world and wake up in another quite different, and if this is not enchantment then where is it to be found?

*J. B. Priestley*

**Snow does indeed take us into an enchanted world.** It's a portal back to childhood memories and feelings of delight that are beyond words. People who love snow know what I'm talking about: fresh ski tracks through a glistening, white forest, ravens hovering above the trees, animal prints crossing the snow that tell stories of rabbits, foxes, even a mountain lion, peaceful exhilaration, cold, pure air...

Right now (mid-November), we're on the cusp of the snow season. Will there be enough snow this weekend for skiing? We check the ski reports. We think about putting on traction tires. We wax our skis if we're really ambitious.

The Nordic Club has been gearing up as well. We've been planning, organizing, publicizing, and strategizing. Ted Scheinman, Kim Davis, Julius Dalzell, Mary Hepokoski, and Susan Kelly have been promoting the club at various venues: The Mountain Shop, REI, "Ski Fever" at the Expo Center, and the Northwest Ski Club Council's Ski Fair. Pam Rigor has been creating excellent, informative newsletters and setting up December's ski swap. Steve Planchon, Mary Hepokoski and I have been expanding the hunt for willing day tour leaders. Plans are well underway for the on-the snow leadership training with Shelley Hakanson on Dec. 14 — with 34 people signed up. Our hope is that the cadre of tour leaders will grow, feel more confident about guiding less experienced skiers along the ski trails, have fun and be safe.

Just a reminder for wannabe day tour leaders/volunteers: there are perks! The club will reimburse your Oregon Sno-Park pass if you lead two day tours. If you wish to enroll in an Orienteering class or Avalanche class through the Mazamas, ONC will reimburse you for 50% of the class fee (the Mazamas' rate) if you lead two ski tours. You will receive a cool hat with an ONC emblem (see photo) for volunteering for the club. You will get to eat cake at our annual volunteer recognition night. We honored 41 members at our most recent volunteer recognition night for performing numerous tasks: leading tours, stocking wood at the Tilly Jane A-Frame cabin, maintaining ski trails, helping with mailings, handling new membership applications, keeping track of membership records, and more.) Volunteers make this club, so give back and enjoy the satisfaction of sharing your talents and passion for skiing with others!

◆  
*Ann Truax, President*

## NORDIC ISSUES

### **Mt. Hood National Forest**

#### **Mt. Hood Multimodal Transportation Plan**

**Update** Final planning for the Mt. Hood Multimodal Transportation Plan (MHMTTP) is in the works. A survey covering a list of projects in the plan that was done in mid August has been compiled helped the MHMTTP's Project Leadership Group (PLG). It helped (PLG), comprised of decision-makers from the Oregon Department of Transportation, Clackamas County, Hood River County and the Mt. Hood National Forest identify project priorities. Over 2,200 people responded to the survey.

Two items, a Transportation Management Association (TMA) for the US 26/OR 35 corridor and additional transit park-and-ride facilities, were picked out for more analysis and discussion, which will occur through Dec..

In the meantime, the Project Management Team (PMT) is striving to determine which projects can be implemented in the short-term, without too much expense in the next five years.

#### **MHMTTP's Project Leadership Group (PLG) to**

**meet** The group will meet on Thursday, Dec. 19, 3 pm-4:30 p.m., at ODOT Region 1 Headquarters, 123 NW Flanders St., Portland OR 97209, Conference Room A/B. This meeting is open to the public. Meeting materials will be posted on the website prior to the meeting. Projects identified for early completion will be confirmed by the PLG. The TMA and park-and-ride concepts will also be considered. The final version of the MHMTTP is expected to be completed by the end of January.

Contact: Mike Mason, ODOT Project Manager  
503.731.8246 michael.w.mason@odot.state.or.us

#### **Gifford Pinchot National Forest**

##### **Reduced Snowplowing on Wind River Road**

Justin Ewer, Mt. Adams Ranger District recreation planner, is predicting less snowplowing of the Wind River Road this winter, due to Skamania County receiving less federal Title II (in lieu of timber receipts) funds. The trail grooming is planned to occur on Thursday nights. Updated recreation conditions: <http://www.fs.usda.gov/recmain/mountsthelens/recreation#cond>

**New Climbing Route** According to the latest list of proposed projects, a new climbing route on the north side of Mt. St. Helens will be identified, which would offer views into the crater. No new trail construction would be involved. A limited number of guided climbs on the new route would be offered by the Mt. St. Helens Institute.

**Winter Partnership Meeting** The annual Gifford Pinchot winter partnership meeting is scheduled for December 11 in Stevenson. Stay tuned for any new issues that come out of the meeting.

◆  
*Diana Hsieh and Kevin McGillivray, Nordic Issues, Pam Rigor, Editor*

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## DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions.

Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

**Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

## TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

continued on sidebar page 5

# DAY TOURS

**Note: if weather or road conditions are dangerous, please confirm tour with the leader.**

**Check the ONC's website and/or our meetup site ([www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter](http://www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter)) for last minute tours.**

**Dec 4, Wed, Easy/Intermediate Ski**

**Location TBD, Mt. Hood, OR**

Come join our group for a Wednesday activity. The trail will depend on the snow conditions; we'll ski where the snow is good! Meet at McMenamin's Edgefield West parking lot at 9 a.m. to carpool. **For more info contact the leader: Terry Owen 503 590-5825.**

**Dec 7, Sat, Easy/Intermediate Ski**

**Bennett Pass, Mt. Hood, OR**

Lets get out for a first ski of the season going four to five miles round-trip on easy to moderate terrain along the Bennett Ridge Trail. Bring lunch. Meet at McMenamin's Edgefield West parking lot for an 8:30 a.m. carpool departure. **For more info and to RSVP contact the leader: Mike Dianich 503 695-5385.**

**Dec 11, Wed, Easy/Intermediate Ski**

**Location TBD, Mt. Hood, OR**

We'll go where the snow is good. Pace will be moderate as it is early in the season, we'll try to find a fun trail with a variety of terrain. In case we go to Teacup please bring a \$10 donation to contribute for the grooming, which is managed by volunteers from the Teacup Chapter of ONC. Meet at McMenamin's Edgefield West parking lot for a 9 a.m. carpool departure. **For more info contact the leader (call no later than Monday night): Tere Enburg 503 642-2886.**

**Dec 12, Thur, Easy In-town Christmas Ships Party & Walk Esplanade along Willamette River, Portland**

Join me for cookies and hot drinks before we stroll along the river in the evening. The Christmas ships will be on the river as we gather for a Xmas Party then go for a walk enjoying the city lights. Dress for the weather and bring cookies or treats to share and your own cup. The ship's schedule is weather dependent. Plan to meet at 6:30 p.m. **For more info and meeting place contact the leader: Pam Rigor 503 297-4284.**



Bob Breivogel

**Dec 15, Sun, Intermediate Ski GPS practice tour**  
**Palmeteer Overlook, Mt. Hood, OR**

Do you have a GPS device but have never had a chance to become proficient with it? Do you know how to follow GPS Tracks on a ski tour? Do you feel confident that you could use your GPS to get back home in a white out using the GPS Track back? Join co-leaders Bill, Greg and Tony for a practice session before the ski season really takes off.

**Common meeting places:** Gateway Transit Center NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center—NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield—2126 SW Halsey Take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (first stop light) turn left, go 1/2-mile; it's on the right.

We'll provide a GPS track (the pre-trip homework is to load the track into your GPS beforehand) from Barlow Pass Sno-Park to Palmeteer Overlook. Depending on conditions and the group we may make a loop back via the Twin Lakes. We'll either hike or ski (depending on conditions) following the track. **For more info, meeting place and time contact the leaders: Tony Ackerman [tonyackerman@comcast.net](mailto:tonyackerman@comcast.net), Bill Yeager [w.yaeger@comcast.net](mailto:w.yaeger@comcast.net) or Greg Wenneson [gregwenn@sonic.net](mailto:gregwenn@sonic.net).**

**Dec 15, Sun, Easy Ski**

**Dec 20, Fri, Floating Christmas Caroling and Party**  
**Hayden Island, North Portland Harbor**

Sing the season's cheer and decorate your boat if you like. We'll paddle the North Portland Harbor entertaining the occupants of the floating homes. There will be plenty of parties since the Christmas Ships will be cruising the harbor.

Bring warm clothes, PFD's, headlights or flashlights and any musical instruments. Good singing voice not necessary, just volume! You must ferry your boat in moving water and paddle against the

current to return. Song sheets provide. Alder Creek Kayak & Canoe has rental kayaks and canoes—make reservations with them. Check with trip coordinator for availability of paddling partners to fill your tandem canoe or double kayak or if you need a place in a boat. For more info and to confirm your participation contact: Russ Pascoe [russ.bec@gmail.com](mailto:russ.bec@gmail.com)

**When and Where:** Meet behind Alder Creek Kayak & Canoe on Hayden Island. **6 p.m.**. Drive early as Fri. eve on I-5 is busy.

**Post Paddle Festivities:** Bring your favorite Christmas treats and libations! Alder Creek will stay open so we have a warm place to gather after paddling.

**History:** Its the 18th anniversary of this event with only two cancellations, both due to wind. Some river god celebrates Christmas with us.

If you are not a member of Oregon Kayak and Canoe Club, Lower Columbia Canoe Club or Oregon Nordic Club you need to sign a waiver. No fees for the event.



Kathy Jamespon

**Location TBD**

I can lead a novice to intermediate trip on any of the last three Sundays in December (15, 22, 29) and would like to team up with an assistant leader to determine date, level and place. **For more info please contact the leaders: Mary Vogel 503 245-7858**

**Dec 18, Wed, Easy/Intermediate Ski**

**Location TBD, Mt. Hood, OR**

Come join our group for a Wednesday activity. The trail will depend on the snow conditions; we'll ski where the snow is good! Meet at McMenamin's Edgefield in the

West parking lot at 9 a.m. to carpool. **For more info contact the leaders: Russ Pascoe and Becky McClain 360-993-5259 russ.bec@gmail.com.**

**Dec 21, Sat, Easy/Intermediate Ski Snow Bunny, Mt. Hood, OR**

Join me for a four to five mile round-trip ski on easy to moderate terrain along the Snow Bunny and Whiteway Trails. Bring lunch. Meet at McMenamin's Edgefield, west parking lot for an 8:30 a.m. carpool departure. **For more info and to RSVP contact the leader: Mike Dianich, 503 695-5385.**

**Dec 22, Sun, Easy Ski Pocket Creek or Teacup, Mt. Hood, OR**

We will ski on the Pocket Creek trail, conditions permitting; otherwise we will go to Teacup. Please bring a \$10 donation to contribute for the grooming, which is managed by volunteers from the Teacup Chapter of ONC. Pocket Creek is a wide, gentle road, which has views of the East Fork Hood River valley and Mt. Hood. It will be an out-and-back of three to five miles with the group deciding far they want to go—turning back when we're ready for an easy descent. Meet at Gateway Transit Center parking garage at 8:20 a.m. to carpool with a planned 8:30 a.m. departure. **For more info contact the leader: Mary Hepokoski 503 245-1618 503 442-0620 cell hepomp8@comcast.net.**

**Dec 28, Sat, Easy Ski Pocket Creek or Bennett Pass, Mt. Hood, OR**

Join me for an easy tour; we'll go where the conditions are good on mostly level trails with occasional gentle hills for five to six miles. As a backup plan, we could go to Teacup's groomed trails; please bring a \$10 donation to contribute for the grooming, which is managed by volunteers from the Teacup Chapter of ONC. We'll ski on mostly level trails with occasional gentle hills for five to six miles. **For more info contact the leader: Ann Truax 503 756-8891.** ♦

## Wind River 2013-2014 grooming schedule

Gifford Pinchot National Forest announced on their website that they will be grooming once a week on Thursday nights in the Wind River area. For more info check their website

<http://www.parks.wa.gov/winter/trails/>

?TrailType=nonmotorized&Region=5

 ♦

## ONC-PDX photo site

Do you have photos of our overnight trips or day tours? Send them to Terry to be posted on our photo site so all club members can enjoy them. The link to our photo site is on our website.

Send photos to [terryowen@frontier.com](mailto:terryowen@frontier.com) as an attachment—5 x 7 inches, 768 x 1024 is a good size to send. Contact Terry for further info about how to send the photos. Thanks! ♦

## NEWS FROM THE CABIN

### ... the Tilly Jane A-Frame cabin located on the East side of Mt. Hood within the Cloud Cap historic district

The best laid plans don't always work out... there were lots of plans for the cabin during the summer drive up season, but the Cloud Cap road was closed due to danger from (falling) dead trees from in the Gnarl Ridge fire five years ago. Their removal through a special emergency tree removal contract was delayed; the work hasn't been completed as of this writing. Depending on their removal road access may remain closed into next year's drive up season.

The Forest Service made an exception and allowed us to drive the road for a work weekend on July 27. Roughly nine people attended. Accomplishments included:

▶ A good first pass on placing blue diamonds (trail marking) on the Tilly Jane Ski Trail. We'll finish next year!

▶ Finished the remaining painting from last season. The doors and the sleeping loft stairwell were painted.

▶ Coordinated two contractors' review of the cabin's structure. The good news, while there's extensive rot with the exterior support beams and other aspects, the structure was well built and remains in OK shape. A few issues with the roof were identified.

**Reservation process change** Overall, reservations were down during the drive up season, which was due to the road closure. One change to the Reserve America reservation process was made. This season, you will be required to reserve two spots per reservation transaction. This was done for several reasons—from a winter travel safety perspective, we do not want to encourage solo backcountry travel. To be safe, travel with a buddy during winter conditions! Secondly this will limit the number of parties that can make a reservation. Cabin capacity remains at 20 individuals per night. This means that you could now have up to 10 different parties of two people per party. We'll continue to monitor cabin usage and capacity. We realize that the cabin is pretty "tight" with 20 individuals.

**Cabin finances** Gross rental income for 2013 was—\$9330, expenses—\$2684, which includes the

mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

**Novice Ski Tour** These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

**Easy Tour**  
**Ski:** 4–6 miles over gentle terrain at a pace comfortable for all participants.  
**Bike:** Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.

**Hike:** < 8 miles; 200 ft. per mile elevation gain.  
**Backpack:** < 5 miles/day; 200 ft. per mile elevation gain.

**Intermediate Tour**  
**Ski:** 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

**Bike:** Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.

**Hike:** 8–10 miles; 200 to 400 ft. per mile elev. gain.  
**Backpack:** 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

**Advanced Tour**  
**Ski:** > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

**Bike:** Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace, regrouping when necessary.

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**Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

**Backpack:** > 7 miles/day; 400–600 ft./mile elevation gain.

## TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

## Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

## Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

## OVERNIGHT TRIP POLICIES

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be publicized. A potential leader must follow the procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be

continued on page 7

News from the cabin continued from page 5

wood supply and delivery plus estimated roof repairs of \$500 (I’m still waiting for the invoice). We had some larger expenses this year including the purchase of a storage locker and a new wood cart. As of the September financials the Tilly Jane bank account is at \$15,982.00 Again, all monies will be used solely for cabin restorations and operations.

**Thanks to volunteers** Finally, as I was outlining above, the best laid plans don’t always play out... we encountered some crazy stuff that caused the annual fall wood haul work party to be postponed too. This time it was due to a combination of the Federal shutdown and unexpected early season SNOW! The work party originally scheduled for October 5 and had to be pushed out to Oct 12. This was incredibly stressful as we had over 40 people RSVPed for that work weekend! I was thinking that hauling and stacking the wood would be a breeze with this kind of turnout! Well, we like excitement and that’s what we got! After many e-mails and cajoling, YOU ANSWERED THE CALL. We had roughly 35 people come together for the rescheduled event and GOT IT DONE! To the volunteers... you know who you are... WE ALL OWE YOU OUR GRATITUDE. Without your help, support and hard work, the cabin wouldn’t be open for the 2014 winter season. The fall work party accomplishments include:

▶ Hauling and stacking five cords of wood. Plus helping the Guard Station put up another four cords. This was an amazing feat because the first 4.5 cords were dumped at the “Y” intersection about a quarter mile from the Tilly Jane campground due to snow on the ground. We had two teams. The car team who brought it from the Y to the campground and unloaded it. The second team then carted it over to the A-Frame where it was stacked in the alcove. I was truly amazed! I’ve never seen the cabin so well stocked with wood! We are looking good on that front.

▶ The roof cap was repaired. This will give us a few more years before more extensive repairs are needed. We’ll be evaluating some additional minor roof repairs next summer.

▶ Toilet closure. We’ve officially “closed” the left side facility and moved over to the right side. This is still a short term solution (three to four years) while a long term solution is reviewed. You can help by not dumping garbage in the newly opened side and using the pit toilet located over at the Tilly Jane

campground, if possible. The less use it gets the more time we buy in coming up with the funding and a long term, on-site solution.

▶ Finally, we installed a new locker to house maintenance supplies and gear. While the bottom two cubbies are designated as ONC storage units, you are free to use the other four during your stays. Please do not place personal locks as they WILL BE REMOVED.

Overall, we had a successful off season and the cabin is ready for you and everyone to enjoy! Make your reservations early, weekends are filling up.



Kevin McGillivray

Tilly Jane under snow

This has been an encouraging year. We’re getting some traction around volunteers and people taking an interest in the cabin. My first goal has been to get people to show up for work weekends. While the midsummer event was sparsely attended, we had a VERY good turnout for the fall event. This is a step in the right direction. If you planned on attending but the reschedule got in your way, thank you. Please plan on attending next year’s events. We’ll have two, one mid-summer and the other in the fall. If you use the cabin and haven’t considered volunteering, plan on helping next year! The cabin won’t be available if we, as the user community, don’t give back. This is the only structure on the mountain open to anyone and everyone, 365 DAYS A YEAR! Let’s do our part to keep it going!

**Get involved** Finally, are you interested in getting more involved? Please e-mail

TillyJaneCabin@gmail.com with areas of interest. Time commitments are minimal and every little bit helps. Tilly’s a very special place and deserves to be maintained and IMPROVED! If we don’t do it, no one will!

André Fortin, Tilly Jane and Board Member

# OVERNIGHT TRIPS

## SIGN-UP TIPS

- ◆ Our overnight trips are exclusively for members: join or renew your membership before signing up. Membership applications available on our website (mail to club P.O. Box not to the leaders).
- ◆ Contact the leader with any questions you have. Do my skills fit the skiing conditions? Any special requirements or gear? Travel time?
- ◆ Read the overnight trip policies (see sidebars)!
- ◆ Sign up early so we'll have enough people cover trip costs.
- ◆ To sign up: fill out an overnight trip application and mail it with your trip fee to the trip leader.
- ◆ If the trip is full and you still want to go? Join the waiting list: send your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute opening do occur!
- ◆ Purchase trip insurance (you are responsible for finding someone to take your place if you cancel). A link to sign-up for travel insurance will be on the overnight trip application form on the web or contact the trip leader or Overnight Trip Coordinator; they'll send you the link.

### Dec 6-7, Fri-Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR **Spaces available\***

We'll backcountry ski to the ONC managed shelter on East side of Mt. Hood, a 3.5 mile ski with a 1,900-foot gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation.

Participants carry their own gear, including sleeping bags, pad and food for dinner, lunch and breakfasts. We have a wood stove for cooking meals or heating water. Participants can also bring their own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical condition and navigate skills using map, compass or GPS. Climbing skins are required.

**Cost: Free** (a \$15 dollar check is required to hold your space. If you cancel, the check will be cashed and donated to the Tilly Jane cabin). You must be an ONC member before signing up for this trip.

For more info contact: TillyJaneCabin@gmail.com.

### Dec 26-31, Thur-Tues, All Ability Skate/Track Ski Methow Valley, WA — Groomed Trail Wonderland **Trip full, 4 on waiting list\***

See website for full description.

For more info text or email Sam 360 910-1714 sam.digard@gmail.com.

### Dec 28-Jan 1, Sat-Wed, All Ability Ski New Year's at Black Butte, OR **Spaces available\***

We'll ring in the New Year with four days of skiing in Central Oregon's Black Butte Resort near Sisters. Santiam Pass at 4,817 ft. is about 12 miles away with lots of ski loops and warming shelters. The Camp Sherman area, nearby, has skiing along the Metolius, to the river's headwaters or up Black Butte. The Three Creeks area

Bob Breivogel



Skiing at the Three Creeks area out of Sisters, OR

near Sisters offers more choices and a view of the pole creek area that burned a few years ago (it missed the shelter and we ski on the edge of it). Sharing great food at our potluck dinner parties in the large house will top off the day. The hot tub and swimming pool is a walk away at the Glaze Meadow recreation center. The New Years dinner and party are not to be missed! Sign up early to get your

spot on this trip.

**Trip limit: 10 participants (includes the leader).**  
**Cost: \$200 (estimated) per person for members; you must be a current ONC member before signing up for this trip. Includes four nights' lodging.**

Send your ONC overnight tour application and check payable to ONC-Portland Chapter to the leader: Pam Rigor, PO Box 6403, Portland, OR 97228-6403. For more info contact Pam 503 297-4284 oncnnewsletter@gmail.com.

### Jan 3-4, Fri-Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR **Spaces available\***

See Dec 6-7 trip for full description and sign up info.

### Jan 10-12, Fri-Sun, All Abilities Ski Ochoco Mountains, OR Trip 1 **Trip full, 9 on waiting\***

See website for full description.

For more info contact John 503 867-6048.

### Jan 17-20 (MLK weekend), All Ability Ski Lake Creek Lodge, Camp Sherman, OR **Trip full, waiting list available\***

See website for full description.

For more info contact Steve 503-244-4262 slevy@pacifier.com

### Jan 17-20, Fri-Mon (MLK Weekend), All Ability Ski Sunriver, OR **One space available\***

Enjoy Sunriver over MLK Weekend. The snow in Central Oregon is known to be powdery, plentiful and dry. See website for full description.

**Trip limit: 8 participants (includes the leader).**

**Cost: \$185 per person for members; you must be a current ONC member before signing up for this trip.**

For info contact Ann 503-756-8891 or email ann.truax@gmail.com.

publicized. A potential leader must follow the procedures for leading a trip as determined by the overnight trip coordinator. Overnight trips are announced in the newsletter or on the website.

2. Overnight trips are limited to members; non-members are invited to join using the application in the monthly newsletter or on the website.

3. All spaces are filled on a first-come, first-served basis. Participants can reserve a place on a trip by mailing or delivering the Overnight Trip Application, payment and self-addressed stamped envelope to the trip leader. Space is not reserved until receipt of required deposit or payment. The date of receipt is the earlier of the postmark date or the date of physical delivery to the trip leader.

4. Participants must provide an email address or a self-addressed, stamped envelope with payment so the leader can easily provide trip information.

5. Other ONC Chapter members are considered members and can go on Portland Chapter trips.

**WAITING LIST:** If a trip is full, participants can be placed on the waiting list by sending the trip leader an application and trip fee. The application and fee will be held by the leader until a space becomes available; at that time, the participant will be asked if s/he wishes to join the trip. Those not offered a place on the trip receive a full refund.

**Trip Cancellation Policy**  
Notify the trip leader

continued on page 8

## \*Trip status as of November 19

Oregon Nordic Club Portland Chapter

ASAP if you must cancel, even if it is a shared-cost trip and no deposit has been paid. Trip fees are nonrefundable unless a replacement is found.

The following applies:

1. If the participant desires a refund, they are responsible for finding their own replacement. Check with the trip leader to get a copy of the waiting list; this list can be used to locate a replacement. The participant should cooperate with the trip leader to draw on the waiting list for a replacement member. Once a replacement has been secured, a written or e-mail request for refund must be sent to the Overnight Trip Coordinator. Once it has been confirmed that a replacement participant has paid for the tour, a refund will be issued within 30 days, less \$10.
2. If a replacement is not secured, the participant is accountable for the full cost, and no refund will be issued.
3. If the participant has paid a deposit only, and withdraws from the trip without finding a replacement, the full amount of the deposit is forfeited and no refund will be issued.

#### Travel Insurance

ONC has made arrangement with TravelGuard for a special travel insurance program for trips, which covers death of a family member, major illness, or injury. It is recommended that members sign up with them at the following site, make their own arrangements for travel insurance, or take personal responsibility for lost funds. [www.travelguard.com/agentlink.asp?arc=12588&prod](http://www.travelguard.com/agentlink.asp?arc=12588&prod) (this link on our website) ◆

### Jan 24–26, Fri–Sun, All Ability Ski Mt. Adams Lodge at the Flying L Ranch, WA Spaces available\*

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC.

Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

**Trip Limit: 19 participants.**

**Cost: \$160 for members; you must be a current ONC member before signing up for this trip. Includes two nights' lodging and two gourmet breakfasts.**

Send your ONC overnight tour application and check payable to ONC-Portland Chapter to the leader: Donna Matrazzo, 15500L NW Ferry Rd, Portland, OR 97231. For more info contact Donna 503 621-3049 [matrazzo@msn.com](mailto:matrazzo@msn.com).

### Jan 27–30, Mon–Thur, All Ability Ski Summit Meadow Cabins, Trillium, Mt. Hood OR One space available\*

Ski many of Hood's trails without having to drive down the mountain at the end of the day.

See website for full description.

**Trip Limit: 10 participants (includes leader)**

**Cost: \$70 per person for members; you must be a current ONC member before signing up for this trip.**

Send an ONC overnight tour application along with your check for \$70 payable to ONC to the leader: Mary Hepokoski, 5425 SW Alta Mira Cir, Portland OR 97239. For more info contact Mary 503-245-1618 or [hepomp8@comcast.net](mailto:hepomp8@comcast.net).

### Feb 2–6, Sun–Thur, Intermediate Backcountry Scottish Lakes, WA One space available\*

Join us for a midweek trip up at Scottish Lakes High Camp located near Wenatchee, WA, just east of the Alpine Lakes Wilderness area. High Camp is the gateway to spectacular scenery and terrain in Washington's Central Cascades. Info: [www.scottishlakes.com](http://www.scottishlakes.com) and <http://www.anewoutdoors.com/TripReports/ScottishLakes06.html>.

See website for full description.

**Trip limit: 15 participants.**

**Cost: \$330 (estimated) per person for members; you must be a current ONC member before signing up for this trip. Not included is motel for Sunday.**

Send your ONC overnight trip application and check payable to ONC-Portland Chapter to the trip leader: Russ Pascoe, 400 E 22nd Street, Vancouver, WA 98663-3205. For info contact Russ 360 901-3411 [russ.bec@gmail.com](mailto:russ.bec@gmail.com).

### Feb 7–8, Fri–Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available\*



The Flying L skier gang

Peggy Macko

See Dec 6–7 trip for full description and sign up info.

### Feb 7–9, Fri–Sun, All Ability Ski Ochoco Mountains, OR Trip 2 Trip full, 12 on waiting list\*

See website for full description.

For more info contact Mary 503-245-1618 [hepomp8@comcast.net](mailto:hepomp8@comcast.net)

### Feb 8–13, Sat–Thur, All Ability Skate/Track Ski Methow Valley, WA — Groomed Trail Wonderland Two spaces available\*

The Methow valley association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. The snow conditions and trail quality makes the Methow valley a skate skiers Mecca.

See website for full description.

**Trip limit: 18 participants**

**Cost: \$225 per person for members; you must be a current ONC member before signing up for this trip. Includes five nights lodging (\$57--3 days to \$76--4 days groomed trail pass cost not included).**

Contact the leader to confirm space is available, then send your ONC overnight tour application and \$225 check payable to ONC-Portland Chapter to the trip leader: Sam Digard, 133 SE 283rd Ave., Camas, WA 98607. For more info text or email Sam 360 910-1714 [sam.digard@gmail.com](mailto:sam.digard@gmail.com) (phone calls are also an option).

### Feb 14–17, Fri–Mon (Pres' Weekend), All Ability Ski Sunriver, OR

#### Trip full, waiting list open\*

See website for full description.

For info contact Ted 503 590-7998 [tedmag@live.com](mailto:tedmag@live.com).

### Feb 13–17, Thur–Mon, (Pres' Wknd), All Ability Ski Sunriver, OR Family Friendly! Space for one family, sign-up by December 15\*

ONC families with kids of all ages and skill levels will enjoy a fun-filled Presidents Day weekend at Sunriver. Come up either Thursday or Friday depending on your family's schedule and stay for the long weekend (3 or 4 nights—same price). There will be plenty of hot chocolate to go around! Depending on the various skill levels and interest, we can ski at the Mt. Bachelor Nordic Center, the Virginia Meissner trails or the various Forest Service trails.

Beginners can take lessons at Mt. Bachelor. When we're not skiing we'll enjoy communal dinners, go sledding, build snow sculptures, soak in the hot tub and relax

among old and new friends. We may rent a second house if there's enough demand. This trip is intended for families to cross-country skiing and snowshoeing together.

**Trip limit: 5 families**

**Cost: \$175 per adult; each family includes one child at no cost (\$25 for each additional child) You must be an ONC member before signing up for this trip.**

For more info contact trip leaders Amy Blumenberg and Chris Potter at 503 241-2768 or



Kids stop the tracks

Amy Blumenberg

\*Trip status as of November 19

[www.onc.org/PDX-ONC](http://www.onc.org/PDX-ONC)



ablumenberg@comcast.net

**Feb 15–23, Sat–Sun, All Abilities Ski  
Yellowstone National Park Dream Trip, WY  
A few spaces available, sign-up by  
January 15\***

Now it is YOUR opportunity to experience the dream: YELLOWSTONE IN WINTER! Twenty lucky people will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip.

We'll carpool from Portland on Saturday, February 15, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in rooms with double beds and shared bath. On Monday morning, a snow-coach ride takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and

Bob Breivogel



On the boardwalk basin

perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday morning, we will take special charter snow coaches to the magnificent Grand Canyon of Yellowstone for skiing and sightseeing. We then continue on to Mammoth Hot Springs for two more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area – either Tower or

Indian Creek areas. Sunday morning, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced, something for every desire.

For those who wish, there is an option for beginning the trip a few days early or extending the trip for one or more days at the end. It is also possible to fly to Bozeman to avoid the drive. Please contact the tour leader for information. This trip fills up quickly so sign up early.

**Trip limit: 20 participants, including the leader.**

**Cost: \$825 (estimated) per person for members; you must be a current ONC member before signing up for this trip. Includes seven-nights lodging and breakfasts (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful, charter snow-coach to the Grand Canyon of the Yellowstone and on to Mammoth. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.**

Send your overnight tour application and \$500 deposit check payable to ONC-Portland Chapter to the trip leader by January 15: (contact the leader to get their address to send the application). There will be a pre-trip meeting scheduled to plan for details and carpool. For more info contact Ted 503 452-7432, by Skype at "tedscheinman," or tedskier@gmail.com.

**Feb 28–Mar 2, Fri–Sun, All Abilities Ski/Snowshoe  
Crater Lake via Charter Bus  
Spaces available, sign-up by Feb. 15\***

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC for the big trip at Crater Lake. We'll board the deluxe coach in Portland and proceed down I-5 while sharing in the world famous "Rolling Pot-Luck." The next morning after a hearty gourmet breakfast at the historic Prospect Hotel we'll take a quick ride to the rim we'll spend the day enjoying the spectacular snow

Ted Scheinman



See you at the rim of Crater Lake

exploring. We can even take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping for a special dinner on the way, arriving back in Portland about 10 pm.

There are two types of accommodations: The Historic Prospect Inn which has one double/queen bed in each room for two people and the adjacent motel-like rooms, which have two or three beds per room, but everyone who wishes can have their own bed. The Historic Inn costs \$20 per person more. Please indicate which you wish.

**Trip limit: 40 participants, including the leader.**

**Cost: \$295 per person in comfortable motel-like accommodations; \$315 in the Historic Prospect Inn (2 per bed); you must be a current ONC club member before signing up for this trip.**

Please contact the leaders before sending your ONC overnight trip application and \$295 or \$315 check payable to ONC-Portland Chapter to them (contact them for their address). For more info contact the leaders: Steve and Shannon Planchon onckiplanchon@gmail.com.

**March 6–10, Thur–Mon, All Abilities Ski  
Wallowa Lake Ski Trip, Joseph, OR  
Trip full, four on waiting list\***

See Website for full description.

For more info contact the Kathy 503 429-4024 burnskathryn1@gmail.com

**March 7–8, Fri–Sat, Intermediate Backcountry Ski  
Tilly Jane A-Frame Cabin, Mt. Hood, OR  
Spaces available\***

See Dec 6–7 trip for full description and sign up info.

**Mar 22–30, Sat–Sun, All Abilities Ski  
Canadian Rockies Spring Break Ski Trip  
Possible Assiniboine Lodge Option (contact Julius)  
Trip full, waiting list open\***

We off for a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country—six days of glorious backcountry intermediate level ski touring and groomed X-C trails of that region. A pre-trip meeting will be scheduled to go over the details. A valid passport will be required to travel to Canada.

# Discounts for ONC members!

**Glenn's MountainTracks** in Government Camp next to Huckleberry's Restaurant, offers ONC members group rates on cross-country ski rentals. You must show your membership card. On-line rentals. mttracks.com

**Mountain Shop** 1510 NE 37th Ave., offers ONC members a 15% discount on cross-country ski rentals. On-line rentals available mountainshop.net

**Oregon Mountain Community** 2975 NE Sandy offers ONC members a 10% discount on cross-country ski rentals. omcgear.com

**Otto's Ski & Bike Shop** 38716 Pioneer Blvd. in Sandy, has cross-country ski package rental for the entire season. ottoskishop.com

**Wy'East Nordic Ski School** offers ONC members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

**\*Trip status as of November 19**

Oregon Nordic Club Portland Chapter

# Ski Crater Lake NP, March 2014

Rick Grote



Ted Scheinman



See website for full description.  
**Trip Limit: 8 participants.**  
**Trip Cost: \$450 for members; you must be a current ONC member before signing up for this trip. Includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road, meals, shared costs for transportation, trail fees for one day at Nordic Center and shared costs for groceries to prepare meals and trail lunches in Canmore. The total cost should be less than \$750.**  
**Assiniboine Lodge option (not included in trip cost above) includes two helicopter rides, accommodations**

**and meals at Assiniboine Lodge, the cost could be substantial. Please contact the leader if interested.**  
**For more info contact Julius 503 705-3442 jndalzell@comcast.net.**

**April 4-5, Fri-Sat, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available\***

See Dec 6-7 trip for full description and sign up info.

Ted Scheinman, *Overnight Tours Coordinator*

**\*Trip status as of November 19**

## Oregon Nordic Club Overnight Trip Application

TOUR NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

FEE / DEPOSIT: \_\_\_\_\_ **One application per person**

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: \_\_\_\_\_ ONC MEMBER:  yes  no\*  other ONC Chapter

\*You must be a current ONC member before signing up for ONC overnight trips

PHONE: (home) \_\_\_\_\_ (work) \_\_\_\_\_ (cell) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL \*\*: \_\_\_\_\_

\*\* If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

### Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance incase of hardship: [www.travelguard.com/agentlink.asp?ta\\_arc=125858&pcod](http://www.travelguard.com/agentlink.asp?ta_arc=125858&pcod) (this link is on our website)

I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(Parent or Guardian must sign if the trip participant is under 18 years of age)

### Welcome New Members!

Day Bennett 503 929-3554, Leah Brown 360 385-6209, Lisa Cenotto 503 572-6205, Becky Eastman 503 533-8008 503 840-4800, Dan Gilham 503 285-6011 503 724-1909, Chiyo Horikoshi 503 367-8065, Dean Kokko 503 244-7968 503 860-4891, Mark Kruskopf 503 284-0829 503 781-6683, Lee Rosenbaum 503 297-3065 and Maggie Woodward

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.  
**November membership report:** 189 total memberships (130 single and 59 family) includes 12 new members and 78 renewals. Last year at this time there were 194 memberships non-renewing members were dropped from count.

# BOARD MEETING MINUTES

November 11, 7 p.m.

**Board Members Present:** Kim Davis, Andre Fortin, Mary Hepokoski, Steve Planchon, Ann Truax and Bill Yaeger. Ted Scheinman was also present.

**Approval of Minutes:** October minutes approved a drafted.

**Treasurer's Report:** A detailed Treasurer's report was provided in writing to the Board, with about \$6,700 in net income reported for October and an overall balance of accounts at about \$72,000, including about \$17,000 that has been dedicated to future Tilly Jane Cabin purposes.

## Reports

**President:** State Board is meeting on Saturday, December 7 in Sisters; uncertain whether an ONC board member will be able to attend. Leadership training went very well with 33 participants. Volunteer recognition at monthly meeting went well. Board to make an effort of reaching volunteers who were not at the meeting with the appreciation gift of an ONC hat.

**Day Tours:** Coordinator still not located. Ann, Mary and Steve to meet to discuss how best to proceed.

**Overnight Tours:** Tours shaping up nicely. Some discussion of the need to revisit trip leader and co-leader policies as to waived trip fees, with the thinking being that going forward policies need to be consistent with key standards of breaking even, recognizing the required level of effort and being equitable to all trip participants.

**Membership:** Board noted the need to become better informed about membership processing matters.

**Nordic Issues:** No report.

**Trail Tending:** No report.

**Tilly Jane:** Annual wood hauling party was a big success. Current focus is on renewing the Forest Service permit, with no significant concerns noted. Next member's weekend is December 7-8.

**Publicity:** ONC representatives were present at the Mountain Shop Nordic Fest, which appeared slower than usual this year. ONC presentations at REI scheduled for December 10 and 11 and January 16 and 22. ONC reps will also be at the NWSCC Ski Fair and may participate in the Intel Health for Life program. Finally, an ONC rep will be making a short presentation at the Mazamas ski school orientation on December 12.

**Website:** Statewide website appears to be getting better. But, the Board noted its ongoing goal of being able to process membership paperwork on line. More discussion is needed.

**Leadership Training:** On Snow Event is scheduled for December 14, with 31 participants signed up to date.

1<sup>st</sup> Aid Training -- No report. Orienteering Training -- No report.

**Next Meeting:** Scheduled for December 9 at 7 p.m. @ Mazamas Mountaineering Center, 527 SE 43rd, Portland.

**Meeting adjourned:** 8:30 p.m.

Submitted By: Steve Planchon, *Secretary*

## CLASSIFIED ADS

**FOR SALE:** ► **Fischer RCR Crown Vasa X Skis** 207 cm Length Used once. 207cm (good for skier 5'10" to 6'3" tall and 185 to 210 lbs.), no-wax. Accepts either Salomon or Rottefella bindings. Good for groomed areas. \$150 obo (paid \$250). **Chris or Amy 503 241-2768**

► **Women's Showers Pass Club Pro Jacket** Nearly brand new (worn twice!) Women's large, Neon Yellow. I need a medium size. \$65 (paid \$110). **Amy or Chris 503 891-3689.** 1/14

**FOR SALE:** ► **Fischer RCS Classic Crown Skis**, 195 cm, Rottefella NNN bindings, great condition Rossignol XCium LVF boots, sz 40 (unisex/low volume fit), \$90 (skis & bindings only). \$90 (boots only). \$150 (skis & boots \$30 discount on the set).

► **Women's Karhu Convert II 75 mm cross-country ski boots**, sz 8.5, Comfortable, lots of great features. Like new condition in original box. \$80 (\$160 new).

**Amy 503 891-3689 ablumenberg@comcast.net** 12/13

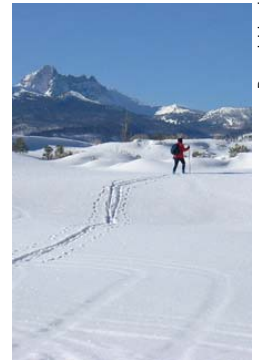
**FOR SALE:** ► **Fischer RCS Classic Crown Skis**, "nearly new" (used twice), 207 cm, Performance-level groomed track ski, \$150 (paid \$250).

**Chris or Amy 503 241-2768** 12/13

**FOR SALE:** ► **Brand-new Rossignol BCX5 touring boots.** Egads! My loss could be your gain . . . Women's size 41. Black with copper brown accents. Very attractive and comfortable boot. I merely ordered the wrong size once more. Bought new from Sierra Trading Post for \$65. Will take \$50 OBO. **Ted 503 452-7432** 1/14

**Deadline: 15th of the month** (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: [oncnewsletter@gmail.com](mailto:oncnewsletter@gmail.com) as a MS Word document attachment --preferred-- (with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be remove earlier.**

## Black Butte for New Years



Darvel Lloyd

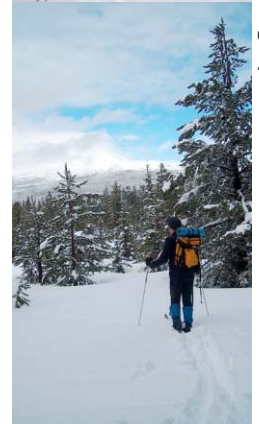


Darvel Lloyd

## Flying L Mt. Adams



Ann Turax



Ann Turax

# Ski Winter Sports Fair

DEC 3  
TUES  
6-9 PM

**USED EQUIPMENT SALE**

**6:10-8:45 PM**

Form for sale items is on the website  
in file with program filler



**SNOWSHOEING**

## **NORDIC SKIING**

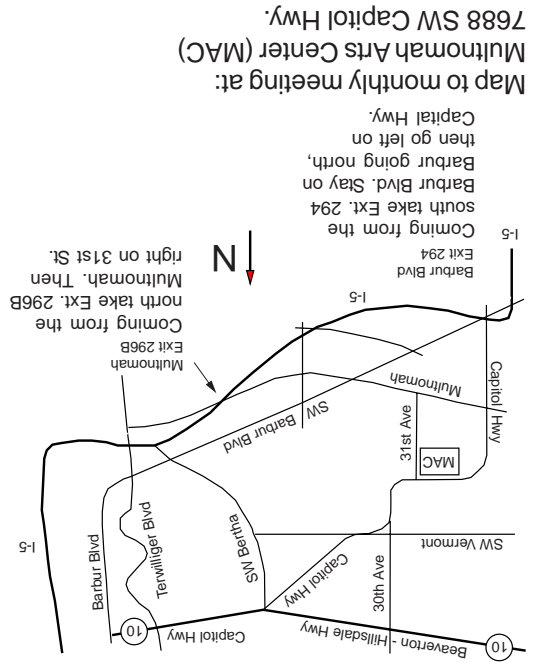
- ★ Check out new skis gear, snowshoes, and winter clothes.
- ★ Lesson sign-ups— all levels Nordic, backcountry, and telemark.
- ★ Programs on gear and winter safety!
- ★ Raffle— supports trail tending



**BACKCOUNTRY SKIING**

**Oregon Nordic Club, Inc., Portland Chapter**

**P.O. Box 3906  
Portland, OR 97208-3906**



Map to monthly meeting at:  
Multnomah Arts Center (MAC)  
7688 SW Capitol Hwy.

## **Upcoming Programs**

- Jan 7—Hiking the North Cascades
- Feb 4—Jotunheimen Mountains of Norway
- March 4—Peru and Bolivia