



What are zeroes? A new category of skis called 'zeroes' have worked their way into every major ski

company's performance and racing classic ski lineup. In the past you had two styles of classic skis, waxable or waxless. A waxable ski uses grip waxes or klister in the kick zone to achieve grip. Waxless skis use a pattern, which is cut or molded into the kick zone for grip. The zeroes are a third option for achieving grip. Ski companies have found a base material that produces micro hairs when roughed up with sand paper. To some extent these micro hairs work a lot like the climbing skins that backcountry skier's use. They provide grip as the micro hairs interface with the snow during the kick phase, but because they are so fine and supple they provide very little resistance as you glide forward.

Where did the word zeroes come from? They were developed in the racing world to cover the area around 0 celsius (the freezing point). Grip waxes and klister tend to be problematic in this temperature range. The term "hairies" comes up every once in a while. This is where the idea for zero skis developed. Skiers using waxable skis typically rough up the kick zone of their skis to help the wax or klister adhere better to the base. The micro hairs that were created helped this adhesion. Every once in a while stripping the wax or klister off the skis and using the natural friction

between the micro hairs and the snow provided the best grip/glide combination in the trick conditions around freezing. By using different compounds in the base material in the kick zone companies found they could replicate the "hairies" easier and with much more durability. Currently, there are different compounds being used in the skis to achieve different levels of performance. What seems to be happening with the different compounds, is that they can either produce a coarser micro hair to provide more grip or finer for more glide.

Zero skis may appeal more to a skier who are already familiar with waxable skis. They do take a little more subtle approach to grip than a waxless ski. With waxless skis, the pattern compresses the snow providing grip by biting or holding onto the snow. Grip waxes and the micro hairs on zeroes rely on a much more delicate interface. The snow crystals in colder snow

are sharp enough to embed in the soft grip wax. Once the snow crystals lose their sharpness or break off, you lose grip. The micro hairs in zeroes provide traction up to a point, when the hair folds or it breaks off. At slower speeds zeros may not glide as well in colder snow. The micro hairs and the sharp crystals interact much like Velcro and can create enough resistance that it takes some force to separate them. At higher speeds, a skier generates enough force that this isn't noticeable. While in warmer, wetter conditions they may not initially offer more glide than klister, but they do not pick up debris and may provide better glide in the long run. There is little bit more maintenance and care with a zero ski compared to waxless skis: one needs to rough up the grip zone with 100 grit sandpaper and to use an aftermarket zero anti-icing spray in rapidly warming new snow.

Around the NW, especially in the Cascades, zero skis can work in a fairly broad spectrum of temperature ranges. Because of the micro hair, they have a hard time producing grip in unconsolidated snow, so you probably

continued on page 2

Jeremey Rooper



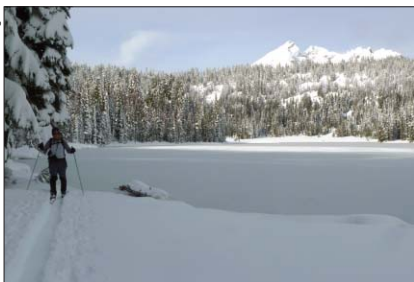
Roughing up the zeros

Thankful for the Turkey and the Powder

Thanks was the toast at the table on Thanksgiving evening in Sunriver. We were thankful for the tasty dishes on the table, the good group of club members to share the long weekend with and to the trip leader Elke Schoen who along with David Blanchard who brought the turkey and other fixings to the table. But most of all we were thankful for the ten inches of powder snow under blue skies at Mt. Bachelor that, on Thursday, allowed a fantastic first ski day of the season. ♦

Pam Rigor, *Trip Participant*

Pam Rigor



ONC T-Shirts

ONC has a limited number of green and white on black, fast dry, long sleeve T's for sale at \$20 each. They are available in unisex sizes are XS, S, M, L, X. They will be available at most monthly meetings. ♦



Mary Hepokoski, *President*

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Scott Diamond

Black Butte
New Years trip
See page 5 for
details on how to
sign up

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oncdartours@gmail.com

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Summer Coordinator

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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication).

Send submissions to oncnewsletter@gmail.com

as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting.

Corrections: e-mail corrections and/or additions to the editor. This newsletter is published monthly by: Portland Chapter of the Oregon Nordic Club, Inc. P.O. Box 3906 Portland, OR 97208

UPCOMING EVENTS

Dec 5 WEDNESDAY

Ski / Snowboard Waxing Basics

REI Portland, 7–8:15 p.m.

Free! Info/sign-up: rei.com (store events)

Dec 4 TUESDAY

Annual Ski and Winter Sports Fair

Fair in Auditorium: 6–9 p.m. Free!

Used Equipment Sale

Sale in Room 30: 6:10–8:45 p.m.

Check in gear to sell: 5–6 p.m.

Sale form on the website with the fair flier. Multnomah Arts Center, 7688 SW Capitol Hwy.



Dec 6 THURSDAY

Wild and Scenic Film Festival

Bagdad Theatre, 5:30 p.m. – 9 p.m.

Join Willamette Riverkeeper, Patagonia, and REI for the 9th Annual Wild & Scenic Film Festival!

Tickets available at REI Portland (no service charge) \$10. At the door \$12. www.wildandscenicfilmfestival.org/

Winter Camping Basics

REI Clackamas, 7–8:30 p.m.

Free! Info/sign-up: rei.com (store events)

Dec 12 WEDNESDAY

Cross Country Ski Destinations, by Ted Scheinman, ONC-PDX

REI Tualatin, 7–8:30 p.m.

Free! Info/sign-up: rei.com (store events)

Dec 16 SUNDAY

REI Nordic Day at Mt. Hood Meadows Nordic Center

Mt. Hood Meadows Nordic Center, 10 a.m. – 2 p.m. Free!

Try a new sport. Reserve your half price gear rental from REI Portland. 503.221.1938 The Nordic Center will have rental gear available, limited to first come, first served. Sign up for lessons on the web: <http://www.rei.com/stores/13>

Clinics & Training

Dec 5–9 WEDNESDAY–SUNDAY

Dec 12–16 WEDNESDAY–SUNDAY

2012 Oregon Fall XC Ski Camp

Mt. Bachelor/Bend, Oregon

World-class fitness and ski education; top coaching, evening lectures and world-class physiology testing.

Designed specifically for citizen nordic skiers. Registration and info: www.xcoregon.org

Jan SATURDAYS AND SUNDAYS

Mazamas Nordic Ski School

Beginning, Intermediate, Advanced and Nordic Downhill classes offered during four weekends in January.

Applications due Dec. 1. Mandatory Student Orientation Night Dec. 13. Info and applications: www.mazamas.org

(Education and Classes/Nordic Skiing) or at the Mazamas Mountaineering Center, 527 SE 43rd Ave.

Jan 6 SUNDAY

Teacup Nordic Tea Party & Clinic

Come join us for our annual Tea Party and Ski Clinic. Ski lessons from skiers with years of experience, have some Stash Tea, and support Teacup Nordic. 9:30 a.m. – 2 p.m.

Jan and Feb SATURDAYS AND SUNDAYS

ONC Ski Clinic & Free Snow Sessions

Clinic (in-town session) Jan. TBD (, \$20. Two options for the On-Snow Sessions: Saturdays, Feb. 2 and Feb. 9 or Sundays, Feb. 3 and Feb. 10. Free for ONC members who attend the clinic. Info: oncnewsletter@gmail.com

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and back-country skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Rental discounts at selected merchants
- ▶ Member rates on Mazama activities (exclude classes) and use of Mazama Lodge: day-use, overnight and meals
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot NF
- ▶ Membership in Northwest Ski Club Council and Far West Ski Association. Discounts: www.nwskiers.org www.fwsa.org

Memberships: \$27 singles, \$33 families

Info and application: membership@onc.org

What are zeroes? continued from page 2

won't see them working their way into the backcountry touring market. But on groomed snow or spring corn conditions they are a great alternative to some of the racing or high performance waxless skis. Because they glide best at temperatures around freezing or above, they work well for a skier looking to complement a waxable ski they already have. They also appeal to skiers who don't like to use klisters. A lot of skiers who have moved to the area from a colder climate and have been frustrated waxing in the NW will appreciate their versatility. ♦

Jeremy Rooper, The Mountain Shop

NWSCC Benefits and discounts

ONC-PDX is a member of the Northwest Ski Club Council (NWSCC). Our benefits and discounts resulting from membership are listed on the NWSCC website: www.nwskiers.org (under "member benefits and discounts). Membership also includes Far West Ski Association discounts. Check this website www.fwsa.org under "Membership" for additional discounts. Your NWSCC membership card was mailed with your ONC membership card. ♦

PRESIDENT'S SKI TRACKS

As of today (Nov.14), reports show 20 inches of snow at Timberline with snowfall forecast for the next week, leading us into the Thanksgiving holidays. So, after the Thanksgiving food bliss-out, hopefully all of us ski addicts can get our first taste of clean, glorious, cool air as we move rhythmically and thankfully through a magical forest transformed by snow.

What do the mountains have in store for us this winter? Will it be an El Nino winter or one dominated by La Nina? Or will it be a more "neutral" pattern? Will a pineapple express slam into us from Hawaii? We all know the unpredictable nature of winter weather in the Pacific NW. We've been lucky the past few winters — with nature's generous gifts of snow and so many breathtaking days of skiing. Because we're the optimistic sort, we continue to make skiing getaway plans, sign up for one of the awesome ONC ski trips, look at the unfathomable NOAA forecasts, check in with Matt Zaffino, do a secret snow dance to our personal snow angel and finally just hope for the best.

Meanwhile, back in the other world of the city, busy ONC volunteers help us get ready for the ski season: Ted Scheinman made countless calls to set up reasonably priced overnight ski trips; Ted Magnuson and Sam Digard led a training session for aspiring trip leaders; Russ Pascoe, Kevin McGillivray, Andre Fortin and many others monitor the Tilly Jane shelter on Mt. Hood, keeping it stocked with firewood in preparation for the winter season. Elizabeth McLagan efficiently takes care of tedious bookkeeping tasks; Steve Planchon has tackled some of our technological and contractual concerns; Kim Davis volunteered to fill the vacant seat on the ONC board. Donna Parsons handles the monthly mailings. Ron Bekey organizes the always interesting programs at our monthly meetings. Susan Kelly regularly picks up the mail and handles membership. Pam Rigor edits the newsletter and is in the process of organizing the ski fair and ski lessons. Mark Fitzsimons patiently maintains our membership database. Miriam Hammer sits through and reports on the long meetings of various agencies whose decisions may have an impact on Nordic skiing. Greg Wenneson spearheads the summer trail tending efforts. Mary Hepokowski troubleshoots, stays on top of the issues and keeps the rest of us on our toes. What a **talented** bunch of skiing enthusiasts who like to share the joy of the outdoors!

And we have a new volunteer to add to our list: Tony Ackerman. He is an experienced, enthusiastic tech guy who is willing to work on and update our website. Whooppeeee!!! It has been a long road into the 21st century, but we're making progress! Thank you, Tony, for joining the team!

I'm looking forward to seeing you all on the trail — whether it's Cascade concrete (ouch!) or sublime powder. Any day in the mountains is a good day... ♦

Mary Hepokoski, *President*

NORDIC ISSUES

Mount Hood National Forest

Mt. Hood Meadows Parking Lot In September there was a field trip to look at the options and a report will be in the next month's column. Send comments about this project to: Jennie O'Connor Card, 6780 Highway 35, Parkdale, OR, 97041, jennieoconnorcard@fs.fed.us.

Timberline Mountain Bike Trails approved

On November 19, 2012, Mt. Hood National Forest Supervisor Christopher Worth signed a Decision Notice to authorize an amendment of RLK and Company's (RLK) Special Use Permit to include the Timberline Ski Area Mountain Bike Trails and Skills Park. Project details: www.fs.fed.us/nepa/

nepa_project_exp.php?project=32278. Send comments to: Kristy Boscheinen, 503 668-1645, kboscheinen@fs.fed.us.

Highway 35 Work is just about completed on the new bridge over the White River (milepost 61 – 62) and the Clark Newton (milepost 65 – 68). Weekly reports on progress and traffic impacts are available at <http://www.oregon.gov/ODOT/HWY/REGION1/WeeklyUpdate.shtml>. For more info about the project see: www.wfl.fhwa.dot.gov/projects/or/highway-35

Mt. Hood Snow Conditions Snow has been falling but it was predicted to be mixed with rain the weekend after Thanksgiving. Hopefully, by the time you get this newsletter, snow will be consistent and at lower elevations. People were skiing at Teacup before Thanksgiving.

Gifford Pinchot National Forest

Ape Cave Viewpoint Trail Construction GPNF will be constructing a new trail that would lead northwest from the Ape Cave parking area to a Mt. St. Helens viewing area which would be located near a bend in Forest Road 8303. Project contact: Erica Taecker, 360-497-1136, etaecker@fs.fed.us.

Ski conditions Old Man Pass The Forest Service (FS) November 11 report showed only a few inches of snow. Roads will not be plowed until December 1 and chains are advised. At the Hard-Time Loop, the FS November 16 report indicated snow above about 3,000 feet, with more snow expected.

Deschutes National Forest There is a proposal for improvements to the Nordic Lodge at Mt. Bachelor and a couple of new trails added to the groomed area. More details will be in next month's column. ♦

Miriam Hammer, *Nordic Issues*

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DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the sidebar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

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DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader.

Check the website for last minute day tours especially if we get snow as there will be ski tours scheduled.

Dec 5, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route in the Mt. Hood area will depend on the snow conditions and the group. Meet at McMenumins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenumins Edgefield in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, be added to the phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact the leader: Terry Owen: 503 590-5825 terryyowen@frontier.com.**

Dec 8, Sat Easy/Intermediate Ski Bennett Pass, Mt. Hood, OR

Come on a ski early in the season! It is four to six miles relatively gentle terrain, part way along Bennett Ridge Trail. The trail goes to the "Terrible Traverse" at 2.4 miles then continues to Bonney Junction at 4.3 miles. The level of tour participants will decide the total distance. If conditions are adverse at Bennett, we'll find another spot with similar terrain to ski. Bring a lunch. Meet at the McMenumins Edgefield at 8:30 a.m. for carpooling. **For more info and to confirm attendance contact the leader: Mike Dianich 503 695-5385.**

Dec 11, Tue, Easy In-town Christmas Ships Walk Esplanade and Willamette River, Portland

Join me for cookies and hot drinks before we stroll along the river in the evening. We'll watch the Christmas ships in the river then go for a walk enjoying them and the city lights. Dress for the weather and bring cookies or treats to share and your own cup. The ship's schedule is weather dependent. Plan to meet at 6:30 p.m. **For more info and meeting place contact the leader: Pam Rigor 503 297-4284.**



Christmas ship on the river

Dec 12, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route in the Mt. Hood area will depend on the snow conditions and the group. Meet at McMenumins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenumins Edgefield in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, be added to the phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact the leader: Mary Hepokoski 503 245-1618 hepomp8@comcast.net.**

Common meeting places: Gateway Transit Center NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center—NE Sandy Blvd. & NE 96th Ave. McMenumins Edgefield—2126 SW Halsey Take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (first stop light) turn left, go 1/2-mile; it's on the right.

Dec 14, Fri, Floating Christmas Caroling and Party North Portland Harbor, Hayden Island

Sing the season's cheer and decorate your boat if you like. We'll paddle the North Portland Harbor entertaining the occupants of the floating homes. There will be plenty of parties since the Christmas Ships will also cruise the Harbor that evening. Bring warm clothes, PFD's, headlights or

Kathy Jamespon



Singing along Hayden Island

flashlights and any musical instruments. You don't need a good singing voice, just volume! You must ferry your boat in moving water and paddle against the current to return. This is a joint trip with the Oregon Nordic Club and the Lower

Columbia Canoe Club. Song sheets provided. Alder Creek Kayak & Canoe will have rental kayaks and canoes available – call them to make prior arrangements. Check with trip coordinator for availability of paddling partners to fill your tandem canoe or double kayak or if you need a place in a boat. Post paddle festivities: Bring your favorite Christmas treats and libations and we will party! Alder Creek will stay open so we have a warm place to gather after the paddling. Meet behind Alder Creek Kayak & Canoe. Drive early as Fri. eve on I-5 is busy. **For more info (meeting time) and to confirm your participation contact the leader: Russ Pascoe russ.bec@gmail.com**

Dec 15, Sat Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Join me for an early season ski. The exact location to be determined based on snow conditions. We'll meet in Portland at 8:30 a.m. **For more info and meeting place contact the trip leader: Mary Hepokoski 503-245-1618 hepomp8@comcast.net.**

Dec 19, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route in the Mt. Hood area will depend on the snow conditions and the group. Meet at McMenumins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenumins Edgefield in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, be added to the phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact the leader: Tere Enburg 503 642-2886 terexski@gmail.com.**

Dec 26, Wed, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Come join the Wednesday ski tour group. The route in the Mt. Hood area will depend on the snow conditions and the group. Meet at McMenumins Edgefield west parking lot for carpools and a 9 a.m. departure. Meet at McMenumins Edgefield in the West parking lot for a 9 a.m. carpool departure. **To confirm attendance, get added to the**

phone list for last minute changes (weather and snow conditions are unpredictable) and for more info contact the leader: Leader needed contact Terry 503 590-5825 terryowen@frontier.com.

Dec 29, Sat, Easy Ski Location TBD, Mt. Hood, OR

Join us to ski where the snow is good! This Easy ski will be 4-6 miles over gentle terrain at a pace comfortable for all participants. We'll ski wherever conditions make a fun outing for all. Meet at the Gateway Transit Center parking structure for an 8:30 a.m. carpool departure. For more info, contact the leader: Kathy Burns 503 429-4024.

Jan 5, Sat, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Join me for a ski tour. The exact location to be determined based on snow conditions. We'll meet in Portland at 8:30 a.m. For more info and meeting place contact the trip leader: Mary Hepokoski 503-245-1618 hepomp8@comcast.net. ♦

Lets hike or ski

Join the ONC leadership team...

Pick your favorite ski trail (and date) and take some ONC friends along to enjoy the outdoors.

Lead a ski tour in January or the first weekend in February! New to leading tours? Send us an email and we'll get you up to speed. Send tour descriptions (by December 14, 8 p.m.) to day tours at oncdayoutours@gmail.com. ♦

We need your help with day tours for the ski season

Volunteers are needed to help with the day tours schedule (through April--most tasks are during the first two weeks of the month). We would like three volunteers to fill these crucial positions: day tours coordinator and two recruiters.

The day tours coordinator sends out emails to our leader list soliciting day tour then puts the tour schedule together each month and submits it to the newsletter.

The two recruiters assist the coordinator in one of two ways 1) attending the monthly general meeting and solicit day tours or 2) making calls to the leaders to gather tours during the first week and a half of the month. This is your chance to contribute to the club for the ski season and get to know some of the active leaders in the club. Give a little time back by helping with day tours. Send us an email at oncdayoutours@gmail.com and volunteer. Thanks. ♦

Teacup grooming

The Teacup board approved a trial of grooming on Tuesdays. They will now grooming four days a week. Mt. Hood Meadow will be grooming on Thursday and Fridays giving skiers newly groomed trails every day of the week. ♦

OVERNIGHT TRIPS

SIGN-UP TIPS

- ❄ Our overnight trips are exclusively for members: join or renew your membership before signing up. Membership applications available on our website (mail to club P.O. Box).
- ❄ Contact the leader with any questions you have. Do my skills fit the skiing conditions? Any special requirements or gear? Travel time?
- ❄ Read the overnight trip policies!
- ❄ Sign up early so we'll have enough people cover trip costs.
- ❄ To sign up: fill out an overnight trip application and mail it with your trip fee to the trip leader.
- ❄ If the trip is full and you still want to go? Join the waiting list: send your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute opening do occur!
- ❄ Purchase trip insurance (you are responsible for finding someone to take your place if you cancel). A link to sign-up for travel insurance will be on the overnight trip application form on the web or contact the trip leader or Overnight Trip Coordinator; they'll send you the link.

Dec 26-30, Wed-Sun, All Ability Ski Post Christmas retreat Methow Valley, WA Trip full, waiting list available*

More detailed info is available on our website.

Trip limit: 12 participants, including the leader.

Cost: \$200 per person for members; you must be a current ONC member before signing up for this trip. Includes four nights lodging (\$57 groomed trail pass cost not included).

For more info contact Sam 360 910-1714 sam.digard@comcast.net (email preferred).

Dec 28-Jan 1, Fri-Tue, All Ability Ski New Year's at Black Butte, OR 3 spaces available, sign up now*

We'll ring in the New Year with four days of skiing in Central Oregon's Black Butte Resort near Sisters. Santiam Pass at 4,817 ft. is about 12 miles away with lots of ski loops and warming shelters. The Camp Sherman area,



Skiing a trail near Santiam Pass

nearby, has skiing along the Metolius, to the river's headwaters or up Black Butte. The Three Creeks area near Sisters offer more choices depending on the snow level. Sharing great food at our potluck dinner parties in the large house will top off the day. The hot tub and swimming pool is a walk away at the Glaze Meadow recreation center. The New Years

*Trip status as of November 20

Oregon Nordic Club Portland Chapter

mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour

These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

Easy Tour

Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.

Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour

Ski: 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

Hike: 8-10 miles; 200 to 400 ft. per mile elev. gain.

Backpack: 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour

Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15-18 m.p.h. pace, regrouping when necessary.

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Hike: > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be publicized. A potential leader must follow the procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be

continued on sidebar page 7

dinner and party are not to be missed! Sign up early to get your spot on this trip.

Trip limit: 10 participants, including the leader.

Cost: \$200 per person for members; you must be a current ONC member before signing up for this trip. Includes four nights’ lodging.

Send your ONC overnight trip application and \$200 check payable to ONC-Portland Chapter to the leader: Pam Rigor, PO Box 6403, Portland, OR 97228-6403. For more info contact Pam 503 297-4284 oncnnewsletter@gmail.com.

Dec 28–Jan 2, Fri–Wed, All Abilities Ski/Snowshoe Glacier National Park, MT

Contact leader for possible availabilities*

All aboard! Take Amtrak to Essex, Montana, adjacent to Glacier National Park for a wonderful New Year’s ski vacation! Leave Portland (Vancouver option available too) on Friday afternoon and wake up Saturday to sparkling snow and the cozy Izaak Walton Inn in Essex, Montana, located on the boundary of the spectacular Glacier National Park. Saturday, ski or snowshoe 30 km of groomed trails, go iceskating, or relax in the Finnish sauna. In the evening, enjoy a gourmet meal and read a good book by the fire or participate in

exciting ONC board games. Sunday and Monday, we’ll hop on the rented van to explore the ski trails of Glacier National Park (Apgar, Marias Pass, Autumn Creek, Going to the Sun Highway). Monday evening we will celebrate New Year’s Eve in style, with a dinner buffet, live music and dancing, midnight ski to bring in the New Year, and a breakfast buffet in the morning (additional cost). Tuesday, we’ll spend the day skiing around the groomed trails around the lodge or skiing up to Dickey Bowl. We board the westbound train Tuesday evening and as we pull back into the train station in Portland on Wed. morning, you’ll wonder why you waited so long to take this trip.

Trip limit: 20 participants, including the leader.

Cost: \$495 per person for members; you must be a current ONC member before signing up for this trip. Includes four days of skiing (trail passes included), all transportation, three nights lodging double occupancy at Izaak Walton Inn, meals at Izaak Walton Inn available for an additional cost. Sleeper accommodations are available on Amtrak for about \$250 additional per person roundtrip (includes dinner and breakfast on train).

Send your ONC overnight trip application and \$495 check payable to ONC-Portland Chapter to the leader: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. For more info contact Ted 503-452-7432 tedskier@gmail.com.

Jan 18–21, Fri–Mon, MLK Weekend, All Ability Ski Lake Creek Lodge, Camp Sherman, OR 6 spaces available, sign up by Dec. 20*

ONC Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins paneled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a XC

ski holiday. Check out the website at www.lakecreeklodge.com.

We’ll carpool to the Lodge on Friday, enjoy a traditional ONC potluck dinner on Saturday, and perhaps head into Sisters for Sunday dinner. Ski options are many—Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and maybe, right out our cabin doors.

Trip limit: 15 participants, including the leader.

Cost: \$185 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$185 check payable to ONC-Portland Chapter to the trip leader: Steve Levy, 5441 SW Nebraska St., Portland, OR 97221. For more info contact Steve 503-244-4262 slevy@pacifier.com.

Jan 18–22, Fri–Tue, MLK Weekend, All Ability Ski Sunriver, OR

4 spaces available, sign up by Dec. 20*

MLK Weekend is one of the prime times for skiing in Central Oregon. The snow in Central Oregon is known to be powdery, plentiful and dry. Here is your opportunity to stay at Sunriver, a wonderful resort about 40 miles south of Bend in a comfortable house with a hot tub for four nights. We have various ski options—track, backcountry and downhill—at Mt. Bachelor and in the National Forest.

Trip limit: 10 participants, including the leader.

Cost: \$135 per person for members; you must be a current ONC member before signing up for this trip.

Send your completed ONC overnight trip application and \$135 check payable to ONC-Portland Chapter to the trip leader: Ann Truax (contact leader for address). For more info contact Ann 503 231-7220 ann.truax@gmail.com.

Jan 25–27, Fri–Sun, All Ability Ski and Soak Belknap Hot Springs, OR

Spaces available, sign up by Jan. 10*

Belknap Lodge and Hot Springs is located 45 miles east of Springfield on Hwy. 24, on the banks of the roaring McKenzie River. There is great skiing available on McKenzie Pass from the west side, Santiam Y, or at Santiam Pass. After skiing, come back to relax in the hot mineral springs pool at

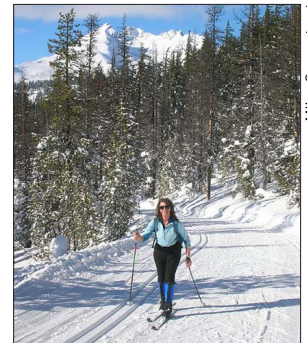
***Trip status as of November 20**



Cabin at Lake Creek Lodge



Jennifer Klump



Mike Greenstreet

Skiing back from Todd Lake, Broken Top behind



Terry Owen

On the trails

the resort. Accommodations include one large cabin on the McKenzie River with six queen beds in four bedrooms, and a kitchen. We will have a potluck dinner on Saturday night.

Trip limit: 10 participants, including the leader.

Cost: \$110 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$110 check payable to ONC-Portland Chapter to the leader: Terry Owen, 8770 SW Goldstone Pl., Beaverton, OR 97007. For more info contact Terry 503 590-5825 terryowen@frontier.com.

Jan 25–27, Fri–Sun, All Ability Ski Mt. Adams Lodge/Flying L Ranch, WA

11 spaces available, sign-up by Dec. 20*

Follow the flurries to Mt. Adams and join us for two days of skiing and relaxing in the lodge with its enormous stone

fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

Trip Limit: 20 participants, including the leader.

Cost: \$160 for members; you must be a current ONC member before signing up for this trip. Includes two nights' lodging and two gourmet breakfasts.

Send your ONC overnight tour application and \$160 check payable to ONC-Portland Chapter to the leader: Donna Matrazzo, 15500L NW Ferry Rd, Slip #14, Portland, OR 97231. For more info contact Donna 503 621-3049 matrazzo@msn.com.

Jan 28–31, Mon–Thur, All Ability Ski Summit Meadow Cabins, Trillium Basin, Mt. Hood OR Trip full, waiting list available*

More detailed info is available on our website.

Trip limit: 10 participants, including the leader.

Cost: \$65 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact Mary 503 245-1618 hepomp8@comcast.net.

Feb 1–3, Fri–Sun, All Level Ski Ochoco Mountains, OR

Trip full, waiting list available*

More detailed info is available on our website.

Trip limit: 7 participants, including the leader.

Cost: \$35 per person for members; you must be a current ONC member before signing up for this trip. This fee covers two nights of lodging.

For more info contact Ted 503 452-7432 teds skier@gmail.com.

Feb 1–3, Fri–Sun, Intermediate Backcountry Tilly Jane A-Frame Cabin, Mt. Hood, OR Spaces available*



ONC skiers at the Tilly Jane A-Frame

gear, including sleeping bags, pad, and food for at least one dinner, one breakfast, and two lunches. The wood stove in the cabin can be used for cooking meals, or participants can bring their own stoves and cooking pots. You need to be an experienced intermediate skier with turning skills—in good physical condition and able to navigate maps and a compass or GPS. Climbing skins are required.

Cost: \$TB per person for members; you must be a current ONC member before signing up for this trip.

For more info contact Jodi 503-515-1707.

Feb 4–7, Mon–Thur, Intermediate Backcountry Scottish Lakes, WA

Trip full, waiting list available*

The Scottish Lakes High Camp is located near Wenatchee, WA, just east of the Alpine Lakes Wilderness area at 5,000 ft. offering blue skies, sunshine, and dry powdery snow. There's an incredible variety of fun terrain for all levels of touring and backcountry skiing.

More details about the trip are listed on the website.

Trip limit 12 participants, including the leader.

Cost: \$330 per person for members; you must be a current ONC member before signing up for this trip.

For info contact Russ 360 901-3411 russ.bec@gmail.com.

Feb 7–11, Thur–Mon, All Level Ski Wallowa Mountains, OR

4 spaces available*

Come spend an extended weekend skiing in the magnificent Wallowa Mountains in eastern Oregon! We have a comfortable house at Wallowa Lake, at the entrance to the



Powder snow in the Wallowa Mountains

Wallowas, for four nights so and can partake in three or four days of skiing. There are opportunities for all levels of skiing—backcountry skiing, road and trail skiing, and snow shoeing (provided by the resort). Some options are Salt Creek Summit, Hurricane Trail, McCully Trail, and the West Fork Trail. We'll carpool from Portland on Thursday morning or early afternoon, arriving in Joseph in early evening. We'll ski around Wallowa Lake and in the mountains on Friday, Saturday, Sunday, and (possibly) part of Monday, returning to Portland on Monday evening. We'll have potluck dinners in the house (large kitchen).

***Trip status as of November 20**

Backcountry ski to the shelter the club manages on the East side of Mt. Hood, 3.5 mile ski on the Tilly Jane Ski Trail to the cabin at about 5,700 feet elevation, a gain of 1,900 feet.

Participants will carry their own gear, including sleeping bags, pad, and food for at least one dinner, one breakfast, and two lunches. The wood stove in the cabin can be used for cooking meals, or participants can bring their own stoves and cooking pots. You need to be an experienced intermediate skier with turning skills—in good physical condition and able to navigate maps and a compass or GPS. Climbing skins are required.

publicized. A potential leader must follow the procedures for leading a trip as determined by the overnight trip coordinator. Overnight trips are announced in the newsletter or on the website.

2. Overnight trips are limited to members; non-members are invited to join using the application in the monthly newsletter or on the website.

3. All spaces are filled on a first-come, first-served basis. Participants can reserve a place on a trip by mailing or delivering the Overnight Trip Application, payment and self-addressed stamped envelope to the trip leader. Space is not reserved until receipt of required deposit or payment. The date of receipt is the earlier of the postmark date or the date of physical delivery to the trip leader.

4. Participants must provide an email address or a self-addressed, stamped envelope with payment so the leader can easily provide trip information.

5. Other ONC Chapter members are considered members and can go on Portland Chapter trips.

WAITING LIST: If a trip is full, participants can be placed on the waiting list by sending the trip leader an application and trip fee. The application and fee will be held by the leader until a space becomes available; at that time, the participant will be asked if s/he wishes to join the trip. Those not offered a place on the trip receive a full refund.

Trip Cancellation Policy
Notify the trip leader

Continued on sidebar page 8

Peggy Macko



Striking a pose, the Flying L group

Trudy Hussmann

ASAP if you must cancel, even if it is a shared-cost trip and no deposit has been paid. Trip fees are nonrefundable unless a replacement is found.

The following applies:

1. If the participant desires a refund, they are responsible for finding their own replacement. Check with the trip leader to get a copy of the waiting list; this list can be used to locate a replacement. The participant should cooperate with the trip leader to draw on the waiting list for a replacement member. Once a replacement has been secured, a written or e-mail request for refund must be sent to the Overnight Trip Coordinator. Once it has been confirmed that a replacement participant has paid for the tour, a refund will be issued within 30 days, less \$10.

2. If a replacement is not secured, the participant is accountable for the full cost, and no refund will be issued.

3. If the participant has paid a deposit only, and withdraws from the trip without finding a replacement, the full amount of the deposit is forfeited and no refund will be issued.

Travel Insurance

ONC has made arrangement with TravelGuard for a special travel insurance program for trips, which covers death of a family member, major illness, or injury. It is recommended that members sign up with them at the following site, make their own arrangements for travel insurance, or take personal responsibility for lost funds. www.travelguard.com/agentlink.asp?ta_arc=125858&pcod

Trip Limit: 7 participants.

Cost: \$130 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$120 check payable to ONC-Portland Chapter to the trip leader: Kathy Burns, 58324 Wilson Cutoff Rd, Vernonia, OR 97064. For more info contact Kathy 503 429-4024 burnskathrynl@gmail.com.

Feb 8–10, Fri–Sun, All Level Ski Ochoco Mountains II, OR

Full, waiting list available*

More detailed info is available on our website.

Trip limit: 7 participants, including the leader.

Cost: \$35 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact Ted 503 452-7432 tedskier@gmail.com.

Feb 14–18, Thur–Mon, Pres' Wknd, All Abilities Ski Methow Valley, WA Family Friendly! 9 spaces available, sign-up by Jan. 10*

For the past three years, ONC member Amy Blumenberg and her family have led hugely successful family trips to Trout Lake, WA and Sunriver over MLK and Presidents Day weekends. They're now plotting new adventures for ONC members! Join them for a fun-filled Methow Valley trip over Presidents Day weekend. The fabulous and spacious Bend in the River Lodge in Winthrop, conveniently located close to the Rendez Vous ski trails, will serve as our base for a 4-day, 4-night trip. The Methow Valley offers over 100 miles of groomed cross-country ski trails for all levels as well as sledding, snowshoeing, ice skating and other winter fun. Beginners are welcome! We'll enjoy festive potluck dinners around the lodge's 12 foot oak table.

Methow Valley info: www.mvsta.com/ski.html.

Lodge info: www.abendintheriverlodge.com

NOTE: The Methow Valley is a six to seven hour drive from Portland so you'll probably want to take Thursday and Friday off of school and work before the holiday Monday. This is a family-friendly ski trip, to encourage more families to ski together, we are offering a SPECIAL RATE: **Each adult may bring one child at NO COST!** Additional children are half price.

Trip limit: 15 participants, including the leader.

Cost: \$200 per person for adult members; you must be a current ONC member before signing up for this trip. First child with adult member is FREE, additional are \$100 per child. All ONC members are welcome!

Send your ONC overnight trip application and \$200 check payable to ONC-Portland Chapter to the trip leader: Amy Blumenberg, 4232 SW Pendleton St, Portland, OR 97221. For info contact Amy 503 241-2768 ablumenberg@comcast.net



Kids having fun making tracks

Feb 15–19, Fri–Tue, Pres' Weekend, All Ability Ski Sunriver, OR

3 spaces available, sign-up by Jan. 15*

Presidents Weekend is the biggest weekends for skiing in Central Oregon. The snow in Central Oregon is known to be powdery, plentiful and dry. Here is your opportunity to stay at Sunriver, a wonderful resort about 40 miles south of Bend. We have a comfortable well-appointed rental house with a hot tub. We have the house for four nights.

Trip limit: 10 participants, including the leader.

Cost: \$135 per person for members; you must be a current ONC member before signing up for this trip.

Send your completed ONC overnight trip application and \$135 check payable to ONC-Portland Chapter to the trip leader: Ted Magnuson, 14405 SW High Tor Dr., Tigard, OR 97224. For info contact Ted 503 590-7998 tedmag@live.com.

Feb 16–24, Sat–Sun, All Abilities Ski Yellowstone National Park Dream Trip, WY 6 spaces available*

You have been there in the summer with all the tourists. You have heard about it from others who have been there in the winter. Now it is YOUR opportunity to experience the dream: YELLOWSTONE IN WINTER! Twenty lucky people will have the opportunity of a lifetime this ski season for this Presidents' Weekend ski trip.

We'll carpool from Portland on Saturday, February 16, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone

National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in rooms with double beds and shared bath. On Monday morning, a snowcoach ride takes us to Old Faithful where we move into western cabins and Old Faithful Snow Lodge with private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday afternoon, we will return to Mammoth Hot Springs on the snowcoach for two more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area – either Tower or Indian Creek areas. On Saturday, there will also be an opportunity to take a special snowcoach to the Grand Canyon of the Yellowstone to see and ski this magnificent area (extra cost). Sunday morning, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced, something for every desire.

For those who wish, there is an option for beginning the trip a few days early or extending the trip for one or more



ONC skiers in the geyser basin

Amy Blumenberg

Bob Breivogel

days at the end. It is also possible to fly to Bozeman to avoid the drive. Please contact the tour leader for information. This trip fills up quickly so sign up early.

Trip limit: 20 participants, including the leader.

Cost: \$725 per person for members; you must be a current ONC member before signing up for this trip. Includes six-nights lodging and breakfasts (three at Mammoth and three at Old Faithful) and snow-coach to Old Faithful and back to Mammoth. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.

Send your overnight tour application and \$725 check payable to ONC-Portland Chapter to the trip leader by January 15: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. There will be a pre-trip meeting scheduled to plan for details and carpool. For more info contact Ted 503 452-7432 tedskier@gmail.com.

**Feb 22–24, Fri–Sun, All Abilities Ski and Soak Breitenbush Hot Springs, OR
Spaces available***

Join us for two days of skiing and relaxing at this hot springs retreat. Price includes three organic vegetarian meals a day starting Friday evening and ending Sunday noon (sample, delicious sack lunches will be provided both days). We'll ski both days either from the hot springs, Maxwell Butte or Santiam Pass.

Trip limit: 10 participants, including the leader.

Cost: \$230 per person for members; you must be a current ONC member before signing up for this trip. Includes two nights lodging and all meals.

Send your ONC overnight trip application and \$230 check payable to ONC-Portland Chapter to the trip leader: Janet Liu, 4305 SW Galeburn St., Portland, OR 97219. For more info contact Janet 503 245-1357 janetliu1@juno.com.



Breitenbush, "lead me to the hot tubs!"

**Mar 1–3, Fri–Sun, Fri–Sun, All Abilities Ski and Snowshoe Crater Lake via Charter Bus
Spaces available, sign-up by Feb. 15***

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC for the big trip at Crater Lake. We'll board the deluxe coach in Portland and proceed down I-5 while sharing in the world famous "Rolling Pot-Luck."

The next morning after a hearty gourmet breakfast at the historic Prospect Hotel we'll take a quick ride to the rim we'll spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains while skiing as far as our legs can carry us. Sunday will be another day of different trails, different tours, and more exploring. We can even take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping for a special dinner on the way, arriving back in Portland about 10 pm.

There are two types of accommodations: The Historic

Ted Scheinman



The group beside the coach

Ted Scheinman



Crater Lake rim, Wizard Island behind

\$275 per person in adjacent motel-like building; you must be a current ONC club member before signing up for this trip.

Send your ONC overnight trip application and \$275 or \$290 check payable to ONC-Portland Chapter to the trip leader: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. For more info contact: Ted at 503 452-7432 or tedskier@gmail.com.

**Mar 9–12, Sat–Tue and Mar 12–15, Tue–Fri, BC Ski Backcountry Huts near Payette Lake, ID
New Trip**

The huts are near McCall, ID about a seven-hour drive from Portland. The first and last day is a travel day and/or a break day between two hut trips. The skiing terrain around the Fall Creek Hut (Mar. 10 and 11) is mostly beginner to intermediate backcountry with some steeper sections. The total vertical elevation gain is about 1,200 ft. with slopes ranging from 12 degrees to 30 degrees on mostly open terrain. Around the Twah Creek Hut (Mar. 13 and 14) the slopes range from beginner (10-15 degrees) to expert (35-45 degrees) with some extreme chutes (over 50 degrees) in a bowl. Huts have a wood fired sauna and a composting outhouse. Note: the leader snores.

If there is enough interest, we could go to several other yurts (Alta, WY or Sunriver , ID). They can not be cancel and are quite a bit more expensive.

Trip Limit: 8 participants, including the leader.

Cost: \$60 (for two nights in either hut), \$120 (for four nights in both huts) for members; you must be a current ONC member before signing up for this trip. Includes lodging in the huts. There is the option of having cargo carried to the huts \$50 fee for 60 lbs of cargo. Not included: lodging the night before skiing into the huts and food.

Send your ONC overnight trip application and \$60 or \$120 check (indicate hut or huts that you sign up for) payable to ONC-Portland Chapter to the trip leader: Larry Risch 1511 SW Park Ave, Apt. 1305, Portland , OR 97201 For more info contact Larry 503 227-8486 hikernw@gmail.com

Prospect Inn which has one double/ queen bed in each room for two people and the adjacent motel-like rooms, which have two or three beds per room, but everyone who wishes can have their own bed. The Historic Inn costs \$15 per person more. Please indicate which you wish.

Trip limit: 40 participants, including the leader.

Cost: \$290 per person in Historic Prospect Inn;

Discounts for ONC members!

Glenn's Mountain Tracks in Government Camp next to Huckleberry's Restaurant, offers ONC members group rates on cross-country ski rentals. You must show your membership card. On-line rentals. mtntacks.com

Mountain Shop 628 NE Broadway offers ONC members a 15% discount on cross-country ski rentals. On-line rentals. mountainshop.net

Oregon Mountain Community 2975 NE Sandy offers ONC members a 10% discount on cross-country ski rentals.

Otto's Cross Country Ski & Snowshoe 38716 Pioneer Blvd. in Sandy, has cross-country ski package rental for the entire season.

Wy'East Nordic Ski School offers ONC members a 10% discount on cross-country ski and telemark lessons. wyeastnordic.com

***Trip status as of November 20**

Ski Glacier National Park New Years 2013

Jennifer Klump



Ted Scheinman



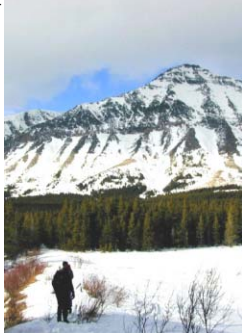
Ted Scheinman



Ted Scheinman



Jennifer Klump



Mar 22-31, Fri-Sun, All Abilities Ski Canadian Rockies Spring Break Ski Trip Assiniboine Lodge Option Trip full, waiting list available*

This is the Big One! Don't miss out! Join us for a ski expedition to the magnificent Canadian Rockies Canmore, Banff, Kananaskis Country. We have planned six days of glorious backcountry intermediate level ski touring and groomed X-C trails of that region. One day will be left open



Canmore, Alberta, Canada

for sightseeing or yes, more skiing! Downhill skiing is also an option. Accommodations entail a luxury house arrangements with kitchen facilities and entertainment areas for dinners and socializing. Canmore is a delightfully entertaining community and worthy of at least one night "on the town." The return trip will begin early Saturday, March 25 returning to Portland Sunday, March 26. Travel distance to Canmore is approximately 900 miles. A pre-trip meeting will

be scheduled to go over the details. A valid passport will be required to travel to Canada.

More detailed info is available on our website.

Trip Limit: 10 participants, including the leader.

Trip Cost: \$400 for members; you must be a current ONC member before signing up for this trip. This cost includes seven nights' accommodations in a luxury house in Canmore. Additional costs to be incurred are one or two nights of accommodation on the road, meals, shared costs for transportation, and shared costs for groceries to prepare meals and trail lunches in Canmore. The total cost should be less than \$800.

We have made optional reservations for 3 nights at Assiniboine Lodge, for March 24-27.

If you choose the Assiniboine option, which includes two helicopter rides, accommodations and meals at Assiniboine Lodge, the cost could be substantial. Please contact the leader if interested.

Send your ONC overnight trip application and \$400 check payable to ONC-Portland Chapter to the trip leader: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. For more info contact Ted 503 452-7432 tedskier@gmail.com.

***Trip status as of November 20**

Oregon Nordic Club Overnight Trip Application

TOUR NAME: _____

DATE: _____

FEE / DEPOSIT: _____

One application per person

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: _____

ONC MEMBER: yes no* other ONC Chapter

*You must be a current ONC member before signing up for ONC overnight trips

PHONE: (home) _____

(work) _____

(cell) _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip. Purchase trip insurance incase of hardship: www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link is on our website) I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE: _____

DATE: _____

(Parent or Guardian must sign if the trip participant is under 18 years of age)

X

Welcome New Members!

Glen Duey 503 313-1108, Don and Janet Wolf 503 297-244 503 319-2107, Andrea Ogston 503 347-4243, Flora Novarra 503 925-5789 503 313-2010, Mark Smith 503 274-0501, Jenny Wilson 360 254-2944 503 577-7287

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

November membership report: 194 total members (140 single and 54 family), including 6 new, 40 renewing. Last year at this time there were 242 memberships. Members not renewing for the 2012-2013 year are dropped from the membership this month.

BOARD MEETING MINUTES

November 12, 2012, 7:00 p.m.

Board Members Present: Kim Davis, Andre Fortin, Mary Hepokoski, Elizabeth McLagan, Ted Magnuson, Steve Planchon and Ann Truax. Tony Akerman was also present to discuss the Chapter's website.

Treasurer's Report: Elizabeth McLagen provided a written treasurer's report, with about \$1,350 in net income reported through October. It was noted that Overnight Trip program expenses of about \$14,300 have been covered by revenues collected for the trips. The Board spent some time talking about the level of effort needed to attend to Chapter accounting matters, noting the need to continue the discussion. Elizabeth estimated the current level of effort to be about 8 hours per month.

Reports/Discussion/Actions:

Presidents Report: Mary Hepokoski provided written report, with key items noted below.

Membership: Mary Hepokoski reported that 194 memberships have been renewed and that 65 have not renewed to date.

Publicity/New Member Cultivation: Mary Hepokoski reported that the Chapter was represented at the Northwest Ski Club Council meeting, as well as Chapter presentations at REI.

Nominating Committee: No new developments.

Shelters: Tilly Jane. Mary Hepokoski reported that the Forest Service permit was ready for signature, subject to two outstanding matters: (i) the need for the Forest Service to revise certain language on the Reserve America reservation system; and (ii) the need to clarify that Tilly Jane revenues received by the Chapter will be considered Chapter revenues upon receipt. The Board authorized signature subject to these contingencies being satisfied.

Trillium Yurt. Ted Magnuson reported that there appears to be no progress within the Forest Service regarding construction planning.

Website: Steve Planchon reported that Tony Akerman's willingness to serve as the Chapter's webmaster has resulted in changed circumstances regarding the website improvement contract previously approved by the Board. The Board agreed to terminate the contract, pay the contractor \$495.00 for efforts to date and support Tony in his efforts to make necessary improvements to the Chapter's existing website with the assistance of the ONC webmaster.

Next Meeting: Monday, December 10, 7:00 p.m. @ Mazamas, 527 SE 43rd, PDX

Meeting Adjourned: 8:30 p.m.

Submitted By: Steve Planchon, *Secretary*

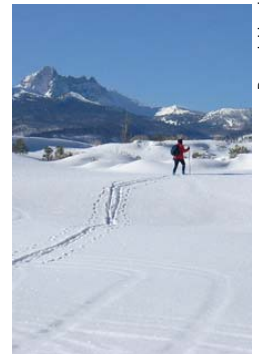
CLASSIFIED ADS

FOR SALE: ► Madshus Megasonic skate skis, 190 cm, for skiers up to 136 lbs. (bought at ski swap by mistake; I am heavier). Brand new, still in plastic wrapper. \$120. Clayton claytonha@yahoo.com.

FOR SALE: ► Women's Montrail backpacking/mountaineering boots (crampon compatible), sz 8 1/2, new condition, in original box with original paperwork. Were \$225 new. \$85. ► Women's Scarpa T-2 Telemark Boots, sz 8, excellent condition in original box. Photos available upon request. Amy 503 891-3689 ablumenberg@comcast.net

Deadline: 15th of the month (for next month's publication). Free ads are for members only, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a MS Word document attachment -- preferred--(with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be remove earlier.

Black Butte for New Years



Darvel Lloyd

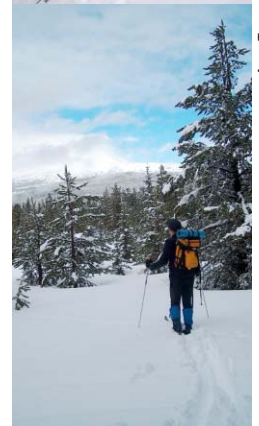


Darvel Lloyd

Flying L Mt. Adams



Ann Turax



Ann Turax

Ski Winter Sports Fair

Dec 4
Tues
6-9 PM

USED EQUIPMENT SALE
6:10-8:45 PM
MULTNOMAH ARTS CENTER



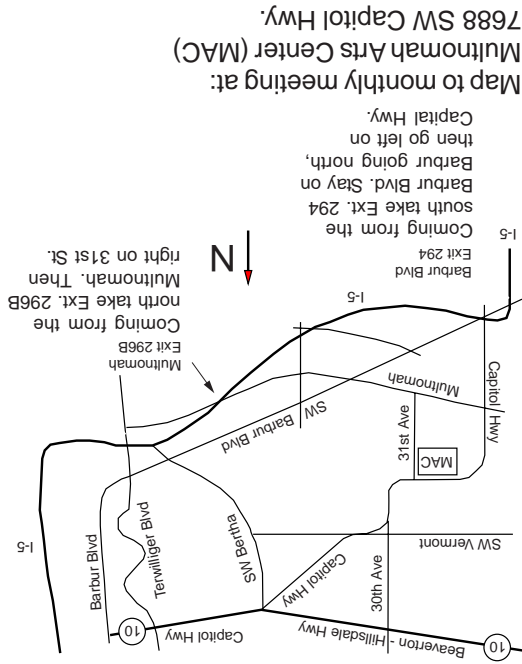
NORDIC SKIING

- ★ Check out new skis gear, snowshoes, and winter clothes.
- ★ Lesson sign-ups— all levels Nordic, backcountry, and telemark.
- ★ Programs on gear and winter safety!
- ★ Raffle— supports trail tending



BACKCOUNTRY SKIING

Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906



Map to monthly meeting at:
Multnomah Arts Center (MAC)
7688 SW Capitol Hwy.

Upcoming Programs

Jan 8-Circumountaineering Mt. Rainier
Feb 5-TBD
March 5-Hiking in the Sierras

April 2-TBD
May 7-Friends of the Columbia Gorge