



Shelter from the storm

Trillium Yurt This ski warming structure, to be located in the overflow camping area west of the Trillium Lake dam, will be built by the US Forest Service. They have purchased the yurt and the materials for the base. Construction may occur as early as Spring 2012. Plans for the adjacent wood storage shed, which will be built by our club, must also be approved and a special use permit issued before construction as well—expected mid-year.

Marble Mountain Warming Shelter This log structure in the Gifford Pinchot National Forest, built by volunteers in 1990, has been missed since it burned to the snow-covered ground in dramatic fashion last April. Efforts to re-build the shelter are being led by the volunteers of the Mount Saint Helens Trac Riders Snowmobile Club. Donations of funds are being managed by Mount Saint Helens Institute (www.mshinstitute.org) and are in the early stages. Materials and labor are also being accepted. In the meantime the Marble Mountain Sno-Park remains open for regular use.

Tilly Jane A-Frame Eleven club members from the Portland Chapter worked on the building over the New Years' weekend. They finished securing the A-Frame, as required in the new USFS agreement, added some door locks, hung clothes pegs, cleaned up a bit and partied much too hard for our ages. The skiing was phenomenal on New Years Eve day with 18 inches of new, dry snow

deposited overnight and during our climb up on Friday. Future weekends have been set aside for Portland Chapter member work days, including the weekends of February 3 and 4, March 2 and 3, and April 6 and 7. Look for the “volunteer weekends” on the website: www.onc.org/Tilly-Jane. The Portland Chapter’s second year of managing use of the historic Tilly Jane A-Frame is different from the first year. It’s early in the transition process to the new National Recreation Reservation System (NRRS) for reserving overnight stays, but it seems that it will be pretty smooth



Andrew Balck

Tilly Jane A-frame overnight trip

once the wrinkles are worked out. To reserve a stay go directly to the reservation sites: www.recreation.gov or www.reserveamerica.com and search for under “Oregon” and “Mount Hood National Forest.”

Four members have volunteered to assist Russ Pascoe in supporting the reservation process and informing guest users of the facility. A subcommittee has been formed to deal with the management of the Tilly Jane A-Frame. All requirements and work on the structure are to be evaluated, prioritized and followed through to completion. Future tasks may include writing grant requests, preparing communication and outreach materials and optimizing relations with critical stakeholders. ♦

Kevin McGillivray, *Shelters*

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Jennifer Klump

Glacier National Park

See overnight tours page 6.

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Recruiter — vacant

Novice Ski Tours

— vacant

Summer Coordinator

vacant

EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication).

Send submissions to
oncnewsletter@gmail.com

as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as an attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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Portland Chapter of the Oregon Nordic Club, Inc.
P.O. Box 3906
Portland, OR 97208

UPCOMING EVENTS

Feb 1 WEDNESDAY

Time & Change on Mt. Adams

Springhouse Cellar, 13 Railroad Ave., Hood River, OR
Lecture by Darryl Lloyd. Doors open 6 pm; Lecture 6:30.
\$5 suggested donation. Info: <http://www.cgec.org/>

Feb 2 THURSDAY

Winter Camping Basics

REI Clackamas 7–8:30 p.m. Free! Info/sign-up: rei.com

Feb 7 TUESDAY

Pacific Northwest Backcountry Ski Destinations

ONC monthly program. Multnomah Arts Center, 7688 SW Capitol Hwy., 7:45 p.m. Free!



Feb 12 SUNDAY

Waffle Feed @ Meissner Shelter, Meissner XC ski area outside of Bend, OR

10:30 a.m. until the batter runs out. Family friendly event.

Feb 19 SUNDAY

6th Annual John Day Memorial Citizen's Cross-country Ski Race, Fun Ski

Diamond Lake Resort, Diamond Lake, OR
Info: <http://southernonc.tripod.com>

Feb 21 TUESDAY

Clinic: Winter Safety

REI Hillsboro, 7–8:30 p.m. Free! Info/sign-up rei.com

Feb 22 WEDNESDAY

Clinic: Winter Safety

REI Portland, 7–8:30 p.m. Free! Info/sign-up: rei.com

Clinics & Training

Feb 11 SATURDAY

Nordic Ski Demo Day

Meadows Nordic Center, Mt. Hood, OR, 10 a.m. – 2 p.m.
Join REI, Mt. Hood Meadows Nordic Center and the Oregon Nordic Club for demos and lessons. Hot beverages and snacks. Discounted gear rental at REI \$5 (can be reserved). Meadows gear first come, first served. Register: www.rei.com

Feb 21 TUESDAY

Tele-Tuesday @ Ski Bowl

Mt. Hood Ski Bowl, Mt. Hood, OR
Register 5–6:30 p.m. Tele and AT demo skis 5–9 p.m. \$10.
Avalanche transceiver demo 5–7 p.m. \$10
Telemark lessons 7–8:30 p.m. \$20.

Freeski Competition starts 7:15 p.m. \$15

Raffles and prizes 10–10:30 p.m. @ Bierstube

Lift ticket or passes required

Info: mountainshop.net

All proceeds benefit Friends of the Northwest Weather Avalanche Center. Sponsored by Mountain Shop

May 24–27 THURSDAY-SUNDAY

May 31– June 3 THURSDAY-SUNDAY

2012 Oregon Spring Camp, Mt. Bachelor

Date are tentative. Morning on-snow, groomed ski sessions, optional afternoon dryland clinics. Info: xcoregon.org

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Rental discounts at selected merchants
- ▶ Member rates on Mazama activities (exclude classes) and use of Mazama Lodge, Mt. Hood: day-use, overnight lodging and meals
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot NF

Memberships: \$27 singles, \$33 families

Info and application: membership@onc.org

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

Diamonds missing, branches across ski trails?

Have you skied on trails with blue diamond trail markers missing, downed trees or brush across the trails and unexpected dead ends? Trail maintenance season will be here soon enough and we'll have trail tending parties to improve these trails. Greg Wenneson and Bill Yaeger will be taking charge of trail tending this year and meeting with the Forest Service representatives from Mt. Hood and Gifford Pinchot National Forests to identify trail maintenance projects for this summer. Please send your recommendations for trails to work on this summer during our trail tending parties (include information about what needs to be repaired or improved) to: Greg Wenneson
gregwenn@sonic.net

Free trail skills college

Registration will soon be open for the 2012 Trail Skills College in Cascade Locks, Oregon. This free event, which runs from April 20–22, is open to anyone interested in learning more about trail work, leadership, and skill building.

There is a link on the website below with registration info. Spaces fill quickly once registration is open. Info: Rick Pope, poper123@frontier.com, or 503-641-3609.
www.pcta.org

BOARD'S SKI TRACKS

Web Page The 21st Century is well underway. Smart phones, QR codes on points of interest, pdf files of ski trails readily available on-line; what an exciting time we live in. Mike Greenstreet, our out going president has been golden in maintaining our web page but now the time has come for someone new to take on this responsibility. Can you dedicate some time to the club to update our web page? Many members have requested an email be sent out by list serv to provide a link so the monthly newsletter can be viewed or downloaded. If you are tech savvy in this area, ONC needs you! Please call or email our President Mike or any board member. Mike will even give you a head start on techniques and progress-to-date. The contact info is in this newsletter.

Elections On March 6, we will be electing a new board at our monthly meeting. Ann Truax, Mary Hepokoski and Sam Digard are serving on the nominating committee. Please do say "yes" should they contact you. Or c'mon, just step forward and come to the aid of the ONC. We also need people to pitch in on our Tilly Jane hut project (Thank you Russ Pascoe and Ernie Carpenter) and the Trillium Lake yurt (John Nakada and Pam Rigor). Andre Fortin has volunteered to fill our one-year term opening on the board. Welcome Andre! He and his wife Jennifer have also come forward volunteering time to the Tilly Jane A-Frame. Thanks!

Lead by Example A member recently contacted the board concerned the ski trail maps for Mt. Hood. They are old and in many cases—outdated. Do you have cartographic (mapmaking) skills? Do you have an updated map that could be put on the ONC website? Would your print shop be capable of producing such a resource? If you had a new Mt. Hood Ski Trail map resource, what would it look like, what trails would you include? Would you be interested in serving on a committee to examine questions like these? If so, team up!

Leadership Training Several years ago, the club conducted an overnight leader training session. Sam Digard and Ted Magnuson are putting together a 2012 leadership training session. If you are interested in becoming an ONC overnight or day tour leader, this event is for you. If you have ideas to contribute, by either providing information, or have questions, by all means, do contribute that material and those questions to this event. The event is projected to run 3-5 hours, possibly in early October. Contact Sam or Ted for more information.

Here's wishing you clear blue skies and two inches of dry powder snow on a good thick base, with nary a frozen crust anywhere all your ski tour through!

Ted Magnuson, *Board Member*

VOLUNTEER OPPORTUNITIES

Membership Help keep our membership strong. Contact Susan 503 706-6463

Nordic Issues committee members Keep the club up-to-date on issues that affect Nordic skiers. Contact: Mike 503 699-8672, Miriam 360 883-1060

Programs Contact: Ron 503 475-0084

Publications Contact: Pam 503 297-4284

Publicity Help with outreach for the club and get involved in social media to promote the club. Contact Ann 503 231-7220

Day tours Two recruiter needed for the winter season (November to May) to contact leaders and set up tours. Contact: Kathy 503 429-4024

Website Contact: Mike 503 699-8672

NORDIC ISSUES

Our Board will be coordinating their response with the other ONC chapters and the Edelweiss Club regarding asking for a large-enough area designated for non-motorized use around the Hemlock Butte Cabin, which is located between and south of Mt. Bailey and Diamond Lake, about 24 miles east of Roseburg, OR, to help insulate it and the access trails from the sights, smells, and sounds of motorized recreation.

I do have one request to make of our members and friends: I noticed in the areas of Trillium Lake and Twin Lakes/Frog Lake that there are a number of piles of dog-poo. I would like to believe that no member of our fine club would leave dog-poo unbagged and ready to be skied on. However, if you enjoy snow sports with your pooch, please keep a close eye on your friend and clean up after him or her. Most people try to be attentive, but sometimes our pooches leave behind presents we may not notice at first. Perhaps you can help another dog owner or yourself by cleaning up poo on occasion even if you think it has a low chance of being from your dog(s). After all, poo happens. Thanks.

Miriam Hammer, *Nordic Issues*

Thank you volunteers

Andre Fortin has stepped forward to fill the one year board position to be vacated by Keith Knight. Marc Leon and Miriam Hammer will be posting the signs that Steve Levy has been putting on the ski trails. Miriam Hammer is filling the Nordic Issues position that has been vacant. Greg Wenneson will be helping Bill Yaeger with trail tending tasks that were done by Sam Digard and Mike Greenstreet. And thank also go to Terry Owen who helped with the ski fair in December. Thanks all!

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DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  **See website for dog policy for ski tours.**

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a mileage rating, to help you

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Mt. Adams Conference a Success

By any measure the Nov. 11, 2011 "Mount Adams in a Warming Climate" conference was a resounding success. Around 180 people attended the all-day conference, which was held at Trout Lake, WA, and hosted by Friends of Mount Adams.

Six speakers covered a wide range of topics with PowerPoint presentations. Darryl Lloyd provided a geographic overview of the Mt. Adams Volcano, its ownership/management, drainages and vegetation habitats. Archeologists Cheryl Mack and Rick McClure of the GPNF spoke about the human ecology, culture, and history of Mt. Adams. Dr. Andrew Fountain of PSU presented a recent study of twentieth century glacier change on Mt. Adams and other NW volcanos. Dr. Jeremy Littell of the University of Washington Climate Impacts Group discussed current and expected future



Aerial photo of the NE side of Mt. Adams, taken on 9-23-11

effects of warming on alpine and subalpine ecosystems and certain plants and animals. Dr. Robert Scheller of PSU wrapped it up with a presentation on long-term impacts of fire management, climate change and forest management as they relate to carbon balance and carbon sequestration of upper elevation forests.

More detailed information on the 2011 Mt. Adams conference can be found on mtadamsfriends.org. Click on "News," also "Gallery" (scroll down to last gallery).

Darryl Lloyd

10th annual ski the Glade Trail

The tenth annual Ski the Glade Trail, fund-raiser for the non-profit Mt. Hood Cultural Center and Museum will be on Saturday, March 3, 2012. 9 a.m. – 4 p.m. in Government Camp, Oregon. Tickets are \$100 each or \$90 for museum members. There is a limited of 75 skiers.

Glade Trail Facts Downhill intermediate ski trail, 3.0 miles, from Timberline Lodge to Government Camp.

A glade is an open place in the forest. Glade trail is thus named as it passes through many glades between the timberline at 6,000 ft. elevation and the village of Government Camp at 4,000 ft. elevation.

Glade Trail was built by the US Forest Service in 1937 as part of the Timberline Lodge ski complex. The trail roughly follows the route of the original Blossom Trail, dating to 1888 or earlier. Before the advent of ski tows and lifts, skiing consisted of either jumping or trail skiing. Trail skiers climbed on skis equipped with climbing skins, to the Timberline Lodge area and skied back to Government Camp.

The U.S. Forest Service, supported by the Mt. Hood Ski Patrol, facilitated trail skiing on Mt. Hood until the 1980's. Presently the trail is not groomed or patrolled.

Downhill skiers and snowboards are discouraged from skiing the trail.

This annual participatory living history fund-raiser is an opportunity to ski the Glade Trail safely. Skiers are transported by luxury shuttles to the trailhead at Timberline Lodge. Each group of skiers are guided by retired US Forest Service Snow Rangers, and supported by senior members of the Mt. Hood Ski Patrol. Lunch and snacks are provided in the comfort of the Mt. Hood Cultural Center and Museum. Participants are encouraged to wear vintage ski clothing. Tickets include an Après Ski wine party with prizes.

This event under special-use permit from USDA Forest Service is limited to 75 participants. The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Info and Tickets: call Mt. Hood Cultural Center and Museum at 503 272-3301. Tickets can be picked up the day of the event. Learn more and see photographs of last year's event at www.mthoodmuseum.org

Event director: Lloyd Musser, 503-367-3946.

Lloyd Musser, *Museum Event Director*

DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader. **Check the website for last minute day tours.**

Feb 1, Wed, Intermediate Ski Location TBD

Come join our group for a Wednesday activity. We'll ski where the snow is good! Meet at McMenam's Edgefield in the West parking lot at 9 a.m. to carpool. **For more info contact the leader: Terry Owen 503 590-5825.**

Feb 5, Sun, Easy/Intermediate Ski Location TBD

Join us to ski where the snow is good! We'll ski wherever conditions make a fun outing for all. Participant's ski levels will decide the tour distance. If conditions are better elsewhere, we can change tour location to a similar area. Bring a lunch. Meet at McMenam's Edgefield in the West parking lot at 8:30 a.m. to carpool. **For more info and to confirm attendance contact the leader: Mike Dianich 503 695-5385.**

Feb 11, Sat, Easy/Intermediate Ski Timberline Lodge, Mt. Hood, OR

We'll start from the Timberline Lodge area, where the snow is guaranteed to be good! The group can decide where to go; there are many opportunities in the Timberline area. Meet at the Gateway Transit Center parking structure at 8:30 a.m. to carpool. **For more info contact the leader: John Heaton 503 257-2012.**

Feb 12 Sun, Advanced Ski Newton Creek/Gates of Mountain, Mt Hood, OR

Join me for a ski of about six miles with 1,500 feet elevation gain (or as far as we get). **For more info, to confirm attendance and last minute changes contact the leader: Larry Risch 503 227-8486 hikernw@gmail.com.**

Feb 15, Wed, Intermediate Ski Location TBD

Come join our group for a Wednesday activity. We'll ski where the snow is good! Meet at McMenam's Edgefield in the West parking lot at 9 a.m. to carpool. **For more info contact the leader: Rand Schenck 503 347-5526.**

Feb 18, Sat, Novice Snowshoe White River, Mt. Hood, OR

Join me for a snowshoe up the ridge of White River Canyon. Round trip is about three miles. **For more info and meeting place and time contact the leader: Marc Leon 503 644-5925 mleon11@juno.com.**

Feb 18, Sat, Advanced Ski Bonney Butte, Mt. Hood, OR

We'll get a full day's worth of skiing on this advanced tour. Starting from Bennett pass Sno-Park, we'll ski the road, pass "terrible traverse" and keep on going all the way to Bonnie Butte. On the way back we'll drop into Pocket Creek, ski along the base of the ridge and finally climb back up the Pocket Creek Tie Trail. Plan on meeting at 8 a.m. **For more info and meeting place contact trip leader: Scott Diamond skiing@scottdiamond.com 503 643-6779.**

Feb 19, Sun, Advanced Ski Bennett Pass to Teacup Loop, Mt. Hood, OR

This round trip ski tour is about nine miles in Klindt's book, a full day's ski. There are steeper parts in woods and some slow parts on road. Meet at McMenam's Edgefield in the West parking lot at 8 a.m. to carpool. **For more info, to confirm attendance and last minute changes contact the leader: Larry Risch 503 227-8486 hikernw@gmail.com.**

Feb 22, Wed, Intermediate Ski Location TBD

Come join our group for a Wednesday activity. We'll ski where the snow is good! Meet at McMenam's Edgefield in the West parking lot at 9 a.m. to carpool. **For more information contact the leader: Terry Owen: 503 590-5825.**

Feb 26, Sun, Easy Ski Location TBD, Mt. Hood, OR

Let's ski where the snow is good! This Easy tour will be four to six miles over gentle terrain at a pace comfortable for all participants. We'll ski wherever conditions make a fun outing for all. **For more info, meeting time and location contact the trip leader: Miriam Hammer 360 883-1060 (call no later than 6:00 p.m., Saturday Feb. 4).**

Feb 26 Sun, Advanced Ski White River to Timberline, Mt. Hood, OR

We'll ski about seven miles with 1,700 feet elevation gain turning around short of Timberline Lodge to avoid avalanche conditions. Low visibility/high winds may change the route to Yellowjacket Trail (which we will start on). Meet at McMenam's Edgefield in the West parking lot at 9 a.m. to carpool. **For more info, to confirm attendance and last minute changes contact the leader: Larry Risch 503 227-8486 hikernw@gmail.com.**

Feb 29, Wed, Intermediate Ski Teacup Lake, Mt. Hood, OR

We'll start at Teacup Lake, then go down the Stump Trail over to Teacup Tie Trail, then on to Road 3540, the Meadow Creek Tie Trail, across bridge and then veer North to Teacup Lake trail system and back to cabin; about 5.5 miles. We eat lunch and then decide what other loops to conquer. Some of us might want to try the small advanced side shoots while others might decide to try some of the easier loops. **For more info contact the leader: Marc Leon 503 644-5925 mleon11@juno.com.** ♦

Join the ONC leadership team...

Snow snow snow...in the mountains is covering the ski trails, while it is raining down here. Lead a ski tour in March or the first weekend in April! New to leading tours? Send Kathy an email and we'll get you up to speed. Send February tour descriptions (by February 14, 8 p.m.) to Kathy at onedaytours@gmail.com. ♦

Help wanted for the ski season

Remember we are an all volunteer club and this is a key position for the winter. Give a little time back the first week and a half of the month by helping contacting ski tour leaders. Get to know some of the active leaders in the club, there are several positions open. Contact Kathy Burns 503 429-4024 to volunteer. Thanks. ♦

better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

Easy Tour
Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants.
Bike: Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.
Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour
Ski: 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.
Bike: Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

Hike: 8-10 miles; 200 to 400 ft. per mile elev. gain.
Backpack: 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour
Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.
Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15-18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain.

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Common meeting places: Gateway Transit Center NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center-NE Sandy Blvd. & NE 96th Ave. McMenam's Edgefield-2126 SW Halsey Take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (first stop light) turn left, go 1/2-mile; it's on the right.

Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking

Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be publicized. A potential leader must follow the procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

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OVERNIGHT TRIPS

Sign up early to ensure that trips will have enough people to cover the costs. After the sign up date check with the trip leader for openings. Get on the waiting list by sending in your application and check; last minute opening do occur.

ONC overnight trips are exclusively for members (you must be a current ONC club member before signing up for overnight trips). Membership application on page 11.

Please read the overnight trip policies (starting on side bar page 6) before signing up. Note you are responsible for finding a replacement for your space if you cancel, ask the leader for the waiting list of people to contact.

Trip insurance is available through Travel Guard Travel Insurance: a link to sign up for the insurance is on the website. Click on the “overnight trip application” link on the home page; insurance info is at the bottom below the application.

Feb 3–5, Fri–Sun, All Ability Ski
Mt. Adams Flying L Ranch, WA

Eight spaces available*

Follow the flurries to Mt. Adams and join us for two days of skiing, and relaxing in the outdoor hot tub. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of the ONC. Saturday night, we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

Trip limit 19 participants.

Cost: \$160 per person for members; you must be a current ONC member before signing up for this trip. Includes two nights' lodging and two gourmet breakfasts.

Send your ONC overnight trip application and \$160 check payable to ONC-Portland Chapter to the trip leader: Donna Matrazzo, 19300 NW Sauvie Island Rd, Portland, OR 97231. For more info contact: Donna 503 621-3049 matrazzo@msn.com.

Feb 6–9, Mon–Thur, Intermediate Backcountry
Scottish Lakes, WA

Check with leader for openings*

Check the website for a detailed description about this trip.

Trip limit 12 participants.

Cost: \$330 per person for members; you must be a current ONC member before signing up for this trip.

For info please contact: Russ 360 901-3411 russ.bec@gmail.com.

Feb 7–10, Tue–Fri, All Abilities Ski
Ochoco Mountains, OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Trip limit: 7 participants.

Cost: \$50 per person for members; you must be a current ONC member before signing up for this trip. Includes three nights lodging.

For more info contact: Terry 503 590-5825 terryowen@frontier.com.

Feb 10–12, Fri–Sun, All Abilities Ski
Ochoco Mountain, OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Trip limit: 7 participants.

Cost: \$35 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact: Ted 503 452-7432 tedskier@gmail.com.

Feb 10–12, Fri–Sun, All Abilities Ski
Shelter Cove Resort, Odell Lake, OR
Two Spaces available*

Join us for a stay on the west side of Odell Lake at the Shelter Cove Resort. Odell Lake at 4,800 feet is just over the top of Willamette Pass beside Highway 58, east of Eugene. A multitude of ski routes is available for all levels, from the groomed trails at the ski resort, easy trails to Gold Lake and Odell Lake, and backcountry trails to Maiden Peak, Rosary Lakes, and Mt. Fuji.

Our lodging will be in two cabins; both are complete with dishwashers, woodstove and electric heat, gas and microwave stove and new furnishings. All bedding and towels are included.

We will share potluck meals at night, bring your own lunch and breakfast meals. There is no restaurant at the resort, although there is one at Odell Lake Resort on the other side of the lake. Come experience a real winter in the luxurious cabin on the shores of Odell Lake.

Trip limit: 12 participants.

Cost: \$95 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight application and \$95 check payable to ONC-Portland Chapter to the trip leader: Ann Truax, 2824 SE 25th, Portland, OR 97202. For more info contact: Ann 503 231-7220 ann.truax@gmail.com.

Feb 16–20, Thur–Mon (President's weekend), All Level Ski
Wallowa Mountains, OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

For more info contact Lily 971 678-0632 ragtop.lily@comcast.net.

Feb 16–21, Thur–Tue, All Abilities Ski or Snowshoe
Glacier National Park, MT
Spaces available*

All aboard! Take Amtrak to your extended President's weekend ski vacation! Leave Portland (Vancouver option available too) on Thursday afternoon and wake up Friday to sparkling snow and the cozy Izaak Walton Inn in Essex, Montana, next to the spectacular Glacier National Park. On Friday, ski or snowshoe 30 km of groomed trails, go iceskating, or relax in the Finnish sauna. In the evening, enjoy a gourmet meal and read a good book by the fire or participate in exciting ONC board games. On Saturday and Sunday, we will hop in the rented van to explore the ski trails of Glacier National Park (Apgar, Marias Pass, Autumn Creek, Going to the Sun Highway, Dickie Bowl). On Monday, spend the day skiing around



Jennifer Klump



Gordon Hickey

Amtrak all the way

*Trip status as of January 24

the trails around the lodge or skiing up to Dickey Bowl. We board the westbound train Monday evening and as we pull back into the train station Tuesday morning, wondering why you waited so long to take this trip.

Trip limit: 20 participants.

Cost: \$595 per person for members; you must be a current ONC member before signing up for this trip. Includes four days of skiing, all transportation, three nights lodging double occupancy at Izaak Walton Inn. Dinner and breakfast are on your own, sack lunches available for an additional fee too. Sleeper accommodations are available on Amtrak for about \$250 additional per person round trip (includes dinner and breakfast on train).

Send your ONC overnight trip application check payable to ONC-Portland Chapter to the trip leader: Jean Hillebrand, 4027 NE 47th, Portland, OR 97213. For more info contact: Jean 503 287-0136 jeanjohn_12@msn.com.

Feb 17-20, Fri-Mon (President's weekend), All Ability Ski Sunriver, OR

Trip full, one on waiting list*

Check the website for a detailed description about this trip.

Trip limit: 10 participants.

Cost: \$90 per person for members; you must be a current ONC member before signing up for this trip.

For info contact Ted 503 590-7998 tedmag@live.com.

Feb 17-20, Fri-Mon, All Abilities Ski (Family friendly) Presidents Day Family Weekend at Sunriver

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Cost: \$275 per member family; you must be a current ONC member before signing up for this trip. Membership forms available on our website. Includes three nights lodging. Note: single parents can contact trip leader for special pricing.

For more info contact: Amy 503 241-2768 ablumenberg@comcast.net.

Feb 18-20, Sat-Mon, Novice Ski Mazama Lodge, Government Camp, OR

Spaces available*

This is the opportunity to ski out the back door at Mt. Hood! The Mazama Lodge, a beautiful, three-story building, located on the southern slopes of Mt. Hood, near Government Camp, will be our overnight accommodations. A delicious dinner Saturday and Sunday night as well as breakfast Sunday and Monday morning and even packed lunches on Sunday and Monday are included. Accommodations are in the upstairs bunk bedrooms (male, female and coed). There will be the opportunity for three days of skiing on the many trails in the area. Novice ski tours are planned for each of those days, a perfect follow up to all the ONC or Mazama ski lessons.

Trip Limit: 11 participants

Cost: \$110 per person for members; you must be a current member before signing up for this trip. Includes two nights and all meals.

Send your ONC overnight trip application and check payable to ONC-Portland Chapter to the trip leader: Kathy Burns: 58324 Wilson Cutoff Road, Vernonia, OR 97064. For more info contact Kathy: 503 429-4024 burnskathryn1@gmail.com.

Mar 2-4, Fri-Sun, All Abilities Ski and Snowshoe Crater Lake via Charter Bus

Spaces available*

The Crater Lake rim, at 7,000 feet, averages 44 feet of

Ted Scheinman



Crater Lake rim, Wizard Island behind

and after a hearty gourmet breakfast at the historic Prospect Hotel we take a quick ride to the rim and spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains while skiing as far as our legs can carry us. Some can choose a difficult ski to The Watchman, overlooking the Crater Lake from a magnificent viewpoint. After skiing on Saturday, we will return to Prospect Inn for a scrumptious roasted salmon, prime rib, or vegetarian entree. The local bar next door will provide local entertainment after dinner! Sunday will be another day of different trails, different tours, and more exploring. We can also take a ranger-led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping in Roseburg for a private Greek dinner on the way home.

Trip Limit: 40 participants.

Cost: \$260 per person for members for a room at the adjoining motel (everyone can have their own bed) or \$275 per person for members for a room at the historic Prospect Hotel (double occupancy, one bed); you must be a current ONC member before signing up for this trip. Includes transportation, two nights lodging, two breakfasts, Saturday dinner, Sunday dinner on the way back and gratuities. Box lunches will be available from the hotel at an additional cost of \$13 or bring your own. Note: contact Janet for accommodation availability--motel or historic inn before signing up.

Send your ONC overnight trip application and check for either \$260 (motel) or \$275 (historic hotel) payable to ONC-Portland Chapter to the trip co-leader: Janet Liu, 4305 SW Galeburn St., Portland, OR 97219. For more info contact: Janet 503 245-1357 janetliu1@juno.com or Ted Scheinman 503 452-7432 tedskier@gmail.com.

Mar 23-April 2, Fri-Mon, Intermediate Ski w/pack Norway! Mountain Lodge tour on the Hardanger Plateau.

Spaces available contact leader*

Many people associate cross-country skiing with Norway. Here is an opportunity for you to experience Nordic skiing the way it is really supposed to be! We will leave Portland on Friday, March 23, on a direct flight to Amsterdam and then to

Ted Scheinman



ONC skiers in Norway

Oslo. We will take a train to the high Hardanger Plateau, between Oslo and Bergen. We will ski mostly in rolling valleys above timberline. No need to carry a heavy pack - our beds and gourmet meals will be provided for you

at staffed mountain resorts. We'll return to Portland on Monday, April 2. This trip will not be as demanding as past

***Trip status as of January 24**

snow a year. Join the ONC for our annual trip to Crater Lake. We'll board the deluxe coach in Portland and proceed down I-5 while sharing in the world famous "Rolling Pot-Luck." After a sound night sleep

and after a hearty gourmet breakfast at the historic Prospect Hotel we take a quick ride to the rim and spend the day enjoying the spectacular snow formations and views of the lake and surrounding mountains while skiing as far as our legs can carry us. Some can choose a difficult ski to The Watchman, overlooking the Crater Lake from a magnificent viewpoint. After skiing on Saturday, we will return to Prospect Inn for a scrumptious roasted salmon, prime rib, or vegetarian entree. The local bar next door will provide local entertainment after dinner! Sunday will be another day of different trails, different tours, and more exploring. We can also take a ranger-led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping in Roseburg for a private Greek dinner on the way home.

Trip Limit: 40 participants.
Cost: \$260 per person for members for a room at the adjoining motel (everyone can have their own bed) or \$275 per person for members for a room at the historic Prospect Hotel (double occupancy, one bed); you must be a current ONC member before signing up for this trip. Includes transportation, two nights lodging, two breakfasts, Saturday dinner, Sunday dinner on the way back and gratuities. Box lunches will be available from the hotel at an additional cost of \$13 or bring your own. Note: contact Janet for accommodation availability--motel or historic inn before signing up.

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at staffed mountain resorts. We'll return to Portland on Monday, April 2. This trip will not be as demanding as past

procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

2. Overnight trips are limited to members; non-members are invited to join using the application in the monthly newsletter or on the website.

3. All spaces are filled on a first-come, first-served basis. Participants can reserve a place on a trip by mailing or delivering the Overnight Trip Application, payment and self-addressed stamped envelope to the trip leader. Space is not reserved until receipt of required deposit or payment. The date of receipt is the earlier of the postmark date or the date of physical delivery to the trip leader.

4. Participants must provide an email address or a self-addressed, stamped envelope with payment so the leader can easily provide trip information.

5. Other ONC Chapter members are considered members and can go on Portland Chapter trips.

WAITING LIST

If a trip is full, participants can be placed on the waiting list by sending the trip leader an application and trip fee. The application and fee will be held by the leader until a space becomes available; at that time, the participant will be asked if s/he wishes to join the trip. Those not offered a place on the trip receive a full refund.

Trip Cancellation Policy

Notify the trip leader ASAP if you must cancel, even if it is a

Continued on page 8

shared-cost trip and no deposit has been paid. Trip fees are nonrefundable unless a replacement is found.

The following applies:
1. If the participant desires a refund, they are responsible for finding their own replacement. Check with the trip leader to get a copy of the waiting list; this list can be used to locate a replacement. The participant should cooperate with the trip leader to draw on the waiting list for a replacement member. Once a replacement has been secured, a written or e-mail request for refund must be sent to the Overnight Trip Coordinator. Once it has been confirmed that a replacement participant has paid for the tour, a refund will be issued within 30 days, less \$10.

2. If a replacement is not secured, the participant is accountable for the full cost, and no refund will be issued.
3. If the participant has paid a deposit only, and withdraws from the trip without finding a replacement, the full amount of the deposit is forfeited and no refund will be issued.

Travel Insurance

ONC has made arrangement with TravelGuard for a special travel insurance program for trips, which covers death of a family member, major illness, or injury. It is recommended that members sign up with them at the following site, make their own arrangements for travel insurance, or take personal responsibility for lost funds. www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link on our website)

trips to Norway!

Sign up now! This trip must be booked no later than December 1, 2011.

Trip limit: 15 participants.

Cost: (estimated) \$2,800 per person for members; you must be a current ONC club member before signing up for this trip. Includes RT flight Portland-Oslo, lodging for nine nights, all meals except in Oslo, local transportation from Oslo to the mountains, and the time of your life!

Send your ONC overnight trip application and \$500 deposit check payable to ONC-Portland Chapter by December 1 to the trip leader: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. There will be a pre-trip meeting scheduled to plan for details. For more info contact: Ted 503 452-7432 tedskier@gmail.com.

April 6-8, Fri-Sun, Inter/Adv Backcountry (AT/Tele) Ski Three Sisters Backcountry Yurts, OR

Spaces available*

Three days of skiing at the Three Sisters Hut at the base of Tam McArthur rim (see <https://threesistersbackcountry.com/huts/> for details on the site). We'll take the snowmobile porter in from near Sisters on Friday morning and have the Raven Yurt to ourselves. Each person will be responsible for their own food, but stoves or cooking gear is supplied (the snowmobile will carry us in so weight is not an issue).

If the snow is good for turning then we'll spend the next three days putting on skins and exploring the beautiful bowls

of Tam McArthur rim and other runs. There is plenty of opportunity to ski as hard as you want or you can skip a loop and instead read/relax at the hut. If the snow is poor for turning then we'll backcountry ski as a group (We'll probably head out to Broken top for nice views.). We may mix doing loops of Tam McArthur with day tours if that is the group interest.

We head back Sunday afternoon. With this trip it is possible to drive from Portland Friday morning and be back in town Sunday evening. You may be exhausted at work Monday morning but you can pack in three great days of skiing with only one day off work.

Backcountry skis and full length skins are required; full telemark or advance touring skis preferred. Each person must have avalanche transceiver, snow shovel and probe (can be rented).

Trip limit: 6 participants.

Cost: estimated \$200 per person for members; you must be a current ONC member before signing up for this trip. Includes two nights lodging and shuttle to yurt.

For more info contact: Scott 503 643-6779 skiing@scottdiamond.com.

***Trip Status as of January 24**

Oregon Nordic Club Overnight Trip Application

TOUR NAME: _____

DATE: _____

FEE / DEPOSIT: _____

One application per person

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: _____

ONC MEMBER: yes no* other ONC Chapter

*You must be a current ONC member before signing up for ONC overnight trips

PHONE: (home) _____

(work) _____

(cell) _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip.

Purchase trip insurance in case of hardship: www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link is on our website)

I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE: _____

DATE: _____

(Parent or Guardian must sign if the trip participant is under 18 years of age)

Welcome, New Members!

Kris Enquist 414 232-6244, Chris and K.C. Fellmar 360 609-5538 360 609-5539, Lucinda Gilman 503 956-2651, Mark Lindau and Joy Dash 503 330-0849, Robert McCarthy 360 852-6635, Tracey and Maya Schmidt 503 238-0060 503 550-2697, Richard Vogel 503 877-4137, Dennis Weaver 315 806-8114, Anna Zaklikowski 971 322-9864

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

January membership report: 206 total members (148 single and 58 family), 9 new, 11 renewing. A reminder will be sent to non-renewing members. Last year at this time there were 295 memberships.

BOARD MEETING MINUTES

ONC Board Meeting, December 12, 2011, at Mike Greenstreet's house.

Meeting called to order at 6:45 p.m.

Present: Mike Greenstreet, Ann Truax, Elizabeth McLagan, Sam Digard. **Absent:** Keith Knight, Ted Magnuson, Mary Hepokoski and guest Ted Scheinman, overnight trip leader.

Treasurer's Report: \$43,516.79

Membership: Reviewed numbers from November. December not available

Reports and Information

Overnight trips: Appears to be very few if any participation from MeetUp site members.

Day Tours: Numbers reviewed.

Website: Menus reduced to make access to current outings more obvious. Lack of calendar noted.

Publicity: Excellent turnout at REI presentations.

Unfinished Business

Shelters: Tilly Jane A frame rental calendar is now online and accessible through a website link.

Publications: President's Ski Tracks. Mike will submit an article about board nominations

Volunteer shirts-order placed. Matching size and delivery to volunteers discussed.

New Business

Board Elections: Board elections for 2012. Outline reviewed. Nominating committee composed of Ann Truax, Mary Hepokoski, and Keith Knight.

Bylaws: Amendment of bylaws discussed if electronic ballot is selected as election method.

Nordic Issues: Teacup/Mount Hood Meadows/Twilight parking lot discussed. Decision to refer this to the State ONC board.

Hemlock Cabin and snowmobile access. A letter supporting the establishment of a snowmobile free zone will be written to the appropriate ranger district.

Publications: Electronic newsletter. Discussion about slowness of changeover, people requesting an e- newsletter are still receiving a printed copy. Motion made that the Portland chapter "adopt an electronic newsletter for all members except those not having email addresses, effective February 2012, for the March 2012 newsletter." Motion was passed.

Next Board meeting: Monday, Feb 13, 2012, 6:30 p.m., at Mary Hepokoski's house.

Adjournment.

Submitted by Mary Hepokoski, *Secretary*

CLASSIFIED ADS

WANTED: ► **Dot matrix printer** with tracker feeder for the club's mailing labels. Our printer is getting tired. **Mark (ONC database coordinator) 503 786-5141 or Terry 503 590-5825**

FOR SALE: ► **Two REI water bottles.** 32 oz., new, \$5 each. ► **Gaiters.** new size small, \$10. **John 503 257-2012.**

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a **MS Word document attachment --preferred--** (with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be remove earlier.**

Discounts for ONC members!

Glenn's Mountain Tracks

in Government Camp next to Huckleberry's Restaurant, offers ONC members group rates on cross-country ski rentals. You must show your membership card. On-line rentals. mnttracks.com

Mountain Shop

1510 NE 37th Ave offers ONC members a 15% discount on cross-country ski rentals. On-line rentals. Park in front on NE 37th, across the street at the Banfield Motel, or nights and weekends at MBank. mountainshop.net

Oregon Mountain Community

2975 NE Sandy offers ONC members a 10% discount on cross-country ski rentals. e-omc.com

Otto's Cross Country Ski & Snowshoe

38716 Pioneer Blvd. in Sandy, has cross-country ski package rentals for the entire season. ottoskishop.com

Wy'East Nordic Ski School

offers ONC members a 10% discount on cross-country ski and telemark lessons. weastnordic.com

Monthly meeting and program

Pacific Northwest Backcountry Ski Destinations

From southern Oregon to southern British Columbia there are a wide variety of backcountry skiing objectives. Richard Iverson from the Mazamas ski mountaineering committee will show slides of approach routes and summit descents, with a bit of geography and geology included along the way. Most routes were first completed in the pre-guidebook era using floppy leather boots, and many with double-cambered touring skis. Some remain largely secret to this day.



**Multnomah Arts Center
7688 SW Capitol Hwy.**

Tuesday, February 7

6:30 p.m. potluck/social hour

7:30 p.m. meeting/program

Guests are welcome to join club members for the potluck. Bring a food dish to share, along with your own plate, utensils and beverage.

Upcoming programs

Mar 6—Steve Levy's travels

April 3—Climbing Kilimanjaro, safari in Tanzania

May 1—Treking in China



Oregon Nordic Club
**PORTLAND
CHAPTER**



Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906

