



Cascade skiers expect weather to change

Throughout 1981, it was in January 1981. The weather was so weird. There are always multiple feet of midwinter snow at the mile-high terrain on Mount Hood. Not in 1981. Near tree line, snow was evident only in patches surrounded by bare ground and trees that revealed the normal snow line—lichen-free bark from the ground to well over six-feet high.

Terry Owen



What are waiting for? . . . it will come!

That January, 31 years ago, our youthful group left the skis in town and drove all the way to the Tilly Jane Campground at 5,700 feet. Normally we ascend to this timberline setting by strapping climbing skins to our skis and overnight packs to our backs and chugging uphill for two or more hours. Instead, we drove up and hiked the terrain and enjoyed an outdoor campfire and a half-full party keg. And 1980-81 was considered a “mild El Niño”!

For the Cascade Mountains, El Niño winters are skimpy on the fluffy white stuff. On our local ski routes, “boiler plate” becomes a common description of trail conditions. La Niña is El Niño’s opposite in both gender and Cascade snow pack abundance. Last winter, 2010–2011, was termed a La Niña period. However, last January was an episode of “gender identity confusion,” when half the generous snow pack of New Years Eve was lost by month’s

end. All skier complaints became muffled once the abundant La Niña-esque snowstorms began again in February and lasted into May.

As a Nordic skier committed to waxing his skis for Cascades’ kick and glide for a few years, I can attest that snow conditions change several times during a single day’s outing! Therefore, whether during a day ski trip or during a Cascades winter, if you don’t like the weather, wait a while and it will change—always.

Kevin McGillivray

New Year, new stove, new agreement, new system

The Portland Chapter will continue to operate the historic Tilly Jane A-Frame structure in partnership with the Mount Hood National Forest (MHNF). We signed a new one-year Granger-Thye agreement this fall. Locking the A-Frame’s doors is a provision of the new agreement.

We have purchased a new woodstove; the large Avalon Olympic model will provide essential warmth for guests during their visits. As part of a complete and safe system, we purchased a new Class-A chimney and stovepipe. The Hood River Ranger District covered the installation by a certified contractor.

The new system for making reservations is online in the National Recreation Reservation System. Reservations are required and must be paid in advance. Go to our website and click on the “Reserve America” link. You can also make reservations on the following sites: www.recreation.gov and www.reserveamerica.com (search under Oregon and Mount Hood National Forest). The fee for an overnight stay is \$15 per person and maximum occupancy is 20 people; fee covers firewood and minor maintenance expenses.

There are some weekends set-aside exclusively for Portland Chapter members and guests: December 30-January 1, January 20–22, February 3–5, March 2–4 and April 6–8. Many other weekend and midweek dates are still open for reserving check the above link.

The Tilly Jane A-Frame, a 73-year old structure, has been listed on the National Register of Historic Places since 1981 and is federally owned. Originally built for winter users in 1939 and called the “Tilly Jane Warming Hut,” it is situated in the Mount Hood Wilderness Area. The log structure is a remarkable example of the rustic “Cascadian” architectural style that became emblematic of the craftsmanship of the Civilian Conservation Corps in the region. Timberline Lodge is another such example on a grander scale. The 1,900 foot, three mile climb up the Tilly Jane Trail (FS Trail #643) requires planning, snowshoes or climbing skins on your skis and a likely a return to the Cooper Spur Sno-Park area via a more gradual route.

Kevin McGillivray, *Shelters*

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Izaak Walton Inn

Glacier NP trip
See overnight tours page 7.

Scott Diamond

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vacant

EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication).

Send submissions to oncnnewsletter@gmail.com

as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. Corrections: e-mail corrections and/or additions to the editor.

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UPCOMING EVENTS

Jan 7 SATURDAY

Winter Trails^R

White River West Sno-Park, 9–2 p.m. Free!
Demo snowshoes. Hot beverages and treats will be available.
Sno-Park pass required. Info: 503 221-1938 wintertrails.org

Jan 10 TUESDAY

Ski Mountaineering in Western China, Muztagh Ata—Father of the Ice Mountains

ONC monthly program
Multnomah Arts Center, 7688 SW Capitol Hwy., 7:30 p.m. Free!



January 10 TUESDAY

Tele-Tuesday @ Ski Bowl

Mt. Hood Ski Bowl. 5:30 p.m. Free, but lift ticket required.
Info: mountainshop.net Sponsored by Mountain Shop

Jan 17 TUESDAY

Clinic: Winter Gear Wax & Tune

REI Hillsboro, 7–8:30 p.m. Free! Info/sign up: rei.com

Jan 18 WEDNESDAY

Clinic: XC Skiing Basics

Presented by Oregon Nordic Club
REI Portland, 7–8:15 p.m. Free! Info/sign up: rei.com

Jan 24 TUESDAY

Clinic: Winter Camping

REI Hillsboro, 7–8:30 p.m. Free! Info/sign up: rei.com

Jan 25 WEDNESDAY

Winter Adventures: Mount St. Helen's

REI Portland 7–8:30 p.m. Free! Info/sign up: rei.com

Jan 28 SATURDAY

Tour for the Heart

Mt. Bachelor Nordic Center 11 a.m.
5km XC ski or snowshoe. \$25 until midnight Jan 13, \$27 after.
www.tourfortheheart.org Net proceeds benefit the Oregon chapter of the American Heart Association.

Clinics & Training

Jan 8 SUNDAY

Teacup Nordic Tea Party & Clinic

Come join us for our annual Tea Party and Ski Clinic. Ski lessons from skiers with years of experience, have some Stash Tea, and support Teacup Nordic. 9:30 a.m. – 2 p.m.

Jan 14 SATURDAY

Nordic Skate Skiing Clinics

Mt. Hood Meadows Nordic Center, 10 a.m. \$25
Drills (2 hours) done as a group to improve skate skiing technique, with Sam Cordell, former U.S. Biathlon Team Member.

Jan 25 WEDNESDAY

Feb 4, 11 SATURDAYS Feb 5, 12 SUNDAYS

ONC Ski Clinic & Free Snow Sessions

Clinic (in-town session) Jan. 25, \$20. Two options for the On-Snow Sessions: Saturdays, Feb. 4 and 11 or Sundays, Feb. 5 and Feb. 12—free for ONC members who attend the clinic.
Info: oncnnewsletter@gmail.com

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Rental discounts at selected merchants
- ▶ Member rates on Mazama activities (exclude classes) and use of Mazama Lodge, Mt. Hood: day-use, overnight lodging and meals
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot NF

Memberships: \$27 singles, \$33 families

Info: membership@onc.org

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and backcountry skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

Volunteers make fair successful

Thank you Ted Magnuson for rounding up fair volunteers and Ann Truax for helping coordinate the sale.

Ski and Winter Sports Fair volunteers: Ron Bekey, David Blanchard, Ernie Carpenter, Mike Greenstreet, John Heaton, Mary Hepokoski, Susan Kelly, Keith Knight, Lily Lee, Darvel Lloyd, Ted Magnuson, Kevin McGillivray, Donna Parsons, Ted Scheinman, Cloudy Sears, Elke Schoen and Jack Whitney.

Used Equipment Volunteers: Ron Bekey, David Blanchard, Ernie Carpenter, Sam Digard, Tere Enburg, Barbara Engel, Abby Haight, Trudy Hussmann, Kevin McGillivray, Elizabeth McLagan, Barbara Sack, Ann Truax, and Robin Williams.

If I missed anyone, please email me and let me know.

Raffle Donations: Friends of the Northwest Weather and Avalanche Center, Hillcrest Ski and Sport, Mountain Shop, Mountain Tracks, REI, WyEast Nordic, Sea to Summit Adventure. Proceeds benefit trail tending.

And last, but not least the fair participants (you make the fair): Gifford Pinchot National Forest; Hillcrest Ski and Sport; Mazamas Nordic Committee; Mount Hood Nordic Patrol; Mountain Shop; Mountain Tracks; Northwest Weather and Avalanche Center and the Friends of the Northwest Weather and Avalanche; Teacup Chapter of ONC; Wy'East Nordic.

Thanks you everyone and we'll see you next year!

Pam Rigor, *Ski Fair Director*

BOARD'S SKI TRACKS

Nominees for the Board

In April 2012 the Portland chapter will elect four new board members for two-year positions and one for a vacant one-year position. Qualifications are a love of cross country skiing, a desire to give back to the club—a few hours of your time each month—good judgment and communication skills. The club's future depends on member participation; whether it is through work on the Tilly Jane A-frame, leading day tours, introducing Nordic skiing to a new generation of members, or working with the Forest Service on Nordic Issues.

The following are frequently heard questions and corresponding answers about the board.

Q. I am pretty busy right now. How much time is involved?

A. The board meets for about one and a half hours each month during the ski season, October through April, eight meetings a year. Meetings can be as frequent as the board deems necessary to complete its work.

Q. I have only been a Nordic club member for a couple of years. How can I contribute to the board when I have had such little experience with ONC?

A. Of the current board, three members have a total of less than ten years of membership. Three of these members are officers and two of those board members are running for re-election. New members bring a fresh perspective to current issues and their input would be highly valued.

Q. Some non-profit boards can be discordant and get little accomplished. What about the ONC Board?

A. Meeting agendas are sent out a week in advance and Roberts Rules of Order are used. In the past two years new by-laws have been adopted, overnight trip policies revised, a dog friendly ski tour policy written, a new set of procedures for officers and coordinators written, a new website introduced, and a special use permit for management of the Tilly Jane A-Frame negotiated.

Q. I just want to ski and go on overnight trips. Why should I do something that sounds like a lot of work?

A. Opportunities to ski and go on overnight trips mean joining the Nordic community, which means commitment, which keeps the club functioning.

Q. The Portland chapter is in a good financial position. What is going to be done with the money?

A. As a board member, you can help decide how to spend those funds: shelters, trails, lessons or fee reduction.

Q. It seems like the board has spent a lot of time on building ski shelters or discussing dog friendly ski tours. Are these topics going to be rehashed?

A. A dog friendly ski tour policy was adopted by the current board. Any future involvement in shelters will be membership driven. The model for dealing with shelters will be the one currently applied to the management of the Tilly Jane A-frame. If there is no benefit to the chapter and membership, there is little reason to get involved in such projects.

Q. Sounds like everything has been done. Why be on the board now when there is nothing to do?

A. There are plenty of projects. We hope to emphasize trail building and maintenance by having a closer working relationship with the Forest Service. More adventure waits in the overnight trips program. The next board will have to make major decisions about the direction the Portland chapter takes. Increasing interest in Nordic skiing is evident by the number of snow trips available on various MeetUp sites. The ONC MeetUp site has over 150 members many of them interested in day tours. Involving those skiers in ONC activities will be a major challenge requiring fundamental adjustments in how we organize day tours. Chapter operations need to be streamlined and modernized and the board needs to provide direction and even financial support to realize those changes. ♦

Mike Greenstreet, *President*

Screening of film "Being There"

The Mazamas Ski Mountaineering program will be hosting a fund-raising event for the Northwest Weather and Avalanche Center (NWAC) at the Mazamas Mountaineering Center, 527 SE 43rd Ave., Portland, on Friday, January 27, 2012. As part of the event, we are proud to be able to screen Field Production's new film "Being There," which was selected as "Best European Film" of the year at the International Free-skiing Film Festival (IF3) in Annecy, France. The event will also include a raffle with a great basket of items, informational and equipment displays/booths, fine beverages, and plenty of time to discuss upcoming trips, tours and climbs. ♦

VOLUNTEER OPPORTUNITIES

Membership Help keep our membership strong. Contact Susan 503 706-6463

Nordic Issues committee members Keep the club up-to-date on issues that affect Nordic skiers. Contact: Mike 503 699-8672, Miriam 360 883-1060

Programs Contact: Ron 503 475-0084

Publications Contact: Pam 503 297-4284

Publicity Help with outreach for the club and get involved in social media to promote the club. Contact Ann 503 231-7220

Day tours Two recruiter needed for the winter season (November to May) to contact leaders and set up tours. Contact: Kathy 503 429-4024

Website Contact: Mike 503 699-8672

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DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared.

Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a mileage rating, to help you

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NORDIC ISSUES

Paving a 8-acre parking lot on Nordic ski trails at Mt. Hood Meadows Nordic area

Mt. Hood Meadows (Meadows) requested, and the US Forest Service (USFS) has completed a draft Environmental Impact Statement for a proposal to build a 8-acre parking lot and clearing an additional 4.5 acres that will also include a new Nordic center and expansion of maintenance facilities. The Hanel Loop, Stump Lane, Beargrass Loop, and possibly Raven Way Nordic fee-based trails are currently located in the area of the planned parking area. The USFS proposes to mitigate the loss of these ski trails by building more trails equivalent in kilometers to the ones lost.

As many of you know, there has been construction along Highway 35 near this area, which includes a large paved detour route. Soon, most of this paved detour will be destroyed, except for an expansion of the Teacup Lake Sno-park to make up for the loss of the Clark Creek Sno-park. A local Nordic skier, Lee Greenwald proposes that the Highway 35 detour remain paved and used as overflow parking for Meadows and an extended Sno-park for the Teacup, Clark Creek and Pocket Creek trail systems. This would alleviate the need to destroy 12.5 acres of forest for the parking area, the destruction of additional acres of forest for the construction of mitigation ski trails, the loss of existing ski trails, and the waste of the destruction of forest already completed for the detour. Mr. Greenwald contends that Meadows' current parking is insufficient for no more than six days a year, and Meadows could run

shuttle buses to the proposed extended Sno-park on the days they need overflow parking. The Portland Chapter ONC board is considering what, if any comments to make to the USFS and other interested parties. Info about this USFS project is located at http://www.fs.fed.us/nepa/nepa_project_exp.php?project=26954.

Edelweiss Ski Club fights incursion of snowmobiles around their cabin

Hemlock Butte and the Hemlock Butte Cabin are located between and south of Mt. Bailey and Diamond Lake, about 24 miles east of Roseburg, OR. The Edelweiss Ski Club helped build and volunteers to maintain the cabin, which can accommodate 20 guests. Although the main trails to the cabin are marked as non-motorized, snowmobilers have been traveling very close to these trails, coming in the area of the cabin, and now desire to use the trails legally and the area around the cabin for escape routes when problems occur. In addition, apparently, snowmobiles can legally use the trails after the official ski season ends, regardless of the ski-ability of the trail. The Edelweiss Ski Club requests that other ski clubs support the non-motorized use of the trails and the cabin. While individual comments may be helpful, it appears the Umpqua National Forest is looking primarily to clubs to make comments. Our board is considering a response. Comments may be sent to Aaron Grimes, Zone Recreation and Facilities Staff, North Umpqua and Diamond Lake Ranger Districts, Umpqua National Forest, 541 498-2531, Diamond Lake RD, 541 496-3532 North Umpqua RD, 541 670-8719 cell, acgrimes@fs.fed.us ♦

Miriam Hammer, *Nordic Issues*

Rose Marie Flodin April 13, 1924 - October 30, 2011

"She was an inspiration to countless people, had a great sense of humor, and was unfailingly kind, generous, patient and loving."

<http://www.tributes.com/show/Rose-Marie-Flodin-92717182>

"I met Rose in the Oregon Nordic Club, we have done many hikes, skiing trips and bike trips together. She was a real inspiration for me. I remember one bike trip around Crater Lake we signed up for. We were pretty seasoned in age, I believe I was in my late 60ties and she was maybe 8 years older. The rest of the group of the ONC who signed up for that trip were young professional men, Rose and I called them "Yuppies." But they were very kind and helpful to us. We camped at Diamond Lake and shared our meals. Rose was a wonderful baker of bread, she brought 2 big loaves and I brought a large bowl of potato salad. When we shared our meal in the evening after riding around Crater Lake to our astonishment we watched these young men as

they prepared gourmet meals, lots of veggies in olive oil, meat prepared to be fit for the finest Restaurants. And there we were with our old fashioned baked bread and potato salad. But everybody laughed and we shared our food and all were happy. This is only one incident I remember real well.

Rose was a good sport and physically very strong. She was always in a good mood, laughing and encouraging to people she met. I really miss her."

Anneliese Hellweg

"I didn't know Rose all that well but do know that she was a strong skier. We attended lots of outdoor events with her. Rose's husband, Einer Flodin, was responsible for naming Minnesota Drive in Anchorage, AK! It is the major road from the International Airport into Anchorage."

Bill Boyce, *President 1979-80* ♦

DAY TOURS

Note: if weather or road conditions are dangerous, please confirm tour with the leader. **Check the website for last minute day tours.**

Jan 7, Sat Easy/Intermediate Ski Bennett Pass, Mt. Hood, OR

Come on a ski early in the New Year! We'll ski 4-6 miles on relatively gentle terrain, part way along Bennett Ridge Trail. The trail goes to the "Terrible Traverse" at 2.4 miles then continues to Bonney Junction at 4.3 miles. Participants will decide the tour distance. Bring a lunch. Meet at McMenamin's Edgefield in the West parking lot at 8:30 a.m. to carpool. If conditions are adverse at Bennett, we'll find similar terrain elsewhere. **For more info and to confirm attendance contact the leader: Mike Dianich 503 695-5385.**

Jan 7, Sat, Novice Snowshoe Meadows-Newton Creek, Mt. Hood, OR

We'll snowshoe from the Mt. Hood Meadows Nordic Center to Newton Creek, about 2.6 miles round trip. **For meeting time and place as well as more info contact the leader: Marc Leon 503 644-5925 mleon11@juno.com.**

Jan 8, Sun, Intermediate Ski Pocket Creek area, Mt. Hood, OR

Come join us for a ski in the Pocket Creek area. We'll go about a mile up Pocket Creek Road then take an old logging road south (and up) for some views. This tour will be about six miles round trip with approx. 500 ft elevation gain. Downhill skills are necessary and there may be an opportunity for some tele turns. Meet at the Gateway Transit Center parking structure at 9 a.m. to carpool. **For more info and to confirm attendance contact the leader: Ernie Carpenter 503 246-0766.**

Jan 11, Wed, Intermediate Ski Location TBD

Come join our group for a Wednesday activity. We'll ski where the snow is good! **For meeting time and place as well as more info contact the leader: Rand Schenck 503-281-6275 randschenck@msn.com.**

Jan 14, Sat, Easy/Intermediate Ski Timberline Lodge, Mt. Hood, OR

We will start from the Timberline Lodge area, where the snow is guaranteed to be good! The group will decide the distance: either easy (4-6 miles over gentle terrain) or intermediate (6+ miles on terrain of flat to long hills). Meet at the Gateway Transit Center parking structure at 8:30 a.m. to carpool. **For more info contact the leader: John Heaton 503 257-2012.**

Jan 14, Sat, Intermediate Ski Boy Scout Ridge/Mineral Jane, Mt. Hood

We'll get in a full day worth of skiing on this strong intermediate tour taking a few less traveled trails. Starting at White River we'll head west on the Boy Scout Ridge Trail then drop down a little used road, cross Highway 35 and head off to explore Devil's Half Acre before returning to White River on the Mineral Jane Trail. This tour will be 10

miles total with over 1,000 feet elevation gain. Plan on meeting at 8 a.m. **For meeting place as well as more info contact trip leader: Scott Diamond 503 643-6779 skiing@scottdiamond.com.**

Jan 18, Wed, Intermediate Ski Government Camp area, Mt. Hood, OR

Come join the group for a Wednesday tour starting at the Glacier View Sno-park. The route will depend on snow conditions. Meet at McMenamin's Edgefield in the West parking lot at 9 a.m. to carpool. **For more info and to confirm attendance contact and any last minute changes contact the leader: Eileen Holzman 503 489-5845 triartz@comcast.net.**

Jan 21, Sat, Easy/Intermediate Ski Location TBD, Mt. Hood, OR

Join us to ski where the snow is good! Participants will decide the tour distance. We'll ski wherever conditions make a fun outing for all. Plan on meeting at 8:30 a.m. **For meeting place as well as more info contact trip leader: Sam Digard 360 834-2401.**

Jan 25, Wed, Intermediate Ski Teacup Lake, Mt. Hood, OR

We'll ski on the groomed trails at Teacup. Our route will go from the Cabin to the Lakeside Trail then to Nordic Way on to Stump Trail then take the Hood River Road to the Spruce Trail, Hemlock Trail, Elkhorn Trail, Owlly Way and to the Meadow Trail back to Cabin for about 6.25 miles/10 K. Please bring a \$10 donation for the grooming, which is managed by volunteers from the Teacup Chapter of ONC. **For meeting time and place as well as more info contact the leader: Marc Leon 503 544-5925 mleon11@juno.com.**

Jan 28, Sat, Easy Ski Location TBD, Mt. Hood, OR

Join us to ski where the snow is good! On this easy ski we'll go 4-6 miles over gentle terrain at a pace comfortable for all participants skiing wherever conditions make a fun outing for all. Meet at the Gateway Transit Center parking structure for an 8:30 a.m. carpooling departure. **For more info and to confirm attendance contact the leader: Kathy Burns 503 429-4024.** ♦

Join the ONC leadership team...

Snow snow snow...in the mountains is covering the ski trails, while it is raining down here. Lead a ski tour in February or the first weekend in March! New to leading tours? Send Kathy an email and we'll get you up to speed. Send February tour descriptions (by January 14, 8 p.m.) to Kathy at oncdaytours@gmail.com. ♦

Help wanted for the ski season

Remember we are an all volunteer club and this is a key position for the winter. Give a little time back the first week and a half of the month by helping contacting ski tour leaders. Get to know some of the active leaders in the club, there are several positions open. Contact Kathy Burns 503 429-4024 to volunteer. Thanks. ♦

better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3-5 miles over nearly flat terrain.

Easy Tour
Ski: 4-6 miles over gentle terrain at a pace comfortable for all participants.
Bike: Mostly flat terrain, 8-10 m.p.h. pace, frequent regrouping.

Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour
Ski: 6-12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.
Bike: Moderate terrain with rolling hill (some short steep hills); 10-14 m.p.h. pace, regrouping when appropriate.

Hike: 8-10 miles; 200 to 400 ft. per mile elev. gain.
Backpack: 5-7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour
Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.
Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15-18 m.p.h. pace, regrouping when necessary.

Hike: > 10 miles; 400 ft. per mile elevation gain.

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Common meeting places: Gateway Transit Center NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center-NE Sandy Blvd. & NE 96th Ave. McMenamins Edgefield-2126 SW Halsey Take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (first stop light) turn left, go 1/2-mile; it's on the right.

Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking

Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking

Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. All overnight trips must be approved by the Overnight Trip Coordinator before they can be publicized. A potential leader must follow the procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

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Continued on page 7

OVERNIGHT TRIPS

Sign up early to ensure that trips will have enough people to cover the costs. After the sign up date check with the trip leader for openings. Get on the waiting list by sending in your application and check; last minute opening do occur.

ONC overnight trips are exclusively for members (you must be a current ONC club member before signing up for overnight trips). Membership application on page 11.

Please read the overnight trip policies (starting on side bar page 6) before signing up. Note you are responsible for finding a replacement for your space if you cancel, ask the leader for the waiting list of people to contact.

Trip insurance is available through Travel Guard Travel Insurance: a link to sign up for the insurance is on the website. Click on the “overnight trip application” link on the home page; insurance info is at the bottom below the application.

Jan 13–16, Fri–Mon, MLK Weekend, All Ability Ski Lake Creek Lodge, Camp Sherman, OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Trip limit: 15 participants.

Cost: \$130 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact: Steve 503-244-4262 slevy@pacifier.com.

Jan 13–16, Fri–Mon (MLK Weekend), All Ability Ski Sunriver, OR

A few spaces available*

MLK Weekend is one of the prime times for skiing in Central Oregon. The snow in Central Oregon is known to be powdery, plentiful and dry. Here is your opportunity to stay at Sunriver, a wonderful resort about 40 miles south of Bend. We have a comfortable well-appointed house with a hot tub.

Trip limit: 10 participants.

Cost: \$90 per person for members; you must be a current ONC member before signing up for this trip.

Send your completed ONC overnight application and \$90 check payable to ONC-Portland Chapter to the trip leader: Ann Truax, 2824 SE 25th, Portland, OR 97202. For more info contact: Ann 503 231-7220 ann.truax@gmail.com.

Jan 17–20, Tue–Fri, All Ability Ski Summit Meadow Cabins at Trillium Basin, Mt. Hood OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Trip limit: 10 participants.

Cost: \$65 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact: Mary 503 245-1618 hepomp8@comcast.net.

Jan 20–22, Fri–Sun, All Abilities Ski Breitenbush Hot Springs, OR

Four space available*

Join us for two days of skiing and relaxing at this hot springs retreat. Price includes three organic vegetarian meals a day starting Friday evening and ending Sunday noon (ample, delicious sack lunches will be provided both days). We'll ski both days either from the hot springs, Maxwell Butte or

Santiam Pass.

Trip limit: 14 participants.

Cost: \$190 per person for members; you must be a current ONC member before signing up for this trip. Includes two nights lodging and all meals.



Breitenbush photo

Hot pool at Breitenbush

Send your ONC overnight trip application and \$190 check payable to ONC-Portland Chapter to the trip leader: Elizabeth McLagan, 1237 SE 34th Ave. Portland OR 97214. For more info contact: Elizabeth 503 231-6587 mclaganej@yahoo.com.

Jan 26–29, Thur–Sun, Intermediate Backcountry Ski Three Sisters Backcountry Yurts, OR

Trip full, one on waiting list*

Contact the leader to hear more about this trip.

Trip limit: 6 participants.

Cost: \$300 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact: John 503 853-1921 maroneyjo@yahoo.com.

Feb 3–5, Fri–Sun, All Ability Ski Mt. Adams Flying L Ranch, WA

Nine spaces available*

Follow the flurries to Mt. Adams and join us for two days of skiing, and relaxing in the outdoor hot tub. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of the ONC. Saturday night, we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

Trip limit 19 participants.

Cost: \$160 per person for members; you must be a current ONC member before signing up for this trip. Includes two nights' lodging and two gourmet breakfasts.

Send your ONC overnight trip application and \$160 check payable to ONC-Portland Chapter to the trip leader: Donna Matrazzo, 19300 NW Sauvie Island Rd, Portland, OR 97231. For more info contact: Donna 503 621-3049 matrazzo@msn.com.

Feb 6–9, Mon–Thur, Intermediate Backcountry Scottish Lakes, WA

Check with leader for opening*

Join us for a midweek trip up at Scottish Lakes High Camp located near Wenatchee, WA, just east of the Alpine Lakes Wilderness area. High Camp is the gateway to some of the most spectacular scenery and terrain Washington's Central Cascades has to offer and accessed by an eight-mile private road. Ski in or catch a ride on a snowcat or snowmobile: bring your favored treats and creature comforts this time. High Camp consists of nine rustic cabins, each with its own wood burning stove and stocked kitchen, a comfortable day lodge, hot tub and sauna. At 5,000 feet Scottish Lakes is just far enough east of the Cascade crest to offer blue skies, sunshine, and dry powdery snow. With 35 miles of well marked trails, access to the Alpine Lakes Wilderness, and plenty of thrills and spills in the High Meadows for steep seekers—there's an incredible variety of fun terrain for all levels of touring and backcountry skiing. Check out the website: www.scottishlakes.com

Trip limit 12 participants.

Cost: \$330 per person for members; you must be a

*Trip Status as of December

20

www.onc.org/PDX-ONC

current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$330 check payable to ONC-Portland Chapter by Dec 15 to the trip leader: Russ Pasco, 400 E 22nd Street, Vancouver, WA 98663-3205. For info please contact: Russ 360 901-3411 russ.bec@gmail.com.

Feb 7-10, Tue-Fri, All Abilities Ski
Ochoco Mountains, OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Trip limit: 7 participants.

Cost: \$50 per person for members; you must be a current ONC member before signing up for this trip. Includes three nights lodging.

For more info contact: Terry 503 590-5825
terryowen@frontier.com.

Feb 10-12, Fri-Sun, All Abilities Ski
Ochoco Mountain, OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Trip limit: 7 participants.

Cost: \$35 per person for members; you must be a current ONC member before signing up for this trip.

For more info contact: Ted 503 452-7432
tedskier@gmail.com.

Feb 10-12, Fri-Sun, All Abilities Ski
Shelter Cove Resort, Odell Lake, OR

Spaces available*

Join us for a stay on the west side of Odell Lake at the Shelter Cove Resort. Odell Lake at 4,800 feet is just over the top of Willamette Pass beside Highway 58, east of Eugene. A multitude of ski routes is available for all levels, from the groomed trails at the ski resort, easy trails to Gold Lake and Odell Lake, and backcountry trails to Maiden Peak, Rosary Lakes, and Mt. Fuji.

Our lodging will be in two cabins; both are complete with dishwashers, woodstove and electric heat, gas and microwave stove and new furnishings. All bedding and towels are included.

We will share potluck meals at night, bring your own lunch and breakfast meals. There is no restaurant at the resort, although there is one at Odell Lake Resort on the other side of the lake. Come experience a real winter in the luxurious cabin on the shores of Odell Lake.

Trip limit: 12 participants.

Cost: \$95 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight application and \$95 check payable to ONC-Portland Chapter to the trip leader: Ann Truax, 2824 SE 25th, Portland, OR 97202. For more info contact: Ann 503 231-7220 ann.truax@gmail.com.

Feb 16-20, Thur-Mon (President's weekend), All Level Ski
Wallowa Mountains, OR

Trip full, waiting list open*

Check the website for a detailed description about this trip.

Trip limit: 10 participants.

For more info contact Lily 971 678-0632
ragtop.lily@comcast.net.

Feb 16-21, Thur-Tue, All Abilities Ski or Snowshoe
Glacier National Park, MT

Spaces available*

All aboard! Take Amtrak to your extended President's weekend ski vacation! Leave Portland (Vancouver option available too) on Thursday afternoon and wake up Friday to sparkling snow and the cozy Izaak Walton Inn in Essex, Montana, next to the spectacular Glacier National Park. On

Gordon Hickey



Amtrack all the way

Friday, ski or snowshoe 30 km of groomed trails, go iceskating, or relax in the Finnish sauna. In the evening, enjoy a gourmet meal and read a good book by the fire or participate in exciting ONC board games. On Saturday and Sunday, we will hop in the rented van to explore the ski trails of Glacier National Park (Apgar, Marias Pass, Autumn Creek, Going to the Sun Highway, Dickie Bowl). On Monday, spend the day skiing around the trails around the lodge or skiing up to

Dickey Bowl. We board the westbound train Monday evening and as we pull back into the train station Tuesday morning, wondering why you waited so long to take this trip.

Trip limit: 20 participants.

Cost: \$595 per person for members; you must be a current ONC member before signing up for this trip. Includes four days of skiing, all transportation, three nights lodging double occupancy at Izaak Walton Inn. Dinner and breakfast are on your own, sack lunches available for an additional fee too. Sleeper accommodations are available on Amtrak for about \$250 additional per person round trip (includes dinner and breakfast on train).

Send your ONC overnight trip application check payable to ONC-Portland Chapter to the trip leader: Jean Hillebrand, 4027 NE 47th, Portland, OR 97213. For more info contact: Jean 503 287-0136 jeanjohn_12@msn.com.

Feb 17-20, Fri-Mon (President's weekend), All Ability Ski
Sunriver, OR

Four spaces available*

President's Weekend is the traditional time for skiing in Central Oregon. The snow in Central Oregon is known to be plentiful and dry. Here is your opportunity to stay at Sunriver, a wonderful resort about 40 miles south of Bend. We will stay in a well-appointed rental house with a hot tub, that is often used by the ONC.

Trip limit: 10 participants.

Cost: \$90 per person for members; you must be a current ONC member before signing up for this trip.

Send your ONC overnight trip application and \$90 check payable to ONC-Portland Chapter to the trip leader: Ted Magnuson, 14405 SW High Tor Dr., Tigard, OR 97224. For info contact Ted 503 590-7998 tedmag@live.com.

Feb 17-20, Fri-Mon, All Abilities Ski (Family friendly)
Presidents Day Family Weekend at Sunriver

Spaces available*

Families with kids of all ages will enjoy getting to know other ONC families during our 3rd annual Sunriver family trip. Depending on skill level and interest, we'll split into groups to ski at the Mt. Bachelor Nordic Center (lessons available for beginners for a fee), the Virginia Meissner trails or the various Forest Service trails in the area. When we're not skiing, we'll enjoy communal dinners, go sledding, build snowmen, sip hot cocoa and relax in the hot tub at the house. If there is enough interest, we may rent a second house. Sign up now this trip will fill up fast!

Cost: \$275 per member family; you must be a current ONC member before signing up for this trip. Membership forms available on our website. Family memberships are

procedures for leading a trip as determined by the Overnight Trip Coordinator. Overnight trips are announced in the newsletter or on the website.

2. Overnight trips are limited to members; non-members are invited to join using the application in the monthly newsletter or on the website.

3. All spaces are filled on a first-come, first-served basis. Participants can reserve a place on a trip by mailing or delivering the Overnight Trip Application, payment and self-addressed stamped envelope to the trip leader. Space is not reserved until receipt of required deposit or payment. The date of receipt is the earlier of the postmark date or the date of physical delivery to the trip leader.

4. Participants must provide an email address or a self-addressed, stamped envelope with payment so the leader can easily provide trip information.

5. Other ONC Chapter members are considered members and can go on Portland Chapter trips.

WAITING LIST

If a trip is full, participants can be placed on the waiting list by sending the trip leader an application and trip fee. The application and fee will be held by the leader until a space becomes available; at that time, the participant will be asked if s/he wishes to join the trip. Those not offered a place on the trip receive a full refund.

Trip Cancellation Policy

Notify the trip leader ASAP if you must cancel, even if it is a

Continued on page 8

shared-cost trip and no deposit has been paid. Trip fees are nonrefundable unless a replacement is found.

The following applies:

1. If the participant desires a refund, they are responsible for finding their own replacement. Check with the trip leader to get a copy of the waiting list; this list can be used to locate a replacement. The participant should cooperate with the trip leader to draw on the waiting list for a replacement member. Once a replacement has been secured, a written or e-mail request for refund must be sent to the Overnight Trip Coordinator. Once it has been confirmed that a replacement participant has paid for the tour, a refund will be issued within 30 days, less \$10.
2. If a replacement is not secured, the participant is accountable for the full cost, and no refund will be issued.
3. If the participant has paid a deposit only, and withdraws from the trip without finding a replacement, the full amount of the deposit is forfeited and no refund will be issued.

Travel Insurance

ONC has made arrangement with TravelGuard for a special travel insurance program for trips, which covers death of a family member, major illness, or injury. It is recommended that members sign up with them at the following site, make their own arrangements for travel insurance, or take personal responsibility for lost funds. www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link on our website)

\$33 per year. Includes three nights lodging. Note: single parents can contact trip leader for special pricing.

Send an ONC overnight tour application and check payable to ONC-Portland Chapter to the trip leader: Amy Blumenberg, 4232 SW Pendleton Street, Portland, OR 97221. For more info contact: Amy 503 241-2768 ablumenberg@comcast.net. Please review the trip cancellation policy before signing up for this trip. Reasonably priced trip insurance is available to purchase (Click on the overnight trip application link on our website; info about the insurance is at the bottom below the application.).

Feb 18-20, Sat-Mon, Novice Ski
Mazama Lodge, Government Camp, OR

Spaces available*

This is the opportunity to ski out the back door at Mt. Hood! The Mazama Lodge, a beautiful, three-story building, located on the southern slopes of Mt. Hood, near Government Camp, will be our overnight accommodations. A delicious dinner Saturday and Sunday night as well as breakfast Sunday and Monday morning and even packed lunches on Sunday and Monday are included. Accommodations are in the upstairs bunk bedrooms (male, female and coed). There will be the opportunity for three days of skiing on the many trails in the area. Novice ski tours are planned for each of those days, a perfect follow up to all the ONC or Mazama ski lessons.

Trip Limit: 11 participants

Cost: \$110 per person for members; you must be a current member before signing up for this trip. Includes two nights and all meals.

Send your ONC overnight trip application and check payable to ONC-Portland Chapter to the trip leader: Kathy Burns: 58324 Wilson Cutoff Road, Vernonia, OR 97064. For more info contact Kathy: 503 429-4024 burnskathrynl@gmail.com.

Mar 2-4, Fri-Sun, All Abilities Ski and Snowshoe
Crater Lake via Charter Bus

Spaces available*

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC for our annual trip to Crater Lake. We'll board the deluxe coach in Portland and proceed down

I-5 while sharing in the world famous "Rolling Pot-Luck." After a sound night sleep and after a hearty gourmet breakfast at the historic Prospect Hotel we take a quick ride to the rim and spend the day enjoying

the spectacular snow formations and views of the lake and surrounding mountains while skiing as far as our legs can carry us. Some can choose a difficult ski to The Watchman, overlooking the Crater Lake from a magnificent viewpoint. After skiing on Saturday, we will return to Prospect Inn for a scrumptious roasted salmon, prime rib, or vegetarian entree. The local bar next door will provide local entertainment after dinner! Sunday will be another day of different trails, different tours, and more exploring. We can also take a ranger-led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping in Roseburg for a private Greek dinner on the way home.



Crater Lake rim, Wizard Island behind

Trip Limit: 40 participants.

Cost: \$260 per person for members for a room at the adjoining motel (everyone can have their own bed) or \$275 per person for members for a room at the historic Prospect Hotel (double occupancy, one bed); you must be a current ONC member before signing up for this trip. Includes transportation, two nights lodging, two breakfasts, Saturday dinner, Sunday dinner on the way back and gratuities. Box lunches will be available from the hotel at an additional cost of \$13 or bring your own. Note contact Janet for accommodation availability--motel or historic inn before signing up.

Send your ONC overnight trip application and check for either \$260 (motel) or \$275 (historic hotel) payable to ONC-Portland Chapter to the trip co-leader: Janet Liu, 4305 SW Galeburn St., Portland, OR 97219. For more info contact: Janet 503 245-1357 janetliu1@juno.com or Ted Scheinman 503 452-7432 tedskier@gmail.com.

Mar 23-April 2, Fri-Mon, Intermediate Ski w/pack
Norway! Mountain Lodge tour on the Hardanger Plateau.

Spaces available contact leader*

Many people associate cross-country skiing with Norway. Here is an opportunity for you to experience Nordic skiing the way it is really supposed to be! We will leave Portland on Friday, March 23, on a direct flight to Amsterdam and then to



ONC skiers in Norway

Oslo. We will take a train to the high Hardanger Plateau, between Oslo and Bergen. We will ski mostly in rolling valleys above timberline. No need to carry a heavy pack – our beds and gourmet meals will be provided for you at staffed mountain resorts. We'll return to Portland on Monday, April 2. This trip will not be as demanding as past trips to Norway!

Sign up now! This trip must be booked no later than December 1, 2011.

Trip limit: 15 participants.

Cost: (estimated) \$2,800 per person for members; you must be a current ONC club member before signing up for this trip. Includes RT flight Portland-Oslo, lodging for nine nights, all meals except in Oslo, local transportation from Oslo to the mountains, and the time of your life!

Send your ONC overnight trip application and \$500 deposit check payable to ONC-Portland Chapter by December 1 to the trip leader: Ted Scheinman, 36 SW Brugger St., Portland, OR 97219. There will be a pre-trip meeting scheduled to plan for details. For more info contact: Ted 503 452-7432 tedskier@gmail.com.

***Trip Status as of December 20**

April 6-8, Fri-Sun, Inter/Adv Backcountry (AT/Tele) Ski Three Sisters Backcountry Yurts, OR Spaces available*

Three days of skiing at the Three Sisters Hut at the base of Tam McArthur rim (see <https://threesistersbackcountry.com/huts/> for details on the site). We'll take the snowmobile porter in from near Sisters on Friday morning and have the Raven Yurt to ourselves. Each person will be responsible for their own food, but stoves or cooking gear is supplied (the snowmobile will carry us in so weight is not an issue).

If the snow is good for turning then we'll spend the next three days putting on skins and exploring the beautiful bowls of Tam McArthur rim and other runs. There is plenty of opportunity to ski as hard as you want or you can skip a loop and instead read/relax at the hut. If the snow is poor for turning then we'll backcountry ski as a group (We'll probably head out to Broken top for nice views.). We may mix doing loops of Tam McArthur with day tours if that is the group

interest.

We head back Sunday afternoon. With this trip it is possible to drive from Portland Friday morning and be back in town Sunday evening. You may be exhausted at work Monday morning but you can pack in three great days of skiing with only one day off work.

Backcountry skis and full length skins are required; full telemark or advance touring skis preferred. Each person must have avalanche transceiver, snow shovel and probe (can be rented).

Trip limit: 6 participants.

Cost: estimated \$200 per person for members; you must be a current ONC member before signing up for this trip. Includes two nights lodging and shuttle to yurt.

For more info contact: Scott 503 643-6779 skiing@scottdiamond.com.

***Trip Status as of December 20**

Oregon Nordic Club Overnight Trip Application

TOUR NAME: _____ DATE: _____

FEE / DEPOSIT: _____ **One application per person**

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: _____ ONC MEMBER: yes no* other ONC Chapter

*You must be a current ONC member before signing up for ONC overnight trips

PHONE: (home) _____ (work) _____ (cell) _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip.

Purchase trip insurance incase of hardship: www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link is on our website)

I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE: _____ DATE: _____

(Parent or Guardian must sign if the trip participant is under 18 years of age)

Handwritten signature

Welcome, New Members!

Ingrid Wehrle 503 762-5374, Ronald Kalim 859 433-8098, Victoria Mcomie 503 244-7054 503 936-4416, Kathy Parker 503 245-1786, Bruce Philbrick 503 320-6783, Megan Pingree 503 222-4691, Byron Rendar 503 281-1633, Jane Schiffhauer 503 819-3100, Randy Selig 541 738-0753, Wibstad Sina 503 753-5534 and Karen Thompson 971 340-0563

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

December membership report: 188 total members (137 single and 51 family), 11 new, 20 renewing. A reminder will be sent to 89 non-renewing members. Last year at this time there were 296 memberships.

Ski Glacier National Park Feb. 16-21, 2012



Scott Diamond



Jennifer Klump



Ted Scheinman



Ted Scheinman



Jennifer Klump

Discounts for ONC members!

Glenn's Mountain Tracks
in Government Camp
next to Huckleberry's
Restaurant, offers ONC
members group rates
on cross-country ski
rentals. You must show
your membership card.
On-line rentals.
mtntracks.com

Mountain Shop
1510 NE 37th Ave offers
ONC members a 15%
discount on cross-
country ski rentals.
On-line rentals.
Park in front on NE
37th, across the street
at the Banfield Motel,
or nights and weekends
at MBank.
mountainshop.net

Oregon Mountain Community
2975 NE Sandy offers
ONC members a 10%
discount on cross-
country ski rentals.
e-omc.com

Otto's Cross Country Ski & Snowshoe
38716 Pioneer Blvd. in
Sandy, has cross-
country ski package
rentals for the entire
season.
ottoskishop.com

Wy'East Nordic Ski School
offers ONC members a
10% discount on cross-
country ski and
telemark lessons.
weeastnordic.com

BOARD MEETING MINUTES

ONC November 14, 2011 board meeting minutes

Meeting at Ann Truax's house called to order at 6:40 p.m.

Present: Mike Greenstreet, Sam Digard, Mary Hepokoski, Keith Knight, Elizabeth McLagan, Ted Magnuson and Ann Truax.

Minutes of Board meeting of October 2011 approved.

Treasurer's Report: (Elizabeth) Not available.

Membership: 162 total memberships (76 family and 114 single). Includes 5 new, 31 renewing. A reminder was sent to 102 non-renewing members. Last year at this time there were 281 memberships.

Reports and Information

Publicity: Evaluation of MeetUp marketing/overnight trip results. Discussion re overnight trip leader complaint that information on MeetUp is not up-to-date, and therefore participants may sign up for a trip that is already full. Discussion on how to keep all information up-to-date.

(Ann) Julius and Ann will do Intro Nordic Skiing presentations at REI in Nov. and Jan. REI and Mt. Hood Meadows Nordic ski days are Dec. 11 and Feb. 11.

Nordic Issues: (Sam) Wind River winter meeting summary given. Ideas on dealing with nonplowing of Highway 30 discussed. Development that Forest Service will plow certain sections of Highway 30.

Overnight Trips: ONC vs. MeetUp; ONC problems; Priority listing for participants (Mike and all). Discussion of overnight trip cancellation policy. Consensus was that trips should proceed as planned in most cases.

Day Tours: Discussion of MeetUp (Mike and Ann). Discussion that MeetUp was a marketing tool only. Trip leaders responsible individually for any MeetUp organizing. Mike was emphatic that ONC needs day trip leaders, before anything else.

Website: (Mike) No new developments.

Unfinished Business

Activity and waiver form (Sam). Sam will reduce font size in waiver and put in landscape format.

Day Tours Committee: (All). Keith will put the current ONC manual into an Word (.doc) form so that the board may update its contents.

Publications: Electronic newsletter (Mike & All). Current newsletter format is unreadable in electronic form. President's Ski Tracks article for December (Elizabeth and Mike). Elizabeth will write article about request for proposals for funds.

Volunteer shirts (Elizabeth and Mike) Elizabeth and Mike have done some investigation on design and fabric. The guy is a little slow in responding.

New Business

Day tours: Mike moved to amend the dog friendly ski tour policy by removing Newton Creek trail from list of trails not used for dog friendly tours-B.2.b. Motion carried.

Shelters: Tilly Jane G-T agreement, operating plan. Mary moved that we enter into a one year agreement with USFS to manage the Tilly Jane A frame according to the proposed G-T agreement and operating plan. Motion carried.

Board elections: A nominating committee will form in December. Election will be online. Ballot Bin is one example. Elections are in April.

Next Meeting: Elizabeth's house, January 9, 6:30 p.m.
Adjournment.

Ann Truax, *Vice President*

CLASSIFIED ADS

WANTED: ► **Dot matrix printer** with tracker feeder for the club's mailing labels. Our printer is getting tired. **Mark (ONC database coordinator) 503 786-5141 or Terry 503 590-5825**

Deadline: 15th of the month (for next month's publication). **Free ads are for members only**, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a **MS Word document attachment --preferred--** (with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. **Ads will be published for 3 months. Please notify editor to run ads longer or be remove earlier.**

ONC Portland Chapter Membership Application and Renewal Form

Mail new member and renewal forms with your check payable to **ONC PDX Chapter**: ONC, P.O. Box 3906, Portland, OR 97208-3906

New membership Renewing membership Change of address/phone/e-mail

For official membership use only:
\$ _____ Check # _____ or Cash

Dues: Single (\$27) Family (\$33) Newsletter: Receive electronically

Annual renewal is September 1. New Members joining between September and March pay full dues; those joining between April and August receive one to five free bonus months of membership!*

* Membership for new members joining between April and August will expire the following year in September.

Name: (last) _____ (first) _____ age _____

Name: (last) _____ (first) _____ age _____

Name: (last) _____ (first) _____ age _____

Name: (last) _____ (first) _____ age _____

Please attach another form, if there are more than four family members.

Street / mailing address _____ Apt/unit _____

City _____ State _____ Zip _____ - _____

Phone Hm _____ / _____ - _____ Cell _____ / _____ - _____

E-mail(s) (print clearly) _____

How did you hear about the Oregon Nordic Club? _____

Privacy policy: ONC will not give any info about you to anyone other than club members. Info is shared to help members find people with similar interests.

Interested in volunteering? Please check as many as you would like:

- Family activities Monthly programs/events Trail maintenance Ski instruction Newsletter
 Website Publicity/ social networking Overnight trips Ski Shelters Nordic Issues
 Annual Ski Fair Day tours Membership Volunteer recruitment

Check activities of interest and if you are willing to lead or co-lead (new leaders—contact trip/tour coordinators):

| Activity | Tour ratings (see day tours' policies for description) | | | | Trip leadership | |
|---------------------------|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | Novice | Easy | Intermediate | Advanced | Lead trip | Co-lead trip |
| Cross-country ski touring | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Backcountry/telemark | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Snowshoeing | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Biking | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Hiking | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Camping/backpacking | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Overnight trips | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a Nordic activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

I have read and understand the above statements concerning the Oregon Nordic Club's programs.

Each single member and family (household) member must sign. Parent or guardian please sign the form for members under 18 years of age.

Signature: _____ Date: _____ Signature: _____ Date: _____

Signature: _____ Date: _____ Signature: _____ Date: _____

Monthly meeting and program

Ski Mountaineering in Western China Muztagh Ata—Father of the Ice Mountains

In 1999 Wim Aarts traveled to Western China to climb the 7,546 m (24,750 ft.) high Muztagh Ata. The mountain has a gradual Western flank that can be skied from the first high camp at 5,000 m (17,000 ft.) all the way to the summit. The climbing team flew into Islamabad, Pakistan and drove 800 miles of the infamous Karakorum Highway into Western China. From there they made their way to the base camp at an altitude of 4,500 m (15,000 ft.). Of the initial eight participants only two ended up making the summit. Nonetheless this trip ended up being the ski tour of a lifetime for all participants.



**Multnomah Arts Center
7688 SW Capitol Hwy.**

Tuesday, January 10

6:30 p.m. potluck/social hour

7:30 p.m. meeting/program

Guests are welcome to join club members for the potluck. Bring a food dish to share, along with your own plate, utensils and beverage.

Upcoming programs

Feb 7—Ski Mountaineering in Western U.S.

Mar 6—Steve Levy's travels

April 3—Climbing Kilimanjaro, safari in Tanzania



Oregon Nordic Club
**PORTLAND
CHAPTER**



**Oregon Nordic Club, Inc., Portland Chapter
P.O. Box 3906
Portland, OR 97208-3906**

