

The Crater Lake trip just got better!

Bob Breivogel--two photos on the left



Steve Planchon

Interested in getting helpful advice from a professional ski coach at one of the most beautiful settings in Oregon? Then sign up for the ONC-PDX's Crater Lake trip February 27 through March 1. A ski coach from Wy'East Nordic (www.wyeastnordic.com) will be skiing with trip participants both days, giving skiing advice to those who want it at no extra charge. Space is still available! See registration details in the overnight trips schedule on page 9.

Steve and Shannon Planchon, *Trip Leaders*

Mushrooms and the magic of Siouxon Creek

Eight people from ONC-PDX, the Trails Club or

the Bergies enjoyed the subtle splendor of Siouxon Creek on Saturday, November 8. The morning mist gave way to clear, cool skies. The emerald waters of the creek were running high and fast. Mushrooms peeked out of the mossy forest floor in profusion. The mycologists in the group, Sam Digard and Hans Tschersich, gathered chanterelles, boletus, angel wings and lobster mushrooms—all edible, we hope. The other members, Dorene Abrams, Rick Rust, Bernice Rust, Tiom Kutscha, John Chichester, and Ann Truax, simply enjoyed the excellent companionship and the magic of the day.



Rick Rust

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Ann Truax, *Trip Leader*

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EDITORIAL NOTES

The deadline for submissions is the 15th of the month (for the next month's publication).

Send submissions to oncnewsletter@gmail.com as a Microsoft Word document (no formatting ie. no bold text, all caps text, tabs or other settings) in Times Roman as a attachment (preferred); compatible text files as an attachment; and put text in an e-mail with no formatting. **Corrections:** e-mail corrections and/or additions to the editor.

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U P C O M I N G E V E N T S

Dec 2 ▶ TUESDAY Skiing Switzerland

ONC-PDX monthly program, 6:30–9:00 p.m. Lucky Lab, 1945 NW Quimby St. Free!



Dec 3 ▶ WEDNESDAY Avalanche Awareness

6:30–8:00 p.m. Portland REI Free! Info/sign-up: rei.com (store events)

Dec 9 ▶ TUESDAY Avalanche Awareness

6:30–8:00 p.m. Hillsboro REI Free! Info/sign-up: rei.com (store events)

Dec 10 ▶ WEDNESDAY XC Ski Destinations by ONC-PDX

6:30–8:00 p.m. Portland REI Free! Info/sign-up: rei.com (store events)

Dec 11 ▶ THURSDAY Winter Camping Basics

6:30–8:00 p.m. Clackamas REI Free! Info/sign-up: rei.com (store events)

Clinics & Training

December 4–14 ▶ THUR–SUN

(no on-snow session on Tuesday, December 9)

2014 Oregon Fall Camp, Mt. Bachelor

Start your ski season off with one of the best camps

in the XC ski world! Features reliable early December skiing at Mt. Bachelor, top coaching, training lectures, and (optional) world-class physiology testing. Designed specifically for adult XC skiers and racers with skills anywhere from low intermediate to expert. Info: xcoregon.org

Dec 16 ▶ TUE Jan ▶ SATS & SUNS Mazamas Nordic Ski School

Novice, Beginner, Intermediate, Advanced and Telemark and Backcountry classes offered during four weekends in January. Applications due Dec. 1. Mandatory student orientation night Dec. 16. Sign up by Dec. 3. Info and applications:

www.mazamas.org (Education + Classes/Nordic Ski School) or at the Mazamas Mountaineering Center, 527 SE 43rd Ave.

Jan ▶ TBD Jan/Feb ▶ SATS & SUNS Intro to XC Skiing ONC-PDX Ski Clinic (in-town) and Free Snow Sessions

The in-town Clinic is for beginning skiers (evening session in Portland) January TBD, \$20.

Two snow session options. Saturdays: Jan. 31 and Feb 7 or Sundays: Feb. 1 and 8, free for ONC-PDX members who attend the Ski Clinic.

Info: oncnewsletter@gmail.com

Member Benefits

- ▶ Free day tours; overnight trips, exclusively for members
- ▶ Clinics and lessons
- ▶ Discounts at selected merchants (see sidebar on page 9)
- ▶ Member rates on Mazama activities (excludes classes) and use of Mazama Lodge: day-use, overnight and meals
- ▶ Free Tilly Jane A-Frame weekends during the ski season
- ▶ Meet new friends who ski, hike and bike
- ▶ Monthly newsletter with free classified ads
- ▶ Support of construction and maintenance of winter trails in the Mt. Hood and Gifford Pinchot National Forests
- ▶ Membership in Northwest Ski Club Council, Far West Ski Association and Federation of Western Outdoor Clubs. Discounts/benefits: www.nwskiers.org www.fwsa.org www.federationofwesternoutdoorclub.org

Memberships are renewed September 1st each year, \$27 for single, \$33 for family/ household. Info: oncmembership@gmail.com

Oregon Nordic Club Portland Chapter

Formed as a nonprofit volunteer organization in 1968 by Nordic ski enthusiasts interested in using public lands for recreational cross-country skiing, the Portland Chapter of the Oregon Nordic Club grew to over 550 members. The Portland Chapter is one of twelve chapters in the state. With activities year-round, the Portland Chapter is dedicated to promoting greater participation in and understanding of the value of outdoor recreation with an emphasis on Nordic and back-country skiing. In addition we hike, climb, backpack and bicycle year round in the northwest forests, mountains and in-town.

Northwest Ski Club Council membership cards

Pick up your Northwest Ski Club Council

membership cards at the December 2 general meeting at Lucky Lab, 1945 NW Quimby St. These cards give you benefits see websites listed under member benefits (column to the left). You can also contact Barbara Sack (barbara3820@earthlink.net) and she will mail them to you. ◆

VOLUNTEER OPPORTUNITIES

Membership Help keep our membership strong. Contact Susan 503 706-6463 Pam 503 297-4284

Nordic Issues committee members Keep the club up-to-date on issues that affect Nordic skiers. Contact: Mitch 503 281-4809 Pam 503 297-4284

Publications Contact: Pam 503 297-4284

Publicity Help with outreach and social media to promote the club. Contact Ann at ONC-PDX-President@gmail.com or Kim 503 282-1506

Day tours Want more day tours? Help set up tours for the winter season (January to April/May) Contact: Denise at oncdartours@gmail.com

Website Contact: Ann at ONC-PDX-President@gmail.com

PRESIDENT'S SKI TRACKS

Back in 1975 I went on a National Outdoor

Leadership (NOLS) backpacking trip into the Absaroka Mountains, Wyoming, for a month. It was an experience of a lifetime, and I loved every minute. In those days, there was no ultra-light or poly-pro. Instead, we wore baggy wool pants and jackets. Our backpacks and tents came from U.S. army surplus. We had no stoves; we cooked over a fire and boiled water in a coffee can. For food we carried bags of rice, flour, some kind of dehydrated soy product, powdered milk, dried egg powder, and dried fruit. Somehow, in spite of the unappetizing rations, we managed to create something edible every day, although our menus might make foodies today cringe. I remember even making a pineapple upside down cake. For extra vitamins, we ate spring beauties and sego lilies. I learned so much: how to pace myself; how to set up a Tyrolean traverse; how to camp and "leave no trace" (a NOLS motto); how to build a fire in a downpour....I learned about undiscovered strengths and resilience when, at the end of the trip, we hiked for three days without food. It was an experience that pushed my limits in a good way; I wish everyone was lucky enough to have had a NOLS experience.

NOLS has actually expanded its reach since the 1970's. Now it offers classes in Wilderness First Aid and Wilderness First Responder, in addition to the longer treks and kayak trips.

Because ONC-PDX wants to build members' skills and encourage more leaders, the club will reimburse \$50 towards the cost of a class in First Aid, Wilderness First Aid, Wilderness First Responder, Avalanche training, Navigation and Orienteering to anyone who has led two or more day tours.

Below is a partial list of classes available that would be suitable for a reimbursement:

- ▶ REI is sponsoring a NOLS class in Wilderness First Aid, January 24–25 or May 2–3. Check

out the website at: <https://www.nols.edu/portal/wmi/courses>

- ▶ Several NOLS Wilderness First Responder classes are being offered in Portland. Check out the list at: <https://www.nols.edu/portal/wmi/courses/wfr>
- ▶ REI is offering Navigation classes for both GPS and Map and Compass: <http://www.rei.com/outdoorschool/geosearch-landing.html>
- ▶ The Mazamas are another resource for classes in: First Aid and Mountain 1st Aid <http://mazamas.org/education-classes/first-aid/>
- ▶ Wilderness Navigation GPS <http://mazamas.org/education-classes/wilderness-navigation-gps/>
- ▶ Wilderness Navigation map and compass <http://mazamas.org/education-classes/wilderness-navigation-map-compass/>

For avalanche training and awareness, possible classes are:

- ▶ Oregon Ski Guides Avalanche course <http://oregonskiguides.com/avalanche-education/aiare-level-1-avalanche-course/>
- ▶ Avalanche awareness at REI <http://www.rei.com/stores/portland.html>

You, too, could enjoy a NOLS course on a smaller scale—that might push your limits or at least expand your knowledge base about wilderness medicine, avalanches or navigation. Remember, that this is not the only perk for leading two day tours. You will also be reimbursed for either an Oregon sno-park pass or a Washington sno-park pass. A reimbursement form for the partial cost of a class or the full price of a snow park pass is available on our website.

Other news: it's still not too late to sign up for the on-the-snow Leadership Training on Dec. 14th. Once again, Shelley Hakanson and company will facilitate the training. Contact me at ann.truax@gmail.com if you wish to join the fun.

Our new website is almost up and running. Stay tuned! ♦

Ann Truax, President

NORDIC ISSUES/NEWS

Volunteers are needed to help with Nordic

Issues—Have some time to track issues that affect skiers? Please contact Mitch Auerbach (see side bar for contact info) to volunteer.

Methow Valley Maps Former Washington Ski Touring Club member, Charlie Hickenbottom is collecting, researching, and writing about Methow Valley, WA ski trail maps. He has, so far, compiled over 100 maps, some dating back to the mid 1970s and will be donating the collection to the Winthrop library. If anyone has any maps to share, please contact Charles 509 664-6710, hickenbottom.c@flymail.net. He explains his interest in the

maps on this site: http://www.methownet.com/grist/features/mvsta_maps.html

Gifford Pinchot National Forest

Winter Partnership Meeting The 11th annual Winter Partnership Meeting will be on December 3, 7–9 p.m. at the Rock Creek-Hegewald Center in Stevenson, WA. The goal of the meeting is to bring a variety of winter recreation advocates, partners and agency representatives together to discuss winter recreation opportunities and challenges on the Gifford Pinchot National Forest, to get acquainted in a relaxed setting and to coordinate and share pertinent winter recreation information. ♦

Mitch Auerbach, Diana Hsieh and Kevin McGillivray (Gorge Chapter), Nordic Issues, Pam Rigor, Editor

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vacant

Website:

Volunteers needed

DAY TOUR POLICIES

Tours depart promptly, arrive at least 10 minutes before the scheduled departure time to allow for necessary arrangements. Arrive fully prepared for the day's activities!

Trips are not canceled unless the weather and road conditions are unsafe; contact the leader when conditions are dangerous. Tour leaders may change tour itinerary, due to weather conditions. Bring the Tour Essentials (see list on the side bar, page 6), food, water, map, clothing, and equipment appropriate for the tour.

Tour leaders can forbid you from joining a tour, if you are not prepared. Read and heed the Oregon Nordic Club's Tour Ratings listed below.

Day tour participants are encouraged to car pool and share costs. The suggested contribution by each passenger is 15 cents per mile. For three or more passengers, the maximum total contribution by all passengers is limited to 45 cents per mile.

Dogs are only allowed on "Dog Tours." These trips are designated with:  See website for dog policy for ski tours.

Dogs must be on a leash in sno-parks. Please keep dogs off ski tracks and pack out dog waste.

TOUR RATINGS

These designations are a guide to the skill and commitment level required for each tour. A full trip rating always includes a terrain rating plus a

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DAY TOURS

Check website and/or our meetup site (www.meetup.com/Oregon-Nordic-Ski-Club-Portland-Chapter) for more tours.

Dec 2, Tue, Easy Ski Trillium Lake, Mt. Hood, OR

We'll ski approximately 5 miles, mostly level after an initial long, gentle downhill on a popular loop trail around the lake with great views of Mt. Hood. **For more info, meeting place and time, and to arrange carpooling contact the leader: Donna Matrazzo, matrazzo@msn.com, 503 621-3049.**

Dec 3, Wed, Easy/Intermediate Ski TBD, Mt. Hood, OR

Come join our group for a Wednesday ski tour. The trail will depend on the snow conditions; we'll ski where the snow is good! Meet at McMenamins Edgefield in the West parking lot for a 9 a.m. departure. Email Terry if you want to be added to the Wednesday tours' email list; tour details will be sent out the Sunday evening before the tour. If the road or snow conditions prohibit a safe tour, you will be notified. **For more info and to confirm attendance contact the trip leader: Terry Owen, terryowen@frontier.com, 503 590-5825.**

Dec 6, Sat, Intermediate Ski Bennett Pass, Mt. Hood, OR

Join us to ski 4-7 miles round-trip on easy to moderate terrain along the Bennett Ridge Trail. Bring lunch. Meet at McMenamins Edgefield in the West parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich, 503 695-5385.**

Dec 10, Wed, Intermediate Ski TBD, Mt. Hood, OR

Join us for an intermediate ski on Mt. Hood. We will go where the snow is best; options include Pocket Creek, Bennett Pass, or Teacup Lake groomed area depending on snow conditions. Bring money for carpooling and possible trail fees at Teacup. If snow is lacking, we will do a conditioning hike at Cooper Mountain Nature Park in Aloha. Please call leaders prior to 9 p.m. on Tuesday to confirm meeting location and if we are skiing or hiking. Meet at McMenamins Edgefield in the West parking lot for a prompt 9 a.m. departure. Please arrive a few minutes early for sign in and to organize carpooling. For hiking meet at Cooper Mountain Nature Park in the covered area behind the big red building. For more info and to confirm attendance contact the leaders: Tere Enburg 503 642-2886, Terry Owen 503 590-5825.

Dec 13, Sat, Easy Ski TBD, Mt. Hood, OR

Join us for this fun tour early in the ski season. We'll go where the snow is best for a 4-6 mile tour over gentle terrain at a pace comfortable for all participants. If there is not enough snow to ski, an easy hike will be substituted.

Meet at Gateway Transit Center parking garage at 8 a.m. **For more info contact the leader: Kathy Burns, 503 429-4024.**

Dec 17, Wed, Easy/Intermediate Ski TBD, Mt. Hood, OR

Come join our group for a Wednesday ski tour. The trail will depend on the snow conditions; we'll ski where the snow is good! Meet at McMenamins Edgefield, 2126 SW Halsey, in the West parking lot for a 9 a.m. departure. Email Terry if you want to be added to the Wednesday tours' email list; tour details will be sent out the Sunday evening before the tour. If the road or snow conditions are not safe you will be notified. **For more info and to confirm attendance contact the trip leader: Terry Owen, terryowen@frontier.com, 503 590-5825.**

Dec 20, Sat, Easy/Intermediate Ski White River, Mt. Hood, OR

This will be a ski of 4-7 miles round trip on easy to moderate terrain along the banks of White River. Enjoy untracked pristine snow and explore recent changes to the alluvial plain and outstanding views of the White River Canyon and Mt. Hood. Sharpen your skills by practicing sidestepping and skiing through trees, climbing the moraines, or descending off some of the many hummocks along the side of the ravine! Bring a lunch. Meet at McMenamins Edgefield, 2126 SW Halsey, in the West parking lot at 8:30 a.m. for carpool departure. For more info and to confirm attendance contact the leader: Mike Dianich, 503 695-5385.

Dec 21, Sun, Intermediate Ski Government Camp Encirclement, Mt. Hood, OR

We'll get in a full day of skiing in this strong intermediate tour, which starts at Ski Bowl. We ski across Government Camp to the Tie Trail, drop down to Trillium Lake, then work our way back to Ski Bowl. Distance is a little over 12 miles with some climbing and a mix of road and trail skiing. Plan on being on the snow for more than six hours. This tour will be cancelled if conditions are bad (rain or lack of snow). Plan on meeting on the east side of Portland at 8 a.m. to carpool. **For more info and meeting location contact the leader: Scott Diamond, 503 643-6779, skiing@scottdiamond.com.**

Jan 3, Sat, Easy/Intermediate Ski Snow Bunny, Mt. Hood, OR

Join us to ski 4-7 miles round-trip on easy to moderate terrain along the Snow Bunny and Whiteway Trails. Bring a lunch. Meet at McMenamins Edgefield in the West parking lot for an 8:30 a.m. carpool departure. **For more info and to confirm attendance contact the leader: Mike Dianich, 503 695-5385.** ♦

Common meeting places: Gateway Transit Center parking structure, NE 99th Ave. north of NE Pacific Ave. Parkrose/Sumner Transit Center, NE Sandy Blvd & NE 96th Ave. McMenamins Edgefield, 2126 SW Halsey, take I-84 to Exit 16 (Wood Village) turn right, go to Halsey (1st stop light) turn left, go 1/2-mile, it's on the right.

NEWS FROM THE CABIN

The single year lease with the Forest

Service for the Tilly Jane A-frame has been changed to a five year lease which will expire the end of 2019. A construction company patched some roof holes and recommended roof replacement. The Forest Service provided a heavy duty picnic table for out back. Andrew Houlihan, an architect, has volunteered to work on detailed plans to establish a master rehabilitation plan! The wood has been stocked, ready to keep skiers warm this winter. ♦

Andr  Fortin, Tilly Jane A-Frame

Take the lead...ski in front

Pick your favorite trail/date and lead

the ski group for a day tour in January or the first weekend in February!

Are you new to leading tours? Send us an email (at the address below) and we'll get you up to speed.

Last minutes tours: send them in and we'll get them on the web, meetup and send out email to members.

Check for open dates and send tour descriptions (by **December 14, 8 p.m.**) to Day Tours Coordinator Denise at oncdaytours@gmail.com. Thanks. ♦

Dec 19, Fri evening, Floating Christmas Caroling & Party Hayden Island, Portland

Sing the season's cheer and decorate your boat if you like. We'll paddle the North Portland Harbor around the floating homes. There will be plenty of parties since the Columbia Fleet of Christmas Ships will cruise the Harbor that evening. Bring warm clothes, PFD's, headlights and boat lights if you want to be USCG legal and a high volume singing voice! You must ferry your boat in moving water and paddle against the current to return. Alder Creek Kayak & Canoe will have rental kayaks and canoes available—call them to make prior arrangements. Check with trip coordinator for availability of paddling partners to fill your tandem boat or if you need a place in a boat. For more info and to RSVP contact Russ Pascoe russ.bec@gmail.com

When and Where: Meet behind Alder Creek Kayak & Canoe on Hayden Island. 6 p.m. Drive early as Friday evening on I-5 is busy.

Post Paddle Festivities: Bring your favorite Christmas treats and libations and we will party! Alder Creek will stay open so we have a warm place to gather after paddling.

History: This is our 20th year of this event. We have only had to cancel twice; good weather almost guaranteed. Some river god celebrates Christmas with us..



Kathy Jamespon

OVERNIGHT TRIPS

SIGN-UP TIPS

- ♦ Overnight trips are **exclusively for members: join or renew your membership before signing up.** Membership applications are available on our website (mail to club P.O. Box not to the trip leaders).
- ♦ **Contact the leader with questions** Do my skills fit the trip? Any special requirements or gear? Travel time?
- ♦ **Read the overnight trip policies on the side bars page 6.**
- ♦ **Sign up early** so we'll have enough people to cover trip costs.
- ♦ If the trip is full, **join the waiting list** by sending your overnight trip application and trip fee to the leader (your fee will be returned, if you do not go). Last minute opening do occur!
- ♦ **Purchase trip insurance** (you are responsible for finding someone to take your place if you cancel). A link for travel insurance is on the bottom of overnight trip application on the website.

Dec 26–31, Fri–Wed, All Ability Skate and Track Ski Methow Valley, WA Trip 1—Groomed Trail Wonderland Trip full, no one on waiting list*

Methow Valley is an outstanding, unique area that is ideally suited for both classic and track skiing and skate skiing. The Methow Valley Association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. Trail elevations range from 2,000 to 4,000 feet. The snow conditions and trail quality makes the Methow valley a skate skiers Mecca.

We'll stay in luxury condominiums in Winthrop with full accommodations. And plan for potluck dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and are within skiing distance along with grocery and convenience stores.

Trip limit: 12 participants, including the leader
Cost: \$245 per person for members for five nights lodging; you must be a current ONC member before signing up for this trip. Includes five nights lodging (\$57 to \$76 groomed trail pass cost not included).
For more info contact Mike 503 284 6315 mikefaden@gmail.com.

Dec 30–Jan 4, Tue–Sun, All Abilities Ski/Snowshoe Izaak Walton Inn, Glacier National Park, MT Trip full, one on waiting list*

We listened when you asked us to bring this trip back! We will take Amtrak to Essex, Montana, adjacent to Glacier National Park for a wonderful New Year's ski vacation! Leave Portland on Tuesday afternoon and arrive Wednesday morning to sparkling snow and the cozy Izaak Walton Inn in Essex, Montana, located on the boundary of the spectacular Glacier National Park. On Wednesday, ski or snowshoe on the 30 km of groomed trails, go ice-skating, or relax in the Finnish sauna. In the evening we will participate in the included fabulous New Year's Eve Extravaganza - Prime Rib dinner, late night appetizers, champagne toast, headlamp ski, live music, and champagne brunch the next morning. On New Year's Day, we

***Trip status as of December 15**

cont. from sidebar page 4
mileage rating, to help you better select the right tour for your ability and inclination. Please consider your physical conditioning and your equipment when deciding to go on a tour. Match the tour level to your ability for your physical safety and comfort, and the safety and comfort of other participants on the tour. If you are in any doubt about the rating of a tour, please call the tour leader before the day of the tour.

Novice Ski Tour
These tours are for the inexperienced skiers. While this is not a lesson, the leader will help new skiers as much as possible. Tour length is 3–5 miles over nearly flat terrain.

Easy Tour
Ski: 4–6 miles over gentle terrain at a pace comfortable for all participants.

Bike: Mostly flat terrain, 8–10 m.p.h. pace, frequent regrouping.
Hike: < 8 miles; 200 ft. per mile elevation gain.
Backpack: < 5 miles/day; 200 ft. per mile elevation gain.

Intermediate Tour
Ski: 6–12 miles. Terrain flat to long hills that are no steeper than found on a road (maximum 10 degrees). Moderate pace. Trail turning skills required, if there are hills. Consult tour description for specifics.

Bike: Moderate terrain with rolling hill (some short steep hills); 10–14 m.p.h. pace, regrouping when appropriate.
Hike: 8–10 miles; 200 to 400 ft. per mile elev. gain.
Backpack: 5–7 miles per day; 200 to 400 ft. per mile elevation gain.

Advanced Tour
Ski: > 12 miles. Terrain flat to steep hills (> 10 degrees). Moderate to fast pace. Strong turning skills required on the tours with steeper slopes.

Bike: Difficult terrain with one or more major hills/series of longer, steeper hills; 15–18 m.p.h. pace,

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regrouping when necessary. **Hike:** > 10 miles; 400 ft. per mile elevation gain. Steady pace and/or difficult terrain (a workout).

Backpack: > 7 miles/day; 400–600 ft./mile elevation gain.

TOUR ESSENTIALS

Pack these essentials on any ONC activity, “just in case.” Remember that cotton offers no insulation when wet. Choose wool or synthetics like polypro or Capilene® for warmth and comfort.

Skiing & Hiking Essentials

- First aid kit
- Matches (in waterproof case) and fire starter
- Rain gear and extra clothes, including a warm sweater
- Extra food and water
- Plastic whistle
- Map and compass (know how to use)
- Flashlight, extra batteries and bulb
- Space blanket or bivy bag
- Pocket knife
- Toilet paper and trowel (ziplock bag to carry out toilet paper)
- Sunglasses, lip balm and sun screen
- Foam sit pad

Biking Essentials

- Helmet (required on all bike rides)
- Spare tube
- Patch kit
- Tire pump
- Water bottle (filled)
- Tire irons

OVERNIGHT TRIP POLICIES

1. Overnight tour descriptions must be submitted to the overnight tour coordinator to be approved. Once approved, the overnight tour coordinator submits them to the newsletter editor.

2. Only Oregon Nordic Club members are allowed on Portland ONC overnight tours, even if it is a trip for

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will work off the excesses of New Year’s Eve on more of the groomed or un-groomed ski trails. On Friday, we will take a van up to Marias Pass on the Continental Divide for some true off-trail skiing, with magnificent views. On Saturday, we will ski either up to the magnificent Dickey Bowl or other ski trails in the area. We might also be able to travel to the Going to the Sun Highway, which is not plowed in the winter. Each night, we can enjoy a gourmet meal in the restaurant, read a good book by the fire, participate in exciting ONC-PDX board games, ice skate, or relax in the sauna. On Saturday night, we will board the westbound train back to Portland. As we pull back into the train station in Portland on Sun morning, you will wonder why you waited so long to take this trip.

Trip limit: 16 participants, including the leader

Cost: \$580 per person; you must be a current ONC member before signing up for this trip. Includes four days of skiing (trail passes included), all transportation, three nights lodging double occupancy at Izaak Walton Inn, meals at Izaak Walton Inn available for an additional cost. Sleeper accommodations may be available on Amtrak for about \$250 additional per person roundtrip (includes dinner and breakfast).

For more info email Sam sam.digard@gmail.com 360 910-1714

Dec 31–Jan 4, Wed–Sun, All Ability Ski New Year’s at Black Butte, OR 2 spaces available*

We’ll ring in the New Year with four days of skiing in Central Oregon’s Black Butte Resort near Sisters. Santiam Pass at 4,817 ft. is about 12 miles away with lots of ski loops and warming shelters. The Camp Sherman area, nearby, has skiing along the Metolius River, to the river’s headwaters or up Black Butte. The Three Creeks area near Sisters offers more choices and a view of the pole creek area that burned a few years ago (it missed the shelter and we ski on the edge of it). Sharing great food at our potluck dinner parties in the large house will top off the day. The hot tub and swimming pool is a walk away at the Glaze Meadow recreation center. The New Years dinner and party are not to be missed! Sign up early to get your spot on this trip.

Trip limit: 10 participants, including the leader

Cost: \$200 per person for members for four nights of lodging; you must be a current ONC member before signing up for this trip.

Send your ONC-PDX overnight tour application and check for \$200 payable to ONC-Portland Chapter to the leader: Donna Matrazzo, 15500L NW Ferry Rd, Portland, OR 97231. For more info contact Donna 503 621-3049 matrazzo@msn.com.

Jan 9–11, Fri–Sun, Inter. Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

We’ll backcountry ski, snowshoe or hike to the ONC-



Jennifer Klump

PDX managed shelter on the East side of Mt. Hood, a three-mile ski with a 1,900-foot elevation gain up the Tilly Jane Ski Trail to the cabin at 5,700 feet elevation.

Participants carry their own gear, including sleeping bag, pad and food for all meals. We have a wood stove for heating water. You can also bring your own stove and cooking pots. Experienced intermediate skiing skills with turning ability, good physical conditioning and navigation skills using map, compass or GPS are required. Climbing skins are mandatory.

Open to all ONC-PDX members and Tilly Jane Cabin volunteers

Cost: Free—an ONC-PDX member benefit. You must be an ONC-PDX member or Tilly Jane volunteer before signing up for this trip.

To sign up email: TillyJaneCabin@gmail.com. Your info will be passed on to the trip leader.

Jan 9–11, Fri–Sun, All Abilities Ski Ochoco Mountains–Trip 1, OR Trip full, 3 on waiting list*

The Ochoco Mountains are located 30 miles east of Prineville, OR. The high elevation of 4,800 to 6,200 feet and desert location provide for excellent dry snow conditions and unsurpassed views of the Cascades. Because of the eastern location, and the high elevation, we usually experience sunny skies, or snow fall. There is rarely a rainy day. The trails are over gentle, rolling hills covered with stands of old growth Ponderosa and Lodge Pole Pines. The well-marked trail system by the Ochoco Chapter of the ONC offers all levels of skiing, from easy to difficult. We’ll split up into groups based on ability levels.

Trip limit: 7 participants, including the leader

Cost: \$35 per person; you must be a current ONC member before signing up for this trip. This fee covers two nights of lodging.

For more info contact Sandy 503 913-3510 sandygooch@comcast.net

Jan 16–19 (MLK wknd), Fri–Mon, All Ability Ski Lake Creek Lodge, Camp Sherman, OR 2 spaces available, sign up by Dec 16*

Halfway between Santiam Pass and Sisters, the very popular Lake Creek Lodge boasts quaint, rustic cabins panelled in knotty pine, fireplaces, full kitchens, a creek coursing thru the grounds, and the ideal ambience for a cross-country ski holiday. Check out the website at www.lakecreeklodge.com

We’ll carpool over on Friday,

have a traditional ONC-PDX potluck dinner on Saturday, and perhaps head into Sisters for Sunday dinner. Ski options are many—Santiam Pass, Mt. Bachelor area, Maxwell Sno-Park, Tam MacArthur Rim, and if we’re lucky, right out the door of our cabins.

Trip limit: 16 participants, including the leader

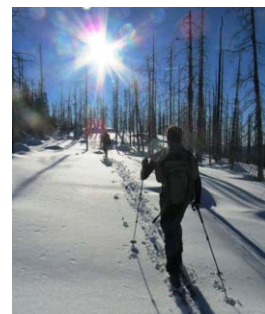
Cost: \$164 per person; you must be a current ONC member before signing up for this trip. This fee covers three nights of lodging.

Send an ONC-PDX overnight tour application and \$164 check to trip leader: Steve Levy, 5441 SW Nebraska St., Portland, OR 97221. For more info contact Steve 503 244-4262 slevy@pacifier.com.

***Trip status as of December 15**



Bob Breivogel



Steve Levy

Jan 16–19, Fri–Mon (MLK Wknd), All Ability Ski Sunriver, OR

3 spaces available*

Enjoy Sunriver over MLK Weekend! The snow in Central Oregon is known to be powdery, plentiful and dry. Options for skiing vary from the groomed trails of Mt. Bachelor Nordic Center to advanced backcountry tours



out toward Broken Top. Sunriver also offers downhill skiing, ice-skating and shopping in the resort or nearby Bend. This is your opportunity to stay at Sunriver, a

wonderful resort about 17 miles south of Bend. We have a comfortable well-appointed rental house with a hot tub for three nights.

Trip limit: 8 participants, including the leader

Cost: \$150 per person; you must be a current ONC member before signing up for this trip.

Send an ONC-PDX overnight tour application and a \$150 check payable to ONC-Portland Chapter to the trip leader Ken Wenzel, 10322 NW Alpenglow Way, Portland, OR 97229. For info contact Ken 503 297-2958 skiwenzel@hotmail.com.

Jan 23–25, Fri–Sun, All Abilities Ski Ochoco Mountains–Trip 2, OR

Trip full, 3 on waiting list*

See January 9–11 trip for detailed description

Trip limit: 7 participants (includes the leader).

Cost: \$35 per person; you must be a current ONC member before signing up for this trip.

For more info contact Ted 503 452-7432 ted.skier@gmail.com.

Jan 26–29, Mon–Thur, All Ability Ski Summit Meadow Cabins Trillium, Mt. Hood OR

6 spaces available*

Here's your chance to stay on Mt. Hood and ski many of its trails without having to drive down the mountain at the end of the day. The skiing choices without driving include many of the trails in the Trillium basin and Government



Camp area or driving to Bennett Pass, Twin Lakes, or others. We'll stay three nights in a house with two bedrooms and a loft, which will accommodate ten people. We will

cook communally for breakfasts and dinners.

Trip Limit: 10 participants, including the leader

Cost: \$70 per person; you must be a current ONC member before signing up for this trip.

Send an ONC-PDX overnight tour application along with your check for \$70 payable to ONC-Portland Chapter to the leader: Mary Hepokoski, 5425 SW Alta Mira Cir, Portland OR 97239. For more info contact Mary 503 245-1618 hepomp8@comcast.net.

Jan 30–Feb 1, Fri–Sun, All Ability Ski Mt. Adams Lodge at the Flying L Ranch, WA

8 spaces available*

Follow the flurries to Mt. Adams and join us for two

days of skiing and relaxing in the lodge with its enormous stone fireplace. Nestled among the beautiful Ponderosa pines, Mt. Adams Lodge at the Flying L Ranch B&B is the closest overnight trip from the Portland area and a favorite of ONC. Saturday night we'll potluck. There are plenty of ski trails—beginning to advanced—awaiting you on this sunny side of the Cascades.

Trip Limit: 19 participants, including leader

Cost: \$165 you must be a current ONC member before signing up for this trip. Includes two nights' lodging and two gourmet breakfasts.

Send your ONC-PDX overnight tour application and check payable to ONC-Portland Chapter for \$165 to the leader: Donna Matrazzo, 15500L NW Ferry Rd, Portland, OR 97231. For more info contact Donna at 503 621-3049 matrazzo@msn.com.

Feb 1–5, Sun–Thur, Intermediate Backcountry Ski Scottish Lakes, WA

4 spaces available*

Join us for a midweek trip at Scottish Lakes High Camp located near Wenatchee, WA, adjacent to the Alpine Lakes Wilderness area. High Camp is the gateway to some of the most spectacular scenery and terrain Washington's Central Cascades has to offer. Access to High Camp is via an eight-mile private road on a snowmobile: no need to part with favored treats and creature comforts this time. High Camp consists of nine rustic cabins, each with its own wood burning stove and stocked kitchen, a comfortable day lodge, hot tub and sauna. At 5,000 feet Scottish Lakes is just far enough east of the Cascade crest to offer blue skies, sunshine, and dry powdery snow. With 35 miles of well marked trails, access to the Alpine Lakes Wilderness, easy open slope touring and High Meadows for steep seekers—there's an incredible variety of fun terrain for all levels of touring, backcountry skiing and snowshoeing. We will spend Sunday night in a motel in Skykomish. Info: www.scottishlakes.com

Trip limit: 15 participants, including the leader.

Cost: \$350 per person; you must be a current ONC member before signing up for this trip.

Send your ONC-PDX overnight trip application and check payable to ONC-Portland Chapter to the trip leader: Russ Pascoe, 400 E 22nd Street, Vancouver, WA 98663-3205. For info contact Russ 360 901-3411 russ.bec@gmail.com.

Feb 6–8, Fri–Sun, Inter. Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

See January 9–11 trip for detailed description

Cost: Free—an ONC-PDX member benefit. You must be an ONC-PDX member or Tilly Jane volunteer before signing up for this trip.

To sign up email: TillyJaneCabin@gmail.com. Your info will be passed on to the trip leader.

Feb 6–8, Fri–Sun, All Ability Ski Ochoco Mountains–Trip 3, OR

Trip full, 4+ on waiting list*

See January 9–11 trip for detailed description

Trip limit: 7 participants (includes the leader)

Cost: \$35 per person; you must be a current ONC member before signing up for this trip. This fee covers two nights of lodging.

For more info contact John 503 867-6048 johnlong3@comcast.net.

***Trip status as of December 15**

cont. from sidebar page 6

which no money is collected. Non-members may join the club at the same time they sign up for an overnight tour (and pay the membership fee at that time). The only exceptions are overnight trail tending parties which are open to anyone, and Tilly Jane Club weekends which are open to ONC members and non-member volunteers.

3. The first overnight trip sign-up opportunity is at the October meeting at the designated time. The member must submit their application and payment at that time, in person, or through a representative in person. The trip leader cannot be a representative. Following the trip sign-up date, remaining tour spots will be filled on a first-come, first-serve basis, based on time/date the application is received by the tripler. Overnight tour leaders have the privilege of signing up for any Portland ONC overnight trip, prior to the October meeting.

WAITING LIST

4. If a tour is full, participants can be placed on the waiting list if they submit an application and pay the tour fee. If space becomes available, participants on the waiting list will be notified and if they choose not to go on the tour, they will receive a full refund.

Trip Cancellation Policy

5. If canceling, participants must contact the tour leader immediately to determine if there is a waiting list.

6. Participants are responsible for finding their own replacements,

continued on sidebar page 8

cont. from sidebar page 7

including contacting people on the waiting list.

7. Tour fees and deposits are non-refundable, unless a replacement is found. Commercial trip insurance is highly recommended for members who fear hardship because of these policies. (see below for link to trip insurance)

8. Once a replacement has been found, participant must send a written or e-mail request for a refund to the overnight tour coordinator. When the replacement has been confirmed and payment received, a refund will be issued within 30 days, less \$10.

9. Additional restrictions on participation may apply to some trips based on participant's ability and experience needed to safely execute the trip. The trip leader has the authority to determine this, for the safety of all the trip participants. The trip leader may also limit participation based on accommodations.

Travel Insurance

We remind participants that trips are non-refundable, unless a replacement is found. We recommend that you use trip insurance, through our membership in the Northwest Ski Club Council/ National Ski Federation Council. The cost is usually 7% of the trip cost, with a minimum of \$10. This is less than commercial policies. A link is on the overnight trip application on the web at the bottom.

Where they ask you for tour operator, select "not listed" and

continued on sidebar page 9

Feb 7-12, Sat-Thur, All Ability Skate and Track Ski Methow Valley Trip 2, WA—Groomed Trail Wonderland Trip full, one on waiting list*

Methow Valley is an outstanding, unique area that is ideally suited for both classic track skiing and skate skiing. The Methow valley association grooms over 200 kilometers of trail through the communities of Winthrop and Mazama. Trail elevations range from 2000 to 4000 feet. The snow conditions and trail quality makes the Methow valley a skate skiers Mecca.

We'll stay in luxury condominiums in Winthrop with full accommodations. Plan for potluck dinners that we prepare in the fully equipped kitchens. Restaurants are always an option and are within skiing distance along with grocery and convenience stores.

If you have considered learning to skate ski, lessons are available. Last year several participants liked their new found skill so much they decided to keep the rented skate skis for the entire trip. Speaking of skating, there is even an ice skating rink in town.

Trip limit: 12 participants, including the leader

Cost: \$230 per person; you must be a current ONC member before signing up for this trip. Includes five nights lodging (\$57 to \$76 groomed trail pass cost not included).

For more info email Sam sam.digard@gmail.com 360 910-1714.

Feb 12-16, Thurs-Mon, (Pres' Wknd), All Ability Ski Sunriver, OR—Family Friendly Spaces for 2 or 3 families available* Sign-up by December 10

ONC families with kids of all ages and skill levels will enjoy a fun-filled Presidents Day weekend at Sunriver. Come up either Thursday or Friday depending on your family's schedule and stay for the long weekend (3 or 4 nights - same price). There will be plenty of hot chocolate to go around!

Depending on the various skill levels and interest, we can ski at the Mt. Bachelor Nordic Center, the Virginia Meissner trails or the various Forest Service trails. Beginners can

take lessons at Mt. Bachelor. When we're not skiing we'll enjoy communal dinners, go sledding, build snow sculptures, soak in the hot tub and relax among old and new friends. This trip is already filling up so don't delay! We may rent a second house if there's enough demand.

This trip is intended for families that will be cross-country skiing or snowshoeing together.

Trip limit: 5 families (room for only 2-3 families left so don't delay!)

Cost: \$155 per adult; each family brings one child at no cost (\$25 for each additional child)

You must be a current ONC member before signing up for this trip (\$33 for family membership).

For more info contact trip leader Amy Blumenberg at 503 241-2768 or ablumenberg@comcast.net

Feb 13-17, Fri-Tue (Pres' Wknd), All Ability Ski Sunriver, OR

Trip full, no one on waiting list*

Enjoy Sunriver over MLK Weekend. The snow in Central Oregon is known to be powdery, plentiful and dry. Options for skiing vary from the groomed trails of Mt. Bachelor Nordic Center to advanced backcountry tours out toward Broken Top. Sunriver also offers downhill skiing, ice-skating and shopping in the resort or nearby Bend. This is your opportunity to stay at Sunriver, a wonderful resort about 17 miles south of Bend. We have a comfortable well-appointed rental house with a hot tub. We have the house for four nights.

Trip limit: 8 participants (includes the leader)

Cost: \$200 per person; you must be a current ONC member before signing up for this trip.

For more info contact Mike 503 284 6315 mikefaden@gmail.com.

Feb 14-22, Sat-Sun, All Abilities Ski Yellowstone National Park Dream Trip, WY Trip full, 2 on waiting list*

This is an opportunity to experience the dream: YELLOWSTONE IN WINTER!

We'll carpool from Portland on Saturday, February 14, arriving Sunday afternoon, at Mammoth Hot Springs near the north entrance to Yellowstone National Park and staying at the historic Mammoth Hot Springs Hotel, where we'll meet for dinner. Accommodations are in rooms with double beds and shared bath. On Monday morning, a snow-coach ride takes us to Old Faithful where we move into modern western cabins with two queen beds per room and private baths. For three days of skiing among the magnificent geysers, including those in the Old Faithful basin and Lone Star Geyser, up to the Continental Divide, the Mallard Lake Trail, all while viewing elk and bison (and perhaps wolves), catching the Yellowstone that most tourists miss. We expect dry snow and clear days. On Thursday afternoon, we will return to Mammoth Hot Springs for two more nights. On Friday and Saturday, we will ski in areas accessible from the Mammoth Basin Area—either Tower or Indian Creek areas or you can book (individually) a trip to the Grand Canyon of the Yellowstone. Sunday morning after breakfast, we take off for home, relaxed and full of stories of our adventures and wild animal sightings. There is a wide selection of trails available, from beginning to advanced.

Trip limit: 20 participants, including the leader.

Cost: \$825 per person; you must be a current ONC member before signing up for this trip. Includes seven-nights lodging and breakfasts (four at Mammoth and three at Old Faithful) and snow-coach to Old Faithful and return to Mammoth. We'll have reservations for dinners (costs not included) at the Mammoth dining room and Old Faithful Snow Lodge dining room. Costs for carpooling and lodging en-route are not included. Special rates are available for children under 12 sharing a room with parents.

For more info contact Ted 503 452-7432 tedskier@gmail.com.

Feb 20-22, Fri-Sun, All Abilities Ski Ochoco Mountains-Trip 4, OR Trip full, 4 on waiting list*

See January 9-11 trip for detailed description

Trip limit: 7 participants, including the leader

Cost: \$35 per person; you must be a current ONC member before signing up for this trip. This fee covers two nights of lodging.

For more info contact: Ann at 503 756 8891 or email ann.truax@gmail.com.

***Trip status as of December 15**



Amy Blumenberg

Feb 27–Mar 1, Fri–Sun, All Abilities Ski/Snowshoe Crater Lake via Charter Bus
Experience one of the Seven Wonders of Oregon on skis/snowshoes—without crowds!
Spaces available, signup by Feb 15*

The Crater Lake rim, at 7,000 feet, averages 44 feet of snow a year. Join the ONC for the big trip at Crater Lake. We'll board the deluxe coach at noon (**note new depart-**



Bob Breihogel

ture time) in Portland on Friday and proceed down I-5 while sharing in the world famous "Rolling Pot-Luck." We'll arrive in Prospect at around 6 p.m., giving you time to enjoy your room, as well as a tasty spaghetti dinner, in the historic Prospect hotel/motel. The next morning, after a hearty gourmet breakfast at the hotel, we will take a quick ride to the rim we'll spend the day enjoying the spectacular snow formations, views of the lake and surrounding mountains while skiing as far as our legs can carry us. Sunday will be another day of different tours, and more exploring. We can even take a ranger led interpretive snowshoe tour. Later in the afternoon, we'll board our coach and head toward home, stopping for a special dinner on the way, arriving back in Portland about 10 p.m.

There are two types of accommodations: The Historic Prospect Inn which has one double/queen bed in each room for two people (ideal for couples) and the adjacent motel-like rooms, where participants will likely share large rooms with two or three beds per room and, in some cases, kitchenettes.

Trip limit: 40 participants, including the leader

Cost: \$310 (motel) and \$330 (inn), depending on whether you stay in the Inn or adjacent motel. Includes transportation, lodging, two dinners and two breakfasts. Optional lunches can be ordered for Saturday and Sunday \$13 per day. You must be a current ONC member before signing up for this trip.

Please contact the leader for room availability before sending your ONC overnight trip application and \$310 or \$330 check payable to ONC-Portland Chapter to the trip leaders: Steve and Shannon Planchon, 6205 N Depaw St., Portland, OR 97203. For more info contact: Steve and Shannon 503 467-8599 onskiplanchon@gmail.com

March 6–8, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

See January 9–11 trip for detailed description

Cost: Free—an ONC-PDX member benefit. You must be an ONC-PDX member or Tilly Jane volunteer before signing up for this trip.

To sign up email: TillyJaneCabin@gmail.com. Your info will be passed on to the trip leader.

Mar 9–13, Mon–Fri, All Abilities Ski Manning Park and Ski Area, BC Canada
Trip full, sign up by Feb 8*

E.C. Manning Park is located on Highway 3 in B.C. just north of the North Cascades National Park. It is about a seven-hour drive from Portland by taking I-5 to Bellingham

and crossing the border at Sumas then driving east. It offers skiing for all levels and types of skiers. But its best offering is for some longer distance tours with very low danger from snow slides. My favorite is Fat Dog Creek Trail, 14 miles round trip, with excellent glades and steep road touring, requires BC ski and skins. Another good trail for all levels is Blackwall Peak Trail, 10 miles round trip, to a view point or 20 miles round trip to the summit an easy road tour. The resort also offers 27 km of groomed track skiing and three chairs at the lift area or snowshoe trails. Free shuttle to get to the lift area or access the high point of the groomed trails, to ski back down directly to the house passing Lightning Lake, 10 km each way. Several other trail options available.

There are options to ski one of the eastside of Washington ski areas on the return home by driving back on Highway 97, which adds two to three hours to the drive. The lodge has a large indoor pool with two large hot tubes



Ken Wenzel

to soak in after skiing, included at no additional cost. The houses are three bedrooms each with a great room, kitchen and fireplace for visiting. Two of the bedrooms have double beds and the other bedroom has 2 bunk beds. Meals will be planned and cooked at each house. The lodge has a bar and dining room.

Trip limit: 10–12 participants, including the leader, depending on number of singles vs. couples.

Cost: \$295 per person; you must be a current ONC member before signing up for this trip. Includes four nights lodging. Costs for carpooling are not included. Cross-country trail fee of \$20 or downhill lift tickets of \$50 per day are not included.

Send your overnight trip application and check for \$295 check payable to ONC-Portland Chapter to the trip leader by February 8: Ken Wenzel, 10322 NW Alpenglow Way, Portland, OR 97229. For info contact Ken 503 297-2958 skiwenzel@hotmail.com.

March 12–16, Thur–Mon, All Abilities Ski Wallowa Lake, Joseph, OR

Trip full, 2 on waiting list*

We'll spend an extended weekend skiing in the magnificent Wallowa Mountains in eastern Oregon! There are opportunities for all levels of skiing—backcountry skiing, road and trail skiing, and snowshoeing (provided by the resort). Some options are Salt Creek Summit, Hurricane Trail, McCully Trail, and the West Fork Trail.

Trip Limit: 12 participants, including the leader

Cost: \$130 per person; you must be a current ONC member before signing up for this trip.

For more info contact Kathy 503 429-4024 burnskathryn@gmail.com.

March 13–15, Fri–Sun, All Abilities Ski Shelter Cove Resort, Odell Lake, OR
4 spaces available*

Join us for a stay on the west side of Odell Lake at the Shelter Cove Resort. Odell Lake at 4,800 feet is just over the top of Willamette Pass beside Highway 58, east of Eugene. A multitude of ski routes is available for all levels, from the groomed trails at the ski resort, easy trails to Gold

***Trip status as of December 15**

cont. from sidebar page 8

indicate that the "ONC" is the tour operator. For agent's initials, use mine: "TPS." Read the coverage carefully and make your choice.

For more info contact the Overnight Trip Coordinator Ted Scheinman teds skier@gmail.com ♦

Discounts for ONC-PDX members/leaders!

Columbia Sportswear

911 SW Broadway (flagship store) and 7000 NE Airport Drive, Suite T2572 (airport location)—15% discount on purchases. Special week (November 1 - 11) of 30% discounts. Current membership card required. columbiacom

Glenn's MountainTracks

in Government Camp next to Huckleberry's Restaurant, offers ONC members group rates on cross-country ski rentals. Current membership card required. On-line rentals. mtntacks.com

Mountain Hardware

722 SW Taylor Street—15% discount on purchases. Special week (November 1 - 11) of 30% discounts. Current membership card required. mountainhardware.com/Stores_Portland.html

Mountain Shop

1510 NE 37th Ave., 10% discount (15% discount for leaders) on purchases and 15% discount on rentals. mountainshop.net

continued on sidebar page 10

cont. from sidebar page 8

Oregon Mountain Community

2975 NE Sandy, ONC members—subscribe to OMC e-newsletter and received the following discounts: 15% discount on purchase price. omcgear.com

Otto's Ski & Bike Shop

38716 Pioneer Blvd. in Sandy, offers a 15% discount on purchases of ski equipment and apparel. They also have cross-country ski package rental for the entire season. ottoskishop.com

Wy'East Nordic Ski School

offers ONC members a 10% discount on cross-country ski and telemark lessons. weeastnordic.com

Lake and Odell Lake, and backcountry trails to Maiden Peak, Rosary Lakes, and Mt. Fuji.

Our lodging will be in the Kokonee Lodge C. All bedding and towels are included. We'll share potluck meals at night, bring your own lunch and breakfast meals. There is no restaurant at the resort, although there is one at Odell Lake Resort on the other side of the lake. Come experience a real winter in the luxurious cabin on the shores of Odell Lake.

Trip limit: 8 participants, including the leader

Cost: \$85 per person; you must be a current ONC member before signing up for this trip.

Send your overnight trip application and check for \$295 check payable to ONC-Portland Chapter to the trip leader by February 8: Ted Magnuson, 14405 SW High Tor Dr., Tigard, OR 97224-1425. For info contact Ted 503 590-7998 tedmag@live.com.

March 19–29, Thur–Sun, Hut to Hut Skiing

**Rondane, Norway
1 space available***

This is an opportunity of a lifetime! Let's go to where cross-country skiing began!

We will fly to Oslo in the late afternoon of Thursday, March 19, arriving late on afternoon, where we will stay overnight at Anker Hostel in Oslo. On Saturday morning, we will travel by train from Oslo to Otta and take a special bus to Hauklisetser, from where we will begin our tour from mountain lodge to mountain lodge in the Rondane National Park. These mountain lodges have electricity, dining facilities with huge meals, rooms with beds and blankets, saunas, and

sometimes hot showers. You only need to carry your clothes and personal gear in your pack. We will stay for a more than one night at one of the lodges so we can explore areas around the lodge.

It is not necessary to be expert skiers to come on this trip; this is not a technically difficult trip. You should have intermediate-level cross-country skills and ability to ski up to 15 miles per day (although most days are much shorter). Most of the trails are fairly gentle through valleys with mountains on either side. The trails are well marked with flags and there are many Norwegians skiing during this time period. We will join the Norwegian DNT (mountain climbing association) for one of their organized tours with a professional guide.

Trip Limit: 8 participants

Cost: TBD, total cost probably less than \$3000.

If you are interested in this trip, please contact the leader: Ted Scheinman 503 452-7432

tedskier@gmail.com.

April 3–5, Fri–Sun, Intermediate Backcountry Ski Tilly Jane A-Frame Cabin, Mt. Hood, OR

See January 9–11 trip for detailed description

Cost: Free—an ONC-PDX member benefit. You must be an ONC-PDX member or Tilly Jane volunteer before signing up for this trip.

To sign up email: TillyJaneCabin@gmail.com.

Your info will be passed on to the trip leader.

***Trip status as of December 15**

Oregon Nordic Club Overnight Trip Application

TOUR NAME: _____

DATE: _____

FEE / DEPOSIT: _____

One application per person

Mail your check payable to ONC-Portland Chapter and this application to the tour leader at their address listed in the tour description in the newsletter. Contact them for their address if it is not available.

NAME: _____

ONC MEMBER: yes no* other ONC Chapter

*You must be a current ONC member before signing up for ONC overnight trips

PHONE: (home) _____

(work) _____

(cell) _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

E-MAIL **: _____

** If you do not have an e-mail address, please include a stamped, self-addressed envelope with your check and this form.

Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve some degree of risk. I am aware that participating in the Oregon Nordic Club's outings may expose me to certain risks and dangers including, but not limited to the hazards of mountainous, aquatic, or wilderness terrain, accident, illness, the forces of nature, and travel to and from the trailhead or point of departure. I am aware that it is not possible to foresee all of the potential hazards of outdoor activities. Each participant in a ONC activity is responsible for his or her decisions.

To the best of my knowledge, I feel physically and mentally able to assume full participation in the outings of activities in which I will participate. I understand that the Oregon Nordic Club is a volunteer organization. In consideration of voluntarily participating in these outings, trips, or activities, I have and do hereby assume all the risks inherent in these activities and hold harmless the Oregon Nordic Club and its agents, tour leaders, officers, and instructors, from and against any and all claims, liability, and demands of any nature, for the acts or omissions of the Oregon Nordic Club or its agents, tour leaders, officers, or instructors.

Please read ONC's overnight trip policies located on the side bar starting on page 6 before signing for for a trip; note the cancellation policy. Refunds are not made unless a replacement is found for your spot on the trip.

Purchase trip insurance incase of hardship: www.travelguard.com/agentlink.asp?ta_arc=125858&pcod (this link is on our website)

I have read and understand the above statements concerning the Oregon Nordic Club's programs.

SIGNATURE: _____

DATE: _____

(Parent or Guardian must sign if the trip participant is under 18 years of age)

Ski Crater Lake NP



Ted Scheinman

Welcome New Members!

Patricia Blakeslee and Marco Ullmer 503 224-2343, Matt and Kim Danielson, Jeff and Jenny Snyder, Leigh Schwarz 503 412-4584, Richard Crimi 503 644-6462, Jesse Hambley 724 910-9947, Eleonore Heinrich 905 768-3603 and Lea Wilson 206 484-3385

ONC provides these names and phone numbers for the personal use of its members. Reproduction as a phone list is prohibited.

November membership report: 296 total memberships (202 single and 94 family) includes 9 new and 18 renewing. Last year's members still included this month count. Last year at this time there were 189 memberships.

BOARD MEETING MINUTES

The November board meeting minutes were not received in time to publish and will be posted in the January newsletter.

Next board meeting: December 8, 2014, 7 p.m. @ Mazamas Mountaineering Center

CLASSIFIED ADS

FOR SALE: ► New Scarpa T4 Boots Atomic Tele and backcountry Boots, Shell size 30 (www.scarpa.com/t4). This is the lightest tele boot on the market great for long tours! The shells have one short season on them. The LINERS ARE, NEW, NEVER HAD A FOOT in them. This warm and light backcountry tele/touring boot is elegant in its simplicity. The T4's two-buckle closure and walk/ski mode work in unison to create an easy system for transitions, touring comfort, and downhill dependability. The ergonomic bellows enhance the overall flex for added smoothness on the down as well as the up. **\$220 or best offer.** Contact Russ Pascoe, russ.bec@gmail.com 2/15

FOR SALE: ► Alpina Lite Terrain Skis 178 105/65/88 (www.backcountry.com/alpina-lite-terrain-ski) Great touring and turning ski. The Alpina Lite Terrain Ski glides along the trails, climbs like a goat, and lives for technical descents. This all-around backcountry adventure ski's full steel edges, alpine ski-inspired sidecut, and stout dimensions mean it quickly snaps into turns and can float through the deep stuff. Thanks to Alpina's Posi-Grip no-wax base, the Lite Terrain glides and grips like a Nordic ski without sacrificing downhill performance. Deep sidecut for quick turns. Posi-Grip no-wax base for climbing and downhill performance. Full steel edges for durability and hold. Mounted with RIVA lightweight tour/telemark bindings and heel lifts. **\$200 or best offer.** Contact Russ Pascoe russ.bec@gmail.com 2/15

FOR SALE: ► Atomic Telepathic Telemark Skis 170cm. Rottefella bindings (COST \$75 ALONE). Skins available too. **\$75 or best offer.** Contact Russ Pascoe, russ.bec@gmail.com 2/15

FOR SALE: ► Riva Super Loop Tele Bindings New, never mounted. The lightest tele binding available, great for back country touring and turning. **\$55 OBO.** Contact Russ Pascoe, russ.bec@gmail.com 2/15

FOR SALE: ► Fischer RCS Carbonlite High Performance Classic Ski Boot Size EU 41 (unisex), NNN compatible. Almost Brand New (worn once before realizing I needed smaller size). These boots are racing/performance-level for groomed trails not for ungroomed/backcountry. **\$190** (I paid \$270 for these new from Winthrop Mountain Sports in the Methow Valley last February) Contact: Chris or Amy, 503 241-2768, ablumenberg@comcast.net 2/15

WANTED: ► Ski Boots Size 40 European, size 7 men's US three pin boots. Used OK. My old boots are falling apart and my new ones gave me bad blisters. Prefer Trak or Garmont brands but will try anything available. Contact Tere 503 642-2886, Terexski@gmail.com 2/15

FOR SALE: ► Fischer BCX 675 Backcountry Boot 3-pin compatible and extra ankle support for superior control on turns, size EU 41 (unisex), virtually Brand New (worn ½ day before realizing I needed smaller size). These are top-quality boots for ungroomed forest service/backcountry trails. **\$165** (I paid \$200 for these new from Winthrop Mountain Sports in the Methow Valley last February) Contact: Chris or Amy at 503-241-2768; ablumenberg@comcast.net 2/15

FOR SALE: ► TUA RAZOR MX Telemark Skis with Rottefella TRP 100 releasable bindings 190 cm, almost brand new condition, pristine bases! "The Razor MX is for those looking for a shaped, super-sidecut ski designed specifically for telemark—not built for the masses—this is it. The Razor's corpulent 92-64-82 shape is super-sidecut, yet not so extreme as to sacrifice versatility." **\$300** (NOTE: the bindings alone were over \$300 new – this is a \$1000 set-up for \$300!) Contact: Chris or Amy, 503-241-2768, ablumenberg@comcast.net 2/15

FOR SALE: ► Mammut Mt. Vista LTH Hiking/Backpacking Boots Women's EU size 41 (app US Size 8.5 - 9): Worn on one day hike before realizing these are about 1/2 size too small to fit with my special insoles. Brand New Condition. Excellent, versatile boots for hiking and backpacking in all weather. **\$160** (Purchased new for \$200, worn once on short day hike) Contact: Amy, ablumenberg@comcast.net, 503 241-2768 2/15

FOUND: ► Poles & rain chaps on the Crater Lake bus (sometime the last few years) Poles and rain chaps. Contact to claim 503 452-7432 2/15

Deadline: 15th of the month (for next month's publication). Free ads are for members only, placed on a first come basis and may be edited depending on space availability. Send to: oncnewsletter@gmail.com as a MS Word document attachment –preferred–(with no formatting i.e. no bold text or tabs), in Times Roman, compatible text file, or send text in an email. Ads will be published for 3 months. Please notify editor to run ads longer or be remove earlier.

Black Butte for New Years



Bob Breivogel



Darvel Lloyd

Flying L Mt. Adams



Ann Turax



Ann Turax

